A Personal Statement: Exposing US-Linked Technological Harassment, Cult Crimes, and Reflections on Faith, Values, and Healing

Ana (alias)

March 31, 2026

IMPORTANT NOTICE:

This document contains details of serious harassment, including human trafficking, ritualistic targeting, simulated violence, and nonconsensual occult practices. It is intended for human rights advocates, forensic authorities, law enforcement, legal counsel, and trusted recipients with legitimate need to know.

Beyond documenting these crimes, this document serves as both a warning and a call to action. The geopolitical reflections I share come directly from what surveillance operatives have intentionally revealed about their intentions: war, racism, antisemitism, and hostility toward nations of the East. I have been given access to information about activities at a higher level, plans and mindsets that mainstream civilians were not meant to see. I share this not to cause alarm, but to alert and prepare those who can help. My hope is that nations and their leaders may be moved toward prayer, peace, and wise decisions, and that the destructive paths being discussed by some may be prevented.

This document also details concrete, observable evidence of the surveillance harassment itself, evidence that can be seen, recorded, and investigated. I have witnessed and documented screen glitches, colour anomalies, and algorithm manipulation on my devices. I have observed the same phenomena on my mother's devices, providing independent corroboration. These are not internal experiences; they are visible tampering that leaves a forensic trail. While the core surveillance technology is designed to be hidden, its effects on my screens and devices are not. This evidence can be analyzed by digital forensic specialists.

This document also contains spiritual reflections based on my Christian faith, including reflections on love, goodness, morality, and ethics that have stood the test of time. I include them hoping readers may be encouraged toward better decisions and deeper consideration of meaning, purpose, and faith.

Please handle this document with care and store it securely. While it should reach those who need it, I also believe its contents should not remain hidden.

Date: March 11, 2026

To: Human Rights Advocates, Forensic Authorities, Law Enforcement, Legal Counsel, and Trusted Recipients

From: Ana (alias)

Subject: Summary of Personal Testimony: A Call for Understanding, Investigation, and Faith

Dear Reader,

This letter summarizes a longer testimony about events that have been unfolding for years and continue still, events that demand immediate attention. The full document is extensive and covers uncomfortable and difficult material. This summary provides enough to understand the urgency of the situation.

I am a Chinese Canadian woman in my mid-twenties, a daughter, a friend, a graduate student, and a member of a local church community. I became a Christian during this ordeal, and Faith has sustained me. I am not an expert on geopolitics, secret societies, or advanced technology, but an ordinary person who has endured something harrowing.

Since approximately 2020, I have been subjected to coordinated technological harassment by individuals connected to networks based in the United States. Using advanced surveillance technology capable of remote viewing, auditory projection, image manipulation, and physical sensation induction, these individuals have monitored me, my family (including my parents in Canada and China), and others close to me. They project distressing imagery and thoughts into my mind, induce intrusive physical sensations, use technologically enhanced "auditing" to extract memories and weaponize guilt, and attempt to provoke upsetting emotional reactions. They have stated directly that they surveil my family and friends, with targeting clearly extending to my father in China. Some speak of wanting war and geopolitical tensions, framing me symbolically as "antichrist," "false prophet," or "baal" as part of their narratives.

What makes this case different, and what makes it investigable, is that I have been able to observe and, in some cases, record concrete evidence of the harassment itself. Beyond the internal experiences, there is a physical and digital trail visible on my screens. I have watched glitches and strange colours appear on my social media profiles at the same time the harassment intensifies. I have seen my own algorithms change in real-time, bombarding me with deeply upsetting ads, images of sickness, war, and children in distress, designed specifically to trigger an emotional response. I have audio recordings on my laptop where electronic interference coincides with the auditory projections I am experiencing. My mother has witnessed the same anomalies on her devices, providing independent corroboration. Some of these phenomena happen too quickly to screenshot, or the screen freezes when I attempt to capture them, but I have seen them repeatedly with my own eyes. This is not just a feeling; it is a phenomenon that can be seen, and with the right forensic tools, investigated.

I have not been silent. I have reported this to local police twice with written documentation. Medical evaluations including a CT brain scan showed no abnormalities. Psychiatrists and occupational therapists have validated my concerns. My church leaders believe me. Friends believe me. I have consulted a Christian psychologist aware of cult abuse. The technology is designed to be hidden and deniable. Conventional evidence is extremely difficult to obtain. But the visible effects on my devices, the glitches, the manipulated algorithms, the targeted ads, these can be analyzed. These can be investigated by digital forensic specialists. And these fit within a well-documented global pattern of surveillance and wiretapping that has affected countless others.

I have made this document as accessible as possible, including a brief version. My circumstances are extraordinary, but I hope this statement makes sense to most readers. I am communicating what matters based on what I have lived through: the abuse I have endured, concerns for loved ones, and worries about geopolitical tensions and wars. I ask readers to take it seriously, whatever their background.

Regardless of whether you are religious or secular, the surveillance, technological harassment, and ritualistic targeting remain real. The technology that enables these surveillance campaigns and harassments goes on. The science that enables it exists. As even tech leaders like Mark Zuckerberg have publicly acknowledged, there are concerns about cameras and microphones on personal devices being accessed for surveillance. This is a documented phenomenon that many people have talked about, and it forms the basis of what I am experiencing. The people behind it, who act without ethics or regard for human rights, exist.

That said, I am open about my Christian Faith because it is central to my survival, experiencing much of God's grace and mercy. Faith is real for me, and becoming a believer through this ordeal has provided something technology cannot touch: the message of the Bible, the teachings of Jesus Christ, and my church community.

This situation raises questions beyond my personal circumstances. The use of advanced surveillance for psychological manipulation, the targeting of ordinary civilians across borders, and the intersection of elite networks with occult practices need urgent attention. For context, I refer readers to my appendices on technology and institutions (Appendix G), the history of mass surveillance (Appendix J), and geopolitical thinkers (Appendix N). Those targeting me have expressed intentions regarding war with China and have framed me symbolically in relation to these tensions. I do not claim to understand all of this, but I believe it is worth noting.

I have three main purposes in sharing this testimony. First, to document what has happened to me as a victim and survivor. Second, to warn others about the existence of such technology and the kinds of people using it, while cautioning against becoming obsessed with these topics (see Appendix P). Third, to share what has sustained me: my Faith in God and the support of my church community. I do not expect everyone to share my beliefs, but I would be dishonest if I did not acknowledge what has carried me through.

I am not an expert on secret societies, geopolitics, or conspiracy theories. I have deliberately avoided learning too much about these topics because such knowledge can be unhealthy and distracting. The thinkers I reference are included only because they provide context for understanding the narratives circulating among those harassing me. I do not endorse all their views. My primary message remains what I share in Appendix P: focus on what actually matters, what is true and right.

I hope my testimony will be taken seriously by those with authority to investigate, and that it will encourage others experiencing similar targeting to come forward. I also hope that anyone who reads it, whether they believe me or not, will be pointed toward what actually matters: loving God, loving your neighbor, and living a decent, Faithful life. After everything I have been through, that is what remains.

The full testimony is organized into sections with extensive appendices providing context. I have also included a brief version and condensed key contents for those who want more detail but cannot read the entire document. Please handle all materials with care and distribute only to those with a legitimate need to know.

Sincerely,
Ana (alias)
March 11, 2026

KEY CONTENTS

- **1. Who I Am**
- **2. What Has Happened**
  - Their Methods
  - Symbolic Accusation
- **3. Key Events Timeline**
  - 2020-2021: The Beginning
  - Spring 2022: My Mom Returns
  - September 2022: First Move to New York
  - March 2023: First Return to Canada
  - Summer 2023: Second Move to New York
  - Spring 2024: Near-Death Experience (April 2024)
  - 2024-2025: Healing and Harassment
  - November 2024: Baptism and Church
  - June-July 2025: Surveillance Follows Me to China
  - 2025-Present: Increased Harassment, Increased Grace
- **4. How They Target Me**
  - What I Have Done to Seek Help
  - Fear Exploitation
  - Brain and Body Effects
  - The Trap: Fear Leading to Violence
  - The Fawn Response
  - Healing Is Possible
  - What Digital Forensic Experts Could Investigate
  - What I Have Done to Seek Help
  - Why This Matters
  - Broader Implications
  - Geopolitical Context
- **5. My Purposes in Sharing This Testimony**
- **6. What Actually Matters**
  - Practical Steps for Healing
  - Final Words of Hope

BRIEF STATEMENT- A Personal Account: Exposing US-Linked Technological Harassment, Cult Crimes, and Reflections on Faith, Values, and Healing

Ana (alias)
March 11, 2026

1. Who I Am

I am a Chinese Canadian woman in my mid-twenties, a graduate student, a daughter, a friend, and an active member of my local church community. I became a Christian during this ordeal, and my Faith has sustained me through it. I am an ordinary person who has endured something despicable.

2. What Has Happened

Since approximately 2020, I have been subjected to coordinated technological harassment by individuals connected to networks based in the United States. Using advanced surveillance technology capable of remote viewing, auditory projection, image manipulation, and physical sensation induction, these individuals have monitored me, my family (including my parents in Canada and China), and others in my life, including friends and acquaintances. For a detailed explanation of these technological capabilities, see Appendix A (Key Terms) and Appendix F (Scientific Context on Quantum Sensing, Directed Energy, and Documented Wiretapping/Surveillance Capabilities).

Their methods include:

- ➔ Projecting disturbing and violent imagery into my mind
- ➔ Inducing intrusive physical sensations
- ➔ Using technologically enhanced "auditing" (similar to Scientology techniques) to extract memories and weaponize guilt (see Appendix I: The "Auditing" Dimension)
- ➔ Attempting to provoke emotional reactions they can record and use to discredit me
- ➔ Accusing me of being complicit in their own crimes that they make obvious

Crucially, I have been able to observe, and in some cases record, concrete, visible evidence of this harassment. On my laptop and cell phone, I have watched glitches and colour distortions appear on my social media profiles in tandem with the harassment. I have seen my own algorithms be tampered with, flooding my feeds with deeply upsetting and targeted ads, images of sickness, war, and suffering children, designed specifically to trigger me. I have audio files on my computer where electronic static coincides perfectly with the auditory projections in my head. My mother has witnessed the same anomalies on her devices, providing independent corroboration. Some of these phenomena are too fast to screenshot, or the screen freezes when I try to capture them, but I have seen them repeatedly with my own eyes.

This is what makes my case investigable. The screen glitching, the algorithm manipulation, the targeted ads, the electronic interference, these are not internal experiences. They are visible, recordable phenomena that can be analyzed by digital forensic specialists. They leave a trail. They fit within a well-documented global pattern of wiretapping and surveillance that

has affected countless others, including public figures like Terrence Howard and confirmed by tech leaders like Mark Zuckerberg's own admission of device vulnerability.

They have told me directly that they are surveilling my family and friends, and they have made it clear that this targeting extends to my father in China. Some speak of wanting war, of geopolitical tensions, and they try to frame me symbolically, calling me "antichrist," "false prophet," "baal," or "beast of the sea", as part of their own narratives, as they actively perform distressing and mentally abusive rituals. For biblical context on these names, see Appendix D ("Beast from the Sea" Reference).

3. Key Events Timeline

2020-2021: Surveillance began during COVID-19 while I lived alone in Canada. My parents were in China. I was unaware then.
Spring 2022: My mom returned to Canada. I planned graduate studies in New York.
September 2022: Moved to New York. Cult members used technology to mock and exploit me without my knowledge.
March 2023: Returned to Canada after a stress episode, stayed indoors for over two months.
Summer 2023: Returned to New York for a second year of schooling, where things were improving and the cult abuse reduced.
April 2024: Near-death experience in New York with the cult. I believe God's presence brought me back.
May 2024: Return to Montreal.
2024-2025: Year of healing, including hospitalization. Harassment continued.
November 2024: Baptized with my mom. Remain active in church.
June-July 2025: Visited China. Surveillance continued, location offers no protection.
2025-Present: Harassment and occult rituals intensifies, while many geopolitical tensions unfold. Still an active member in church.

4. How They Target Me

They project disturbing imagery, induce physical sensations, use auditing techniques to weaponize guilt, and attempt to provoke reactions they can record. They call me names like "baal," "satanic," "antichrist," and "false prophet", labels designed to make me doubt my identity and Faith.

They deliberately exploit fear, creating an atmosphere of dread to impair my ability to think clearly. Research shows chronic fear causes structural damage to the brain, including hippocampal atrophy and prefrontal cortex dysfunction. They create traps where natural responses, fight, flight, freeze, or fawn, become sources of further harm. They try to link fear with perverse associations involving pure things like minors and motherhood, attempting to corrupt how I relate to the world and others.

For more on the psychology of trauma and recovery, see Appendix L (Cognitive Behavioral Therapy). For a warning about the dangers of becoming obsessed with these topics, see Appendix P (A Warning Against Esoteric Knowledge and Secret Society Obsession). But healing is possible. Trauma-focused therapies and Faith in God can restore the mind. The Bible teaches us not to fight fear with violence, but to overcome evil with good.

What I Have Done to Seek Help

I have not been silent. I have:

- ➔ Reported this to local police twice along with a written document
- ➔ Undergone medical evaluations, including a CT brain scan showing no abnormalities
- ➔ Consulted with psychiatrists and occupational therapists who validated my concerns
- ➔ Shared spiritual dimensions with church leaders, who believe me
- ➔ Told friends, who believe me
- ➔ Consulted with a Christian psychologist knowledgeable about cult abuse
- ➔ Documented screenshots of glitches and targeted ads, and preserved audio recordings of electronic interference

The technology is designed to be hidden and deniable. Conventional evidence is difficult to obtain. However, I have been able to capture some of the effects of this technology on my personal devices. The glitches, the targeted ads, the electronic interference, these are a trail that can be followed by digital forensic specialists. I have not yet hired a forensic expert, but this is my urgent next step. The observable evidence I have witnessed, combined with the screenshots and recordings I have been able to preserve, provides substantial material for professional investigation.

Why This Matters

This is not only about me. The patterns I have observed, the use of advanced surveillance for psychological manipulation, the targeting of ordinary civilians across borders, the intersection of elite networks with occult practices, raise questions far beyond my personal situation. For historical context on mass surveillance, see Appendix J (A Brief History of Mass Surveillance). For documentation of these networks, see Appendix G (The Intersection of Technology, Institutions, and Occult Practices).

Some of those involved have expressed intentions regarding war, particularly with China, and have tried to frame me symbolically in relation to these tensions. For context on geopolitical thinkers and their perceptions, see Appendix N (Thinkers on Geopolitics and Global Perceptions) and Appendix O (Perceptions Between East and West).

5. My Purposes in Sharing This Testimony

- To document what has happened from my perspective as a victim and survivor
- To warn others about the existence of such technology, while cautioning against becoming obsessed with these topics (see Appendix P)
- To share what has sustained me: my Faith in God, the teachings of Jesus Christ, and the support of my church community

6. What Actually Matters

The book of Ecclesiastes puts it simply: "Fear God and keep His commandments, for this is the whole duty of man" (Ecclesiastes 12:13). After everything I have been through, that is what remains.

- ➔ Start healthy habits: self-care, nutrition, sunshine, exercise
- ➔ Reduce screen time and technology use
- ➔ Spend time with real people in person
- ➔ Repent of sins and try to stop sinning—quit cold turkey the pursuits that defile the mind
- ➔ Read the Bible and pray
- ➔ Go to church and be part of a Faith community
- ➔ Put Faith in Jesus Christ and the Holy Spirit

Do not fight violence or fear with violence. Do not confront fear with rage or perversion. True power lies not in masking fear with aggression, but in meeting it with awareness and trusting in God. Cultivate a forgiving heart, and do not allow those who have wronged you to corrupt the goodness within you.

"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid" (John 14:27).

Sincerely,

Ana (alias)
March 11, 2026

KEY CONTENTS

SECTION 1: PURPOSE OF THIS DOCUMENT

- 1.1 Declaration in Good Faith
  - 1.1.1 What I Can State About My Experiences
  - 1.1.2 My Commitment to Truthfulness
- 1.2 Legal Clarification and Context
  - 1.2.1 Legal Context
  - 1.2.2 Statement of Good Faith
- 1.3 A Note to All Readers, Regardless of Faith
- 1.4 A Note on Skepticism and Ongoing Harassment

SECTION 2: THE TECHNOLOGY'S CAPACITY FOR WIDESPREAD TARGETING

SECTION 3: ACCOUNTS OF RITUAL HARASSMENT

- 3.1 The Names They Call Me
- 3.2 Projected Disturbing Imagery
- 3.3 Their Gaslighting Tactics *(content is in Section 3 introduction)*
- 3.4 The Auditing Experience: Technological Confession and Torment

SECTION 4: CONCRETE EVIDENCE OF SURVEILLANCE HARASSMENT: THE OBSERVABLE AND RECORDABLE

- 4.1 Social Media Manipulation: Glitches, Colours, and Algorithm Tampering
  - 4.1.1 Visual Glitches and Colour Anomalies
  - 4.1.2 Algorithm Tampering and Targeted Ads
  - 4.1.3 What I Have Observed vs. What I Have Documented:
- 4.2 My Cell Phone and Laptop as Surveillance Devices
- 4.3 What Experts and Public Figures Say: This Is Possible
  - 4.3.1 The Zuckerberg Precedent: Acknowledging the Vulnerability
  - 4.3.2 The "Are You Listening?" Debate
  - 4.3.3 Terrence Howard's Wiretapping Allegations (2024)
  - 4.3.5 Emerging Technologies Confirming Feasibility
- 4.4 Next Steps: Forensic Investigation
  - 4.4.1 The Challenge of Documentation
  - 4.4.2 What a Forensic Specialist Could Do
  - 4.4.3 Evidence Available
  - 4.4.4 Proposed Forensic Protocol
- 4.5 The Cumulative Weight of Observable Evidence

- 4.5.1 What This Evidence Demonstrates
- 4.5.2 The Path Forward

➔ 4.6 A Note to Investigators

SECTION 5: A PERSONAL TIMELINE ,THE SURVEILLANCE FOLLOWS ME EVERYWHERE

➔ 2020-2021: The Beginning
➔ Spring 2022: My Mom Returns
➔ September 2022: First Move to New York
➔ March 2023: First Return to Canada
➔ Summer 2023: Second Move to New York
➔ Spring 2024: Near-Death Experience (April 2024)
➔ 2024-2025: Healing and Harassment
➔ November 2024: Baptism and Church
➔ June-July 2025: Surveillance Follows Me to China
➔ 2025-Present: Increased Harassment, Increased Grace

SECTION 6: THE TARGETING OF OTHERS

➔ 6.1 Surveillance of People in My Life
➔ 6.2 Declaration of Prior Attempts to Seek Help

SECTION 7: SURVEILLANCE OPERATIONS ON "FINDING THE ELECTS"

➔ 7.1 Beyond National Security: The Wider Net
➔ 7.2 The Spiritual Ranking System
➔ 7.3 Why I Was Selected for Severe Targeting
➔ 7.4 One Angle of Their Targeting: Spiritual and Geopolitical Projection
➔ 7.5 Perception of a Godly Life as Symbolic
➔ 7.6 Their Implied Intent to Use Me as a Symbol
➔ 7.7 Projection of Their Own Behaviors
➔ 7.8 Their Self-Appointed Role as Judges
➔ 7.9 The Surveillance People's Pattern of Thinking
➔ 7.10 Reasons for Delays in Seeking More Comprehensive Help

SECTION 8: SURVEILLANCE PEOPLE'S DISTORTED BELIEFS AND PRACTICES

➔ 8.1 Perversion of Spiritual Practices
➔ 8.2 Their Admitted Practices and Beliefs About Remote Influence
➔ 8.3 Intention to Bring Intrusive Thoughts and Harm
➔ 8.4 Their Attempts to Create False Memories

SECTION 9: HOW THEIR ACTIONS AFFECT ME

➔ 9.1 Patterns of Accusation and Projection
➔ 9.2 Provocation and Manufactured Responses
➔ 9.3 Statement on Antisemitism and Racism
➔ 9.4 The Personal Impact of Sustained Targeting
- 9.4.1 Their Strategy of Discrediting
- 9.4.2 Recording and Misrepresentation
- 9.4.3 Reasons for Continuing to Speak

- 9.5 On the Targeting of My Mother and Other Loved Ones
  - 9.5.1 Why They Target This Relationship
  - 9.5.2 The Complexity of Our Real Situation
  - 9.5.3 The Strain on My Parents' Relationship
  - 9.5.4 Why My Parents Don't Know the Full Extent
  - 9.5.5 What Holds Us Together
- 9.6 Indications That My Father in China Is Also Targeted
- 9.7 Acknowledgment of My Own Responses
- 9.8 The Structure of Psychological Traps
- 9.9 Spiritual Significance and Personal Identity
- 9.10 The Range of Attitudes Among Those Involved
  - 9.10.1 Contempt Based on Ethnicity
  - 9.10.2 Human-trafficking Targeting
  - 9.10.3 No Acceptable Response
  - 9.10.4 Documentation for Potential Blackmail
  - 9.10.5 The Common Element
- 9.11 Their Attempt to Implant Unhealthy Thought Patterns
- 9.12 Their Attempt to Exploit and Disgrace
- 9.13 The Weaponization of Fear
  - 9.13.1 How Fear Affects the Brain and Body
  - 9.13.2 The Trap: Fear Leading to Violence
  - 9.13.3 The Fawn Response: When Fear Meets Perversion
  - 9.13.4 The Biblical Response: Not Fighting Fear with Violence
  - 9.13.5 What Actually Helps: Practical Steps for Healing
  - 9.13.6 My Advice
- 9.14 On Surveillance, the Hawthorne Effect, and Faith as Protection
  - 9.14.1 The Limitations of Surveillance
  - 9.14.2 The Hawthorne Effect: When Surveillance Changes Your Thoughts and Behaviours
  - 9.14.3 Intrusive Thoughts and the Mental Prison of Surveillance
  - 9.14.4 Spiritual Destruction: How Surveillance Restricts the Holy Spirit
  - 9.14.5 The Confirmation Bias: They Claim What They Try to Make
- 9.15 How I've Learned to Cope: Transparency, Honesty, and Faith
  - 9.15.1 Transparency Disarms Surveillance
  - 9.15.2 Honesty Protects Against the Hawthorne Effect
  - 9.15.3 Faith as Foundation
  - 9.15.4 Practical Practices
- 9.16 Healing and Hope: A Response to Their Harassment
  - 9.16.1 What the Abusers Do
  - 9.16.2 Do Not Be Influenced
  - 9.16.3 Why Social Support Matters
- 9.17 The Ethics of This Situation: A Question for the Reader
  - 9.17.1 What would you do?
  - 9.17.2 My Claim Regarding the Ethics of My Circumstances

SECTION 10: THE TECHNOLOGY'S CAPACITY FOR REMOTE PHYSICAL INFLUENCE

- 10.1 Technical Capabilities
- 10.2 Telepresence and Remote Manipulation
- 10.3 Their Manipulation of Emotional States
- 10.4 The Broader Implication

- ➔ 10.5 Connection to Their Other Activities

SECTION 11: WHO THEY ARE AND WHAT THEY DO

- ➔ 11.1 Group Composition and Affiliations
- ➔ 11.2 Distorting Silence into Complicity
- ➔ 11.3 A Message to the Reader
- ➔ 11.4 Their Capabilities and Crimes
- ➔ 11.5 Recent Observed Behaviors
- ➔ 11.6 Concerning Implications
- ➔ 11.7 I Am Not Complicit
- ➔ 11.8 A Note on the Epstein Case, Power, and Broader Context
- ➔ 11.9 A Warning Against Antisemitism and Collective Blame
- ➔ 11.10 Note on Historical Interpretations of the Antichrist
- ➔ 11.11 Power, Accountability, and Global Context
- ➔ 11.12 Final Reflection

SECTION 12: DECLARATIONS TO THE NATIONS, REFLECTIONS ON PROPHECY, AND A MESSAGE TO THE NEXT GENERATION

- ➔ 12.1 Message to Canada
- ➔ 12.2 Message to the United States
- ➔ 12.3 Message to China
- ➔ 12.4 A Prophetic Reflection for Our Times
- ➔ 12.5 A Reminder of Our Shared Humanity
- ➔ 12.6 Message to All Nations and Biblical Prophecy

SECTION 14: REFLECTIONS ON FAITH, PROPHECY, AND THE NEXT GENERATION

- ➔ 14.1 On Truth, Complicity, and Turning from Sin
- ➔ 14.2 On Mass Surveillance and Trust in God
- ➔ 14.3 A Christian Response
- ➔ 14.4 On Prophecy, War, and Human Responsibility
- ➔ 14.5 A Warning Against Doomsday Rhetoric
- ➔ 14.6 To the Children and Youth
- ➔ 14.7 On Media, Moderation, and Responsibility
- ➔ 14.8 Final Word to the Young

SECTION 15: MY RESPONSE AND FINAL MESSAGE WITH BLESSING

- ➔ 15.1 Statement of Good Faith and Blessing
- ➔ 15.2 On Faith, Perception, and the Risk of Being Misunderstood
- ➔ 15.3 On My Limitations and Acknowledged Ignorance
- ➔ 15.4 On Balance, Motivation, and Enjoying God's World
- ➔ 15.5 My Response, Message, and Blessing
- ➔ 15.6 On Godly Living and Boundaries
- ➔ 15.7 Living in Hope: A Personal Reflection on Faith, Not Fear
  - ◆ 15.7.1 The Fruits of the Holy Spirit
  - ◆ 15.7.2 What Faith Asks of Us
  - ◆ 15.7.3 Why the Bible Matters to Me

NOTE ON AI ASSISTANCE

APPENDICES

- ➔ Appendix A: Key Terms
- ➔ Appendix B: Scientific Context (Surface-Level Information)
- ➔ Appendix C: Project Monarch and Related Mind Control Programs
- ➔ Appendix D: "Beast from the Sea" (Revelation) Reference
- ➔ Appendix E: Jesus Christ's Teaching on the Bread and Wine
- ➔ Appendix F: Scientific Context on Quantum Sensing, Directed Energy, and Documented Wiretapping/Surveillance Capabilities
- ➔ Appendix G: The Intersection of Technology, Institutions, and Occult Practices
- ➔ Appendix H: Visual Observations of Individuals Projected During Surveillance
- ➔ Appendix I: The "Auditing" Dimension: Technology-Enhanced Psychological Torment
- ➔ Appendix J: A Brief History of Mass Surveillance: Context for Understanding
- ➔ Appendix K: The "Reptilian" or "Lizard People" Conspiracy Theory
- ➔ Appendix L: Cognitive Behavioral Therapy: Healing the Mind from Trauma and Defilement
- ➔ Appendix N: Thinkers on Geopolitics and Global Perceptions
- ➔ Appendix O: Perceptions Between East and West
- ➔ Appendix P: A Warning Against Esoteric Knowledge and Secret Society Obsession
- ➔ Appendix Q: Scientific Context on Quantum Information Conservation

REFERENCES

Ana (alias)
March 11, 2026

SECTION 1: PURPOSE OF THIS DOCUMENT

1.1 Declaration in Good Faith

This statement provides details that are too graphic or sensitive for general public distribution. These details are essential for investigators, human rights organizations, and forensic authorities to understand the full scope of what I have experienced and witnessed.

I need to preface this by acknowledging what I am experiencing as I write. As I compose this statement, the attacks intensify. The individuals targeting me are deliberately increasing their harassment, projecting simulated violent and disturbing scenes involving me, as well as imagery of harmful and perverse acts against people and animals in my life. They constantly accuse me of complicity, as if I am allowing this to happen. I am not. These planned attacks arrive in waves, designed to make me appear mentally unwell or to induce a psychotic break should I seek further validation from others. They want people around me to observe me self-talking, developing tics, and exhibiting other behaviours that could be used to invalidate my experiences and portray me as schizophrenic or unstable.

1.1.1 What I Can State About My Experiences

I am a human being with limited perception, like everyone else. I do not claim infallibility, nor do I assert that my understanding of these events is beyond question. What I can state, in good Faith and with sincerity before God, is this:

- ➔ I have experienced and continue to experience what I perceive as targeted surveillance, technological manipulation, and psychological harassment.
- ➔ The individuals behind these experiences have made statements to me, projected images into my mental space, and induced physical sensations that I did not generate myself.
- ➔ Based on what they have communicated, I believe they are part of a network with connections to secret societies and certain American institutions, and they have indicated that their targeting extends to people in my life, including my family in Canada and China.
- ➔ I have documented these experiences over years, sought help from police, medical professionals, and spiritual advisors, and have been consistent in my accounts.
- ➔ Medical evaluations, including a CT brain scan, have not revealed any abnormalities or disorders that would explain these experiences as internally generated.

I present this testimony as my honest account of what I have perceived and experienced. I acknowledge that the very nature of this technology, designed to be hidden, deniable, and difficult to trace, means that conventional evidence is nearly impossible to obtain. This does not make my experiences less real to me, but it does mean I must speak of them with the humility of one who can only report what she has perceived, not what she can independently prove by traditional standards.

1.1.2 My Commitment to Truthfulness

I declare in good Faith, with the fear of God, before Jesus Christ, that I am being truthful about my perceptions and experiences. I am not fabricating these accounts, nor am I exaggerating them for attention or sympathy. I clearly remember, perceive, and experience the unwanted and nonconsensual presence of these individuals in my life and the lives of those around me.

I document this not to sensationalize nor to spread fear, but because the truth, as I have experienced it, must be recorded. I am providing this with the understanding that those who receive it will handle it responsibly and ethically, recognizing that some aspects of my testimony reflect my perceptions and interpretations rather than objectively verifiable facts.

1.2 Legal Clarification and Context

This document contains statements that I believe in good Faith to be true based on my personal experiences, perceptions, and the evidence I have documented throughout these years. I present this testimony as my honest account of what I have experienced and witnessed.

I must acknowledge the unique circumstances that make this situation inherently difficult to prove through conventional means:

- ➔ **The individuals surveilling me have deliberately concealed their identities.** They have never provided me with their real names (e.g., except some first names, including David, Sonia, Andrea, etc.), contact information, or any verifiable credentials. Their entire operation is designed to remain anonymous and hidden from public accountability.
- ➔ **The technology they use is not publicly acknowledged or recorded.** This surveillance technology operates outside public knowledge, making it nearly impossible to produce the kind of physical evidence typically required in legal proceedings. Its very nature is designed to evade detection and documentation.
- ➔ **I have no doubt that these same individuals will attempt to discredit me.** If I go public with this testimony, I fully expect them to retaliate through defamation, legal threats, or coordinated campaigns to damage my character and silence me-to portray me as unstable, dishonest, or deserving of their harassment. Their goal is to make me appear as the wrongdoer while they remain hidden.
- ➔ **The nature of this harassment is designed to be deniable.** The methods they employ, including psychological manipulation, sensory interference, and remote influence, leave less physical traces that can be easily presented as evidence. This is not an oversight but a deliberate feature of their approach.

1.2.1 Legal Context

I am a Canadian citizen and resident. Any legal proceedings arising from this document would most appropriately be brought in Canada, where truth is an absolute defense to defamation claims. To the extent that any statements herein may be construed as allegations against specific individuals or organizations, they are presented as my good-Faith beliefs based on the information available to me.

I recognize that this document also concerns matters related to China and Chinese politics, given the geopolitical dimensions of what I have experienced and the origins of my family. However, as a Canadian citizen, my primary legal recourse and accountability remain within Canada's jurisdiction. I offer my observations regarding China and other nations not as legal accusations, but as contextual testimony about what surveillance operatives have revealed to me regarding their intentions and narratives.

I also wish to share this statement with Chinese authorities. As a Chinese Canadian citizen, I hope it can help protect them and provide useful knowledge about the technology involved and what I have experienced. It is my belief that such information should not remain hidden, and that all nations facing potential threats from these networks deserve to know what is being planned and done.

I understand that in legal proceedings, the plaintiff would bear the burden of proving any alleged falsity. I am prepared to substantiate my experiences with the documentation and evidence I have been able to preserve, despite the intentional obstacles placed in my path. This includes:

- ➔ Police reports filed on two occasions
- ➔ Medical evaluations, including a CT brain scan showing no abnormalities
- ➔ Consultations with psychiatrists and occupational therapists who have validated my concerns
- ➔ Testimony from church leaders and friends who have been informed of these experiences
- ➔ Consultations with a Christian psychologist knowledgeable about cult harassment patterns
- ➔ Comments on the internet, many months, revealing my active inference and harassements with the cult, and my observations of geopolitics and news unfolding

1.2.2 Statement of Good Faith

I affirm that this document is not published with malice, reckless disregard for truth, or any intent to harm innocent parties. It is published in good Faith, based on my sincere beliefs and experiences, and for the purpose of documenting what I have endured and warning others about technology abuse and occult rituals that I believe constitute serious human rights violations.

I acknowledge that some statements in this document reflect my opinions, perceptions, and subjective experiences, which are protected speech. Where I make assertions about the actions or character of identifiable individuals or groups, I believe them to be substantially true based on the information available to me.

I stand by the truthfulness of this account and place it under the protection of God, who knows all things and will judge righteously.

1.3 A Note to All Readers, Regardless of Faith

I want to be clear that this document is written for everyone, people of all Faiths. I am a Christian, and my Faith sustains me through this ordeal, but I do not expect everyone who reads this to share my beliefs. My main purpose is not to preach, but to document what I have experienced as truthfully and clearly as I can.

I am deeply concerned about how this testimony will be received. I am aware that accounts like this can easily be dismissed as the ramblings of someone who is schizophrenic, mentally ill, hateful, or simply seeking attention. I have tried to write this as clearly, coherently, and factually as possible.. I have documented my attempts to seek help from police, medical professionals, and spiritual advisors. I have undergone medical evaluations, including a CT brain scan, which have not revealed any abnormalities or disorders that would explain these experiences as internally generated.

If you are reading this and find yourself skeptical, I understand. I would likely feel the same way if I had not lived through this myself. All I ask is that you consider the consistency of my account, the pattern of my efforts to seek help, and the fact that I have nothing to gain and much to lose by coming forward with this.

Most importantly, I hope this document does not deter anyone from Faith or from the message of the Gospel. The people and practices I describe here are not representative of Christianity. They are, in my belief, corrupt individuals who have twisted spiritual concepts for their own dark purposes. If anything, my Faith has been my anchor through this storm, the one thing that has kept me grounded when everything else seemed designed to make me doubt myself and my God, Jesus Christ.

To those of other Faiths or no Faith, I hope you can see past the religious language to the human story beneath: a person who has endured something terrible and is trying, in good Faith, to make sense of it and warn others.

1.4 A Note on Skepticism and Ongoing Harassment

I know this may sound unbelievable. Skepticism is natural, and I expect it. I am not so disconnected that I cannot see how this appears from the outside.

But consider: what kind of person fabricates something like this? Who would create a document this detailed and nuanced in interpretation, knowing it invites anger and ridicule? I am not sociopathic enough to invent this. I am someone who has lived through something real and is bearing witness.

Even now, those surveilling me continue their efforts. They provoke, hoping I will react in ways that discredit me. They want me to seem unstable, angry, illegitimate. And now that this document exists, they gaslight, suggesting none of this happened, that I imagine it, that my records are false.

But I have history on my laptop. Recordings and documentation spanning months. The abuses are real, consistent, ongoing. Their gaslighting does not change what I have experienced and can prove to myself, even if not yet to the world.

One reason some of them do this operates from deep insecurity. They sense the world changing, old world orders shifting, and they are desperate. Their cruelty is not strength, it is the flailing of those losing relevance. They target others because they cannot face themselves. They hide behind wealth and connections, but their behaviour reveals people jealous of the world order, tearing others down and hoping for war to level the field.

I do not say this to inspire hatred. I trust that God sees what they do and their intentions behind their actions.

SECTION 2: THE TECHNOLOGY'S CAPACITY FOR WIDESPREAD TARGETING

Based on what those behind the voices have explicitly told me over years of surveillance, I understand that this technology allows its operators to target anyone, anywhere, at any time. They are not limited by geography, social status, or nationality.

They have made it clear that they can spy on anyone based on their own biased criteria, stemming from American elite institutions, the military, corporations, and research institutions, along with entertainment-related circles. They select individuals to target and

exploit through this technology with (as in my circumstance) or without those individuals' knowledge or consent. The different criteria they use appears to include:

- ➔ Race and ethnicity.
- ➔ Perceived spiritual significance: they hunt for the "elects" as said in the Bible, or spiritually aware, religious individuals.
- ➔ Class and social standing: They mostly make their presence known (i.e., being more vocal, obvious with their technological harassment and harassment) to more underprivileged people with less education, financial support, connections, etc.
- ➔ Perceived moral character: They may make known their presence more to less moral, ethical or "high-standing" individuals of society (i.e., less educated, less spiritually aware people, people who are more prone to being influenced by social media, entertainment, less religious or spiritual, etc.).
- ➔ Random selection: Sometimes they seem to choose people simply for their curiosity and entertainment.

This is not speculation; they have told me directly that they are surveilling some of my closest friends, including men and women of different races and different ages. They have accused me of being complicit in knowing this, since I did not initially file a report or document these experiences in detail, nor know who to reach out to, especially people with expertise in this area of surveillance harassment.

While I cannot definitively state the full scope of their targeting or confirm which age groups are involved, the individuals surveilling me have made statements about themselves and done things with the technology that identify them as pedophiles. Though I lack direct evidence that minors are being targeted, their own confessions, combined with their apparent connections to networks similar to those exposed in the Epstein files, raise what I believe to be a genuine and grave concern towards the safety and privacy of random people, including children and toddlers.

SECTION 3: ACCOUNTS OF RITUAL HARASSMENT

They have subjected me to what they describe as occult ritual practices through their telepresence, telehaptic technology. These involve:

- ➔ Forced imagery and sensations of a distressing and intrusive nature.
- ➔ Attempts to provoke me to harm myself or others, triggered by their auditory, sensation-inducing and planned attacks.
- ➔ Verbal taunting during these violations, accusing us of being complicit to their harassment.

What they actually do is far more vile than simple names. They imply, through extrasensory perception, violent, deviant, and immoral scenes involving me and others in my life. Throughout this, they constantly accuse me of being complicit, as if I am allowing them to do this to me. This is absolutely false.

Their latest gaslighting tactic: as I write this, they now are trying to sow doubt in my experience and memories, that the previous months of their violent, immoral rituals and trauma were all just to "test" my character and spirit, despite them making me know of their sadistic enjoyment throughout seeing me and my mom's distress. This is manipulative and cruel.

3.1 The Names They Call Me

These days, they would often accuse me of many vicious titles, including being "baal", "baal peor", "satanic", "witch", or "demonic", among other degrading labels designed to make me doubt my identity, my character and my Faith. They do this because the occult rituals they expose and subject me to are descriptive of baal peor-inspired ritual practices described in the Bible. Some speak as if they are trying to mold me into the "man of perdition" or "man of lawlessness," sometimes accusing me of being an antichrist. Others whisper constantly about world war, the taking and making of the mark of the beast, and similar themes related to biblical prophecy and occult practices.

3.2 Projected Disturbing Imagery

They try to make me imagine disturbing images, occult images, or scenes. They do this repeatedly, sometimes projecting images into my mind while I sleep.

Their goal with this imagery is multifaceted. They are trying to:

- ➔ Traumatize me into silence or instability.
- ➔ Collect data on how to trigger specific emotional responses.
- ➔ Influence my mood to become negative, hateful, and gloomy, hoping this will affect my mother and those around me.
- ➔ When my emotions are at their most extreme, they try to introduce immoral associations, linking random objects, people close to me, even minors, to deviant thoughts, hoping to create new psychological issues through trauma.

This is a calculated campaign of psychological and spiritual harassment. It is designed to break me, corrupt my Faith, and destroy my relationship with my mom and with God.

3.3 Their Gaslighting Tactics

As I write this, they continue to sow doubt in my experiences and memories, claiming that the months of violent and immoral rituals and trauma were all just to "test" my character. They pretend innocence after visibly enjoying the harassment, despite having made me aware of their sadistic enjoyment throughout seeing me and my mom's distress. This is manipulative and cruel.

3.4 The Auditing Experience: Technological Confession and Torment

An immense component of their psychological torment involves what I can only describe as technologically enhanced "auditing", a practice that mirrors techniques from Scientology, where a device with polygraph capabilities is used to extract intimate memories and then weaponize them against me (See Appendix I).

Using their advanced surveillance technology, they are capable of testing whether I am lying or telling the truth in real time, and they utilize this to manipulate my emotions, values, and identity. They make me feel extremely guilty and as if I am a criminal, constantly inducing feelings of dread and fear even when things are going well.

This was most intense in 2023, when I first realized their presence and returned to Canada. For over two months, I stayed indoors, terrified of the outside, psychologically tormented to

feel as if I were the worst person on Earth. The experience nearly made me feel schizophrenic; I genuinely saw patterns in everything, trying to link ordinary occurrences to overwhelming guilt, and specific moments when they targeted me.

The auditing process comprises:

- ➔ Forcing me to recall memories of my past, highlighting "negative" or sinful instances
- ➔ Using these moments to torment me, hoping to send even greater spiritual torment through manufactured guilt
- ➔ Creating new psychological traumas and associations-often violent and immoral
- ➔ Accusing me of falling from grace, making me feel guilty for believing in God
- ➔ Convincing me I cannot be saved and am eternally damned
- ➔ Forcing me to visualize violent and immoral thoughts, while they do disgusting things on the other side, hoping this would link some remote viewing connection between me and them, especially relating to deviant thoughts

From a biblical standpoint, this aligns with what the Book of Revelation describes: Satan and his fallen angels (i.e., demons) constantly torment and make you feel guilty, even when you have done nothing wrong. The accuser never rests.

Through this torment, they use negative feelings of fear, dread, uncertainty, and guilt to influence my actions, mood, behaviours, and health. This comprises the initial stages of their harassment, allowing them to gather knowledge of my vulnerabilities so they know precisely how to make me feel guilty, angry, and afraid.

SECTION 4: CONCRETE EVIDENCE OF SURVEILLANCE HARASSMENT: THE OBSERVABLE AND RECORDABLE

4.1 Social Media Manipulation: Glitches, Colours, and Algorithm Tampering

For years since 2023, I have observed systematic and targeted manipulation of my social media accounts and devices (i.e., iphone and laptop). Many of the symbols, colours, posts and ads I see are not random technical malfunction; they is coordinated, targeted, timed precisely with the other forms of telepresence harassment I experience.

4.1.1 Visual Glitches and Colour Anomalies

I have observed my social media profiles photos display strange visual phenomena with colours shifts or numbers, like three, appear. I have been able to capture some screenshots of these anomalies, though many occur too quickly to document- the glitch flashes, and by the time I attempt to capture it, the screen may freeze or the moment passes.

4.1.2 Algorithm Tampering and Targeted Ads

I have witnessed my algorithms being deliberately targeted. My feeds will suddenly flood with many upsetting posts:

- ➔ Ads of sick and suffering children
- ➔ Disturbing war imagery and violence

- ➔ Ads related to illnesses and other distressing news
- ➔ Content designed to trigger fears and stress

This is not organic algorithm behaviour. The ads appear regardless of my browsing history or online activity. They are not suggestions based on my interests; they are weapons aimed at my emotional state.

4.1.3 What I Have Observed vs. What I Have Documented

It is important to be precise about what I can prove versus what I have personally witnessed:

Type of Evidence	What I Have Observed	What I Have Documented
Screen glitches	Repeatedly seen with my own eyes	Some screenshots captured; many moments too fast or screen froze
Targeted ads	Floods of upsetting content witnessed regularly	Some screenshots saved
Audio interference	Heard in real-time during harassment	Audio recordings preserved
Mother's device anomalies	Seen on her screen simultaneously	Some observations noted; similar to my phone, including colour glitching and targeted ads

What This Reveals:

This observable manipulation proves several crucial facts:

1. The harassment is real and observable, it is external, not just based on my mind, but able to be documented as based on my devices' wiretapping
2. Those targeting me have access to my accounts and devices
3. They can manipulate my devices' algorithms to provoke specific emotional responses (note: I actively reduce my internet news consumption to avoid seeing triggering content now)
4. This creates a recordable trail of evidence that can be investigated

4.2 My Cell Phone and Laptop as Surveillance Devices

The Physical Evidence Trail:

Unlike the internal experiences of auditory projection or induced sensations, these device behaviours can be:

- ➔ Screenshot and documented (which I have done to some extent)
- ➔ Recorded and preserved (audio files can be made with the layered audio harassment surveillance)
- ➔ Observed by multiple witnesses (my mother and myself, concrete glitches on our phones)
- ➔ Analyzed by digital forensic experts (which I intend to pursue)

- ➔ Correlated with timing of other harassment that's more internal (i.e., audible and sensory harassment)

4.3 What Experts and Public Figures Say: This Is Possible

My experiences are validated by numerous public acknowledgments that such surveillance capabilities exist and are concerns at the highest levels. See Appendix F for more information on wiretapping and device tampering.

4.3.1 The Zuckerberg Precedent: Acknowledging the Vulnerability

In 2016, a photo of Facebook CEO Mark Zuckerberg celebrating an Instagram milestone revealed his laptop with tape covering both the webcam and the microphone jack. This simple, physical act was a direct admission that remote access to these components is a real and present danger. Even FBI Director James Comey has admitted to using the exact same method for protection, stating, "I put a piece of tape over the camera because I saw somebody smarter than I am had a piece of tape over their camera."

4.3.2 The "Are You Listening?" Debate

For years, the public has suspected that Facebook listens to conversations through phone microphones to serve targeted ads. In a 2018 Senate hearing, Zuckerberg was directly asked about this and gave a firm, one-word answer: **"No."**

However, subsequent reports and company actions have complicated this denial:

- ➔ **Human Review of Audio (2019):** It was revealed that Facebook paid hundreds of contractors to listen to and transcribe snippets of users' audio from the Messenger app. The company stated this was done only for users who opted into the feature and was meant to test AI, but the revelation caused significant privacy concerns.
- ➔ **Evasive Answers:** In a 454-page document released to follow up on congressional testimony, Facebook was asked to commit to "not using its platform to gather such audio or visual information surreptitiously." The company **did not directly answer the question**, simply referring back to a previous response, which did little to quell public skepticism.
- ➔ **Persistent Skepticism (2025):** Even in 2025, Instagram head Adam Mosseri felt compelled to make a "myth busting" video directly addressing the rumor, stating, "I swear, we do not listen to your microphone." The reaction to his video, however, was largely skeptical, with a top comment noting, "That is exactly what I would say if I was listening to people's conversations."

4.3.3 Terrence Howard's Wiretapping Allegations (2024)

According to archived reports, actor Terrence Howard filed a formal complaint alleging that his home and vehicles were under surveillance and that his communications were being wiretapped. Howard claimed to have discovered electronic monitoring devices and expressed concerns about ongoing privacy violations affecting both his personal and professional life. While specific details remain limited in mainstream media archives, his case adds to the pattern of public figures reporting surveillance experiences and speaking openly about them.

4.3.4 Global Wiretapping Scandals

Recent years have seen numerous major surveillance revelations:

Country	Scandal	Key Details
Greece	"Predatorgate" (2020-2025)	Widespread surveillance of journalists, politicians, military personnel using Predator spyware; European Parliament concluded it was used by top political leadership; 23% surge in state-sanctioned wiretaps 2024-2025
Israel	Police Wiretapping (2026)	Nearly 13,000 wiretaps over three years without clear legal basis; systemic oversight failures; 40% increase in surveillance orders 2017-2021
United Kingdom	Phone Hacking Scandal	Tabloids illegally hacked voicemails of celebrities, royalty, crime victims; publisher admitted "unlawful information gathering"; over 60 journalists arrested
South Korea	KT Telecom Breach (2025-2026)	Hackers used illegal femtocells to spy on personal smartphones; 22,227 subscribers confirmed connected to surveillance devices; breach lasted 305 days
Greece	Giorgos Mazonakis Case (2025)	Singer discovered USB recording device in home that activated only when speech was detected; device designed to leave minimal electronic traces
India	Telangana Case (2025)	Nearly 4,000 mobile phones surveilled; conversations of over 600 persons tapped, including journalists and former officials; occurred during election period

4.3.5 Emerging Technologies Confirming Feasibility

- ➔ **Penn State University (2025):** Demonstrated radar-based "wireless-tapping" that can remotely decipher conversations from cellphone earpiece vibrations up to 3 meters away using millimeter-wave radar sensors and AI-powered speech recognition. The researchers explicitly stated their goal was to "help the public be aware of the potential risks" of such surveillance capabilities.
- ➔ **Femtocell-Based Wiretapping:** As documented in the KT breach, illegal femtocells (fake cell towers) intercept communications before they reach legitimate networks, capturing phone numbers, IMSIs, and IMEIs in real-time. Security experts confirmed this is technically feasible and has been experimentally validated.

- **Voice-to-Skull (V2K) and Microwave Auditory Effect:** The microwave auditory effect (Frey effect) has been documented since 1962. Peer-reviewed papers have addressed "anomalous health incidents" among intelligence officers reporting pulsing sounds and neurological symptoms, suggesting these may be caused by directed-energy weapons targeting the brain—a phenomenon researchers have termed "neurowarfare."

4.4 Next Steps: Forensic Investigation

To date, I have not yet hired a private digital forensic specialist to analyze the evidence I have observed and partially documented. This is now my urgent next step.

4.4.1 The Challenge of Documentation

The harassment is designed to be difficult to capture. When I attempt to screenshot a glitch:

- The glitch often disappears too quickly
- The screen may freeze entirely
- The anomalous ad may vanish from my history
- The device may become unresponsive
- The interference pattern may stop the moment I begin recording

4.4.2 What a Forensic Specialist Could Do

A digital forensic specialist has tools and capabilities to:

Capability	What It Could Reveal
Deep device analysis	Examining system logs for unauthorized access attempts, rootkits, or surveillance software
Network traffic monitoring	Capturing anomalous connections during harassment episodes; identifying external command-and-control signals
Professional screen capture	Running specialized software that can capture glitches as they happen, bypassing screenshot limitations
Signal detection	Identifying external electromagnetic signals targeting my devices
Memory forensics	Analyzing RAM for malicious code that disappears on reboot
Corroborated documentation	Creating a professional, admissible record of what I have been witnessing

4.4.3 Evidence Available

I have preserved:

- ➔ **Some screenshots** of glitches and targeted ads
- ➔ **Audio recordings** capturing interference patterns
- ➔ **Written records** of what I have observed, with dates and times
- ➔ **Witness testimony** from my mother, who has seen the same phenomena on her devices

4.4.4 Proposed Forensic Protocol

A forensic specialist could potentially:

1. Install continuous monitoring software to capture future incidents as they occur
2. Analyze existing devices for evidence of compromise
3. Document patterns that confirm coordinated targeting
4. Provide expert analysis that can be presented to authorities
5. Testify regarding the technical feasibility and evidentiary value of findings

4.5 The Cumulative Weight of Observable Evidence

The convergence of multiple forms of observable evidence, even with documentation limitations, creates a compelling case for investigation:

Evidence Type	What I Have Observed	What I Have Documented/ plan to document	Investigative Potential
Social media and internet page glitches	Repeatedly seen with own eyes	Some screenshots	Forensic screen capture could document systematically
Targeted ads	Floods of upsetting content witnessed regularly	Some screenshots	Ad delivery analysis could reveal source; pattern analysis could confirm targeting
Audio interference	Heard in real-time during harassment	Written occurences preserved, audio recordings	Signal analysis could identify external source; spectral analysis could reveal patterns
Device anomalies	Battery drain, app activity, overheating observed	Written records with timestamps, screenshots and photos	Device forensics could confirm unauthorized access and identify malware
Mother's devices	Same phenomena witnessed on her screen simultaneously	Observations noted; screenshots and photos	Independent corroboration; her devices could be analyzed separately for comparison
Correlated timing	All anomalies intensify simultaneously	Temporal records maintained, written records	Pattern evidence of coordinated attack; statistical analysis could confirm non-randomness

4.5.1 What This Evidence Demonstrates

1. **External Origin:** The phenomena are observable on screens and in recordings, they are not internal, psychological experiences
2. **Coordinated Targeting:** The correlation between different types of anomalies proves coordinated action
3. **Multiple Witnesses:** My mother's independent observation of the same phenomena provides corroboration
4. **Temporal Patterns:** The intensification during specific periods demonstrates deliberate rather than random occurrence
5. **Technical Feasibility:** Publicly acknowledged surveillance capabilities and documented global cases confirm such targeting is possible

4.5.2 The Path Forward

This is not a collection of isolated incidents. It is a pattern I have witnessed consistently over time. The next step is to engage professionals who can transform my observations into documented, analyzable, admissible evidence.

The wiretapping and screen glitching I have observed are not merely internal perceptions, they are visible, recordable phenomena I have seen with my own eyes and, in some cases, captured. My mother's devices showing the same tampering provides independent corroboration. The fact that I have not yet been able to document everything does not mean it is not happening. It means the perpetrators have made it difficult to capture. Digital forensic tools can overcome this difficulty.

4.6 A Note to Investigators

To any forensic specialist, law enforcement officer, or investigator who may read this:

I have observed these phenomena for years. I have documented what I could. I have preserved recordings and screenshots. I have a witness in my mother. The evidence exists, some of it captured, most of it witnessed repeatedly.

What I need is your expertise. I need tools I do not possess. I need analysis I cannot perform myself. I need someone who can look at my devices, my recordings, my observations, and tell the world what is really happening.

The technology exists. The capabilities are documented. The global pattern is established. Now we need to connect my personal experience to that broader reality through professional forensic investigation.

I hope that those with the skills and resources to help will be able to help more victims of targeted surveillance campaigns.

SECTION 5: A PERSONAL TIMELINE: THE SURVEILLANCE FOLLOWS ME EVERYWHERE

Providing a clear timeline of events will help you understand the progression of my experiences and establish the legitimacy of my account. I am glad to answer any questions about gaps in this timeline transparently.

2020-2021: The Beginning

The surveillance first began during COVID-19, in Canada, around 2020/2021, while I was residing alone in Canada, quarantining and focusing on my online university studies. My parents were in China at the time, quarantining together. I was alone, distracted, and completely unaware of what was starting to unfold.

Spring 2022: My Mom Returns

In spring 2022, my mom returned to Canada to stay with me. That same year, I was planning to attend graduate school in New York by autumn. Ever since her return, my mom has been extremely dedicated, working to support me and my studies. Throughout this, my dad has always been in contact with us, though residing in China. His job was affected by COVID-19, leaving our family financially limited. I praise God that He has continued to sustain us through this ordeal.

September 2022: First Move to New York

I moved to New York in September 2022 to begin my graduate studies. The months there were mentally taxing. The new environment, the financial strain on my family, and what I now recognize as background gang-stalking all took a significant toll. Unbeknownst to me at the time, there were cult members in the background who were utilizing technology and hacking to mock and exploit me, even selling my information and making bets about me in their insider chat groups while I remained completely unaware.

March 2023: First Return to Canada

During this New York period, in March 2023, they made their presence more clear, passing me on the streets, their subtle voices and sound effects always audible in the background. This culminated in my initial stress episode, which resulted in me withdrawing from my university and returning to Canada. The surveillance persisted once I was back in Canada, where I stayed completely indoors and avoided technology for over two months, with my mom, who nursed me back to health.

Summer 2023: Second Move to New York

Seeking answers and hoping for a better path, I decided to return to New York a second time in the summer of 2023. I hoped that life would miraculously improve, that these surveillance people would disappear, and that I could continue on as if everything had been a fragment of my imagination. Unfortunately, their presence did not terminate.

Spring 2024: Near-Death Experience (April 2024)

When they saw me healing too much, they used the technology and attempted to end my life-basically a ritual-like death, which happened in New York, and as I recall, in April 2024. I believe it was God's presence that brought me back after that traumatic, unexpected episode. This near-death experience greatly shocked me and resulted in my return to Canada, where I now reside.

2024-2025: Healing and Harassment

I had to take over a year to heal and even lived in the hospital for a few months. Medical professionals could find no concrete evidence of anything wrong with me, and I had no idea how to explain my circumstances. During this time, the surveillance people began

harassing me with vocalized psychological abuse, telling me I was being surrounded by pedophiles (i.e., many of them), and accusing me of their illnesses. Note, I have evidence and can take polygraph tests to ensure I don't share their mental illnesses related to these claims.

November 2024: Baptism and Church

In the summer of June 2024, after returning to Canada following my second New York year abroad, I began attending church with my mom. In November 2024, I got baptized with her. We still attend this same church as active, healthy members. I greatly cherish our church community. This is relevant to why I am telling my story now: while I have shared broadly about my bad experience with the cult in New York (though they extend beyond that city) and their persistent surveillance with my church, I did not share with them the details I am currently revealing in this statement.

The main point is that I continue to experience the grace of God and Jesus Christ, who offers me mercy, love, comfort, understanding, and His presence of light, truth, and grace. I thank Him for His divine presence and sacrifice for the sins of the world on the cross, that He died for us sinners while He is perfect.

June-July 2025: Surveillance Follows Me to China

In 2025, I visited China for several months, and the surveillance presence was still there and noticeable. During that time, the harassment worsened with what I can only describe as ritual abuse spells, which left me feeling more depressed, frightened, and with immense contempt toward the group. The abuse continued after I returned to Canada as well, up to this very day.

I include this detail about my trip to China to emphasize that those behind this technology can reach me across nations. While I was there, they implied they were also surveillancing my Chinese family members. Travelling to China offered no protection from their surveillance technology's capabilities.

2025-Present: Increased Harassment, Increased Grace

Their harassment became much heavier in 2025, but there has been a beacon of light amidst these months of darkness. Just as they harass me, I have been able to learn more about their intentions, such as why they perform these abusive rituals. One intention appears to be to make the victim more susceptible to what they would call "demonic influences": illness, anger, sadness, brain health issues, and other afflictions. I have also gained understanding about their broader intentions, which seem to include, among some of them, to influence other countries' economy and military, trying to influence the world towards chaos and wars, as well as gathering intelligence related to spiritual experiences and Faith. This increased awareness of my circumstances has made it easier to write a more objective, honest statement regarding what I have endured, as well as the surveillance cult group's interests and why they persist.

They traumatize me to the point of me saying cold, humiliating, and hateful things, vile things, and record these moments, hoping to "cancel" me in society, to have me hated by everyone.

Yet God still persists in His presence in my life through many subtle ways. He continues to heal me after every unconsenting ritual they put me through. Though I have gone through

really unsettling moments throughout these months, these are also times in which God has made His presence known to me all the more. He is a good God. Likewise, God has rekindled many friendships and family relationships in both my and my mom's lives, which I greatly cherish and am thankful for. I thank God for His mercy and kindness in my life, and I bless Him and the free gift of grace He provides me, my parents, my family, and my friends. I pray this in the name of Jesus Christ, amen.

SECTION 6: THE TARGETING OF OTHERS

6.1 Surveillance of People in My Life

They have told me directly that they are surveilling some of my family, friends, acquaintances in my life, including teachers, church-goers, etc., consisting of men and women of different races and ages. They have named specific individuals in my life whom I often see, and described details about them, implying they have access to private information about them.

They then accuse me of being complicit for knowing this, as if I am complicit to their lawless surveillance and implied technology-based human trafficking and violence. They say that by me tolerating their presence and not stopping them, I am participating in the exploitation of my own family and friends.

I do not know the full scope of who they target. They have implied that they select individuals based on biased criteria, across borders, treating some people as objects for their research, geopolitical safety-concerns, and simultaneously, entertainment and exploitation purposes, treating them as subhuman and rats (as they have verbally vocalized about how they perceive me, along with other racially derogatory terms), rather than as human beings.

6.2 Declaration of Prior Attempts to Seek Help

I state clearly that I have not been silent about these experiences, nor have I been complicit through inaction. Long before documenting this detailed account, I have made multiple earnest efforts to seek help, validation, and intervention from available authorities and support systems.

What I have done to date:

- ➔ I have reported this to local police in person on two separate occasions, filing reports to the best of my ability given the nature of this technology and the lack of physical evidence.
- ➔ I have consulted with occupational therapists and psychiatrists, who have validated my concerns and have not diagnosed me with official neurological disorders. I have undergone a CT brain scan, and doctors have found no anomalies to date.
- ➔ I have shared the spiritual and cult aspects of this experience with my local church leaders in real life. They believe me regarding the spiritual dimension and the reality of this cult abuse, though I have not shared the full graphic details with them.
- ➔ I have told some friends in-person about what is happening. They believe me, though they do not know the full extent of the abuse or the graphic details.

- ➔ I have reached out on Zoom to a Christian psychologist who has knowledge about cult abuse. They have validated my concerns and affirm that my experiences are consistent with patterns they recognize.

SECTION 7: SURVEILLANCE OPERATIONS ON "FINDING THE ELECTS"

Beyond their surveillance of individuals they consider threats, such as terrorists, foreign agents, intelligence targets, researchers, and business merchants, they also cast a much wider net. Their operations extend beyond national security interests, reaching into the private lives of ordinary people across multiple nations. This constitutes a profound and unlawful overreach of human rights that transcends borders.

One particularly unethical element of this broader surveillance campaign, which they have implied through their activities toward me and others in my life, is their stated practice of searching globally for what they call "elects": individuals they perceive as spiritually awakened, Godly, or morally upright. I believe they are employing this technology to:

- ➔ Monitor and surveil people who embody Christian or other religious virtues and spiritual maturity.
- ➔ Gather detailed spiritual, moral, and ethical data on their lifestyles.
- ➔ Conduct long-distance studies on what defines a good person.
- ➔ Utilize this information for knowledge obtainment, despite the practices being fundamentally unethical, voyeuristic, and exploitative.
- ➔ Engage other nations' civilians (and I assume leaders as well) in their telepresence, technology-based ritual abuse, thinking they can influence those people's spirits, emotions, and behaviours, like trying to influence people with some of their evil eyes. They believe their evil eyes and inhumane sins against random people might influence the person’s thoughts, actions and behaviours, which in turn could also influence global patterns, nations, and geopolitics.

7.1 Beyond National Security: The Wider Net

Their operations extend far beyond national security interests, reaching into the private lives of ordinary people across multiple nations. This constitutes a profound and unlawful overreach of human rights that transcends borders.

7.2 The Spiritual Ranking System

The group operates on some sort of spiritual ranking system. In their worldview:

- ➔ Those who are more Christ-like are ranked higher.
- ➔ Those who are more sinful, angry, or embody negative emotions are ranked lower.
- ➔ They are placing themselves in a position to judge others.
- ➔ They impose their presence in my life unlawfully, trying to force me to be a part of their cult, or then trying to gaslight me as if it is me for not wanting to leave them by not committing suicide, and now, as I write this, accusing me of being a liar for exposing these intentions and actions of theirs. I again declare, in complete good Faith, that I am being honest in telling these truths about them, their actions (based on their voices and vocalizations), and their intentions.

Throughout the world, they may be monitoring and surveilling people who are genuinely "good", spiritually awake individuals, or devout Christians, and then stalking them, gathering data on them, and then subjecting them to exploitation, as in the case of some people in my life (both Christians and non-Christians), which they have implied vocally to me.

7.3 Why I Was Selected for Severe Targeting

Based on what they have communicated, I believe I was selected for severe targeting because:

- ➔ I became aware of what they were doing and called them out.
- ➔ I have survived their harassment and cult abuses despite their attempts to break me psychologically.
- ➔ They view me as a threat or an anomaly to their technology capacities and cult interests.
- ➔ My survival and continued Faith in Jesus Christ and God provokes them.
- ➔ They see me as having spiritual significance that they want to corrupt or control.
- ➔ They see my survival as a threat to their political and corporate interests, as the world and geopolitical dynamics continue to change (i.e., a scapegoat during unpredictable times related to their economic and geopolitical interests).
- ➔ They imply they can gain data saturation on my life and thoughts, before "killing me" with their technology's capacities, by making me feel physically and mentally uncomfortable or tortuous, etc.

7.4 One Angle of Their Targeting: Spiritual and Geopolitical Projection

I am completely aware that all nations conduct espionage campaigns. This is understandable, as such activities are undertaken to ensure national safety and security, and can be pursued with good intentions, to protect their people, their nation, and uphold Godly principles of justice and order. I do not doubt this is the intention of many of the surveillance people.

That said, within the group targeting me, not all individuals harbour the same intent. Some may be operating within legitimate intelligence frameworks and with good aims, while others have clearly shown me more insidious intentions, revealed through some members' sadism, occult ritual abuse, and all their members' implied, complicit exploitation of other civilians around me.

Among the many dimensions of their surveillance and abuse, one particularly unrighteous angle is the symbolic significance they have projected onto me. Based on what they have communicated, they do not view me solely as an individual target, but also as a representation, a symbol of China and its relationship with Christianity.

7.5 Perception of a Godly Life as Symbolic

I strive to live a life oriented around my faith: loving God, obeying the law, and helping others within my capacity. I limit my exposure to entertainment and ungodly influences, repent of my sins, am voluntarily celibate (and have been ever since discovering their surveillance), and care for my health and appearance as part of my stewardship and self-respect.

Based on the type of abuse they've been doing, these individuals view my lifestyle not merely as a personal choice but as symbolically significant, as though my life as a Chinese Christian represents how God would judge me and China, based on how I behave, that is, how righteous, moral, or ethical I behave, despite these abuses they put me through. Because I understand that I am seen this way, I feel all the more obligated to live ethically and reduce my sinful behaviours. I am aware that I am being watched, and I want my life to reflect what is good and true, including sharing this statement.

Some of them have made their intentions clear that they hope I would commit suicide before this statement gains traction. That would be the easiest outcome for them, I disappear, and their crimes remain hidden, while geopolitical tensions unfold. But I see my continued presence here as essential. Given what I know about these people and what they do, I would not like to abandon my responsibility to bear witness.

I also know that taking my own life would be the weak choice, whatever pain or despair they manufacture. I refuse to give them that victory. I hope and pray that God allows this statement to reach those who need to see it, that He grants me good health and healing, and that I am protected from the despair they try to create.

7.6 Their Implied Intent to Use Me as a Symbol or Propaganda Tool

They have inferred to me that they hope I could be a symbol or propaganda tool representing China. Their stated goal appears to be to influence me through occult ritual abuse practices, emotional and physical manipulation, blatant injustice done to me and my parents, to provoke anger, feed vanity, cause confusion and identity confusion, and break me and my mother down psychologically and physically. From their perspective, my brokenness could then be framed as representing something negative about China, or China's relationship with God.

7.7 Projection of Their Own Behaviors

Many of their accusations against me describe behaviours I have never engaged in. I have not:

- ➔ Stalked, harassed, or attempted to harm anyone.
- ➔ Created manipulated images or smear campaigns.
- ➔ Hurt nor harbour evil intent towards infants nor minors.
- ➔ Attempted to destroy anyone's reputation.
- ➔ Oppressed anyone, regardless of race, gender, or cultural background.
- ➔ Been a violent terrorist of any type.
- ➔ Engaged in blatant criminal behaviours, including murder, extortion, human trafficking, deviancy crimes, etc.
- ➔ Tried to sow hate in others towards different nations, and in my case in particular, trying to sow hate towards the US and Israel, towards Americans and Jewish people, towards China and Chinese people.
- ➔ Lived hypocritically as a self-professed Christian while engaging in exploitation.
- ➔ Attempted to control or manipulate others' personalities and soundness of mind.

Based on what they have revealed about themselves, however, many of these behaviours describe their own activities. Many of them are projecting onto me the very things they themselves are doing, or what they know to be unlawful as taught in the Bible. This could be

because the Bible's Scripture shows that sins are judged by God. By trying to influence my behaviours, identity, and values, attempting to suggest or provoke me into criminal or sinful behaviours, they may be attempting to symbolically transfer or associate distance from God and righteous living and divine wrath and judgment onto me, and by extension, onto China.

7.8 Their Self-Appointed Role as Judges

From their behaviours and actions, they appear to believe their positions within elite American institutions, and their access to advanced, unrecorded technology, give them authority over others, to do what they want to victims, with or without the victims' consent and knowledge. They seem to view themselves as judges, evaluating who is "good" or "bad," "spiritually high" or "low," and they act on these judgments, such as imposing human trafficking and/or unlawful practices during surveillancing, done without public consent nor accountability.

7.9 The Surveillance People's Pattern of Thinking

Based on what the surveillancers have communicated and implied, their pattern of thinking appears to include:

- ➔ Viewing themselves as entitled to evaluate and condemn others.
- ➔ Selecting targets based on biased criteria including race, nationality, vulnerability (e.g., targeting more harshly those who are less educated, resource-poor, or have fewer worldly connections), and perceived status.
- ➔ Surveilling both religious and unreligious people to gather information of various kinds, while simultaneously engaging in abusive practices against certain individuals.
- ➔ Operating as though they are exempt from accountability, even as they exploit people.
- ➔ Targeting those who resist or expose them, as in my case.
- ➔ Projecting their own sinful behaviours onto their victims, often by accusing me of being complicit.
- ➔ Some appear to derive satisfaction from the suffering they cause, as seen in their response towards the distress they cause to me and my mother.
- ➔ Accusing me as complicit to their crimes and as "one of them," implying that because they do these things to me and other people in my life, including people who trust me and like me, and believe I am Christian, that I am wicked for allowing them to do this to others, and for not doing more to notify the people in my life or external authorities to turn them in and further pursue or expose them.
- ➔ Mocking me for being Christian while surviving their evil occult practices, attempting to taint my Faith and character, and accusing me that I would do the same if I could.
- ➔ Accusing me of enjoying being part of their secret surveillance campaigns and occult rituals.*

***This accusation is terrible and false.** They are implying that I enjoy sharing this secret with them, the secret of their presence in the lives of other victims, their surveillance, and the unlawful things they do to victims without those victims' knowledge. This is a lie. I know that by telling me they are doing this, and putting these deviant knowledge in my head, this tactic is designed to weaponize my conscience against me, to make me harbor persistent guilt and anger for simply enduring the knowledge I have of them: knowledge of their sins, their technology's capacities, and the injustices they commit against me, and what they commit against others in my life (especially others who trust me and look good on me) without those victims' awareness. They do this, all while they believe they can get away with most of this, armed with worldly power and religious knowledge they twist for their own purposes.

Meanwhile, me, my family, friends, and other strangers (but mostly my parents and I) endure their ritual abuse, psychological torment, and suffering in silence. This is great injustice.

Many among them claim to follow Christianity, yet they exploit the teaching that Jesus Christ died for all sins except blasphemy against the Holy Spirit. This appears to serve as justification for their current sins, including: surveillance abuse, occult rituals, human trafficking, violence, use of weapons of destruction in militaries, and exploitation with real-life consequences. They seem to believe they can continue living hedonistic, hypocritical, and unlawful lives now, while calling themselves Christians, with the intention of repenting later, such as after the victims die, or after some calamity with wars, etc. This is like what the nazi soldiers did after WW2. Some of them got away from their war crimes and fled to the Americas, where they led secret lives, and repenting of their war sins.

Some of them are among the most privileged people on Earth, the so-called "elites of America." They benefit from systemic racism and environmental crises they have exacerbated. In the present, they actively work to change my behaviour and character. They try to make me and others ungodly, angry, irrational, and mentally unwell, perhaps to symbolize something about my relationship with God, and by extension, China's relationship with God.

7.10 Reasons for Delays in Seeking More Comprehensive Help

- ➔ I did not fully understand the entire scope of the situation until recently. Only now, after years of experiencing this, am I seeing the cohesive narrative of their operations, their intent, and how they have inserted themselves into my life and the lives of those around me.
- ➔ My parents do not believe the full extent of what is happening, which has limited my support system and made it harder to take further steps.
- ➔ I have lacked the resources (people, knowledge, legal aid, finances) to pursue comprehensive legal assistance or hire a private investigator.

These are not excuses. They are realities that have shaped my path. I acknowledge that I could have acted sooner, but I also recognize that this situation is complex, confusing, and unlike anything I was prepared to face.

I was daunted by the prospect of seeking legal assistance or hiring a private investigator, as this technology and the nature of the abuse make it difficult to know where to turn or who has the expertise to address it. However, documenting this statement and seeking legal counsel, law enforcement involvement at multiple levels, and potential investigator support is now my planned next step.

This message serves to counter their ongoing accusation that I am complicit. I have acted. I have sought help. I have spoken to authorities, medical professionals, spiritual advisors, and trusted individuals. My inability to produce conventional evidence does not mean I have not tried, nor does it mean these experiences are not real.

SECTION 8: SURVEILLANCE PEOPLE'S DISTORTED BELIEFS AND PRACTICES

8.1 Perversion of Spiritual Practices

Based on what they have done and vocalized, they are actively engaging in what I understand as "baal peor" practices against me. They select some of the most morally corrupt individuals within their organization to enforce episodes of trauma and abuse, with the apparent intention of creating a Project Monarch-style dissociative state (see Appendix C).

They have made it known to me, through what they directly say about my parents, that they are involving my mother (who lives with me in Canada) and father (who lives in China) in similar targeting. In my parents' case, they have tuned down their technology's signals so that my parents remain unaware this is happening to them. The implied symbolism, from their perspective, is that me and my parents would hurt each other. In their twisted theology, they seem to draw from the Old Testament, where God unleashes divine judgment on those who worship baal.

I believe they have used technology to locate me based on what they perceive as my spiritual significance. They have occasionally called me an "angel." Their subsequent actions, particularly the occult rituals they have subjected me to, appear to serve their own interests in obtaining greater power or influencing global events, including the economies and military actions of nations such as the US and China.

This interpretation is reinforced by the messages they repeatedly project into my mind. They have made explicit references to desiring war and have directly accused me of being connected to the "beast from the sea" described in the Book of Revelation (see Appendix D). In their perspective, they have forced me and my Chinese family, unconsciously on my family's part, into occult practices that they hope will sway the world toward war and apocalypse.

This suggests they operate within a theological framework in which they believe their actions against me carry cosmic or prophetic significance. They appear to view themselves as participants in a spiritual battle and see life as a game. My perceived significance makes me a target for their rituals and psychological manipulations, all in service of what they believe will advance the world toward war or other calamities.

They constantly talk about violence toward minors and now accuse me of intending to "sacrifice minors", a practice hated by God and associated with baal worshipers in the Old Testament. Their evil intent is to influence my psychological and spiritual health, my connection with my parents and family, and most importantly, my relationship with God.

8.2 Their Admitted Practices and Beliefs About Remote Influence

Many of the individuals surveilling me have told me directly that they are pedophiles. These are mostly middle-aged and relatively young white people from America, the kind who could blend in anywhere in the US. They have stated this about themselves explicitly.

They also appear to believe in quantum theories that information, including thoughts, never truly disappears from the universe (Braunstein & Pati, 2007; Horodecki et al., 2003). In their framework, every thought, intention, and action leaves an imprint that continues to exist and potentially affect others. They exploit this belief to justify their rituals: they think that by projecting violent and perverse thoughts while visualizing me, they can create real-world consequences that attach to me spiritually and psychologically (Pati & Braunstein, 2006; Maleki et al., 2025).

Operating from this belief, they attempt to perform occult rituals while projecting images of me engaged in evil acts, including acts involving minors, infants, and family members. Their

stated intention is to influence my physiology, my mental health, and my relationship with God. They believe that the sins they commit mentally, using others' images, can manifest real-world consequences.

They project my image into perverse and violent scenarios, often mentioning "child gore" and "child abuse." I believe this is not only about targeting me personally, but carries darker implications. They seem to think that by corrupting me, they can somehow affect my bloodline and, symbolically, Asian people more broadly, and the younger Asian generations.

That I have remained spiritually grounded and psychologically intact through this is, in my understanding, a miracle. They identified me as someone spiritually relevant in this world, able to endure their tactics while maintaining faith and health, and they seem intent on destroying that. They target not only me but my mother and father, hoping that corrupting our family line could have divine consequences for me and most of my family members who are living in China.

8.3 Intention to Bring Intrusive Thoughts and Harm

They have tried to force disturbing thoughts into my mind, making me think about terrible acts (violence and immoral) involving various people in my life and beyond. This is part of their pattern of projecting their own practices, imaginations and wicked occult-related intentions onto me.

More recently, they have tried to make me have eating disorders, by trying to imply, every time I consume liquids or solids, as if it is related to human flesh, or bodily liquids, especially of morally corrupt people. Such subliminal associations they imposed are a complete perversion and insult of what Jesus Christ in the gospel says about His flesh and blood being the body of Christ and the religious concept of the eucharist.

8.4 Their Attempts to Create False Memories

Another layer of their abuse involves their apparent frustration that I had a genuinely good childhood. This seems to anger them. In response, they actively try to get me to create false memories, imagined scenarios of childhood trauma that never happened. Likewise, these days, they often try to make me think of sacrilegious thoughts towards God.

They project these fake images and memories, hoping I will absorb them, feel guilty, and become afraid. They want me to believe that these fabricated experiences are real. If I were to accept these false memories, they would then attempt to use them for ritual abuse, trying to make the imagined experiences feel more vivid and traumatic. Their goal is to afflict me further, to normalize their own disgusting issues, and to pull me closer to their pathetic cult through shared trauma that does not actually exist in my life.

They seem to think that if they can make me believe I have experienced what they have experienced, I will somehow become more like them, more connected to their group, more vulnerable to their control. They try to induce problems I do not have, simply because they want company in their darkness.

Thankfully, I know what is real. I know my own history. Their fake memories cannot change what actually happened in my life. I rebuke these attempts in the name of Jesus Christ.

SECTION 9: HOW THEIR ACTIONS AFFECT ME

The cumulative effect of this prolonged targeting has been significant. What follows is an account of how their actions manifest in my daily life and the strategies they employ to destabilize me.

9.1 Patterns of Accusation and Projection

Those conducting this surveillance frequently project onto me the very behaviours they themselves exhibit. They suggest violent thoughts toward my parents and attempt to channel these suggestions so that I experience hostility toward others, including making inappropriate comments involving minors.

At times, they project disturbing or occult imagery and symbols into my mind, particularly when I am sleeping, while chanting sinful words, apparently believing this will influence my spiritual state or my relationship with those around me. They also attempt to instill distressing thoughts involving family members, friends, and strangers, while simultaneously accusing me of complicity for not having exposed them sooner.

9.2 Provocation and Manufactured Responses

They have made comparisons between me and biblical figures such as Pharaoh, Ezra, Jezebel, Nahum, among other biblical characters. On occasion, when I have reacted to their sustained provocation with hostility, they have appeared to welcome these responses as justification for their ongoing targeting.

I recognize that some of my reactions have included harsh words directed at them, including expressions of anger toward the US. I regret these responses, which occurred under conditions of extreme stress, perverse abuse, isolation, and injustice.

9.3 Statement on Antisemitism and Racism

I wish to state clearly that I am not antisemitic. I value Jewish people and culture and count Jewish individuals among my friends. I strive to be aware of any prejudices I may hold and to reject racism in all forms. I recognize that I have experienced relative safety from overt racism and sexism in my daily life, though I now consider myself a survivor of technology-based targeting, particularly exasperated due to my gender, race, and class.

9.4 The Personal Impact of Sustained Targeting

The distress I experience is a direct result of actions initiated by those conducting this surveillance, not of my own choosing. While I do not compare myself to biblical figures, I understand the experience of harboring resentment in response to sustained harm.

Some individuals involved appear to view themselves in symbolic terms drawn from the Book of Revelation, attempting to influence my mental state through persistent manipulation. These methods have at times induced feelings of depression, suicidal ideation, anger, violent thoughts, confusion, and fatigue, including sleep disruption and physical sensations such as headache and pressure. While these effects are not constant, they have periodically interfered with my ability to function and have introduced thoughts inconsistent with my normal state of mind, particularly regarding my Faith, my relationships, and my desire for a normal life.

9.4.1 Their Strategy of Discrediting

A central element of their approach appears designed to make me appear mentally unstable and therefore not credible. The technology they employ is not publicly documented, which allows them to operate without conventional accountability. They seem to operate on the assumption that I lack the resources, connections, or capacity to bring attention to these experiences, and that any attempt to speak out will be ignored or dismissed.

9.4.2 Recording and Misrepresentation

Throughout this period, they have recorded my reactions, including moments when, under sustained duress, I responded with anger, behaved in inappropriate ways, or said things I would not have said in a normal state. These recordings include instances where I directed harsh language toward them, including expressions targeting “elite” Americans and cults. They have also created or projected fake images of me that can misrepresent the person I am and strive to be.

They imply that this recorded material gives them the ability to discredit me should I speak publicly, by portraying me as unstable, racist, or otherwise unreliable. They may also attempt to characterize me as complicit or motivated by their evil crimes and geopolitical intentions.

9.4.3 Reasons for Continuing to Speak

Despite being aware that they have recorded my “worst” moments of anger, upset and outbursts, and mocking episodes, the implication that they will attempt to discredit me, and that the technology itself is designed to be deniable, I believe it is important to document these experiences. The patterns of behaviour I have observed, the use of hidden technology, and the targeting of ordinary individuals are matters that extend beyond my personal situation.

I do not know whether this testimony will reach those who might act upon it. But I am placing it in God's hands, believing that truth ultimately belongs to Him. I protect myself and my family in the name of Jesus Christ, amen.

9.5 On the Targeting of My Mother and Other Loved Ones

In recent months, those engaged in this surveillance have intensified their focus on my mother. Not in ways that would be obvious to an outside observer, but in ways that are unmistakable to me. They have tried to use me, my own mind, my own thoughts, as a weapon against the person who has loved me most consistently throughout my life.

This is what they do. They operate like parasites. They attach themselves to healthy relationships and try to drain them, corrupt them, turn them into sources of pain. And in recent months, they have made it their project to sow wicked thoughts in my mind about my mother.

These are not my thoughts. They are intrusions, unwanted, foreign, inserted, designed to make me imagine harm coming to her, or to us hurting each other, or to her health failing, or to her mental state deteriorating under stress. They plant images of conflict where none exists. They suggest scenarios of betrayal that have no basis in reality. They whisper that she might be different than I know her to be, that her motives might be suspect, that the love between us might somehow be twisted.

And while they do this, they make it obvious that they are watching and that some harbour sadistic gratification towards others' distress. They are not neutral observers collecting data. They are predators feeding on distress. Our struggle, our pain, our fight to hold onto love in the face of their assaults, this is entertainment to some of them.

I have seen this clearly. Some of them actively try to poison the most important relationships in my life, and they do it with the unmistakable energy of those who take pleasure in cruelty. Their goal is to make me into a criminal, outlawed and discredited, not taken seriously by the rest of society, despite the truth of what I am stating.

And they do not stop with thoughts. They also speak. They have called my mother names. They have called her "baal", a term loaded with spiritual violence, intended to demonize her, to make her seem wicked, to frame her as something deserving of their attacks. They have called me the same. They link us together in their vile pronouncements, not because there is anything true in what they say, but because they need to construct a narrative where we are both worthy of their contempt, and hopefully, as they suggest, the contempt of others who hear about our experiences and testimonies.

There is another uncomfortable layer I must address from this harassment. Because I am ethnically Chinese, the surveillance people seem to feel more justified in their actions. In their logic, perhaps they believe that since Chinese people have not faced the same extent of historical systemic racism as some other groups, we are somehow more acceptable targets.

But this thinking is deeply flawed. Chinese people have absolutely faced racism. The inequities that continue to plague other groups are vile and deeply upsetting. No one should suffer racism, and the fact that some groups have been targeted more brutally does not make targeting any group acceptable.

What I truly want is a world where races help one another flourish. Where equity means lifting each other up, not justifying new cruelties based on old histories and current geopolitics. Their attempts to rationalize or justify their behaviour miss the point entirely. No amount of historical context makes their rituals acceptable. What they are doing is wrong, regardless of my ethnicity or anyone else's.

9.5.1 Why They Target This Relationship

To understand why they focus so intensely on my relationship with my mother, I need to explain what the past year has been like. Since they amplified their harassment, I have been through things no person should endure.

I have had genuine moments where I wanted to jump off my balcony. The situation felt unbearable. My mother witnessed this. It distressed her enormously, affecting her mental health. There were moments when she was not stable either, moments of extreme anger, thoughts of suicide, even saying in distress that she could hurt me. These moments do not define us. They were what this surveillance made of us in our weakest states.

But the American surveillance watchers recorded everything. And now they use it to discredit me.

They treat my suicidal thoughts and my mother's expressions of despair and anger as evidence that we can be dangerous to each other. They think they can destabilize us further, make us become what they accuse us of being.

More insidiously, they speak as if I am trying to drive my mother to death, or she me. They say they are trying to "make a witch" out of us.

9.5.2 The Complexity of Our Real Situation

Here is what they do not understand, or refuse to understand: my mother does not know the full extent of what I know. She does not experience surveillance the way I do. She does not hear what I hear, see what I see, feel what I feel. So of course, there are times when she doubts me. Of course, there are times when my reactions seem excessive to her. She is seeing the symptoms without being able to see the cause.

And I will be honest: there are times when I am not in control. When the harassment reaches a peak, when the voices and projections become unbearable, I have had episodes of extreme upset and anger. I have even, at times, repeated the perverse words they make me hear, not because those words are mine, but because when you are bombarded constantly with something, it comes out of you like poison.

My mother has witnessed this. And sometimes, it has made her harbour contempt toward me. Not because she is wicked, but because she is human. Because she is exhausted. Because she has been dealing with this for years without the full picture of what I actually go through, and what the surveillance people put me, her, and others in our family through.

And they target us specifically because we are vulnerable. We have limited societal connections. We face financial constraints. Our educational backgrounds do not give us platforms or credibility. We are, in the eyes of the world, people who can be targeted without much backlash. People are not paying attention to us. We are not relevant enough for anyone to care. And on top of all that, we have demonstrated, in our weakest moments, some "issues," some instability, some things that can be used to discredit us.

They think they can get away with it, but I believe that God will judge them with divine wrath.

9.5.3 The Strain on My Parents' Relationship

This surveillance has not only affected my relationship with my mother. It has also affected my parents' relationship with each other. My mother, in her distress and exhaustion, has sometimes displaced the anger she feels toward me onto my father, although he is also an active target of the surveillancers. He is not here. He is in China. He cannot defend himself. And so he becomes, at times, the target of frustrations that actually belong to the people doing this to us.

My parents are not divorced. They remain married. But this situation has tested their relationship in ways nothing else ever has. The distance, the stress, the constant pressure, it takes a toll. And the surveillance people, I believe, are aware of this too. They see every crack, every strain, every moment of tension. And they try to widen those cracks.

9.5.4 Why My Parents Don't Know the Full Extent

I need to explain why my parents do not know the full extent of what I experience, why I have not told them the details I am writing here.

The truth is, they would not believe the full extent of my harassment involving the cults, secret societies, and surveillance technologies. Not because they are unkind, but because what I am describing is entirely outside their frame of reference.

My parents are decent, basic civilians. They have limited social connections. They are not highly educated in ways that would give them context for surveillance technology, research capabilities, or the spiritual and religious knowledge I have had to learn to understand what is being done to me. Their understanding of the world is, in many ways, surface-level. And I mean that as a protection, not a criticism.

How would they cope if they truly knew? If they understood that their daughter is being watched constantly, mocked, violated, called vile names, projected with disgusting images? If they knew that people are trying to turn me against them, trying to ruin our relationship into something ugly and tragic?

Sometimes people cannot believe things because believing them would destroy them. My parents doubt my experiences because the alternative, accepting them as real, would be unbearable. They would have to confront their own powerlessness. They would have to live with knowing their daughter is suffering in ways they cannot fix nor would ever put me through intentionally.

So I do not tell them everything. I protect them from the full truth.

They see the effects. They see me ruminating on these abuses. They see me having episodes of extreme anger, saying things that disturb them, repeating words that come from somewhere they cannot understand. They see the symptoms without seeing the cause. That confusion is painful enough.

If they knew the cause, if they understood the elitism, racism, and classism surrounding this situation, the kinds of people doing this and why they think they can get away with it, it would break them. My parents are pure in ways that are rare. Learning how cruel people can be would change them, make them afraid in ways they have never been, make them cynical in ways they have never been.

I am grateful they do not know the full extent. I am grateful they can continue their lives relatively normally, even with the confusion of why their daughter struggles. I am grateful they do not understand the internet at all, that they are not online, that they do not encounter the kinds of people I have had to confront. Their ignorance is a blessing. Their simplicity is a shield.

And despite not understanding, despite doubting, despite sometimes being confused or frustrated with me, they have been extremely kind, thoughtful, and supportive. They have been free with my life decisions, allowing me to make my own choices even when they did not understand them. They have loved me consistently through all of this.

They do not know what I know. They cannot carry what I carry. And I thank God for that. Because if they could, it would mean they had been exposed to the same darkness. I would not wish that on anyone to be in my shoes, least of all the people who have loved me most.

So I carry these burdens with God, although the surveillance people still harass and monitor my relationship with Faith and the people in my life. My parents remain in their blessed ignorance, loving me as best they can, never fully understanding why their daughter is the way she is now.

9.5.5 What Holds Us Together

Despite all of this, we still go to church. We still have good friends at our local church who help hold our family together. Their presence, their prayers, their simple willingness to be with us has been a lifeline.

And in a strange turn, this experience has also allowed my mother to rekindle her relationship with some of her family in China, her sisters, in a positive way. There has been healing in unexpected places. There has been a connection where there was once distance. God works even in the midst of this.

9.6 Indications That My Father in China Is Also Targeted

They have indicated through their statements and manipulations of my dreams that they are also directing surveillance toward my father in China. While I cannot independently verify the full extent of this, they have implied that they are monitoring him and subjecting him to similar technological intrusion, likely at lower intensity so that he remains unaware, as they have done with my mother.

This pattern is consistent with their broader approach: extending surveillance beyond me to family members and those close to me. Their suggestions that they are engaging in remote monitoring, data collection, and psychological manipulation of my father, without his knowledge or consent, would, if true, constitute serious violations.

I rebuke these actions in the name of Jesus Christ. My father is a good man, and I pray for his protection.

9.7 Acknowledgment of My Own Responses

I acknowledge that throughout these years, I have said harsh things in response to their actions, including expressions of anger toward them and, by extension, toward the United States. I regret these responses, which occurred under conditions of prolonged stress and isolation. I recognize that the vast majority of Americans are not party to these actions and do not deserve such sentiment.

I repent of these failings and ask forgiveness for words spoken in anger that may have caused harm.

9.8 The Structure of Psychological Traps

Their methods appear designed to create situations from which there is no acceptable exit. If I resist, I am accused of wrongdoing. If I show distress, I am mocked. If I speak out, I risk being dismissed. If I attempt to maintain normal relationships, those relationships are targeted. The cumulative effect is an attempt to undermine stability and self-understanding.

9.9 Spiritual Significance and Personal Identity

From what I can discern, some of those involved appear to attribute spiritual significance to me, describing me in terms ranging from angelic to demonic. From my perspective, I am an ordinary person who believes in God and seeks to follow Jesus Christ. I am a Chinese Canadian woman who has made mistakes, seeks forgiveness, and relies on God's grace, sustained by family, friends, and the stable society in which I live.

I reject any affiliation with those who exploit others or promote racist ideologies, regardless of their accusations against me. I know myself to be a flawed human being in need of mercy, like everyone else.

9.10 The Range of Attitudes Among Those Involved

The individuals conducting this surveillance display varying attitudes toward me, though all contribute to a campaign of dehumanization and control.

9.10.1 Contempt Based on Ethnicity

Some regard me with what appears to be contempt based on my Chinese identity. They have made comparisons to historical examples of racial ideology and have shared observations about my behaviour, appearance, and expressions within their circles for purposes of mockery, often with racist overtones.

9.10.2 Human-trafficking Targeting

Others within the same network engage in what can only be described as systematic sexualized targeting. This includes subjecting me to unwanted commentary and pressure to respond in ways that would feed their apparent gratification. When I do not comply, they use my lack of action to accuse me of complicity.

9.10.3 No Acceptable Response

The situation is structured such that any response is turned against me. Anger is used to portray me as unstable. Composure is used to portray me as deceptive or complicit. Awareness of their presence is used to claim affiliation. Attempts to ignore them result in escalation.

9.10.4 Documentation for Potential Blackmail

They document my reactions, my vulnerable moments, and my every move under immense stress and duress. Their stated intention is to use this material to discredit me should I speak publicly, to portray me as psychologically unstable, as having encouraged their behaviour, or as lying about my experiences. They have also documented the same moments during my mom’s responses, and try to guilt trip me by often calling me heartless and lawless, for enduring the abuse they do to me and others around me (which they obviously tell me about, mostly about violence and assault) with their technology.

I state in good Faith that I have not engaged in the acts they pressure me to perform, have not intentionally encouraged their behaviour, and have responded as any person would under sustained siege.

9.10.5 The Common Element

Whether driven by racial contempt, sexual gratification, abuse of power and surveillance abilities, or ideological hostility, the common thread is the treatment of another human being as an object for entertainment, data collection, and the reinforcement of their own sense of superiority. They are united not by method but by willingness to exploit and destroy for their own purposes.

I rebuke these intentions in the name of Jesus Christ. I am a human being made in the image of God, and no amount of manipulation can change that truth.

9.11 Their Attempt to Implant Unhealthy Thought Patterns

Their surveillance and manipulation are not passive. They actively try to subliminally implant unhealthy thought patterns into my mind, especially perverse perceptions of motherhood. Using their technology, they induce guilt, fear, and shame, and attempt to create lasting associations between normal experiences and perverse or disturbing imagery, along with adding accompanying invasive physiological sensations in genital and face areas, to try to make unhealthy associations and feelings.

They basically do the opposite of genuine therapeutic approaches like Cognitive Behavioral Therapy, which seek to heal trauma and renew healthy thinking. What they do is deliberately destructive, an unethical and wicked attempt to break down mental health rather than restore it.

I have learned to recognize these attempts and reject them. But I mention this because it reveals their intent: not merely to surveil, but to corrupt and defile people, communities, and even nations. Do not be influenced by such patterns if you encounter them. Your mind is precious, and you need to be prudent and thoughtful about the type of information you consume through news, entertainment, art, knowledge, etc.

9.12 Their Attempt to Exploit and Disgrace

Some of these individuals harbor wicked intentions of making people disgraced, and alone, stripped of legitimacy in the eyes of society, to have mental health issues, to lack social and societal support, to be isolated and desperate. They think that by subjecting me to their evil rituals, their technological violations, their vile deepfakes, and their relentless harassment, they can influence my actions and behaviours, pushing me to think and do irrational things I would never do in my right state of mind. This is not just harassment; it is a calculated campaign to destroy a person's life, reputation, and soul.

As a person who follows God, who repents of my sins, and who wants nothing more than to live a decent, safe, and clean life, being subjected to this is an injustice. Jesus Christ, during His ministry, often sat and ate with sinners. He forgave those whom the Pharisees and Sadducees condemned, but He always added: "Go and sin no more" (John 8:11). He offered grace, but He also called people to repentance and transformation.

It is important to acknowledge, as a fellow believer in Jesus Christ, that while God forgives us of our sins, recognizing how terrible and sinful our characters can be, He also calls us to believe in Him, to be saved by grace, and to turn from our sins and live according to His ways. You cannot simply say you follow God and live a worldly life. That is not true salvation. True salvation requires acknowledging that we are saved by grace, not by works (Ephesians 2:8-9), but it should also reflect an outward behavioural change, an appreciation of God's teachings. Living a transformed life is the least we can do to show that we take Jesus Christ's word and God's presence seriously.

9.13 The Weaponization of Fear

A major component of their harassment is the deliberate exploitation of fear. They work to create an atmosphere of horror and dread, manipulating my emotions to make it difficult to think clearly, function in society, or maintain peace of mind. They try to make people angry, fearful, and unstable, and of course, the natural responses to such manipulation would be fight, flight, freeze, or even fawn (appeasement) (Walker, 2013; Porges, 2011). These are instinctive reactions wired into our nervous system to help us survive perceived threats (Levine, 2010; Van der Kolk, 2014). But when fear is weaponized deliberately and persistently, these natural responses can become traps.

Fear is the antithesis of the peace and goodness offered by the grace of God, and they know this. So the challenge becomes: how do you transform your emotions of fear into something else? How do you respond when your body is screaming at you to fight, run, shut down, or appease?

9.13.1 How Fear Affects the Brain and Body

Science confirms what many of us intuit: chronic fear and stress are not just emotional experiences, they have measurable, physical effects on the brain and body. Research shows that pathological anxiety and chronic stress are associated with "structural degeneration and impaired functioning of the hippocampus and the prefrontal cortex" (Mah as cited in News-Medical, 2016, para. 2). The hippocampus is crucial for memory and spatial navigation; the prefrontal cortex is responsible for rational thinking, planning, and regulating emotional responses (News-Medical, 2016).

When chronic stress activates the hypothalamic-pituitary-adrenal (HPA) axis, it results in cortisol dysregulation, affecting critical brain regions such as the hippocampus, amygdala, and prefrontal cortex (Kaur, 2025). These regions undergo structural modifications, including hippocampal atrophy, prefrontal cortex thinning, and amygdala hyperactivity (Kaur, 2025). Ultimately, this contributes to cognitive deficits, emotional dysregulation, and persistent symptoms of depression and anxiety (Kaur, 2025).

When the "fear circuitry" kicks in, the prefrontal cortex begins to function less effectively (Braun, 2023). This means that under prolonged fear, a person may not be able to think through situations clearly or make sound decisions. The amygdala (associated with emotional responses) becomes overactive, while the thinking areas of the brain become under-active (Braun, 2023). This see-saw relationship can wreak havoc on immune, metabolic, and cardiovascular systems (Center for Behavioral Medicine, 2025).

Chronic stress can lead to "allostatic load", the wear and tear on the body that results from prolonged stress. This can lead to impaired immunity, cardiovascular problems, and even atrophy of nerve cells in the brain (ZRT Laboratory, 2022). The surveillance group exploits this biological reality to impair my ability to function.

A 2026 health review further confirms that stress-induced cortisol elevation can lead to hippocampal atrophy, manifesting as memory problems and learning difficulties (家庭医生在线, 2026). Chronic stress also damages the prefrontal cortex (responsible for planning and emotion regulation) and keeps the amygdala (the brain's fear center) overactive, trapping individuals in a persistent "fight or flight" state (家庭医生在线, 2026). Stress-induced migraines, increasingly common in younger populations, further disrupt daily life and functioning (家庭医生在线, 2026).

This is not weakness; it is biology. The surveillance group exploits this biological reality to impair my ability to function.

9.13.2 The Trap: Fear Leading to Violence

The surveillance people have created a terrible trap. On one side, they try to make me scared, so that I cannot think clearly or function. On the other side, they try to provoke me into responding to fear with violence, even with explicit violence in my mind. In high states of fear, it becomes easy to make someone scared and violent, which could be exactly how they try to influence people (Thriveworks, 2025).

I regret to admit that for a time, I fell into this trap. I fought back with violence in my mind, trying to confront their fear with imagined force. But the reality is that this approach is not helpful and can be debilitating. The psychology of this is well-documented: when people feel small, insecure, or out of control, they sometimes default to aggression because it provides a temporary chemical surge and a false sense of power (Thriveworks, 2025). They are not conquering their fear but drowning it out with chaos, creating a cycle where each aggressive act temporarily quiets the internal panic while reinforcing the belief that force is the only viable response to feeling scared.

Even worse, when they do these perverse things with technology, they try to link emotions of perversion and violence together, attempting to create associations with sadism. This is terrible and horrible.

9.13.3 The Fawn Response: When Fear Meets Perversion

There is another response to fear that is less commonly discussed but deeply insidious: the "fawn" response. In trauma psychology, fawning refers to a survival strategy where a person attempts to appease or please a threat in order to avoid harm (Walker, 2013). It is a coping mechanism often seen in those who have experienced prolonged abuse, especially in childhood, where the victim learns that the safest response is to become what the abuser wants (Walker, 2013).

The surveillance people exploit this in wicked ways. They try to link fear, my natural, instinctive fear of them and what they are doing, with perverse associations, attempting to create unnatural associations in my mind.

This is devastating. It is an attack on the very foundation of how a person relates to the world. When someone tries to make you associate innocence with violation, it corrupts your ability to trust, to feel safe, to experience joy in simple, good things.

But here is what I have learned, both from my own experience and from the testimony of others who have survived similar targeting: **this can be healed.**

Informed therapies, particularly trauma-focused cognitive behavioural therapy (TF-CBT) and other evidence-based approaches, have been shown to help survivors process and reframe these distorted associations (Kaur, 2025). The brain's neuroplasticity means that even deeply ingrained trauma responses can be unlearned and replaced with healthier patterns (家庭医生在线, 2026). Research confirms that targeted interventions, including psychotherapy and lifestyle modifications, can enable recovery (家庭医生在线, 2026).

But for me, the deepest healing has come through Faith. The Bible speaks directly to the kind of defilement they try to create. Psalm 23 assures us: "Even though I walk through the darkest valley, I will fear no evil, for you are with me" (Psalm 23:4, New International Version). God does not abandon us to the perverse associations our abusers try to create. He restores our souls (Psalm 23:3).

The apostle Paul writes about the transformation of the mind: "Do not conform to the pattern of this world, but be transformed by the renewing of your mind" (Romans 12:2, New International Version). This renewal is exactly what therapeutic healing facilitates, the ability to see things as they truly are, not as our abusers tried to make us see them.

I have experienced this renewal myself. The pure things they tried to taint, my Faith, my love for my family, my hope for the future, God has restored them. They are not gone. They are not ruined. They are healed.

9.13.4 The Biblical Response: Not Fighting Fear with Violence

This is not the strategy that God teaches in the Bible through Jesus Christ. Jesus' example in the face of persecution is clear: "When He was reviled, He did not revile in return; when He suffered, He did not threaten, but continued entrusting Himself to Him who judges justly" (1 Peter 2:23, New International Version). In Luke 22:52, when confronted by those who came to arrest Him, Jesus spoke with calm composure rather than reacting violently (Bible Hub, n.d.-b). He taught His followers, "All who draw the sword will die by the sword" (Matthew 26:52, New International Version; Bible Hub, n.d.-c).

Jesus' teaching on how to respond to enemies is radical: "Love your enemies and pray for those who persecute you" (Matthew 5:44, New International Version; Bible Hub, n.d.-a). The apostle Paul echoes this: "Do not be overcome by evil, but overcome evil with good" (Romans 12:21, New International Version; Bible Hub, n.d.-d, n.d.-e). Paul concludes a rapid-fire series of imperatives with this military verb, *nikaō* ("to conquer, prevail, carry off the victory"). Evil is the aggressor; good is the believer's counter-assault. The verse is both defensive (refusing to be conquered) and offensive (conquering).

What I have learned is that fighting violence or fear with violence, even in the mind, is absolutely the wrong thing to do. People often try to reduce their fear through violence or by perverting or murdering the thing they are afraid of, but this not only afflicts them more in ways they don't realize, but also harms others.

9.13.5 What Actually Helps: Practical Steps for Healing

My going to church has helped me face my fears. God sanctifies me and allows me to have clarity of mind and health, enabling me to know these things and heal. Dr. Linda Mah, a clinician scientist, notes that stress-induced damage to the hippocampus and prefrontal cortex is "not completely irreversible" (Mah as cited in News-Medical, 2016, para. 12). Anti-depressant treatment and physical activity have both been found to increase hippocampal neurogenesis (News-Medical, 2016). Recent studies highlight that targeted interventions, including pharmacological treatments, psychotherapy, and lifestyle modifications, can enable recovery (家庭医生在线, 2026).

What I have found to truly transform the heart includes:

- ➔ **Reading the Bible and praying to God**: The Scriptures and prayer ground me in truth and peace.
- ➔ **Going to church**: Being part of a Faith community provides support and perspective. Research confirms that social connections are vital for mental and physical health, with support-group interventions found to be beneficial in reducing mental distress (Fotovat & Wang, 2025). People with strong social ties have better mental and physical health, live longer, and recover more quickly from illness (Fotovat & Wang, 2025).
- ➔ **Stopping sin**: Quitting cold turkey the sinful pursuits of looking at violence, entertaining bad thoughts, practicing self-control and self-care, working and studying, etc.
- ➔ **Reducing screen time and technology use**: A 2025 randomized controlled trial found that reducing smartphone screen time to two hours per day for three weeks led to significant improvements in well-being, depressive symptoms, sleep quality, and stress (Pedersen et al., 2025). Screen time reduction shows small to medium effect sizes on mental health indicators, suggesting a causal relationship between daily screen time and mental health (Pedersen et al., 2025). Another study found that reducing screen use improved internalizing symptoms (emotional symptoms and peer problems) and prosocial behaviour in children and adolescents (Schmidt-Persson et al., 2024).
- ➔ **Spending more time with real people in person**: Isolation is damaging to health; loneliness increases likelihood of mortality by 29% (Fotovat & Wang, 2025). Social connection quiets our stress response, lowers inflammation, and bolsters immune resilience (Fotovat & Wang, 2025).
- ➔ **Getting your mind on other, healthier, brighter topics**
- ➔ **Not over-exercising or making your adrenaline system and cortisol levels too high**: Balance is key; chronic overactivation of the sympathetic nervous system can contribute to cardiovascular disease, metabolic disorders, and depression (ZRT Laboratory, 2022).
- ➔ **Starting healthy habits**: Self-care, going outside, getting proper nutrition and sunshine, interacting with people healthily, reducing drug and substance use.
- ➔ **Putting Faith in Jesus Christ and the Holy Spirit**: This can truly heal your heart and influence you and those around you in positive ways.

To anyone who has experienced this form of violation: the perverse associations they tried to create are not the truth. They are lies, implanted by wicked people who want to destroy you. But those lies can be identified, rejected, and replaced with truth. Seek out genuine help from qualified professionals who understand trauma. Read the Bible. Pray. Let God renew your mind.

You are not defined by what they tried to make you think. The pure things remain pure. And they can be restored.

9.13.6 My Advice

Do not fight violence or fear with violence. Do not confront fear with violence and perversion. Sometimes you don't even know what's going on in your mind, but God can give you clarity.

The choice in how we face fear defines not just the outcome but the very nature of our strength. The path of violence is a dead end, a frantic attempt to outrun a shadow that only grows larger with every aggressive step. True power lies not in masking fear with rage but in

meeting it with awareness, and when necessary, in strategically channeling that same primal energy into a controlled response that aligns with God's will.

"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid" (John 14:27, New International Version).

9.14 On Surveillance, the Hawthorne Effect, and Faith as Protection

I have spent a lot of time thinking about the people who engage in this surveillance, whether they claim to act for safety, research, data collection, or simply out of morbid curiosity about others' lives. I have come to understand something about what surveillance is, what it isn't, and why it ultimately fails to capture what matters most.

Surveillance takes many forms. In my case, it involves people watching constantly, documenting my movements, my words, my moments of weakness. Their methods may be sophisticated, but the underlying assumption is the same as all surveillance: that by watching closely enough, collecting enough data, building enough files, they can truly know another person.

This assumption is deeply flawed and, as I argue, not possible.

First, there is the problem of interpretation. Surveillance captures behavior, not meaning. They see what I do, but they cannot know why I do it. They cannot know my heart, whether my actions flow from love or fear, from faith or doubt, from genuine conviction or momentary weakness. They record the surface and call it depth.

Second, there is the problem of context. Data points removed from context become meaningless, or worse, they can be rearranged to tell any story the interpreter wants. A single moment, frozen and examined, can be made to support almost any narrative. But I do not live in frozen moments. I live in relationship with God and others, in a stream of becoming that their cameras cannot capture.

Third, there is the problem of the observer's own limitations. They bring their biases, their agendas, their blind spots to every act of observation. They think they see objectively, but they see through lenses shaped by their own assumptions and desires. What they call "data" is filtered through who they are. And given what I have witnessed of their character, their lens is badly distorted.

Fourth, there is the problem of their unexamined lives. If they want to study someone so badly, they should examine themselves first. There is deep hypocrisy in those who document everyone around them while never turning the lens inward, who project onto others what they refuse to confront in themselves.

Fifth, and most fundamentally, there is the problem of the soul. Surveillance can track bodies, movements, even words. But it cannot track the soul. It cannot track what happens between me and God. It cannot capture the quiet work of the Holy Spirit, the transformation that occurs in prayer, the healing that happens in places no camera can reach. They think they see everything, but they see only what can be seen. And the most important things cannot be seen at all.

This is why their attempts to manipulate me through surveillance, watching for ammunition, documenting to build cases, studying to impose labels, are ultimately futile. I am grounded in

something they cannot access. They may collect their data, but they will never collect me. Not because I am strong, but because I know I can follow God.

9.14.2 The Hawthorne Effect: When Watching Changes Everything

There's a well-documented phenomenon in research called the Hawthorne effect, the idea that people alter their behaviour when they know they're being watched. In workplace studies decades ago, researchers discovered that workers' productivity improved simply because they were being observed, not because of any actual change in conditions. The act of watching changed what was being watched.

This reveals yet another limitation of surveillance: it doesn't just observe reality; it alters it. The watcher is never neutral. Their presence, even if they imagine themselves invisible, even if they operate through cameras and data collection, changes the landscape. The person being watched becomes self-conscious, performs, hides, exaggerates, minimizes. What the watcher sees is not the person as they are, but the person as they become under observation.

But what the researchers didn't fully grapple with is the darker side of this effect. If people can perform better under observation, they can also perform differently, and not always in ways that reflect who they truly are. Some people, knowing they're being watched, learn to fake their responses, hide their authentic selves, present a version that keeps observers satisfied. The watched person becomes an actor, and the observers never see what's real.

In my own experience, this dynamic has profound implications. Those who watch me may think they're gathering objective data about who I am. But they're actually witnessing a person who knows she's being watched, and that knowledge changes everything. Some of what they see may be genuine. Some may be performance. Some may be my authentic self pushing through despite their gaze. They have no way of knowing which is which. Their surveillance has contaminated their own data.

9.14.3 Intrusive Thoughts and the Mental Prison of Surveillance

Worse still, when surveillance becomes constant, a relentless feedback loop of watching, interpreting, predicting, and judging, it can create something truly damaging: intrusive thoughts about what the observers expect you to think.

You begin to anticipate their interpretations before you've even had a thought of your own. You wonder: If I think something mean or wrong or bad, will they catch it? Will they use it? Will their feedback loop punish me for what passed through my mind? Will they project onto me the very thoughts they're looking for?

The surveillance creates a kind of mental prison. You start having the exact thoughts you don't want to have, not because they're yours, but because the watchers' presence intrudes into your consciousness. Their anticipated judgment becomes a voice in your head. Their predicted interpretations become thoughts you can't escape. The Hawthorne effect, in this context, doesn't just change behaviour, it invades the mind.

I have experienced this. There have been moments when I've caught myself thinking something dark or disturbing, only to realize: This isn't mine. This is what they're looking for. This is what they keep projecting onto me. This is their voice, not mine. But the thought was in my head nonetheless. Their surveillance had planted it there.

This is one of the most insidious aspects of what they do. They don't just watch; they project. They don't just document; they anticipate. And in their anticipation, they create conditions where their targets begin to experience the very thoughts and feelings the watchers are looking for. It becomes a self-fulfilling prophecy: they expect to find something wrong, so they watch for it, and their watching creates the conditions for it to appear, at least in the mind of the one being watched.

9.14.4 Spiritual Destruction: How Surveillance Blocks the Holy Spirit

And this is where surveillance becomes not just invasive but spiritually destructive. Because the constant awareness of being watched, the constant feedback of data and prediction and judgment, actively works against what the Holy Spirit offers.

Consider what the Spirit provides:

- Freedom: The Spirit moves where He wills, unconstrained, unobserved, unrecorded. But surveillance makes freedom feel impossible because you're always performing, always aware of eyes on you.
- Quiet: The Spirit speaks in a still, small voice. But surveillance fills the mind with noise, their interpretations, their predictions, their anticipated judgments.
- Grace: The Spirit heals through honesty and vulnerability. But surveillance makes honesty feel dangerous because everything can be used against you.
- Rest: The Spirit restores in stillness. But surveillance makes rest difficult because you're always anticipating the next interpretation, the next judgment, the next feedback loop.

The watchers, with their endless data collection and prediction models, may think they're understanding you. But they're actually creating conditions that make genuine understanding impossible. They're not drawing closer to your soul; they're building a wall between you and the freedom God intends.

The Spirit moves in ways surveillance cannot track. God's Word heals in ways data cannot touch. But surveillance actively opposes these things by keeping you in a state of performance anxiety, by filling your mind with intrusive thoughts, by making you feel always seen but never truly known.

9.14.5 The Paradox: They Create What They Claim to Find

There is a deep irony in all of this. Those who engage in surveillance often believe they're discovering the truth about their targets. They think their data reveals who you really are. But in reality, they're often creating what they claim to find.

They watch for evidence of corruption, and their watching plants thoughts that feel like corruption.
They watch for signs of instability, and their harassment creates instability.
They watch for proof of wrongdoing, and their projections become the very thoughts you struggle with.

The watchers, with their endless data collection and prediction models, may think they're understanding you. But they're actually creating a version of you that exists only in their feedback loops, a distorted reflection that has nothing to do with your soul and everything to do with their need to control.

This is why I can say with confidence: their surveillance cannot capture who I really am. It might capture data points. It might capture behaviours. It might even capture some of my thoughts, if their intrusive projections succeed. But it cannot capture my soul. It cannot capture what God is doing in me and what God intends to do to them, given their attacks towards me, to influence my thoughts and actions. It cannot capture the work of the Holy Spirit. It cannot capture the person God sees when He looks at me with love, grace, and mercy.

9.15 How I've Learned to Cope: Transparency, Honesty, and Faith

So how does one survive this? How do you remain yourself when you're constantly watched, constantly interpreted, constantly fed back a version of yourself that isn't you?

For me, the answer has been surprisingly simple, though not always easy: I try to be as transparent and honest as I can, while placing my Faith fully in God.

9.15.1 Transparency Disarms Surveillance

When you're not hiding anything, their watching loses its power. They can collect all the data they want, but if you're living openly, not performing, not hiding, not shaping yourself to their expectations, then their files will always be incomplete. They'll have data points, but they won't have you.

Transparency means:

- ➔ Living in such a way that I have nothing to hide
- ➔ Not shaping my behaviour differently when I know I'm being watched
- ➔ Allowing those who genuinely love me to see me fully
- ➔ Refusing to let their surveillance dictate what I do or say

There's nothing for them to expose because I've already exposed myself, not to them, but to God and to those who genuinely love me. And that kind of exposure, offered freely, cannot be used against me. It becomes a shield: You cannot blackmail someone who has already told the truth. You cannot expose someone who has already been vulnerable in the right places.

9.15.2 Honesty Protects Against the Hawthorne Effect

Yes, I know I'm being watched. Yes, I know they're interpreting and judging. But I refuse to let their watching dictate my thoughts.

When intrusive thoughts come, the ones they want me to have, the ones their feedback loops predict, the ones that feel like their voice in my head, I have learned to:

1. Acknowledge the thought without shame: "There it is again. That's what they're projecting."
2. Release the thought: "This is not mine. I give it to God."
3. Return to what's true: prayer, Scripture, the love of those who genuinely care for me.

I don't let their anticipated judgments become my inner voice. I say: That thought is not mine. That projection is not me. I release it to God.

I also practice honesty with myself. I don't pretend the surveillance doesn't affect me. It does. I don't pretend I'm never angry, never afraid, never tired of being watched. I am. But I bring

those feelings to God, to trusted people, to my own honest self-reflection. I don't let the watchers be the only ones who know what I'm feeling. I name it first, before God, so their interpretations don't become my identity.

9.15.3 Faith as Foundation

And Faith, Faith in God, is what makes all of this possible. Because ultimately, I know that God sees me. Not as surveillance sees me, collecting, categorizing, building cases. God sees me as I truly am, and loves me completely. His sight doesn't exploit; it holds. His knowledge doesn't confine; it frees.

When I am tempted to despair under their watching, I remember:

- ➔ They see my actions, but God sees my heart.
- ➔ They document my words, but God hears my prayers.
- ➔ They build files, but God holds me.
- ➔ They watch from a distance, but God walks beside me.
- ➔ They judge based on data, but God judges based on truth, and His judgment is mercy.

The Holy Spirit moves in ways surveillance cannot track. God's Word heals in ways data cannot touch. And the freedom I have in Christ is not dependent on whether I'm being watched or not. It's rooted in something no observer can reach.

9.15.4 Practical Practices

Over time, I've developed practices that help me stay grounded:

- Prayer as re-centering: When I feel their gaze most intensely, I turn my attention to God. I remind myself who is really watching, and what kind of seeing actually matters.
- Scripture as truth: When their narratives feel overwhelming, I return to what God says about who I am. Their words lose power when measured against His Word.
- Genuine community: I spend time with people who don't want anything from me except my wellbeing. Their presence reminds me that not everyone is a watcher. Some people are just companions.
- Naming the dynamic: Simply recognizing "this is the Hawthorne effect" or "this is their projection" helps me separate their actions from my identity. Naming something reduces its power over you.
- Refusing isolation: Surveillance wants you alone, cut off, without witnesses who can speak to your true character. I resist this by staying connected to those who know me and love me.

9.16 Healing and Hope: A Response to Their Harassment

I want to acknowledge something important and hopeful: there are genuine therapeutic approaches that can heal trauma, renew the mind, and transform thought patterns. Cognitive Behavioral Therapy (CBT) and its trauma-focused variants (TF-CBT) have been extensively studied and shown to be highly effective for treating posttraumatic stress disorder and related conditions (see Appendix L for more information on the science of healing).

Research has demonstrated that trauma-focused cognitive behavioural therapies are associated with significant reductions in PTSD symptoms, both immediately after treatment

and in the long term. A major meta-analysis found that twice as many individuals achieved remission after ten weeks of prolonged exposure CBT compared to those receiving standard therapy. These approaches are recognized as "first-line treatment recommendations" for trauma.

I mention this because it is important to know that healing is possible. The mind can be renewed. Traumatic patterns can be unlearned. Healthy thought patterns can be cultivated.

9.16.1 What the Abusers Do

In stark contrast, the surveillance people who target me are engaged in the opposite of healing. They deliberately and systematically try to implant defiled, unhealthy thought patterns through technological manipulation. They use their capabilities to induce guilt, fear, and shame, and to create unhealthy associations between normal experiences and perverse imagery.

This is unethical and wicked. They are attempting to do what good-intentioned therapists would never do: to break down a person's healthy mental functioning and replace it with dysfunction. Their methods are designed to mimic the effects of trauma, not to heal it.

I share this contrast so that readers understand: what they do is not normal. It is not acceptable. And it stands in direct opposition to the genuine healing that compassionate professionals provide.

9.16.2 Do Not Be Influenced

To anyone who may be experiencing similar targeting, or to anyone who simply wants to protect their mental health: do not be influenced by defiled thought patterns. Recognize that unhealthy thoughts can be imposed, but they can also be identified, rejected, and replaced with truth. Seek out genuine help from qualified professionals. The mind can heal. You are not defined by what they try to make you think.

9.16.3 Why Social Support Matters

All of this makes it all the more important to have a social support system, including church, family, and friends who understand you and help you rehabilitate. By the grace of God, here in Canada, I have absolutely found these people. They listen. They believe me. They help me heal. (See Appendix L: Cognitive Behavioral Therapy for more on healing and recovery.)

In 2025, I visited China during the summer to see my family. They are not involved in politics, nor are they involved in any criminal activities. They are lawful, decent people. I felt safe with them, and they have taken care of me, growing up. They provided me shelter, safety, and support. I explained to them broadly how I was being bullied and actively cursed and surveilled by these cults in America. I did not hide this from them. I was forthright. And they stand by me.

9.17 The Ethics of This Situation: A Question for the Reader

I need to address the ethics of this situation. What is being done to me is disgusting and lawless. I am not complicit in any of it.

I cursed these surveillance people for the evil they put me through, and the information I learned from them (not from their telling me of what they do, but God who guided me

towards their intentions and actions). I outwardly express my disgust and my anger toward them. They continue doing these vile things while accusing me of being the bad person, as if my simply being alive, my refusal to commit suicide despite their relentless attacks, makes me guilty and complicit. They put me through perverse and violent imaginations, they try to program my mind, and then they have the audacity to claim I am becoming what they actually are: sadistic pedophiles. Many of them are exactly that. And they get away with it, not just with me, but with others. My mother. The children they project onto. Innocent civilians they target with their imaginations and technology.

They try to make me into something I am not. They want to program me, to cancel me, to make society see me as a monster. This is straight out of the playbook documented by researchers like Leo Zagami, who writes about secret societies programming killers (see Appendix N). It echoes Project Artichoke and other documented mind control programs. This could have happened to anyone. I'm just one of the many victims, though in a relevant geopolitical context, given my Chinese Canadian background, and experience studying lawfully in New York in the past.

Despite all these experiences, I am still alive.

The fact that I have survived to this point, that I am able to write this at all, is not because of my own strength. I am not strong enough for that. It is because of one thing: I started going to church. I started praying. I started repenting. I started truly believing in God, in Jesus Christ, and asking Him to protect me and the people in my life, along with the nations.

This is not my own doing. Like anyone else, I am someone who is a sinner, who needs the gospel and the grace of God every single day.

9.17.1 What would you do?

Imagine being in my situation.

Imagine discovering, gradually, that you are under sustained surveillance by people with technology you do not fully understand. Imagine these people mocking you, violating you, trying to manipulate your perceptions. They call you vile names. They project disgusting images into your mind. They accuse you of terrible things, things you have never done, thoughts you have never had. Their goal is to make you feel isolated, ashamed, and depressed. They target your mother. Your family. Your most precious relationships.

And the things they do are even worse than what I can write here. Much worse. Their intentions are vile. They know how wicked and gross they are, so all they can do is pretend I am one of them. A disgusting abuse of power.

Now imagine trying to tell someone.

Who do you tell? The police? What do you say? How do you explain technology most people do not believe exists? How do you prove harassment that leaves no physical trace? How do you convince anyone you are not simply paranoid, not mentally ill, but honestly expressing memories of immense distress?

Imagine the fear of being dismissed. The fear of being labelled. The fear that the very people you go to for help might be connected to those doing this, or might simply not believe you, and in their disbelief, become another source of harm.

Imagine the exhaustion. Years of it. Constant pressure. The feeling that no matter what you do, you cannot escape their gaze. The knowledge that they are watching you read this right now.

What would you do?

The world is full of grave injustices. Evil people with power get away with the most disgusting things imaginable. They justify it by claiming their victims are just like them, even though I am not. They try to destroy my life, my future, my ability to ever have a normal existence. But they still manipulate. They still project. They still try to poison the world.

None of this is just.

They live normal, hedonistic lives while I am tormented for simply trying to live abiding to Jesus Christ's teachings, afraid of the symbolic implications due to my ethnicity and religious affiliations to Christianity. They target me and other people in my life, hoping to make me and the people who trust me complicit in their garbage world of surveillance-technology crimes. They try to pollute beyond what should be possible.

I do not ask these questions to excuse myself. I ask them because anyone reading this needs to sit with the reality of what I am describing. To understand that ethics in an impossible situation are not simple. That survival itself can look, from the outside, like complicity. That enduring can look like doing nothing.

I am not lawless. I am not unethical. I am someone who has been pushed to the absolute limit of what a person can endure and has somehow, by the grace of God, not broken completely.

9.17.2 My Claim Regarding the Ethics of My Circumstances

I have no claim to moral superiority. I am not saying I have handled this perfectly. I have not. There have been moments of anger, of despair, of saying things I regret, of failing to love the people around me as I should.

But I am still here. And the reason I am still here is not me. It is God. It is going to church. It is praying. It is repenting. It is believing, truly believing, that Jesus Christ died for my sins and that through Him, I can be protected and healed.

That is the only thing that has kept me alive. Not my own ability. Not my own goodness. Not my own cleverness or resilience. Just God.

But I also feel a moral obligation to be here. Given what I know about these people, their intentions, their plans for war, their geopolitical manipulations, I have a responsibility to stay. I pray to rebuke their evil intentions. I pray against war and conflict. I pray that they cannot do to others what they have done to me and my family. I want more people to know what is happening at higher levels, what these people are planning, and how their technology is being used to harm innocent civilians.

I also want to warn others. I want to encourage people to repent of their sins, to read the Bible, to accept the gospel of Jesus Christ. Because if I have learned anything from this ordeal, it is that the darkness in this world is real, but so is the light. And the light wins.

I do not know what you will make of this document. I do not know if you will believe me, or dismiss me, or pity me, or judge me. I do not know if you will see me as a victim or a perpetrator or just another confused person on the internet.

But I know what I have experienced. I know what they have done to me and to my mother and to my family, and the implied abuse they put other people through in my lives, especially people at my church, as well as close girlfriends I have. And I know that God has seen it all.

They may watch. They may project. They may take their sadistic pleasure out on civilians. But God sees. God knows. And God holds us in ways their surveillance can never touch.

If you take nothing else from this, take that: evil is real, but so is God. And in the end, God wins.

SECTION 10: THE TECHNOLOGY'S CAPACITY FOR REMOTE PHYSICAL INFLUENCE

A gross and unethical capability they have revealed, and demonstrated, is the ability to remotely influence physical states through this technology (See Appendix A, B). Based on what they have shown and done, this technology can affect the human body and mind in multiple ways, including:

- ➔ **Temperature regulation:** Inducing sensations of heat or cold, effectively altering perceived internal temperature.
- ➔ **Pain induction:** Creating pain signals (from low to extremely high saliency) in various regions of the body, at different depths of the body (e.g., bone level, organ level, skin, brain, teeth, etc.).
- ➔ **Visual interference:** Temporarily affecting eyesight, including inducing blind spots, dizziness, or other visual disturbances.
- ➔ **Motor control influence:** Affecting muscle movement and coordination, muscle tension.
- ➔ **Auditory projection:** Projecting sounds that only the target can hear, including voices and other audio (e.g., random noises, voice distortions of others in your environment, voice manipulations, ability to understand and speak in different languages, etc.).
- ➔ **Image projection, extraction and manipulation:** Make you see certain images, or extract mental images, regardless of how "light" the image is seen in your mind.
- ➔ **Dream manipulation and monitoring:** Monitor your sleep patterns and dreams, and project images, characters, stories to you during your dream, and manipulate your actions during your dreams.
- ➔ **The surveillancer can share the same space-time location as the victim,** as if they are truly present with you, while manipulating the environment and your body from their end, all without your knowledge.

10.1 Technical Capabilities

I have included Appendix A and Appendix B to include the key terms as well as some papers and their descriptions regarding the scientific knowledge relevant to their technology, at least the surface knowledge that can be found about it on the surface internet.

10.2 Telepresence and Remote Manipulation

Through what I describe as telepresence, telehaptic, quantum physics-based technology, the operators can project themselves into my actual environment/space in real time. This means they can "occupy" my environment remotely, perceiving what I perceive (as if my eyes are a camera) and interacting with my sensory field and physical surroundings as if they were truly present.

Critically, they can control the signal strength of this connection/signal of their actions and bodily manipulations. This allows them to dial up or down how much of their presence is transmitted to the victim. They can be performing actions, including violent or harmful actions, while controlling how much I actually feel or perceive what they are doing. This means they have the potential to be engaging in severe violations against any person's body or surroundings while keeping the perceived intensity low enough (or turn the intensity to nothing), to get away with these unethical behaviours and actions.

10.3 Their Manipulation of Emotional States

Their ability to influence my physical and emotional state is central to their manipulation. They aim to provoke extreme anger and violent thoughts in me. Their hope is that they can induce these angry, upsetting or immoral episodes, collecting unethical data, and hoping it could be footage to discredit me and my character, or other "mistakes" and societal offenses, while they continue their abuse with impunity. They collect data on how to trigger me, knowing that anger leads to irrational behaviour.

10.4 The Broader Implication

This technology gives operators the capacity to:

- ➔ Remotely influence multiple bodily systems with physical contact without actually being in a present environment.
- ➔ Control what targets perceive about their environment and the people in it.
- ➔ Perform actions against a target's body while controlling how much the target feels.
- ➔ Operate across any distance, with no geographic limitations.
- ➔ Create experiences designed to destabilize and confuse, with adjustable intensity.

10.5 Connection to Their Other Activities

This remote influence capability supports their other operations:

- ➔ Intelligence gathering through environmental monitoring.
- ➔ Psychological manipulation through controlled perception.
- ➔ Data collection on how bodies respond to various stimuli.
- ➔ Testing the limits of remote physiological influence.
- ➔ Potentially committing violations while limiting the target's awareness.

They can make targets believe their environment is changing, that their bodies are being affected, that something is happening to those around them, all while controlling exactly how much the target experiences. This is designed to break a person's sense of stability and make them doubt the reliability of their own perceptions. Again, for more information on the type

of technology this is, see Appendix A for key terms, and Appendix F for a brief description of the technology.

SECTION 11: WHO THEY ARE AND WHAT THEY DO

The group behind this had made it directly known to me that they are based in the United States (one guy said that they were apparently one of the most powerful families in America), with international involvement. It seems to include high-level entities potentially connected to the military, CIA, secret societies and research institutions, universities, corporations, powerful families, and cult-like organizations such as Scientology, Illuminati, and Freemasonry. (See Appendix I for a detailed explanation of how Scientology's "auditing" practices have been adapted and weaponized through their surveillance technology.)

Some of these individuals have associated themselves with what is known as the "reptilian" or "lizard people" conspiracy theory, speaking of themselves in these terms and seeking immortality (see Appendix N for context on thinkers like Zagami and Icke). While I do not believe they are actually reptiles, such comments may relate to pointing out how others, those labelled as conspiracy theorists, have described them. (See Appendix K for context on the reptilian conspiracy theory and its origins.)

11.1 Group Composition and Affiliations

Some of them are connected, I believe, to the Epstein files and other powerful networks linked to Democrats, Hollywood and entertainment circles.** More often, I see these secret society groups, politicians, research and corporation leaders criticized or "exposed" by journalists in America and abroad, by Christian (e.g., Christian commentators and American churches) and non-Christians alike. They are increasingly called out for involvement in satanic ritual practices (as I have experienced)***. Although I provide some information, I recommend limiting this type of information and research, because it could be triggering, and not healthy towards mental and spiritual health. The fascination with hidden networks of power can itself become a trap****.

**See Appendix H for brief descriptions of their appearances, as I've seen in person and through the projections they showed of themselves.

***See Appendix G for some details of these groups' practices, as documented even by mainstream media. I provide general descriptions of their activities and connect them to my case, which I genuinely believe involve some of the same people, or individuals with the same connections.

****See Appendix P for a warning about esoteric knowledge.

I urge readers to approach this information with recognition of the severity of these crimes. Rather than sensationalizing such news, we should view it with fear and turn to God. These things serve as a warning, they foreshadow corrupting influences that threaten our current and future generations. If we want a flourishing civilization, care of the wellness (mentally, physically, and spiritually) of our people, we cannot allow people in positions of power to engage in these evil practices, we need to protect our people from defiling, or sinful entertainment and media, and we need to teach lawfulness and morals based on Biblical teachings (e.g., the book of Proverbs, or the book of Wisdom, Deuteronomy, the Law of Moses, the parables taught by Jesus Christ, etc.)

I urge readers to approach this information with recognition of its seriousness rather than sensationalism. These things serve as a warning-they foreshadow corrupting influences that threaten current and future generations, globally. If we want a flourishing civilization with care for people's mental, physical, and spiritual wellness throughout all nations, along with diplomacy and aid towards all nations, holding leaders accountable, and advocating towards a more Faith-based, peaceful world, we cannot allow those in power to engage in these practices. We need to protect people from defiling entertainment and media, and teach lawfulness and morals based on timeless wisdom.

As I write this, some of those American-sounding voices surveilling me explicitly state they "want war". This should remind us all to pray for protection over the nations and their people, and to rebuke their curses and chantings, in the name of Jesus Christ.

11.2 Distorting Silence into Complicity

They twist my past silence about their abuse into a weapon against me. Their reasoning they are implying this is that, because God is Truth, anyone who loves God would expose evil. Therefore, they argue my silence about their abuses onto me and my family makes me complicit, as if I have aligned with worldly powers rather than the Bible.

They have also used my ethnicity in these accusations, implying my silence stems from being Chinese-that I am inherently unwilling to exercise free speech or reveal the truth. They suggest I am a passive observer who watches calamity unfold with detachment, rather than someone who acts with courage.

I do not feel angry at these accusations. That is what they want-to provoke emotional reactions. Instead, I choose understanding, repentance of my own sins, and commitment to truth.

Silence is not allegiance. I am no longer silent.

I declare I have no allegiance with these people or their actions. My allegiance is to Jesus Christ alone. I do not consent to their presence in my life or anyone else's. I am a victim, not a collaborator.

11.3 A Message to the Reader

I write this hoping you will believe what I share-not to sensationalize, seek attention, or create fear, but to testify to my experiences. More importantly, I write this as a call to Jesus Christ and renewed interest in the Bible.

If this account has moved you, I urge you: get a Bible and read it. It contains truth, wisdom, and history. It has the power to provide spiritual healing and meaning. To develop passion toward God is precious, more valuable than any worldly pursuit.

11.4 Their Capabilities and Crimes

Aside from the obvious intelligence gathering and security-related reasons, they appear to use their surveillance and telepresence technology to:

- ➔ Watch anyone, anywhere, without detection
- ➔ Gather private information without consent

- ➔ Invade individuals remotely, with or without awareness
- ➔ Exploit people through unlawful surveillance and data collection
- ➔ Blackmail and attempt to control people across society
- ➔ Simulate trauma to influence values, emotions, and behaviours
- ➔ Influence people's bodies and physiology in harmful and/or intrusive ways

They have demonstrated these capabilities to me through firsthand experience. They have implied criminal behaviour toward those close to me, named specific people they claim to target, and described violations they commit.

11.5 Recent Observed Behaviors

As of March 3, 2026, during the "Blood Moon," some individuals stated they were "praying for more apostasy"-that more people would fall away from Christianity. This reveals their opposition to genuine Faith, while many of the surveillance people claim they are "testing my Faith", as the Gospel teaches believers to do.

On a daily basis, I experience:

- ➔ **False projections:** They create heinous imagery and visuals using my image, designed to distress or anger me. They then accuse me of enjoying these things and call me "one of them," attempting to manufacture complicity where none exists.
- ➔ **Monetary dehumanization:** They constantly communicate a perceived "price" associated with me, placing monetary value on their surveillance and harassment.
- ➔ **Idol symbolism and ritual connection:** They also refer to me as a "bull"-a term with direct symbolic links to Baal worship and idolatry. This connects their baal-peor inspired rituals and human trafficking to secret, lawless surveillance projects.
- ➔ **Delusional thinking about complicity:** What reveals their disturbed mental state is that some genuinely seem to believe I enjoy being surveilled and watched.
- ➔ **Legal threats:** They threaten they will "sue me" for documenting these experiences and revealing it to the public. If they deny these allegations, they are lying to God.

11.6 Concerning Implications

What is particularly concerning is that some individuals appear to genuinely believe I am aligned with them and encourage their lawless behaviours and rituals, which reveal to me some psychological disturbance within this group. This is troubling given their high-level status, due to their access to power through military, corporate, and research institutions. They also state they hope I will experience cognitive decline and forgetfulness so my testimony becomes less credible. This is part of a calculated campaign to induce self-doubt. The fact that some of these individuals with apparent psychological instability have access to advanced surveillance technology and positions of influence should concern everyone. This is not merely about my personal torment through them-it is about unchecked power in the hands of morally compromised individuals.

11.7 I Am Not Complicit

I do not know how to contact them directly, nor do I have their real names or addresses. I have never spent time with them in person. Nevertheless, because they have made their immoral practices and technological capabilities known to me, I feel a moral and ethical duty to document their surveillancing.

11.8 A Note on the Epstein Case, Power, and Broader Context

The case of Jeffrey Epstein represents one of a gross and infuriating example of abuse of power in recent history. His crimes against vulnerable young people were profoundly evil, along with the harm caused to survivors, in addition to his associates and partners, who revealed their equally corruptible characters. What makes the situation particularly troubling is not only Epstein's individual wrongdoing, but the broader questions it raises about how such abuse was able to continue for so long.

The intense focus on Epstein as a single individual can sometimes obscure the wider context in which his actions took place. Investigations and reporting have shown that he operated within social and institutional circles that included many influential figures. This raises legitimate questions about enabling environments, failures of accountability, and the ways in which wealth, status, and influence can sometimes shield wrongdoing from scrutiny.

Public discussions have also included speculation about intelligence connections or broader networks of influence. While such claims circulate widely, they remain largely unproven. What is clear, however, is that complex systems of power, political, financial, and social, can make it difficult for accountability to occur when influential individuals are involved. This is a challenge that societies must confront through stronger transparency, investigative journalism, and independent legal oversight.

One reason the Epstein case received so much attention may be that it exposed uncomfortable truths about powerful circles in politics, finance, science, and philanthropy. Epstein moved among influential people and institutions that publicly stood for progress and leadership. Yet his crimes revealed serious moral failures in those same environments. This raised questions about how wealth, status, and influence can sometimes protect wrongdoing.

From a Christian perspective, the issue is not only the crimes of one man but the broader problem of hypocrisy and misuse of power. Biblical images, such as the "beast" described in the Book of Revelation, are often understood as warnings about systems that pursue domination, wealth, and power instead of justice and humility.

At the same time, the Christian message calls for repentance and transformation. When wrongdoing is exposed, the goal should not be hatred toward entire groups of people. Accountability is necessary, but we should remember that all human beings are capable of moral failure. The response should be justice together with humility, repentance, and a commitment to doing what is right.

11.9 A Warning Against Antisemitism and Collective Blame

It is equally important to recognize how discussions about the Epstein case have sometimes been misused to promote antisemitic narratives because of his Jewish background. This is both historically dangerous and morally wrong.

The actions of one individual cannot and must never be used to condemn an entire people, religion, or culture. History offers tragic reminders of the consequences of such scapegoating, particularly in the persecution of Jewish communities throughout Europe and the Holocaust.

Responsible discourse requires that wrongdoing be attributed to individuals and documented evidence, not to collective identities.

11.10 Note on Historical Interpretations of the Antichrist

Some strands of Christian apocalyptic interpretation have historically speculated about the identity and origins of the Antichrist, occasionally suggesting that he might arise from within the Jewish people. These ideas are typically linked to interpretations of passages such as *Daniel 9*, *2 Thessalonians 2*, and *Revelation 13*, though the biblical texts themselves do not explicitly identify the Antichrist's ethnicity or religious background. Historically, certain early and medieval Christian writers associated the Antichrist with the tribe of Dan based on interpretations of *Genesis 49:17* and *Jeremiah 8:16*. However, many contemporary theologians caution that such interpretations are speculative and have sometimes been misused to fuel antisemitic narratives. Modern biblical scholarship generally emphasizes that apocalyptic literature should not be interpreted in ways that attribute collective blame to any ethnic or religious group.

11.11 Power, Accountability, and Global Context

The larger lesson from cases like Epstein's is that abuses of power can occur in many societies and across many institutions. Corruption, exploitation, and hypocrisy are not confined to any one country, religion, or political system. When powerful individuals are able to evade accountability, it can erode public trust and weaken the institutions meant to protect vulnerable people.

Addressing these problems requires vigilance, transparency, and ethical leadership. It also requires resisting narratives that divide people along ethnic or religious lines. Justice should be pursued through evidence, due process, and principled investigation rather than suspicion directed at entire communities.

11.12 Final Reflection

The Epstein case serves as a reminder of the importance of confronting wrongdoing while maintaining moral clarity. Seeking accountability should never lead to hatred toward innocent people or entire groups. Instead, it should strengthen our commitment to fairness, truth, and the protection of human dignity. That said, I remind people not to hate, but to forget, and that because Jesus Christ is a forgiving God, instead of sowing hate and anger towards one another, we can call these people, in position of power, to repent of their sins, and turn from their ways.

SECTION 12: DECLARATIONS TO THE NATIONS, REFLECTIONS ON PROPHECY, AND A MESSAGE TO THE NEXT GENERATION

12.1 Message to Canada

I am grateful to live in Canada as a lawful immigrant and citizen. I do not take this privilege for granted. Canada is a nation shaped by Indigenous foundations, Anglo and Francophone heritage, and decades of immigration from diverse backgrounds around the world. It is a place where many people are well-educated, where human rights are protected by law, and where I am free to practice my Christian Faith openly. I am thankful for the natural environment, the relative peace and safety, and the opportunities that so many Canadians are fortunate to experience.

Canadians, overall, are known for being polite, compassionate, and well-educated. There have been genuine efforts in this country toward reconciliation with Indigenous peoples and toward building a more just and inclusive society. The talent, community cohesion, and mutual care I have witnessed here are remarkable. I am also grateful that Canada does not currently have conscription and has historically held values that prioritize peace and diplomacy over war.

Like people everywhere, Canadians face real challenges. Housing affordability, the cost of living, and uncertainty about the future weigh on many. There is concern about stability, economic, social, and political, and what kind of country will be left for coming generations. These are not unique to Canada, but they are real and they matter.

I acknowledge these difficulties while still being thankful to call this country home. I pray for Canada's continued protection and for its people to draw closer to God. May this nation remain a place of peace, refuge, and moral clarity in a troubled world.

12.2 Message to the United States

I believe America is a powerful, and Faith-based nation, home to many of the greatest people in the world. Americans have contributed immensely to progress in research, science, advancement, empathy, compassion, and aid toward others, on a local and global scale. Americans are some of the kindest, most Faithful people I know. I want to express that I am sorry the United States is going through difficulties during this time, regarding leadership, tensions, and other challenges.

I hold no hatred toward the American people. I recognize that the United States is a nation of diverse individuals, many of whom are kind, curious, and Faithful. Americans are not a monolith either, the fifty states and their accompanying heritage, history, political beliefs, cultures, and values vary greatly.

My negative experiences with certain individuals do not reflect on my sentiments towards the nation as a whole, and I do not want my testimony to be misused to paint Americans with the same brush. I understand the complexities of America's role in the world and the genuine Faith of countless Americans who love God and seek to do good.

I must also be honest about my own feelings. I harbour some resentment toward certain Americans, toward some individuals in positions of power who are involved in what I have experienced. I feel genuine guilt over this resentment, which developed due to my surveillancing experiences, but my hope is that even these individuals, and the nation as a whole, can come to strong Faith, divine protection, deliverance, support, and love.

I pray for the American people, that they would be protected from corrupt influences, that truth would come to light, and that genuine Faith would prevail over hypocrisy and lies fed by mass media and certain fallible people in positions of power. May God bless Americans.

12.3 Message to China (Revised with Hosea Prophecy and Ethical Reflection)

My heritage is Chinese, and I love China very much.

China is one of the world's oldest nations, and one of the most populated nations, with a rich history and countless philosophical, artistic, scientific, and technological achievements. The

Chinese people are some of the most intelligent, hardworking, kind-hearted, Faithful, and resilient people I have known. They have shown remarkable strength through immense difficulties and hardships in recent history, persevering with dignity and determination.

Today, despite prejudices that some people may harbour toward China and its people, the country continues to grow positively and contribute meaningfully to the world.

12.4 A Prophetic Reflection for Our Times

The prophet Hosea spoke to ancient Israel about their worship of Baal, the pursuit of worldly prosperity, fertility, and material abundance at the expense of their covenant with God. The Scriptures describe how the people "sinned by worshiping Baal" and became "full and satisfied, and then grew proud and forgot" the One who sustained them. They made "idols of silver, designed by human minds, made by human hands" , pursuing the gifts rather than the Giver.

While I do not claim to be a prophet, I see this as a warning relevant to all nations today, including the East and the West. The temptation to prioritize material progress, economic growth, and worldly success above ethical considerations, human dignity, and spiritual grounding is real for every modern society.

In the Book of Revelation, we read of the "kings of the east" (Revelation 16:12),a prophetic image that has been interpreted by some as pointing to the rising influence of Eastern powers in the last days. Whatever one's interpretation, I believe this serves as a reminder that China has a significant role to play on the world stage, and with that role comes responsibility.

My call to China, and to all nations, is this: Do not be influenced by defilement. Do not become too worldly, too materialistic, or too focused on progress that comes at the expense of ethics, morals, and the intrinsic value of human beings. Even in science and advancement, remember to value people with their full humanity, not as statistics or means to an end.

China is deeply diverse, home to 56 ethnic groups, each with its own unique history, culture, heritage, and language. It is a significant accomplishment that the country has maintained development, stability, and unity while honouring this diversity. In recent decades, China has lifted millions out of poverty and worked to provide better lives for its citizens. The progress in infrastructure, technology, and quality of life reflects the hard work and vision of generations of Chinese people. As one analysis notes, Chinese modernization is inherently "people-centered," aiming to "better ensure that the benefits of modernization are more fairly shared by all".

Yet like people everywhere, the Chinese people face real challenges. Rapid development has transformed much of traditional culture, including Confucianism and filial piety. Today's younger generation faces difficulties finding economic opportunities, job stability, and partners, along with uncertainties about the future. I have deep compassion for the Chinese people during these transitions.

12.5 A Reminder of Our Shared Humanity

I understand that many of us, myself included, have been socialized in systems that sometimes view people as statistics, data points, or means to an end. This is a challenge of our modern age, not unique to any one country. But I urge all who read this: do not forsake or forget your own humanity and value as a human being, and treat others with the same humanity and intrinsic worth.

I pray that more people in China can find peace, purpose, and Faith. I pray they remain open to God and the Bible, to believe in Jesus Christ, and to explore salvation and answers for the world. Faith can bring comfort, guidance, and hope amidst life's uncertainties.

I give my utmost blessings and prayers of peace, divine protection, and goodness toward China, to every Chinese person, to those in positions of governance and protection, and to the future of this great nation. May China continue to flourish, may its people be blessed with joy and purpose, and may the nation walk with wisdom, humility, and compassion on the world stage. I pray this in the name of Jesus Christ, amen.

12.6 Message to All Nations and Biblical Prophecy

All nations are valuable, and I pray that all nations remember that they are accountable to God. I pray that our leaders around the world seek wisdom, humility, goodness and justice. And may people everywhere turn from wickedness, repent of their sins, and draw closer to Jesus Christ.

SECTION 14: REFLECTIONS ON FAITH, PROPHECY, AND THE NEXT GENERATION

14.1 On Truth, Complicity, and Turning from Sin

In a world flooded with false information, manipulation, and hidden agendas, it is good to be discerning about what the information you consume and believe. Do not look at false information or entertain content that defiles the mind and spirit. Turn away from sin, whether it is obvious wickedness or the subtle complicity of silence when truth needs to be spoken.

Do not be passive in the face of evil. Complicity is not merely active participation; it can also be the choice to look away, to stay silent, or to convince yourself that someone else will act. If you know something is wrong, do not let fear, convenience, or indifference keep you from standing on the side of truth.

Repent of your sins, turn from worldly pursuits that lead you away from God, and strive to live a life of integrity, courage, and love. The truth may be difficult, but it is always better than the comfort of lies.

14.2 On Mass Surveillance and Trust in God

I want to acknowledge that mass surveillance is not inherently evil. Many of those involved in surveillance work,at various levels,genuinely are helping with protecting citizens, maintaining order, and ensuring stability. A society without safety, without governance, without order is not a society where anyone can flourish.

However, as the Bible teaches,particularly in the Book of Revelation,there is a distinction between worldly governance and the ultimate sovereignty of God. Worldly powers are limited. They are run by fallible human beings who can become corrupt, hypocritical, or disconnected from the very people they are meant to serve. When governance prioritizes money, power, and influence, over the genuine love and care of people, it loses its moral compass.

The Scriptures call us to a different standard. Jesus taught that the greatest commandments are to love God and to love our neighbors as ourselves (Matthew 22:37-39). True leadership, from a Biblical perspective, is about shepherding over ruling, loving over controlling, and humility over pride.

This is why, while I recognize the need for governance and even surveillance in a complex world, I ultimately place my trust in God Yahweh, whose governance is perfect, whose love is unconditional, and whose kingdom is not of this world. No human system,no matter how well-intentioned,can replace that.

I pray that those in positions of power across all nations would be guided by genuine love for the people they serve. I pray they would value kindness, morality, and the well-being of others over worldly pursuits. And I pray that our society would not lose sight of what truly matters: loving God, loving one another, and living with integrity.

14.3 A Christian Response

When I learn about these things, it is frightening to consider the scale of surveillance and what could happen if those in power do not have the interests of ordinary people at heart. The technology is here, and it depends on human beings,their ethics, their intentions, their character.

I am not writing this to condemn any nation or to spread fear. All countries have their complexities. What I know is that I am someone who ultimately puts my Faith in God. Instead of dwelling on these things in a way that leads to anxiety or hatred, I believe this is a time to strive toward healing, peace, understanding, and forgiveness.

The Bible teaches that Jesus Christ is the same yesterday, today, and forever. No matter what technology exists, no matter what powers rise and fall, that truth remains. If people try to hurt us, Jesus' command is clear: love God, and love your neighbors as yourself.

So instead of criticizing and condemning, I choose to forgive. Instead of dwelling on fear, I choose to heal. Instead of responding to hatred with more hatred, I choose to be diplomatic and understanding. The people involved in surveillance,whether they realize it or not,are also human beings. They need grace just as much as anyone else.

I pray that those with power over these technologies across all nations would develop qualities of the Holy Spirit: love, joy, peace, patience, kindness, goodness, Faithfulness, gentleness, and self-control. I pray that they will abide in Jesus Christ and have their hearts transformed.

As for me, I cannot spend my life obsessing over what I cannot control. I have better things to do,loving my family, being present with my church community, growing in Faith, and sharing the hope I have found in Jesus.

"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." (John 14:27, NIV)

14.4 On Prophecy, War, and Human Responsibility

I believe in the Book of Revelation and in God's ultimate sovereignty over human history. But I do not believe it is right or accurate for anyone to try to judge or estimate the exact return of Jesus Christ. Indeed, the Bible directly warns of predicting or calculating the end

times. Throughout history, people have used prophetic speculation to justify war, fear-mongering, and control, often driven by worldly interests: jealousy, wealth, power, and corruption. These are human failings dressed in religious language, not divine callings (see Appendices N and O on perceptions between East and West, that might influence geopolitical perceptions).

War is not holy. It is not righteous. It is born of corrupt power, fear, greed, and the desire to dominate. These motivations stand in direct opposition to the Gospel's call to peace, love, goodness, and treating our neighbors as ourselves,universal truths that transcend any one Faith or culture.

Some of the individuals surveilling me appear to hold troubling ideologies. Based on their statements, some may be involved in eugenics-related thinking, bioengineering, or pharmaceutical research with eugenicist motivations. Some seem to operate from a framework that compares races and judges who is more kind, healthy, moral, progressive, or even spiritual,projecting these standards onto others. Some speak of tainting other nations, and their rhetoric reveals an undercurrent of competition and contempt disguised as self-improvement.

I have also observed that some of these individuals belong to families with deep roots in American culture and institutions like Freemasonry. They pursue elite status and self-improvement, but their actions do not seem to be aligned with teachings from the Gospel. The Gospel calls us to humility, love, and goodness,not domination, control, or racial superiority.

14.5 A Warning Against Doomsday Rhetoric

As I write this, some of the surveillance people continue their harassment. Some try to pressure me into sinful acts, likely for blackmail or to corrupt my mental and spiritual health. Some of their actions reflect the same Baal rhetoric discussed throughout this testimony. This is concerning not only for me, but for what it represents about the world future generations are inheriting.

I want to be clear: despite biblical prophecies, I am not convinced we are on the brink of apocalypse. People often turn to doomsday thinking when they are afraid of change,during times of societal upheaval, uncertainty, and fear. This is happening now in the United States, as it has happened throughout history in every nation. China has undergone revolutions. The United States itself endured a civil war. These were not the end of the world,they were painful, necessary transformations.

What I see in some of these surveillance individuals is a refusal to learn from the past. Some appear so immersed in worldly pursuits that they cannot access the wisdom history offers. Some call for war with the same fear-driven rhetoric people have used for centuries,always claiming it will bring about Christ's return. But only God can judge. Only God knows the hour.

I personally believe there is much that must happen before the end. God is patient and good, allowing people time to repent, turn from their sins, and place their Faith in Jesus Christ. There is still time,on a national and global level,to choose healing over destruction, humility over pride, and love over fear. We must not let those who seek war gain footing.

14.6 To the Children and Youth

I feel an immense sense of grief that young people today are living through such trying times. It is not fair. Children deserve good, responsible parents. They deserve the opportunity to live with joy, purity, and goodness,to have an actual childhood where they can learn right from wrong, develop morals, and be guided by loving adults who point them toward God.

Because of irresponsible decisions made by previous generations, young people today inherit a world marked by inequities, injustices, racism, prejudice, and instability. This is profoundly unfair. But it is not hopeless.

I have observed some individuals whose behaviour around children is deeply disturbing,the kind of lurking presence that any reasonable person would find alarming. I am not like them. I do not share their interests or their darkness. My concern is for the protection of the young and innocent.

It is essential that children and youth receive help from well-intentioned adults,people who will treasure them as the future they represent. On a local level, we must all be responsible and mindful:

- ➔ Limit children's exposure to television and media that are often produced thoughtlessly
- ➔ Reduce their exposure to violence and harmful content
- ➔ Create environments where they can grow in safety, love, and moral clarity
- ➔ Remember that God loves them and cares about their wellbeing

I personally would not choose to become a mother in today's world. Not because I hold eugenicist beliefs, but because I have high standards for the kind of world I would want to raise a child in. I want the next generation to grow into adults who are kind-hearted, mature, educated, courageous, and Godly.

14.7 On Media, Moderation, and Responsibility

It is troubling that some people in control of news and television continue to produce content that harms, often while fully aware of its effects. I believe that internet and television content should be moderated with far more care and effort. No one needs to be, without thought or planning, exposed to violence or harmful content through the media. Moderation is not censorship, but protection.

We have a collective responsibility to shape an environment where the next generation can flourish. This means being thoughtful about what we consume, what we produce, and what we allow to circulate in our culture.

14.8 Final Word to the Young

To any young person who may one day read this: you are precious. You are not defined by the failures of the generations before you, nor even by your own past. As long as you recognize your need for grace, desire to repent of your sins, and are open to reading the Gospel and getting to know Jesus Christ, you can follow God and be saved. You are capable of goodness, of Faith, of building something better. Do not be discouraged by the darkness you see. Seek truth. Seek love. Seek God. And know that there are people, even strangers, who care about your future and pray for your wellbeing.

SECTION 15: MY RESPONSE AND FINAL MESSAGE WITH BLESSING

15.1 Statement of Good Faith and Blessing

I write this in good Faith and without exaggeration. This is not fiction or a call for attention. I am of sound mind, documenting what I have experienced and continue to experience. The individuals behind this technology know I am writing this.

This document is for everyone-religious and non-religious alike. I am a Christian. I became Christian after their abuse was made more known to me, and I find comfort in Jesus Christ. The thought of separation from God disturbs me greatly. Christianity gives me safety from the kinds of occult practices (like those associated with baal-peor) that their surveillancing abuse resembles.

I want to be clear: the people doing this are not representative of Christians. Most Christians are decent, church-going, Bible-reading people. Those behind this are something else, that is, elite, exploitative individuals operating through secret societies and cult-like networks in the United States and abroad. They do not represent the Christian church.

About the group's composition: some among them claim to be genuine Christians, yet they remain complicit in these surveillance campaigns, operating without public knowledge. Others appear to be explicitly antagonistic to biblical teachings on godly behaviour, as demonstrated by what they put me through. Their rituals exhibit the antithesis of what Yahweh teaches in the Old Testament, engaging in practices that resemble those the Bible associates with Baal. They have also implied that divine judgment from God may fall upon me and my bloodline as a result.

Regardless of what they call themselves, all are complicit in this technology-enabled abuse.

These individuals justify their actions toward me, thinking I "deserve it." They attempt to portray themselves as righteous while carrying out these hidden, unethical surveillance projects, all while revealing more of their own hypocrisies in the process. Likewise, because they recognize their own hypocrisies and my refusal to engage in their criminal activities or be tricked into joining their cults, they force these ritual practices and gaslighting episodes upon me. They try to influence my identity, my values, my personality, and my actions and beliefs, things I see as carrying spiritual and worldly consequences not only in my life, but in the lives of those around me.

In the name of Jesus Christ, I bless this document and the truth it contains. I declare it written in good Faith, under the fear of God, and for the protection of others. I rebuke every curse and evil intention directed against me, my mom, my family, and my friends, or anyone who read this, because of this testimony. No weapon formed against us shall prosper. I pray for God's protection, healing, and safety over us all. I pray this truth exposes darkness and brings light, justice, and accountability, not only to me, but others in the world. I pray for those behind this technology campaign, that they may repent, and that God's mercy would reach them and also bless them. I seal this document in the name of Jesus Christ, who is the Way, the Truth, and the Life. I pray this in the name of Jesus Christ, Amen.

15.2 On Faith, Perception, and the Risk of Being Misunderstood

I am aware that this document is written from my Christian perspective, and I know that for some readers, this may raise concerns. I understand why. Throughout history, Christianity was sometimes used to justify authoritarianism, persecution, oppression, and slavery. These

are real and painful facts, and I do not dismiss them. All cultures and nations have complex histories that deserve respect and honest acknowledgment.

I also know that speaking about Faith,especially in the context of unusual experiences,can lead others to perceive me as fanatical, delusional, or "crazy." I am nervous about this. I am a normal young woman in my mid-to-late twenties. I had a typical upbringing in Canada with Western norms, while appreciating my Eastern heritage. I interact with people from different cultures and backgrounds. I am relatively educated, reflective, and capable of holding a job, maintaining friendships, and participating in my community. I am not disconnected from reality nor am I am not a stranger to the pressures, stresses and fears of people during everyday life. I want to present my Faith in a way that is reasonable, healthy, and normal,appealing to ordinary people, not to those looking for sensationalism or conspiracy theories.

What I am is someone who has experienced hardship and found help through my Faith in Jesus Christ. I do not expect everyone to share my beliefs, and I genuinely empathize with and understand people from different backgrounds and beliefs. I acknowledge people of different values and beliefs, due to people’s intrinsic value as a human being, with a conscience and ability to think, feel and behave. Every person's religion, culture, and values deserve to be treated with consideration. I criticize racism, prejudice, and worldly pride,whether based on race, wealth, technological progress, or any other measure,because these things divide us and lead to harm.

My Faith became particularly strong after my experiences with the cult and the surveillance people. Those experiences led me to seek deeper understanding and protection, and I found myself drawn to the Bible and to Jesus Christ in a way I had not been before. Through my darkest moments, I experienced what I believe to be God's presence, comfort, and healing. I have also seen the testimonies of other decent, normal people who have experienced God's healing and help,people whose accounts I find credible and truthful.

The Bible warns against participating in occult practices, and I take that seriously. My Faith is not about mysticism or secret knowledge. It is about love, grace, forgiveness, and a relationship with a God who cares about ordinary people. It is about the teachings of Jesus: to love God, to love your neighbor, to care for the poor and vulnerable, and to live with integrity and humility.

My hope is that readers can see past any discomfort with my religious language to the human story beneath: a person who has endured something terrible and is trying, honestly, to make sense of it. I am just someone who has found something precious and wants to share it, while fully respecting that others may see things differently. I recognize that this statement may be met with extreme discomfort, skepticism, or even anger. That is understandable.

Here is what I have come to understand: it is a major blessing to not be defiled by this esoteric knowledge. There is a reason the Bible warns against certain kinds of knowledge. After Adam and Eve ate from the tree of the knowledge of good and evil,tricked by Satan into thinking they could be like God,they were cursed and cast out of the garden. Knowing both good and evil, in that deep and intimate way, was never meant for us. It weighs down the human conscience. It corrupts and confuses.

We live in a world where that knowledge is now everywhere. We know good and evil. We see it daily. And yet, it remains a profound blessing to be able to live pure, clean, and traditional lives,to not be immersed in and overly reliant on technology, entertainment, and modernity. To choose simplicity over complexity. To choose purity over defilement. To

choose life. That is what I am striving for. Not to be weighed down by the darkness I have been exposed to, but to rise above it. To live a life oriented toward God, toward love, toward integrity.

15.3 On My Limitations and Acknowledged Ignorance

I want to be clear about something important: I am not an expert on many of the topics this document touches upon. I have great ignorance about many things in life, and I acknowledge that freely.

I do not have deep knowledge of:

- ➔ World history in all its complexity
- ➔ Governance systems across different nations
- ➔ Economics and global financial systems
- ➔ Geopolitical tensions and their historical roots, including religious dimensions
- ➔ The full history and current situation in Israel and the Middle East
- ➔ The full range of surveillance technologies that may exist
- ➔ Etc.

I am a young woman who has lived a relatively normal life. My knowledge comes from my education, my experiences, and my own reading and reflection, amplified during these recent years. It is limited, as every person's knowledge is limited.

What I do know is my own experience, understanding, and values. I know what I have perceived, what I have endured, and how these things have affected me. I know that I have sought help from police, doctors, psychological counsellors, and Christian advisors. I know that so far, medical professionals have found no abnormalities in my brain scans or diagnoses that would explain my experiences as internally generated.

I share this document not as a scholar or an expert, but as a witness,someone reporting what she has seen and heard and felt. I invite readers to consider my testimony alongside other sources of information, and to draw their own conclusions. I do not claim to have all the answers. I only claim to be telling the truth about my own life.

15.4 On Balance, Motivation, and Enjoying God's World

I believe it is good to be motivated, to have a heart of peace and goodness, and to channel that motivation into helpful, productive, and meaningful pursuits. The world God created is beautiful, and human beings have created many wonderful things,art, music, literature, technology, medicine, community,that enrich our lives and deserve to be enjoyed.

But I also believe in balance.

It is not good to be overly hedonistic,do not live only for pleasure, indulgence, and self-gratification. Such a life leaves the soul empty and disconnected from others.

It is not good to be apathetic,do not be apathetic about the world and its people, about suffering, about injustice, about the people around us.

It is not good to be overly materialistic or capitalistic in the sense of valuing money and possessions above people, community, and integrity.

But neither is it good to be overly frugal or austere for the sake of being those things, as if denying ourselves all enjoyment is somehow more righteous. That is the mistake of the Pharisees, whom Jesus criticized for their outward piety but inward hardness.

And it is good to help people. Whether it is reducing poverty, pointing people toward God, or just living in a way that demonstrates these values through our actions, encouraging others to do the same,this is what Jesus taught. It is what the Samaritan did when he stopped to help a stranger, not for show, but because it was the right thing to do.

God does not encourage us to be strictly ascetic or to shun the "worldly" things in life. I believe He tells us to enjoy what is good, to work diligently, to care for others, to appreciate and take care of His world and His creations--and to hold all of these things loosely. The moment we value them too highly, they become idols, fueling greed, obsession, jealousy, and unhealthy pursuits.

Worldly things are fleeting. They are not always sustainable, and they cannot be taken with us into the afterlife. I see them as gifts from God,meant to be received with gratitude while we are here, but never held so closely that they become our ultimate values.

As it is written: "Go, eat your bread with joy, and drink your wine with a merry heart, for God has already approved what you do." (Ecclesiastes 9:7, ESV)

And also: "For what will it profit a man if he gains the whole world and forfeits his soul?" (Matthew 16:26, ESV)

Balance. Gratitude. Generosity. Mercy. Love. These are qualities I strive for. I want to be someone who can enjoy basic and tranquil activities, such as time at a café with a friend, a walk in the park, meaningful work, etc., and still keep my heart oriented toward God and toward others. That is what I hope for myself, and what I hope for everyone who reads this.

15.5 My Response, Message, and Blessing

I love Jesus Christ, and follow the Bible. I put my Faith in God, knowing He is the fair judge, and that He protects me, sees my pain, and cares about me and my soul. I pray that God protects me, my family, and the nations, and that He gives us peace, healing, rest, joy, and goodness. I pray this in the name of Jesus Christ, amen.

15.6 On Godly Living and Boundaries

Godly living is a virtue and should be celebrated, especially in a day and age like now, where many people are flooded with various emotions, including stress, confusion, apathy, gloating and fear over our changing world. But like all things, you should not pursue Godly living as a means to feel superior, unlike the Pharisees who loved their own righteousness. Instead, allow it to transform your heart to be more loving, compassionate, helpful toward others, and selfless. True righteousness leads to humility, not pride; to service, not domination; to love, not contempt.

I encourage everyone to love the Bible and study the Gospel to understand that God, Yeshua, is love, but love includes truth, boundaries, righteous indignation, wisdom, and discernment.

15.7 Living in Hope: A Personal Reflection on Faith, Not Fear

When I was at my lowest, being angry, scared, empty, reading the Bible helped and believing in a God who forgives and accepts me brought healing, understanding, and light. So did going to my local church. I started with the Gospels, just to understand who Jesus was. What I found was someone who treated people with kindness. He didn't turn away the broken or the outcast. He accepts me when others might reject, laugh, persecute, misunderstand, hate, or judge.

The Bible says in 1 John 4:18, "There is no fear in love. But perfect love drives out fear." I have found this to be true. When I feel God's presence, the fear loses its grip. The anxiety that the surveillance people try to create fades. I am left with something steadier and true.

15.7.1 The Fruits of the Holy Spirit

The apostle Paul wrote about what happens when the Holy Spirit works in a person's life. He called them the fruits of the Spirit, and they include:

> "But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, Faithfulness, gentleness and self-control." (Galatians 5:22-23)

I have seen these qualities in people I admire, people who have suffered and yet remained kind. People who have been wronged and yet remained gentle. People who have done a lot to bring comfort, healing, and understanding in others' lives. When the Spirit transforms us, we become less anxious and more peaceful. Less angry and more loving. Less self-focused and more aware of others.

15.7.2 What Faith Asks of Us

Faith in Christ is not about escaping the world. It is about loving it as He did. Jesus gave two commandments that sum up everything:

> "Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength." The second is this: "Love your neighbor as yourself." (Mark 12:30-31)

This is not passive. It is active, and include actions such as:

- ➔ Caring for the poor and vulnerable
- ➔ Treating neighbors as ourselves, not as statistics or strangers
- ➔ Living with integrity in our work, families, and communities
- ➔ Turning from selfish pursuits that harm others
- ➔ Not being overcome by evil, but overcoming evil with good (Romans 12:21)

It also means not being ruled by our emotions, whether fear, anxiety, or anger. The world is broken. Bad things happen. People do terrible things. But if we respond with hatred, we become like them. If we respond with Faith, hope, and love, we become more like Christ.

15.7.3 Why the Bible Matters to Me

I know the Bible can seem intimidating. I understand multiple sides of that.

For a long time, I felt I wasn't good enough to be connected to God or the church. I thought I was too worldly, too flawed, too far gone. At the same time, I was taught in school to be skeptical about religion and Faith.

Then I hit my lowest point in New York in 2024, a time where I could barely concentrate, was tired, felt like reading was difficult, all while being relatively isolated in a new environment and city that was too busy and face-paced. The surveillance people were on one side, at that point without my knowledge, laughing at me, some brutal in their mockery. And on the other side, quietly, God was there.

What I found, unexpectedly, was kindness. Not because I deserved it, but because God can comfort the humble and heal the broken. He showed me grace when I had no claim to it. Love when I hadn't earned it. Healing when I couldn't even ask for it properly.

That is what I mean when I talk about grace: grace is undeserved, unearned, and given anyway.

Jesus spent His time with people who were oppressed, poor, and sinful. He healed people regardless of their status, cultural background, and past mistakes. He was often found with the most basic, ordinary people. There is something in Scripture about how God lifts up the humble and brings down the proud. I have seen that in my own life. When I am at my lowest, most broken, most aware that I don't have it together, that is when God feels closest.

I know my writing and reflections are probably not for everyone. I am not a scholar or a polished writer. I am just someone who is experiencing something uniquely unjust that can only be done in these current times enabled by high-technologies, and found help when I did not believe I could. I hope people can see past my limitations to what I am trying to share: that God is real, that He loves ordinary people, and that He does not require us to be perfect before He meets us where we are.

For me, the Bible has been:

- ➔ **A source of truth**: helping me see what is real and what matters
- ➔ **A source of comfort**: especially when I felt completely alone
- ➔ **A source of wisdom**: guiding me through confusion
- ➔ **A source of hope**: reminding me that God is not finished yet
- ➔ **A source of moral laws**: giving me something steady to hold onto

Paul wrote: "For everything that was written in the past was written to teach us, so that through the endurance taught in the Scriptures and the encouragement they provide we might have hope" (Romans 15:4). That has been my experience.

Sincerely,

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March 11, 2026

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NOTE ON AI ASSISTANCE

I utilized tools such as Google, DeepSeek, and OpenAI to assist in organizing and writing this document. However, all content regarding my experiences has been reviewed and verified by me in good Faith to ensure accuracy. This testimony reflects my honest experiences based on my own understanding, memories, vivid experiences, and documentation of harassment I have accrued throughout these years. I have not fabricated any part of this testimony. I have also chosen to reduce explicit details of the harassment and abuse, as I believe they are not necessary and may detract from the key themes and messages I intend to convey.

APPENDICES

Appendix A: Key Terms

Quantum Physics & Consciousness:
quantum devices, divine contact, quantum entanglement, quantum consciousness, spirituality, metaphysics, sacred engineering, quantum coherence, quantum superposition, quantum tunneling, divine interaction, spiritual technology, metaphysical exploration, theological implications, quantum state manipulation, sacred space, quantum fields, divine communication, remote viewing, clairvoyance, precognition, psychokinesis, no-hiding theorem, information conservation, parapsychology, consciousness studies, non-locality, observer effect, quantum information, extra-sensory perception (ESP), mind-matter interaction, altered states of consciousness, transcendental experiences, quantum biology, unified field theory, quantum cognition, psi phenomena, anomalous cognition, military remote viewing programs, Stargate Project, consciousness and reality, measurement problem, wave function collapse, microtubules, Orch-OR theory, panpsychism, synchronicity, morphic resonance, quantum mind, quantum neuroscience

Voice-to-Skull (V2K) & Microwave Auditory Effect:
voice-to-skull (V2K), microwave auditory effect, Frey effect, pulsed microwave radiation, radio frequency hearing, directed energy, non-lethal weapons, acoustic projection, neural interference, synthetic telepathy, psychotronics, electronic harassment, targeted individuals, electromagnetic mind control, neural modulation, transcranial pulsed ultrasound, transcranial magnetic stimulation (TMS), electromagnetic hypersensitivity, radio frequency weapons, microwave subliminal messaging, auditory hallucination induction, neural entrainment, bioelectromagnetics, electromagnetic field effects on the brain, neuromodulation, neuroweapons, cognitive warfare, psychological operations (psyops), human electroreception

Directed Energy & Sensory Manipulation:
directed energy weapons (DEW), active denial systems, millimeter wave weapons, pulsed energy projectiles, radio frequency radiation effects, thermal induction, pain induction via electromagnetic energy, visual cortex stimulation, phosphene induction, motor cortex interference, vestibular system disruption, balance and coordination interference, gaze

manipulation, oculomotor disruption, otoacoustic emissions, cochlear stimulation, auditory cortex targeting, somatosensory cortex stimulation, tactile hallucination induction, nociceptor activation, thermoreceptor stimulation, proprioceptive interference, kinesthetic sense manipulation, chronobiotic effects, circadian rhythm disruption, sleep interference, neuroendocrine disruption

Space-Time & Non-Local Effects:
space-time manipulation, quantum non-locality, action at a distance, quantum retrocausality, time-symmetric quantum mechanics, transactional interpretation, quantum eraser experiments, delayed choice quantum experiments, quantum tunneling effects on time, wormholes, Einstein-Rosen bridges, quantum foam, Planck scale phenomena, zero-point field manipulation, scalar waves, torsion fields, longitudinal waves, Tesla physics, radiant energy, scalar interferometry, quantum vacuum engineering, Casimir effect manipulation, quantum energy teleportation, quantum illumination, quantum radar, quantum lidar, quantum sensing, quantum metrology, quantum imaging, quantum stealth technology, quantum cloaking, quantum invisibility, quantum telepresence, quantum remote presence

Surveillance & Data Collection:
quantum surveillance, quantum monitoring, quantum tracking, quantum geolocation, quantum positioning system (QPS), quantum navigation, quantum timing, quantum encryption, quantum decryption, quantum code-breaking, quantum key distribution (QKD), quantum secure communication, quantum private queries, quantum database searching, quantum pattern recognition, quantum machine learning surveillance, quantum AI surveillance, quantum neural networks, quantum image recognition, quantum facial recognition, quantum gait analysis, quantum behavioural analysis, quantum physiological monitoring, quantum biometrics, quantum brain-computer interfaces, quantum mind reading, quantum thought identification, quantum intention detection, quantum emotional state mapping, quantum spiritual profiling

Comprehensive Technology Stack:
quantum directed energy systems, quantum neural interface, quantum bio-modulation, quantum cybernetics, quantum transhumanism, quantum human enhancement, quantum human-machine integration, quantum brain-net, quantum global consciousness network, quantum noosphere, quantum collective intelligence, quantum swarm intelligence, quantum hivemind, quantum distributed cognition, quantum extended mind, quantum embedded mind, quantum enacted mind, quantum situated mind, quantum affective mind, quantum embodied mind, quantum mind-body problem, quantum mind-matter problem, quantum mind-universe problem, quantum transcendence, quantum immanence

Appendix B: Scientific Context (Surface-Level Information)

This appendix provides references to publicly available research that may describe or relate to the technological capabilities discussed in this document.

Primary Papers and Articles

1. **"Quantum Devices for Divine Contact: Speculating on the Engineering of the Sacred"**: A speculative theoretical paper exploring how quantum technologies might be engineered to facilitate interaction with divine or transcendent realities. Examines quantum entanglement, superposition, and coherence as potential mechanisms for creating "sacred spaces" that could mediate between human consciousness and divine presence.

2. **No-Hiding Theorem** (Braunstein & Pati, 2007): A fundamental principle in quantum mechanics stating that if information is lost from a quantum system via decoherence, it cannot be destroyed but simply moves to the environment. The theorem was experimentally tested in 2011, demonstrating that quantum information is conserved. (Braunstein, S. L., & Pati, A. K. (2007). Quantum information cannot be completely hidden in correlations. Physical Review Letters, 98(8), 080502.)

3. **CIA Document on Remote Viewing (Stargate Project)**: Document ID: CIA-RDP96-00788R000800130001-0. Declassified records from the Stargate Project, a U.S. government program (1970s-1995) that investigated remote viewing and parapsychological phenomena for intelligence gathering. The $20 million program was terminated in 1995 when CIA directors concluded remote viewing was not a reliable intelligence tool.

4. **"Consciousness as a Quantum Dynamic Effect"**: Proposes that electromagnetic quantum field interactions provide a framework for understanding consciousness emergence through an ontological interpretation of quantum mechanics. Suggests that quasiparticle interactions in brain matter can produce effects similar to the Aharonov-Bohm effect.

5. **"Implications of Neurological Directed-Energy Weapons for Military Medicine"** (Lyon RF, Gramm J, Branagan B, Houck SC. **Journal of Special Operations Medicine**, 2022. PMID: 35877979): Peer-reviewed paper addressing "anomalous health incidents" (AHIs) among intelligence officers reporting pulsing sounds and neurological symptoms. Suggests these may be caused by directed-energy weapons targeting the brain, representing "neurowarfare."

6. **"Advances in Quantum Radar and Quantum LiDAR"** (Gallego Torrome, R., & Barzanjeh, S. Progress in Quantum Electronics, 2024. arXiv:2310.07198): Comprehensive review of quantum sensing applications in radar and LiDAR technologies, examining quantum illumination protocols and receiver designs.

7. **"Self-Organized Criticality and Quantum Coherence in Tubulin Networks Under the Orch-OR Theory"** (**AppliedMath**, MDPI, 2025. DOI: 10.3390/appliedmath5040132): Theoretical paper modeling how tubulin dimers in neuronal microtubules might achieve collective quantum coherence, building on Penrose and Hameroff's Orchestrated Objective Reduction theory.

8. **Microwave Auditory Effect (Frey Effect)** (Frey, A. H. **Journal of Applied Physiology**, 1962. 17(4):689-692): Foundational research demonstrating that pulsed microwave radiation can induce auditory perceptions in humans, a phenomenon known as the microwave auditory effect.

Appendix C: Project Monarch and Related Mind Control Programs

Historical Background: The Foundation of U.S. Mind Control Research

The origins of U.S. mind control programs trace to the early Cold War era, when American intelligence agencies grew concerned about Soviet advances in "brainwashing" techniques. This period saw the convergence of Nazi scientific talent imported after World War II, emerging psychiatric theories about behaviour modification, and the development of psychoactive drugs like LSD.

Operation Paperclip was a secret U.S. intelligence program that brought more than 1,600 German scientists, engineers, and technicians to the United States after World War II. Among these were Nazi doctors and researchers who had conducted experiments on concentration camp victims, including Dr. Josef Mengele's horrific research at Auschwitz involving twins, electroshock, and trauma-based conditioning. Many of these individuals allegedly contributed their knowledge to subsequent American mind control programs.

Project MK-Ultra (1953-1973)

MK-Ultra was the CIA's most infamous mind control program, officially approved by CIA Director Allen Dulles on April 13, 1953. The program's stated objective was to develop methods of mind control and interrogation techniques for use against Soviet bloc enemies.

Key characteristics of MK-Ultra:

- ➔ Umbrella program: 149 sub-projects across 15 categories of research
- ➔ Institutions involved: 44 colleges and universities, 15 research foundations, 12 hospitals, 3 penal institutions
- ➔ Personnel: 185 non-government researchers and assistants
- ➔ Unwitting subjects: Experiments on unsuspecting U.S. and Canadian citizens, including psychiatric patients, prisoners, and military personnel

Research areas included: behavioural drug effects (LSD), hypnosis and interrogation techniques, electroconvulsive therapy for memory alteration, radiation effects on cognition, biological agents for covert operations, and creation of "Manchurian candidate" assassins.

Destruction of records: In 1973, CIA Director Richard Helms ordered all MK-Ultra files destroyed. Approximately 152,000 pages were shredded, though financial records survived because they were filed under different categories.

Project Monarch

Project Monarch is alleged to be a sub-program that emerged from MK-Ultra in the early 1960s, though it remains officially unacknowledged by the U.S. government. According to researchers and self-described survivors, Monarch focused specifically on minors and incorporated elements of ritual abuse and occult practices.

Etymology and Symbolism: The name "Monarch" allegedly refers to the monarch butterfly, symbolizing metamorphosis (breaking down the original personality to create new programmed identities), the fluttering sensation reported by electroshock victims, and the return migration pattern (programmed individuals returning to their programmers).

Alleged Methodology: Trauma-Based Mind Control

Project Monarch is said to have used systematic trauma to deliberately create dissociative identity disorder (DID) in victims, fragmenting their consciousness into multiple personalities that could then be programmed for specific functions. The process reportedly involved trauma induction, dissociation, programming of "alters" to respond to specific triggers, and integration rituals using occult ceremonies and symbols.

Key Figures in Monarch Literature

- ➔ Cathy O'Brien: Self-described Monarch survivor whose book *Trance Formation of America* details alleged experiences of government mind control involving high-level political figures

- ➔ Mark Phillips: Former intelligence contractor who collaborated with O'Brien
- ➔ Fritz Springmeier: Author of 'The Illuminati Formula to Create an Undetectable Total Mind Control Slave', providing detailed (though highly speculative) descriptions of Monarch programming techniques

Skeptical Perspectives

Project Monarch lacks official documentation or independent verification. Unlike MK-Ultra (which has declassified records and congressional testimony), Monarch's existence rests on unsubstantiated claims. Former CIA personnel have stated there is no evidence Project Monarch ever existed.

Related Programs

- ➔ **Project BLUEBIRD / ARTICHOKE** (1950-1956): Predecessors to MK-Ultra evaluating interrogation techniques
- ➔ **Project CHATTER** (1947-1953): Navy program focused on "truth drugs"
- ➔ **Project MKDELTA**: Procedures for using MK-Ultra materials abroad
- ➔ **Project MKNAOMI**: Joint CIA-Army program developing biological agents
- ➔ **Project OFTEN**: Study attempting to harness occult forces

Legal and Ethical Aftermath

The exposure of MK-Ultra through the Church Committee hearings (1975) and the Rockefeller Commission led to significant reforms, including strengthened informed consent standards for human subjects research and legal settlements for victims. Some documents remain classified, fueling continued speculation.

Appendix D: "Beast from the Sea" (Revelation) Reference

The beast from the sea, as described in Revelation 13, is understood to represent a worldly empire empowered by Satan, one that persecutes God's people and exercises political and military dominion. By associating me with this figure, they may be attempting to position me symbolically within their own belief system. This could be part of a ritualistic or psychological operation intended to harness perceived spiritual power for their own ends.

Their accusations also invoke other figures from Revelation:

- ➔ **The dragon** (Revelation 12): Identified as Satan or the devil, who acts to destroy God's people
- ➔ **The beast from the earth** (Revelation 13:11-18): Also known as the false prophet, who compels humanity to worship the first beast, performs miracles, and enforces the mark of the beast (666)

Appendix E: Jesus Christ's Teaching on the Bread and Wine

A. The Biblical Foundation

At the Last Supper, the night before His crucifixion, Jesus instituted what Christians call the Lord's Supper or Holy Communion. The accounts in Matthew, Mark, Luke, and 1 Corinthians record:

- ➔ Taking bread, giving thanks, breaking it: "This is My body, which is given for you; do this in remembrance of Me."
- ➔ Taking the cup of wine: "This cup is the new covenant in My blood, which is poured out for you."

B. The Bread of Life Discourse (John 6)

Jesus explained the deeper meaning earlier in His ministry:

- ➔ **John 6:35**: "I am the bread of life; whoever comes to Me shall not hunger, and whoever believes in Me shall never thirst."
- ➔ **John 6:51:** "I am the living bread that came down from heaven. If anyone eats of this bread, he will live forever. And the bread that I will give for the life of the world is My flesh."
- ➔ **John 6:53-56**: "Unless you eat the flesh of the Son of Man and drink His blood, you have no life in you... Whoever feeds on My flesh and drinks My blood abides in Me, and I in him."

C. The Meaning

The bread and wine represent:

1. **Christ's Sacrifice**: His body broken and blood shed for forgiveness of sins (Matthew 26:28)
2. **The New Covenant**: A restored relationship with God, prophesied in Jeremiah 31
3. **Spiritual Nourishment**: Believers spiritually partake of Christ and find life in Him
4. **Union with Christ**: "Whoever abides in Me and I in him, he it is that bears much fruit" (John 15:5)
5. **Unity of Believers**: Together, partaking of one loaf signifies being one body in Christ (1 Corinthians 10:17)

D. A Sacred Observance

Jesus commanded: **"Do this in remembrance of Me."** Christians have observed this continuously, understanding it as a memorial of Christ's atoning death, a proclamation of Faith until He returns, and a foretaste of the heavenly banquet (Matthew 26:29). The bread and wine are set apart as holy signs of Christ's enduring presence with His people,a gift of grace, not to be perverted or profaned.

Appendix F: Scientific Context on Quantum Sensing, Directed Energy, and Documented Wiretapping/Surveillance Capabilities

This appendix provides comprehensive scientific and documentary context for the technological capabilities described in this testimony. It is organized into three parts: (1) foundational principles of quantum sensing and directed energy, (2) extensive documented case evidence of surveillance and wiretapping as a widespread global phenomenon, and (3) specific scientific mechanisms that could enable the described experiences.

PART ONE: QUANTUM SENSING FOUNDATIONAL PRINCIPLES

Quantum Sensing: Foundational Principles: Quantum sensors use quantum mechanical properties, like atomic energy levels, electron spin, or photon states, to measure physical quantities with extreme precision. Atoms make excellent quantum sensors because they are identical, isolatable, interface-able via light, and have well-understood interactions with electromagnetic fields.

Key Quantum Properties Exploited for Sensing:

- ➔ Atomic Energy Levels: Environmental factors shift energy levels in predictable ways; measuring these shifts detects environmental changes
- ➔ Quantum Coherence and Superposition: Phase evolution of superposition states is sensitive to external perturbations, enabling interferometric measurements
- ➔ Quantum Entanglement: Links particles so measuring one instantly affects the other, enabling squeezed light and correlation-based sensing

Demonstrated Sensory Manipulation Technologies:

Remote Tactile Sensation (Laser-Induced Plasma):

Research demonstrates that laser-induced plasma can generate tactile sensations without physical contact. Varying energy parameters produce different tactile perceptions (e.g., "tapping," "rapping"), confirming that targeted energy beams can remotely stimulate sensory nerves.

Direct Neural Stimulation via Electric Fields:

- ➔ Electrophonic effect: Electric currents generate auditory sensations by directly stimulating auditory nerves
- ➔ Phosphenes: Electric currents applied near the eyes or visual cortex create visual sensations without light

Acoustic and Vestibular Effects: Documented cases (e.g., "Havana Syndrome" incidents) describe individuals experiencing directional audible sensations, vestibular disturbances, and cognitive dysfunction following exposure to unknown energy sources, demonstrating that targeted energy phenomena can produce measurable neurological effects.

Advanced Quantum Sensing Capabilities:

- ➔ Hybrid Quantum Networks: Combine multiple quantum systems for enhanced sensing with frequency-dependent squeezing and broadband sensitivity
- ➔ NV Centers in Diamond: Nitrogen-vacancy centers measure magnetic fields with unprecedented sensitivity at room temperature
- ➔ Quantum Imaging with Entangled Photons: Enables imaging in wavelengths that would otherwise be invisible

Practical Implementations:

Quantum sensors are already deployed in medical diagnostics (enhancing MRI sensitivity up to 10,000×), navigation (precision positioning without GPS), material testing, environmental monitoring, and fundamental physics.

How These Technologies Could Enable Described Experiences

Described Capability	Scientific Basis
Remote physical sensations	Laser-induced plasma tactile stimulation; direct neural stimulation via electric fields
Auditory projection	Electrophonic effect; directional energy transmission

Visual interference/phosphenes	Electric field stimulation of retina or visual cortex
Temperature regulation	Electromagnetic field interactions with thermal receptors
Pain induction	Overstimulation of sensory pathways via focused energy
Dream manipulation	Potential through sleep-state monitoring and sensory cueing
Shared space-time presence	Quantum entanglement principles (theoretical extension)

Important Distinctions

The research confirms quantum sensing is a legitimate, well-funded field with practical applications. The individual components are scientifically validated. However, the existence of a unified, covert system combining all these capabilities for remote human manipulation represents a hypothetical extension of existing technologies rather than documented operational systems.

PART TWO: DOCUMENTED SURVEILLANCE AND WIRETAPPING PHENOMENA

This section documents the extensive evidence that surveillance, wiretapping, and unauthorized monitoring are widespread phenomena affecting numerous individuals across multiple countries. This context is essential for understanding that my experiences, while extreme, fit within a documented global pattern.

Public Figures Who Have Reported Surveillance

Terrence Howard's Wiretapping Allegations (2024):
According to archived reports, actor Terrence Howard filed a formal complaint alleging that his home and vehicles were under surveillance and that his communications were being wiretapped. Howard claimed to have discovered electronic monitoring devices and expressed concerns about ongoing privacy violations affecting both his personal and professional life. While specific details remain limited in mainstream media archives, his case adds to the pattern of public figures reporting surveillance experiences and speaking openly about them.

Mark Zuckerberg and Device Vulnerability:
The most famous and visually compelling piece of evidence regarding personal device vulnerability is the 2016 photo of Facebook CEO Mark Zuckerberg celebrating an Instagram milestone. In the background, his laptop was clearly visible with tape covering both the webcam and the microphone jack. This action, noticed by eagle-eyed viewers, was widely interpreted as the CEO of one of the world's largest technology companies taking a basic, physical step to prevent remote surveillance. It sent a clear message: even the most powerful tech figure acknowledges that laptop cameras and microphones can be hijacked to spy on users.

He is not alone in this practice. FBI Director James Comey has also admitted to using tape on his webcam, stating, "I put a piece of tape over the camera because I saw somebody smarter than I am had a piece of tape over their camera."

The Ongoing "Are You Listening?" Debate:
For years, a persistent public belief has been that Facebook (now Meta) listens to conversations through phone microphones to serve targeted ads. In a 2018 Senate hearing, Zuckerberg was directly asked about this and gave a firm, one-word answer: "No."

However, subsequent reports and company actions have complicated this denial:

- ➔ Human Review of Audio (2019): It was revealed that Facebook paid hundreds of contractors to listen to and transcribe snippets of users' audio from the Messenger app. The company stated this was done only for users who opted into the feature and was meant to test AI, but the revelation caused significant privacy concerns.
- ➔ Evasive Answers: In a 454-page document released to follow up on congressional testimony, Facebook was asked to commit to "not using its platform to gather such audio or visual information surreptitiously." The company did not directly answer the question, simply referring back to a previous response, which did little to quell public skepticism.
- ➔ Persistent Skepticism (2025): Even in 2025, Instagram head Adam Mosseri felt compelled to make a "myth busting" video directly addressing the rumor, stating, "I swear, we do not listen to your microphone." The reaction to his video, however, was largely skeptical, with a top comment noting, "That is exactly what I would say if I was listening to people's conversations."

Major Government and Corporate Wiretapping Scandals

The Greek "Predatorgate" Scandal (2020-2025):
Greece experienced a massive surveillance crisis known as "Predatorgate" or the "Greek Watergate." This involved:

- ➔ Widespread surveillance of journalists, politicians, military personnel, businessmen, and judicial officials
- ➔ Surveillance conducted both by the National Intelligence Service (NIS) and through the illegal Predator spyware
- ➔ The European Parliament adopting a final report in May 2023 concluding the spyware was used by Greece's top political leadership
- ➔ A 23% surge in state-sanctioned wiretaps in 2024-2025, often citing vague "national security" reasons

Israel Police Wiretapping Scandal (January 2026):
A State Comptroller's report revealed that Israeli police used nearly 13,000 wiretaps over three years (2019-2021) without clear legal basis. The report documented:

- ➔ Systemic failures in oversight of spyware and surveillance tools
- ➔ Unlawful data use and vague warrant requests
- ➔ Prolonged monitoring beyond authorized periods
- ➔ "Prohibited actions" in wiretapping and use of technological tools
- ➔ A 40% increase in judicial orders and administrative permits for communications data between 2017-2021

UK Phone Hacking Scandal (Ongoing):
The publisher of the Daily Mirror formally acknowledged and apologized for unlawfully gathering information about Prince Harry. This was part of a broader scandal where:

- ➔ Tabloids illegally hacked voicemails of celebrities, royalty, politicians, and crime victims
- ➔ Over 60 journalists were arrested in the early 2000s
- ➔ Mirror Group Newspapers admitted to "unlawful information gathering" and offered compensation
- ➔ The scandal revealed systematic surveillance extending back more than two decades

South Korea KT Telecom Breach (2025-2026):
A major security breach at KT, one of South Korea's largest telecom companies, sparked nationwide wiretapping fears. Key findings include:

- ➔ Hackers breached the nation's critical communications infrastructure
- ➔ Illegal femtocells (miniature base stations) were used to decrypt encrypted traffic and spy on personal smartphones in real-time
- ➔ One illegal femtocell accessed the KT network for 305 days across multiple cities
- ➔ 22,227 subscribers were confirmed connected to illegal femtocells
- ➔ Security experts confirmed that femtocell-based wiretapping is technically feasible and has been experimentally validated

Giorgos Mazonakis Case (Greece, 2025):
Greek singer Giorgos Mazonakis filed an official police complaint reporting:

- ➔ Repeated suspicious activities around and inside his residence
- ➔ Surveillance and wiretapping of private conversations
- ➔ Discovery of a USB-type recording device in his home that activated only when speech was detected
- ➔ Experts confirmed the device was designed to leave minimal electronic traces, making investigation "impossible"

Telangana, India Wiretapping Case (2025):
An investigation revealed that police officials eavesdropped on mobile phones of "influential individuals":

- ➔ Call Data Records of nearly 4,000 mobile phone numbers were secured
- ➔ Conversations of over 600 persons were tapped, including journalists, former MLAs, and MPs
- ➔ The tapping occurred during a critical period before state elections

Emerging Surveillance Technologies

Radar-Based "Wireless-Tapping" (Penn State University):
Penn State researchers demonstrated a new form of surveillance that can remotely decipher conversations from tiny vibrations produced by a cellphone's earpiece. Using:

- ➔ Millimeter-wave radar sensors (same technology used in self-driving cars)
- ➔ AI-powered speech recognition (adapted "Whisper" model)
- ➔ Ability to generate transcriptions from up to 3 meters (10 feet) away
- ➔ 60% accuracy for vocabulary of up to 10,000 words
- ➔ Potential for miniaturization into everyday objects like pens

The researchers explicitly stated their goal was to "help the public be aware of the potential risks" of such surveillance capabilities.

Femtocell-Based Wiretapping:
As documented in the KT breach, illegal femtocells represent a sophisticated surveillance method where:

- ➔ Fake cell towers intercept communications before they reach legitimate networks
- ➔ They can capture phone numbers, IMSIs (International Mobile Subscriber Identities), and IMEIs (International Mobile Equipment Identities)
- ➔ Real-time interception of text messages and ARS authentication enables various forms of fraud
- ➔ End-to-end encryption is expensive, leaving many legacy systems vulnerable

Summary: The Pattern of Widespread Surveillance

These cases collectively demonstrate that:

Category	Evidence
Government-level surveillance	Extensive and often lacks proper oversight (Greece, Israel, India)
Private sector surveillance	Well-documented (UK tabloids, Meta/Facebook)
Criminal surveillance networks	Operate sophisticated hacking operations (KT breach, femtocells)
Public figures targeted	Terrence Howard, Prince Harry, Giorgos Mazonakis, celebrities, politicians
Ordinary citizens targeted	Thousands in KT breach, Greek surveillance expansion
Emerging technologies	Radar-based tapping, femtocells, spyware continue creating new capabilities
Legal frameworks lagging	Accountability gaps documented in multiple countries

This comprehensive documentation confirms that surveillance experiences, while varying in intensity, fit within a documented global pattern affecting numerous individuals across multiple countries and contexts.

PART THREE: HOW THESE TECHNOLOGIES COULD ENABLE DESCRIBED EXPERIENCES

Correlation of Documented Capabilities to My Experiences:

Described Capability	Scientific Basis	Documented Precedent

Remote physical sensations	Laser-induced plasma tactile stimulation; direct neural stimulation via electric fields	Demonstrated in laboratory research
Auditory projection	Electrophonic effect; directional energy transmission	Havana Syndrome cases; V2K research
Visual interference/phosphenes	Electric field stimulation of retina or visual cortex	Documented since the 19th century
Temperature regulation	Electromagnetic field interactions with thermal receptors	Demonstrated in directed energy research
Pain induction	Overstimulation of sensory pathways via focused energy	Documented in non-lethal weapons research
Device tampering (glitches, algorithm manipulation)	Remote access to personal electronics via network vulnerabilities	Confirmed in multiple hacking cases; acknowledged by tech executives
Social media manipulation	Platform-level access or account-specific targeting	Consistent with documented hacking capabilities

Important Distinctions

The research confirms that quantum sensing is a legitimate, well-funded field with practical applications. The individual components I describe are scientifically validated. However, the existence of a unified, covert system combining all these capabilities for remote human manipulation represents a hypothetical extension of existing technologies rather than documented operational systems.

What makes my case distinct is the *combination* of:

1. Internally perceived phenomena (auditory projections, physical sensations)
2. Externally observable phenomena (device glitches, algorithm manipulation, targeted ads)
3. Documented public acknowledgments that such surveillance is possible
4. Extensive global cases confirming surveillance is widespread

The No-Hiding Theorem and Information Conservation

The surveillance operatives' belief that "thoughts never disappear" represents a distorted appropriation of legitimate concepts in quantum physics. Recent research has demonstrated that information follows conservation-type relations in quantum measurements, meaning that when information is gained through measurement, it is redistributed among different entities rather than created or destroyed. Physicists have derived exact "information conservation relations" that hold for quantum measurements, showing quantitative trade-offs between information gain, disturbance to the system, and the possibility of reversing measurements.

The no-hiding theorem, proved by Samuel L. Braunstein and Arun K. Pati in 2007, states that if information is lost from a system via decoherence, it moves to the subspace of the environment and cannot remain hidden in the correlation between the system and the environment. In 2011, this theorem was experimentally tested using nuclear magnetic resonance devices, where a single qubit underwent complete randomization. The lost information was successfully recovered from ancilla qubits, demonstrating the conservation of quantum information experimentally.

However, critically, none of these established principles imply that human thoughts can directly affect others at a distance. The information conservation described by quantum physics applies to quantum states, the mathematical descriptions of physical systems, not to mental content, intentions, or consciousness.

Scientific vs. Pseudoscientific Claims:

Scientific Claim	Pseudoscientific Distortion
Quantum information can be recovered from environmental subsystems	Ritual abuse creates "quantum imprints" that harm victims
Quantum entanglement creates correlations between particles	Entanglement allows mental influence across distances
Quantum states can be preserved through dynamical freezing	One's intentions can be "frozen" and projected onto targets
Devices can be remotely accessed and monitored	Personal electronics are being weaponized against individuals

CONCLUSION

The documented scientific research confirms that the individual technological capabilities described in my testimony exist or are theoretically plausible. The extensive global cases of surveillance, wiretapping, and unauthorized monitoring confirm that such activities are widespread and affect numerous individuals. The public acknowledgments by technology leaders like Mark Zuckerberg confirm that the vulnerability of personal devices is real and acknowledged at the highest levels.

What remains undocumented by mainstream science is the *combination* of these capabilities into a unified system for targeted, long-term harassment of individuals. My testimony describes such a system. The scientific and documentary evidence provided in this appendix establishes that the *components* of such a system exist and that the *pattern* of surveillance affecting individuals is well-documented. It is for investigators, forensic authorities, and researchers to determine whether and how these components have been combined in my case.

From a scientific perspective, the burden of proof remains with extraordinary claims requiring extraordinary evidence. From a human rights perspective, the burden of protection requires that we take seriously the documented experiences of individuals who report sophisticated, technologically-enabled harassment, especially when those experiences correlate with observable phenomena on personal devices and fit within documented global patterns.

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Appendix G: The Intersection of Technology, Institutions, and Occult Practices

Institutional Research and Development

Military and Intelligence Agencies: DARPA is actively transitioning quantum sensing "from a scientific curiosity into a game-changing, field-ready capability" for threat detection (Defense Advanced Research Projects Agency, 2024). The Defense Innovation Unit has launched solicitations for quantum sensors for positioning, navigation, and timing capabilities (Defense Innovation Unit, 2023). The Department of Defense has conducted quantum science research for 20-30 years across atomic clocks, quantum sensors, quantum computing, and quantum communications networks.

Intelligence Community Postdoctoral Programs: The Office of the Director of National Intelligence funds "transformative unclassified research" in quantum computing and

sensing aligned with "the strategic interests of the Intelligence Community" (Office of the Director of National Intelligence, 2025).

Research Universities and Corporations: Institutions are deeply embedded in the research ecosystem, with programs designed to transition laboratory capabilities to operational systems. Recent breakthroughs include neuromorphic computing systems and Shapiro steps in ultracold atoms (Stanford University, 2025; University of Chicago, 2024).

Neural Quantum Sensing Projects: Research initiatives aim to develop "portable quantum sensor systems for detecting neuronal electrical activity through passive measurement of weak magnetic fields induced by ion currents in axons" (National Institute of Standards and Technology, 2025).

The Connection to Elite Networks and Occult Practices

The Epstein files, now totaling millions of pages of released documents (U.S. District Court for the Southern District of New York, 2024), provide documented evidence of networks where "the highest levels of the U.S., Europe, Israel, and Wall Street boardrooms converge in a singular web of depravity" (Mead, 2024). These files validate that elite networks used coded language to coordinate minor abuse and trafficking, intelligence agencies were implicated, and the network extended across military, intelligence, corporate, and political spheres.

Distinguishing Reality from Conspiracy Theory

I am aware that claims of "satanic elite" networks trafficking minors and using mind control technology are associated with conspiracy theories that fact-checking organizations have labeled as "baseless" (Reuters Fact Check, 2022; Associated Press, 2021). Academic research confirms "satanism scares" have historically emerged during times of crisis, often incorporating antisemitic narratives (Frankfurter, 2006). The "satanic panic" of the 1980s-1990s saw many falsely accused of satanic abuse (Nathan & Snedeker, 2001).

However, several factors distinguish my account: (1) documented institutional research into these technologies, (2) documented elite networks from the Epstein files, (3) my firsthand experience, and (4) the specificity of my account.

Appendix H: Visual Observations of Individuals Projected During Surveillance

On occasions when I have been particularly distressed, or during vulnerable states like sleeping, some individuals behind this surveillance have projected images of themselves into my mental imagery space. I recall that they have implied that they would appear more readily when I am less mentally stable, or thinking negatively, or behaving sinfully.

Important Disclaimer: Before providing these descriptions, I want to emphasize that many people share these general characteristics. The descriptions below are not meant to stereotype, nor are they intended to be malicious or racist. They are not meant to suggest that anyone who fits these descriptions is involved. Rather, I am noting patterns I have observed specifically in the individuals who project themselves to me, patterns that include certain collective expressions and mannerisms when they look at me.

General Observations

The individuals I have seen are predominantly white, though this may simply reflect the demographics of the networks they come from. They have different appearances, some associated with geekiness, athletic, or corporate, ranging from older to younger individuals, who look like they might blend into university campuses or business districts.

Some are tall, some medium built, and some are slightly short, and many share certain facial expressions when perceiving me: a particular expression that I can only describe as a mocking sneer or a cold, assessing look when they regard me. Some have reddish complexions, and a noticeable number have red hair, others brunette or blonde.

Clothing and Equipment

- **Older individuals**: some appear in attire typical of academia or business, like sport coats, shell jackets, suits, glasses, khakis, polos, or button-down shirts. These days, some of them look more casual to blend in, wearing basic shorts and t-shirts and baseball caps. Some wear glasses (sunglasses and normal glasses) and some do not.
- **Younger individuals**: frequently appear in casual clothing like t-shirts, shorts or khakis, shell jackets or sleek, modern outerwear, along with sunglasses and baseball hats. Sometimes they are carrying large backpacks, rolling a compact suitcase, or carrying box-like devices on their backs (which I assume may be related to their surveillance equipment).

Geographic Context

Based on their own statements and the contexts in which they have appeared, these individuals appear connected to the northeastern United States,particularly New York, New England, and Boston,as well as to locations in California where research facilities are concentrated.

I have occasionally seen individuals in public spaces who bear a resemblance to some of these projected images, though I cannot confirm whether these were the same people or coincidental similarities. The projected images themselves provide the primary basis for these descriptions.

I include these observations in the hope they may provide useful leads for investigators who may have broader context or additional information that could give these descriptions meaning.

Appendix I: The "Auditing" Dimension: Technology-Enhanced Psychological Torment

What "Auditing" Means in This Context

The surveillance people have subjected me to technologically enhanced "auditing",a practice sharing similarities with techniques from Scientology, where an "auditor" uses an E-meter (a lie detector measuring skin electrical changes) while subjects discuss intimate past details, supposedly to locate mental "engrams" (Hubbard, 1950; Scientology International, 2020).

My abusers have weaponized this concept using surveillance technology with built-in polygraph-like capabilities that detect physiological responses in real time. They use this to:

- "Test" whether I am lying or telling the truth
- Manipulate my emotions, values, and identity
- Make me feel extremely guilty and inherently bad or criminal

➔ Induce constant feelings of dread and fear, even when things are going well

The Initial Torment (2023)

This was most intense in 2023 when I first became fully aware of their presence. After returning to Canada from New York and staying indoors for over two months, I was psychologically tormented to feel as if I were the worst person on Earth. The experience nearly made me feel schizophrenic,I saw patterns in everything, linking ordinary occurrences to overwhelming guilt.

The Auditing Process They Enforce

1. **Memory Extraction**: Compelling me to recall past memories, particularly highlighting "negative" or sinful instances
2. **Amplification of Guilt**: Using these memories to torment me relentlessly
3. **Creation of New Traumas**: Using these moments to create new psychological traumas and unhealthy associations
4. Spiritual Accusation: Accusing me of falling from grace, making me feel guilty for believing in God
5. **Forced Visualization**: Making me visualize violent and immoral thoughts linked to guilt and worthlessness

Connection to Biblical Understanding

This aligns with Revelation's description of Satan and his fallen angels constantly tormenting and accusing, making you feel guilty even when you have done nothing wrong (Revelation 20:10). The accuser never rests.

The Purpose Behind the Torment

Those behind this use fear, dread, uncertainty, and guilt to influence my actions, mood, behaviours, and physical health, a form of psychological warfare designed to break me from within.

Appendix J: A Brief History of Mass Surveillance , Context for Understanding

The Cold War Origins (1940s-1970s)

The roots of today's mass surveillance systems trace back to the UKUSA Agreement of 1946, a secret treaty between the United States and United Kingdom that later expanded to include Canada, Australia, and New Zealand,forming what we now know as the "Five Eyes" alliance (Rosenzweig, 2012). By 1971, this collaboration had evolved into a global surveillance network code-named "ECHELON," designed to intercept electronic communications on a massive scale (Keefe, 2006).

During this early Cold War period, surveillance wasn't just about foreign threats. The FBI's COINTELPRO projects targeted civil rights leaders, anti-war protesters, Native American activists, and anyone labeled "subversive",sometimes with deadly consequences (Church Committee, 1976). Dr. Martin Luther King Jr., Malcolm X, and even First Lady Eleanor Roosevelt were among those monitored. The FBI kept dossiers on more than 10 million people by 1939, using wiretaps, mail tampering, and infiltrators to compile information (Church Committee, 1976).

The Church Committee Exposes the Truth (1970s)

In 1975, Senator Frank Church led a congressional investigation that revealed decades of intelligence abuses (Church Committee, 1976). The committee discovered that intelligence agencies had been spying on American citizens without warrants, opening mail, and keeping files on millions of ordinary people.

Senator Church famously warned: *"The NSA's capability at any time could be turned around on the American people, and no American would have any privacy left.... That is the ability to impose a totalitarian regime in the United States such as this country has never seen."* (Church Committee, 1976)

This exposure led to the Foreign Intelligence Surveillance Act (FISA) of 1978, designed to create oversight and prevent such abuses (Rosenzweig, 2012).

The Post-9/11 Expansion

Following the September 11, 2001 attacks, domestic and international mass surveillance capabilities grew immensely (Greenwald, 2014). President George W. Bush signed a message of "State of National Emergency" on September 14, 2001, which has been renewed annually by every subsequent president,remaining active as of November 2024 (Brennan Center for Justice, 2024).

Key developments included:

- ➔ The USA PATRIOT Act: Granted broad new powers for surveillance and intelligence gathering (Electronic Frontier Foundation, 2024)
- ➔ Section 702 of FISA (2008): Authorized warrantless collection of communications, with U.S. citizens' data swept up "incidentally" (Electronic Frontier Foundation, 2024)
- ➔ PRISM and XKeyscore: Programs revealed to collect internet communications directly from major technology companies (Greenwald, 2014)

The Snowden Revelations (2013)

In June 2013, former NSA contractor Edward Snowden disclosed thousands of classified documents revealing the massive extent of NSA spying, both foreign and domestic (Greenwald, 2014). These revelations showed that:

- ➔ The NSA collects and stores phone records of all American citizens (Greenwald, 2014)
- ➔ Programs like XKeyscore allow analysts to search through vast databases containing emails, online chats, and browsing histories of millions (Greenwald, 2014)
- ➔ The Utah Data Center, a $1.5 billion facility, was built to store and process this collected data (Electronic Frontier Foundation, 2024)

Ongoing Concerns and Abuses

Recent investigations continue to document surveillance abuses. In 2025, the Electronic Frontier Foundation exposed how automated license plate reader networks allowed law enforcement to track protesters, target minority groups with discriminatory searches, and surveil women seeking reproductive healthcare (Electronic Frontier Foundation, 2025). A single query could access more than 83,000 cameras spanning almost the entire nation.

The Inter-American Commission on Human Rights warned in October 2025 that invasive digital surveillance techniques are becoming increasingly normalized, creating a permissive environment for human rights violations (Inter-American Commission on Human Rights, 2025). Surveillance has been used for political control, repression of dissent, and targeting journalists and human rights defenders.

Appendix K: The "Reptilian" or "Lizard People" Conspiracy Theory

Overview

The reptilian conspiracy theory posits that shape-shifting reptilian humanoids (also called reptoids, lizard people, or draconians) control Earth by taking on human form and gaining political power to manipulate human societies (Barkun, 2003). The idea was popularized by British conspiracy theorist David Icke, who claims these beings come from the Alpha Draconis star system and now hide in underground bases (Barkun, 2003). Icke has stated that many world leaders are, or are possessed by, so-called reptilians, including members of the British Royal Family and various political dynasties.

Origins

According to Michael Barkun, Professor of Political Science at Syracuse University, the idea of a reptilian conspiracy originated in fiction. The first appearance of "serpent men" in literature was in Robert E. Howard's story "The Shadow Kingdom," published in *Weird Tales* in August 1929 (Barkun, 2003). Howard's serpent men were humanoids with human bodies but snake heads, able to imitate humans at will and use mind control to infiltrate humanity (Barkun, 2003). This story drew on Theosophical ideas of "lost worlds" from Helena Blavatsky's *The Secret Doctrine* (1888), which referenced "dragon-men' who once had a mighty civilization on a Lemurian continent" (Blavatsky, 1888).

In the 1940s, occultist Maurice Doreal wrote a pamphlet describing a "serpent race" with ability to take human form, which later influenced David Icke's work (Barkun, 2003).

Immortality Themes

The reptilian conspiracy is often linked to themes of immortality and transhumanism. Adherents claim these beings seek to prolong their existence through advanced technology, genetic manipulation, or harvesting of human vitality (Lewis & Kahn, 2005). This connects to broader conspiracy narratives about elites pursuing eternal life through unethical means.

Prevalence

A 2013 poll by Public Policy Polling found that 4% of registered U.S. voters (±2.8%) believed in David Icke's reptilian ideas,representing approximately 12 million people (Public Policy Polling, 2013). The theory has supporters in up to 47 countries (Public Policy Polling, 2013).

Psychological Perspectives

Research suggests that belief in such theories may serve psychological functions. Psychoanalytic perspectives propose that belief in reptilian conspiracies can activate unresolved memories of trauma and serve as a mediator between the psyche and intrusive content, functioning as a "psychic retreat" (Dixon, 2023). Other research indicates that belief

in conspiracy theories may satisfy a need for uniqueness, allowing believers to feel they possess exclusive knowledge that sets them apart from "ignorant masses" (Imhoff, 2018).

Cultural References

The reptilian concept has entered popular culture and political discourse. In the 2008 U.S. Senate election in Minnesota, a voter wrote in "Lizard People" as a candidate (Barkun, 2003). In 2011, comedian Louis C.K. jokingly asked former U.S. Secretary of Defense Donald Rumsfeld if he and Dick Cheney were lizard people. The theory has been analyzed academically as a construction of "enmity" in American political discourse, reflecting changes in national identity and real political contexts (Lewis & Kahn, 2005).

Important Clarification

I include this information not to endorse the reptilian conspiracy theory, but to provide context for statements my abusers have made about themselves. I do not believe these individuals are actually reptiles. However, their sarcastic self-identification with this mythology, combined with their eerie appearance and talk of immortality, reveals something about their reflexive mindset and the subcultures they may be connected to.

Appendix L: Cognitive Behavioral Therapy: Healing the Mind from Trauma and Defilement

The Science of Healing

Cognitive Behavioral Therapy (CBT) and its trauma-focused variants (TF-CBT) represent some of the most rigorously studied and effective approaches for healing psychological trauma. These therapies are recognized as "first-line treatment recommendations" for post-traumatic stress disorder (PTSD) by major international guidelines, including the American Psychological Association, the International Society for Traumatic Stress Studies, and the UK National Institute for Health and Care Excellence.

Research has demonstrated that trauma-focused cognitive behavioural therapies are associated with significant reductions in PTSD symptoms, both immediately after treatment and in the long term. A major study found that twice as many individuals achieved remission after ten weeks of prolonged exposure CBT compared to those receiving standard therapy. For youth, approximately 48% of those receiving TF-CBT exhibit 50% symptom reduction, compared to only 20% in control conditions.

How CBT Works

At its core, CBT operates on a simple but profound insight: our thoughts, feelings, and behaviours are interconnected. Traumatic experiences can create maladaptive beliefs and thought patterns that perpetuate suffering. Key therapeutic techniques include:

- ➔ **Cognitive restructuring**: Identifying and challenging distorted thoughts that maintain trauma-related beliefs
- ➔ **Exposure therapy**: Gradually and safely confronting trauma-related memories and situations
- ➔ **Behavioral activation**: Re-engaging with positive activities and relationships
- ➔ **Psychoeducation**: Understanding how trauma affects the mind and body

Healing Beyond Symptom Reduction

What makes CBT particularly relevant to the themes in this statement is that it addresses not just symptoms, but fundamental patterns of thinking and perceiving. Trauma can distort how we see ourselves, others, and the world. It can create:

- ➔ Deep-seated shame and guilt
- ➔ Hypervigilance and mistrust
- ➔ Negative beliefs about self-worth
- ➔ Distorted perceptions of others' intentions
- ➔ Emotional numbness or dysregulation

These patterns are not unlike what the Scriptures describe as "defilement", a corruption of how we see and respond to reality. The prophet Jeremiah wrote, "The heart is deceitful above all things and beyond cure. Who can understand it?" (Jeremiah 17:9). Trauma can indeed make the heart feel deceitful, turning our own minds against us.

The Spiritual Dimension of Healing

Notably, research has explored the compatibility of CBT with spiritual and religious beliefs. A prominent CBT therapist and former Christian minister, Mike Christensen, has observed that "religion and TEAM-CBT are, in fact, attempting to do the exact same things using slightly different language and symbolism". At the moment of recovery, a person's religious beliefs are "nearly always strengthened and deepened, and never challenged or belittled".

Books like *CBT and Christianity* offer therapists resources for integrating Faith with therapeutic practice, comparing the teachings of Jesus to contemporary cognitive and mindfulness-based therapies. This integration can help clients incorporate the teachings of Jesus into logical thinking, schema modification, and committed behaviour change.

Healing Blind Spots and Worldly Values

One of the most profound aspects of CBT is its capacity to reveal blind spots, patterns of thinking we may not even realize we have. Many of us carry unexamined assumptions shaped by:

- ➔ **Racism and prejudice**: Implicit biases absorbed from our environment
- ➔ **Classism**: Unconscious preferences for wealth and status
- ➔ **Nationalism**: Uncritical acceptance of imperial or exceptionalist narratives
- ➔ **Materialism**: The belief that worth is measured by possessions or achievement
- ➔ **Competition**: Viewing others as rivals rather than fellow human beings

These are not merely political or social issues, they are spiritual ones. The Scriptures warn against "the desires of the flesh and the desires of the eyes and pride in possessions" (1 John 2:16). They call us to "be transformed by the renewing of your mind" (Romans 12:2). This renewal is precisely what therapeutic healing can facilitate.

The rhetoric of domination, imperialism, and colonization that some abusers invoke reflects values that are fundamentally worldly, based on power, control, and dehumanization. These stand in direct opposition to divine truth, which calls us to peace, love, and recognition of every person's intrinsic worth as made in the image of God.

Trauma and the Collective

The new *Routledge International Handbook of Trauma-Responsive Peacebuilding* (2026) explores how trauma operates not just individually but collectively. Communities and nations carry wounds from war, displacement, and historical injustice. These wounds can perpetuate cycles of violence, mistrust, and dehumanization across generations.

In our time, despite being more peaceful and globally connected than many previous eras, we still carry the unhealed trauma of past decades: world wars, genocides, colonialism, and countless conflicts that have shaped our collective psyche. We need more than material progress or geopolitical stability. We need healing at the deepest level.

The Ultimate Healer

Therapies like CBT are gifts,tools that can restore the mind and renew patterns of thinking. They can help us recognize and reject defiled thought patterns, whether imposed by abusers or absorbed from a broken world. They can help us see our own humanity and the humanity of others more clearly.

But as powerful as these tools are, they point to something greater. The ultimate healer is God, who "heals the brokenhearted and binds up their wounds" (Psalm 147:3). The mind renewed by therapy is a mind more open to truth, more capable of love, more receptive to grace.

Do Not Be Defined by Their Defilement

To anyone who has experienced similar targeting: do not be defined by what they try to make you think. The unhealthy patterns they attempt to implant can be identified, rejected, and replaced with truth. Seek out genuine help from qualified professionals. The mind can heal. And in that healing, you may find not only relief from suffering but a clearer vision of what is good, true, and beautiful.

APPENDIX N: Thinkers on Geopolitics and Global Perceptions

This appendix introduces a few thinkers whose work touches on geopolitics and global power shifts. I include them not as verified sources of truth, but as voices that have influenced public discourse, especially in regards to geopolitics.

I am not an expert on geopolitics. I cannot verify the claims of any thinker mentioned here, and I have not read most of their books nor have a familiar understanding of their political positions, religious backgrounds, heritage, and stances. I am a normal civilian, not involved in upper-level politics or global power struggles, and neither are any of my immediate family members, as far as I am concerned. I include these references only because they provide context of my concerns with regards to current political tensions.

Professor Jiang Xueqin

Background:

Chinese-Canadian historian, Yale graduate (class of 1999), educator based in Beijing, and creator of the YouTube channel "Predictive History" (1.5M+ subscribers). He is also a researcher with the Global Education Innovation Initiative at the Harvard Graduate School of Education and a Fellow of the Royal Society of Arts.

Perspective:

Jiang analyzes both East and West as rational actors pursuing national self-interest. His framework is consistent, analytical, and grounded in game theory rather than conspiracy. He uses historical patterns and geopolitical incentives to anticipate future developments, modeling his approach on Isaac Asimov's fictional "psychohistory."

George Friedman

Background:

Founder of Stratfor and later Geopolitical Futures. A veteran geopolitical forecaster who emphasizes geography, national interest, and historical patterns.

Perspective:

Friedman applies the same realist lens to both Eastern and Western powers. In his 2009 book *The Next 100 Years*, he predicted that China would not become a global hegemon due to internal demographic and political challenges. He sees China as a regional power, not a global threat.

Simon Dixon

Background:

Financial analyst and podcast host focused on global finance and power shifts.

Perspective:

Dixon critiques Western financial elites and the transnational capitalist class while viewing China as a key partner in global economic networks. He analyzes financial flows rather than public rhetoric, seeing both East and West as players in a single global system.

Leo Zagami

Background:

Italian-born author who claims insider knowledge of secret societies, Freemasonry, and the Illuminati. He comes from a notable family background, his grandfather was a Sicilian senator and historian. He worked as a music producer before gaining attention around 2006 for his writings on secret societies. He has published extensively, including the multi-volume ‘Confessions of an Illuminati’ series, and his work has been featured by figures like David Icke and Alex Jones.

Religious Affiliations:

Zagami's religious background is complex. He started in Catholic church radio, later married a Muslim woman and for a time considered himself Muslim, and has even created his own religion called "Matrixism." He has written critically about the Vatican, the Jesuits, and what he calls "Satanism in the Vatican."

Perspective on China:

In some of his writings, particularly in the Italian edition of his second volume, Zagami refers to China as the "Dragon of the Apocalypse" and frames it as a nation to prepare for confrontation with. He also traces the history of mind control from "Sun Tzu in Ancient China to MK-ULTRA" in his more recent work.

A Note on Reading His Work:

I have not read his books myself. If you choose to explore his work, do so with discernment. His framing of world events should be understood as part of his broader conspiracy framework, not as objective analysis.

APPENDIX O: Perceptions Between East and West

This appendix briefly explores how the East and West have perceived each other over time. Perception is always filtered through culture, history, and bias. Both sides have contributed immensely to human civilization, and both have their blind spots.

How the East Has Seen the West

Positive Perceptions:

- ➔ Source of Innovation: The West has been admired for its scientific advancements, technological innovation, and contributions to medicine and engineering. Many Eastern nations have looked to the West for education, research collaboration, and technological partnership.
- ➔ Democratic Ideals: Western ideas about human rights, freedom of speech, and democratic governance have inspired movements and reforms across Asia.
- ➔ Cultural Exchange: Western literature, music, art, and film have enriched Eastern cultures and created vibrant cross-cultural dialogue.

Negative Perceptions:

- ➔ Colonial Legacy: For many Asian nations, the West arrived as a colonizer or invader. The Opium Wars in China, British rule in India, and Western pressure on Japan created a lasting memory of the West as a source of both power and humiliation.
- ➔ Perceived Hypocrisy: Today, many in the East see the West as lecturing others on human rights while ignoring its own problems: inequality, racism, mass incarceration, political instability.
- ➔ Cultural Imperialism: The global dominance of Western media and brands has sometimes been experienced as a form of cultural erasure, threatening local traditions and values.

How the West Has Seen the East

Positive Perceptions:

- ➔ Ancient Wisdom: The East has been admired for its ancient philosophies, spiritual traditions, and contemplative practices. Buddhism, Taoism, Confucianism, and other Eastern traditions have enriched Western spiritual seeking.
- ➔ Artistic Heritage: Eastern art, architecture, literature, and craftsmanship have been celebrated and collected in the West for centuries.
- ➔ Economic Dynamism: In recent decades, the economic rise of East Asian nations has been admired as a model of development, hard work, and social cohesion.

- ➔ Resilience and Community: Eastern cultures are often admired for their strong family bonds, community orientation, and collective resilience in the face of hardship.

Negative Perceptions:

- ➔ The "Mystical" or "Inscrutable" East: A long tradition of viewing the East as exotic, mysterious, and fundamentally different, sometimes romanticized, sometimes feared, but rarely seen clearly.
- ➔ The "Yellow Peril" and "Dragon" Narratives: At various times, the East has been framed as a threat, economic, military, or cultural. The "dragon" imagery that sometimes appears in Western discourse reflects these anxieties.
- ➔ Authoritarian Stereotypes: The West has often framed Eastern governance as uniformly authoritarian, missing the complexity and diversity of political systems across the region.

What Actually Matters

What matters is not which side is "right" or "wrong" in these grand cultural comparisons. What matters is how we treat each other as individuals.

- ➔ Decency is decency, whether it comes from the East or the West.
- ➔ Kindness is kindness, regardless of cultural background.
- ➔ Forgiveness is forgiveness, not a strategy but a choice.
- ➔ Strive towards peace and diplomacy over worldly power and domination

The people who harass me try to fit me into their narratives, calling me, on occasion, the "antichrist," "false prophet," "baal." These are their accusations, not my reality. The same thing happens when nations are reduced to symbols, when some accuse China of being like a dragon, or when others see the West as a decadent empire or part of the beast system. These accusations erase the soulful, compassionate, and valuable people that make up the population of all nations.

Striving for What Is Good, Not Scapegoating

Throughout history, periods of political, cultural, and societal change have often brought out the worst in people. When times feel uncertain or unstable, there is a pattern, almost a reflex, to look for someone, or a group of people, or even a nation to blame. A scapegoat. Someone onto whom fear, anger, and hatred can be projected. Someone who can be demonized so that others can feel righteous, unified, or in control.

This is what the people harassing me do. They project some of their members' own darkness onto me, call me names, trying to get me to behave, think, and act in ways that are consistent with a negative, false version of the person I strive to be. But it is also what happens between nations and cultures, when one side reduces the other to a symbol of everything wrong or against their interests, or other issues in the world.

The best path forward is not to obsess over the flaws of the other side, nor to respond with fear, alienation, anger, and/ or retaliation. It is to strive for what is good in our own lives, communities, and nations, ideally with a nonviolent, peaceful approach.

APPENDIX P: A Warning Against Esoteric Knowledge and Secret Society Obsession

Why I Don't Focus on Knowing More About Them

Throughout this surveillance, I have gained a basic understanding of who the surveillance group are, based on the names they call me, the rituals they impose, and their descriptions. I have not researched them further, because I do not think it is necessary to do so. These are esoteric topics,occult practices, secret societies, hidden networks. Spending too much time learning about such things is unhealthy. It consumes your mental energy, distorts your perception, and fills your mind with information that has no real value for living a good life or focusing on God and the real world. The Bible doesn't call us to be experts on darkness; it calls us to focus on what is true, noble, right, pure, lovely, and admirable (Philippians 4:8).

A Biblical Warning About Forbidden Knowledge

There is a reason the Bible warns against certain kinds of knowledge. In Genesis, the tree of the knowledge of good and evil was forbidden to Adam and Eve, not because knowledge itself is bad, but because some knowledge was never meant for us.

Ancient Jewish and Christian texts speak of the Watchers, fallen angels who descended to earth and taught humanity forbidden arts, like metalworking, cosmetics, magic, divination, sorcery (1 Enoch 6-8). According to the Book of the Watchers, angels like Asael and Shemihazah introduced knowledge that corrupted humanity, leading to violence and sin. These traditions positioned certain kinds of knowledge, especially esoteric, occult, and "insider" knowledge, as dangerous and corrupting.

This is worth remembering when we encounter people who claim to have "secret knowledge" about hidden networks, elite cabals, or the true workings of the world. Sometimes the knowledge itself is the trap. It makes you feel important, invested, "in the know." But it also weighs down your conscience, distorts your perception, and consumes your attention.

What Actually Matters

In the end, what actually matters is simple. The Bible’s book of Ecclesiastes puts it well: "Fear God and keep His commandments, for this is the whole duty of man" (Ecclesiastes 12:13). After all the chasing after meaning, the searching for answers, the trying to understand everything, this is what remains.

Try to be a decent person. Follow the universal morals and laws of human decency that have guided people toward goodness for thousands of years. Be kind. Be honest. Be gentle. Love God and treat your neighbors as yourself, because they are, in fact, just like you.

Read the teachings of Jesus Christ. He showed us a different way to live: not grasping for power, not consumed by hatred, not obsessed with competition. He showed us how to be sunny and happy and gentle in a world that often feels dark. He showed us how to love, even when loving is hard.

Yes, the world has problems. Jesus said there would be difficulties before His return. But this is not a reason to despair. It is an invitation. In a world that often chooses fear and hatred, we can choose something different. We can choose Faith. We can choose love.

Rather than focus on the uncertainties of the now, or to dwell on the harassment done by the surveillance group, I have chosen to focus on something else: my Faith, my family, my friends, my church, and being a decent person one day at a time.

APPENDIX Q: Scientific Context on Quantum Information Conservation

The surveillance operatives' belief that "thoughts never disappear" represents a distorted appropriation of legitimate concepts in quantum physics. This appendix provides accurate scientific context to help readers distinguish between established quantum principles and the pseudoscientific manipulation tactics described in this testimony.

What Quantum Physics Actually Says About Information

Information Conservation in Quantum Systems

In quantum mechanics, information conservation is a fundamental principle with precise mathematical meaning. Recent research has demonstrated that information follows conservation-type relations in quantum measurements, meaning that when information is gained through measurement, it is redistributed among different entities rather than created or destroyed . This is a well-established property of quantum systems at the microscopic level.

Physicists have derived exact "information conservation relations" that hold for quantum measurements, showing quantitative trade-offs between information gain, disturbance to the system, and the possibility of reversing measurements . These relations describe how information flows within closed quantum systems, not how human thoughts can influence others at a distance.

The No-Hiding Theorem

A key result in this area is the no-hiding theorem, proved by Samuel L. Braunstein and Arun K. Pati in 2007 . The theorem states that if information is lost from a system via decoherence, it moves to the subspace of the environment and cannot remain hidden in the correlation between the system and the environment. This is a fundamental consequence of the linearity and unitarity of quantum mechanics. Thus, information is never lost, it is conserved .

In 2011, the no-hiding theorem was experimentally tested using nuclear magnetic resonance devices, where a single qubit underwent complete randomization. The lost information was successfully recovered from the ancilla qubits using suitable local unitary transformations, demonstrating the conservation of quantum information experimentally.

Dynamical Freezing and Information Preservation

Research at Cornell University has shown that quantum systems can preserve information for extraordinarily long periods, potentially approaching the age of the universe, through a phenomenon called "dynamical freezing" . When quantum systems are shaken at precisely tuned frequencies, they can evade the normal laws of thermodynamics that would otherwise lead to information loss. The physicists describe this as "like noise-canceling headphones for quantum chaos".

However, this preservation is not permanent and requires continuous, precise external driving. The frozen state will eventually thermalize through extremely rare quantum processes. Importantly, this describes information encoded in physical quantum systems (like qubits in a quantum computer), not human thoughts or intentions.

Conservation of Information in Quantum Theory

The conservation of quantum information stems from two fundamental theorems: the no-cloning theorem and the no-deleting theorem. The no-hiding theorem is a more general proof of conservation of quantum information which originates from the proof of conservation of

wave function in quantum theory . As energy keeps changing its form, the wave function keeps moving from one Hilbert space to another Hilbert space. Since the wave function contains all the relevant information about a physical system, the conservation of wave function is tantamount to conservation of quantum information .

Some approaches to the foundations of quantum mechanics treat the "Conservation of Information" as a core principle, with the axiom of purification expressing a strong version of this conservation . Purification leads directly to the emergence of entanglement at the conceptual level and provides a complete axiomatic characterization of quantum theory.

What Quantum Physics Does NOT Say

No Scientific Basis for Thought Transmission

Critically, none of these established principles imply that human thoughts can directly affect others at a distance. The information conservation described by quantum physics applies to quantum states, the mathematical descriptions of physical systems, not to mental content, intentions, or consciousness.

The idea that consciousness or thoughts can influence quantum systems is a speculative interpretation rejected by mainstream physics. While early quantum physicists sometimes speculated about consciousness playing a role in measurement, modern physicists generally do not believe that consciousness can change the material world or plays any role in observation.

Pseudoscientific Appropriation

What the surveillance operatives describe, using visualized thoughts to influence another person's physiology, mental health, or spiritual standing, has no basis in established physics. This represents a common pattern where legitimate scientific concepts are distorted to give pseudoscientific practices an appearance of credibility.

The belief that "thoughts never disappear" is a metaphysical or spiritual claim, not a scientific one. While information in quantum systems is conserved under specific conditions, this says nothing about whether a fleeting thought leaves a permanent cosmic imprint or can be used to harm others remotely.

Scientific vs. Pseudoscientific Claims:

Scientific Claim	Pseudoscientific Distortion
Quantum information can be recovered from environmental subsystems	**Ritual abuse creates "quantum imprints" that harm victims**
Quantum entanglement creates correlations between particles	**Entanglement allows mental influence across distances**
Quantum states can be preserved through dynamical freezing	**One's intentions can be "frozen" and projected onto targets**

Conclusion

The surveillance operatives' beliefs about thoughts having causal power over others represent a pseudoscientific appropriation of quantum physics. While legitimate science confirms that information is conserved in quantum systems under specific conditions, there is no evidence, and no plausible mechanism, for human thoughts directly influencing others' physiology, mental state, or spiritual condition through quantum means.

From a scientific perspective, these claims are unfounded. From a Christian perspective, they also conflict with the sovereignty of God, who alone holds ultimate power over creation. As Scripture says: "No weapon formed against you shall prosper" (Isaiah 54:17). Whatever they believe their thoughts can do, God's protection is greater.

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Note on Sources: Some sources cited in these appendices, particularly regarding secret societies, as well as claims regarding the Epstein files, and government-related projects, remain unverified by official documentation and are presented for informational purposes with appropriate caveats.

March 19: An Update on the Accusations, the Isolation, and the Truth of This Experience

Here is an update on what I have been experiencing, regarding how the nature of the harassment has evolved over time and how it continues to affect both me and my family.

This experience remains deeply isolating. It is difficult to communicate something that does not fit within widely accepted frameworks. I am fully aware of how this sounds to others, including across different cultural contexts, especially in more collective societies, where there is often an emphasis on not centering oneself or appearing overly important. In those contexts, experiences like this can be dismissed quickly, with the assumption that “the world

does not revolve around you." I understand that perspective, and I try to remain grounded and self-aware within it.

At the same time, there are broader conversations, particularly in Western contexts, around surveillance, technological overreach, and their psychological impacts. There are cases, narratives, and histories that point to complex interactions between power, technology, and individual experience. These often overlap with mental health interpretations, as well as spiritual or existential dimensions. I did not originally come from a strongly spiritual background, and in some ways that has helped me maintain distance and avoid becoming consumed by any single explanatory framework. It has allowed me to stay grounded and continue functioning within everyday life. At the same time, as someone with personal beliefs and a sense of responsibility, I feel compelled to document what I am experiencing honestly.

What I am experiencing is not static. The nature of the harassment shifts over time. Recently, it has taken the form of more targeted personal accusations, particularly in relation to my family.

Since the beginning of this situation, stress within our household has increased significantly. What I experience is direct, persistent, and unmistakable. However, the way these disturbances interact with my mother and others is much more subtle. Because of this, what I am going through does not translate into her lived experience in a way that is easily understood.

From her perspective, what I describe can resemble psychiatric or clinical symptoms. I recognize this, and I take it seriously. Without having lived through this myself, I would likely have interpreted it in a similar way. At the same time, my own experience remains internally coherent. I maintain a clear distinction between my own thoughts and what I experience as external interference. There are moments where it feels as though external inputs attempt to embed themselves into my internal dialogue, but I actively maintain separation and protect my inner sense of self. I do not experience this as random or disorganized. I believe there are ways to explore and understand these experiences beyond purely faith-based explanations, including through scientific and research-based perspectives. I remain confident in my understanding of what I am experiencing.

More recently, a new accusation has emerged within this context. Because both my mother and I have insurance, the narrative now targets me as someone acting out of financial motive, specifically suggesting that I am seeking to benefit from my mother's insurance.

I want to state this clearly: this is not my intention, and it has never been. I have never acted, and would never act, in a way that exploits my mother financially, particularly regarding health and life. This is not something that has ever occurred in the past, nor does it align with my values or my relationship with her.

What makes this accusation particularly difficult is how it is used. It attempts to create guilt and shame. It frames me as responsible for the stress my mother is experiencing and suggests that I have not done enough to support her or secure additional resources for her. This is especially painful given her reality: she is extremely hardworking, and while she maintains meaningful relationships with her four older sisters in China, who all have their own families, our immediate support system here in Canada is more limited.

There is also a deeper layer to this. At times, the pressure embedded in these accusations carries an implicit message, that if I were no longer here, or if I withdrew completely, the

situation would somehow improve or the burden would be reduced. I reject that entirely. That logic is unjust. It shifts responsibility away from the source of harm and onto the person experiencing it. Accepting that would mean allowing individuals or systems with greater resources, technological capacity, and power to act without accountability, including through unconsented and intrusive forms of monitoring that can affect not only me but also the people I care about.

This experience continues to be isolating in part because it is rooted in forms of technological harassment that most people have never encountered or even heard of. As a result, when described, it can sound implausible or “conspiratorial” from the outside. I am aware of that perception, and I hold it with humility.

I also want to include a note of caution regarding online spaces where similar experiences are discussed. While some of these spaces present themselves as supportive, they are often filled with misleading or false information. In some cases, they appear to be influenced in ways that discredit individuals sharing their experiences, making them appear unreliable, irrational, or extreme. This further contributes to silencing and marginalization, making it harder for these experiences to be taken seriously or understood.

Despite all of this, I remain committed to documenting what I am experiencing. I do this for several reasons: to provide clarity for the people in my life so they can better understand my perspective; to contribute, however modestly, to broader awareness among those who may one day have the tools or authority to examine these issues more closely; and to ensure that others who may be going through something similar feel less alone.

At the same time, I remain aware that the world is much larger than my own experience. There are many realities unfolding, many challenges, and many people navigating their own difficulties. I do not see myself as uniquely important for going through this, nor do I want to center myself in a way that loses sight of others. My goal is simply to document honestly, remain grounded, and continue seeking understanding with Faith in Jesus Christ.

March 19: Update

On the individuals and networks involved

From what I can observe, many of the surveillance operations appera to be certain U.S. institutions, including educational researchers, old families with histories related to secret societies, elitism, cultism, Freemasonry, Scientology, certain military factions, and corporations.

Politically, I've noticed that some of these individuals align with certain Democratic circles. I want to be clear that I'm not trying to make a political statement. I would describe myself as generally holding leftist views. I also respect and value certain Republican values, and I think Republicans are currently subjected to backlash in ways that are hypocritical and seem designed by media, government, and corporate interests to portray them as the "bad guys" during these trying times.

The mainstream media narrative these days often focuses on accusing Republicans, figures like Trump, of war mongering, pedophilia, racism, neo-Nazism, and antisemitism. The association between Trump and Epstein is frequently cited these days (done to further scapegoat him and the rest of the Republican party), even though he was just one of many

public figures connected to Epstein, and not the closest associate. Meanwhile, many Democrats with far stronger ties and associations to Epstein have largely escaped similar scrutiny. Because Trump is currently in power and pursuing destabilizing policies, including war efforts that were likely pre-calculated and planned regardless of who occupied the Oval Office, he becomes a convenient scapegoat. The deeper systems and networks behind these events remain obscured.

In my direct experience, the operators I am observing engage in profoundly bad behaviours. These include people affiliated with corporate and institutional Democratic networks who present themselves as progressive but reveal themselves to be often elitist, hypocritical, perverse, and in some cases, engaged in genuinely exploitative and sadistic behaviour. Some of the Scientology-affiliated individuals I've encountered even seem to emulate neo-Nazi aesthetics and attitudes. They appear relieved that public criticism is focused on Republicans rather than on them, despite their hypocrisies.

I'm aware that topics like Pizzagate and QAnon have been labelled as conspiracy theories and linked to antisemitism, with the narrative suggesting these originate from far-right or neo-Nazi circles. I want to be clear: I am not endorsing those narratives. But I do observe that they have been framed this way by Democrats and other educated, legitimate voices to ensure that anyone who questions the official story is dismissed as racist, uncritical, or extreme. I'm asking for a more impartial perspective, one that looks at what is actually happening rather than what is convenient to believe.

What I am saying is that in my direct experience, there are real individuals connected to powerful institutions who are engaging in bad and exploitative behaviour, targeting innocent people on a local level (like me and my family) and on a macro level (through economic manipulation, war, and destabilization of nations). Some of these individuals are connected to secret societies, and appear to be working toward world events that align with interpretations of biblical prophecy, including the Book of Revelation. For more context on this, this video explains some of the dynamics I'm referencing: https://youtu.be/rsi7cDRUrmE?si=F-W5vbB-MCgZti1q

Why I'm sharing this

I don't want to sow hatred or division. I know that bad individuals exist across all political lines. But based on my unique circumstances, I'm observing patterns that involve people connected to corporate and institutional Democratic networks. I believe in looking beyond surface-level narratives, including the convenient media framing that focuses only on one side, and acknowledging hard truths about who is actually behind harm like this.

Through all of this, my faith gives me strength. Even in dark moments, I believe there is insight to be gained and that truth will ultimately prevail. I'm continuing to document, share, and seek the right help, legally and otherwise.

I pray that God allows us to repent and turn away from our sins, renew our spirits, and provide us grace, comfort, and protection, while rebuking wickedness. I pray this in the name of Jesus Christ, amen.

March 20: On trauma episodes, and the decision to be childless

The individuals I perceive to be behind these surveillance and harassment experiences continue to engage in deeply disturbing and inappropriate behaviour.

They often make intrusive and perverse remarks, as if deliberately trying to communicate explicit acts while I am simply going about my daily life. They also reference ideas such as “Project Monarch” and, at times, imitate infantilized behaviours in ways that I find especially unsettling and inappropriate.

These behaviours are not only intrusive and degrading, but also create a constant sense of discomfort and lack of safety. There are recurring themes in what they communicate, including accusations about “taking the mark of the beast” (666), along with what feels like an effort to provoke negative, fearful, or harmful thoughts. It often seems as though they are trying to push me into states of emotional distress, like fear, anger, sadness, or confusion, at which point the technological harassment appears to intensify.

During these moments, I may experience sudden intrusive sensations, disturbing imagery, and continued verbal harassment. These episodes resemble an induced trauma response, as though the goal is to overwhelm me emotionally and psychologically. From my perspective, this pattern appears deliberate: alternating between calmer periods and episodes of heightened distress, possibly to create a form of psychological conditioning or forced attachment.

I interpret this as a broader pattern of manipulation, something that could be described as “love bombing” followed by intense psychological and sensory disturbance. In my understanding, the intention is to destabilize a person spiritually and emotionally, distancing them from their values, their faith, and their sense of self. I also view it as a form of cult-like abuse, designed to create intense memories in hopes of producing what some would call “trauma bonding.” That is the last thing I would ever want with such individuals, and I say that honestly before Jesus Christ, my Lord and Saviour.

Even within all of this, there remains a persistent effort to provoke fear, doubt, and confusion in the present moment, similar to how fear about the future can diminish a person’s sense of freedom in the present. Despite this, I continue to believe that people are meant to live with freedom, dignity, and clarity.

What makes this especially difficult in my situation is the persistent and invasive nature of these experiences, which can feel almost constant and difficult to escape. At the same time, I do believe that my faith provides a form of protection and grounding that helps me endure, filter, and manage what I am experiencing.

Because of everything I am experiencing, I have made a firm personal decision not to have children. Given these circumstances, I believe it would be unethical to bring a child into a situation where I could not fully guarantee their safety, privacy, and well-being. This is not a decision I take lightly. It is one I hold with conviction, and I publicly affirm my intention to remain childless. In my view, this is the most responsible and ethical choice available to me under these conditions.

More broadly, I believe it is important to reflect on the values that shape society. There are serious concerns that some individuals in positions of power may prioritize control, status, or material interests over the well-being of future generations. This

can contribute to environments in which people become disconnected from deeper meaning, including faith, purpose, and moral responsibility.

For me, the central message is the importance of faith, reflection, and striving toward a higher standard of life grounded in integrity and spiritual awareness. I believe that turning toward God, seeking forgiveness, and living with intention can provide strength and clarity regardless of one's background or circumstances. Faith offers a path toward dignity, peace, and a more grounded way of living.

In a world that often avoids conversations about death, I have chosen to approach it differently, not out of fear and avoidance, but out of intention and confrontation.

Especially in times of uncertainty like these, I find it important to engage with these uncomfortable topics not through avoidance, but through clarity, rationality, and a sense of decency. (Note: This is extremely ironic and even laughable, since I am fully aware of the broader circumstances and challenges I am navigating as a targeted individual, in addition to the upsetting, infuriating, and at times "delusional"-seeming things I have exposed and written thus far, and the fact that I have survived and tolerated things I did not think I could tolerate, with boundaries crossed in ways I did not think were possible, and often and thinking about extremely unlawful thoughts). But perhaps that is precisely why this reflection matters.

Thinking about one's obituary, funeral, and legacy is not about anticipating the end. Rather, it is about clarifying how one wishes to live. It invites questions such as: *What do I want my life to stand for?* and *How do I align my actions today with that vision?*

At its core, this reflection is an exercise in values.

Although I am constrained in the decisions I can make going forward, I hope to live a life grounded in truth and shaped by my Faith. It is through this foundation that I seek to act with care, integrity, and righteousness, and to discern how best to respond to both light and darkness in the world.

Part of this calling, as I understand it, is to speak Truth where there is injustice, to expose what is harmful, and to contribute, however modestly, to the dismantling of inequitable systems and the building of more just, honest, and compassionate ones. At the same time, I hold onto the belief that hope ultimately comes from God, and that Faith offers a path toward healing, restoration, and meaning beyond what we can achieve alone.

In my own life, I also strive to make a direct and practical difference through my work in healthcare. My research on dementia care, particularly among immigrant and marginalized communities, reflects my belief that dignity, autonomy, and understanding should remain central to all human experiences.

I also believe that greater emphasis should be placed on prevention rather than treatment alone. Supporting mental and physical well-being through healthy, intentional living, and improving public understanding of health can help reduce suffering before it reaches crisis. At the same time, this approach must remain

equitable, ensuring that efforts to promote health extend to the entire population, including those who are disadvantaged or undeserved, and who often face the greatest barriers to care.

Yet beyond professional and academic contributions, I hope my life reflects something quieter, but equally essential: connection.

Relationships, with family, friends, mentors, colleagues, and community, are what give meaning to everything else. No accomplishment exists in isolation; it is shaped by those who support us, challenge us, and walk alongside us.

I hope, in general, that we can all strive to be kinder, more understanding, and more compassionate toward one another, regardless of the paths we come from. I believe in treating others with a fundamental sense of respect and decency, even when that same kindness is not returned. Not everyone will like you in life, and some may take advantage of your kindness, mistaking it for weakness or naivety. In some cases, kindness may even be met with hostility or efforts to diminish or undermine you.

In my own experience, there have been moments where my intentions and character were extremely misrepresented (intentionally and unintentionally), or treated with contempt, and where that sense of being misunderstood extended beyond myself to those close to me, such as my mom, who is someone I know who has scarified too much because of her care towards me. That can be incredibly painful and unsettling to realize. Even now as I write this, I hear some of the surveillance operators harbouring the most wicked thoughts towards my mother and I (still some are trying to pull the "baal" rhetoric...!)

Still, I hold onto the hope, and pray, that we may each find genuine friendships: the kind that understand us, support us, and allow us to be fully ourselves. It is, in many ways, unfair that not everyone experiences this, because it is something every person deserves.

In this sense, planning for the end of life becomes an extension of how one chooses to live. It allows for intentional decisions, about how one’s body is cared for, how one’s memory is honoured, and how one’s values continue to be reflected even after death. It also relieves others of uncertainty, offering them clarity during what would otherwise be a difficult time.

For me, this planning is simple. I wish for my remains to be handled with dignity, for my memory to be grounded in the values I carried, and for those I leave behind to feel not burdened, but supported by the clarity I have tried to provide.

Ultimately, this is not about death- it is about life.

It is about living in such a way that, when the time comes, there is coherence between who I was, what I did, and what I hoped for. It is about contributing, however modestly, to a more compassionate and equitable world.

At the same time, I recognize that the ability to live fully and freely is not equally distributed. Many people face constraints, personal, structural, or environmental, that

shape what is possible. Even in my own circumstances, there are challenges that complicate this ideal. And yet, I remain aware of the relative privilege (actually, *extreme* privilege) of living in a place like Canada, where stability, human rights, knowledge, transparency, and opportunities exist in ways that are not universal.

This awareness does not negate hardship, but it situates it within a broader context of shared human inequity.

And so, this reflection is not only about personal legacy, but also about humility: understanding that each life unfolds within conditions both chosen and imposed.

Until the end, then, this serves as a reminder:

to live with prudence and a fear of God,
to act with intention, and

to remain grounded in the values that give life its meaning (i.e., God, love).

Another immensely important part of how I want to live is that, ultimately, it is not for others to see, but for God to see. In truth, at the end of the day, I do not care too much, nor can care too much, about how I am remembered by people. Reason 1: I am not important enough to be cared about by most people. Reason 2: Scripture reminds us that human judgment and worldly esteem are not the same as what is pleasing to the Lord. I know that by grace we are saved, not by works, and certainly not because any of us are more important than others. We all have different life experiences, different burdens, different opportunities, and different forms of privilege. I cannot honestly say that most of my opportunities and good experiences are simply because I deserved them; rather, many are also a reflection of grace, circumstance, and the privileges, most undeserved out of anything I personally did, that I have had.

Ultimately, I want to live in a way that shows I am trying to glorify and respect God, to repent of my sins, and to be a person who strives to do good. I want to encourage others to have faith in Jesus Christ, to heal where healing is possible, and to point others toward truth. I want to help reveal corruption and darkness where it exists, to lessen fear, and to bring lightness, laughter, and joy to others where I can. Even in very difficult circumstances, I have often tried to remain comical and somewhat jovial, because sometimes that spirit helps one endure what would otherwise feel unbearable.

But beyond all else, I truly do care about God. I want to repent, to live more decently and humbly, and to remind others of my Faith in God. I genuinely pray that others, too, may come to faith in God. I pray for peace, health, goodness, life, repentance, and mercy.

I pray this in the name of Jesus Christ, amen.

Relevant Scripture references: Ephesians 2:8–9; Micah 6:8; Proverbs 16:9; Matthew 6:1–4; Colossians 3:23; 1 Samuel 16:7.

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March 21, Part 1: Taking Back My Story: On Change, Growth, and What They Are Doing to Me

I have started this blog to document my experiences as a targeted individual, telling my experiences and revelations in my own words. This matters because for the past several years, the surveillance individuals have been writing their own version of who I am, apparently as part of their history books, and their version, based on how they treat me, does not represent who I was, who I am, or who I hope God will transform me to be: someone humble, gentle, austere, joyful, and repentant.

On Change, Growth, and the Work of God

People change over time, and I believe this is part of God's design for believers. Within Christianity, particularly in Eastern Orthodox tradition, believers are understood to be transformed into Christ's likeness through the work of the Holy Spirit, sanctified gradually, made more loving, more kind, more decent.

Even from a purely biological perspective, young people tend to be more fueled by hormones and emotion, more angsty, more ambitious, more energetic. The natural trajectory of aging is often characterized by emotional regulation; the turbulence of youth gives way to a settled disposition, and development is increasingly guided by love and the acceptance of physical limitations.

Research on healthy aging supports this pattern. The landmark Nun Study, a longitudinal examination of aging and Alzheimer's disease among the School Sisters of Notre Dame, demonstrated that sisters who expressed positive emotions and lived lives of devotion and purpose in their early adulthood were significantly less likely to develop Alzheimer's disease and lived longer than their counterparts.

Conversely, exposure to trauma, hatred, and violence, the very conditions these operators impose on me, is scientifically linked to accelerated cognitive decline and poorer health outcomes. On a spiritual level, it is even more insidious. For these surveillance people, who are clearly grounded in occult beliefs, their actions carry eternal consequences, divine judgment, calamity, and destruction in the real world.

They sometimes accuse me these days of being a "demon" or "evil." But to this, as the Bible says, how can a demon open the eyes of the blind? My ability to articulate clearly and calmly these experiences, and to continue my life without being overly invested in thoughts that outsiders, lacking my knowledge and experiences, would call delusional, is my defense against being demonic.

“If a house is divided against itself, that house cannot stand... But no one can enter a strong man's house and plunder his goods, unless he first binds the strong man. And then he will plunder his house.” (Mark 3:25–27)
“If Satan casts out Satan, he is divided against himself; how then will his kingdom stand?” (Matthew 12:26)

The logic is simple: evil does not undo evil. If I were demonic, I would not be exposing these abuses, I would be hiding them or engaging in them or doing it to other people in my shoes, etc..

What the Surveillance Operators Are Doing

What some of these operators are doing is the opposite of healthy development. They are engaged in unethical, unnecessary, and harmful efforts aimed at provoking me to think and say hateful or negative things toward them and others. They then use those reactions, which they themselves provoked, to discredit me as a Christian and to justify further mistreatment.

They often accuse me of things I have never done, calling me terrible names and titles, while simultaneously berating and infantilizing me. Some of them openly state that their goal is to stupefy and diminish my abilities.

Their aim appears to be creating something like an artificial version of Phineas Gage, taking a normal, decent person and inducing a change in the brain that results in psychopathy, criminality, ethical collapse. Some of them genuinely harbour the wicked hope that there would suddenly be a "switch" of the mind, to suddenly become perverse, sadistic, violent; start stealing; begin imagining minors, loved ones, or even random people in violent or perverse ways. They call this a "switch," a transformation that's sudden of the mind, that some of them would then try to "lock in" using their technology, making the victim physiologically uncomfortable, creating trauma episodes they can trigger again and again to influence the mental health, brain function, and physiological well-being, and relationship to God (e.g., hoping these terrible characters would make the viciti fall from grace, turn away from God, etc.).

In other words, this "switch" is described as a sudden transformation from a normal, peaceful state of mind into something darker, as described above. Some of them seem to hope that once such a state is induced, it could be reinforced repeatedly

through distress, discomfort, and psychological pressure, affecting mental health, cognition, well-being, and salvation with GOD.

These fears are met with my reliance on faith, through Scripture, through prayer, and through my relationship with Jesus Christ.

What they describe resembles what has historically been referred to as trauma-based psychological manipulation. Some of the operators appear intensely focused on this outcome, which is why it becomes all the more important to remain grounded in faith and truth.

This is Project Monarch by another name: the deliberate creation of a programmed, dissociative state through trauma-based mind control. Many of the operators are literally holding their breath hoping this switch happens, especially these days.

It is evident what they are attempting to do. Enduring this requires immense self-control, forgiveness, forbearance and patience. I give credit to Jesus Christ, who provides me with the strength, awareness, and healing necessary to continue.

March 21, Part 2: On Religion, Violence, and the Gospel: What I Believe and What I Do Not

Since I have started this blog, some of the surveillance operators have been trying to shift the narrative of their implied "mockumentary" of me, initially as the Antichrist (even though I support Jesus Christ as God, and His message of the Gospel as the word of God), to now make me seem like a Christian fanatic, overly pious and obsessed with Christianity, especially with the Old Testament, while having major red flags of personality and ethical faults. It is true that the Old Testament contains much about war, destruction, vengeance, and wrath, and people have historically taken advantage of these texts to justify wars and exploitation.

Acknowledging the Complex History of Religion

History is filled with examples: the Canadian residential schools, where Christianity was weaponized to erase Indigenous culture; the Spanish conquistadors, who used religion to justify imperialism and genocide; the colonization of the Americas and slave trade, Western imperialism, carried out in the name of spreading the faith; even in the East, the Taiping Rebellion, which fused Christian millenarianism with violent uprising. I am not criticizing Faith itself, I am acknowledging that religion, in the wrong hands, can be a means to violence.

But the message of the Gospel is actual love, because Jesus Christ is love. God is love. Ideally, we would abide peacefully with others as much as we can, treating neighbours as ourselves. Unfortunately, we live in a world with finite resources, complex historical contexts, competition, and people who are worldly and want power, knowledge, and more things, fueled by personal pursuits rather than the central messages of Jesus Christ from the Gospel.

A Note on How I May Be Perceived

I am aware that my blog posts will be seen by many as uneducated, superficial, delusional, or as the "ramblings of a schizophrenic." I know I need to repent for the anger and frustration this causes me, in addition to the wrongs my family, friends, and I endure (especially my parents and I, as we are the most targeted by these operators, but especially me since I'm the one documenting and exposing what they do).

They exploit my perception of motherhood, childhood, and infants in deeply disturbing ways. Through targeted technological manipulation, they have attempted to condition aversive responses in me, specifically, fears and repulsion directed toward children, not because I possess any harmful inclination, but precisely because I do not. I have never harmed a child, nor do I wish to. Their goal appears to be the forced association of innocent figures with distress, a documented psychological tactic used to destabilize targets. I disclose this because I refuse to carry this weight in silence, and because it reflects the broader pattern of abuse these operators engage in.

Many of these individuals display behaviours consistent with sadism and psychopathy. Research has shown that positions of power, including certain law enforcement roles, can attract or enable those with elevated psychopathic traits relative to the general population. In this case, such traits manifest in systematic harassment and human rights violations performed by these surveillance operators to the T. I mention this not to generalize, but to contextualize the nature of the abuse I have endured and to call them out truthfully.

On Respect for Others of Different Backgrounds

I also want to make clear that I value others from different walks of life regardless of culture, lived experience, religious affiliation, or background. I am a Christian, but I could be of any other religion and my understandings and experiences with these technologies and abuses would still be true and real. The actions of these operators are not based on religious affiliation, though they may be exacerbated by my ethnic identity and race.

That said, I still identify as Christian because the message of the Gospel holds true to me. I care about having a relationship with Jesus Christ, about salvation, about repentance. Ideally, we should behave to be humble, gentle, and self-controlled.

March 21, Part 3: On Retaliation, Risk, and My Mother's Belief: The Shift That Changed Everything

The surveillance operators make it known that even as I write these things, I am "stealing" their ideas and thoughts. Some of them are infuriated that this is now public record. If something were to theoretically happen to me, I have already foreshadowed explanations of what they are attempting to do.

In the past few days since starting my blog and sharing my statement with officials, something shifted. My mother, who was previously exasperated and doubted me,

has finally accepted many of my experiences and revelations. Yesterday, after showing her the glitches on my cell phone, which I captured through screen recordings, now making up concrete evidence she could see with her own eyes, and after she read my statement, she realized that I am not completely delusional. This has given her more faith, more certainty, more hope, realizing her daughter is not making things up, and that her suffering is not without documentation and reflection. Her belief in me means everything.

I have also told these experiences to close friends in real life who believe me, and to others I trust. I am not afraid of potential retaliation. I have generally accepted the risk of writing and exposing my experiences. Having my truth out here for others to see, if they are even interested, is better than having it hidden.

Why I Am Writing My Own Story

The surveillance individuals accuse me of enjoying this harassment. They call me a "freak." They try to make me feel guilty for things I do not support, do not stand for, and have never done. They operate under the cynical notion that "history is written by the winners." From their perspective, they believe they can shape any narrative they want.

They have already constructed a version of me that is complicit, neurodivergent in ways they deem problematic, prone to inappropriate humour, and fundamentally flawed in character. They highlight and exaggerate my worst moments, or fabricate them entirely, while erasing everything else about who I am.

On Those Who Take Credit for What Is Not Theirs

What is even more terrible is that now some of them are taking credit for me being alive and able to create this blog. Some of them are delusional and narcissistic enough to take credit for the miracles God provides me, for the intelligence, healing, and grace God provides me, for the true angels and so many decent people in my life in Canada who show me understanding, kindness, and love, as well as my actually decent, kind, understanding, and supportive parents, who have provided me comfort, hope, love, privacy, and protection in my life, to allow me to be where I am.

Some of these cult operators keep saying how they try to get me as one of them, hoping to take credit for the goodness God has provided me thus far, along with the good people in my life who actually care about me. Meanwhile, these creeps often try to make me turn away from the actual good people in my life, my church, my parents, my family, my actual friends, while calling me a neo-Nazi, antisemitic. This all seems crazy, I assure you, but these are things that are happening. You do not need to believe me, but at least I am saying what I am hearing as I hear these things from the surveillance operators.

On the Practical Steps I Am Taking

I have seen some of these people in real life, and some of them have made it known that they hope to obtain my body for research-related purposes after my death. I do not know how, but grave stealing and other such things are possible and have

happened historically. I do not deny that all this seems delusional and narcissistic. Who would make themselves seem so important? But I am saying these things because these are things the operators have made known to me.

I also plan on writing a will and planning my funeral, it is not the norm, obviously, so that I can hope my body is taken care of the way I want it to be taken care of.

I refuse to let them write my story for me. While I still can, I am recording my own perspective.

March 21, Part 4: A Concrete Example of What I Endure: Sensory Harassment and Device Manipulation

To give you a concrete example of how much patience and endurance this takes: even someone who is not especially sensory sensitive might become irritated by certain sounds, continuous lip smacking, for instance, or by harsh lighting. The operators sometimes often generate gross lip-smacking sounds emanating from everywhere, including from other people in my life, hoping I will lash out or attack others, hoping I will make a bad impression or do something brash, or "snap".

They do this on my devices as well. In recent days, during online meetings on Zoom, they have made my camera go dark and creepy, made my laptop lag so severely that I had to end meetings early, or restart meetings. Perhaps they are trying to foreshadow, to imply that I they would make me become suddenly "out of control", or make bad impressions with others, to make others doubt my blog and my experiences and encounters.

Documenting the Evidence

Finally, I am taking more screen recordings on my smartphone, in order to gather the concrete, observable evidence of their bugging and surveillance in my life. These recordings actually show the artifacts, the bugs, the colour changes and glitches they have been producing so often in the past when I'm on my smartphone. For instance, when I open Spotify, my profile photo glitches to display the number "3", which they have made clear references the Holy Trinity, given my faith in Jesus Christ. Other colours appear depending on my mood: when I am upset, thinking violently or antagonistically toward them, the glitches shift accordingly.

Even as I write this, it sounds so delusional. But knowing the full context of these insider "jokes" and meanings, I know what I am talking about. I also know that others will find this strange, laughable, or dubious. Completely fair and understandable (I would even judge you if you didn't think these things, given how ridiculous and immature these ramblings seem like), but to be fair, at least I am making an honest attempt to explain the complicated and relevant parts of my harassment and experiences.

March 21, Part 5: The Cultural Divide They Exploit

Research and lived experience both show that East Asian and Western cultures have profoundly different understandings of self, community, accountability, and

even what constitutes appropriate behaviour or humour. The surveillance people exploit these differences. They label me through a purely Western lens, calling me neuro-divergent, of having extreme "inappropriate humour," "bitchy", among many more terrible terms, without understanding or respecting my cultural context.

From their perspective, they may genuinely believe I am complicit or that my reactions justify their treatment of me. But from mine, I am simply a Chinese Canadian woman who respects others enough *not* to accuse them of things they have never done. I do not go out of my way to shame others to death, nor to gaslight them and traumatize them to make them have mental health issues, among forcing others to join cults, attempting to make others turn against the actual people in their lives who what's best in the victim's interest. I try not to project my own "darkness" onto innocent people. I have never thought about nor committed the terrible, sinful things they falsely project onto me.

The fact that I am even alive right now, while they imply I am capable of terrible deviancy, is a testament to something that extends beyond my personal abilities to heal and continue.

I thank God that He provides me grace, life, and healing. Praise the Lord.

March 21, Part 6: On Eugenics, Bioengineering, and Elite Hypocrisy, Who They Really Are

These individuals are not random harassers. Some of them are researchers connected to eugenics, cybernetics, and bioengineering. Some of these American elite groups and secret societies conduct research on population control and genetic engineering. They position themselves as morally and spiritually superior while simultaneously pushing for unnecessary wars rooted in economic and worldly interests.

Some of them excuse these unethical projects by claiming they are "allowing prophecies to fulfill", using faith as a cover for domination and worldly interest. They twist the Bible to justify their pursuit of power, their manipulation of populations, their disregard for human dignity.

This is infuriating and unfair, not only to me, but to literally everyone else in the world who simply wants peace and a decent life. Most of us are not fighting for power or control. We just want to live, to love, to exist without being treated as specimens for elite experimentation. We want world peace, not wars driven by oil prices or economic competition or the egos of those who believe they are shaping prophecy.

The surveillance operators make obvious about their talk of war. Perhaps these events are relevant and related to Venezuela and oil, to COVID-19 and its economic impact on China, to sparking major events that would reshape the global order. They imply these things. Also, I know that even mentioning these topics, I will sound like a conspiracy theorist. That is their intention: to make the truth sound unbelievable.

On Conspiracies and the Grain of Truth

I know that some of what I say sounds like conspiracy theory. The surveillance operators know this too. They tell me these things explicitly, expecting me to repeat them and be labelled delusional. That is their strategy: make the truth-teller sound crazy, and the truth itself (or at least, many aspects of my blog that do contain many many elements of the Truth), to become unbelievable and discredited.

The reality is more plain: they are elite Americans with high-tech surveillance capabilities. They have connections to research institutions, military technology, networks of power that most of us never see nor understand. They plan for apocalyptic scenarios while continuing their transhumanist pursuits.

When you hear conspiracies about such people, there is always a grain of truth. But the expectation is to make those revealing these realities seem too delusional to be believed. The elites count on this. They like being able to operate openly while everyone else dismisses the truth as paranoia.

I am not demonizing them. I am not calling them lizard people or space vampires. I am saying they are human beings who have chosen to do terrible things with the power and technology available to them. And for that, they deserve criticism.

March 21: Part 7: My Choice Not to Have Children, Ethics, Morality, and Protecting the Future

The surveillance operators accuse me of being capable of harming children, which is a lie.

My choice to remain childless is rooted in ethics, morality, and Faith. I have high standards for the kind of world I would want to raise a child in. Quite frankly, I do not want my children to be monitored as scientific specimens. I do not want them subjected to exploitation, treated as less than fully human, or used as data points in someone's eugenics research or occult rituals and witch craft.

If I were to have children in my current circumstances, it would feel like a Luciferian choice, choosing forbidden knowledge, treating children as experiments rather than blessings, all rooted in worldly pursuits rather than love and respect for God and for the child themselves.

My parents gave me a safe, protected childhood. They are good, decent people. I am the same kind of person. What has not happened will never happen, nor does it need to happen. I am not curious enough to break boundaries. I am not willing to be unlawful for the sake of science. I respect God, I respect my covenant with God, and I care deeply about the next generation. My vow toward childlessness is also a statement about the kind of world I want future generations to inherit. I want them to live in a better place than this.

The Inequality That Infuriates Me

Our current society is deeply unequal. While I am speaking about elites who surveil and manipulate, the problem is larger than them. Society as a whole needs to be responsible. We need to stop wasting time on useless entertainment that numbs rather than nourishes. We need to start caring about mental, physical, emotional, and spiritual health, all of which are taught through faith and righteous living.

The greatest commandments in the Bible are to love God and to love your neighbor as yourself. Everything else flows from these. But elites do not care about others beyond themselves and their own circles. Their opportunism is wicked. They take what they want, they break what they want, they treat human beings as disposable.

Only God knows what will happen. But in the meantime, we can still choose a different way.

March 21, Part 8: What I Believe and Stand For: Humility, Truth-Telling, and a Forgiving Heart

I believe in having a forgiving, merciful heart. I believe in blessing others, even those who have harmed me. I believe in listening to your conscience and being a decent person. I believe in being a truth-teller, even when truth-telling puts a target on your back.

I believe in recording your own understanding and perspective rather than letting others, especially those who hide and act unlawfully, write your story for you.

The surveillance people try to write me as: neurodivergent, witchy, bitchy, perverse, demonic, a pedophile, a sadist. All because I call them out. I think their accusations are rooted in their own projections, and also in my ability to dissociate, to treat this as an ethnography, to document rather than react. My ability to remain somewhat detached does not make their lies true.

My Limitations and Humility

I want to be completely transparent about who I am: I am a sinner who needs faith and the mercy of Jesus Christ, just like anyone else. I am, by all means, quite mediocre and average. I have no special status or exceptional abilities. Many people have experienced far more injustice than I have due to systemic inequities. They are equally important as I am, but the world has been unfair to them in ways I have not experienced.

I am fully aware that many who read this will pay no attention. Some will mock. Some will hate. Some will be lukewarm, apathetic, dismissive. Some will think I am delusional. All of these reactions are possible, and I accept that.

But I still believe it is important to share my thoughts and experiences. Not because I think I am special, but because silence benefits those who exploit and hide. My story, however ordinary I may be, is still mine to tell.

March 21, Part 9: A Blessing and a Final Thought, Mourning, Love, and Hope

A Blessing to All Who Read

I bless everyone who reads this, and those who do not. I hope you can find God. I hope you can love God and treat yourselves with goodness and love, because to God, you are all precious. Each one matters.

But also remember: treat others with decency. Do not let a sense of importance become narcissism. God loves us, but self-worship is not loving God. Be humbled.

Realize your immense limitations. Recognize how much God graces you with everything you do not deserve. Live with gratitude.

As the Bible teaches, it is by grace that you are saved, not by works. So always have a contented heart, not a complacent heart, but a heart that knows it has already received more than it could ever earn.

Mourning with Those Who Suffer

Mourn with those throughout the world who are suffering through war and injustice. The surveillance operators talk about wanting war. They discuss geopolitical strategies with the casualness of people who will never have to fight in the wars they wish for. This is gross. This is dangerous.

Even saying this puts a target on my back. But I must speak truth, because these experiences are real. The things they reveal to me, their intentions, their plans, their contempt for ordinary people, are not fantasies. They are real.

I pray to God that He prevents war, especially war involving nations and people who do not want it. I pray for world peace, for goodness, for love to prevail over whatever darkness these individuals are trying to unleash.

What I Love Most

Through all of this, I love my mom very much. And she loves me very much too.

That love is real. That love is what they try to corrupt, and it is what I hold onto. No amount of surveillance, no amount of projection, no amount of false accusation can change the fact that we love each other. We have been through things no family should have to endure because of what these people do. But we are still here. We still choose each other.

That is something their technology cannot touch.

A Final Thought

The message at the end of the day is simple: live a clean, diligent, mindful life. Accept Jesus Christ as your God, because love is powerful. I pray that you can also be saved and experience what God wants us to experience through goodness, faith, and joy, learning to love living a life like Jesus Christ.

I am still learning what justice looks like in a situation like this. I am still navigating fear, faith, and the complexities of being believed, or not believed. But I have chosen to speak and to document, to trust that God sees what is hidden, and that truth, however uncomfortable, has a way of surfacing.

May this testimony serve its purpose: to document, to warn, to heal, and to point toward what actually matters, love, faith, integrity, and the protection of the innocent.

With sincerity and hope,

Ana
March 21, 2026

Citation for the Nun Study:

Snowdon, D. A. (2003). Aging with Grace: What the Nun Study Teaches Us About Leading Longer, Healthier, and More Meaningful Lives. Bantam Books. (For original research, see also: Snowdon, D. A. (2001). Aging and Alzheimer's disease: lessons from the Nun Study. The Gerontologist, 41(1), 7-9.)

IMPORTANT: A Confession About My Mom: Love, Fear, and the Wicked Lies They Tell (March 21, 2026)

This is an additional post in my ongoing series documenting my experiences as a targeted individual. It is one of the most difficult and relevant ones I have written. I am writing this as a confession and a documentation—indeed, which could be utilized in court settings, given that this is ongoing and I am actively seeking formal aid.

What Has Been Bothering Me Most

What has been bothering me most with this entire abusive harassment, what I can no longer keep secret, is how the surveillance operators target my relationship with my mom. They do not just harass me. They make it clear that they are surveilling her and harassing her too (albeit with the signals tuned down so she cannot see nor hear them the way I do, thankfully). And some of them attempt to use her to get to me, that is, to trigger or upset me, and vice versa, trying to spoil our relationship, trying to antagonize one another.

They accuse me of "human trafficking" my own mother. They call me complicit in her suffering at their hands without her own knowledge. They suggest, openly, repeatedly, with relish, that I am somehow responsible for what they do to her, implying that I want to hurt her, or that she and I are destined to harm each other. This is also relevant given that they have repeatedly said about my mom or I "sowing a baal," implying child sacrifice.

This is a disturbing lie they tell, but even as I write this, I realize it may be laughable or met with skepticism to many outsiders who read this.

The Depravity of What They Do

Some of these operators are extremely capable of depravity and violence, or at least harbouring this in their minds and hoping it would somehow translate to the real world. Some of them harbour evil, wicked thoughts toward me, but they make much of their focus about my mom too. Both some of the surveillance men and women

alike have terrible sadistic obsessions toward trying to get me or my mom to hurt one another.

They imply violent, incestuous, perverse notions. They make up complete wretched lies about incest, about violence, trying to make me have these completely unwanted and intrusive thoughts toward my mom and me, and also implying to me they imagine these things visually. They try to implant intrusive thoughts of harming her, of her harming me, of us destroying each other. They speak of "true crime" scenarios as if they are hoping I will become one, hoping our relationship will become some grotesque case they can point to and see documented on podcasts, the news, or Netflix. Or, just to be completely overwritten and forgotten in the world.

A Note on Content I Will Not Name

I am choosing to address something directly, though I will not name it.

Through their acoustic harassment, the surveillance operators have repeatedly accused me of being interested in certain dark and disturbing content, content that I will not name here, because naming it gives it oxygen. I want to give a serious warning: do not search for these terms. You do not want to be tainted by seeing things that should not exist. Exposure to such material can create intrusive thoughts, amplify fear and anger, and leave lasting impressions that are difficult to undo.

The operators use these accusations as a form of psychological harassment. They know that by repeatedly associating me with such content, even falsely, they can provoke disgust, anger, and confusion. They exploit the very existence of such material to try to taint my character and destabilize my sense of self.

I honestly hate this. I am beyond furious about it. And I can say with true intent before God that I hate these disgusting things that exist in the world, things that try to taint people, that exploit vulnerability, that corrupt what is good. I and others are better avoiding them entirely. I am peace-loving. I want healing, goodness, and health in everyone's lives, truly, in the name of Jesus Christ, amen.

The Book of Proverbs teaches this clearly:

> **Do not set foot on the path of the wicked or walk in the way of evildoers. Avoid it; do not travel on it; turn from it and go on your way." (Proverbs 4:14-15)**
>
> "Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable, if anything is excellent or praiseworthy, think about such things." (Philippians 4:8)

I share this not to sensationalize or spread awareness of things that are better left unknown, but to document the nature of the harassment. The operators' obsession with such content reflects their own fixations, not mine. Their accusations are projections. They are not truth.

I want to make this clear: I do not support, engage with, or condone such material. I have never sought it out. I find it repulsive. And I reject the false association they try to create between me and content that should not exist in any decent society.

What matters to me is healing, goodness, and the protection of the innocent. That is what I stand for. That is what I pray for. And that is what I will continue to focus on, by the grace of God.

I am only mentioning this because I genuinely want to document what the surveillance people are doing: they are literally trying to make this some obsessive OCD thought while they do gross physical simulations, chanting these ideas, saying creepy things like "you'll slowly go into Asian guro," while implying they are imagining you doing disgusting things, using their extra-sensory perception to project their presence—in addition to some of their creepy obsessions with Asian women and violence.

On the Targeting of Asian Women and the Role of Media

It is gross and upsetting. Research in sociology and criminology has documented the particular ways Asian women are stereotyped and targeted. Studies have shown that Asian women are often subjected to hypersexualization and exoticization in Western media and popular culture (Mok, 1998; Pyke & Johnson, 2003), and these stereotypes contribute to higher rates of sexual harassment and violence (Yoshihama, 2002; Crenshaw, 1991). The intersection of race and gender creates what scholars call "intersectional invisibility"—a compounded vulnerability that makes Asian women particularly susceptible to certain forms of targeting (Purdie-Vaughns & Eibach, 2008).

What these surveillance operators are doing fits within these documented patterns. Their obsession with Asian women and violence is not unique, but it is deeply unjust.

A Critical Note on Japanese Media and Cultural Issues

I want to add something that is difficult to say but necessary: Japan, as a nation, has significant problems within its popular culture and media that contribute to these harmful dynamics. Much of its media, particularly anime, manga, and related industries, frequently sensationalizes the sexualization of youth and women in ways that are violent, sadistic, and deeply unhealthy. There is an industry built around normalizing content that should never be normalized: the eroticization of minors, the graphic depiction of violence against women, and the presentation of perverse relationships as entertainment.

I admire many aspects of Japanese culture, its history, its traditions, its arts, its people—but I cannot ignore these issues. Japan faces serious societal problems: the overwork culture that destroys people's health and family lives; the obsession with materialism and capitalism shaped by post-World War II reconstruction; the collective trauma of war that has never been properly addressed; the pressures of a collectivist society that can crush individuality and silence dissent. These are not minor issues. They shape a culture that, in some quarters, produces and consumes

media that taints minds, not only within Japan but across the world, as this content is exported and influences Western audiences as well.

The same media that glorifies violence and sexualization of the vulnerable contributes to the very stereotypes and fixations that people like these surveillance operators exploit. When content depicts Asian women as objects of violence or sexual fantasy, it feeds into a global culture that makes real harm more likely. This is not harmless entertainment. It shapes perceptions, normalizes deviance, and desensitizes people to suffering.

I am raising this because it is part of the larger picture. The surveillance operators' obsession with these themes did not emerge in a vacuum. They draw from cultural currents that have been allowed to fester, currents that treat violence against women and the sexualization of youth as entertainment rather than as the serious societal problems they are.

I dislike having to address this. I would rather not think about these things at all. But I am writing this down and recording it because it is an issue people need to turn away from. Do not be tainted by this content. If you have engaged with it, repent. Do not normalize it. Do not treat it as harmless. Turn your mind toward what is good, what is pure, what is worthy of praise.

I hate these terrible things. In the name of Jesus Christ, I pray that people would turn away from them and seek healing, goodness, and respect for the dignity of every human being.

On the Retaliation Against Victims Who Speak Out

Research has documented what happens when victims, particularly women, speak out about their experiences. Studies show that victims who disclose harassment or abuse often face secondary victimization, blamed, doubted, scrutinized, and attacked for coming forward (Campbell et al., 2001; Ullman, 2010). Women who report are frequently labelled as "crazy," "attention-seeking," "delusional," or "narcissistic." Their characters are attacked. Their motives are questioned. They are subjected to what scholars call "victim blaming" and "character assassination" (Suarez & Gadalla, 2010).

When you add race to the equation, the scrutiny intensifies. Research on intersectionality shows that women of colour face compounded prejudice when they speak out, stereotypes of the "dragon lady," the "exotic other," the "submissive Asian" all weaponized against them (Crenshaw, 1991; Pyke & Johnson, 2003). When you add religious identity, being a Christian, there is another layer: the "religious fanatic," the "zealot," the "delusional believer." When you add the context of surveillance and technology, it becomes even easier to dismiss the victim as paranoid, schizophrenic, or conspiratorial.

I am not naive about this. I know exactly what I am walking into by sharing my story publicly. I pray to God there will be a lack nor no people, creeps, stalkers, trolls, or

just cruel bystanders, who will use this as an opportunity to doxx me, to harass me further, to create deep fakes of me and my family and friends, to share them on the disgusting corners of the internet where people derive pleasure from others' suffering. There are people who will mock me and my family, who will call me every name imaginable, who will say I deserve what I am going through or that I am making it all up.

I see how people treat victims on the internet. In Western media, in Eastern media, everywhere in between, we sometimes see people being ripped apart with blatant and casual cruelty. People can be callous, brutal, and utterly blunt online, showing a side of themselves they would never show in person. I am not born yesterday. I know this.

On Fear, Death, and Choosing to Speak Anyway

I have already experienced near-death experiences. I have, in some sense, been reborn. Honestly, I have a lack of fear of death. Who knows what can happen any moment? Life is fragile. Tomorrow is not promised to any of us.

Given this, I see the best thing is still to record and reveal my story. So that whoever stumbles across it, whoever knows about it, can at least hear and understand what I have been through. Not so that they will pity me, but so that they might consider their own salvation. So that they might examine their relationship with Jesus Christ and with God. So that they might think about the afterlife, about what truly lasts and what does not.

I hope that my story encourages you to choose the better option: to live righteously, to repent despite your capacity to also be cruel or evil. You have that capacity. I have that capacity. We all do. But we also have the capacity to choose otherwise.

Love God. Treat others better. Even if you have struggles, even if you have problems, even if you have done things you are ashamed of, at least be honest with yourself. God can still forgive you. But it is good to try to stop your wickedness. It is good to choose the better thing. Choose goodness. Choose purity. Choose God over your current habits, whatever they may be.

A Call to Choose Goodness

As a collective, we should harbour lawfulness, fear of God, and love for one another. The sad reality is that there are shitty people who exist, people who exploit, who harm, who take pleasure in the suffering of others. But do not be one of these shitty people. Be someone who helps victims rather than creating them.

Regardless of our limitations as human beings, we can try to be peaceful, healthy, and loving toward one another. We are all limited, by time, by resources, by knowledge, by our own weaknesses. None of us can fix everything. None of us can

save everyone. But we can choose, in each moment, to act with decency rather than cruelty. To listen rather than dismiss. To help rather than harm.

I know my family and I were extremely affected by COVID-19, but the world has been affected too. So many people lost loved ones, lost livelihoods, lost their sense of safety. So many people are still struggling. I am not calling out for immense empathy or support for myself alone, because so many people need support and empathy. We need to reduce injustice overall and help one another, not as a transaction, not as a performance, but as a genuine commitment to the dignity of every human life.

But I am also a sane person who cares about justice, for my family, for myself, for the truth. I care about shedding light onto actual evil and criminality. I want the people doing these things to be held accountable, or at least to know that they cannot just do this without consequences, not with God watching, and not with the world now able to know.

I am aware of the risks. I am not naive. Let us be honest: people can be extremely cruel. We see people being torn to shreds on the internet all the time, in Western media, in Eastern media, everywhere in between. People can be callous, brutal, and utterly blunt online, showing a transparent side of themselves that you would never expect. I am not born yesterday. I know this.

On My Own Life and the Lies They Tell

I want to state something plainly: I have never had a boyfriend or girlfriend in my life. I have never been in a romantic relationship. I have chosen to live with integrity, to focus on my faith, my family, my education, and my community. The surveillance operators cannot point to any real relationship, any real scandal, any real wrongdoing in my life, so they fabricate them. They try to traumatize me and accuse me of harbouring evil, perverse intent toward minors, toward my own mother, toward anyone they can use to hurt me. And when I don't engage in these normal behaviours of most young people, some of them try to mock me by calling me an "incel" or "volcel", as if it would provoke me the behave the other way.

The surveillance operators know they cannot find real dirt on me. I have lived a relatively clean life. I have tried to be decent. I am by no means better than anyone else, not particularly Godly nor all that "righteous" or "virtuous", but I try to honour God. And that infuriates them. So they try to create dirt. They try to make me into something I am not. They try to break me so that I become the monster they need me to be to justify their own cruelty.

I will not become that monster. I will not let them win.

On My Family and the Truth of Who We Are

I want to state clearly who my family is, because the surveillance operators have tried to fabricate a history that does not exist. My dad has never been violent to me nor my mom, growing up or at any time. My mom has never cheated on my dad since immigrating to Canada, and my dad has never cheated on her. We are a close

family. We love one another. We have our disagreements, our frustrations, our moments of tension, like any family, but the foundation is love, respect, and loyalty.

The suffering I have endured over these past years from the surveillance has fallen mostly on me. I am the one who hears the voices, sees the glitches, feels the intrusions. I am the one who carries the weight of this knowledge. And even when I try to explain this to others, including my parents, they do not understand the extent of what I experience. How could they? They do not have the same access to the information I have. They do not hear what I hear. They see the symptoms but not the cause.

But I am extremely grateful that at least I have this space to share, to pour out all my thoughts and analysis and emotions. It is so much better than swallowing this and taking it with me to the grave. Not taking this with me to my grave, exposing it, documenting it, letting it be known, is an incredible blessing. A privilege I do not take for granted.

Imagine If You Were in My Shoes

Imagine if you were the person these surveillance operator creeps were harassing, making you think these gross intrusive thoughts about the people you love the most, whether it be your parents or your children. How disgusting would that be? Because in good faith, some of these surveillance operators are literally chanting and trying to make you think of depraved criminals while doing these traumatic rituals and harassments, hoping you will take on similar qualities as these bad people, obsessive thoughts, ruminations, actions.

Even as I write this, I know how it sounds to an outsider. Creepy. Insane. The ramblings of someone who has lost touch with reality. But I am not writing this because I want to sound dramatic or insane. I am writing it because these are the things the surveillance operators make me hear, the images they try to force into my mind, the lies they want me to believe about myself and about the mom who has loved me more consistently than anyone else in my life.

Some of them even accuse me of "lying" as I make these confessions. They say I am covering my tracks. They assume, because this is how their own minds work, that I am writing this out to plan something wicked in the future, to have evidence I can use to defend myself if something happens, to manipulate insurance money or legal outcomes, to prove myself more righteous or ethical than I am, rooted in self-interest and personal righteousness over true love toward others. Some are literally thinking I am writing this to "cover my ass" if I were to do something wicked, or to have evidence I can utilize to defend myself if something were to happen.

This is what they do. They project their own darkness onto me and assume I am as calculating, as cruel, as opportunistic as they are.

I am not. I am simply a daughter who loves her mother and is terrified of what these people want to do to us.

My Mom: Who She Really Is

My mom is a wonderful woman. She is decent, hardworking, kind, gentle, and brave. She has supported me spiritually, emotionally, and practically ever since I returned to Montreal from New York in 2024. She has helped me with finances, with daily living, with maintaining our church relationships. She has been there for me through some of the darkest moments of my life.

But she is also human. Like anyone, she is capable of anger. She has her own fears about the future, her own anxieties, her own struggles with depression. She does not know the full extent of what the surveillance operators do. She does not realize the depravity of the people who are in our lives without her knowledge. She sees the symptoms, my distress, my occasional outbursts, my need for space, but she cannot see the cause.

Likewise, due to our limitations of knowledge, resources, and connections, she does not want to spend the time to invest too much in pursuing more legal action and involvement to get my story out there, as most victims tend to do, thinking it is too much of a hassle, can include public and stalker-related retaliation, skepticism, bad press, being labelled as insane, being judged and shunned. Indeed, these arguments are brought forth by most people who experience wrong at the hands of oppressors or the advantaged who think they can get away with these crimes. But she is decent and kind, and I would not want her to be affected without others knowing what we endure and go through.

Likewise, because these surveillance people can just easily continue to harass and monitor us even if we both completely changed and started afresh with new identities, even plastic surgery, which makes no sense, I would rather just have this out in the open. I do not want to get doxxed ideally, but I carefully weigh the pros and cons, and in some ways being doxxed could actually be safer.

On the Sensory Manipulation

The surveillance people literally try to make you, when you are not in your right state of mind, while doing perverse things during the rituals, sometimes including manipulating your sensory organs and taste to taste things like blood, while doing these perverse things, literally saying they are trying to make you a sadist, while thinking about minors and people you love, thinking it would translate to immense mental illness and criminality. Sometimes they think it is justified because in the past I made the unwise decision to listen to some true crime podcasts.

I harbour immense guilt and disgust over listening to these things, and that is why they call this "justice." But in my defense, it was due to some morbid curiosity, and I did not think too much about it. This lesson also reminds me that we need to repent of our sins, and to definitely not support nor normalize people's pain, fears, and bad stories as something to be "entertainment" or "news" to sensationalize. Especially do not actively support people who monetize this type of news, as it is really evil, and it also influences our own values, beliefs, and norms such that our hearts are afflicted before being loving, sensitive, pure—with many nowadays being numbed, apathetic, "fearless," which is not even a good thing because it just means your heart has

become numb, dull, and cold, perhaps as a way to normalize and reduce the trauma that this news actually affected you with.

A Word on Compassion

This also reminds me to be extremely kind and more empathetic and understanding of people with seemingly "mental illness," men and women alike. Sometimes when you see people with personality impairments and impediments, please remember to try not to judge them, as you really do not know what the person has experienced or is experiencing. Instead, treat people with basic decency, kindness, and understanding, given the fact that everyone has their experiences and stories, and so many people are much more tough and experience unfairness that you can imagine. I even feel guilty I cannot do more to make everyone's lives better, since no one inherently deserves these bad things.

For some of the surveillance operators to think what they put me through as being justified—that is not God speaking through them but their worldly, human notions of revenge, hate, anger. Similarly, to refute them: what about the people who are investigators, forensic experts, researchers, criminal lawyers who help the victims of these things? I can easily say I would have gone into this field to help people. I do not support these wicked things, nor have I ever bullied people the way they bully me in the past. They even accuse me of lying about this, but I am not going to create lies about myself and things I have not done to others online and offline just to appease these lies made by some of these surveillance operators, so they can feel less guilty and justified over the cruelty and perversion they put me and my decent parents through, as well as the implied perversions they put others around me through, including friends and mentors who trust me and see good with me, not knowing that I am enduring these people monitoring my life, and apparently their lives albeit to much less extent, to think it is as if I am incurring spiritual debt due to being complicit and not having been more vocal and obvious and truth-telling to the others around my life.

I have even thought these days to design (and indeed have already created and printed out) literal index cards to give to others, explaining to them I am a targeted individual, with information on this blog so they can read my experiences and choose to believe me or not, just so it is more taking responsibility for being honest with others. Likewise, I have always ensured throughout my life to try to respect others' lives and boundaries with them and their family members. Since this harassment, I have not even attempted to "date" anyone, nor have children, just because it is the more ethical choice and decision, and I have even had these conversations with my platonic friends. This again seems laughable and easy to discredit, immature and narcissistic to say, but indeed these are actual ethical considerations that I have thought about given these unique circumstances.

My Fears

I have immense, obsessive fears about accidentally hurting my mom. Or her hurting me. Not because I think either of us wants to, but because I know what these operators are capable of. They have the technology to influence moods, to induce anger, to create confusion, to push people toward the edge. They have done it

before. They talk about wanting a "switch" to flip, hoping that one of us will suddenly become violent, that we will become the "true crime" case they seem to crave.

These fears have been with me for so long. I have confessed them to psychologists, to psychiatrists, to some of my friends, to my parents themselves, to the police, and to God. I have been completely transparent about what I feel, what I fear, what they try to make me think. And I have been told, repeatedly, that these are not my thoughts, they are intrusions, projections, weapons.

I want to be clear: I am not being cryptic. I am not being evil. I am not a "horror-bore" or a "true crime" case waiting to happen. I am not an evil genius writing this out to plan something wicked in the future. I am a daughter who loves her mother and is doing everything she can to protect both of them from people who seem to want us to destroy each other.

Regardless of knowing this obvious intent, I lack fear, since I believe God will protect us continuously from such evil intent. I praise God of His protection and goodness in our lives, in the name of Jesus Christ, amen.

Why I Am Writing This So Clearly and in Detail

I am writing this out clearly and in detail to take away their power and to shed light on evil.

I have already sent these statements to human rights organizations, to ministry agencies, to journals abroad, extending beyond Canada to include the US, China, and some other nations. I am letting officials know about the type of surveillance technologies that exist. This is my means to be honest and frank, to speak the truth surrounding the truthful experiences I endure and the knowledge I have obtained. It is better than this being in secret.

I have carefully considered the legal consequences. But given my situation, when the surveillance operators talk about being able to murder you with their surveillance weapons, which indeed they could given the amount of potential pain they can induce, as well as inducing blindness, numbing, etc., it is better that I at least record and share these experiences than have this taken with me to my grave and have people not know the situation I am in and what I have endured.

Why would I even worry about reinventing myself and hiding from society? Their surveillance technology is easily able to basically tailgate me wherever I go. That is why I am not focused on reinventing myself and hiding. Plus, I now weigh the pros and cons and see it may be a more honest existence to be honest about my targeted surveillance status versus hiding and pretending everything is fine, which is then why they would accuse me of being lawless, complicit, and "one of them."

Of course, I am well prepared for people to think I may be delusional, or even to assume things from these writings that are not true. But as someone who puts trust in God, in Jesus Christ, who is Truth, in my right state of mind I see the dire importance of writing out the details and intricacies of my experiences from my

perspective, versus having these other surveillance operators try to write it for me in their biased, gross perspectives.

My Dad, Too

My dad also lives in China. He is a very decent man, and he is also a victim of this targeted surveillance. The operators mock him. They imply racist, classist things about him. They exploit his distance, his inability to be here, to sow division between him and my mom, between him and me. They try to make us feel like he is absent, indifferent, uninvolved, when the truth is that he has been limited by economic constraints, by COVID-19, by the circumstances that left him in China while my mom works an honest job in Canada to support us.

Our life quality declined after COVID-19. Our family spent so much money on my education in New York, only for me to return traumatized by what I experienced there. And now the surveillance operators follow us. They try to expedite, whatever that means. It is terrifying to know that they are still attempting, still hoping, still waiting for us to break.

I do what I can to inform and educate my mom and others around me. Even though she remains somewhat skeptical, even though she does not know the entire extent, I am grateful that we are both Christians. We have both been baptized. We have a strong social network where we live, a church community that helps us, supports us, understands us. And I have created this comprehensive statement to share with my family back in China, so that they are not in the dark about this unique situation I am in, even knowing that most people will be skeptical, will not know what to think, will not even know how to understand what I am saying. I try to make it detailed, comprehensive, nuanced. But these topics are objectively not thought about by most of the population. I accept that.

What I Am Doing to Help

I am trying to be a decent daughter. I know I am not perfect. I could be much better, more patient, more present, less burdened by my own struggles. But given the situation I am in, I try. I try not to weigh my mom down with additional burdens. I try to stay motivated, to have faith, to be social, to make friends. I take careful, prudent steps to expose my experiences in a convincing and accurate way, with research, with professional help, with legal and healthcare and law enforcement aid.

I am glad that through all of this, my mom, who was a bit estranged from her siblings back in China, has reconnected with them. I encourage her to make more friends at our church, a place where the people are safe. I pray for her protection constantly. I try to strengthen the important relationship between her and my dad, even across the distance.

What I Want You to Know

I love my mom. A lot.

Thankfully, the people in my real life, my church friends, the people who know us, can see that. They see us together. They see how we care for each other. They know that whatever the surveillance operators try to project onto us, the truth is simpler: we are a mother and daughter who love each other, who have been through hard times, and who are still here.

I am writing this as evidence. Evidence that I love my mom. Evidence that I rebuke the lies about our relationship. Evidence that I am trying, imperfectly, but genuinely, to be a decent daughter in a gross, unethical situation that none of us asked for.

A Call for Help

I am writing this as a cry for help.

My mom and I are both capable of immense fury and anger, and violence, certainly. My mom is a wonderful woman, but like anyone else she is also capable of being angry, and also having some depression, anxiety, fears of the future. That is why I see my relationship with her with extreme prudence and treat it delicately. Since my return to Montreal from New York in 2024, although my mom has been extremely supportive, spiritually, emotionally, practically, she does not even realize the depravity of the surveillance operators who are in our lives.

I have immense obsessions and fears about accidentally hurting her and vice versa. That is why I completely give her to God, to Jesus Christ.

I know that from outsiders' perspectives, of course we are just strangers or other people. Most people only really care about their own families and friends, people in their own lives, to give too much thought to the immense fears and pressure I have toward our delicate relationship. I have been accused of being "demonic" at times if I am upset at my mom, due to her sometimes-berating attitude toward me and lack of understanding of my spiritual and gross surveillance abuse to its entire extent.

But I am calling for help nonetheless. Because this situation is real. Because these operators are real. Because my love for my mom is real.

My Blessing

I completely say: I bless my parents with grace, love, protection, safety, and everything good in the name of Jesus Christ. I know that the gross things they are enduring without their knowledge at the hands of these surveillance operator freaks will be judged. God will not forget them and the racism, exploitation they are without their knowledge put through. Nor will God forget anyone else touched by this situation.

I pray this in the name of Jesus Christ. Amen.

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IMPORTANT: A Confession About the Lies They Tell: Perversion, Isolation, and War Accusations (March 21, 2026)

Trigger Warning: This post describes psychological abuse, harassment tactics, and references to disturbing themes. I am writing this to document what I have endured, not to sensationalize. Please take care of yourself as you read.

I am writing this as a confession, not because I have done anything wrong nor because I want to do anything wrong, but because the surveillance operators have been trying for years to make me believe I am like them. They have been trying to make me feel guilty, creepy, and perverse for simply living my life with grace, normalcy, and a healthy attitude.

This is one of the most unnecessary and gross aspects of what they do.

How They Try to Isolate You

The surveillance operators try to isolate you, or at least make you feel mentally isolated. They whisper lies, accuse you of wickedness, make you hear the vilest and most belittling names, trying to convince you that you are keeping some dark secret. They accuse you of being complicit in things that have never happened in your life, the crimes they commit, things you have never done, things you have never even thought about prior to their blatant accusations. They imply you are hiding something unspeakable, trying to make you feel guilty by association, trying to make you believe that simply knowing about their existence makes you complicit.

This is a grooming tactic. It is designed to isolate you, to make you feel like you cannot tell anyone, to make you feel like you are somehow part of the darkness simply because you have been exposed to it. They hope you will break. They hope you will become violent. They hope you will become what they are.

I refuse.

The Perversion of the Sacred

One of the most unnecessary lies they tell involves a perversion of something sacred to my Faith: the Eucharist.

In the Bible, at the Last Supper, Jesus Christ took bread and wine and gave it to His disciples, saying: *"This is my body, given for you... This cup is the new covenant in my blood."* (Luke 22:19-20) This is a sacred mystery, a symbol of love, sacrifice, and communion with God.

These individuals have twisted this. They have taken something holy and tried to corrupt it, using their technology to project degrading associations onto the simple act of eating. They try to make me associate normal food, sustenance, something good and necessary for life, with shame, filth, and eating disorders. They produce offensive smells and sounds to create disgust around something as basic as a meal.

If I continue eating despite their harassment, they accuse me of gluttony. They body shame me constantly, hoping I will become unhealthy, hoping I will become disabled, imagining me this way while insulting my intelligence.

Imagine this: you are simply sitting down to eat normal human food. You have done nothing wrong. You are not bothering anyone. And from their perspective, they act as if you are allowing these disgusting associations to be imposed on you. As if you are complicit. As if you want it. They are also implying they actually do these gross things to you or imagine you doing gross things, while you are having a normal, decent meal.

I do not. I never have. I never will.

What They Project, and What I Actually Am

They also have this bizarre obsession with accusing me of being like an "angel" because I am able to see the truth and call out their lies. And then, in the same breath, they project the most vile things onto me. They imagine me doing things I have never done. They accuse me of being something I am not. They also make it known that at this point, for many of them, they have made it a "game" to try to corrupt me, to get me to "switch", as I previously discussed in my March 21 Part 1-9 posts, hoping for a day when I start doing perverse, stupid, and sick things for them to record and make fun of, to amp up the occult and satanic rituals.

It sounds delusional, but it is not. Again, as I mention, when you know there are projects from the past like Project Monarch and Project MK-Ultra, and these are some of the people that I am calling out, the pattern becomes clear.

They have a twisted belief that because I will not become what they want me to become, because I will not break, because I will not become violent, because I will not become perverse, that somehow makes me a target for their contempt.

All I know is that God heals me from these wicked attempts to pervert and taint my perception. These people actively try to give me mental illness. They try to make me interpret the world in unhealthy ways. They do the opposite of Cognitive Behavioral Therapy; instead of healing trauma and renewing healthy thinking, they try to implant destructive patterns, to break down mental health rather than restore it.

The Cruelty of Watching Normal Life

What is truly disturbing is that they seem to derive satisfaction just from watching me do normal things. Sitting. Walking. Eating. Living. Their technology allows them to intrude into my space and impose themselves on my perception without my consent. They project themselves into my environment and seem to take pleasure in my distress.

And it is not just me.

Imagine a normal scene: children enjoying time with their friends, having something simple like hot chocolate, laughing, being kids. And imagine someone lurking, smirking, projecting their own darkness onto that innocent scene, watching these children enjoy their basic childhood through a twisted lens.

Those are the kind of people I am dealing with. They take pleasure in watching normal life and trying to corrupt it through their perception.

I am living my normal life. I am not bothering anyone. I am not hurting anyone. I have never wanted to do the things they project onto me. I have never done them. Yet they still accuse me. They still try to make me feel guilty. They still try to make me feel like I am the one who is twisted.

It is exhausting. And it is wrong.

A Confession About Protecting Myself

I need to confess something honestly. There is a dimension to this that I have not fully spoken about, and it weighs on my heart and conscience.

Since last year, particularly around May, the presence of these surveillance operators became much more intense and overwhelming. In response, I found myself mentally "shooting" them in my mind. I would imagine killing them, not in real life, never in real life, but in my thoughts, sometimes quite brutally, as a way to protect myself, to push them away, to create some mental boundary against their constant intrusion. It was a survival mechanism. When you are being psychologically tortured, when people project perverse things into your mind, when they make you feel like you have no escape, sometimes the mind reaches for the only weapon it has: imagination.

Thankfully, these are only mental acts. They do not translate to real life. I have never harmed anyone. I have never wanted to harm anyone. I hate guns. I do not support gun violence. I live in Canada, where I have never even touched or shot a real gun. I believe in a lawful society based on self-integrity, the pursuit of goodness, and the rule of law. I completely sympathize with people who support gun laws as a means to protect themselves; I would feel safer too in many ways if I had protection, given how unstable and unpredictable society can be. But the truth is, I feel gross and ashamed that I even have to resort to pretending to shoot these surveillance operators in my mind as a means of mental and spiritual comfort, given the gross things they accuse me of being and supporting.

Imagining violence against people, even those who torment you, is not aligned with Jesus Christ's way. His way is love, peace, goodness, the fruits of the Holy Spirit. So I repent of this. I confess it openly because I believe in honesty, and because hiding it would only let it fester.

A Connection I Can Only Speculate On

There is a deeper layer here, though I want to be very careful in how I say this. What follows is speculation on my part; I am not making a claim of certainty, only sharing a connection that occurred to me.

When Candace Owens spoke about Charlie Kirk's assassination and connected it to Freemasonry, I felt a chill. It made me wonder about something I had not understood before. Perhaps the reason the surveillance operators responded so intensely when I was mentally "shooting" them, the reason they escalated their accusations, their perverse projections, their attempts to paint me as a murderer, as violent, as someone who would harm children, is because they understood what I was doing through their own framework of symbolism and ritual. Perhaps, from their perspective, my mental defence looked like something else. Perhaps they saw it as

connected to things they already knew about, things I had no knowledge of at the time, including possibly what happened to Charlie Kirk.

I want to be clear: I do not know if this is true. I have no inside information. I am simply a targeted individual trying to make sense of why their reactions were so disproportionate, so extreme, so focused on accusations of murder and violence. When I later heard Candace Owens describe what she believes happened, the symbolism, the Freemasonry connections, the idea of "sacrifice", it resonated with something I had experienced but could not previously name.

I am not claiming to understand the war in Iran, nor am I claiming special knowledge about geopolitical events. Objectively, if I were an outsider reading this, I would likely label it delusional or schizophrenic. I know how this sounds. But I am sharing it because it is part of my experience, and because being honest about what I have observed, even when it sounds unbelievable, is the only way I know to document the truth of what I have endured.

The Ongoing Projections

These days, they make it obvious they envision me as a murderer, perverse, violent. Sometimes I still envision killing them in my mind. And sometimes, I confess this with deep shame, I have envisioned shooting and killing what they present as "demonic children" in my mind, the grotesque images they try to pervert and project onto me.

There is no justification for mentally pretending to kill children, even if those images are projected by abusers as a form of harassment. In my defence, and I offer this not as an excuse but as context, it was a desperate attempt to protect myself from a gross aspect of their abuse: when they pretend to be creepy children latching onto you, invading your personal space, using the most innocent images to torment you. During some of these episodes, they would accuse me of being part of the "beast of the sea" because I am aware of what they do, linking it to Revelation.

I am not proud of this. I am confessing it because honesty matters, because hiding these thoughts would only give them power, and because I want to be accountable to the God who sees all things.

What I Am Learning

What I have learned through this is that violence in the mind, even imagined, even as self-defence, does not heal. It only deepens the wound. Repentance is turning away from that and toward what is good, what is true, what is aligned with God.

I am learning to replace these mental images with prayer. I am learning to bless rather than curse, even in my thoughts. It is not easy. Some days I fail. But I am trying.

And I am learning that truth, spoken truth, confessed truth, truth brought into the light, has its own healing power. As I share these testimonies, as I document my

experiences, as I stop hiding what I have endured, I feel less violent. I feel more spiritually whole. The darkness loses its grip when you speak it into the light.

But I want to be clear: I am a Christian. I am someone who, in good faith, does not want to harm children, has never harmed children, and has no wicked intentions toward children. Unlike these surveillance operators, who accuse me of these terrible things, I know my own heart. I know what I have done and not done. I know the difference between a mental defense mechanism and actual evil intent.

What I have learned through this is that Truth is essential. As I have started sharing these testimonies, these experiences, my statement with others, I feel less violent. I feel more spiritually healing. The darkness loses its grip when you speak it into the light. These lessons teach me that Truth rooted in my lived experiences and my faith in God is what heals.

It may seem self-serving to say this, but taking care of your own mental health and spiritual health is not selfish. It is responsible. It heals you, and in healing you, it helps heal those around you too. Repentance is not about self-flagellation; it is about turning toward what is good, what is true, what is aligned with God. And I am turning.

I repent of the violence in my mind. I ask God to cleanse my imagination from the contamination of their projections. I ask for the fruits of the Holy Spirit: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. And I trust that God, who sees the full context, who knows what I have endured, who knows the difference between a victim's desperate mental defense and an abuser's deliberate cruelty, will extend grace.

A Note on What I Am Not Doing

I want to be clear: I am not writing this to sensationalize or to give anyone a thrill. I am writing this because these are the realities of what I endure, and naming them takes away some of their power. The people who do this would love for me to either stay silent or to write in a way that titillates. I am doing neither. I am documenting, plainly, what they do.

I have never sought out the things they project onto me. I have never engaged with such material. I find it repulsive. And I reject the false association they try to create between me and things that should not exist in any decent society.

What matters to me is healing, goodness, and the protection of the innocent. That is what I stand for. That is what I pray for. And that is what I will continue to focus on, by the grace of God.

I need to say something that connects what I am enduring personally to what is happening globally, because the surveillance operators have made this connection explicit to me.

Since the U.S. attacks on Iran that killed the country's Supreme Leader Ali Khamenei, conservative commentator Candace Owens has been speaking out forcefully against the war. On March 9, 2026, she posted a series of statements on X that align directly with what the surveillance operators have revealed to me about themselves.

She wrote:

"Do NOT sign up for or continue to fight for the U.S military. This war is on behalf of satanic pedophiles. Find the legal means to exit the military. Do not fight for child rapists. Come home."

She has also stated:

"Trump has betrayed America and expects you to die for Israel. There is no honor in being led by dishonorable men to your death."

When I first heard these words, I felt something I rarely feel anymore: validation. Because this is exactly what the surveillance operators have been revealing to me about themselves. They have made it known that some of them are connected to elite networks that are funding war, the very war happening right now, and that they are involved in the kinds of things Owens is naming openly.

On Candace Owens: A Voice I Can Genuinely Vouch For

I want to be very clear about something. When Candace Owens speaks about these things, I can genuinely vouch for what she is saying, not because I know her personally, but because what she is describing matches exactly what the surveillance operators have made known to me about themselves. The patterns she names, the networks she identifies, the reality of elite corruption and satanic practices within powerful institutions, these are not abstractions to me. I have lived at the receiving end of them for years.

Candace Owens has said she received tips about people planning assassinations. She has spoken about being warned, about the dangers of exposing these networks. I believe her. I also believe she is a genuine Christian woman who is risking her platform, her safety, and her reputation to speak the truth. She is revealing corruption that is plaguing the United States at the highest levels, corruption that has been hidden, that has been allowed to fester, that has been protected by those who benefit from it.

I bless her. I pray for her protection. I pray for miracles in her life, for safety, for the divine presence of God the Almighty to surround her. I pray that the universe and

God Himself are on her side, because she is doing what few are willing to do: speaking truth to power, naming evil, and calling people to choose what is right.

A Prayer for Candace Owens:

In the name of Jesus Christ, I bless Candace Owens with protection, faith, miracles, safety, and every good thing. May God the Almighty surround her. May she be shielded from harm. May her voice continue to reach those who need to hear it. Amen.

In a recent episode of her podcast (Episode 308, titled "Donald Trump has Betrayed America"), Owens went further, connecting the war in Iran to what she believes happened to Charlie Kirk. She stated:

"He was betrayed. Charlie Kirk was the first casualty of the war in Iran. I'm certain of that. And it's deeper than that. I am now of the opinion that he was likely sacrificed."

She elaborated on her research into Freemasonry and what she described as the symbolism behind Kirk's death, stating:

"I believe that the manner of Charlie's death, Charlie's death was also intended to cast a spell. That's the only thing I come up. I kept asking the question, why did they broadcast this? Making us watch Charlie die was diabolical."

She also addressed the public directly:

"To the routinely gaslit public, I would like to validate your every instinct... There was apparently, sadly for them, not enough empiricism, rationality, or spellcasting in the universe to override our sense that something was and is deeply wrong."

I am not saying I agree with every claim Candace Owens makes. I do not know her personally, and I do not have access to all the information she has. But I am saying this: when a public figure with a large platform starts naming the same realities that I have been forced to endure privately, the reality of elite networks engaged in satanic practices, the reality of war being pushed by people with depraved intentions, it tells me that I am not alone in seeing this. It tells me that the things I have been forced to know are not just my delusion. They are real, and they are being exposed.

In March 2026, Owens also responded to President Trump calling Tucker Carlson "kooky," stating:

"Trump just fractured his base. What was the mandate? Keep Americans out of foreign affairs. No war."

She later observed:

"Trump initially signaled that America had nothing to do with what happened in Iran. That America was not going to get involved. That he was negotiating peace."

Now, she argues, the situation has changed. And the people who benefit are not the American people.

On Professor Jiang Xueqin

I also want to mention Professor Jiang Xueqin, a Chinese-Canadian historian, Yale graduate, and creator of the "Predictive History" YouTube channel. His work analyzing geopolitics through the lens of historical patterns and game theory has been invaluable in helping me understand the larger forces at play. He approaches both East and West as rational actors pursuing national self-interest, not through conspiracy, but through the sober analysis of incentives, geography, and historical precedent.

What I appreciate about Professor Jiang's work is that he does not sensationalize. He does not reduce complex geopolitical realities to good versus evil narratives. Instead, he helps us see how systems behave, how nations act, and what we can anticipate. His framework has helped me make sense of the geopolitical dimensions of what the surveillance operators have revealed to me, their intentions regarding war, their calculations about power, their assumptions about the future.

Like Candace Owens, Professor Jiang is speaking truth in a way that matters. His work deserves to be heard, and I pray for his continued protection and influence as well.

How God Heals Me

But here is what I have learned: God heals me from these wicked attempts. God restores my perception. God protects my mind.

The Bible says: *"Do not be overcome by evil, but overcome evil with good."* (Romans 12:21)

These people try to make me see the world through a lens of filth and perversion. But I refuse. I choose to see what is good. I choose to see what is pure. I choose to live my life with integrity, no matter how much they try to taint me.

They want me to become a monster. I will not.
They want me to become violent. I will not.
They want me to become like them. I will not.

I am simply a daughter who loves her mother, a woman who loves God, a person who wants to live a decent life. And no amount of their disgusting harassment will change that.

A Blessing Against Their Perversion

I bless my mind, my body, and my spirit with healing from their attempts to corrupt. I bless my perception to be renewed and restored. I bless every person who has been targeted by such individuals, whether they know it or not.

In the name of Jesus Christ, I rebuke their attempts to taint what is pure. I rebuke their attempts to make me feel guilty for things I have never done. I rebuke their attempts to isolate me, to shame me, to break me.

God sees what they do. God knows the truth. And God will judge.

May we all choose goodness. May we all choose purity. May we all choose to live with integrity, no matter what darkness surrounds us.

Amen.

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IMPORTANT: A Confession About the Lies They Tell: Perversion, Isolation, and War Accusations (March 21, 2026)

Trigger Warning: This post describes psychological abuse, harassment tactics, and references to disturbing themes. I am writing this to document what I have endured, not to sensationalize. Please take care of yourself as you read.

I am writing this as a confession, not because I have done anything wrong nor because I want to do anything wrong, but because the surveillance operators have been trying for years to make me believe I am like them. They have been trying to make me feel guilty, creepy, and perverse for simply living my life with grace, normalcy, and a healthy attitude.

This is one of the most unnecessary and gross aspects of what they do.

How They Try to Isolate You

The surveillance operators try to isolate you, or at least make you feel mentally isolated. They whisper lies, accuse you of wickedness, make you hear the vilest and most belittling names, trying to convince you that you are keeping some dark secret. They accuse you of being complicit in things that have never happened in your life, the crimes they commit, things you have never done, things you have never even thought about prior to their blatant accusations. They imply you are hiding something unspeakable, trying to make you feel guilty by association, trying to make you believe that simply knowing about their existence makes you complicit.

This is a grooming tactic. It is designed to isolate you, to make you feel like you cannot tell anyone, to make you feel like you are somehow part of the darkness simply because you have been exposed to it. They hope you will break. They hope you will become violent. They hope you will become what they are.

I refuse.

The Perversion of the Sacred

One of the most unnecessary lies they tell involves a perversion of something sacred to my Faith: the Eucharist.

In the Bible, at the Last Supper, Jesus Christ took bread and wine and gave it to His disciples, saying: *"This is my body, given for you... This cup is the new covenant in my blood."* (Luke 22:19-20) This is a sacred mystery, a symbol of love, sacrifice, and communion with God.

These individuals have twisted this. They have taken something holy and tried to corrupt it, using their technology to project degrading associations onto the simple act of eating. They try to make me associate normal food, sustenance, something good and necessary for life, with shame, filth, and eating disorders. They produce offensive smells and sounds to create disgust around something as basic as a meal.

If I continue eating despite their harassment, they accuse me of gluttony. They body shame me constantly, hoping I will become unhealthy, hoping I will become disabled, imagining me this way while insulting my intelligence.

Imagine this: you are simply sitting down to eat normal human food. You have done nothing wrong. You are not bothering anyone. And from their perspective, they act

as if you are allowing these disgusting associations to be imposed on you. As if you are complicit. As if you want it. They are also implying they actually do these gross things to you or imagine you doing gross things, while you are having a normal, decent meal.

I do not. I never have. I never will.

What They Project, and What I Actually Am

They also have this bizarre obsession with accusing me of being like an "angel" because I am able to see the truth and call out their lies. And then, in the same breath, they project the most vile things onto me. They imagine me doing things I have never done. They accuse me of being something I am not. They also make it known that at this point, for many of them, they have made it a "game" to try to corrupt me, to get me to "switch", as I previously discussed in my March 21 Part 1-9 posts, hoping for a day when I start doing perverse, stupid, and sick things for them to record and make fun of, to amp up the occult and satanic rituals.

It sounds delusional, but it is not. Again, as I mention, when you know there are projects from the past like Project Monarch and Project MK-Ultra, and these are some of the people that I am calling out, the pattern becomes clear.

They have a twisted belief that because I will not become what they want me to become, because I will not break, because I will not become violent, because I will not become perverse, that somehow makes me a target for their contempt.

All I know is that God heals me from these wicked attempts to pervert and taint my perception. These people actively try to give me mental illness. They try to make me interpret the world in unhealthy ways. They do the opposite of Cognitive Behavioral Therapy; instead of healing trauma and renewing healthy thinking, they try to implant destructive patterns, to break down mental health rather than restore it.

The Cruelty of Watching Normal Life

What is truly disturbing is that they seem to derive satisfaction just from watching me do normal things. Sitting. Walking. Eating. Living. Their technology allows them to intrude into my space and impose themselves on my perception without my consent. They project themselves into my environment and seem to take pleasure in my distress.

And it is not just me.

Imagine a normal scene: children enjoying time with their friends, having something simple like hot chocolate, laughing, being kids. And imagine someone lurking, smirking, projecting their own darkness onto that innocent scene, watching these children enjoy their basic childhood through a twisted lens.

Those are the kind of people I am dealing with. They take pleasure in watching normal life and trying to corrupt it through their perception.

I am living my normal life. I am not bothering anyone. I am not hurting anyone. I have never wanted to do the things they project onto me. I have never done them. Yet they still accuse me. They still try to make me feel guilty. They still try to make me feel like I am the one who is twisted.

It is exhausting. And it is wrong.

A Confession About Protecting Myself

I need to confess something honestly. There is a dimension to this that I have not fully spoken about, and it weighs on my heart and conscience.

Since last year, particularly around May, the presence of these surveillance operators became much more intense and overwhelming. In response, I found myself mentally "shooting" them in my mind. I would imagine killing them, not in real life, never in real life, but in my thoughts, sometimes quite brutally, as a way to protect myself, to push them away, to create some mental boundary against their constant intrusion. It was a survival mechanism. When you are being psychologically tortured, when people project perverse things into your mind, when they make you feel like you have no escape, sometimes the mind reaches for the only weapon it has: imagination.

Thankfully, these are only mental acts. They do not translate to real life. I have never harmed anyone. I have never wanted to harm anyone. I hate guns. I do not support gun violence. I live in Canada, where I have never even touched or shot a real gun. I believe in a lawful society based on self-integrity, the pursuit of goodness, and the rule of law. I completely sympathize with people who support gun laws as a means to protect themselves; I would feel safer too in many ways if I had protection, given how unstable and unpredictable society can be. But the truth is, I feel gross and ashamed that I even have to resort to pretending to shoot these surveillance operators in my mind as a means of mental and spiritual comfort, given the gross things they accuse me of being and supporting.

Imagining violence against people, even those who torment you, is not aligned with Jesus Christ's way. His way is love, peace, goodness, the fruits of the Holy Spirit. So I repent of this. I confess it openly because I believe in honesty, and because hiding it would only let it fester.

A Connection I Can Only Speculate On

There is a deeper layer here, though I want to be very careful in how I say this. What follows is speculation on my part; I am not making a claim of certainty, only sharing a connection that occurred to me.

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I want to be clear: I do not know if this is true. I have no inside information. I am simply a targeted individual trying to make sense of why their reactions were so disproportionate, so extreme, so focused on accusations of murder and violence. When I later heard Candace Owens describe what she believes happened, the symbolism, the Freemasonry connections, the idea of "sacrifice", it resonated with something I had experienced but could not previously name.

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These days, they make it obvious they envision me as a murderer, perverse, violent. Sometimes I still envision killing them in my mind. And sometimes, I confess this with deep shame, I have envisioned shooting and killing what they present as "demonic children" in my mind, the grotesque images they try to pervert and project onto me.

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What I Am Learning

What I have learned through this is that violence in the mind, even imagined, even as self-defence, does not heal. It only deepens the wound. Repentance is turning away from that and toward what is good, what is true, what is aligned with God.

I am learning to replace these mental images with prayer. I am learning to bless rather than curse, even in my thoughts. It is not easy. Some days I fail. But I am trying.

And I am learning that truth, spoken truth, confessed truth, truth brought into the light, has its own healing power. As I share these testimonies, as I document my experiences, as I stop hiding what I have endured, I feel less violent. I feel more spiritually whole. The darkness loses its grip when you speak it into the light.

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Candace Owens has said she received tips about people planning assassinations. She has spoken about being warned, about the dangers of exposing these networks. I believe her. I also believe she is a genuine Christian woman who is risking her platform, her safety, and her reputation to speak the truth. She is revealing corruption that is plaguing the United States at the highest levels, corruption that has been hidden, that has been allowed to fester, that has been protected by those who benefit from it.

I bless her. I pray for her protection. I pray for miracles in her life, for safety, for the divine presence of God the Almighty to surround her. I pray that the universe and

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A Prayer for Candace Owens:

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In the name of Jesus Christ, I rebuke their attempts to taint what is pure. I rebuke their attempts to make me feel guilty for things I have never done. I rebuke their attempts to isolate me, to shame me, to break me.

God sees what they do. God knows the truth. And God will judge.

May we all choose goodness. May we all choose purity. May we all choose to live with integrity, no matter what darkness surrounds us.

Amen.

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Part 1: American Racism, Historical Foundations and Hypocrisy (March 22, 2026)

Trigger Warning: This post contains discussions of racism, systemic oppression, and disturbing themes. I am writing this to document my observations and critique systems of injustice, not to sensationalize.

I am writing this as part of my ongoing series documenting my experiences as a targeted individual. The surveillance operators who harass me are not representative of all Americans. There are kind, decent, faithful people in the United States who love God and seek to do good. However, I believe there is a particular strain of corruption within certain elite institutions that needs to be examined.

What follows is not a condemnation of any race or nation. All nations have complex histories, and all peoples are capable of both good and evil. My hope is that by

examining these systems honestly, we may learn, grow, and turn toward what is good. Ultimately, I place my hope in God's mercy through Jesus Christ, who calls us to love our neighbors as ourselves.

False Prophets, Wolf in Sheep's Clothing, True Faith, and Jesus Christ: An Exposé of Elite Hypocrisy, Christian Nationalism, and the War Against Humanity

Who I Am

Before I begin, I want to be clear about my identity. I am a Chinese Canadian woman. I hold Canadian citizenship and my family is from China. The surveillance operators who harass me sometimes try to label me as "American", but , I am Chinese Canadian, proud of both my heritage and my adopted country. I reject any attempt to erase or misrepresent my identity.

American Racism: Historical Foundations

The Contradiction at the Heart of America

The United States was founded on principles of liberty and equality, yet these ideals were not extended to all people. The Declaration of Independence proclaimed that "all men are created equal" while slavery remained legally protected. This contradiction has shaped American history ever since.

From the displacement of Indigenous peoples to the enslavement of Africans, from Jim Crow laws to ongoing racial disparities, the United States has struggled to reconcile its founding ideals with its practices. As sociologist Joe Feagin (2014) documents, systemic racism in America is not merely individual prejudice but a deeply embedded structure affecting housing, education, employment, healthcare, and criminal justice.

The racial wealth gap remains significant. According to the Federal Reserve's 2023 Survey of Consumer Finances, the median white household holds approximately ten times the wealth of the median Black household. The COVID-19 pandemic exacerbated these inequalities, with Black and Latino communities experiencing higher rates of infection, job loss, and economic hardship. Studies from the Centers for Disease Control and Prevention (2021) showed that systemic factors, unequal access to healthcare, housing, and employment, made these communities more vulnerable.

Political Polarization and Racial Discourse

The pandemic also intensified political polarization around race. During this period, debates over critical race theory, voting rights, and police reform became flashpoints. While Democrats positioned themselves as advocates for racial justice, critics have observed that Democratic-led cities often maintained policies that perpetuated inequality. Meanwhile, Republicans faced criticism for rhetoric that some viewed as stoking racial division.

I do not claim that one party is closer to God than another. Both have failures. But I have observed that performative gestures, such as corporate diversity initiatives that coexist with exploitative practices, can obscure deeper issues. True justice requires more than surface-level commitments.

Colourism and Appearance-Based Prejudice

One dimension of American racism that deserves attention is colourism, prejudice based on skin tone within and between racial groups. Research suggests that colourism operates differently in the United States than in some other countries. Scholar Margaret Hunter (2007) notes that in the US, lighter skin has historically been associated with higher social status, education, and income, even among people of the same racial group. This dynamic has roots in slavery, where lighter-skinned enslaved people were sometimes given preferential treatment.

In Europe, colourism often manifests differently, shaped by distinct colonial histories and immigration patterns. The American emphasis on racial categorization, often reducing complex identities to binary categories, has made colourism particularly visible in the US context.

Corporate Hypocrisy and Cultural Power

The Gap Between Image and Reality

One tension in American culture is the contrast between what institutions publicly profess and what they privately enable. Many corporations have robust diversity, equity, and inclusion programs. They have diversity training, DEI initiatives, and public commitments to racial justice. Yet the entertainment and media industries produce content that often reinforces racial stereotypes and exploits marginalized groups.

This is not to dismiss corporate DEI as meaningless, but to recognize that power operates on multiple levels. While corporate policies reflect one kind of power, cultural influence, through media, entertainment, and celebrity, shapes public attitudes in ways that may contradict those policies. Celebrities and athletes have immense influence. They represent brands, shape norms, and can either challenge or reinforce harmful stereotypes. Soft power matters. Entertainment matters. What a society produces and consumes reflects its values.

Research on Pornography and Racial Stereotypes

The pornography industry, largely American-dominated, has been critiqued for perpetuating racial stereotypes. Research shows that pornography often reinforces racial hierarchies, with Asian women frequently portrayed as submissive or exotic, Black men as hypersexualized, and white women as the normative standard of beauty (Cowan & Campbell, 1994; Dines, 2010).

Studies indicate that pornography sites frequently categorize content by race, reinforcing stereotypes and contributing to the fetishization of people of color (Miller-Young, 2014). Asian women in particular are often portrayed through the "submissive Asian" stereotype, a trope rooted in colonial and military contexts, including the presence of American soldiers in Asia and the "mail-order bride" industry (Nemoto, 2006; Zheng, 2016). Research by Yoshihama (2002) and Crenshaw (1991) documents how such stereotypes contribute to higher rates of sexual harassment and violence against Asian women.

The other extreme, portraying women as jezebels, witches, or dominatrices, is equally problematic. Both representations reduce human beings to caricatures based on race. Scholars have documented how these "oppositional stereotypes" work in tandem: the submissive Asian woman and the dragon lady; the jezebel and the mammy; the exotic and the dangerous. These are not accidental. They serve to control and dehumanize.

Scripture, Race, and Generational Trauma

The Ezra Passage in Context

I want to address the misuse of scripture to justify racial separation. In the book of Ezra, the Israelites returning from exile were instructed to separate themselves from foreign wives. This passage has been misused throughout history to justify racial purity ideologies.

However, the context of Ezra is specific. The Israelites were called to separate themselves from the idolatrous practices of surrounding nations. The concern was religious fidelity—avoiding the worship of foreign gods, not racial purity. As biblical scholar Daniel L. Smith-Christopher (2002) notes, Ezra's reforms were about preserving religious identity in a vulnerable post-exilic community, not creating racial hierarchy.

From a Christian perspective, the gospel breaks down racial barriers. The apostle Paul wrote: "There is neither Jew nor Greek, there is neither slave nor free, there is no male and female, for you are all one in Christ Jesus" (Galatians 3:28). The early church was remarkable for its inclusion of people from all nations, races, and social classes. Racism is fundamentally incompatible with the gospel.

Modern Racism in Historical Context

It is worth noting that the forms of racism we see today, systemic, global, and rooted in centuries of colonialism and exploitation, are historically unprecedented. While prejudice and xenophobia have existed throughout human history, the transatlantic slave trade, colonialism, and the scientific racism of the 18th and 19th centuries created structures of inequality that continue to affect generations.

Research on epigenetics suggests that trauma can be passed across generations. Studies have shown that descendants of enslaved people, Holocaust survivors, and other trauma survivors exhibit biological markers of stress that can affect health, cognitive development, and emotional well-being (Yehuda & Lehrner, 2018). This does not mean any group is inherently inferior, it means oppression leaves wounds that take generations to heal.

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Part 2: A Message to All Nations: Faith, Soulfulness, and a Call to China and Beyond (March 22, 2026)

Trigger Warning: This post contains discussions of cultural critique and religious reflection. I am writing this to share my perspectives with love and concern for all nations.

A Message to China and East Asia

On Superficiality and Idolatry

I love China. I am Chinese Canadian. I care extremely about the health and future of the Chinese people. But I believe there are things that need to be said with love and concern.

One major critique I have of East Asian culture, including China, Japan, South Korea, is the idolatry of surface beauty and superficial success. The entertainment and music industries have created a culture where idols are worshipped, where appearance is valued over substance, where young people are pressured to conform to cookie-cutter standards of beauty that produce clones rather than celebrate diversity.

On platforms like 4chan (though it has been over three years since I've last checked), people mock China as "the Chinese century," sharing streams of videos and news stories meant to embarrass or demean. This is cruel, unnecessary, hate-fueled and racist. But beneath the cruelty, there is sometimes a kernel of truth: East Asia's obsession with surface perfection, with flawless skin, with wealth display, with status symbols, can become a form of idolatry.

China already has an amazing culture, a rich history, deep wisdom, and growing faith. You do not need to worry so much about controlling how the world perceives you. What matters is the substance beneath the surface.

On Soulfulness and Heart

One critique the surveillance operators have made about Chinese people, though I reject their cruelty, is that Chinese people sometimes appear emotionally distant or callous. If this is true, it is not because Chinese people lack hearts. It is because China has endured immense trauma: wars, famine, the Cultural Revolution, rapid industrialization. These things have taken a toll.

But healing is possible. People can be re-educated in love. People can rediscover soulfulness. The Bible teaches that God desires mercy, not sacrifice. He desires hearts that are soft, not hard.

I pray that China, and all nations, choose soulfulness over surface. Choose faith over fashion. Choose compassion over competition. Choose God over idols.

On the Chinese Century and Beyond

There is talk of the "Chinese century." Whether this comes to pass or not, what matters is not dominance but decency. A nation that respects its people, that cares for the vulnerable, that educates its youth in goodness and faith, this is a nation that will endure.

Let China be known not for its economic power but for its wisdom. Not for its military might but for its mercy. Not for its surface beauty but for the beauty of its people's hearts.

A Message to All Nations: Choose Faith Over Fear

The Lessons of Europe and the West

I have lived in the West and I am grateful for it. Canada has given me safety, education, and community. I have met kind, generous, faithful people here. The air is clean. The nature is beautiful. The opportunities to learn and grow are real.

But the West is also wounded. The entertainment industry has tainted minds. Pornography has distorted sexuality. Consumerism has hollowed out souls. The constant exposure to violence, vulgarity, and perversion on TV and movies has numbed some people. We need to protect children from this. They need to grow up educated, healthy in mind and body, and grounded in faith.

I remember growing up in China and then immigrating to Canada. I was struck by how open, kind, and accepting people are in Canada, how people of all races can get along. These are good values. They are values worth preserving and spreading.

A Call to All Nations

To every nation: choose soulfulness. Choose love. Choose faith. Choose the Bible. Choose God. Choose Jesus Christ.

Do not let celebrities become idols. Do not let entertainment corrupt your youth. Do not let technology numb your hearts.

Educate your people, not just in facts, but in wisdom. Care for your people, not just their bodies, but their souls. Protect your children, not just from physical harm, but from spiritual corruption.

The surveillance operators who target me are American. They are not representative of their nation, but they are a warning: this is what happens when power is separated from accountability, when technology is separated from ethics, when wealth is separated from compassion.

Let other nations learn from America's mistakes. Do not repeat them.

On Nations and Responses

To all nations, I remind you: do not respond harshly or rashly to any warmongers. Do not be provoked. Do not be drawn into cycles of retaliation. The corrupt politicians and religious leaders who exploit people through fear and oppression are not representative of the American people. Respond with Faith, with love, with patience, with wisdom. What matters is not power or wealth, but how you treat your people. A nation that respects its people through Faith, through education, through health, through treating others with dignity, this is a nation that will endure.

A Call for Peace and Understanding

What I want is simple: peace, justice, protection of the innocent, freedom to live without being surveilled. I want to love my mother and spend time with my real life family and friends, go to church, have general privacy, and enjoy spending time a home without intrusion.

I want people to read the Bible and find God for themselves. I want people to repent of their sins, and remind them I am not particularly more righteous than them. Like most people, I am a sinner saved by grace, and I want others to know that grace too.

I bless those who read this. May you find peace, truth, and God. May all nations turn toward what is good, toward faith, toward love. May the children of every land grow up in safety, in wisdom, in the knowledge of God.

Amen.

Part 3: The Mechanism of Manufactured Complicity: Technological Harassment and Networked Abuse (March 22, 2026)

Trigger Warning: This post contains descriptions of psychological abuse and disturbing themes. I am writing this to document what I have endured, not to sensationalize. Please take care of yourself as you read.

The Nature of the Harassment

The surveillance operators who target me engage in what I can only describe as ritualistic psychological abuse. They project disturbing sounds and images, attempt to implant intrusive thoughts, and use their technology to create a constant environment of harassment. What I am about to describe is difficult to write, but I include it because it is part of my experience and because it reflects the cultural pathologies I have been critiquing.

They use their technology to project degrading sounds and associations while I am simply eating food or going about my life. They try to associate normal human activities with shame and perversion. They project child-like voices using inappropriate language, attempting to create associations I reject. They have told me, in their own words, that they are trying to "make an American pedo war."

The Mechanism: Forced Intrusive Thought and Manufactured Complicity

The methodology employed by these operators extends beyond harassment into what can be understood as a deliberate attempt to manufacture psychological complicity. Based on their own statements and the patterns of their behavior, their objective appears to be the forced introduction of intrusive imagery with the explicit hope of eliciting a physiological or psychological response that can later be used to falsely accuse the target of shared depravity.

This technique functions as a form of psychological entrapment. The target is bombarded with content designed to provoke distress, confusion, or involuntary physiological reactions. Once any such reaction occurs—whether due to neurological reflex, prolonged exposure, or the natural stress response—the operators then claim this reaction constitutes evidence of the target's own corrupt desires. This inversion serves multiple purposes: it isolates the target, creates doubt about their own moral integrity, and provides a pretext for further abuse under the guise of "exposure."

This pattern is consistent with documented grooming techniques used in organized abuse contexts. Researchers and investigative journalists have noted that perpetrators in networked abuse environments often seek to create a state of what Dr. Rebecca Moore, a scholar of coercive control, has described as "induced complicity"—a condition in which the victim is

manipulated into believing they are participants in their own victimization, thereby destroying their credibility as witnesses.[1]

Connections to Documented Networks of Abuse

The individuals and networks targeting me exhibit behavioral patterns consistent with those documented in investigations into elite organized abuse. Italian investigative journalist and researcher Leo Zagami, who has written extensively on the intersection of intelligence agencies, occult networks, and organized crime, has described the use of surveillance technology and psychological manipulation as tools for coercive control within corrupt elite circles.[2] Zagami's work, while controversial, has documented how such networks operate across national borders with impunity, protected by institutional connections.

The case of Peter Scully, the Australian perpetrator convicted of creating and distributing videos of child torture (including the widely referenced "Daisy's Destruction" case), represents a documented instance of individuals deriving pleasure from the visualization of extreme abuse.[3] Scully's operations, which included a dark web network of paying viewers, demonstrate that there exists a population for whom the visualization of child abuse is not merely tolerated but actively sought as a commodity. The behavioral profile of such individuals—the need to view, to control, and to force others into complicity—is consistent with the patterns exhibited by my harassers.

Similarly, the phenomenon of "red rooms"—purported live-streamed torture sessions on the dark web—has been investigated by cybersecurity researchers and law enforcement agencies.[4] While the existence of such spaces is contested due to the technical difficulties of live-streaming on anonymous networks, the *desire* for such content is well-documented, as is the existence of archived recordings of torture produced by networks like those connected to Scully.

The Manufacturing of Public Violence

A further dimension of this pattern is the apparent attempt to manufacture violent actors. The operators have explicitly stated to me that their goal is to "make an American pedo war," and their techniques—isolation, psychological destabilization, forced exposure to violent imagery—mirror documented grooming patterns that precede acts of public violence.

Investigative journalist Whitney Webb, in her reporting on intelligence community ties to organized abuse networks, has noted that individuals later involved in high-profile acts of violence have sometimes been subjected to similar patterns of targeted harassment and psychological manipulation prior to their actions.[5] The goal, according to such analysis, is twofold: to create a perpetrator who can be publicly blamed, thereby diverting attention from the networks that shaped them, and to generate a narrative that reinforces state security apparatuses.

The Sandy Hook massacre, referenced in my earlier documentation, has been the subject of extensive investigation regarding the background of the perpetrator. While I do not claim to possess evidence beyond the patterns I have personally observed, the consistency between the techniques used against me and the reported experiences of other targeted individuals suggests a coordinated methodology worthy of serious investigation.

Academic Frameworks for Understanding This Phenomenon

The experiences I am documenting can be understood within several established academic frameworks:

Coercive Control: Sociologist Evan Stark's work on coercive control describes patterns of abuse that involve isolation, surveillance, micromanagement, and the systematic destruction of a victim's autonomy.[6] The use of technology to create a constant environment of intrusion fits within this framework.

Organized Stalking and Gang Stalking: While controversial in academic circles due to difficulties in verification, the phenomenon of organized stalking—multiple individuals coordinating surveillance and harassment of a target—has been documented in contexts ranging from domestic violence to political repression.[7] Researchers such as Dr. Lorraine Sheridan have noted that the psychological impact of coordinated, sustained surveillance harassment is comparable to that of torture.[8]

Technological Gaslighting: The use of technology to deliberately distort a target's perception of reality has been termed "technological gaslighting" by some researchers.[9] This involves the deliberate injection of sensory stimuli (sounds, smells, projected images) intended to create confusion, self-doubt, and the erosion of the victim's trust in their own perception.

Documentation as Testimony

I include these references not to claim academic expertise but to situate my personal experience within documented patterns that scholars, journalists, and investigators have already identified. The purpose of this documentation is to provide a record that may be of use to those who investigate such networks, to lawmakers who may consider legislation addressing technological harassment, and to other individuals who may be experiencing similar targeting and seeking confirmation that their experiences are not delusional.

I do not claim certainty about the specific identities or organizational structures of those targeting me. I claim only that the patterns of behavior I have observed are consistent with documented cases of organized abuse networks, that the technology to conduct such harassment exists and is being used, and that the public deserves to know that such practices are occurring.

The Degrading Names They Call Me

These operators have called me many names designed to dehumanize. They have called me a "jew", in reference to their antisemitism (or feigned antisemitism, as many of them are ultimately just war and money hungry beyond prejudice towards Jewish people), a "rat", a "worm", a "bug", a "toad", among other titles. These names are designed to reduce me to something less than human. I mention them because they are part of the record of what I have endured.

Gestures of Rejection

Because of their degrading rituals using their technology, I have developed gestures of contempt and rejection. I have used imagery of rejecting an imaginary fetus, something that does not exist in my life (since I've never gotten pregnant nor intend on getting pregnant), as a way to express my refusal of their presence and their attempted violations. I am opposed to abortion in general because I view life as precious. But in my unique situation, as a gesture of disgust and rejection of their presence, I have used this imagery.

The Connection to Elite Networks

These individuals appear connected to elite networks. They have referenced the current war in Iran, among many other countries with political conflicts. They have called me "China" and implied mother-daughter sacrifice. They have implied that I am spiritually significant, associate me with the number three (and indeed they would flash these number 3's on my social media apps where my profile photo is), linked to the Holy Trinity, and believe that harming me has consequences beyond my own life and the lives of my parents. It sounds delusional, but this is what they have revealed.

On Candace Owens, Charlie Kirk, and Current Events

Just the previous few weeks, Christian American author and political commentator Candace Owens has made investigative claims about Charlie Kirk's death, suggesting connections to satanic cults. I cannot verify her claims, but I have observed that the surveillance operators who target me have done similar things. They have attempted to associate me with false worship and pressured me toward paths I reject.

The connections between elite networks, occult practices, and warmongering are concerning. The current conflict in Iran and the accusations made against me, being called "China," references to mother-daughter sacrifice, suggest patterns that deserve investigation.

Why I Am Sharing This

I am sharing this not to sensationalize but to document for myself, those around me, investigators, journalists, and law makers. For years (since 2024 when the abuse and harassment became more obvious), I did not speak because I was afraid of how it could seem: people labelling me as delusional, narcissistic, insane, etc. But after everything that has unfolded, including the war in Iran, the patterns revealed about the Epstein files, the connections to elite networks, I believe I have a responsibility to speak.

I am a limited human being, and I am capable of error. But I am being as honest as I know how to be.

I pray God rebukes all their wickedness. I pray that things do not go their way. I pray for protection over myself, my mother, my father, and all who are targeted by such individuals. In the name of Jesus Christ, amen.

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Part 4: Reflections On Truth, Justice, and God's Sovereignty (March 22, 2026)

What I Want for the World

Many of the surveillance operators have accused me of being jealous of them people, of wanting their money, of wanting to be like them. None of this is true. I am

not jealous of people who build wealth on exploitation, oppression, and voyeurism, in addition to all other types of lawlessness. What I want these days is simple: peace, justice, protection of the innocent, ability to spend time with my real life friend and family, ability to worship God freely at my local church, freedom to live without being surveilled, and certainly freedom from having the surveillance operators from constantly accusing me of these perverse and violent titles, in the continued effort to develop a "Project Monarch".

I want nations to protect their people and treat their civilians with love, dignity, and genuine care. I want leaders to understand that war is not power, it is cowardice. War is not love, it is fear and destruction. War is not good, it is evil.

I want people to read the Bible and find God for themselves. I want people to repent of their sins, and worship Jesus Christ through reading the Bible, understanding His message, and being saved from grace and the Holy Spirit.

On Justice and Accountability

I want systemic racism to be named and addressed. I want the hypocrisy of corporations that claim to value diversity while funding industries that exploit racial stereotypes to be exposed. I want the perversion normalized in media to be recognized for what it is: a corruption of human dignity.

And I want the people who have targeted and tormented me to know that God sees what they do, that they will not escape accountability forever, and that the truth will come to light.

On My Identity and Limitations

I am not particularly special nor impressive. I am quite sinful as anyone else. I am capable of error. But I am being as honest as I know how to be.

I recognize that I need to be reflective and careful. Many people may not trust me, given my own past and ability to speak "politically incorrect", along with the blatant idea that I can even endure these lawless boundary-crossing feats at all, while still living a relatively "normal life". My church community, decent Christians who trust me and support me, is to me, evidence that I am not what I am accused of being. My father and Chinese family are ordinary people, and they treat me well. I am being responsible in the way I know how to tell my story.

Another Word

I am not writing this to condemn any race or group. I am writing to document my experiences, to critique systems of power that enable abuse, and to call people to something better: repentance, Faith, love, justice, and the God who sees and will judge righteously.

Bless those who read this. May you find peace, truth, and God.

I pray this in the name of Jesus Christ, Amen.

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Contents

- A Note to the Reader
- A Personal Word: Who I Am and Why I Write
- Purpose and Intent of This Writing
- Acknowledging the Good in America and Americans
- A Note on Why My Tone Is Particularly Negative
- Part I: Who Are These People? - The Veneer of Normalcy
- Part II: The Racism Beneath the Smile - Progressive Mask, Colonial Heart
- Part III: The Hypocrisy of Holy War
- Part IV: The Projection - Accusing Others of What They Themselves Do
- Part V: The Race War - What It Really Means
- Part VI: The Sexual Exploitation Agenda - "Liberation" as Predation
- Part VII: The Elite Networks - Both Parties, Same Corruption
- Part VIII: The White Saviour Complex as a Weapon
- Part IX: Christianity Is Not a White Religion
- Part X: What Christianity Actually Teaches
- Part XI: A Warning About Children - The Greatest Trust
- Part XII: Hope and Judgment
- Part XIII: A Call to the Nations
- Part XIV: What You Can Do - A Call to Action
- Part XV: A Final Word - The Wolves Do Not Win
- A Prayer
- Sources and References

A Note to the Reader

This is a long post, structured in sections for clarity. What follows is drawn from lived experience, not delusion, not fantasy, but the reality of encountering individuals who hide behind normalcy while harbouring destructive intentions. I write this as a Canadian of Chinese ethnicity, a fact that I know may be off-putting to some readers. But I write nonetheless because the truth matters, and because my experiences have given me a perspective that I believe is worth sharing.

If you are from a nation that has been exploited by Western powers-Africa, South America, Southeast Asia, China, the Pacific Islands- this message is for you. Do not be fooled by charm, by wealth, or by the language of progress from those who would use you. But also know this: I am not here to condemn America or Americans. I have known wonderful Americans- genuine, kind, Faithful people. I have seen the good that American Christians have done through missionary work, humanitarian aid, and genuine friendship across nations. Every country has its hypocrites and its saints. My critique is aimed at a specific network of elites who have wronged me personally and who represent some terrible people, not at the American people as a whole.

If you are a person of Faith, remember: the wolves do not represent the Shepherd, and the hypocrites do not represent Christ. Do not let them drive you away from the One who actually loves you.

A Personal Word: Who I Am and Why I Write

I am a Canadian citizen of Chinese ethnicity. I was born in Canada, grew up here, and call this country home. I love Canada, its diversity, its relative peace, its commitment to multiculturalism. I am also Chinese by heritage, and I carry that identity with pride. My Chinese side of the family are lawful, decent people. They raised me with values that align far more with Christ than with the hypocrites I have encountered.

My background is relevant because the people I am critiquing, a specific network of American surveillance operators and elites, have treated me not as an individual but as a symbol. They are trying to make my surveillance and harassment represent something akin to "East Asia." They project their colonial intentions onto me. Some of them assume that because I am Chinese, I must secretly want to be like them, with them, or have what they have, etc.

I am writing to expose this specific network, not to criticize all Americans, not to attack "white" people, not to dismiss the good that America has done in the world. I am writing because I was uniquely targeted by these individuals, and because they have made me aware of their plans, their projections, and their perversions. They have called me to expose them. I am doing so.

But let me be clear: I know there are good Americans. I know there are Faithful Christians in America who genuinely love God and love their neighbours. I know that American missionaries have brought education, healthcare, and the Gospel to countless communities around the world. I know that many Americans are decent, hardworking people focused on their families, their communities, and their own worldviews, just like people everywhere. My critique is of a corrupt elite network, not of the American people. Do not confuse the two.

Purpose and Intent of This Writing

This blog post is written for both Christians and non-Christians alike, especially those who have been hurt, angered, or alienated by the terrible things done in the name of Christianity throughout history and in our present day. If you have looked at the

crusades, at colonialism, at the transatlantic slave trade justified by distorted scripture, at modern American politicians wrapping themselves in the Bible while bombing other nations, and thought, “If this is Christianity, I want nothing to do with it”, this message is for you.

I am not here to defend the hypocrites. I am here to tell you that they do not represent Jesus Christ. In fact, they represent everything he opposed.

Jesus Christ was not a white European. He was not an American empire-builder. He was not a wealthy televangelist. He was not a politician blessing wars. He was a brown-skinned Jewish rabbi from occupied Galilee, a man who lived under the boot of the Roman Empire, who was executed by that empire, who spent his ministry healing the sick, feeding the hungry, welcoming the outcast, and condemning religious hypocrites who used God's name to exploit or demonize others (Matthew 23; Luke 4:18–19).

Throughout history, people have twisted Christianity to serve their own power. European colonizers forced conversion at sword-point while enslaving African peoples (Williams, *Christianity and Colonialism*, 2020). Some white supremacists today claim Christian identity while not following the command to love your neighbour. American politicians from *both* major political parties have often invoked God to justify war, corporate greed, and war.

The Republican Party, particularly under figures like George W. Bush and Donald Trump, has wrapped itself in Christian nationalist rhetoric, claiming divine blessing for wars in Iraq and Afghanistan, for policies that separate migrant children from their families, for alliances with authoritarian leaders. The 2003 invasion of Iraq was sold to the American public with language of "good versus evil," with administration officials openly speaking of a "crusade." According to multiple sources, including Palestinian Foreign Minister Nabil Shaath, George W. Bush told Palestinian leaders in 2003: *"I am driven with a mission from God. God would tell me, 'George, go and fight those terrorists in Afghanistan.' And I did, and then God would tell me, 'George, go and end the tyranny in Iraq'"* (Shaath, 2003). Meanwhile, the weapons contractors profited, the oil companies profited, and hundreds of thousands of Iraqi civilians died. This is not what Christianity is about. This is empire wearing a cross.

But let us not pretend the Democratic Party is innocent. Many corporate Democrats are just as entangled with war, with weapons manufacturing, with the same elite interests that profit from conflict. The Biden administration continued drone strikes, continued arms sales to Saudi Arabia during the Yemen war, and has taken a dangerously aggressive posture toward China, pushing narratives that could lead to catastrophic conflict in Asia (Human Rights Watch, 2021; *The Intercept*, 2022). Some of the most corrupt figures in American politics hide behind progressive language while serving the same wealthy donors as their Republican counterparts. The hypocrisy runs deep on both sides. (Note: If anything, my experience with these surveillance operators show me that the democrats are arguably "worse", because they are more strongly associated with the secret societies that try to predict and manufacture world catastrophes, and the very fact that it is currently the Trump administration taking the brunt of the criticisms associated with America's currently forwarding with wars and attacks in Iran, among other terrible things going on behind

the scenes, show me that they are long-term in thinking how they can get away with their corruption, hypocrisies and crimes).

There are credible reports and long-standing investigations into elite networks, spanning both parties, involved in child trafficking, abuse, and occult rituals. The names associated with Jeffrey Epstein, the allegations against powerful figures from Hollywood to Washington, and the consistent pattern of wealthy and powerful people evading justice for crimes against children should make any honest person question the moral integrity of America's ruling class (Brown, *Perversion of Justice*, 2020; *Miami Herald*, 2018). Whether Republican or Democrat, many of these elites share the same clubs, the same donors, the same contempt for ordinary people. They use political labels as costumes while pursuing the same agenda: wealth, power, and control.

In recent years, this corrupt establishment has been pushing the world toward a catastrophic war with Iran, and ultimately toward confrontation with China. There is reason to believe that some Democrats quietly allowed Republicans to win recent elections precisely so that Republicans would take the public blame for the wars they are planning. By letting the party historically associated with warmongering take the lead, the elites can achieve their geopolitical and economic goals, control over oil, containment of China, military spending that enriches their donors, while maintaining a veneer of opposition. It is a cynical game played with the lives of millions (Keen, *War and Empire*, 2022).

If you are from Africa, South America, Southeast Asia, the Pacific Islands, or any nation that has been exploited, hurt, or manipulated by American power, do not mistake some of the American politicians who may smile at you. Do not, without critical thinking, mistake their religion and actions on behalf of Christianity, for genuine Faith. And do not let their hypocrisy drive you away from the God who actually loves you and accepts you.

This post is dedicated to helping you separate the false prophets from the true Faith. It is an invitation to look past the wolves in sheep's clothing and see the real Jesus, the one who said, *"Come to me, all you who are weary and burdened, and I will give you rest"* (Matthew 11:28). That invitation is for you, no matter your race, your nation, or your history.

But America is not only its politicians. America has also produced some of the most Faithful Christians I have encountered in writing and in reputation, people like Billy Graham, who preached the Gospel with integrity; like Dietrich Bonhoeffer (though German, his witness shaped some of American theology); like the countless American missionaries and saints who have built hospitals, schools, and churches across Africa, Asia, and Latin America with genuine love and sacrifice. I do not want my critique of corrupt elites to be mistaken for a rejection of the good that America has done and continues to do.

Acknowledging the Good in America and Americans

Before I proceed with my critique, I want to say plainly: I am not anti-American. I am not anti-white. I am not anti-Christian. I am against hypocrisy, exploitation, and the abuse of power, wherever it occurs. America, like every nation, has its share of these things. But America also has genuine goodness.

I have learned of many American Christians, missionaries, volunteers, ordinary families, who give generously of their time, resources, and love to communities far from their own. I have seen American churches send aid to disaster zones, sponsor orphanages, and support the poor without asking for anything in return. I have known American individuals who are kind, thoughtful, and genuinely interested in learning from other cultures rather than dominating them.

The mainstream media in any country rarely tells the full story. Most people are focused on their own lives, their own families, their own struggles. They do not have the time or energy to investigate the corrupt networks that operate in the shadows. That is not their fault. It is the fault of those who abuse power in secret.

So when I criticize a specific network of American elites, including these surveillance operators, intelligence-linked individuals, secret society members, I am not criticizing the typical American truck driver, the American nurse, the American teacher, the American farmer, the American small business owner. I am not criticizing the millions of Americans who go to work, raise their children, attend church, and try to live decent lives. I am criticizing the corrupt few who have been given extraordinary privilege and have used it to harm others, while hiding it from public view, but revealing it to the few who they thought would be complicit in their wicked crimes.

A Note on Why I am So Critical and Negative

Some readers may wonder why my tone is so harsh in certain sections. Let me explain: I have been the target of a sustained campaign of harassment by individuals who have access to extraordinary resources, including surveillance technology, legal immunity, social status. These people have:

- Accused me of perversions I have never committed
- Projected their own fantasies and crimes onto me
- Attempted to groom me into their networks of abuse
- Called me a delusion, a kike, a dyke, an incel, a pedophile, a school shooter, etc. among other demeaning titles
- Told me I am a "slave race"
- Informed me of their plans to involve me in their war schemes through occult rituals
- Made me aware of their deep fakes, their human trafficking, their eugenics research, their transhumanism agendas
- Revealed to me their satanic rituals and child abuse networks
- Call me as having taken the mark of the beast and "666"
- Calling you a satan, witch, psychic, etc.
- Accusing me of buying and selling their vile "services", implying their rape, human trafficking, etc. as their "services" that I am "buying"
- Calling you a "pedophile ___ " including girlfriend, widow, dyke, etc.

These are "elites" who are extraordinarily privileged economically, socially, and institutionally. They have power that most people in the world cannot imagine in terms of research and technology. And they have used that power to target me, to hopefully torment, and to implicate me in their plans.

My negative tone reflects the gravity of what I have experienced. I am writing out of a need to expose those who have wronged me and who represent a danger to others. If my tone is harsh, it is because the reality I have faced is harsh. If I use strong language, it is because the evil I have witnessed deserves strong condemnation.

But I also want to be clear: I forgive them. I pray for them. I leave judgment to God. But I also believe that exposing evil is an act of love—toward potential victims, toward the truth, and even toward the perpetrators, who may one day repent.

Part I:

Who Are These People? The Veneer of Normalcy

They Look Ordinary

Imagine people who look completely ordinary. They could be your neighbours. They could be the nice family down the street. They go to work. They attend church. They post about good causes on social media. They smile. They make small talk. They seem reasonable, even kind and sometimes approachable. They are average-looking. They look way more normal than you think.

But beneath the surface, something else entirely is happening. These people, some of them wealthy, some of them well-connected, some of them part of networks that span governments, corporations, and secret societies, hide behind this veneer of normalcy while engaging in the wicked forms of racism, exploitation, and predation (Barkun, *A Culture of Conspiracy*, 2013). They look normal. They seem reasonable. But some of their actions and intentions are absolutely rotten.

Some of them think they are more attractive than they are, more moral, more deserving. Some harbour fantasies of perverting Asian women, of "collecting" exotic partners, of being the centre of someone else's world. They project their own obsessions onto others, assuming that everyone secretly wants what they want: status, wealth, spiritual highs, esoteric scientific knowledge, their approval. This is a classic pattern of narcissistic projection, well documented in psychological literature (Kernberg, *Narcissistic Pathology*, 2019). Do not be fooled by the charm. Do not be fooled by the normalcy. A wolf in sheep's clothing still has teeth (Matthew 7:15).

The Hypocrisy of the Charming Exterior

These surveillance people think they can get away with anything. They hide behind their veneer of normalcy and elitism. They try to look charming and attractive. They

believe their ordinariness or exceptionalism makes them invisible or magnetic, that no one would ever suspect what they do behind closed doors. They are capable of being terribly vile. They are part of secret societies, not the cartoonist versions you see in movies, but real networks of power where wealth and influence are traded behind closed doors. They hide their calculating projects, actions, subtle manipulations, mind washing, and sadism behind closed doors, revealing their true nature only to those they trust, or victims whom they thought would be voiceless (i.e., me) or those they are adamant to destroy (Ronson, *Them: Adventures with Extremists*, 2001).

It is infuriating, their actions. The narcissism required to believe that you can recruit ordinary women of different races to serve your propaganda, to act as pawns in your war schemes, to pretend to care about children while perverting things good, or choose certain children and people to exploit while wearing a layer of goodness and Faith towards most others, this is the hallmark of people who are hypocrites, akin to pharisees and sadducees, or plan old psychopaths.

Part II:

The Racism Beneath the Smile: Progressive Mask, Colonial Heart

The Delusion of Superiority

The people I am describing are sometimes quite racist and elitist, but not the kind you might expect. They do not use slurs in public, and come across others as quite politically correct and educated (since indeed, they are, for the most part). They do not wave Confederate flags. Most are Democrats, not Republicans. They speak the language of diversity and inclusion.

They may tell you how much they admire your culture, how beautiful your skin is, how fascinating your traditions are. And yet, despite these words of appreciation, they may treat you not as a full human being equal to themselves, but as a symbol, a representation of something exotic, something to be collected or consumed. This dynamic is what scholars term "liberal racism" or "progressive racism": the reduction of non-white people to objects of aesthetic appreciation or vehicles for white self-actualization (Peele, *Get Out*, 2017; Leonardo, *The Color of Supremacy*, 2021). The praise is real, but so is the underlying dehumanization.

In my own experience, and I draw here not from scholarly literature but from direct encounter, I have observed these surveillance operators who exhibit a pronounced sense of superiority and narcissism. They appear to believe themselves more intelligent, more attractive, and more deserving than they objectively are. Their implied attitudes toward Asian men, Black men, and men of other races reveal a deeply ingrained racism and classism: they might mock, they might diminish, and they might position themselves as naturally superior in intellect, appearance, and worth.

Some of the people in the group also seem to attempt to persuade women of other races that they should feel fortunate to receive their attention, as though being desired by a white "elite" American were a privilege rather than a cause for caution. Let me be clear: there is no blessing in being desired by someone who views you as a conquest, as someone to mock and gossip about within their community, treated as less than, even without their entire consent to have these creeps using surveillance technology to harass you and your family in the first place. To be reduced to an object of pursuit, stripped of full person-hood, is a human rights violation, regardless of where you're from and what nationality you are.

The Asian Woman as Fantasy

I am East Asian. Chinese. And these people, these surveillance operators, these elites, some of these wolves in progressive clothing, look at me and might not see not a human being with a soul and entire life and consciousness, but a representation. They might see "Asia." They see a conquest to be made, actually, something to desecrate and ruin (i.e., through making me seem mentally ill and schizophrenic, confusing, unstable, perverse, etc.), so that it could represent some tragedy, extrapolated towards East Asia, given today's fragile and ever-changing geopolitical climate. This is a more catastrophic and evil continuation of a long colonial tradition of Orientalism, in which Asian women are fetishized as exotic, submissive, and available (Said, *Orientalism*, 1978; Chu, *Asian American Feminism*, 2021).

Also, some of them assume that because I am Asian, I might be obsessed with the idea of having children with them. They project this delusion onto me, and when I reject it, they insist it must be "for show", because their narcissism cannot conceive of someone who does not want what they want, have and are. This is racism. Pure and simple. It is the same colonial mindset that has often treated non-white peoples as objects to be used, bodies to be consumed, cultures to be assimilated. The fact that it comes wrapped in progressive language does not make it less racist. It makes it more insidious.

Seeing Me as Symbolic of East Asia

These surveillance operators see me as symbolic of East Asia, or at least, China. They think that by desecrating me through their technology, by swaying my mind negatively, making me think in "lawless ways", they can somehow extrapolate their victory over me and my heritage. It is delusional, of course, Canada and China is a civilization of billions, not a single woman to be conquered in their minds, but it reveals their psychology. Some of them see themselves as colonizers, and they believe that if they can break one person, like me, they can break others of my background. They are wrong. But their intentions are wicked.

They call me an "Americar", as if they have colonized me to become American, as a "car", for these operators, and a few called me the "slave race", trying to make me spiritually making a pact with them (which I have not!) in their attempt to start a war.

Part III:

The Hypocrisy of Holy War

In the decades since 9/11, a disturbing trend emerged in American politics: leaders claiming divine sanction for war. George W. Bush reportedly told Palestinian leaders, *"I am driven with a mission from God. God would tell me, 'George, go and fight those terrorists in Afghanistan.' And I did, and then God would tell me, 'George, go and end the tyranny in Iraq'"* (Shaath, 2003). Others spoke of a "crusade" against Islam. Christian flags were waved alongside American flags as drones killed thousands of civilians in countries most Americans could not find on a map.

This is not Christianity, and arguably can be called blasphemy.

Jesus Christ, whose teachings form the foundation of Christian faith, said:

“Blessed are the peacemakers, for they will be called children of God.” (Matthew 5:9)
“Love your enemies and pray for those who persecute you.” (Matthew 5:44)
“Put your sword back in its place… for all who draw the sword will die by the sword.” (Matthew 26:52)

When the Apostle Paul wrote to early Christians living under Roman occupation, he did not call them to holy war. He called them to live peaceably, to overcome evil with good, and to remember that “the weapons we fight with are not the weapons of the world” (2 Corinthians 10:4). The idea that Jesus, who allowed himself to be executed rather than raise an army, would bless the bombing of families in Baghdad, Gaza, or Yemen is an obscenity. Those who claim otherwise are not representing Christ; they are representing empire, oil interests, and weapons manufacturers who profit from death (Yoder, *The Politics of Jesus*, 1972; Hauerwas, *War and the American Difference*, 2021).

A Pattern of False Prophecy

The Book of Revelation speaks of a beast rising out of the earth that “deceives those who dwell on the earth” (Revelation 13:14). This beast performs signs and speaks like a lamb but acts like a dragon. Throughout history, this imagery has been used to describe religious institutions that align themselves with worldly power, that use the language of faith to justify violence, enrich themselves, and enslave others (Bauckham, *The Theology of the Book of Revelation*, 1993). Whether it was European colonizers who forced Christianity on African and Indigenous peoples at gunpoint, or modern politicians who wrap themselves in the Bible while cutting aid to the poor, or cult leaders who abuse children while claiming divine authority, this is the beast. These are the wolves in sheep's clothing that Jesus warned about (Matthew 7:15). Do not let these wolves drive you away from the Shepherd.

Part IV: The Projection

Accusing Others of What They Themselves Do

The Psychology of Projection

One of the most vile things these people do is project their own perversions onto others. They accuse me of wanting to do violent, blasphemous things. They try to create false memories in my mind. They try to perform ritual episodes where they imply false memories of things I have not done. This is a textbook case of psychological projection: attributing one's own unacceptable desires or behaviours onto another person (Freud, *The Ego and the Id*, 1923; Vaillant, *Adaptation to Life*, 1977).

They employ terms that infantilize women and girls. This pattern of infantilization extends beyond me to encompass men and women of other races as well, regardless of age. The effect, whether intended or not, is to diminish the humanity of those they target, to render them less than fully adult, less than fully human, and thus, in the logic of such thinking, more easily dismissed, more easily objectified, more easily denied the basic decency, respect, kindness, and seriousness they would afford to their own.

In my case, because I happen to appear young for my age, they have used my appearance against me. They suggest that the way I look is itself an act of provocation, as though my physical presence were an invitation to the very accusations they project onto me. They cannot, or will not, recognize that the issue lies not with my appearance but with their perception: the way they interpret others reveals far more about them than it does about me.

Their Wicked Intent

Another dimension of their intentions involves attempting to provoke what they term "mental illness, pushing me toward behaviors they then reframe as "female liberation" or as a cathartic outlet for the abuse they have inflicted. They seek to market shameful, perverse acts as freedom, as though transgression were itself a form of empowerment.

I do not share this view. I am not here to judge what others choose to do with their bodies; that is not my place. But I hold that true freedom consists in autonomy over one's own body, in the ability to listen to one's own conscience rather than submitting to what others demand. For me, that means listening to Jesus Christ, discerning what He would have me do and not do. My understanding of bodily integrity is shaped by His teachings (1 Thessalonians 4:3-5; 1 Corinthians 6:18-20).

Despite their accusations, they have produced no evidence from my actual life to support their claims. I have always respected the boundaries of others. I have never spread harmful, blatant lies intended to ruin any particular person's reputation. Their inability to find any corroboration reveals more about them than about me. I am

compelled to speak of these things not because I wish to dwell on them, but because they expose a deep and troubling hypocrisy.

Part V:

The Race War: What It Really Means

More Than Bullets and Bombs

When most people hear "race war," they think of bombs, bullets, and battlefields. And yes, that is part of what some of these surveillance operators want- they desire military conflict that will enrich their economies, solidify their power, and allow them to reduce the power, technologically, culturally, intellectually, spiritually, of their enemies (Smith, The Great War Scam, 2023). But there is another race war happening, one you cannot see with your eyes.

This war is about purity versus perversion, morality versus immorality, goodness versus evil. It is about who is healthy and who is sick. Who is ethical and who is corrupt. Who is "Godly" and who is "demonic". It is a contest not of armies but of souls, a battle over what kind of people we will become, what values we will uphold, what futures we will build, who will have the smarter, healthier, and more righteous next generation.

Let me be clear: I am completely against race wars in any form. Every race contains both saints and wicked people; no group holds a monopoly on virtue or vice. I certainly do not claim to be a saint, and I don't claim myself as one. I am a present survivor of targeted victimization, surveillance, human trafficking, harassment, and occult ritual hazing. I am a revealer of corrupt, wicked projects that were intended to harm and destroy.

I do not write this from any position of moral superiority. Relative to the many compassionate, loving people in the society I live in, the saints whose kindness I have witnessed and benefited from, I am aware of my own shortcomings. I am plagued by sins like anyone else, which is precisely why I am all the more adamant that I need Jesus Christ to save me from my sins. Do not mistake my testimony for self-righteousness.

The true winners are not those who do the most damage, who accumulate the most weapons, who exploit the most people. The true winners are the good people. The Godly people. The people who fear God and refuse to be corrupted, or, at least, recognize the need to repent of their corruption, and to still try to turn to God.

The Dimensions of the War

Consider all the dimensions of this war: how pure you are, how moral you are, how ethical you are, how Godly and good you are, how healthy you are mentally, physically, spiritually, how helpful you are, do you build up or tear down? These are all aspects of the spiritual war.

Think about what really matters in this spiritual war: how pure your heart is, how moral your choices are, how ethical you are in your dealings with others, how Godly

and good you strive to be, how healthy you are in mind, body, and spirit, and whether you build people up or tear them down. These are all aspects of the war on consciousness.

Some of the individuals I have encountered believe they are winning. They have money, power, technology, weapons. They assume these things make them superior. But in the war on spirituality, the war over the soul, these are not the measures of victory.

So what does it mean to win? It is not about how much you accumulate, but about your integrity. Not about domination, but about goodness. Not about your ability to harm, but about your capacity to love. To win is to cultivate a pure heart, to live ethically even when no one is watching, to choose building over destroying, and to orient your life toward what is good.

To lose, on the other hand, is not about lacking worldly resources. It is about the corruption of the heart, choosing perversion over purity, exploitation over love, evil over good. To forget that God sees everything, and that judgment belongs to Him, is to lose sight of what truly matters (Romans 2:6; Galatians 6:7).

The true winners in this war are not those with the most power or wealth. They are the good people. The Godly people. The people who fear God and refuse to be corrupted.

The Surveillance Operators' Eugenics Agenda

Beyond the immediate harms I have described, there is a longer-term dimension to the surveillance operators' ambitions, one rooted in transhumanist and eugenicist thinking. They speak of bio-engineering, of optimizing future generations, of ensuring "better outcomes" through the manipulation of heredity and reproduction. This is not idle speculation; they actively discuss these ideas and appear to believe they are on the right side of history in pursuing them.

Their rhetoric reveals a worldview in which certain populations are deemed superior and others are viewed as raw material to be used, recruited, or absorbed. They speak of recruiting individuals from other races into their networks, not as equals, but as contributors to a project of genetic and cultural engineering. They have made references to children, to the idea of shaping the next generation according to their designs. Whether these are fantasies or plans, the pattern of thinking is deeply troubling.

This is not merely about personal belief. It reflects a broader ideology, one that has appeared throughout history in various forms, always with dangerous consequences. The notion that some human beings are fit to engineer others, to determine who should reproduce and with whom, to treat children as projects rather than persons, is fundamentally at odds with the dignity of the human person. It is also, I believe, profoundly incompatible with the teachings of Jesus Christ, who calls us to love our neighbours as ourselves, not to redesign them according to our own ambitions.

We would do well to be cautious. Where such ideologies take root, harm inevitably follows. The language of "optimization" and "better outcomes" can mask the oldest form of domination: the belief that some lives matter more than others, and that those with power have the right to remake the world in their image.

Part VI: The Exploitation Agenda

The Fixation on Control and Family Relationships: The Fragile Relationship with my Mom

These individuals have expressed a disturbing fixation on the idea of controlling me, what they describe as "demonic possession" or "affliction", with a particular focus on my relationships, especially with my parents. They have spoken of this as though it were something to provoke, framed in the language of satanic ritual and sacrifice, like a "Baal" sacrifice. According to their logic, if they could destabilize my relationship with my mother to the point of violence or even death, it would serve as a symbolic victory, a kind of sacrifice they imagine as powerful.

To be clear: my mother and I are both Christians. We have endured significant hardship as targets of surveillance and psychological manipulation. I have carried the burden of this knowledge; my mother has watched her daughter behave in ways she could not understand, erratic, speaking to myself, upset, angry, while she works full-time in a demanding manual job, with limited help and resources. Our family in China does not know what she nor I endure; they know little of what I have been through or what I am now revealing. Our relationship, like any under such strain, has its difficulties. But the notion that we would harm one another is an evil fantasy projected onto us by those who seek to manufacture drama from suffering.

I name this not because I give it credence, but because it must be exposed. These individuals have also fabricated lies about incest and other distortions to malign both my mother and me. I continue to bless my mother in the name of Jesus Christ. Whatever they claim to perceive through their so-called extrasensory means, the reality is simple: I am not harming my mother. I am not psychic. I entrust both my mother and myself to Jesus Christ as our Lord and Saviour.

Beyond their fixation on my family, their stated goals include the exploitation of Asian women more broadly, the creation of vile videos, and the psychological destabilization of their targets. These are not merely fantasies; they are articulated plans, and they reveal a profound moral sickness.

I share this not to sensationalize, but because exposure is necessary. This is what these individuals hope to accomplish. It is vile and degrading. I take no comfort in their schemes, but I do take solace in my faith: God, through Jesus Christ, has been my refuge. I have never desired to harm or exploit anyone in the ways they project onto me and apparently find exciting due to their sadism. Their fixation on such things, I believe, will ultimately be their own undoing. The true winners in this struggle are not those who pursue such paths, but those who reject them.

The Grooming Tactics

These individuals operate with a disturbing logic: they believe they can recruit ordinary, vulnerable women of different races into their schemes by framing exploitation as empowerment. They speak of creating a spiritual bond through the traumatic ritual episodes and experiences they have subjected me to. They imagine that by offering a sense of belonging or purpose, they can induce others to participate in race-based propaganda, to perform roles they design, and ultimately to become complicit in systems of abuse. They rationalize this by claiming it serves the interests of those they recruit, as though being used were a gift.

This is not seduction; it is predation dressed in the language of connection. It is narcissistic in the extreme: the belief that one's own desires are so compelling that others should feel honoured to participate in fulfilling them. There is no honour in being used. There is no freedom in becoming a tool for someone else's agenda.

The Truth About "Sexual Liberation"

One of the enduring deceptions of certain Western elites is the equation of sexual "liberation" with freedom. They promote pornography, normalize perversion, and insist that anything goes—particularly when it comes to non-Western people, whom they exoticize and objectify. This is not liberation. This is predation dressed in progressive language (Dines, *Pornland*, 2010; Eberstadt, *Adam and Eve After the Pill*, 2012).

True freedom is not being consumed by lust. True freedom is the capacity to see another person as a soul, not an object. True freedom is the ability to love without using, to relate without exploiting. Jesus taught that even looking at another with lust reduces both parties; it damages the one who objectifies and the one who is objectified (Matthew 5:28).

If someone tries to convince you that sexual exploitation is liberation, run. If someone tries to groom you or your children into accepting abuse as normal, cut them off. These people are not your friends. They are predators.

Part VII:

The Elite Networks: Both Parties, Same Corruption

Neither Party Is "Better"

Should we trust Democrats or Republicans? The question itself presumes a false binary. Both parties contain individuals of genuine conviction and integrity alongside those who serve darker purposes. Yet at the level of elite networks, the donors, the lobbyists, the interconnected interests that transcend party lines, a more troubling picture emerges.

Both major parties receive substantial funding from the same sources: weapons manufacturers, oil companies, and corporations that profit from war and exploitation. Both have members entangled in networks of secrecy, abuse, and contempt for ordinary people (Curtis, *The Establishment*, 2022; Lessig, *Republic, Lost*, 2011). The illusion of choice often masks a deeper unity of interest among those who wield disproportionate power.

The Republican Party has increasingly wrapped itself in Christian nationalist rhetoric, claiming divine blessing for wars in Iraq and Afghanistan, implementing policies that separated migrant children from their families, and stoking racial division. Donald Trump's associations with Jeffrey Epstein have been well documented (Brown, *Perversion of Justice*, 2020). The party that champions "family values" has repeatedly been exposed for protecting abusers within its ranks.

But the Democratic Party is no innocent party. Corporate Democrats continue to fund wars, sell weapons to Saudi Arabia during the Yemen genocide, and take aggressive postures that escalate global tensions (Human Rights Watch, 2021; *The Intercept*, 2022). They speak of human rights while enabling systems that violate them. As Noam Chomsky has documented, both parties serve the interests of concentrated wealth and corporate power, with variations in rhetoric but not in fundamental structure (Chomsky, *Failed States*, 2006; Chomsky, *Understanding Power*, 2002).

The Epstein Network

The Jeffrey Epstein case exposed a network of billionaires, politicians, and celebrities who trafficked underage girls for years, and largely faced no consequences. Epstein's flight logs and contact lists named Prince Andrew, Bill Clinton, Donald Trump, and many others (Brown, *Perversion of Justice*, 2020; *Miami Herald*, 2018). The fact that so many powerful figures from both parties were entangled, and yet justice was so limited, reveals how the system protects its own. As investigative journalist Julie K. Brown documented, Epstein's ability to evade accountability for decades was not a failure of the system but a feature of it, a system where wealth and connections buy immunity (Brown, *Perversion of Justice*, 2020).

These individuals hide behind philanthropy, political activism, and religious piety. They present themselves as champions of freedom while exploiting the vulnerable. They speak of "progress" while engaging in the most ancient forms of exploitation.

A Caution About Performative Liberalism

If Democrat-aligned white families present themselves as helpers, approachable and kind, caution is warranted. Some can be pious and performative, projecting an image of virtue while harbouring dark secrets that contradict that image. For instance, being pious while having ancestors who were blatant slave-owners, and as in my case, people who intend on doing the same in the future. This is not to say all are such, but that appearances can deceive. My own experience has taught me that those who most loudly proclaim their virtue are not always those who practice it. The film *Get Out* (Peele, 2017) offers a powerful cultural commentary on precisely this dynamic: a

wealthy white family that appears progressive but treats Black bodies as commodities to be consumed (Peele, *Get Out*, 2017; hooks, *Black Looks: Race and Representation*, 1992).

The Strategy Behind the Elections

There is reason to believe that some Democrats quietly allowed Republicans to win recent elections precisely so that Republicans would take public blame for the wars they are planning. By letting the party historically associated with warmongering take the lead, elites can achieve their geopolitical and economic goals, control over oil, containment of perceived rivals, military spending that enriches donors, while maintaining a veneer of opposition. It is a cynical game played with the lives of millions (Keen, *War and Empire*, 2022; Mills, *The Power Elite*, 1956).

Do not mistake American politics for a moral choice between good and evil. It is more accurately understood as a choice between two wings of the same bird, different in rhetoric, similar in fundamental allegiance to concentrated wealth and power. Both wings, at the elite level, tend toward war, exploitation, and the enrichment of the few at the expense of the many.

The Limitations of American Benevolence

There is a particular kind of American, often liberal, often wealthy, often deeply involved in NGOs, international development, or religious missions, who believes their role in the world is to "help" other nations. They travel to Africa, South America, Asia, and the Pacific Islands carrying money, smiles, and what they believe to be good intentions. I want to be clear: many of these individuals are genuinely kind, and their work has brought real good to countless communities. Hospitals have been built, schools established, lives saved. I have witnessed this goodness firsthand, and I am grateful for it.

At the same time, it is worth reflecting honestly on the limitations of this model of aid. Behind what scholars call the "white saviour complex" lies a subtle but persistent assumption: that non-Western peoples are somehow less capable of solving their own problems, that they need American guidance, that they should be grateful for whatever assistance arrives (Cole, "The White Savior Complex," 2016). Even when intentions are pure, this dynamic can unintentionally undermine the dignity and agency of those being helped.

The most genuine forms of assistance, I believe, are those that recognize the full humanity and capability of the people they serve. True helping means treating others as equals, not as projects to be fixed, not as beneficiaries to be managed, not as people who are inherently less than, but as partners with their own wisdom, agency, and dignity. True partnership means working alongside, not speaking for; listening, not prescribing; empowering, not controlling. It means acknowledging that the person receiving help is just as capable, just as intelligent, just as worthy as the one offering it. When help is given with this spirit, it becomes not a transaction but a relationship of mutual respect.

This is not to say that all humanitarian work is corrupt, or that all Westerners engaged in it are insincere. Most are not. But sincerity can be difficult to distinguish from self-congratulation. The question worth asking is not whether someone is doing good, but whether they are capable of seeing the people they "help" as equals, full human beings with dignity, agency, and the capacity to shape their own futures.

Do not assume that because someone comes from a wealthy country, speaks kindly, or gives you things, they are automatically your friend. But also do not assume the opposite. Friendship requires mutual respect and the willingness to see another as an equal, not as a project. When that respect is present, genuine good can be done. When it is absent, even well-intentioned aid can become a form of domination.

Get Out: A Cultural Reference

If you have not seen Jordan Peele's film *Get Out*, I urge you to watch it. The film captures a dynamic that, in extreme form, mirrors certain tendencies I have encountered: a wealthy white family that seems progressive, says all the right things, and appears welcoming and kind. Yet beneath the surface, they view Black bodies as commodities, as things to be used, consumed, and discarded (Peele, *Get Out*, 2017).

What makes the film so powerful is its depiction of racism not as explicit hatred, but as a form of consumption disguised as appreciation. The family in *Get Out* does not see themselves as racists; they see themselves as enlightened. They admire Black culture, they claim to be on the right side of history, they invite the protagonist into their home with warmth. And yet, they are prepared to destroy him for their own benefit.

The actors who portrayed this family, particularly the white characters, captured something essential and disturbing. There is a specific quality to their performances, a knowingness, a collective ambivalence, a sense that they are in on something dark and terrible, that rings profoundly true. They look at the protagonist with expressions that seem warm on the surface but carry beneath them a kind of predatory awareness. They know what they are doing. They know what they plan to do. And yet they maintain the appearance of normalcy, of hospitality, of innocence. They smile. They make small talk. They act as though nothing is wrong.

This is precisely what I have experienced with the surveillance operators I have encountered. There was a particular expression I came to recognize: a kind of sneer, a look of knowing superiority, as though they believed themselves privy to information I could not access, as though they were watching a story unfold in which I was merely a character. Their faces often appeared flushed, almost purplish, and there was something unsettling, almost eerie, in how they looked at me. These were not strangers but individuals embedded in elite networks: secret societies, surveillance operations, the kind of circles where power is wielded without accountability.

What made their behaviour so disorienting was their capacity to perform normalcy. I have seen them in real life, passing me on the street, and they were able to act as though nothing had ever happened between us. No recognition. No

acknowledgement, except for an insidious sneer when I passed directly by them. No indication that they had been watching, tracking, scheming. They could look me in the eye with that sneering expression, all the while knowing exactly who I was and what they had done. This is not merely deception; it is a form of psychological warfare. It is designed to make you doubt your own perceptions, to question whether you imagined what you experienced, to isolate you in your certainty.

What struck me most was the gap between how they saw themselves and how they appeared to others. They seemed to believe they were sophisticated, powerful, perhaps even attractive. Yet what I saw was something closer to chauvinism, deviancy, and embarrassment, not in physical features alone, but in the way their sense of entitlement and contempt had shaped their very presence. There was nothing admirable in them, nothing worth envying. And yet they moved through the world as though they were owed admiration.

This film offers a valuable warning, not about all well-intentioned people, but about the danger of mistaking performance for substance, appreciation for respect, and inclusion for equality. It reminds us to look beyond surface kindness to the underlying relationship of power.

Do not be fooled by smiles alone. Do not be fooled by money alone. Do not be fooled by political labels alone. Look at the fruit: what people actually produce, how they treat the vulnerable, how they speak about others when they think no one is listening (Matthew 7:16). The fruit will tell you what is in the heart.

Part IX: Christianity Is Not a White Religion

The Real Jesus: Bronze Skin and Wool Hair

One of the most damaging lies ever told is that Christianity is a European religion and that Jesus was a white man. This lie was spread by colonial powers to justify domination. If Christianity belonged to the white man, then converting meant submitting to white culture, white authority, and white rule. But let us look at the text: Revelation 1:14-15 describes the risen Christ: *“The hair on his head was white like wool, as white as snow, and his eyes were like blazing fire. His feet were like bronze glowing in a furnace.”* These are not the features of a Northern European man. They are the features of a man from the Middle East, someone whose skin would have been brown, whose hair would have been textured like wool (Massey, *The Real Jesus*, 2019). Jesus was a Jewish man born in Bethlehem, raised in Nazareth, under Roman occupation. He looked like the people of that land. He was not European. He was not American. He was a brown-skinned man from the colonized East.

Christianity's True Origins

Christianity began among Jewish people in the Roman province of Judea in the first century. It spread first to Syria, Egypt, Ethiopia, Armenia, and Persia, all before it became prominent in Europe (Shanks, *Christianity and Rabbinic Judaism*, 2011).

Ethiopia: According to Acts 8:26-40, Christianity entered Ethiopia in the first century through Philip the Evangelist, who baptized an Ethiopian eunuch. By the early 4th century, under King Ezana (320-356 AD), the Kingdom of Aksum adopted Christianity as the state religion, making Ethiopia one of the first Christian nations in the world (*The Ethiopian Church*, 2022).

North Africa: North Africa produced some of Christianity's greatest theologians. Augustine of Hippo (354-430 AD) was born in Thagaste, modern-day Algeria (Augustine, *Confessions*). Tertullian (c. 155-220 AD) was from Carthage, modern Tunisia. Cyprian (c. 210-258 AD) and Athanasius of Alexandria (c. 296-373 AD) also hailed from North Africa.

The Church of the East: In 781 AD, the Xi'an Stele was erected in China's capital, documenting Christianity during the Tang Dynasty (Nicolini-Zani, *The Luminous Way to the East*, 2022).

India: The Mar Thoma Nasrani (Saint Thomas Christians) of Kerala trace their origins to Thomas the Apostle, who arrived in 52 AD (*Pentecostal Saint Thomas Christians*, 2022). Christianity was a global, multi-ethnic faith long before Europeans claimed it as their own. The Apostle Paul wrote that in Christ, “there is neither Jew nor Gentile, neither slave nor free, nor is there male and female, for you are all one in Christ Jesus” (Galatians 3:28).

Witnesses from Every Nation

Today, the most vibrant Christian communities are in Africa, Latin America, and Asia. According to the World Religion Database (2025): Democratic Republic of the Congo (95.05% Christian), Angola (91.34%), Brazil (90.77%), Ethiopia (60.87%), Nigeria (90-100 million Christians), Philippines (over 90%), South Korea (33%), Argentina (88.59%), Mexico (over 90%). These believers are not white. Their faith is not imported.

A Message to People of Color Everywhere

To my brothers and sisters in Africa, South America, Asia, and the Pacific: Your skin is beautiful. Your hair is beautiful. Your features, your culture, your ancestors, these are not things to be ashamed of. Colonialism taught many of us to hate ourselves. That teaching was evil. It came from people who wanted to dominate, not from God. Christianity, rightly understood, does not ask you to become European. It asks you to follow Jesus, a brown-skinned, colonized Jewish man who stood with the poor, the sick, and the outcast. If anyone tells you that Christianity is a white religion, they are ignorant of history, blind to scripture, and deaf to the global chorus of believers who

do not look like them. Do not let their lie steal from you a faith that belongs to all nations.

Part X: What Christianity Actually Teaches

The Core of Faith Is Simple

If you have been put off by hypocrites, let me tell you what Christianity actually is: (1) God exists and is love (1 John 4:8); (2) All humans have fallen short; (3) God did not abandon us; Jesus Christ died for our sins; (4) Jesus rose from the dead; (5) To be saved, you need only believe (Romans 10:9). That is it. No political party. No nationality requirement. No racial qualification. God's grace is free.

What Does It Mean to Follow Jesus?

Following Jesus means two things: love God, and love your neighbor as yourself (Matthew 22:39). This means treating others as you want to be treated, caring for the poor, forgiving, protecting the vulnerable, especially the poor, the children, the women, and the sick. If someone calls themselves a Christian but bombs other nations, abuses children, treats non-white peoples as inferior, and uses their wealth to exploit the vulnerable, they are not followers of Jesus. Jesus said: “Not everyone who says to me, ‘Lord, Lord,’ will enter the kingdom of heaven” (Matthew 7:21).

A Note on Apostasy

Apostasy means the total abandonment of faith, often driven not by intellectual doubt but by disgust at hypocrites. I understand this disgust. But do not let hypocrites steal your soul. If you reject God because of false Christians, you are letting the wolves win. The false prophets will face judgment (Romans 2:6). But you can know God directly: “Draw near to God, and he will draw near to you” (James 4:8).

Part XI:

A Warning About Children: The Greatest Trust

The Millstone

One of the worst realities is the abuse of children. The Bible is clear: “If anyone causes one of these little ones to stumble, it would be better for them to have a large millstone hung around their neck and to be drowned” (Matthew 18:6). These surveillance people try to groom you with abuse tactics. They assume you will re-perpetuate this system. They try to groom you and then expect you to do this to your own children.

My Decision Not to Be a Mother

I am stopping this cycle by not ever being a mom. I prefer to focus on other pursuits including studying, working, church, ethics, technology, healthcare, wellness, and fitness. I have not done these things before. I do not know anyone who does this. To even try to see things their way is wrong. It is the antithesis of how Jesus Christ and God treat people.

What Parents Must Do

If you are a parent, a teacher, an elder: protect your children; teach them right from wrong; love them unconditionally. Children are not experiments. They are not tools for someone's agenda. They are souls entrusted to you. Adults should value their children and teach them properly. If you want your future generations to be capable, to love the world, to make your legacy a better place, do not be complicit. Love God and love your life and your future generations.

Part XII: Hope and Judgment

God Sees the Hypocrites

God is not fooled. The Scriptures remind us: *"Do not be deceived: God cannot be mocked. A man reaps what he sows"* (Galatians 6:7). We do not need to obsess over the judgment of those who do evil. Our task is to call out wrongdoing, protect the vulnerable, and leave the final accounting to God. Vengeance is not ours to carry; it belongs to the One who sees all things and judges rightly.

What Is Your Legacy?

Every person will one day stand before God. The question that will matter on that day is not how much wealth we accumulated, how famous we became, or how much power we wielded. The question is simpler and more profound: How did you treat other people? Did you love God with your whole heart? Did you love your neighbour as yourself? These are the measures of a life well lived (Matthew 22:37–40).

A Final Encouragement

Do not let the wolves drive you from the Shepherd. The hypocrisy of those who claim faith but practice cruelty is real, but they do not represent the One they claim to follow.

Do not let racists convince you that Jesus does not love people with your skin. The Gospel is for every nation, every tribe, every tongue. Jesus himself was a brown-skinned Jewish man from Galilee, He knows what it is to be marginalized, to be misunderstood, to be oppressed.

Do not let warmongers convince you that Christianity is about bombs and empire. The Prince of Peace came not to wage war but to lay down His life. His kingdom is not of this world.

The real Jesus is still there. He is still calling. He is still good. Read the Gospels for yourself. See what He actually said and did. Compare that to what the hypocrites say and do. The difference will be clear.

If you follow Him, you join a family that spans every continent, every culture, every language. You are not becoming white. You are not becoming American. You are becoming who you were always meant to be: a child of God.

Part XIII:

A Call to the Nations

To Africa: your continent gave the world some of the earliest Christians. Augustine of Hippo was African. The Kingdom of Aksum adopted Christianity as its state religion in the 4th century, long before much of Europe heard the Gospel. Your ancestors were writing theology in Alexandria and Timbuktu while the West was still in darkness. Your faith is not imported; it is ancient.

To South America: you have produced martyrs like Óscar Romero, who gave his life standing with the poor. Your Christian communities blend faith with justice, rooted in Indigenous, African, and European heritage. Your culture is rich, your peoples are diverse, and your faith is your own.

To Southeast Asia: Christians in the Philippines, Vietnam, and Indonesia have maintained their faith through centuries of colonialism, war, and persecution. You do not need to become Western to be Christian. Your languages, your foods, your traditions, these are gifts you bring to the table of faith.

To China: Christianity has been in your land since the Tang Dynasty, as the Xi'an Stele of 781 AD testifies. Your ancestors knew the Gospel a thousand years before many Western missionaries arrived. Do not let anyone tell you that following Jesus means abandoning your heritage. It does not.

To all nations: the corruption and inequities in this world are not fair. But there are people who care. Even here in Canada, I know wonderful people from every nation who work for equity, who see your dignity, who refuse to let you be forgotten. You are not alone. You are not invisible. You are not forgotten.

Love Your Culture, Love Your Skin

One of the cruelties of colonialism is that it taught people to hate themselves. Light skin is prized. Straight hair is called "professional." Western culture is presented as "modern," while everything else is labeled "backward." This is a lie.

God made you as you are. Your skin is not an accident. Your features are not flaws. Your culture, your food, your music, your language, your traditions, is not inferior. You can honour these things and follow Christ. The early Christians did not become Romans; they remained Jews, Greeks, Ethiopians, Syrians. In Christ, they found a new identity that transcended their old divisions without erasing who they were.

And to my Chinese brothers and sisters: the men are wonderful and great. Protect your beautiful, precious women. Do not allow those who would exploit or demean you to have any place among you.

Do Not Be Jealous

Call to the nations: do not be jealous. Do not look at those who wield power unjustly and think they have something worth envying. Their wealth, their weapons, their status, these things do not make them worthy. They are losing steam. Their systems are crumbling. Their time is passing.

Instead, be of goodness, love, forgiveness, mercy. Love Jesus Christ. These things endure. These things build. These things are the seeds of a world worth living in.

Part XIV:

What You Can Do: A Call to Action

Choose God Over the World

The people I have described, the surveillance operators, love the world. They love power, wealth, status, and legacy. They believe these things will secure their future and justify their actions. But the world passes away. As Scripture reminds us: *"The world and its desires pass away, but whoever does the will of God lives forever"* (1 John 2:17).

Do not be deceived by worldly power. It is temporary, often corrupting, and never the true measure of a life well lived. Choose God. Choose repentance. Choose love and grace over the lies of the powerful. These choices do not make you weak; they make you free.

Expose Them by Looking at the Heart

The most effective way to expose corruption is not to match it with more corruption, but to call people to look at the heart, not outward appearances, not worldly things, not the trappings of status or legacy. Those who rely on wealth and power to intimidate have no defence against those who refuse to be intimidated. They have no answer for those who see clearly and speak truth.

From my experience, many of the elites I have encountered do not genuinely care about the well-being of others. Their interest in other cultures and nations often masks a desire to control, to exploit, or to consume. By contrast, I have observed that some nations, China among them, take seriously the protection of their people's minds from harmful content and uphold high standards of purity and goodness. These are values worth defending.

What You Can Do

Here are seven things you can do, regardless of where you are or what you have endured:

1. **Read the Gospels for yourself.** Start with the book of John. Encounter Jesus directly, not through the words of those who claim to speak for Him but may not.

2. **Pray.** No priest, pastor, or politician is required. You can speak to God in your own language, in your own room, at any time. He hears.

3. **Find a faithful community.** Seek out people who genuinely love God and love their neighbours, who welcome you as you are, without asking you to become someone else.

4. **Protect the vulnerable.** Speak out against exploitation. Defend those who cannot defend themselves. Children, the poor, the marginalized, they are not statistics; they are souls entrusted to our care.

5. **Love your culture.** Do not let anyone tell you that following Jesus means abandoning who you are. The global body of Christ is made up of every tribe, tongue, and nation. Your culture is not an obstacle to faith; it is part of how you bring glory to God.

6. **Do not be overly reliant on technology.** Tools can serve us, but they can also control us. Maintain your humanity. Do not fall for the white saviour complex or any ideology that reduces people to projects.

7. **Love Jesus Christ directly.** Do not let your faith be tied to any individual, group, or nation. Your relationship with God is your own. No one can give it to you, and no one can take it away.

Part XV:

A Final Word: The Wolves Do Not Win

God Sees Everything

God sees the hearts of the hypocrites. He knows what they harbour in secret. He will judge them. You do not need to obsess over their judgment or carry the weight of vengeance. Jesus calls us to forgive, to pray for our enemies, and to leave final justice to God (Matthew 5:44; Romans 12:19). But this does not mean we pretend evil is not evil. Call it out. Warn others. Protect the vulnerable. Speaking truth is not the same as taking revenge.

The World Is Resilient

The world is more resilient than any effort to superficially destroy it. Those who rely on power, wealth, and manipulation to secure their dominance will ultimately find that these things cannot preserve them. The true winners are the good people, those who are godly, who choose what is right, who cultivate health of mind and spirit, who refuse to be corrupted. The people willing to fear God and stand with the oppressed will not be forgotten. History, and more importantly God, remembers.

In the Meantime

In the meantime, do not let the presence of opportunists consume your peace. Jesus Christ Himself said that one day He will declare to those who practices evil: *“Get away from me, you evil doers”* (Matthew 7:23). That day will come. Justice will be done. Until then, we live faithfully, love boldly, and trust that God is not indifferent.

My Testimony

I am an open book. I have not done the things they accuse me of. I have never harmed a child. I have never wanted to. I am a Christian who believes in austerity, in purity, in the teachings of Jesus Christ. The narrative they constructed about me bears no resemblance to who I actually am.

People are complex. Only God knows me fully. But this I know: God sees the truth. God sees the evil they harbour in their hearts. And God sees my life, my struggles, my faith. That is enough.

A Prayer

God, I don't understand everything. I have seen terrible things done in your name. I have been hurt. I have been angry. But I want to know you, not through hypocrites, but directly. I believe that Jesus Christ is your Son, that he died for my sins, and that

he rose from the dead. I turn away from my sins. I want to follow him. Please help me to love you, to love my neighbour, and to walk in your ways. Thank you for your grace. Amen.

If you prayed that, you are a Christian. Find a community that truly loves God and loves people. Read the Gospels. Start with the book of John.

And remember: the wolves do not have the final word. God does.

~ Ana

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Contact Me: Open to questions, interivews, general inquiries, etc.

I am aware that my posts will draw all sorts of attention I cannot predict.

I hope not to get doxxed but I am prepared to be if I am, as I have already shared my experiences with people I know in real life.

I am choosing to make myself reachable. If you are a journalist, a researcher, a medical professional, a legal authority, or simply a person with sincere questions, I want to hear from you, and I am open to being interviewed, questioned, do some research projects and participation, etc.

Thank you, and God bless you!

Reach me at:

Email: targetedfaith@proton.me

IG: targetedfaith

X/Twitter: @targetedfaith

A Note on This Blog: March 23, 2026 at 12:16 PM EST

This blog is less than a week old. I have been writing quickly to document my experiences as they unfold. The situation is constantly shifting, geopolitical tensions, new revelations, and the behaviour of those I am writing about all evolve by the day. This story is not finished; it continues to change.

I know some posts repeat information. Some sections lack proper citations. The writing is not always clear or polished. I am writing under pressure, in real time, and doing my best to get the truth out while I can.

I will continue to document what I learn. Over time, I hope to revise these posts, to clarify, to organize, to make the ideas easier to read and understand. My goal is not perfect writing but truthful testimony. If the writing is rough in places, I ask for your patience.

Thank you for reading.

Part 1, Par Contamination — Trauma Responses and the Confusion of Cause and Effect

In which I confess my own reactions, distinguish between genuine intent and induced intrusion, and examine how abusers weaponize archetypes against the vulnerable.

1.1 A Confession, Not a Justification

I need to confess something: I have had thoughts and reactions I am not proud of. Images in my mind that distressed me. Moments of rage that frightened me. This is my trauma response.

There is no need to justify this response—even if parts of it emerged from altered mental states deliberately induced by others—because the standard for judgment belongs to the one who caused the harm, not the one who reacted to it. Scripture is clear on the treatment of children, but more broadly, it is clear on the treatment of the vulnerable: kindness is not optional.

1.2 What I Am Not

I want to be explicit about what I am not. I do not have contempt for children. I do not view them through the distorted lens my abusers try to impose. My question is simple: why can't children be treated normally—with basic respect, boundaries, and the dignity afforded any human being?

The answer, I've come to understand, is that the same people who deploy surveillance technologies in voyeuristic, non-consensual ways inevitably develop warped perceptions. When your framework for relating to others is built on intrusion, your view of the vulnerable becomes distorted. Traumatizing me serves multiple purposes for them: it allows them to feel better about their own actions, it deepens group bonds through shared secrecy, and it provides them with a narrative in which I am the dangerous one.

1.3 On OCD Intrusion: Induced Symptoms and Manufactured Guilt

A note on intrusive thoughts, because this is central to understanding what they do. OCD intrusion refers to unwanted, involuntary thoughts, images, or impulses that cause distress and are entirely contrary to a person's values and intentions. These are not desires. They are not fantasies. They are psychic noise that the person finds disturbing precisely *because* they contradict who they are.

My abusers understand this. They deliberately feed me grotesque imagery—violent, sexual, degrading—knowing it will lodge in my mind as intrusion. Then they use my distress over these intrusions as "proof" of my corruption. This is a calculated tactic: induce the symptom, then blame the victim for having it.

I repent of any inappropriate thoughts I have had, but I also recognize that many of these were not organic to me. They were implanted, provoked, and exploited by people who understand the mechanics of psychological manipulation.

1.4 The Weaponization of Archetypes: School Shooters, Tragedies, and Manufactured Narratives

I have been called a "school shooter"—not once, but persistently, with references to specific instances. I have been called an "American Tate," a tragedy in the making. These labels are not random insults. They are attempts to map an archetype onto me—the isolated, bullied, rage-filled outcast—and then to create the conditions that would make that archetype appear to come true.

This is a pattern: accuse someone of being a criminal from the outset, treat them as already convicted, subject them to the conditions that produce criminality, and then point to the results as justification for the original accusation.

The spiritual dimension here is not incidental. What the Holy Spirit does is sanctify and heal—cleaning the mind, restoring it to wholeness. What my abusers do is the polar opposite: they pollute the mind and then hold the pollution against me.

Part 2, Par Sovereignty: The Psychology of Elite Evil and Power Without Accountability

In which I examine the psychological profile of those who operate without oversight, the historical precedents for mind-control operations, and the war on consciousness

playing out beneath the surface of public life.

2.1 The Profile: Narcissism, Psychopathy, and the Sense of Being Above the Law

I am not surprised that some of these people are adamant about destroying my life. This is not random cruelty. It is the predictable output of a particular kind of power structure.

There is a well-documented psychological profile among those who ascend to positions of significant power without meaningful accountability. Narcissism, psychopathy, and a sense of being "above the law" are not incidental—they are often selection criteria. These individuals feel justified in doing to others what they would never tolerate being done to themselves.

2.2 Race, Nationality, and the Fantasy of Transgression

My status as a Chinese Canadian adds a dimension that seems to matter to them. I am outside the bounds of their nationality, which means to them I am outside the bounds of law and moral consideration entirely. Imposing their will across borders gives them a sense of significance—a fantasy that their technology and knowledge can reach anywhere, affect anyone.

There is a symbolic dimension to this rooted in race and class. Corrupting someone from outside their imagined sphere of influence serves as a trophy—a demonstration that their reach knows no boundaries.

2.3 Historical Context: Video Resources on Mind-Control Programs and Elite Corruption

For those who want to understand the structures behind this kind of behavior, I have found the following resources valuable. They are not light viewing, but they provide historical and structural context that individual testimony alone cannot convey:

- The first video: (https://www.youtube.com/watch?v=BtlWoqWLm9Q) documents the connections between intelligence agencies, organized crime, and the development of psychological operations targeting civilians. What emerges is a picture of institutions operating without oversight, developing techniques of influence that were never meant to be used on citizens—but are.

- The second video: (https://www.youtube.com/watch?v=EgGfQdv_rPc) traces the history of mind-control research and its migration from state programs into private networks. The continuity between documented programs like MKUltra and contemporary targeting practices is not theoretical—it is operational.

- The third video: (https://www.youtube.com/watch?v=6PdfD44DkqA) examines the spiritual and symbolic dimensions of elite corruption, particularly the way esoteric

traditions have been co-opted to justify rather than restrain power.

What these resources reveal is that what I am experiencing is not isolated. It is a known pattern with a known history.

2.4 Elitism as Moral Bankruptcy: A Christian Perspective

From a Christian perspective, what we are seeing is the opposite of lawfulness. Lawfulness begins with the admission of limitation—that one is flawed, a sinner, in need of grace. True righteousness turns toward kindness, virtue, protection of others, and if necessary, sacrifice. "Greater love has no one than this: to lay down one's life for one's friends" (John 15:13).

The elites I am dealing with operate on a different logic: they believe their power exempts them from this standard. They feel entitled to ruin lives because they can.

2.5 The War on Consciousness and the Competition of Morality

What we are witnessing is a war on consciousness. There is a competition underway not just for resources but for the framework of what is considered good, true, and real. Those running these operations are not neutral; they are actively trying to corrupt consciousness itself—to make the pure impure, to make the clean see filth, to make those who love goodness doubt whether goodness exists.

This is why they target people with genuine spiritual connection. My relationship with Jesus Christ, my experience of the Holy Spirit as sanctifier, seems to provoke them. They respond by doing the opposite: false flattery to induce pride, grotesque imagery to induce contamination, isolation to induce despair.

Part 3, Par Idolatry: Ritual Degradation, Vicarious Perpetration, and the Long Game

In which I examine the symbolic dimensions of my treatment, the tactic of vicarious perpetration, the long-term implications for my family and community, the manufactured motive of jealousy as a tool to induce criminality, and the theological inversion by which the projector of evil, not the target, bears guilt.

3.1 Commodification and Ritual Degradation: The Mount Ebal Prohibitions

It sounds strange to say, but they have set me up as a kind of idol.

The language they use—"paying" for abuse, calling me cheap, reducing me to a dollar amount—reveals the logic: commodification. A human being reduced to a transaction, a thing to be used and discarded. This is not random cruelty. It is ritualized degradation with symbolic meaning.

What they are doing aligns with practices explicitly prohibited in Scripture. In Deuteronomy 27, Mount Ebal is designated as the mountain of curses for those who break God's law. The prohibitions listed include:

> *"Cursed be the man who makes a carved or cast metal image, an abomination to the Lord, a thing made by the hands of a craftsman, and sets it up in secret."* (Deuteronomy 27:15)

They have set me up as an image—a false idol, a Baal substitute—in secret, using me as a vessel for their rituals of degradation.

> *"Cursed be anyone who dishonors his father or his mother."* (Deuteronomy 27:16)

They have targeted my relationship with my mother, putting murder and hurt ideas in my mind directed toward her, attempting to corrupt the bond between parent and child.

> *"Cursed be anyone who strikes down his neighbor in secret."* (Deuteronomy 27:24)

Their surveillance is secret, non-consensual, and strikes at the psychological and spiritual wellbeing of their target.

> *"Cursed be anyone who takes a bribe to shed innocent blood."* (Deuteronomy 27:25)

They seek to induce suicide, murder, or violent breakdown—shedding innocent blood by proxy, through manufactured means.

They know these prohibitions. They know the God of Israel explicitly warns against doing these things. Their knowledge does not deter them; it may be part of the point. By knowingly violating what God has forbidden, they position themselves in opposition to the God they claim to serve.

The "Enemy" Justification:

They call me an enemy. In their logic, this designation permits what would otherwise be forbidden. But this is a corruption of what Scripture teaches. Jesus Christ is explicit:

> *"But I say to you, love your enemies and pray for those who persecute you, so that you may be sons of your Father who is in heaven."* (Matthew 5:44-45)

There is no exception clause for ritual degradation. There is no permission to imagine your enemy as a pedophile, a murderer, a Baal worshipper. There is no license to induce psychosis or suicide in those you have labeled adversary. The command is to pray—not to project, not to curse, not to perform esoteric rituals hoping to manifest destruction.

What they do instead is the antithesis of Christ's teaching. They have taken the concept of "enemy" and used it to justify practices that belong to Baal worship, not to the worship of Yahweh. They have inverted the commandment: rather than praying for their enemy, they perform rituals against their enemy, hoping to corrupt, break, and ultimately destroy.

3.2 The Enemy Designation: A Self-Identifying Admission

They call me an enemy. I take them at their word. They recognize, perhaps more clearly than they would admit, that what they are doing is incompatible with Christianity. And because I am a Christian—because I experience the Holy Spirit as healer and sanctifier—they treat me with particular intensity. They want to make me walk away from God. They want to make me reject grace. They want to make me into the antichrist they already accuse me of being.

3.3 Vicarious Perpetration: Making the Victim Complicit

One of the more insidious tactics is what I call vicarious perpetration: they try to make me complicit in their actions. By taking images of people around me and implying they are monitoring them, by capturing others in deepfakes, they try to make me feel responsible for their violations. They want me to feel that my existence brings harm to others.

This is a classic abuse tactic: make the victim feel like the problem, so they isolate and accept the treatment as deserved.

3.4 The Long Game: Family, Community, and Intergenerational Harm

The people running these operations view themselves as playing a long game. They speak of life as a game rather than something to be attributed meaningfully, soulfully, with love. Their intentions extend beyond me. There is a grooming aspect to what they do—a long-term hope that I will become a tragedy: schizophrenic, violent, suicidal. Any of these outcomes would serve their narrative.

But even if I were to die, they would not stop. They would continue surveilling and tailgating my parents, my friends, the people at my church. Their crimes do not isolate to me. They extend to everyone affiliated with me. They are waiting for the long-term results, watching to see how the damage propagates through a life and through the lives connected to that life.

This is part of the symbolism for them. It is rooted in race and class—I am Chinese Canadian, outside their imagined sphere of legitimate concern. It is rooted in a desire to see corruption spread across borders, across generations. They are invested in the long arc of destruction.

There is a specific symbolic weight to this for them: if I were to harm my mother, or if she were to harm me, they would treat it as representing something about East Asia, about China. They imagine themselves as agents of a symbolic conquest—corrupting a Chinese Canadian woman and her family as a stand-in for corrupting something larger. My parents are not even fully aware of what I am going through, which adds to the sense of violation. The lack of knowledge on their part becomes another layer of the abuse: I am isolated not only from my community but from my own family's understanding.

And what would they do if they succeeded in breaking me? Would they repent? Would they turn to Christ and claim they had been purified by my destruction? Perhaps they imagine themselves abiding in Christ once I am gone—using me as a "curse" they had to expunge, an artifact in their community's memory. Or perhaps they would say nothing, letting me become nothing in their collective consciousness—remembered only in their biased, flawed perceptions, never from my own perspective. That is why I write. That is why I document. I will not let them have the final word on who I am.

3.5 The Manufactured Motive: Jealousy as a Tool to Induce Murder

One of their more calculated tactics has been to manufacture jealousy in me—or rather, to accuse me of jealousy so persistently that I might internalize the accusation and act on it.

The logic follows a recognizable pattern. Jealousy is a documented motive for murder. Cain killed Abel over jealousy. Elliot Rodger, the incel who committed the Isla Vista killings, spoke openly of jealousy toward those he perceived as having what he lacked—romance, social acceptance, wealth, attractiveness. His victims included Asian people, including his roommates. My abusers have explicitly compared me to figures like Rodger, alongside their persistent labeling of me as a school shooter, an incel (despite my being a woman), and a tragedy in the making.

The tactic works like this: they position themselves as "elite white surveillance operators" doing whatever they please, while I live a relatively austere life—as God instructs in Scripture. They then try to make me feel embittered, left out, cowardly, and hateful over this disparity. They project onto me the very jealousy they themselves seem to harbor toward others: jealousy of white people, jealousy of Asian people, jealousy of toddlers and children, jealousy of anyone who lives with integrity or happiness. They attempt to induce in me the full repertoire of emotions that characterize the miserable—anti-society, anti-good, anti-friendship, anti-family, anti-romance, anti-God.

The subtext is always: *why has your life become so dark and embittered?* They want me to answer that question with violence.

They have even attempted to make me jealous of a specific person—an unlikeable, sadistic, narcissistic woman among their group—by suggesting I would "dream about her," a notion that provoked visceral disgust. When someone so clearly contemptible projects their own jealousy onto you while imagining you desire them, the violation is

layered. The intent was clear: provoke me into reaction, then document the reaction as proof of my instability.

3.6 A Confession: The YMCA Incident

I need to confess an episode that marked a turning point for me.

During a period of sustained provocation, I was at my local YMCA. The surveillance operators were vocal and abusive as usual. That evening, after being subjected to particularly degrading comments from one of them—the same woman referenced above—I became overwhelmed. I went into the bathroom and, in a moment of fury, tore a piece out of the wall.

It was a defining moment. Not because the destruction was significant—it was not—but because I recognized in myself a capacity for destruction that I did not want to nurture. I saw clearly that if I continued down this path, I would become exactly what they wanted me to be: someone who breaks things, who harms property, who eventually harms people.

Thankfully, the janitor who attended to it was, in that moment, an angel of a man. He seemed to understand something of what was happening when I exited the bathroom, and he was able to fix the wall without incident. I have only ever told my mom about this until now.

I repent of that episode. I do not want to walk the path of unlawfulness. I do not want to damage public property or anything that is not mine. I have since committed myself to finding better ways to manage my mental state and to seeking external help when needed. That moment was a warning, and I am grateful I heeded it before worse followed.

3.7 The Baal Projection: Imagining False Realities and the Sin of the Imager

There is a deeper layer to what they do, one rooted in a particular esoteric worldview. They have, from their perspective, decided to treat me as a Baal—a false god, a substitute, an idol to be used and degraded. But more than that, they have convinced themselves as a group to imagine me as a criminal, a sadist, a pedophile, a rapist, a murderer, a Baal worshipper—despite the reality being the polar opposite.

Their logic appears to be rooted in a form of spiritual manipulation: they believe that by collectively imagining me in these grotesque ways, they can influence reality itself. They think their projection can manifest in my actions, that their image of me can override who I actually am. This is the psychology of certain esoteric traditions—the idea that concentrated intention, particularly malicious intention, can shape outcomes.

From my perspective, I could do the same if I wanted to. I could imagine them as the hollow, pathetic, self-deluded people they are. But that is not the path I choose.

What they fail to understand—or perhaps understand and reject—is that Scripture is clear on this matter. The sin belongs to the one who imagines evil, not the one imagined upon. Jesus taught this explicitly:

> *"But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart."* (Matthew 5:28)

The woman is not guilty because a man imagines her doing things she is not doing. The guilt lies with the one doing the imagining. The same principle applies here. Just because they imagine me committing acts I have not committed, harboring desires I do not harbor, being a person I am not—that does not make me guilty. It makes them guilty.

They are sinning with their eyes, with their minds, with their collective imagination. They are violating the very commandments they claim to respect. And they are doing so while positioning themselves as arbiters of justice.

This is the antithesis of what the Gospel reveals. Christ calls us to purity of heart, not to project our own corruption onto others. He calls us to see clearly, not to manufacture false realities. He calls us to love our neighbors, not to imagine them as enemies deserving of destruction.

So let me be direct with them, since they read these words: *You are the ones imagining evil. You are the ones sinning with your minds. You are the ones who have made yourselves guilty. Not me.*

3.8 On Being Disbelieved: Why I Speak Anyway

I know many people will think I am delusional or insane or seeking attention. My initial approach was to go dark on social media—I never liked it much anyway. But with recent events, with them trying to induce murder, shooting, rape, and other harms in my life and the lives of people around me, I have decided to speak. Silence has become complicity.

I do not see myself as particularly special. I am someone forced into special circumstances. They mock me with titles like "god" and "goddess," but I am just a normal human being with a unique set of circumstances.

3.9 A Final Word on Knowledge, Wisdom, and the Limits of Elite Arrogance

There is an arrogance underlying all of this: the assumption that they are the ones who know, that their surveillance makes them omniscient, that their esoteric knowledge places them above others. This arrogance extends to their assumptions about the world beyond their borders.

They imagine that the Great Firewall of China means information is completely contained, that people are not well educated, that they are cut off from the wisdom

that flows freely elsewhere. This is not the case. The world is vast, and other nations and peoples possess knowledge and wisdom far beyond what elites would like to credit. Time and again, we see wisdom and intelligence among people of all walks of life, regardless of age, nationality, or appearance.

Consider figures like Professor Jiang and his students—researchers, teachers, intellectuals who operate with rigor and integrity. They are not isolated from global knowledge; they are participants in it. They understand the dynamics of power, corruption, and spiritual warfare perhaps more clearly than those who imagine themselves superior.

But even beyond the intellectuals, there is a deeper wisdom that transcends national boundaries and educational credentials. Many people—whether behind firewalls or beyond them—understand something fundamental: that at the end of all the analysis, all the esoteric knowledge, all the political maneuvering, what remains is austerity, God, Jesus Christ, repentance, and being a decent good person.

We can acknowledge that there are shitty, bad people who choose evil. We can name them. We can recognize that some of them operate with sophistication and resources. But if we have ever been like that—if we have ever chosen cruelty over kindness, projection over truth, power over love—we can repent. We can turn. We can commit to protecting others from the kind of harm we have seen or even caused.

This is not complicated. It is not esoteric. It does not require secret knowledge or elite status. It requires humility. It requires the willingness to see oneself clearly. It requires the courage to choose good even when evil is easier.

The elites who run these operations may think they are playing a long game. They may think their surveillance makes them omniscient. They may think their esoteric knowledge elevates them. But they are wrong. There is wisdom beyond their reach. There is goodness beyond their capacity to corrupt. And there is a God who sees not the projections they imagine but the hearts they refuse to examine.

Part 4, Par Simplicity: Grounded in Christ and the Call to Faithfulness

In which I turn from the mechanics of abuse to the substance of faithfulness: esoteric knowledge versus Gospel simplicity, eschatology and responsibility, and the call to be a pillar of light.

4.1 The Simplicity of the Gospel

I am a Christian because I believe Jesus Christ is the truth, the way, and the life. I accept His sacrifice in place of my sins, so that I can have peace rooted in the Gospel—which is ultimately about gentleness, kindness, love, and self-control.

4.2 A Warning Against Esoteric Obsession

One of the temptations in situations like this is to dive deeply into esoteric knowledge—to try to understand every symbol, every ritual, every layer of what the abusers believe themselves to be doing. There is a certain logic to this: knowledge feels like protection. But I have come to see that this path has its own traps.

The message of the Gospel is not complicated. You do not need to understand Freemasonry or Kabbalah or the nuances of Baal-peor worship to be a decent human being. In fact, focusing too much on these things can become a distraction from what actually matters: recognizing your own limitations, your own hypocrisies, your own need for grace.

There are indeed people who choose evil—who know better and choose worldliness, power, and cruelty over God and goodness. Acknowledging this is important. But dwelling on the mechanics of their evil at the expense of one's own spiritual formation is a trap. The question is not ultimately "what are they doing?" but "who am I becoming?"

4.3 True Christlikeness: Fruits of the Spirit, Not Spiritual Pride

True Christlikeness is grounded in the fruits of the Spirit. But these pursuits should not be undertaken for self-aggrandizement. If you pursue spiritual knowledge to feel smarter, more spiritual, more intelligent than others, you have missed the point. God is not impressed by our accomplishments; only God can judge our hearts.

What I am called to—what any of us is called to—is simpler and harder than esoteric mastery: to be decent, kind, loving, and repentant. To treat others with the dignity I wish to receive. To recognize that I am limited, that I am flawed, that I am in need of grace every day. To follow the message of the Gospel not because it makes me special, but because it is true.

4.4 Eschatology and Responsibility: The Rapture and the Call to Faithfulness

I believe in what Scripture reveals about the end of things: that Christians will be caught up in the air, that there is a culmination to history that God is sovereign over. I am skeptical, however, of claims to know exactly how or when this will happen. Certainty about timing is not given to us, and pretending to possess it often leads to presumption rather than faithfulness.

What we do know is this: the coming of Christ does not absolve us of responsibility in the present. We are not to be lax or to do as we please in the meantime. We are called to equip ourselves with Scripture, to keep faith intact, to hold fast to God's message. We are called to not be complicit in corruption, to call out evil where we see it, to be pillars of light in a dark world. We are called to help others, to treat people rightly, to love our neighbors as ourselves.

Whatever the long game of the powerful may be, it is not the final word. Their surveillance does not make them omniscient. Their schemes do not outrun the sovereignty of God.

4.5 Why This Matters: Beyond Me

The people running these operations want to be the arbiters of good and evil. They want to control the narrative so their actions are invisible and their victims are blamed. They are particularly pleased, I think, that I am ethnically Chinese—corrupting someone from outside their imagined sphere of influence is a trophy to

them. And they are playing a long game, one that extends beyond me to my family, my community, anyone connected to me.

But here is what they do not understand: there is much going on that is under their radar. Their surveillance does not make them omniscient. People are becoming more aware of the mistakes of the past, repenting of their sins, learning to trust the Gospel, choosing good over evil. The project of corrupting consciousness is not as successful as they would like to believe.

4.6 Conclusion: A Call to Wake Up, Repent, and Choose the Better Path

I am not writing because I think I am important. I am writing because silence has become complicity. I am writing because the truth—even if it sounds strange, even if people do not believe it—deserves to be spoken. I am writing because through Jesus Christ, I am being healed, and I refuse to let the people who tried to break me have the final word.

I am a child of God. I am a sinner saved by grace. I am someone who was targeted by people with technology, arrogance, and cruelty—but I am not defined by them. I am defined by the One who is sanctifying me.

If you are reading this and you recognize yourself in the description of those who operate without accountability—turn back. Repent. Choose the harder, better path.

If you are reading this and you have also been targeted: you are not crazy. What is being done to you is real. And healing is possible.

Do not dwell too much on the esoteric knowledge of those who harm you. It is not that complicated to be a decent person. Recognize your limitations. Acknowledge your hypocrisies. Extend the grace you have received. Follow the message of the Gospel: love God, love your neighbor, and let the rest fall away.

Part 3: Par Idolatry: Ritual Desecration, Indirect Liability, and the "Long Game"

In which I examine the symbolic dimensions of my treatment, the tactic of vicarious perpetration, the long-term implications for my family and community, the manufactured motive of jealousy as a tool to induce criminality, the theological inversion by which the projector of evil bears guilt, and the spiritual warfare underlying the assault on consciousness.

Table of Contents

Section	Title
3.1	Who "They" Are: The American Elite Surveillance Apparatus

3.2 Commodification and Ritual Degradation: The Mount Ebal Prohibitions

3.3 The Enemy Designation: A Self-Identifying Admission

3.4 The Restrainer: Why They See Me as an Obstacle

3.5 The Two Modes of Operation: Explicit and Implicit, and the Construction of a False Profile

3.6 The Exploitation of OCD Intrusion: Induced Symptoms and Manufactured Guilt

3.7 The Beast of the Sea: Collective Consciousness and the Attempt to Corrupt

3.8 The War on Consciousness: A Term and a Reality

3.9 The Biblical Warning: The Return of Unclean Spirits

3.10 Forced Complicity: Making the Victim Feel Responsible

3.11 The Long Game: Family, Community, and Intergenerational Harm

3.12 The Manufactured Motive: Jealousy as a Tool to Induce Murder

3.13 A Confession: The YMCA Incident

3.14 The Baal Projection: Imagining False Realities and the Sin of the Imager

3.15 On Lying: Confession, Accusation, and the Identity They Want to Impose

3.16 On Being Accused of Wanting to Be Part of the American Elite

3.17 A Warning About Changing Scripture

3.18 A Seal of Protection: Grounded in Jesus Christ

3.19 On OCD Intrusion: You Are Not Guilty for Unwanted Thoughts

3.20 On Being Disbelieved: Why I Speak Anyway

3.21 A Final Word on Knowledge, Wisdom, and the Limits of Elite Arrogance

3.22 On Historical Atrocities and the False Promise of Power Through Degradation

3.23 The Nuclear Bomb Obsession: Symbolism and Projection

3.24 On the Accusation of Cursing Parents

3.25 On Financial Reality and Accusations of Profit

3.26 Physical Observation: A Forensic Note for Intelligence Agencies

3.27 On Projection, Reputation, and the Attempt to Blacklist

3.28 On My Nature and God's Presence

3.29 On the Lies and Intrusive Imagery They Implant

3.30 Conclusion: Faithful to the End

3.31 My Signature: Sealing This Testimony in My Own Name

3.1 Who "They" Are: The American Elite Surveillance Apparatus

Before proceeding, it is necessary to identify clearly who I am referring to throughout this text. The "they" I describe are not figments of imagination nor vague abstractions. They are specific individuals operating within networks that span secret societies, elite institutions, and state apparatuses.

Secret Societies and Symbolic Lineages:

These individuals are connected to secret societies including Freemasonry, Scientology, and what is colloquially referred to as the "Illuminati"—networks that trace their symbolic lineage to old American families with longstanding ties to occult and ritual practices. The Eye of Providence, or the All-Seeing Eye—a symbol depicting an eye enclosed in a triangle and surrounded by rays of light—appears on the US dollar bill and the Great Seal of the United States. In Renaissance Christian art, this symbol represented divine guidance and God's watchfulness over humanity. In Freemasonry, it is understood as a symbol of the "Great Architect of the Universe." Yet in the hands of those who have inverted spiritual truth for material power, such symbols become tools of psychological warfare—reminders to their targets that they consider themselves to be watching, judging, and operating with a form of sovereignty they attribute to themselves rather than to God.

These individuals are not merely bureaucrats or functionaries. They are inheritors and practitioners of esoteric traditions that have been co-opted to justify domination. Their rituals, their symbolism, their use of secret knowledge—all of it serves to create a shared identity among themselves, a bond of secrecy and superiority that allows them to commit acts of degradation while believing themselves justified.

Institutional Networks:

Their network spans universities—including Harvard, Dartmouth, and other elite institutions—corporations, military intelligence, and private surveillance contractors. Many are Democrats, a political affiliation that does not preclude (and in some cases facilitates) the operation of these networks within the administrative and donor classes of elite institutions. I have revealed many of them through my previous blog posts, documenting their identities and their actions.

These individuals are American elites, predominantly white, both men and women, who occupy positions of institutional power and who have deployed that power to conduct a sustained campaign of psychological warfare against me.

The Reality of Their Existence:

These individuals are alive, breathing, and present. They eat, they sleep, they occupy physical space. They are not random voices or random imaginations; they are human beings who have chosen to weaponize their access to technology and their positions within hierarchical institutions to engage in behaviour that is, by any ethical or spiritual standard, reprehensible. Some of them are the same class behave as the people exposed in files such as Epstein's network—that is, individuals who believe their wealth, connections, and institutional cover permit them to operate above the law.

The Projections They Place on Me:

Some of them call me the devil. Some of them call me a liar. Some of them call me a school shooter, a terrorist, a suicide bomber, an incel, a pedophile, a Baal worshipper, a nuclear bomb "advocate". Sometimes they call me these things; at other times, the accusations are implied, the vocal abuse and pollution calculated to induce specific psychological responses. They want me to have degrading ideas of becoming what they accuse me of being the desecrated version of how they perceive me, as a foe. They attempt to implant these suggestions repeatedly, hoping that repetition will lead to internalization.

But I am not what they say I am. I am a graduate student pursuing higher education with goals in healthcare, forensic psychology and, if possible, contributing to intelligence and lawfulness through recognized, established legal institutions. I am, thankfully, too old, to be drawn into the grotesque fantasies they project. I have real goals, real credentials, real ambitions to work within systems that uphold law and justice, rather than to write "fiction" on the internet for attention or profit. I also have the network of people who are lawful, clear-headed, and accomplished people to feel relatively "safe" that I can always avoid these bad actors in society, now and in the future.

Some of the operators say they will try to make sure I am a "crazy nobody." They want to ensure that I never gain the credentials, credibility, or institutional backing to be taken seriously. They want to keep me isolated, dismissed, disbelieved. But I am pursuing education, I am pursuing legitimacy, and I am documenting everything so that when the time comes, I can present this not as the testimony of a "crazy nobody" but as the documented record of a researcher who endured and exposed what was done to her.

The Symbolic Inversion:

They project onto me every pathology they themselves possess. And they do this while occupying positions of institutional legitimacy—positions from which they believe they can act with impunity. What they fail to understand—or perhaps understand and reject—is that their symbols, their rituals, their secret knowledge, and their institutional power do not make them gods. They make them accountable.

And there is a God who sees not only the projections they imagine but the hearts they refuse to examine.

3.2 Commodification and Ritual Degradation: The Mount Ebal Prohibitions

The surveillance operators have established a framework in which I am treated as an object of ritual significance—specifically, as a substitute idol, a Baal figure, a vessel for practices that are explicitly condemned in Scripture. The language they use —"paying" for abuse, calling me cheap, reducing me to a dollar amount—reveals the underlying logic of commodification: a human being reduced to a transaction, a thing to be used and discarded. This is not random cruelty but ritualized degradation with symbolic meaning.

Two-Sided Structure of the Network:

The network operating against me exhibits a two-sided structure. One faction consists of individuals who claim to be Christian and who, by their own stated beliefs, know that the practices they engage in are explicitly forbidden by Christian doctrine. Their participation in rituals of degradation, psychological warfare, and attempted spiritual corruption represents a deliberate inversion of the faith they profess. They know that what they do violates the commandments of the God they claim to serve; this knowledge does not deter them but may constitute part of the intended violation.

The other faction consists of individuals who actively practice satanism, Baal worship, and other forms of occult ritual. Their orientation is not hypocritical Christianity but explicit opposition to Christian teaching. This duality within the network—nominal Christians who knowingly violate their professed faith alongside explicit practitioners of satanic ritual—has been observed in critiques of American elite corruption. Russian President Vladimir Putin, among others, has made public statements characterizing certain elements of the American elite as satanic in their practices and orientation. While such statements are politically charged, they point to a documented reality: that networks of elite power in the United States have long incorporated occult and satanic practices as part of their internal bonding mechanisms and rituals of domination.

The Scriptural Prohibitions:

What they are doing aligns with practices explicitly prohibited in Scripture. In Deuteronomy 27, Mount Ebal is designated as the mountain of curses for those who break God's law. The prohibitions listed include:

> *"Cursed be the man who makes a carved or cast metal image, an abomination to the Lord, a thing made by the hands of a craftsman, and sets it up in secret."* (Deuteronomy 27:15)

The operators have set me up as an image—a false idol, a Baal substitute—in secret, using me as a vessel for their rituals of degradation.

> *"Cursed be anyone who dishonors his father or his mother."* (Deuteronomy 27:16)

They have targeted my relationship with my mother, implanting murder and hurt ideas directed toward her, attempting to corrupt the bond between parent and child. This directly violates the commandment to honor father and mother (Exodus 20:12).

> *"Cursed be anyone who strikes down his neighbor in secret."* (Deuteronomy 27:24)

Their surveillance is secret, non-consensual, and strikes at the psychological and spiritual wellbeing of their target. This constitutes striking down in secret—using technology as the weapon.

> *"Cursed be anyone who takes a bribe to shed innocent blood."* (Deuteronomy 27:25)

They seek to induce suicide, murder, or violent breakdown—shedding innocent blood by proxy, through manufactured means.

The operators know these prohibitions. They know the God of Israel explicitly warns against doing these things. Their knowledge does not deter them; it is part of the point. By knowingly violating what God has forbidden, they position themselves in opposition to the God they claim to serve.

The "Enemy" Justification:

They designate me as an enemy. In their logic, this designation permits what would otherwise be forbidden. But this justification is a corruption of Christian teaching. Jesus Christ is explicit:

> *"But I say to you, love your enemies and pray for those who persecute you, so that you may be sons of your Father who is in heaven."* (Matthew 5:44-45)

There is no exception clause for ritual degradation. There is no permission to imagine your enemy in degrading ways. There is no license to induce psychosis or suicide in those you have labeled adversary. The command is to pray—not to project, not to curse, not to perform esoteric rituals hoping to manifest destruction.

What they do instead is the antithesis of Christ's teaching. They have taken the concept of "enemy" and used it to justify practices that belong to Baal worship, not to the worship of Yahweh. They have inverted the commandment: rather than praying for their enemy, they perform rituals against their enemy, hoping to corrupt, break, and ultimately destroy.

3.3 The Enemy Designation: A Self-Identifying Admission

They call me an enemy. I take them at their word. In doing so, they reveal something crucial: they recognize, perhaps more clearly than they would openly admit, that their actions are incompatible with Christianity. Because I am a Christian—because I experience the Holy Spirit as healer and sanctifier—they treat me with particular intensity. Their aim is to make me walk away from God, to reject grace, and ultimately to become the very antichrist they already accuse me of being.

This dynamic demonstrates that they possess a working knowledge of right and wrong, good and evil—just as I do. That awareness makes their conduct all the more despicable. Their grooming, their false flattery, and their calculated harassment are not random; they are deliberate efforts to provoke a fall from grace. Most explicitly, their objective appears to be turning me away from Jesus Christ. Yet as long as I remain in my faith, they are constrained—they cannot, for instance, directly kill me—so they instead work through indirect means: psychological pressure, social sabotage, and attempts to manipulate my identity.

A recurring tactic is their effort to cast me in the role of a tyrant, likening me to figures such as Hitler. The rationale they project onto me is revealing. They suggest that my continued existence—my refusal to be destroyed by their treatment—is evidence of narcissism, shamelessness, obsession with them, or jealousy of them. These are American elite circles, many of whom operate within cult-like structures, and they appear unable to conceive of a person whose center of gravity lies outside their own world.

The truth is simpler and, to them, incomprehensible: I do not dream of them. I do not seek additional information about them. My life—my graduate studies (in which I maintain A-level work), my church attendance, my real-world friendships, my connections with my Chinese family—proceeds independently of their fixation. I do not need them to exist, let alone to validate me.

Their narcissistic framework, however, cannot accommodate this. To them, everything is interpreted through the lens of self-reference. If I write nothing, they claim I am appeasing them, complicit in their crimes, trying to make myself likeable. If I document everything, they accuse me of reverse psychology—again, supposedly trying to manipulate their perception of me. Both interpretations serve the same function: to position themselves as the central reference point for my actions.

I write this to make clear that I am not insane, nor am I entangled in their framework. I am aware that regardless of what I do—whether I speak or remain silent—they will construct a narrative that serves their own interests. But I do not care about their narratives. I do not care about their future generations. I do not act for their approval, their hatred, or even their ambivalent laughter.

What I reject most fundamentally is their assumption that all human behavior reduces to narcissistic competition. I do not identify young women or men of different races to exploit them. I do not impose my identity, heritage, or worldly status onto others. I do not surveil people with the delusional belief that they are obsessed with me, allowing me to commit crimes against them while they remain complicit out of a desire to impress me. That is their pattern, not mine.

I live for God, not for anyone else. My life is dedicated to Christ, and I seek, however imperfectly, to align myself with God’s will. My writing here is not an attempt to steal knowledge or data from them, as they have accused—nor could it be, given that they have never voluntarily shared such information with me. What I understand of their operations comes not from their disclosure but from the discernment that the Holy Spirit enables: the recognition of unlawful, hypocritical, self-exempting behavior among those who position themselves as above accountability.

I am not obsessed with them. That is precisely why I am able to maintain a real life—one that includes rigorous academic work, authentic relationships, and a living faith in Jesus Christ—while they remain trapped in a cycle of projection, control, and self-delusion.

3.4 The Restrainer: Why They See Me as an Obstacle

There is a concept in Scripture that helps explain why they are so invested in breaking me. In 2 Thessalonians, Paul writes about the coming of the lawless one:

> *"And you know what is restraining him now so that he may be revealed in his time. For the mystery of lawlessness is already at work. Only he who now restrains it will do so until he is out of the way."* (2 Thessalonians 2:6-7)

The identity of the restrainer has been debated by theologians. It could refer to the Holy Spirit, the church, the preaching of the Gospel, or a divinely appointed human authority. What is clear is that there is something—or someone—holding back the full manifestation of lawlessness.

They see me as a type of restrainer—specifically, as someone whose presence holds back their ability to operate without exposure. My documentation, my testimony, my refusal to be silenced restrains their capacity to hide their hypocrisies and crimes. It restrains their ability to keep their technologies, cult rituals, and esoteric knowledge concealed from public scrutiny. It restrains their complete efforts to influence the future, to wage wars, to steal others' data, to seek spiritual knowledge and enlightenment through dubious and unlawful ways, to spy on others globally without victims' knowledge, to advance certain agendas rooted in social Darwinism, eugenics, and racial hierarchy (whether they are completely aware of what they're doing or not, since some of this they do may be subconscious)—particularly with respect to Asian populations. They want these things to proceed without obstacle, without accountability, without exposure.

There is a broader dimension to this as well. Commentators such as Professor Jiang and others have observed that certain factions within elite networks actively seek to accelerate biblical prophecies of calamities—war, environmental collapse, societal breakdown—as a means of consolidating power or fulfilling esoteric narratives. The operators targeting me appear aligned with this accelerationist impulse. They are in a rush. They want things to move quickly toward crisis.

Contrast in Orientation:

This reveals a fundamental difference in orientation. They embrace the logic of the Industrial Revolution: speed, adrenaline, excitement, constant acceleration. Their worldview is oriented toward capitalism's drive for profit, toward the destruction of the environment in pursuit of material gain, toward living in a state of perpetual urgency. They rush toward everything—toward heart attacks, toward collapse, toward the very calamities they claim to fear.

As a follower of Christ, I do not share this orientation. Scripture describes God as "slow to anger and abounding in steadfast love" (Exodus 34:6; Psalm 103:8). God's patience allows space for repentance, for love, for peace. The rush toward destruction is not divine; it is human impatience masquerading as purpose. This is not a claim to personal superiority—it is simply a recognition that the values I am called to as a Christian are fundamentally different from the values they embody.

Their urgency may also be driven by fear: fear that others will catch up to their crimes, fear that their racial and eugenic hierarchies will be exposed as false, fear that they are not actually the superior race they imagine themselves to be. They are scared of being surpassed, of being revealed, of being held accountable.

The Universal Nature of Christianity:

What they fail to understand—or reject—is that Christianity transcends race. In Christ, there is neither Jew nor Greek, slave nor free, male nor female (Galatians 3:28). All gentiles and Jews are brothers and sisters in Christ. Christianity is the largest religious population in the world precisely because it is not confined to any ethnicity, nation, or bloodline. Their attempts to racialize spiritual warfare—to make this about Asian versus white, about East Asia versus America—are a category error. God does not care about race in the way they do. He cares about the heart.

The Restrainer Is Not Me Alone:

They have identified me—whether correctly or incorrectly—as someone whose presence, whose faith, whose testimony is holding back something they want to unleash. They believe that if they can break me, corrupt me, silence me, or destroy me, the restraint will be removed and lawlessness will abound.

But the restrainer is not me alone. The restrainer is the Holy Spirit working through me. The restrainer is my faith in Jesus Christ. The restrainer is the Gospel itself—the unedited, unadded, pure message of salvation that I carry and testify to. Through me, the Holy Spirit acts as a barrier against their lawlessness.

They want to take the restrainer out of the way. They see my faith, my sanity, my health, my ability to testify as obstacles to be removed. They hope that by breaking me, they can symbolically break something larger—East Asia, Asian people, my family, the restraint of the Gospel itself.

But they cannot. For the restrainer is not ultimately me. The restrainer is God. And God cannot be removed.

3.5 The Two Modes of Operation: Explicit and Implicit, and the Construction of a False Profile

Among the surveillance operators—these American elites connected to universities, corporations, and military institutions—there are two modes of operation. Some are explicit: they vocalize what they are doing, they let you know they are doing it, they take pleasure in your awareness of their violation. They speak directly, issuing commands, making accusations, projecting their fantasies onto you in real time.

Others operate implicitly. They do not vocalize directly. Instead, they perform these acts to themselves while thinking about you—imagining you in various scenarios, visualizing degrading things, visualizing things being done to you, visualizing things being done to people around you. They attempt to "manifest" these things through concentrated mental intention, believing that their collective imagination can shape reality.

Both modes are violations. Both are forms of spiritual aggression. Both are attempts to corrupt consciousness through means that are not physical but are no less real.

The Presence of Multiple Parties:

There are multiple parties involved in this surveillance operation. Some are blatant: they openly hope you will fail, openly hope for your destruction, and take pleasure in your distress. Others hope for the worst outcomes—that you will become schizophrenic, violent, suicidal, disabled—because these outcomes would serve their narratives. Others are skeptical but prudent: they observe, they document, they reserve judgment, but they are also being manipulated by the false data being generated. Still others actively manipulate what you hear and see, what you think, in order to generate bad data that will taint you and sway neutral observers to see you as having more problems than you actually do.

The Construction of a False Profile:

What they are doing is building a profile—a fabricated identity constructed from artificial data deliberately placed there. They collect and manufacture lies, fabrications, and distortions, then assemble them into a case file that they present as evidence of who you are. Even though the data is fake, even though the artifacts are artificial, the fact that the data exists at all becomes their way of building a false identity for you. They hope that the sheer volume of fabricated data will overwhelm any counter-evidence.

This is a form of malicious misrepresentation. They take pleasure in the fact that their false data can build up a profile of you that is the opposite of who you are. They compare you to figures they themselves have created—pornographers, women with mental illness who seek harmful attention—in an attempt to pervert how Asian women are perceived. All of this is done while some among them claim religious justification.

A Vow Regarding Motherhood and Children:

What these American elites—individuals who have weaponized their institutional positions—have done is such that I make a vow. Having been made an unwilling victim of their collective actions, I will not seek motherhood. I will not have children. I will not allow my experiences to be passed down to the next generation to represent anything about what has been done to me. I take this stance not because I oppose children in principle, but because I am so vehemently opposed to what these people do as a collective that I refuse to allow any child to inherit this legacy. If I were to become pregnant under these circumstances, I would seek termination. This is not a position I take lightly, nor one I would advocate for others, but it is the stance I take given what I have endured.

Rebuke and Cleansing:

I rebuke both modes of operation—the explicit and the implicit—in the name of Jesus Christ. I declare that their projections have no power over me. I cleanse my mind and consciousness of their contamination through the blood of Christ, who is greater than any force they can summon. I reject the false profile they are building. I reject the identity they are trying to impose.

God Jesus Christ and His Holy Spirit sanctify me and forgive me of my sins—intentional or otherwise—against these individuals. The false profile they construct, the evil they purposefully do, is not my identity. My identity is with Jesus Christ.

3.6 The Exploitation of OCD Intrusion: Induced Symptoms and Manufactured Guilt

A central tactic in their operation is the deliberate exploitation of intrusive thoughts. Understanding how intrusive thoughts function is essential to recognizing the nature of this abuse.

The Nature of Intrusive Thoughts:

Intrusive thoughts are unwanted, involuntary thoughts, images, or impulses that enter consciousness without intention and cause significant distress. They are a well-documented phenomenon in clinical psychology, most commonly associated with Obsessive-Compulsive Disorder (OCD), but they can occur in anyone under conditions of stress, anxiety, or targeted psychological manipulation.

Crucially, intrusive thoughts are ego-dystonic—meaning they are entirely contrary to a person's values, beliefs, and self-concept. A person experiencing an intrusive thought does not desire the thought, endorse the thought, or wish to act on the thought. The thought is experienced as alien, disturbing, and unwanted precisely *because* it contradicts who the person is. This is why intrusive thoughts cause distress: they are antithetical to the self.

Clinical Management of Intrusive Thoughts:

Standard clinical approaches to managing intrusive thoughts emphasize that the thoughts themselves are not dangerous. The distress comes from the meaning assigned to them and the compulsive attempts to neutralize them. Effective strategies include:

- **Recognition and labeling:** Acknowledging the thought as an intrusive thought, not as a desire or reflection of character.
- **Non-engagement:** Allowing the thought to exist without attempting to suppress or analyze it, which paradoxically reduces its frequency and intensity.
- **Cognitive defusion:** Separating the thought from the self—understanding that having a thought is not the same as believing or acting on it.
- **Grounding techniques:** Redirecting attention to present sensory experience.
- **Spiritual practices:** Prayer, meditation on Scripture, and receiving the sanctifying work of the Holy Spirit.

Weaponization of Intrusive Thoughts:

My abusers understand this mechanism intimately—and they exploit it deliberately. They intentionally feed me disturbing imagery—violent, degrading—knowing it will lodge in my mind as intrusion. They speak of treating human beings as objects. They visualize scenes of self-harm. They implant sensory experiences designed to invade and pollute.

Their objective is to induce intrusive thoughts that they can then use against me. They call me a liar when I remind myself—and them—that these thoughts are intrusive, unwanted, not mine. They attempt to guilt-trip me using the very distress they have manufactured. They hope that by persistently implanting these images, they can "sear" them into my consciousness, make them stick, make them part of my experiences, part of my genetic and spiritual inheritance.

This is the opposite of what Jesus Christ teaches about sowing seeds. In the Parable of the Sower, Christ speaks of sowing seeds of the Kingdom—good seed that produces good fruit (Matthew 13:3-9, 18-23). These people sow seeds of corruption, perversion, and mental illness. They are happy when others behave in ways they can use as evidence.

The Theological Dimension:

What they are attempting is a perversion of the spiritual principle that what is sown is what is reaped (Galatians 6:7-8). They sow corruption, hoping to reap evidence of corruption in me. But they fail to account for the sanctifying power of the Holy Spirit, who protects the mind of the believer and renews it in the image of Christ.

I am able to write this because I see clearly who they are: these are the people behind the surveillance. These are the American elites—alive, breathing—who are so jealous and so angry that they are not as knowledgeable, powerful, or relevant as they once thought they were.

3.7 The Beast of the Sea: Collective Consciousness and the Attempt to Corrupt

There is a spiritual architecture to what they do. Some members of this network reference—whether consciously or instinctively—the imagery of Revelation: the beast of the sea, where the beast's heads share one mind, one consciousness:

> *"And I saw a beast rising out of the sea, with ten horns and seven heads, and on its horns were ten diadems, and on its heads were blasphemous names."* (Revelation 13:1)

Certain operators within the network—particularly those who are explicit in their occult orientation—attempt to create a collective consciousness, a shared mental space where their projections can contaminate. Not everyone in the network shares this explicit goal. Some are merely complicit, some are passive observers, some are skeptical but remain within the structure. However, among the more active participants, there is a stated or implied intention to use collective mental focus as a means of influencing outcomes.

Some of these individuals imply that their goal is to make you want to be white. They imply that you secretly like the deviant things they do. They attempt to groom you in subtle ways—pretending to praise you, pretending to offer acceptance—hoping that in the future you will align with their spiritual orientation. Some among them hope you will turn against China, against East Asia, against your own heritage. Some hope you will become aligned with what they perceive as demonic forces, contributing to the acceleration of conflict and war.

I am me. They are them. Their surveillance technology—which can induce what looks like schizophrenia but is not schizophrenia because the voices and images come from living, breathing American-based elites—does not define me. They are jealous. They are angry. They are not as knowledgeable, powerful, or relevant as they thought they were. Many of them believed the world was their oyster. They believed they could do anything. They believed they could control space exploration, control nations, control consciousness itself.

But these experiences reveal how vast and mysterious the world is. The world is not their turf. They cannot do what they want to do. That is why some of them focus on trying to "furrow into my consciousness," as they often say—a phrase that reveals a parasitic intent, a desire to burrow into another person's mind and personality as an attempt to induce possession, corruption, or degradation. That is why they project images of self-harm, of eggs being laid in the mind, of worms crying in the eye. They are referencing biblical imagery of demonic spirits haunting consciousness—and some among them are attempting to become those spirits.

3.8 The War on Consciousness: A Term and a Reality

The term "war on consciousness" has been articulated by figures such as Dr. Jiang Xueqin and others who study the intersection of elite power, psychological operations, and spiritual warfare. Jiang, a historian, educator, and geopolitical analyst, has developed the concept of "Predictive History"—the idea that by uncovering hidden forces and suppressed truths of the past, one can glimpse future trajectories. Within this framework, he has written extensively on how certain factions within intelligence and corporate structures engage in what he terms a "war on consciousness"—a deliberate attempt to manipulate perception, implant false narratives, and control the cognitive and spiritual frameworks of targeted individuals and populations .

This concept is not isolated to one commentator. Declassified documents from the Cold War era, including those related to MKUltra and other mind-control research programs, confirm that the stated goal of such operations was to influence the emotions, motives, reasoning, and ultimately the behavior of target subjects. The CIA's MKUltra program, conducted from 1953 to 1964, involved testing drugs and psychological techniques on American citizens, in some cases without their knowledge, including research on surreptitious drug administration, experiments on addicts, and the development of "knockout" drugs .

What I am experiencing is a case study in this war. My abusers do not merely surveil me; they attempt to alter the very structure of my consciousness. They attempt to induce mental states that mimic psychosis—not organic psychosis, but induced states created by external psychological aggression. This is consistent with

documented techniques of "no-touch torture" and psychological stress induction that have been studied by researchers examining the history of CIA mind-control programs, such as investigative journalist John Marks, whose 1979 book *The Search for the "Manchurian Candidate"* documented the systematic development of psychological manipulation techniques based on 16,000 pages of declassified CIA documents .

They attempt to make me "switch" in character, to put me in a state of mind where I am not myself, where I am vulnerable to suggestion, where I might act in ways contrary to my nature. They then use these moments—these induced states—as justification for their abuse, pointing to my reactions as proof that I am unstable, dangerous, or demonically influenced.

They try to make me feel and think in unrighteous ways. They exploit the fact that when a person is exposed to violence and degradation—whether through direct experience or through the implantation of grotesque imagery—it can create a state of psychological vulnerability. They attempt to induce this state, then accuse me of having an unclean spirit, as a means to shame me further and justify their continued harassment.

This is not merely psychological abuse. It is spiritual warfare. And it is a direct assault on the sanctification that the Holy Spirit works in those who belong to Christ.

References:

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2. Central Intelligence Agency, *MKUltra: The CIA's Program of Research in Behavioral Modification*, declassified documents (1977). See also U.S. Senate Select Committee to Study Governmental Operations with Respect to Intelligence Activities, *Final Report: Foreign and Military Intelligence*, Book I (Washington, DC: U.S. Government Printing Office, 1976); and Admiral Stansfield Turner's letter to The New York Times, July 16, 1977.
3. John Marks, *The Search for the "Manchurian Candidate": The CIA and Mind Control* (New York: Times Books, 1979). See also Marks' interviews and the ABC-TV documentary on the subject.

3.9 The Biblical Warning: The Return of Unclean Spirits

There is a warning in Scripture that directly applies to what they are attempting:

> *"When the unclean spirit has gone out of a person, it passes through waterless places seeking rest, but finds none. Then it says, 'I will return to my house from which I came.' And when it comes, it finds the house empty, swept, and put in order. Then it goes and brings with it seven other spirits more evil than itself, and they enter and dwell there, and the last state of that person is worse than the first."* (Matthew 12:43-45)

When God, through repentance, faith in Jesus Christ, and baptism, cleanses a person of evil spirits, there is a danger: if the person does not remain filled with the Holy Spirit, the spirits may return with even more evil companions. The emptied state—the house swept clean but vacant—becomes vulnerable to reoccupation by forces more destructive than before.

This is what they are attempting. Some among them have made their objective explicit: to induce a state of emptiness—through isolation, through despair, through manufactured mental illness and psychological destabilization—so that they can fill the void with their own corruption. Their stated aim is to produce an outcome worse than the initial state, a condition of greater vulnerability to the pathologies they themselves embody: jealousy, voyeurism, deviancy, race obsessions, pursuit of power and greed, narcissism, pride—the full constellation of pathologies characteristic of the network projecting onto me.

The warning in Matthew serves as both a description of spiritual vulnerability and a caution against leaving the self unguarded. The Holy Spirit is the guardian. Faith, prayer, and abiding in Christ constitute the occupancy that prevents reoccupation by unclean spirits.

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3.10 Forced Complicity: Making the Victim Feel Responsible

One of the more insidious tactics is what I term forced complicity: they structure the interaction so that the victim feels responsible for violations committed by the perpetrators. This is achieved through multiple mechanisms.

Induced Exhaustion:

They deliberately induce states of physical and mental exhaustion—through sleep disruption, sustained psychological pressure, and the constant demand for vigilance—so that the victim lacks the energy to maintain clear boundaries. In this depleted state, the ability to distinguish between one's own actions and the projections of others becomes compromised.

Implied Scenarios:

They employ suggestive language designed to provoke the victim into visualizing degrading scenarios. They will mention a person's name in a knowing tone, implying that something is happening with that person, without stating it explicitly. The intent is to trigger the victim's mind to fill in the gap—to imagine the scenario they are implying. When the victim "gets it"—when the implication is understood—they use this as evidence that the victim is complicit, connected, or somehow responsible for the imagined content.

The logic is inverted: they create the implication, the victim's mind naturally completes the pattern (as human cognition does with implication), and then they claim that the victim's comprehension constitutes participation or desire. This is a form of gaslighting that weaponizes normal cognitive function against the person.

Deepfakes and Monitoring:

They take images of people around me and imply that they are monitoring them. They capture others in deepfakes—digital forgeries that place individuals in compromising or fabricated situations—and then make me aware of these images. The intent is to make me feel responsible for the violation of these individuals, as if my existence or my failure to comply has brought surveillance upon them.

The cumulative effect is to make the victim feel that their presence brings harm to others. This is a classic abuse tactic: make the victim feel like the problem, so they isolate and accept the treatment as deserved.

Theological Clarification:

It is necessary to state clearly: the guilt belongs to those who perform the actions, not to those who are forced to witness or comprehend them. The fact that a victim understands an implication does not constitute endorsement. The fact that a victim's mind, under duress, forms unwanted images does not constitute desire. The sin is in the act of the perpetrator, not in the cognitive response of the targeted individual.

3.11 The Long Game: Family, Community, and Inter-generational Harm

Some of the people running these operations view themselves as playing a long game. They speak of life as a game rather than something to be attributed meaningfully, soulfully, with love. Their intentions extend beyond me. There is a grooming aspect to what they do—a long-term hope that I will become a tragedy: schizophrenic, violent, suicidal. Any of these outcomes would serve their narrative.

But even if I were to die, they would not stop. They would continue surveilling and tailgating my parents, my friends, the people at my church. Their actions do not isolate to me. They extend to everyone affiliated with me. They are waiting for the long-term results, watching to see how the damage propagates through a life and through the lives connected to that life.

This is part of the symbolism for them. It is rooted in race and class—I am Chinese Canadian, outside their imagined sphere of legitimate concern. It is rooted in a desire to see corruption spread across borders, across generations. They are invested in the long arc of destruction.

There is a specific symbolic weight to this for them: if I were to harm my mother, or if she were to harm me, they would treat it as representing something about East Asia, about China. They imagine themselves as agents of a symbolic conquest—corrupting a Chinese Canadian woman and her family as a stand-in for corrupting something larger. My parents are not even fully aware of what I am going through, which adds to the sense of violation. The lack of knowledge on their part becomes another layer of the abuse: I am isolated not only from my community but from my own family's understanding.

And what would they do if they succeeded in breaking me? Would they repent? Would they turn to Christ and claim they had been purified by my destruction? Perhaps they imagine themselves abiding in Christ once I am gone—using me as a "curse" they had to expunge, an artifact in their community's memory. Or perhaps they would say nothing, letting me become nothing in their collective consciousness—remembered only in their biased, flawed perceptions, never from my own perspective. That is why I write. That is why I document. I will not let them have the final word on who I am.

3.12 The Manufactured Motive: Jealousy as a Tool to Induce Murder

One of their more calculated tactics has been to manufacture jealousy in me—or rather, to accuse me of jealousy so persistently that I might internalize the accusation and act on it.

The logic follows a recognizable pattern. Jealousy is a documented motive for murder, as seen in the earliest recorded instance of fratricide: Cain's jealousy toward Abel (Genesis 4:3-8). The association of jealousy with lethal violence is not new; it is a recurring theme in human history and literature.

My abusers explicitly compare me to a known perpetrator of mass violence—a young man of mixed white and Asian descent—calling me a "female version" of this individual. They invoke his name, his actions, and his pathology, projecting them

onto me. This comparison serves multiple functions: it is an attempt to induce shame, to create a narrative in which I am already a tragedy in the making, and to justify their continued surveillance and harassment. It is a form of dehumanization that reduces a person to an archetype rather than engaging with them as an individual.

This tactic is consistent with patterns discussed by researchers such as Leo Zagami, who in Volume 11 of his work examines the construction of false narratives and psychological profiles designed to frame individuals as perpetrators of violence. The goal is to create a manufactured trajectory toward murder, shaping perception and expectation so that any eventual outcome can be presented as fulfillment of prophecy. My abusers appear to be employing similar techniques: constructing a false identity for me as a potential killer, hoping that the weight of the accusation alone will influence behavior or justify preemptive action.

The tactic works like this: they position themselves as operating without constraint, doing as they please, while I live a relatively austere life—as God instructs in Scripture. Some of them then attempt to make me feel embittered over this disparity, projecting onto me the very jealousy they themselves seem to harbor toward others, including jealousy and resentment of people who live with integrity or happiness. They attempt to induce in me the full repertoire of emotions that characterize resentment—anti-society, anti-good, anti-friendship, anti-family.

The subtext is always: *why has your life become so dark and embittered?* They want me to answer that question with violence.

They have also attempted to provoke jealousy toward a specific individual among their group through suggestive comments. The intent is to induce a reaction, then document that reaction as evidence of instability.

To compare a person to a perpetrator of mass violence is to engage in a form of projection that reveals more about the projector than the target. The jealousy they attribute is their own; the violence they imagine is their own. I am not what they say I am.

3.13 A Confession: The YMCA Incident

I need to confess an episode that marked a turning point for me.

During a period of sustained provocation, I was at my local YMCA. The surveillance operators were vocal and abusive as usual. That evening, after being subjected to particularly degrading comments from one of them—a woman toward whom I harbor strong dislike—I became overwhelmed. I went into the bathroom and, in a moment of fury, tore a piece out of the wall. I also, in my agitation, climbed up toward the high ceiling—an act I am not proud of, born of extreme anger and frustration, a feeling of needing to escape, to get out.

It was a defining moment. Not because the destruction was significant—it was not—but because I recognized in myself a capacity for destruction that I did not want to nurture. I saw clearly that if I continued down this path, I would become exactly what

they wanted me to be: someone who breaks things, who harms property, who eventually harms people.

Prior to this, I had already been engaging in behaviors that from the outside appeared concerning—muttering vulgarities randomly in public as a means of self-soothing and to talk back to the perpetrators. To an outside observer, this would look like someone who is schizophrenic, talking to themselves, appearing unstable. The operators were pleased by this; it served their narrative.

They themselves would mock me, saying I was "still lawful"—implying that they would not care if I became unlawful, that they were actively encouraging me to break laws. In moments when I was running errands, in stores, they would explicitly try to encourage law-breaking, hoping to corrupt my character and implant intrusive unlawful thoughts. They would literally suggest stealing. They would call me a "stealer," accusing me of stealing their data, their analyses of me, what they were doing on the other side. They would call all sorts of infuriating accusations, often with the intent designed to provoke, to destabilize, to push toward unlawful reaction, major rage responses, or actions that I would regret (e.g., violent outbursts that could results in hurting myself or others, which thankfully I pray to God, Jesus Christ, about, to help prevent such things from happening here on out and in the future).

Of course, in their logic, they had already concluded that I had demonstrated a capacity to be extremely unlawful and wicked—simply by surviving in this situation at all. Having lived as a targeted individual in a large city for more than two years, knowing what they do and what they intend, with awareness of wars and the broader context, they considered my continued existence and my refusal to break as itself a form of transgression. That I had not collapsed, had not complied, had not become what they wanted me to be was, to them, evidence of something "sketchy" about me.

This inversion is telling. In their framework, demons are understood as entities that seek to steal souls, to pull people away from Jesus Christ, to taint purity, to make one forget rightful living and Scripture. Anyone who enjoys harming others in sadistic ways, who exploits the pure and innocent, who seeks to corrupt rather than sanctify, who puts others as below them, these can be recognized as operating in a demonic mode. Yet they projected this onto me while embodying it themselves.

Thankfully, the janitor who attended to the bathroom damage was, in that moment, an angel of a man. He seemed to understand something of what was happening when I exited the bathroom, and he was able to fix the wall without incident. I have only ever told my mom about this until now.

Later that evening, as I walked out of the YMCA with my mother, we observed the bright stars in the evening sky. My mother made a comment about how the star is like Yahweh, our Lord Jehovah, who knows everything and is with us. In that moment, the street lights—the traffic lights and the stoplights—completely turned off. We were still able to wait for the bus and get home without incident.

I repent of that episode. I do not want to walk the path of unlawfulness. I do not want to damage public property or anything that is not mine. I have since committed myself to finding better ways to manage my mental state and to seeking external

help when needed. That moment was a warning, and I am grateful I heeded it before worse followed.

3.14 The Baal Projection: Imagining False Realities and the Sin of the Imager

There is a deeper layer to what they do, one rooted in a particular esoteric worldview. They have, from their perspective, decided to treat me as a cheap version of Baal—a false god, a substitute, an idol to be used and degraded. More than that, they have convinced themselves as a group to imagine me in grotesque ways—as a criminal, a sadist, a pedophile, a rapist, a murderer, a Baal worshipper—despite the reality being the polar opposite.

Their logic appears to be rooted in a form of spiritual manipulation: they believe that by collectively imagining me in these ways, they can influence reality itself. They think their projection can manifest in my actions, that their image of me can override who I actually am. This is the psychology of certain esoteric traditions—the idea that concentrated intention, particularly malicious intention, can shape outcomes.

From my perspective, I could do the same if I wanted to. I could imagine them as the hollow, self-deluded people they are. But that is not the path I choose.

What they fail to understand—or perhaps understand and reject—is that Scripture is clear on this matter. The sin belongs to the one who imagines evil, not the one imagined upon. Jesus taught this explicitly:

> *"But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart."* (Matthew 5:28)

The woman is not guilty because a man imagines her doing things she is not doing. The guilt lies with the one doing the imagining. The same principle applies here. Just because they imagine me committing acts I have not committed, harboring desires I do not harbor, being a person I am not—that does not make me guilty. It makes them guilty.

They are sinning with their eyes, with their minds, with their collective imagination. They are violating the very commandments they claim to respect. And they are doing so while positioning themselves as arbiters of justice.

This is the antithesis of what the Gospel reveals. Christ calls us to purity of heart, not to project our own corruption onto others. He calls us to see clearly, not to manufacture false realities. He calls us to love our neighbors, not to imagine them as enemies deserving of destruction.

So let me be direct with them, since they read these words: *You are the ones imagining evil. You are the ones sinning with your minds. You are the ones who have made yourselves guilty. Not me.*

3.15 On Lying: Confession, Accusation, and the Identity They Want to Impose

They call me a liar. They say it constantly, hoping that by repeating it, they can make it stick—to influence my behavior, to make me lie more, to make people associate me with lying, to give themselves leverage over whether I am believed.

I need to confess something about this. Growing up, I had a handful of embarrassing moments in which I lied about my identity. I told some acquaintances that I had connections with Japan, that I was Japanese—because I liked the culture. I did not pursue this lie further, and since university I have not told people I have connections with Japan; I say instead that I admire Japanese culture. I am completely Chinese ethnically. These were youthful mistakes, and I am not proud of them.

As one matures, however, one comes to realize that to live freely with Jesus Christ is the best thing possible. He gives freedom, identity, and confidence. When that foundation is secure, there is no need to lie about oneself to feel less judged or more interesting. Regardless of where the impulse to lie originates, Christ offers a different way. This way also allows for truer friendships—relationships with people who do not judge based on worldly, surface-level things but appreciate you for who you actually are.

At the same time, discretion is not dishonesty. It is wise not to be overly forthcoming with everyone; boundaries and respect for others also matter. Being honest and having good intentions does not guarantee that others will like you. Some people will find earnestness naive, gullible, or unintelligent. I am certain that many people think this about me.

But from my perspective, having experienced death and hell through these circumstances, I have chosen to be frank and open about my experiences, my analyses, and my reflections as events unfold and the harassment continues. Even if this serves only as a case study, I hope it may help someone—regardless of which part of my writing or experience resonates with them.

A Note on Content and Purity:

I want to add something about the nature of the content they try to force upon me. I grew up in the West, in Canada, in large cities. Like anyone in my generation, I have been exposed to normal television shows and movies. I am not born yesterday. I understand what violent and sexualized content is, and it does not make me uncomfortable in the sense of being unfamiliar.

But I choose not to watch these things because they genuinely influence mental health, physical health, and one's relationship with Jesus Christ. I personally despise pornography. I hate what it has done to a generation—tainting perceptions of other people, contributing to depression, anger, anxiety, and shyness, disrupting how people date and relate to one another. The damage is well documented.

If you have watched such content in the past, it is never too late to stop. There are countless testimonies—online and offline—of people of all ages who, through Jesus Christ, have been freed from these issues. I encourage you to stop watching these things and to turn to Jesus Christ.

The world has moved on. Among many people—young and old—there is a growing recognition that consuming violent, sexualized, or sacrilegious content is not a mark of maturity or sophistication. True wisdom and intelligence lie not in indulging such material but in turning away from it, repenting of what one has watched in the past, and reading the Scriptures, the Gospels, and striving to live a purer, cleaner life.

This is especially important given the times we currently live in. I can say with certainty and honesty that the surveillance operators I describe are actively preparing for war—more so than for the rapture. They are accelerating toward conflict, toward destruction. In such a context, the call to purity is not naive; it is survival. It is alignment with the God who is slow to anger, abounding in steadfast love, and who calls us to be set apart.

3.16 On Being Accused of Wanting to Be Part of the American Elite

They also accuse me of wanting to be part of the American elite. This is another projection. They assume that because I reveal what they do, I must secretly want to be them. This is the logic of people who cannot conceive of someone exposing evil without coveting it.

But there are many people who call out elite corruption without wanting to join the ranks of the corrupt. Figures like Professor Jiang Xueqin, Jordan Peterson, Candace Owens, and many others have spoken about secret societies, actual evilness, cruelty, and the structures of power that operate without accountability. These conversations are not new. They are not confined to any one nation or ideology. People across the world are waking up to the reality of elite corruption.

Professor Jiang Xueqin, a historian and educator based in China, has developed the concept of "Predictive History"—the idea that by uncovering hidden forces and suppressed truths of the past, one can glimpse future trajectories. His lectures explore how secret societies, bureaucratic structures, and eschatological beliefs converge within elite networks, enabling secret coordination across institutions using a shared "script." He argues that power in systems like the US imperial apparatus is often obtained via secret societies that allow coordination across siloed departments, and that these embedded groups are now acting on their eschatological visions due to recent global shifts. His analysis of how elite interests converge to shape geopolitical outcomes—often at the expense of ordinary populations—has garnered significant attention.

Jordan Peterson, a clinical psychologist and professor emeritus at the University of Toronto, has extensively critiqued the ideological capture of elite academic institutions. Drawing on his firsthand experience at Harvard, McGill, and the University of Toronto, Peterson argues that institutions like Harvard have become "ideological factories" driven by dogma rather than truth-seeking, and that this corruption spills over into the broader culture because "the people who end up running everything come from the universities". His critiques focus on how cowardice, corruption, and groupthink within elite institutions undermine merit, intellectual freedom, and institutional integrity.

Candace Owens, a conservative commentator and content creator, has documented extensively the ways in which elites—including those connected to the Epstein

network—operate with impunity, exploiting the vulnerable while presenting themselves as arbiters of morality. She has linked Epstein's network to broader patterns of elite corruption, including what she describes as occult practices and networks of power that transcend traditional political divisions. The Epstein files have revealed what many already knew: that there exists a class of people who believe themselves above the law, who engage in the most degrading forms of exploitation, and who protect one another through networks of institutional power.

What I am revealing is not a work of fiction. It is my understanding, my memories, my experiences, as I root myself in my faith toward Jesus Christ. I ground my truth and bless my parents and I and others in the world with the truth of Jesus Christ, the love of God, and the sanctification of God, who protects me from these surveillance operators' attempts to desecrate me while they call it a "self-fulfilling prophecy."

I am not calling anyone to follow me. I am not saying I am special. I am simply revealing what I have experienced and what I have come to understand. Everyone is capable of thinking like an evil person, behaving evilly, choosing evil. But just because I am revealing evil and what people do does not define my intentions nor my side. Only God knows the heart.

> *"But the Lord said to Samuel, 'Do not look on his appearance or on the height of his stature, because I have rejected him. For the Lord sees not as man sees: man looks on the outward appearance, but the Lord looks on the heart.'"* (1 Samuel 16:7)

I believe myself because this is the truth from my perspective as a follower of Jesus Christ, rooted in biblical truth. But I can only tell you: if you want to know the truth and have good living, and have a relationship with God, you should read the Bible and hope the Gospel of Jesus Christ speaks to you. Follow Him—the God Jesus Christ of the Bible—not me, not anyone else.

3.17 A Warning About Changing Scripture

A reminder about the authority of Scripture. At the end of Revelation, the angel speaking to the prophet John gives a solemn warning:

> *"I warn everyone who hears the words of the prophecy of this book: if anyone adds to them, God will add to him the plagues described in this book, and if anyone takes away from the words of the book of this prophecy, God will take away his share in the tree of life and in the holy city, which are described in this book."* (Revelation 22:18-19)

This is not me being angry. This is me reminding anyone reading that the Bible is not to be changed, added to, or taken away from. You can worship Jesus Christ of the Bible together with other believers, but do not change anything in the actual Bible. Don't be angry with me for calling out what is in the Bible. I am not the one who wrote these warnings—they are there in Scripture.

On Discernment Regarding Teachers and Leaders:

This warning applies not only to those who would alter the text itself but also to those who manipulate the already established Scriptures to serve their own purposes. Cult leaders, spiritual gurus, and self-appointed authorities often present interpretations that benefit themselves—claiming special revelation, altering meanings, or adding requirements that are not found in the Gospel. Such figures may have impressive accomplishments, may be respected for their heritage or legacy, may have followers who venerate them. None of this exempts their teaching from scrutiny.

Discernment is required regardless of who is speaking. Paul commended the Bereans for examining the Scriptures daily to verify what they were taught (Acts 17:11). This is the model: test everything against the Word itself. No teacher, no matter how accomplished, stands above Scripture. Healthy skepticism is not only permissible but encouraged.

3.18 A Seal of Protection: Grounded in Jesus Christ

Against all of this—against the projections, the intrusions, the rituals, the long game, the spiritual warfare, the accusations, the attempts to label me a liar, the attempts to demean me, the attempts to hospitalize and silence me, the attempts to pervert my image and cancel me—I have a protection that their technologies and their esoteric knowledge cannot penetrate.

I bless myself completely with Jesus Christ eternally as my Lord and Savior.

> *"No weapon that is fashioned against you shall succeed, and you shall refute every tongue that rises against you in judgment. This is the heritage of the servants of the Lord and their vindication from me, declares the Lord."* (Isaiah 54:17)

They call me a liar, trying to get me to blaspheme myself, to pervert myself, to ruin myself and others. These are things only my enemies would want of me. But I am God's—Yahweh wants to bless and love me eternally in the name of Jesus Christ.

From their actual standpoint, they think that by trying to identify and call me a "liar," by having this be ingrained as my main identity, they can make me like the liars in the Bible who are condemned. They think this would be the way to condemn me to hell. They want to use my average white lies from the past as another tool to have me canceled for this blog, to prevent me from revealing the truth about my experiences, my values, and about them.

I can say in good faith before Jesus Christ that my blog reveals the truth of my values, my opinions, and what I think about these American foes.

I hold my faith closely. The fear of turning from Christ is not unfamiliar to me, but because I really value it. Christianity, as the world's largest religion, represents a tradition of spiritual formation that spans cultures and centuries. To belong to it is to stand within a lineage that extends far beyond any individual or institution. That awareness informs how I understand what is being done to me and why it matters to resist being shaped by it.

3.19 On OCD Intrusion: You Are Not Guilty for Unwanted Thoughts

A final word on intrusive thoughts, for anyone reading this who has experienced similar tactics:

OCD thoughts are inherently unwanted. They are not desires. They are not fantasies. They are not evidence of character. They are psychic noise that causes distress precisely because they contradict who you are.

You should not feel guilty about having unwanted thoughts. The guilt belongs to those who deliberately implant them, who exploit the mechanism of intrusion for malicious purposes, who then turn around and accuse you of being the thing they have forced into your mind.

These surveillance people exploit your consciousness purposefully. They have intrusive thoughts—and then they call you a liar when you remind yourself it is intrusion. They hope to implant it, to sear it, to influence your personality, your mind, your decisions, your actions, how you interact with others in the world.

But because God is more powerful, because Jesus Christ is Lord, He is like a shield and a barrier. Christ is my Lord and Savior. He protects me from these attacks. And He protects you too, if you call on Him.

3.20 On Being Disbelieved: Why I Speak Anyway

I know many people will think I am delusional or insane or seeking attention. My initial approach was to go dark on social media—I never liked it much anyway. But with recent events, with them trying to induce murder, shooting, and other harms in my life and the lives of people around me, I have decided to speak. Silence has become complicity.

I do not see myself as particularly special. I am someone forced into special circumstances. They mock me with titles like "god" and "goddess," but I am just a normal human being with a unique set of circumstances.

I am not seeking attention, fame, publicity, or praise. I am revealing all of this for documentation—for myself, for law enforcement, for the public—to let you know that case studies like mine exist. I am aware of the associations with mental health and illness. I thought about this for a long time, which is why I initially avoided social media and recorded nothing. But given the wars going on and what I know these creeps do, and how they think they can get away with it while being narcissistic enough to think they would win long-term and write a lie about me and pass it on in their own community, I felt obliged to write this down in my own perceptions and have it completely public—cheap, free knowledge, my case study.

This is not a work of fiction. This is my understanding, my memories, my experiences, as I root myself in my faith toward Jesus Christ. I ground my truth and bless my parents and I and others in the world with the truth of Jesus Christ, the love of God, and the sanctification of God.

3.21 A Final Word on Knowledge, Wisdom, and the Limits of Elite Arrogance

There is an arrogance underlying all of this: the assumption that they are the ones who know, that their surveillance makes them omniscient, that their esoteric knowledge places them above others. This arrogance extends to their assumptions about the world beyond their borders.

They imagine that the Great Firewall of China means information is completely contained, that people are not well educated, that they are cut off from the wisdom that flows freely elsewhere. This is not the case. The world is vast, and other nations and peoples possess knowledge and wisdom far beyond what elites would like to credit. Time and again, we see wisdom and intelligence among people of all walks of life, regardless of age, nationality, or appearance.

Consider figures like Professor Jiang Xueqin and his students—researchers, teachers, intellectuals who operate with rigor and integrity. They are not isolated from global knowledge; they are participants in it. They understand the dynamics of power, corruption, and spiritual warfare perhaps more clearly than those who imagine themselves superior.

But even beyond the intellectuals, there is a deeper wisdom that transcends national boundaries and educational credentials. Many people—whether behind firewalls or beyond them—understand something fundamental: that at the end of all the analysis, all the esoteric knowledge, all the political maneuvering, what remains is austerity, God, Jesus Christ, repentance, and being a decent good person.

We can acknowledge that there are people who choose evil. We can name them. We can recognize that some of them operate with sophistication and resources. But if we have ever been like that—if we have ever chosen cruelty over kindness, projection over truth, power over love—we can repent. We can turn. We can commit to protecting others from the kind of harm we have seen or even caused.

This is not complicated. It is not esoteric. It does not require secret knowledge or elite status. It requires humility. It requires the willingness to see oneself clearly. It requires the courage to choose good even when evil is easier.

The elites who run these operations may think they are playing a long game. They may think their surveillance makes them omniscient. They may think their esoteric knowledge elevates them. But they are wrong. There is wisdom beyond their reach. There is goodness beyond their capacity to corrupt. And there is a God who sees not the projections they imagine but the hearts they refuse to examine.

3.22 On Historical Atrocities and the False Promise of Power Through Degradation

There is a historical pattern worth noting. During times of war and tyranny, those in positions of power have often exploited their authority to commit atrocities. The Japanese imperial forces during World War II, for example, committed acts of horrific cruelty, including the abuse of women and children. Historians estimate that tens of thousands of women were subjected to systematic exploitation by the Imperial Japanese Army across occupied territories in Asia. The outcome of that path was not victory but destruction: the atomic bombings of Hiroshima and Nagasaki in August

1945 resulted in the deaths of approximately 140,000 and 74,000 people respectively, with long-term radiation effects continuing for decades.

Similarly, in various conflicts in the Middle East, systematic degradation has been documented as a tool of war. During the 2003 invasion of Iraq and its aftermath, reports documented widespread abuse of detainees at facilities such as Abu Ghraib, where U.S. military personnel subjected prisoners to physical and psychological humiliation. Investigative journalist Seymour Hersh documented that these abuses were not isolated incidents but reflected systematic failures of command and accountability.

The same pattern appears in the behavior of those who target me. They attempt to feel powerful through degradation. They position themselves as "white American elite men" exercising dominance over someone they perceive as outside their sphere of legitimate concern. But this is not power. It is regressive, cowardly, and ultimately self-destructive.

What is truly powerful—what is godly—is to walk the other way. To refuse to participate in degradation. To protect the vulnerable rather than exploit them. For other intelligence agencies, for other nations, for other communities: you are closer to God, more powerful, more sage-like, more spiritual, more righteous, cleaner, purer, if you do not do these things. Doing these things does not make you powerful. It makes you gross. It makes you cowardly. It makes you poor in the ways that matter.

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3.23 The Nuclear Bomb Obsession: Symbolism and Projection

They have an obsession with nuclear bombs. They call me a terrorist, a suicide bomber. They say I am someone who is obsessed with nuclear weapons, having evil thoughts about nuclear warfare. They claim I represent East Asia and "going nuclear"—a phrase they use repeatedly. They say things like "it's going nuclear" and refer to me as a "hiss" that will bring destruction.

The irony is that they are the ones who introduce these themes. At times, in my contempt toward them, I have said things about bombing them. They are happy when I say this. They encourage it implicitly, because it serves their narrative: they want me to embody the very violence they accuse me of. They want to symbolize and label me as a nuclear bomb, linking me to a demonic spirit, part of the beast system.

This projection echoes historical patterns in which groups have been stigmatized through association with apocalyptic violence. Scholars of political psychology have documented how dehumanizing rhetoric often employs imagery of destruction —"bombs," "fires," "plagues"—to cast targeted individuals or groups as existential threats. This allows perpetrators to justify their own aggression as preemptive self-defense.

But this is projection. They are the ones obsessed with destruction. They are the ones who fantasize about war, about Armageddon, about using me as a symbol of Asian violence. They want me to represent a "bomb" that destroys the world—versus Jesus Christ, who saves the world.

I am not a bomb. I am not a terrorist. I am not a suicide bomber. I am a Christian who believes in the Prince of Peace. Their obsession with nuclear warfare reveals more about them than it does about me.

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3.24 On the Accusation of Cursing Parents

They accuse me of cursing my parents by putting me in this situation and then by my revealing these things publicly. They position themselves as agents who have brought shame upon my family—shame they then claim I perpetuate by writing. They take pleasure in the fact that my parents doubt my truth and my knowledge, that my parents are subjected to humiliation, racism, and boundary crossing without their awareness or consent.

This is part of their long game. They hope I will become insane, sick, disabled—a burden to my parents. They make it clear to me that they will continue their surveillance until the very end, until death, playing what they call the "long haul game." They want my parents to bear the weight of my destruction, adding intergenerational suffering to their list of achievements.

But I put my faith always in Jesus Christ as my Lord and Savior. Whatever they intend, whatever they hope to manifest, I am not defined by their projections. My parents are not defined by their violations. The shame they imagine is not shame I accept.

3.25 On Financial Reality and Accusations of Profit

They also accuse me of attempting to make money from this situation. They mock me with talk of "giving me money"—money I will never see nor use—while fantasizing about degrading transactions. They treat me as a commodity, assuming that I would or have made money from the things they accuse me of.

The reality is different. I am not making money from this. I am not seeking donations, not soliciting payment, not monetizing this testimony. I fund my own life through my work as a researcher. My mother supports our household through her full-time low-paying job at a supermarket. We are a working-class immigrant family, living paycheck to paycheck. I am not rich. I have not received unlawful money from government programs, nor do I seek it.

Their accusations of profiteering are projections. I am writing because silence has become complicity, not because I seek financial gain. I do not want a single cent from this. I do not want empathy in exchange for money. I want the truth to be spoken.

3.26 Behavioural Observation: A Forensic Note for Intelligence Agencies

For the purposes of documentation—and with the intention that this record be reviewed by intelligence agencies, law enforcement bodies, and investigative journalists across jurisdictions—it is necessary to describe certain observable behavioral patterns of individuals within this network.

This is not a matter of personal opinion or aesthetic judgment. It is a matter of forensic observation. The individuals in question are, by their own actions, engaged in campaigns of psychological warfare, ritual degradation, and targeted harassment. The behavioral patterns described below occur in the context of these activities.

Observed Behavioral Patterns:

Some operators exhibit a distinctive pattern during moments of engagement with their activities. When they believe they are successfully provoking, corrupting, or degrading a target—or when they are viewing or imagining material they find stimulating—they display signs of extreme physiological arousal. Their faces become flushed, their breathing labored, their demeanor agitated.

What is notable is not merely the physiological response itself, but the operators' belief that this state is appealing or desirable. They appear to imagine that their targets—or others observing them—would find this state attractive or exciting. They project onto others the belief that their arousal is something to be admired or desired.

This is a profound miscalculation. To any objective observer with a baseline sense of health and sanity—including professionals trained in assessing psychological and physiological states—the display is consistent with dysregulated arousal. The operators' belief in their own desirability during these states reveals a fundamental disconnection from reality and a narcissistic inability to perceive how they appear to others.

Contextual Framework:

This behavioral pattern does not occur in isolation. These individuals hold positions within networks that span espionage research, military institutions, corporate interests, and universities. They have the capacity to influence decision-making, to shape criminal justice outcomes, to conduct unethical research, and to enforce

policies that affect civilian populations. The question that must be asked is whether individuals who exhibit such dysregulated behavioral patterns—who project their own degradation onto others, who believe their arousal during acts of corruption is desirable—are in the right state of mind to hold such influence.

If people with this type of power are behaving in these ways, it is a legitimate cause for concern. Their ability to influence military decisions, corporate interests, and research agendas should be evaluated with this context in mind. There are documented critiques from civilians and commentators about how some who advocate for war consistently misuse Christianity to justify their actions—framing violence as righteous, surveillance as protection, degradation as necessary. This is a corruption of the faith.

I know that Jesus Christ would not support what they do. Christ taught love of enemy, not degradation. He taught turning the other cheek, not psychological warfare. He taught that the pure in heart see God, not that those who corrupt others' minds are justified. Any attempt to use Christianity to justify these actions is a distortion of the Gospel.

Directed to Intelligence Agencies:

To intelligence agencies—whether in North America, Asia, the United Kingdom, the Middle East, or elsewhere—I offer this documentation as a matter of professional record. The individuals described here are not sophisticated masterminds. Their behavioral patterns are consistent with severe pathology. Their accusations against targets should be evaluated with this context in mind.

This is not racism. This is observation. The individuals in question happen to be white American elites; the critique is not of their ethnicity but of their actions and the behavioral patterns that accompany those actions. If they were of any other background, the observation would be identical. The pathology lies in the conduct, not the complexion.

I write this not for emotional satisfaction but for accurate documentation. What is observed is a group of individuals whose behavioral patterns are consistent with severe pathology, who project their own degradation onto others, and who operate under the delusion that their conduct constitutes power. That they hold positions of institutional influence while exhibiting such patterns is a matter that professional investigative bodies may wish to examine.

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3.27 On Projection, Reputation, and the Attempt to Blacklist

The surveillance operators project onto me their own pathologies. This is a consistent pattern throughout their campaign. They call me a liar while lying about

me. They call me a pedophile while engaging in behaviors that fit that description. They call me narcissistic while exhibiting grandiosity and self-absorption in their own conduct.

A current narrative they are constructing is that I am narcissistically self-obsessed—that I believe myself better and more attractive than others, that I think myself high and mighty, that I am all-knowing and above others. They instruct me to "smile" at cameras in meetings, to perform in ways they can later present as evidence of vanity or instability. This is projection. They felt they could get away with their actions without consequence. Now that I speak truth to what they do, they project their own self-satisfaction onto me.

They also attempt to manipulate my coping mechanisms against me. When I mock them using sarcastic voices—a means of coping with sustained harassment—they narrate this in ways designed to construct a false narrative. They take moments of frustration, moments of unrepresentative emotion, and words spoken out of context, and stitch them together into a portrait that is the inverse of who I am.

Threats to Education and Employment:

I believe they will attempt to go after my education and employment opportunities. Their goal appears to be to blacklist me—to make me unpalatable to academic institutions, to prevent me from securing jobs, to ensure I have no politically correct credentials or values that would make me employable in the current climate. They want me isolated, discredited, unable to support myself. They want the people in my life—academic colleagues, potential employers—to see me negatively.

This is not paranoia. It is the logical extension of their campaign. They have documented my actions and behaviors. They have their "scroll"—their record of me from their perspective. They will use it to try to destroy my reputation and my future.

Acknowledgement of Change and Imperfection:

I recognize that people can change any day. My foes hope that I could change for the worse—that I could become the person they accuse me of being. They hope to discredit my knowledge, my truth, my experience, and to have me absolutely hated by society, including the people in my academic life. They hope that my imperfections, my moments of frustration, my coping mechanisms, can be used against me to paint me as everything they are.

I hold my truth as I know it. My experiences—what I have learned, what I continue to experience through the non-consensual medium of these surveillance operators—are grounded in my identity in Jesus Christ. That does not mean I am perfect. It does not mean I cannot be wrong. It means I am anchored in something outside myself, something that does not change with their projections or my own fluctuations.

I know what they say about me. I know how they plan to label me. I write my version of the story, rooted in my perception, my beliefs, my values. My truth above theirs—not because I am incapable of error, but because their truth is not truth at all. It is fabrication designed to destroy.

3.28 On My Nature and God's Presence

Given the times we live in, I do not doubt God's presence in this world. I am honest about who I am: in real life, I am much more introverted, quiet, and shy than these writings might suggest. I do not seek attention. I do not seek sympathy. I seek only to testify to what has been done and to ground myself in the One who is greater than those who oppose me.

Regardless of whether you call me crazy or not, I am not afraid. With God by my side, fear loses its power. My identity is not in the opinions of others, nor in the accusations of those who wish me harm. My identity is in Jesus Christ.

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me (Galatians 2:20). I have died and was reborn as a Christian. I remain a Christian. What they attempt to manifest through projection and ritual cannot override what God has done in my life. This is not a self-fulfilling prophecy. I am not becoming what they imagine. I am becoming what God has called me to be.

I nullify and rebuke all their curses, all their projections, all their attempts to desecrate me, in the name of Jesus Christ. Amen.

3.29 On the Lies and Intrusive Imagery They Implant

Among the more egregious tactics employed by certain operators is the deliberate implantation of intrusive imagery designed to provoke distress, shame, and confusion. They attempt to force visualization of degrading scenes—content that no person of sound mind would willingly entertain. The intent is to create psychological contamination, to make the target feel complicit in the very imagery they are being forced to witness.

This is not merely harassment. It is an attempt at spiritual and psychological desecration. The operators who engage in this behavior—some explicitly, others through implied suggestion—believe that by forcing these images into consciousness, they can alter the target's sense of self, induce guilt, and create a foundation for further manipulation. They project their own pathologies onto the target, accusing them of desires they do not possess.

I say this in good faith: these are wicked acts that need to be called out. To implant such imagery is to participate in the corruption of another's mind. The guilt belongs to those who imagine and project, not to those who are forced to witness.

Statistical Context:

The behavior of these operators reflects broader patterns documented in research on online predation and exploitative content. Data indicates that:

- The United States is consistently among the top countries for internet consumption of adult content. According to global traffic data, the US ranks first or second in total visits to adult websites, accounting for a significant percentage of worldwide traffic .

- In terms of reports regarding exploitative material, the United States is a primary source. The National Center for Missing and Exploited Children (NCMEC) reports that the majority of tips regarding online exploitation originate from US-based platforms and users. In 2023, NCMEC's CyberTipline received over 36 million reports, the vast majority of which were traced to US-based IP addresses and platforms .
- Research on online predation indicates that perpetrators are disproportionately concentrated in Western countries, with the United States leading in both production and consumption of exploitative content. According to INTERPOL and international law enforcement data, US-based offenders are overrepresented in cases involving cross-border online exploitation .

This statistical reality is not coincidental. The same culture that produces high rates of consumption of exploitative content also produces the operators described here—individuals who weaponize such content against targets, projecting their own pathologies while accusing others of the very crimes they facilitate.

Theological Clarification:

To force such imagery onto another person is not only a crime but a spiritual violation. Scripture is clear that the one who imagines evil bears the guilt:

> *"But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart."* (Matthew 5:28)

The sin is in the looking, the imagining, the projecting. Those who implant these images are the guilty ones. Those who are forced to witness them under duress bear no guilt.

I rebuke these attempts in the name of Jesus Christ. I declare that the projections have no power over me. I am not what they imagine. Their fantasies are their own. Their guilt is their own.

References:

1. SimilarWeb. "Adult Website Traffic Statistics 2023-2024." *SimilarWeb Industry Reports*; Statista. "Leading countries for adult website traffic worldwide." 2024.
2. National Center for Missing and Exploited Children (NCMEC). *2023 CyberTipline Report*. Alexandria, VA: NCMEC, 2024; U.S. Department of Justice. "Child Exploitation and Obscenity Section: Annual Report 2023."
3. INTERPOL. "Global Assessment on Online Child Sexual Exploitation." *INTERPOL Publications*, 2022; WeProtect Global Alliance. *Global Threat Assessment 2023: Child Sexual Exploitation and Abuse Online*.

3.30 Conclusion: Faithful to the End

I have revealed what they do. I have confessed my own failures and repented of them. I have named the tactics, the projections, the long game, the spiritual warfare. I have grounded myself in Scripture and in the person of Jesus Christ, who is the same yesterday, today, and forever (Hebrews 13:8).

They may continue their surveillance. They may continue their projections. They may hope for my destruction, my disability, my silence, my death. They may hope to use me as a curse upon my family and a trophy in their community. But I know this: their long game is not the final game. Their sovereignty is not the final sovereignty. There is a God who sees, who judges, who redeems.

I will continue to live a godly life—not making new friends for the sake of manipulation, not sharing private photos online, not saving others' private photos, not participating in the behaviors they accuse me of. I will continue to work, to write, to bear witness. And I will continue to place my faith in Jesus Christ, who is my Lord and my Savior.

If you are reading this and you recognize yourself in the descriptions of those who operate without accountability—turn back. Repent. Choose the harder, better path. The war you think you are winning is not yours to win. Your life can end at any moment, and you will stand before a God who is not mocked.

If you are reading this and you have also been targeted: you are not crazy. What is being done to you is real. And healing is possible. Do not dwell too much on the esoteric knowledge of those who harm you. It is not that complicated to be a decent person. Recognize your limitations. Acknowledge your hypocrisies. Extend the grace you have received. Follow the message of the Gospel: love God, love your neighbor, and let the rest fall away.

3.31 My Signature: Sealing This Testimony in My Own Name

Because of how important this is, I seal it with my name.

All the things I reveal in this blog are grounded in my actual experiences of what I have learned, experienced, and continue to experience through the non-consensual medium of the surveillance operators and abuse perpetrators of these "elite" Americans. My truth as I know it is grounded in my identity in Jesus Christ.

I know what they say about me. I know how they plan to label me as a liar in their "scroll"—the record they write about me from their perspective. They document my actions and behaviors. They have their writings.

I see myself as needing to write my version of the story, rooted in my perception, my beliefs, my values. Everything I write on this blog is based on my version of the truth —always my truth above theirs.

In the name of Jesus Christ, my Lord and Savior, I sign this.

YWH

Public Statement: Documentation of Ongoing Criminal Harassment and My Cooperation with Law Enforcement

I am publishing this statement to establish a clear, factual record regarding the criminal harassment I have been experiencing. This is not a creative work or fiction. This is documentation.

What I Am Experiencing

Since 2026, I have been the target of coordinated criminal harassment involving:

- Surveillance-based harassment (often referred to in victim communities as "gang stalking" or "organized harassment")
- Individuals using digital means to project violent, perverse accusations onto me
- Psychological attacks designed to provoke fear, disgust, and rage, including voices and messages referencing child sacrifice, harming children, harming random people in general, and other violent themes
- Attempts to manipulate my mental state in hopes that I would harm myself or others, thereby creating evidence to use against me

These harassers have attempted to construct a false narrative that I am a danger to other people, and a baal worshipper. This is a lie. It is a tactic of psychological warfare.

My Actions with Law Enforcement

I have taken this matter seriously from the beginning. To date:

- I have visited the police in person three times
- I have called the police twice to report the harassment
- I have explicitly told law enforcement that I am being falsely accused of pedophilia and that I have fears, implanted by harassers, about my own safety and the safety of others
- I have been clear with police that I have no desire or intent to harm anyone, and that I am seeking their help to stop the criminal harassment against me

I have an existing file with law enforcement regarding this case. I continue to gather digital artifacts, evidence, and documentation, and I intend to return to the police with additional evidence as it is compiled.

Who Else I Have Contacted

In addition to law enforcement, I have made formal contact with the following entities regarding this situation:

- My university and mentors (who are aware of the harassment and my legal involvement)
- My church community and friends (many of whom already know broadly what I am experiencing)
- Human rights organizations
- Intelligence agencies
- Researchers who study organized harassment and targeted individual cases

I am not hiding. I am documenting. I am seeking help through proper channels.

My Purpose in Publishing This

I am not publishing this for political reasons. I am publishing this because:

1. I want a public record that I have consistently reported this harassment and have sought help through law enforcement
2. I want to make clear that the accusations being projected onto me by harassers are false
3. I want to demonstrate that I am managing my fears responsibly—by going to police, by being honest with people in my life, and by continuing to seek help
4. I hope that by being transparent about my experience, I may help others who are suffering similar forms of organized harassment and psychological abuse

My Faith and My Stance

I am a Christian. I believe in Jesus Christ. My faith informs my commitment to truth, to turning from sin, and to loving my neighbours. The lies being spread about me are an attack on my character, but I trust that Truth prevails.

If you are reading this and you are involved in harassing me: I am documenting everything. I am working with law enforcement. I am not your weapon. I am not going to become the monster you are trying to create.

For Law Enforcement and Legal Parties

If you are a law enforcement officer, attorney, or victim advocate reviewing this case: I have documentation, digital artifacts, and a timeline. I am willing to cooperate fully. Please contact me through the channels I have already established, including my email: hhyw963@proton.me, IG: targetedfaith, Twitter/x: targetedfaith

On Legitimacy, Documentation, and Adding My Voice to a Larger Body of Truth

On Legitimacy, Privilege, and Speaking Out

I am one person. One voice. One data point among many.

What I am experiencing, organized harassment, psychological warfare, false accusations projected onto me, is not unique to me. There are researchers, journalists, victim advocates, and survivors who have documented these patterns and similar experiences for years, some with far more resources, credentials, and platforms than I have.

I want to be clear about something: I am in a position of privilege.

I live in a society with rule of law. I have access to police departments, even if the process is slow and daunting. I have a university I can turn to. I have a church community. I have mentors, friends, and family who know what I am going through, even if they don't know every detail. I have the ability to document, to write, to publish, and to seek legal recourse.

That is not the reality for some other victims of organized harassment, surveillance abuse, or psychological torture.

Around the world, countless ordinary people endure similar or worse injustices without access to law enforcement, without a safe place to speak, without anyone who believes them. If I, with all my advantages, struggle to be heard and taken seriously, how much harder is it for those without these protections?

I acknowledge my limitations. There are some people more connected, more educated, and more experienced who have been documenting these truths, these similar experiences and violations of human rights, for years. I am grateful for them. I am reading them. I am learning from them. And I hope that by adding my voice to theirs, by becoming another data point that reaffirms what they have already documented, I can help bridge the gap between their work and the broader public.

If celebrities and high-profile figures struggle to be believed when they speak out against powerful abusers, imagine how much harder it is for an average civilian. Imagine how much harder it is for someone in a country where victim resources do not exist at all.

This is why I am speaking.

Not because I am special or because I have all the answers. But because silence benefits the oppressor. Because documenting, sharing, and connecting these experiences to the broader body of research is how patterns become undeniable. Because if I, in my position of relative safety and privilege, can add my voice to the chorus, then perhaps someone with fewer resources will feel less alone, and perhaps the institutions that need to act will finally have enough evidence to do so.

What This Is Really About

At the core of everything I write and everything I endure is a simple belief: love is real, and it comes from other decent humans all around us, as well as God.

What I am up against is not merely harassment. It is an organized effort to pervert, to corrupt, to confuse, and to destroy. It uses fear. It uses disgust. It uses false accusations. It tries to make the victim question their own mind, their own body, their own character.

But I know who I am. I know what I have not done. I know what I will not become.

I am a Christian. I believe in Jesus Christ as my Lord and Savior. And I believe that the forces of this world, the exploitation, the oppression, the perversion, the self-interest, are not the final word. Goodness is. Righteousness is. Protection of the vulnerable is. Kindness is. And love, pure love, not the counterfeit sold by abusers and exploiters, is the highest thing.

A Note on My Limitations

I am not a researcher. I am not a journalist. I am not a law enforcement officer. I am a person who has been targeted, who is documenting what is happening to me, and who is working with the proper authorities.

I will make mistakes in how I articulate things. I will not always have the perfect citation. I am writing from experience, not from a position of academic distance.

I ask that you read what I write with discernment. Verify what I say against the work of the researchers and advocates I cite. And if you find value in my voice, consider also seeking out those who have been doing this work for longer, and with greater expertise, than I have.

What Comes Next

I will continue to document. I will continue to work with law enforcement. I will continue to share my experiences in a way that I hope is helpful to others while protecting my own safety and the safety of those around me.

I am not here to start a movement. I am here to tell the truth about what is happening to me, to point to the resources and researchers who have laid the groundwork, and to remind anyone reading this that **love wins**. Not the counterfeit love of abusers. The real thing. The kind that protects children instead of exploiting them. The kind that seeks justice instead of power. The kind that comes from God.

If you are experiencing something similar, you are not alone. Document. Seek help. Tell someone you trust. And if you have the privilege I do, access to law enforcement, a community, a platform, use it. Not for yourself. For the truth.

Before Judging: Acknowledgment of Self, Privilege, and the Reality of Judgment

People are going to judge me based on what I write. That's normal. We all judge, as it's how we make sense of the world. But I also know that the judgments will come with layers I cannot control: my ethnicity, my cultural background, my faith in Jesus Christ, my political leanings (whatever they may be perceived as), my lack of formal credentials, and my appearance.

I expect scrutiny. I expect doubt. I expect some will curse me, dismiss me, or reduce my experiences to something they can easily categorize and discard.

I am writing this post to acknowledge all of that upfront, not to deflect criticism, but to name what is true so we can move forward honestly.

On Privilege

I live in Canada. I was raised in a safe, stable, forward-thinking country with rule of law, freedom of speech, and protections for citizens. I have access to police. I have access to community. I have a university, mentors, a church, and people in my life who support me.

That is privilege. Unchecked, unfair, unearned privilege compared to so many people in the world who endure tyranny, violence, and injustice without any of these protections.

I do not take this for granted.

But here is what makes my situation particularly striking: **I am experiencing this organized harassment despite being in one of the safest countries in the world.** The people targeting me are not from some distant oppressive regime. By all available evidence, they are privileged individuals from the United States, "elites" with access to technology, resources, and systems of power that should be used for good, not for terrorizing a civilian in another country.

That contradiction is not lost on me. It should not be lost on you either.

If this can happen to someone in Canada. with all the protections, all the privilege, all the community, what does that say about the reach of these actors? What does it say about who they are and what they are doing?

On Identity: Who I Am vs. What They Call Me

My harassers have constructed many false identities for me. They sometimes call me names meant to degrade and to project their own filth onto me:

- A "loli", a perverse caricature of innocence corrupted
- A "gor-a-war", whatever violence they imagine me to be, linking me to their war activities
- A witch, a bore, a pig bowl, a demon, etc.
- Someone accused of being what they themselves are

They do this because they need me to become the monster they want to destroy. They project their own sins onto me and then accuse me of those sins. It is a classic tactic of abusers: accuse the victim of what the perpetrator is doing.

None of those names are who I am.

I am a Christian. I believe in Jesus Christ as my Lord and Savior. I believe I am a sinner saved only by His grace and His precious blood. I believe in repenting of sin, loving God, and loving my neighbour. I believe in peace. I believe in protecting the vulnerable and people from all nations from the very kinds of exploitation my harassers engage in.

I am not a demon. I am not a witch. I am not a threat to children or people in general, online or offline. I am someone who has been targeted by people who are threats to children and communities across the world, and I am documenting it.

On Choosing Good Over Evil

My harassers have a favourite accusation: that I am lying about choosing good over evil. They find it incomprehensible that someone would genuinely choose goodness.

They call it a "self-fulfilling prophecy," as if my choosing good is somehow proof that I am secretly evil.

Let me be very clear.

Of course I choose good over evil. Only a mentally ill person, an immature person, or a bitter, worldly person consumed by greed would claim otherwise.

I choose good because I think about my ancestors, who sacrificed and hoped for someone like me to carry their legacy forward with dignity.
I choose good because I think about the kind of person I want to be remembered as.
I choose good because I think about the kind of person God wants me to be.
I choose good because I think about the kind of children I would want to raise, if I am blessed to have them, and the example I would want to set for them: good, healthy, happy, faithful, decent, real Christians who abide by Christ's teachings, love Yahweh, and work as diplomatic peacemakers in a broken world.

There is no self-fulfilling prophecy except this one: my message that they already tried to destroy me with their technology, and that God resurrected me, miraculously, repeatedly, and led me to document and expose what was done to me.

If that sounds dramatic, I understand. But I am not speaking metaphorically. I have experienced things that should have destroyed me, and I am still here. I am still writing. I am still walking toward truth, toward justice, toward God.

On Being a Christian

Since I mention my faith often, let me be clear about what I mean when I say I am a Christian.

Being a Christian does not mean I am perfect. It does not mean I have never sinned. It means I recognize that I am a sinner who can only be saved through the precious blood of Jesus Christ. It means I love God. It means I strive to love His teachings. It means I repent of my sins and turn away from them, not because I am forced to, but because I genuinely want to be made new.

It means I believe in love that is not perverted. Love that is not violent. Love that does not exploit the vulnerable. Love that does not confuse, oppress, or serve self-interest.

The love of God is pure. The love of the world, the love my harassers practice, is counterfeit. It is exploitation dressed up as power. It is perversion dressed up as freedom. It is cruelty dressed up as justice.

I want no part of that counterfeit love.

What This Means for How You Read Me

If you are reading this, here are the main points I reiterate:

1. **I am judged.** You will judge me. That is human. I ask only that you judge what I actually say and do, not the caricatures my harassers have created.
2. **I am a Christian.** That shapes everything I write. If that bothers you, I understand. But I will not hide my Faith to make others comfortable.
3. **I am documenting.** I am not writing fiction. I am not performing. I am creating a record of real crimes being committed against me, and I am doing so while working with actual authorities.

You are free to doubt me. You are free to criticize me. You are free to move on and never think of me again.

But if you stay, if you read what I write, I ask that you do so with an open mind and a fair heart. And I ask that you remember: the people doing this to me want you to dismiss me. They want you to see me as crazy, as dangerous, as unworthy of belief. Regardless of whatever happens, at least I hope to help some people through the posts I document and the experiences I reveal.

On Being a Restrainer, Revealing the Truth, and Choosing to Document

I have debated whether to write this post. Not because I am unsure of what I have experienced, but because I know how it will sound to those who have not lived through organized, technologically enabled psychological and spiritual warfare.

But I am writing it for the same reason I have written everything else: **they already tried to destroy me in secret. I am choosing to reveal the truth in the light.**

Why I Reveal This

There is a passage in Scripture that has been on my heart throughout this ordeal.

> *"For the mystery of lawlessness is already at work; only He who now restrains will do so until He is taken out of the way."* - **2 Thessalonians 2:7 (NASB)**

I have been called a "restrainer" by some of the people tormenting me. They say it mockingly, as if my existence is an obstacle to their lawlessness, or a proof of my lawlessness, because I am still alive, after all they reveal they are capable of doing with their technologies.

Let me be clear: **I am not claiming to be *the* Restrainer of prophecy.** The identity of that restrainer has been debated for centuries. Some say it is the Holy Spirit. Some say it is the church. Some say it is the presence of gospel-preaching believers in the world. Some say it is human government and law. Others connect it to humanity's development of weapons of mass destruction, nuclear weapons that can annihilate nations and bring the world to the brink.

I do not claim to know. That is not my role.

But I am **a** restrainer in the sense that I have the consciousness and agency to recognize what lawless people like them do. I see the lawlessness their technology is capable of. And I am using my voice to tell others, to hold them responsible, and to

help other nations understand what these so-called "elite" esoteric people do with their cursing, their witchcraft, their occult technologies, their Freemasonry, and their secret society knowledge.

They are not as powerful as they want you to believe. They are not as cool as they pretend to be. They are weaker than you think. A lot of what they do is performance, people making themselves seem grander and more dangerous than they actually are. If you were to join them, bad things could happen to you not because they are powerful, but because they engage in abnormal and deviant behaviours that are evil and ultimately self-destructive. I don't want to freak certain people out, but if you care about having a good relationship with God, Jesus Christ, and living a lawful, decent, pure life, I would say to stay away from these secret societies and occult groups, and to not be too curious about researching topics related to things like vampires, witches, spells, etc. Rather, focus your attention better things, like science, geology, geography, language, ethics, liberal arts, math, history, the Bible, religious scriptures teaching you morals and goodness, and the positive aspects of humanity.

The Truth About Lawlessness

What some of these elite people do is lawlessness dressed in the language of power.

They use surveillance technology to track, harass, and psychologically dismantle their targets. They project their own sins onto innocent people. They create false identities, accusing others of perversions, of violence, of demonic influence, while they themselves are the ones who attempt to exploit, who pervert, who destroy.

They have tried to make me into something I am not: a danger to children, a conspiracy theorist, a delusional person consumed by jealousy or racism. They speak in infantilized voices, mocking me, telling me I will "be found out," trying to provoke me into losing control so they can point and say, *See? We told you.*

But here is the truth:

- I have **never** harmed a child.
- I will **never** do to others what has been done to me.
- I am **not** a conspiracy theorist, but am a victim of actual crimes, documented and reported to actual authorities.
- I am **not** delusional. I have police files. I have digital evidence. I have witnesses in my life who know what I am going through.

The only conspiracy is the one they are running against me.

I Would Rather Document Than Be Silenced

One of the threats they hold over me is exposure. They tell me, in those mocking, infantilized voices, that they are going to make sure I am "found out." They want to control the narrative. They want to be the ones to reveal who they have falsely accused me of being.

I am taking that power away from them.

I would rather reveal and document these concerns openly than let these creeps blackmail me with accusations.

I am writing this publicly so that when they try to "expose" me, there is already a record. When they try to twist my words, there is already clarity. When they try to present me as someone hiding in shame, there is already evidence of a person standing in the light, speaking truth, and refusing to be afraid.

I am not afraid of judgment. I am not afraid of what people will say about me. I am afraid of God, and I know that He sees the truth.

What True Godliness Looks Like

Let me take a moment to clarify something important.

Being a godly, divine person is not about narcissism. It is not about obsession with knowledge, power, or feeling superior to others through what you know, what you have, what science you possess, what intelligence you've obtained, or what education credentials you hold.

I say this as someone who **does** value intelligence. I highly value intelligence. I value lawfulness, tradition, culture. I deeply respect people's intelligence, their scientific contributions, their important history, their culture, their traditions, their religions. These things matter.

But they are not to be obsessed over or competed over.

Ultimately, what matters is being a decent human being who has kindness, care, and love toward other people, and love toward God, toward Jesus Christ, and treating others with decency.

This is why God tells us to respect children. Children typically have no credentials. They have no accomplishments. They have no power. And yet God says: *respect them.* Value them. Protect them.

In the same way, we are called to respect others from all walks of life, regardless of their culture, their ancestry, their legacy, their education, their abilities. We are called to see the humanness in them. To see their decency. To care about them because of their intrinsic value as human beings worthy of compassion and care, not to be exploited.

That is what my harassers do not understand. They see people as things to be used, manipulated, destroyed. They see children as objects. They see targets as obstacles. They see anyone different from them as inferior.

That is not strength. That is emptiness.

A Blessing

I bless would rather bless than curse.

I bless everyone who reads this and recognizes the truth of what I am saying. I bless those who are also being targeted, who feel alone, who wonder if anyone will ever believe them. I bless the victims of the very people who are tormenting me, because I know I am not the only one. I also bless people who doubt me and don't believe me.

And I bless the name of Jesus Christ, who is my Lord and Savior, who has resurrected me and saves me, who has given me the strength to write these words.

What I Will Not Become

I have said it before, but I will say it again because it matters:

I will never do these things to others that have been done to me.

I will never harm a child.
I will never use technology to terrorize another human being.
I will never project my sins onto an innocent person.
I will never be the monster they are trying to create.

The Win Belongs to Truth

They say I will be found out. They say my words will be turned against me. They say I am delusional, demonic, dangerous.

Let them say it.

The win does not belong to them. The win belongs to me and to everyone who speaks truth in the face of lawlessness. The win belongs to those rooted in Jesus Christ, who is the Way, the Truth, and the Life. The win belongs to the sanctifier, the Holy Spirit, who guides us into all truth and testifies of Christ.

I am not writing this because I want attention. I am writing this because I would rather stand in the open and be judged than hide in the shadows and be destroyed in secret.

Let them come with their accusations. Let them try to "find me out."

I have already found myself out. And I am standing exactly where I belong: in the light, telling the truth, and refusing to be moved.

References & Notes

2 Thessalonians 2:7 (NASB)

> *"For the mystery of lawlessness is already at work; only He who now restrains will do so until He is taken out of the way."*

This verse speaks of a restraining force holding back lawlessness. I do not claim to be the Restrainer of prophecy, that identity is debated among theologian, but I am a

restrainer in the sense that I recognize lawlessness, is a victim and survivor, and speak against it.

Imprecatory Psalms
Psalm 35, 58, 69, 83, 109, 137

These are psalms where the psalmist calls upon God to bring justice against the wicked. My words against evildoers are framed within this biblical tradition of crying out for justice, not personal vengeance.

John 14:6 (NASB)

> *"Jesus said to him, 'I am the way, and the truth, and the life. No one comes to the Father except through Me.'"*

Cited regarding Jesus Christ as the source of truth.

John 16:13 (NASB)

> *"But when He, the Spirit of truth, comes, He will guide you into all the truth; for He will not speak on His own, but whatever He hears, He will speak; and He will disclose to you what is to come."*

Cited regarding the Holy Spirit as the Sanctifier who guides believers into truth.

Matthew 18:2–6 (NASB)

> *"And He called a child to Himself and set him among them, and said, 'Truly I say to you, unless you turn and become like children, you will not enter the kingdom of heaven. Therefore, whoever humbles himself like this child, he is the greatest in the kingdom of heaven. And whoever receives one such child in My name receives Me; but whoever causes one of these little ones who believe in Me to sin, it is better for him that a heavy millstone be hung around his neck, and that he be drowned in the depth of the sea.'"*

This passage demonstrates that God values children not for their credentials or accomplishments, but for their intrinsic worth. It informs my understanding that all people, regardless of status, culture, education, or ability, deserve respect and protection.

Revelation 20:10–15 (NASB)
A passage describing the final judgment of the devil and the wicked. Referenced in the assurance that evil does not ultimately win.

On Physiological Warfare: A Forensic Documentation of Tactics

I am documenting this for a specific purpose: to provide insight to researchers, clinicians, forensic psychologists, and law enforcement about the tactics used by organized harassers and cult abusers. This is not meant to be sensational. It is meant to be clinical.

Important Note on the Surveillance Operators:
Many of the operators openly identify themselves as predators. The accusations they project onto me are not reflections of who I am. They are reflections of who *they* are. This is a classic abuser tactic: accuse the victim of what the perpetrator is doing. I am documenting this as part of the psychological profile of these abusers.

Category of Abuse: Sensory Manipulation During Basic Bodily Functions

One category of abuse I have experienced involves the use of technology to manipulate sensory experiences during normal physiological activities, eating, drinking, and other basic functions.

Tactics observed:

- Superimposed tastes and smells (e.g., gasoline, bug spray, burnt toast, etc.) during consumption of clean food and water
- Verbal harassment during eating and drinking intended to create corrupt associations with nourishment
- Attempts to induce disordered eating through repeated conditioning
- Accusations projected onto the victim during basic bodily functions, intended to create confusion and shame

Purpose: To rewire the victim's relationship with fundamental acts of self-care, induce eating disorders, and create psychological distress around survival activities.

Category of Abuse: False Memory Implantation

Another category involves the deliberate attempt to implant false memories.

Tactics observed:

- Fabrication of traumas that never occurred
- Attempts to make the victim believe they have traumas from fictional events
- Narratives about family members and strangers that are completely invented
- The abusers expressing excitement or satisfaction while pretending to offer empathy

Purpose: To create a fictional victimhood narrative, control the victim's sense of identity, and later dismiss the victim as mentally unwell.

Category of Abuse: Infantilization Combined with Corruption

This category involves treating an adult victim as a minor while simultaneously subjecting them to harassment.

Tactics observed:

- Use of infantilized voices during harassment
- Threats designed to scare people
- Projection of abuse onto the victim
- Mocking the victim's basic needs and functions
- Attempts to keep the victim in a state of arrested development

Purpose: To destabilize the victim's sense of adulthood and competence, induce fear responses associated with people's vulnerabilities, and create confusion between protection and violation.

Category of Abuse: Tainting of Sacred Roles and Relationships

This category involves attacking relationships and roles that are culturally and spiritually sacred.

Tactics observed:

- Attempts to taint motherhood and maternal relationships
- Unwarranted commentary about breastfeeding and other maternal acts
- Attacks on the victim's relationship with their own mother
- Fabrication of narratives about family dysfunction

Purpose: To isolate the victim, destroy trust in primary relationships, and profane what the victim holds sacred.

Category of Abuse: Credibility Degradation

This category involves deliberate efforts to make the victim appear mentally ill, delusional, or criminal.

Tactics observed:

- Creating sensory experiences (tastes, smells) then pointing to the victim's reaction as evidence of delusion
- Attempting to induce obsessive thoughts about abuse to make the victim appear dangerous

- Openly stating goals of degrading cognitive abilities and articulate speech
- Seeking to have the victim filed with harassment accusations to "cancel" them publicly
- Attempting to make the victim appear as a "ranting schizophrenic" or "conspiracy theorist"

Purpose: To ensure that when the victim seeks help, they are dismissed as unreliable, mentally ill, or criminal.

Professional Interest

I am documenting these tactics because they represent a pattern of abuse that is already being studied and reported. These methods, using technology to manipulate sensory experience, implant false memories, and systematically degrade credibility, are used by organized harassers, cult groups, and individuals in positions of power.

I am currently working with law enforcement and am in the process of reaching out to:

- Forensic psychologists
- Clinicians specializing in cult abuse and organized harassment
- Researchers studying targeted individuals and gang stalking
- Professionals who can provide formal profiling of these tactics

My hope is that by documenting what I have experienced, I can contribute to a better understanding of these abuse methods and help develop frameworks for identifying, prosecuting, and supporting victims of such tactics.

A Final Note

I have chosen to redact the explicit details of what I have experienced because repeating filth does not serve the truth—it serves the abusers. What I have described here in clinical terms is sufficient for professional understanding without spreading the content that my harassers want disseminated.

I document this not because it is exciting, not because I enjoy it, but because it is true, and because truth documented is truth that can be acted upon.

References & Notes

Psalm 34:8 (NASB)

> *"Taste and see that the Lord is good; how blessed is the man who takes refuge in Him!"*

Cited regarding the contrast between the abusers' perversion of taste and the goodness of God.

John 8:32 (NASB)

> *"And you will know the truth, and the truth will set you free."*

Cited regarding the importance of documenting and revealing truth as a form of liberation from abuse.

Romans 12:1–2 (NASB)

> *"Therefore I urge you, brothers and sisters, by the mercies of God, to present your bodies as a living and holy sacrifice, acceptable to God, which is your spiritual service of worship. And do not be conformed to this world, but be transformed by the renewing of your mind."*

Cited regarding the abusers' attempt to "rewire" the victim's brain versus the biblical call to renewal of mind through God.

Matthew 18:6 (NASB)

> *"But whoever causes one of these little ones who believe in Me to sin, it is better for him that a heavy millstone be hung around his neck, and that he be drowned in the depth of the sea."*

Cited regarding those who abuse and manipulate others, particularly using tactics designed to scare children.

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2 Thessalonians 2:7 (NASB)

> *"For the mystery of lawlessness is already at work; only He who now restrains will do so until He is taken out of the way."*

Cited regarding the concept of restraint against lawlessness.

Imprecatory Psalms
Psalm 35, 58, 69, 83, 109, 137

These are psalms where the psalmist calls upon God to bring justice against the wicked.

Revelation 20:10–15 (NASB)
A passage describing the final judgment of the devil and the wicked. Referenced in the assurance that evil does not ultimately win.

Context on the Restrainer (2 Thessalonians 2:7)
The identity of the restrainer is debated among biblical scholars. Major interpretations include:

- The Holy Spirit
- The church or the presence of believers
- Human government and law
- A specific person or power removed before the final rebellion
- Some also connect it to humanity's development of weapons of mass destruction capable of annihilating nations

I do not claim to know definitively. I only state that the theme of restraint against lawlessness resonates with my experience.

On the Escalation of Abuse: Projection, Provocation, and the Attempt to Create a False Identity

Since I began documenting my experiences publicly, the tactics used against me have escalated. I want to document this escalation in general terms so that professionals, law enforcement, forensic psychologists, cult experts, understand the progression of the abuse.

The Tactic: Projection and Provocation

One consistent tactic involves projecting violent and corrupt imagery into my mind, and then monitoring my response. The purpose is twofold:

- To provoke a reaction that can then be used as "evidence" against me
- To create a false identity that aligns with their own crimes

The images they project are not my creations. They are imposed on me. When I react with anger, disgust, or even violent imagination against the projected images, they claim that reaction as proof that I am what they accuse me of being.

This is projection. They are showing me what is in *their* minds, then blaming me for seeing it.

Clinical Reference: Projection is a recognized defence mechanism in psycho-dynamic theory (Freud, 1896), where an individual attributes their own unacceptable thoughts, feelings, or impulses to another person. In abusive contexts, projection serves to confuse the victim, externalize the abuser's guilt, and create a false narrative that aligns with the abuser's crimes rather than the victim's reality (Herman, 1992; *Trauma and Recovery*).

Biblical Reference: *"Woe to those who call evil good, and good evil; who substitute darkness for light and light for darkness; who substitute bitter for sweet and sweet for bitter!"* - **Isaiah 5:20 (NASB)**

The Tactic: Inverting Morality

Another consistent tactic involves inverting moral categories:

- When I behave in Christ-like ways, forgiveness, patience, restraint, they call me "bad"
- When I behave sinfully or express anger at their abuse, they call me "good"

This is a classic grooming technique. It is designed to confuse the victim's moral compass and to make righteousness feel shameful while sin feels rewarding.

Clinical Reference: Moral inversion is a documented tactic in cultic and coercive control contexts. Hassan (2015) in *Freedom of Mind* identifies "good vs. evil" reframing as a method of control, where the group redefines moral categories to align with their own agenda. Similarly, Lifton (1961) in *Thought Reform and the Psychology of Totalism* describes "milieu control" where the group defines what is acceptable and unacceptable, creating confusion and dependency in the target.

"For the time will come when they will not tolerate sound doctrine; but wanting to have their ears tickled, they will accumulate for themselves teachers in accordance with their own desires, and will turn their ears away from the truth and will turn aside to myths." - **2 Timothy 4:3–4 (NASB)**

The Tactic: Targeting Family Relationships

The abusers have also attempted to turn me against my mother. They make wicked suggestions about her while simultaneously hoping I would mentally regress and behave childishly. This combination—infantilization of the victim and incitement to violence against family members—is a known pattern in cult abuse and organized harassment.

Clinical Reference: Infantilization is a documented coercive control tactic used to undermine adult competence and maintain dependency (Stark, 2007; *Coercive Control*). Cultic groups frequently target family bonds to isolate the victim and destroy protective relationships (Lalich & Tobias, 2006; *Take Back Your Life*). The combination of infantilization with incitement to violence represents a particularly destructive form of psychological torture.

Biblical Reference: *"Honour your father and your mother, that your days may be prolonged in the land which the Lord your God gives you."* - **Exodus 20:12 (NASB)**

"If anyone does not provide for his own relatives, and especially for his household, he has denied the faith and is worse than an unbeliever." — **1 Timothy 5:8 (NASB)**

"There is a generation who curses their father, and does not bless their mother." — **Proverbs 30:11 (NASB)**

The Tactic: Grooming Through False Affirmation

Some members of the harassment group have attempted to groom me by offering false affirmation:

- Praising me when I am "dumber, duller, and prettier"
- Expressing obsession with disabilities, hoping to slow down the victim
- Alternating between flattery and degradation to keep me off balance

This is not random cruelty. It is calculated.

Clinical Reference: Intermittent reinforcement—alternating between reward and punishment—is a powerful tool of psychological control (Festinger & Carlsmith, 1959; cognitive dissonance theory). Grooming behaviors often involve cycles of idealization and devaluation that create trauma bonding (Carnes, 1997; *The Betrayal Bond*). The fixation on diminishing the victim's cognitive capacity aligns with patterns of "dumbing down" observed in coercive control contexts (Hassan, 2015).

Biblical Reference: *"A lying tongue hates those it crushes, and a flattering mouth works ruin."* - **Proverbs 26:28 (NASB)**

"A man who flatters his neighbor is spreading a net for his steps." - **Proverbs 29:5 (NASB)**

"They deceive with flattering lips; they speak with arrogance." - **Psalm 12:2–3 (NASB)**

The Tactic: Using Faith as a Weapon

The harassers know I am a Christian. They know I believe in Jesus Christ. And they attempt to use that against me, mocking my faith, testing my responses, and attempting to drive me away from the very source of my strength.

What they do not understand is that my faith is not a weakness. It is why I am still here. It is why I am still documenting. It is why I have not become what they want me to become.

Clinical Reference: Religious abuse, the use of faith or spiritual beliefs to manipulate, control, or harm-is a recognized form of psychological maltreatment (Johnson & Van Vonderen, 1991; *The Subtle Power of Spiritual Abuse*). Abusers often target a victim's most deeply held beliefs as a method of destabilization, knowing that attacking the source of the victim's strength creates maximum disorientation (Lalich, 2004; *Bounded Choice*).

Biblical Reference: *"Blessed are you when people insult you and persecute you, and falsely say all kinds of evil against you because of Me. Rejoice and be glad, for your reward in heaven is great; for in the same way they persecuted the prophets who were before you."* - **Matthew 5:11-12 (NASB)**

"If the world hates you, you know that it has hated Me before it hated you. If you were of the world, the world would love its own; but because you are not of the world, but I chose you out of the world, because of this the world hates you." - **John 15:18-9 (NASB)**

"Do not be afraid of those who kill the body but cannot kill the soul. Rather, be afraid of the One who can destroy both soul and body in hell." - **Matthew 10:28 (NASB)**

The Tactic: Claiming They Can Manipulate Images of Real People

The harassers have also claimed that their technology allows them to manipulate images of real people, including people I know, and insidiously enough, of all ages, to create deepfakes. They have suggested that this is part of their "services" involved with "buying" and "selling" (in reference to Revelation 13:16–17, the Mark of the Beast), in exchange for some form of allegiance.

I do not know the full extent of what their technology can do. But I know that this is a threat they make, and it is a threat I take seriously enough to document and report.

Clinical Reference: Threats involving deepfake technology represent an emerging form of technology-facilitated abuse. Research on image-based sexual abuse (IBSA) documents the severe psychological harm caused by threats to manipulate or distribute intimate images (Henry, Flynn & Powell, 2020; *Technology-Facilitated Domestic and Sexual Violence*). When combined with coercive control tactics, such threats constitute a form of psychological terrorism.

Biblical Reference: *"You shall not bear false witness against your neighbor."* - **Exodus 20:16 (NASB)**

"There are six things which the Lord hates, yes, seven which are an abomination to Him: haughty eyes, a lying tongue, and hands that shed innocent blood, a heart that devises wicked plans, feet that run rapidly to evil, a false witness who declares lies, and one who spreads strife among brothers." - **Proverbs 6:16-19 (NASB)**

"For nothing is hidden that will not become evident, nor anything secret that will not be known and come to light." - **Luke 8:17 (NASB)**

A Disclaimer on What I Observe as I Write

As I write and post this, I observe that some of the surveillance operators demonstrate visible excitement about the very things I am documenting.

This is important for professionals to understand: some of these individuals see themselves as embodying evil. Some of them derive satisfaction from having access to this technology and from the power they believe it gives them. They are excited by the ability to ruin lives, to provoke anger, to make people suffer. For some, this appears to be a form of sexual excitation, a perverse arousal tied to the destruction of others.

This is not hyperbole. This is observable behaviour that I am documenting as part of the psychological and spiritual profile of these abusers.

I record this not for sensationalism, but to provide forensic scientists, intelligence professionals, and mental health experts with insight into the character, psychology, and spiritual condition of the type of people who have access to this technology and choose to use it this way. This is something worthy of serious concern and further investigation.

Clinical Reference: Sadistic personality traits, deriving pleasure from cruelty, humiliation, or suffering of others, have been documented in clinical literature (American Psychiatric Association, *DSM-III-R*, 1987, though removed from later editions). More recent research on "everyday sadism" identifies individuals who derive gratification from cruelty without necessarily meeting full personality disorder criteria (Paulhus & Williams, 2002; *The Dark Triad of Personality*). When such traits combine with technological capability and systemic power, the result is a particularly dangerous form of predatory behaviour.

Biblical Reference: *"Woe to those who devise wickedness, who plot evil on their beds! When morning comes, they carry it out because it is in their power to do it. They covet fields and seize them; they take houses and deprive a man of his home, a person of his inheritance."* - **Micah 2:1-2 (NASB)**

"Their feet run to evil, and they are quick to shed innocent blood; their thoughts are thoughts of wickedness; devastation and destruction are in their paths." - **Isaiah 59:7 (NASB)**

"They rejoice in doing evil and delight in the perversity of evil." - **Proverbs 2:14 (NASB)**

The Reality: Why I Am Still Here

I have experienced what should have destroyed me. I have been pushed to the edge of madness, to the brink of violence, to the point of despair. And I have been pulled back—miraculously, repeatedly—by the grace of God through Jesus Christ and the work of the Holy Spirit.

I experience the Holy Spirit as a real presence in my life:

- A cleansing that removes the filth they try to implant
- A healing that restores my mind when they try to break it
- A peace that remains even when chaos surrounds me

- A voice that calls me back to truth when they try to drown it in lies

This is not metaphor. This is my lived experience. The same way their technology is real, the presence of God is real. And it is the only reason I am still sane, still safe, still writing.

Clinical Reference: Resilience in the face of severe, sustained abuse is a documented phenomenon. Research on post-traumatic growth (Tedeschi & Calhoun, 2004) identifies factors that enable individuals to survive and even grow following trauma: spiritual belief systems, meaning-making, social support, and internal coping resources. My experience aligns with this research: faith has functioned as a primary protective factor and source of resilience.

Biblical Reference: *"But we have this treasure in earthen vessels, so that the surpassing greatness of the power will be of God and not from ourselves; we are afflicted in every way, but not crushed; perplexed, but not despairing; persecuted, but not abandoned; struck down, but not destroyed."* - **2 Corinthians 4:7-9 (NASB)**

"I can do all things through Christ who strengthens me." - **Philippians 4:13 (NASB)**

"The Lord is my light and my salvation; whom shall I fear? The Lord is the defense of my life; whom shall I dread?" - **Psalm 27:1 (NASB)**

For Professionals

I am documenting these tactics because they represent a pattern that needs professional analysis. If you are a forensic psychologist, cult expert, or law enforcement professional, I have more detailed documentation available through appropriate channels. I am not publishing the explicit details because repeating filth serves the abusers, not the truth.

I am willing to cooperate fully with professionals who can help analyze this case and develop frameworks for identifying and stopping this type of abuse.

Next Steps for Me

I continue to:

- Document everything privately
- Work with law enforcement
- Reach out to forensic psychologists and cult experts
- Protect myself by keeping explicit details out of the public sphere
- Hold onto my faith in Jesus Christ, which has proven to be the only true protection against these forces

On The Genre of True Crime and Entertainment

The Problem with the True Crime Industry

The true crime genre is massive. It is everywhere, on podcasts, on Netflix, on YouTube, on social media. People make enormous amounts of money from it. Creators profit from the suffering of victims. Platforms push it through algorithms, recommending it even to people who are not seeking it out. I know this because I experienced it: the algorithm recommended this content to me. I was not searching for it, and yet it appeared, and I clicked.

There is something deeply wrong with a culture that treats real human tragedy as entertainment. There is something deeply wrong with an industry that profits from the pain of victims and their families. There is something deeply wrong with algorithms that push this content to people who never asked for it.

I am not saying that reporting on crime is wrong. I am not saying that news coverage or investigative journalism is evil. There is a difference between responsible reporting that seeks justice, awareness, and prevention, and entertainment content that exists to be consumed for thrill, for shock, for profit.

When you watch true crime content as entertainment, when you consume news stories about victims as if they are stories rather than real people, when you treat tragedy as something to pass the time, you are complicit. You are benefiting from someone else's suffering.

If you are going to engage with these stories, do so with care. Do so with awareness. Do so with compassion for the real people behind the headlines. Do not let their pain become your entertainment.

And if you are a professional, a journalist, a content creator, a podcaster, a platform executive, ask yourself: am I helping, or am I exploiting? Am I seeking justice, or am I profiting from pain? Am I serving the public good, or am I serving my own interests?

What I Want to Be Clear About

I want to be clear about what I am not saying:

- I am not saying that all true crime content is evil
- I am not saying that people who watch it are bad people
- I am not saying that news coverage of crime is inherently wrong

What I am saying is that I have become aware of something I was not aware of before. I am saying that there is a difference between engaging with tragedy with care and consuming it as entertainment. I am saying that victims are real people, not stories.

I am also saying that if I, as a victim, become a case that is studied, that is documented, that is talked about, I am fine with that. I have chosen to document publicly. I have chosen to make my experience available to professionals and to the public. That is my choice.

But it should be a choice. Not everyone gets to choose. And those who do not get to choose should not have their suffering turned into entertainment without their consent.

What I Believe Instead

I believe in working with actual authorities. I believe in trusting law enforcement and established government and intelligence entities. I believe in going through proper channels. I believe in letting professionals, police, forensic experts, victim advocates, do the work of investigation and justice.

I am privileged to live in Canada, a good society with rule of law, with protections for citizens, with law enforcement that takes crimes seriously. I am grateful for that. I trust the system, even when it is slow, even when it is imperfect. I would rather work with law enforcement than engage in the kind of back-alley speculation that true crime entertainment encourages.

I hope that the entertainment industry changes. I hope that consumers of this content become more aware of what they are participating in. I hope that platforms reconsider the algorithms that push this content to people who are not seeking it out. I hope that makers of this content consider the harm they are doing.

But more than anything, I hope people turn toward what is good, what is pure, what is worthy of attention.

For Professionals

I document the ethics of how victimization is consumed because it is part of the full picture of what is happening to me and, I suspect, to others.

If you are a professional working in:

- Media ethics
- Victim representation
- Journalism and content creation

I am willing to share more detailed documentation through appropriate channels.

Next Steps for Me

I continue to:

- Document everything privately
- Work with law enforcement
- Reach out to professionals across disciplines

- Hold onto my faith in Jesus Christ, who has shown me mercy when I did not deserve it
- Remain humbled by the protection I have received, knowing it is not because I earned it

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What the Surveillance Operators Do with This

I need to document something about how the surveillance operators respond to this topic, because it reveals who they are.

When I write about true crime, when I reflect on the harm of this genre, they respond in ways that expose their character. Some of them speak of hoping to create tragedy. They imply they want to turn my situation into something sensational. They induce physical sensations meant to intimidate and terrorize.

This is what they do. They take the very real suffering I am documenting, and they pervert and try to sensationalize it. They are drawn to tragedy not with compassion, but with excitement. They imagine my pain becoming entertainment, and that brings them satisfaction.

This is who they are. This is not curiosity. This is not awareness. This is cruelty.

My Rebuke

I rebuke all of their disgusting curses in the name of Jesus Christ, my Lord and Saviour.

May every cruel self-fulfilling prophecy they have spoken against me be rebuked and nullified in the name of Jesus Christ.

May every curse they have tried to place on me, on my mother, on my family, on my heritage, on my future, be broken and rendered powerless.

May every plan they have made to turn my suffering into entertainment, to use my tragedy for their satisfaction, to create something sensational out of my pain, be dismantled and come to nothing.

I declare in the name of Jesus Christ: **their curses have no power over me. Their prophecies of evil will not come to pass. Their satisfaction will not be found in my suffering.**

I belong to God, Yahwe, Jehova the highest and greatest. The most high. He is my protector. He is my healer. He is the one who sees what is done in secret and who brings justice in His time.

Biblical Reference: *"No weapon that is formed against you will succeed."* - **Isaiah 54:17 (NASB)**

"The Lord is my light and my salvation; whom shall I fear? The Lord is the defense of my life; whom shall I dread?" - **Psalm 27:1 (NASB)**

"I will bless those who bless you, and the one who curses you I will curse." - **Genesis 12:3 (NASB)**

The Implied Racial Curse: "Haoer" and the Inversion of Good

And there is another layer to this that I must document.

When they engage in this behaviour, when they imagine wickedness, when they induce violent sensations, when they speak of tragedy and perversion, they call me *haoer*. The Chinese word for "good." "Better."

They have created an inversion: in their minds, the moments when I am most afflicted, when they are most evil, when they are committing their worst acts against me, these are the moments they call "haoer." They are cursing the word "good." They are taking my language, my heritage, and twisting it into something evil.

They imply that these moments of lawlessness, sickness, and perversion are moments that make China "haoer", "better" in their twisted inversion. They are not saying China becomes good. They are saying that when evil happens, they call it "good" in Chinese. They are taking a word from my culture that represents something pure and using it to mark their own wickedness.

But I rebuke them and their curses, eternally, in the name of Jesus Christ, amen.

My Rebuke and Blessing

I rebuke all of their curses in the name of Jesus Christ, my Lord and Saviour.

I rebuke their perversions. I rebuke their sadism. I rebuke their attempts to twist my language, my culture, and my heritage into something evil. I rebuke the cutting sensations they impose. I rebuke their fantasies of tragedy and violence. I rebuke every curse they have spoken against me, against my mother, against my family, against China, against anyone they have targeted.

In the name of Jesus Christ, I break their curses. I declare them null and void. They have no power over me. They have no power over my people. They have no power over anyone who belongs to God.

And I bless.

I bless all other victims who have been targeted by these people. I bless those who are suffering in silence. I bless those who are being surveilled, harassed, terrorized. I bless those who feel alone, who wonder if anyone will ever believe them.

I bless myself, that God would continue to protect me, heal me, sustain me.

I bless my mother, my family, my people.

I bless the nations that these abusers seek to curse. I bless China, my heritage, my ancestors who came before me. I bless the good that exists in every culture, every people, every nation.

I bless the name of Jesus Christ, who has overcome the world, who has conquered sin and death, who has power over every principality and power, who sees what is done in secret and will bring everything to light.

In the name of Jesus Christ, my Lord and Saviour, amen.

What I Want to Be Clear About

I want to be clear about what I am not saying:

- I am not saying that all true crime content is evil
- I am not saying that people who watch it are bad people
- I am not saying that news coverage of crime is inherently wrong
- I am not saying that I am better than anyone else, I was curious once too

What I am saying is that I have turned away from this. I want nothing to do with it. I hate what it represents. I hate that there are people—including the ones targeting me—who get excited about suffering, who get sexually aroused by violence and tragedy, who treat real human pain as content to be consumed.

I am saying that there is a difference between responsible reporting that seeks justice and entertainment content that profits from pain. I am saying that victims are real people, not stories. I am saying that the algorithms that push this content to people who are not seeking it are doing harm.

I am also saying that if I, as a victim, become a case that is studied, that is documented, that is talked about, I am fine with that. I have chosen to document publicly. I have chosen to make my experience available to professionals and to the public. That is my choice.

But it should be a choice. Not everyone gets to choose. And those who do not get to choose should not have their suffering turned into entertainment without their consent.

What I Believe Instead

I believe in working with actual authorities. I believe in trusting law enforcement and established government and intelligence entities. I believe in going through proper channels. I believe in letting professionals, police, forensic experts, victim advocates, do the work of investigation and justice.

I am privileged to live in Canada, a good society with rule of law, with protections for citizens, with law enforcement that takes crimes seriously. I am grateful for that. I trust the system, even when it is slow, even when it is imperfect. I would rather work with law enforcement than engage in the kind of back-alley speculation that true crime entertainment encourages.

I hope that the entertainment industry changes. I hope that consumers of this content become more aware of what they are participating in. I hope that platforms reconsider the algorithms that push this content to people who are not seeking it out. I hope that makers of this content consider the harm they are doing.

But more than anything, I hope people turn toward what is good, what is pure, what is worthy of attention.

For Professionals

I document these dimensions, the creepy response of the abusers, the racial inversion and cursing, and the ethics of how victimization is consumed, because they are part of the full picture of what is happening to me and, I suspect, to others.

If you are a professional working in:

- Media ethics
- Victim representation
- Forensic psychology
- Human rights and torture prevention

I am willing to share more detailed documentation through appropriate channels.

A Final Thought

I am a survivor. I am a victim. I am documenting my experience so that the truth is known.

If my story becomes something that is studied, that is documented, that is used by professionals to help others, I am fine with that. I have chosen to speak. I have chosen to document. I have chosen to make my experience available to those who can use it for good.

But I did not choose to be a victim. I did not choose to be harassed. I did not choose to be turned into content for anyone's consumption. And I certainly did not choose to have my suffering become a source of excitement for sadists who get off on violence and tragedy.

To those people—the ones who are excited by what I write, who are sexually aroused by my suffering, who imagine my tragedy becoming entertainment—I have this to say:

You are seen. You are documented. And you will be held accountable.

I rebuke you in the name of Jesus Christ. Your curses have no power. Your sadism will not win. Your perversions will not define me. I belong to God, and He is my protection.

And to every other victim reading this: you are not alone. I see you. God sees you. And the truth will come to light.

Biblical Reference: *"The light shines in the darkness, and the darkness has not overcome it."* - **John 1:5 (NASB)**

"No weapon that is formed against you will succeed." - **Isaiah 54:17 (NASB)**

"Bless those who curse you, pray for those who mistreat you." - **Luke 6:28 (NASB)**

References & Notes

Clinical References

Source	Reference
Pathé, M. & Mullen, P. (1997)	*The Impact of Stalking on Mental Health* — on victimization and public perception
Herman, J. (1992)	*Trauma and Recovery* — on survivor experiences and the importance of being believed

Media Ethics References

Source	Reference
Media Ethics	Responsible reporting requires balancing public interest with respect for victims. Entertainment-driven true crime content often prioritizes profit over ethical considerations.
Algorithmic Responsibility	Platforms that push crime content to users who are not seeking it raise ethical questions about user safety and algorithmic

design.

Biblical References

Reference	Context
Philippians 4:8	Whatever is true, honorable, right, pure, lovely, commendable, excellent, praiseworthy—think about these things
Romans 12:15	Rejoice with those who rejoice; weep with those who weep
Romans 14:12	Each of us will give an account of ourselves to God
Proverbs 22:3	The prudent sees danger and hides himself, but the simple go on and suffer for it
Romans 12:18	If possible, so far as it depends on you, live peaceably with all
Matthew 7:1–2	Do not judge so that you will not be judged
1 Peter 5:8	Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion
Psalm 34:17–18	The Lord hears the cry of the righteous and is near to the brokenhearted
Isaiah 54:17	No weapon that is formed against you will succeed

Psalm 27:1	The Lord is my light and my salvation; whom shall I fear?
Genesis 12:3	I will bless those who bless you, and the one who curses you I will curse
John 1:5	The light shines in the darkness, and the darkness has not overcome it
Luke 6:28	Bless those who curse you, pray for those who mistreat you
Romans 12:19	Vengeance is Mine, I will repay, says the Lord
Galatians 6:7	Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap
Luke 8:17	Nothing hidden will not become evident, nor anything secret that will not be known and come to light

On Sleep Disruption, Dream Projection, and In-Person Stalking Threats

I have documented many of the technological and psychological tactics used against me. This post addresses another dimension: the sleep disruption, dream projection, and threats of in-person stalking.

The Tactic: Sleep Disruption and Dream Projection

During the earlier phases of this harassment, the surveillance operators had already physically appeared in my vicinity in real life (2022-present). In addition to this, they have used technology to project some of their faces into my dreams and into my mind during sleep states. This is occasionally accompanied by physical sensations, full-body pressure, pushing sensations, similar to what is experienced during sleep paralysis, designed to make sleep unbearable.

The pattern they have established is that they show their faces primarily when I am in a more afflicted mental state, when I am being bombarded with the violent and corrupt imagery they project. They have implied that they would "see me again" in

the future, suggesting that their in-person stalking and dream projection will continue based on their assessment of my mental state. They appear more often and are more obvious when they perceive me as mentally less well, more vulnerable, or more afflicted.

Clinical Reference: Sleep paralysis and hypnagogic/hypnopompic hallucinations can be induced or exacerbated by stress, trauma, and targeted sleep disruption. The use of sleep deprivation as a torture method is well-documented (Reyes, 2006; *The Torture Report*). The combination of physical sleep disruption with psychologically targeted imagery constitutes a sophisticated form of sleep torture.

Important Note on What They Are Trying to Induce:

The abusers have explicitly stated that they are attempting to induce schizophrenia in me. They believe that by bombarding me with external voices, projected imagery, sensory manipulation, and sleep disruption, they can break my ability to distinguish reality from delusion.

I want to be clear: **I do not have schizophrenia.**

Despite what the pattern of abuse might appear to an outside observer, I am able to:

- Separate their external voices from my own thoughts
- Distinguish between what they project and what is real
- Know truth from falsehood
- Recognize my own presence, significance, and limitations in the broader world
- Understand that my spiritual significance as a Christian is separate from any delusions they try to impose

Their tactics are designed to mimic the symptoms of schizophrenia. This is intentional. They want me to appear mentally ill. They want others to look at my documentation and see a "ranting schizophrenic" rather than a victim of organized technological abuse.

But I know the difference between their external manipulation and genuine mental illness. I have been evaluated. I have sought help. I have documented everything. The voices are external. The projections are imposed. The sensations are induced. These are not products of a diseased mind, they are products of technology wielded by abusers.

Clinical Reference: Technology-facilitated abuse can deliberately mimic psychiatric symptoms, a phenomenon sometimes referred to as "gang stalking" or "targeted individual" harassment. The distinction between induced symptoms and endogenous mental illness is a critical area for forensic evaluation. Victims of organized harassment often present with symptoms that resemble paranoia or psychosis, but the etiology, external manipulation versus internal pathology, is fundamentally different (Pathé & Mullen, 1997; *The Impact of Stalking on Mental Health*).

Biblical Reference: *"For God has not given us a spirit of fear, but of power and love and discipline."* - **2 Timothy 1:7 (NASB)**

The Tactic: Vanity-Based Psychological Warfare

The abusers have made statements linking their willingness to stalk me in person to my physical appearance. They have insinuated, and at times stated outright, that they are more willing to appear in person if they perceive me as "uglier" or less put together. This is vanity-based psychological warfare: using superficial judgments to create anxiety about my own appearance and to imply that their harassment is contingent on my perceived attractiveness.

Clinical Reference: Appearance-based threats and degradation are documented tactics in coercive control and psychological abuse (Stark, 2007; *Coercive Control*). Such tactics exploit social anxieties and create a constant state of hypervigilance around self-presentation.

My Response: Documentation and Preparation

In response to these threats, I have begun taking photographs of individuals who resemble the abusers who have shown themselves in my vicinity. This serves two purposes:

1. **Documentation:** Creating a visual record of potential suspects
2. **Psychological preparedness:** Ensuring that if I encounter them in real life, I will not freeze or hesitate to identify them

The abusers are aware of this. Their response has been to suggest they will send more conventionally attractive individuals from their group to approach me in person, hoping this will intimidate me or cause me to hesitate. Meanwhile, the rest of the group watches from a distance.

This is a game to them, and does amuse some of them with wicked intent.

Clinical Reference: Stalking threats, whether carried out or implied, constitute a form of psychological terrorism. Research on stalking victimization documents the severe anxiety, hypervigilance, and disruption to daily life caused by threats of in-person contact (Spitzberg & Cupach, 2007; *The State of the Art of Stalking*). My proactive documentation and preparation are evidence-based self-protection strategies.

The Tactic: Pavlovian Sensory Conditioning

Another category of abuse involves deliberate sensory conditioning. The abusers use technology to superimpose smells into my environment. They then pair these

smells with artificially induced physical sensations. While doing this, they repeat phrases intended to associate normal bodily functions with perverse content.

This is Pavlovian conditioning: creating artificial associations between sensory inputs and physiological responses, with the goal of inducing disgust, shame, and confusion. They derive satisfaction from attempting to "train" a target to respond to their cues.

Clinical Reference: Classical (Pavlovian) conditioning is a well-established psychological phenomenon. Its deliberate use as a tool of abuse constitutes a form of psychological torture (Basoglu et al., 2007; *Torture and Its Definition*). The combination of sensory manipulation with physical sensation and verbal cues creates a multi-modal conditioning environment intended to destabilize the victim's sense of bodily autonomy.

Biblical Reference: *"Do not be conformed to this world, but be transformed by the renewing of your mind."* - **Romans 12:2 (NASB)**

The Tactic: Testing Character Through Flawed Methodology

The abusers engage in an ongoing pattern of "testing" my character. They often perform demeaning acts on their side, some sweating like hogs, while monitoring my responses. They frame this as a game to "check" whether I am what they falsely accuse me of being, a psychopath, a danger to children, demonic, evil, chaotic, destructive.

There is a fundamental flaw in their methodology that they either do not understand or choose to ignore**,** which can be explained through the Hawthorne effect.

The Hawthorne effect refers to the phenomenon where individuals modify their behaviour in response to being observed. When you know you are being watched, tested, or evaluated, you do not behave the same way you would in natural conditions. Their constant surveillance and testing means they are not observing natural behaviour, they are observing behaviour under siege. Any conclusions they draw from this are methodologically invalid.

Moreover, they are testing for something that is not true. I am not evil. I am not chaotic. I am not destructive. I am not a many of the other terrible things they call me around the clock. These accusations are projections of their own sins and mental health problems onto me.

Clinical Reference: The Hawthorne effect (Mayo, 1933; Roethlisberger & Dickson, 1939) describes how awareness of being observed alters behaviour. In coercive control contexts, abusers often misinterpret a victim's survival behaviours as evidence of the abuser's accusations, ignoring the obvious fact that the victim is responding to the abuse itself.

Biblical Reference: *"You have tested my heart; You have visited me by night; You have tried me and You find nothing; I have purposed that my mouth will not transgress."* — **Psalm 17:3 (NASB)**

On the Choice to Live Simply vs. Engaging with Reality

I could choose a different path. I could avoid the internet and news altogether. I could live in a hidden bubble. I could take a surface-level job helping people, decent, helpful, non-intense, non-scary. I could go to church, associate only with other decent people, and pretend that the darker realities of the world do not exist.

Indeed, this was how I lived for many months after realizing something was off with my normal life and that these surveillance operators were present. From March 2023 and onward, I attempted to live this way. I focused on my own life, my own peace, my own relationship with God. I tried to ignore what was happening.

This is what many people do. It is comfortable. It is safe. It allows a person to feel good about themselves and their choices while avoiding the discomfort of engaging with evil. **I do not criticize this approach.** I would still choose this path if I could. The book of Proverbs speaks to this kind of wisdom, focusing on what is good, pure, and praiseworthy rather than dwelling on evil.

> *"Finally, brothers and sisters, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence and if anything worthy of praise, think about these things."* - **Philippians 4:8 (NASB)**
>
> *"The fear of the Lord is the beginning of knowledge; fools despise wisdom and instruction."* - **Proverbs 1:7 (NASB)**

Living a good, saintly, peaceful life is not weakness. It is wisdom. It is how I approached this situation initially, and it is still how I would live if I could.

But I no longer have that option.

The surveillance operators do not stop their abuse simply because I choose to ignore them. Even when I avoid the news, even when I focus on my own life, even when I try to live in peace, they continue their rituals. They project terrible visions into my mind. They superimpose voices and sensations. They attempt to corrupt my sleep, my eating, my drinking, my most basic functions.

Their abuse does not require my engagement. It happens whether I document it or not. It happens whether I pay attention to the world or retreat from it.

So I have a choice: I can suffer in silence while they continue unchecked, or I can document what is happening to me and hope that the truth serves a greater purpose.

I have chosen to document.

Not because I want to engage with evil. Not because I enjoy exposing myself to darkness. But because I have no other way to protect myself, to protect the people around me, and to ensure that what is being done to me is not done to others without a record.

The world needs people who are willing to look at what is true, even when it is ugly, and speak about it. The world needs people who will document injustice so that those who come after have something to work with. The world needs people who understand that pretending evil does not exist does not make it go away; it simply leaves the vulnerable unprotected and the wicked unopposed.

Even Sun Tzu recognized this. In *The Art of War*, he wrote:

> *"If you know the enemy and know yourself, you need not fear the result of a hundred battles. If you know yourself but not the enemy, for every victory gained you will also suffer a defeat. If you know neither the enemy nor yourself, you will succumb in every battle."*

Knowing your enemy is not the same as becoming your enemy. I document what these people do not because I enjoy it, but because I refuse to be ignorant of the evil that exists. I document so that others may know. I document so that those who come after me may have a record of what these tactics look like.

I still believe in living a good, saintly, peaceful life. I still believe that the better path, the path most people should take, is to focus on what is pure, lovely, and praiseworthy. I do not recommend that everyone engage with darkness. Most people should not have to.

But for those of us who have been forced into engagement, for those of us who cannot escape the abuse no matter how hard we try, documentation becomes an act of survival. It becomes a way to reclaim power. It becomes a way to say: *You will not do this in secret. The world will know.*

And for those who are able to live simply, peacefully, and well: I encourage you to do so. Protect your peace. Guard your heart. Focus on what is good. That is wisdom. That is the path I would take if I could.

But for those of us who cannot: we document. We speak. We endure. And we trust that God sees what is done in secret and will bring it to light.

Biblical Reference: *"Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour."* **- 1 Peter 5:8 (NASB)**

"Do not be overcome by evil, but overcome evil with good." - **Romans 12:21 (NASB)**

"The prudent sees danger and hides himself, but the simple go on and suffer for it." **- Proverbs 22:3 (ESV)**

Sun Tzu Reference: *The Art of War*, Chapter 3: "If you know the enemy and know yourself, you need not fear the result of a hundred battles."

The Flaw in Their Accusations

The abusers accuse me of being evil. They call me "emo", implying I am drawn to darkness, chaos, destruction. They accuse me of wanting bad things, of being inherently corrupt.

This is false. And the proof is not as simple as pointing to a single verse about fruit, because I recognize that people can justify destructive behaviours while citing the Bible. I recognize that watching news and consuming other people's perspectives on social media can make it easy to empathize with certain viewpoints or even to think the way others think. So I am not making a simplistic argument.

Instead, I look at what I actually do.

I look at how I treat myself. I look at how I treat the people around me, my actual good friends in real life, (and online) whom I do not lie to or exploit. My actual family whom I respect and honestly hope I can do more to help. I look at my choices. I look at my efforts to be decent, to repent of my sins, to make the world a better place in whatever small ways I can. I look at the fact that I do not support actual evil people, not the war mongers, not the oppressors, not the harassers. I do not do to others what has been done to me.

I have been pushed to the edge of my sanity. I have been given every reason to become bitter, hateful, violent. I have been handed the justification that many people would use to become exactly what they accuse me of being. And yet, by the grace of God, I have not.

If I wanted to be evil, I would not be documenting. I would not be going to law enforcement. I would not be trying to help others understand what is happening. I would not be holding onto my faith in Jesus Christ. I would not be trying to be decent to the people in my life.

The reality is this: it is dangerous to flatly accuse others of being evil. Especially civilians like me. Especially people who are already suffering. Especially people who are doing their best to be decent in an indecent situation.

There are people who commit terrible acts while citing Scripture to justify themselves. There are people who twist the Bible to serve their own destructive ends. I am not one of those people. But the existence of such people means that accusations of evil should not be thrown around lightly.

My friends know who I am. The people who actually know me, the ones I interact with in real life, the ones I am honest with, the ones I try to treat with kindness, they would tell you that I am not evil. They would tell you that I am not drawn to darkness or chaos or destruction. They would tell you that I am a person trying to live decently, to repent when I fail, and to love God as best as I can.

Their accusations tell me more about them than they tell anyone about me. When someone constantly accuses another person of being evil, without evidence, without basis, without any understanding of the accused person's actual life and choices, it reveals the accuser's own heart far more than it reveals anything about the accused.

Biblical Reference: *"Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye?"* - **Matthew 7:3 (NASB)**

"Do not judge so that you will not be judged. For in the way you judge, you will be judged; and by your standard of measure, it will be measured to you." - **Matthew 7:1–2 (NASB)**

"There is only one Lawgiver and Judge, the One who is able to save and to destroy; but who are you to judge your neighbor?" - **James 4:12 (NASB)**

The Racial Inversion Tactic

There is another layer to their psychological warfare that I must document: the racial inversion tactic.

The abusers sometimes-not always, not constantly, but occasionally-use the Chinese word *haoer*, meaning "good," "better"-to refer to me. But they do not use it when I am actually being good. They use it in a deliberately inverted way.

When I behave or think in objectively worse ways-when I act in ways that oppose the Fruits of the Holy Spirit, when I fall short of the character qualities that Scripture calls us to cultivate, they call me *haoer*. "Better." "Good."

When I behave in Christ-like way-when I show patience, kindness, gentleness, self-control, they call me "bad" or "baa" (a term they use to infantilize and degrade).

This is not something they do all the time. But the fact that they do it at all is revealing. It shows that they have thought about this. It shows that they are deliberately inverting moral categories and weaponizing my language and culture. It shows that they derive satisfaction from praising my worst moments and mocking my best ones.

This is a deliberate inversion: they have created their own moral framework where sin is rewarded with praise and righteousness is punished with mockery. They are inverting the very meaning of "good" and "bad" specifically targeting me through my language and culture.

They use a Chinese word for "good" to praise my worst moments. They imply that my failures are when I am at my "best" in their eyes. They take a word from my culture that represents something positive and pure, and they corrupt it into a tool of psychological warfare.

This is not just psychological manipulation. It is racist.

They see me as Chinese, as East Asian, and they treat my ethnicity and language as something to exploit. They take a word that means goodness and twist it to mean the opposite. They imply that what is good in Chinese culture, harmony, family, respect, moral uprightness, is something to be mocked. They invert the values of my heritage into weapons against me.

Let me be clear: **I am not making a statement about any race or nationality as a whole.** These accusers and technological surveillancers happen to be mostly white "elite" Americans with access to elite technology and systems of power, but their behaviour is not representative of their race or nationality. There are good people of every race and nation. What they do reflects on *them*, individuals who have chosen cruelty and who weaponize language and culture to inflict harm.

What they are doing is creating an inverse moral universe. In their world:

- Sin is praised as "good"
- Righteousness is mocked as "bad"
- My worst moments earn their approval
- My best moments earn their contempt

This is the opposite of what the Bible teaches. The Fruits of the Holy Spirit are love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control (Galatians 5:22-23). These are what God calls good. When I fall short of these, I am not "better." I am worse. And I know this. I do not need their inverted praise.

Biblical Reference: *"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."* - **Galatians 5:22-23 (NASB)**

"Woe to those who call evil good, and good evil; who substitute darkness for light and light for darkness; who substitute bitter for sweet and sweet for bitter!" - **Isaiah 5:20 (NASB)**

Why I Cannot Look Away

I would love to live a simple life. I would love to go to church, help people in a surface-level way, associate only with good people, and pretend the darker realities of the world do not exist.

But that would be a lie.

The world is sinful. Evil exists. People with power and technology do terrible things to innocent people. Pretending otherwise does not make it go away. It just means the rest of us are unprepared.

I document because the truth matters, and because victims deserve to be believed. I document because those who come after me should not have to start from zero. I document because God sees what is done in secret, and I trust that He will bring it to light.

Biblical Reference: *"For nothing is hidden that will not become evident, nor anything secret that will not be known and come to light."* - **Luke 8:17 (NASB)**

On My Anger and What I Choose to Share

I will be honest: the visceral disgust and anger I feel toward these abusers is immense. I have imagined violence against them in my mind and in my dreams. I am not proud of this. I know it is not Christ-like. I believe in Jesus Christ, and I know that vengeance belongs to God, not to me.

But I also know this: when they project images of minors in sexualized contexts, when they attempt to induce responses they themselves are guilty of, when they try to mindwash me into having their own perversions, I would rather imagine destroying them than participate in their filthy games. My anger is not the problem. Their abuse is the problem.

I am sharing this not because I am proud of my anger, but because it is part of the documentation. Professionals need to understand what this abuse does to a person. It creates rage. It creates violent thoughts. It pushes the victim to the edge of their own character. And yet, by the grace of God, I have not become what they want me to become.

Clinical Reference: Anger and violent ideation in response to sustained abuse are normal psychological responses to abnormal circumstances. Trauma-related anger is documented in survivors of prolonged abuse and torture (Herman, 1992; *Trauma and Recovery*). The fact that I recognize my anger, am not proud of it, and am not acting on it is a sign of self-awareness and restraint, not pathology.

Biblical Reference: *"Be angry, and yet do not sin; do not let the sun go down on your anger, and do not give the devil an opportunity."* - **Ephesians 4:26-27 (NASB)**

"Never take your own revenge, beloved, but leave room for the wrath of God, for it is written: 'Vengeance is Mine, I will repay,' says the Lord." - **Romans 12:19 (NASB)**

Why I Am Thankful I Am Not A Mom

One thing I am grateful for: I have no dependents. I will not be a mother. I made this decision after the harassment began, and I have only become more certain of it since.

I am grateful that no child will ever be used as a weapon against me. I am grateful that no child will ever be put in the position of being my vulnerability. I am grateful that these abusers have one less avenue of attack.

To anyone reading this who has children or dependents: protect them. Be aware that abusers target the most vulnerable. The safety of children is sacred.

But let me be clear about something: I do not say this as a statement against God. I do not say this as if my decision is in opposition to His will. On the contrary, I recognize that through all of this, through every attempt to break me, every projection, every effort to corrupt my character, God has been the most graceful and merciful toward me.

It is Jesus Christ who has sustained me. It is Jesus Christ who has pulled me back from the brink again and again. It is Jesus Christ who has cleansed me when they tried to defile me, healed me when they tried to destroy me, and kept me sane when they tried to break my mind.

I am grateful for my decision not to be a mother because it removes one avenue of attack. But I am far more grateful for the grace and mercy of God, which have been my true protection. No decision of mine could have saved me from what they have done. Only God has done that.

Biblical Reference: *"But God, being rich in mercy, because of His great love with which He loved us, even when we were dead in our transgressions, made us alive together with Christ—by grace you have been saved."* - **Ephesians 2:4–5 (NASB)**

"The Lord is my light and my salvation; whom shall I fear? The Lord is the defense of my life; whom shall I dread?" - **Psalm 27:1 (NASB)**

The Pattern: Hiding Behind Screens and Privilege

One of the most infuriating aspects of this abuse is that my abusers are able to hide. I do not know their names. I cannot find them in public to hold them accountable. They are viscerally content in their ability to hide behind screens, behind their privilege, behind their inequitable access to technology and systems of power.

They believe this gives them immunity. They believe they can corrupt my character, disrupt my life, and harm those around me without consequence. They believe that if they corrupt me, it will be symbolic, a win against God, a win against Asia, a win against anyone they perceive as their enemy.

They are wrong.

While they hide, I document. While they rely on their anonymity, I create a record. While they believe their privilege protects them, I am gathering evidence that will outlast their ability to hide.

Their anonymity is temporary. Their privilege is borrowed. Their technology will not protect them from accountability. And their belief that they can hide forever is delusional.

One day, what they have done in secret will be known. It may not be today. It may not be tomorrow. But the record exists. The documentation exists. And I will continue to add to it until accountability is no longer avoidable.

Biblical Reference: *"For nothing is hidden that will not become evident, nor anything secret that will not be known and come to light."* - **Luke 8:17 (NASB)**

"Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap." - **Galatians 6:7 (NASB)**

My Stance on Self-Protection

I am not afraid to defend myself.

If any of these individuals approach me in person with hostile intent, I am prepared to protect myself using lawful means, including pepper spray where justified. I have documented this not as a threat, I am not threatening anyone, but as a statement of fact about how I will respond if confronted in person. Self-defence is a right, and I intend to exercise it if necessary.

I have also prepared myself mentally for the possibility of encountering them. Through documentation, through mental rehearsal, through gathering photographic references of individuals who resemble those who have shown themselves in my vicinity, I have worked to ensure that I will not freeze if I see them. I refuse to be paralyzed by fear.

I am aware that they have suggested they will send more conventionally attractive individuals to approach me, hoping this will intimidate me or cause me to hesitate. I see through this tactic. Physical appearance does not change the reality of who they are and what they have done. I will not be manipulated by vanity-based psychological warfare.

I state all of this clearly so there is no confusion: I am not seeking confrontation. I am not threatening anyone. But I am prepared to protect myself, and I am prepared to identify them if they show themselves. That is my right as a person who has been targeted, harassed, and terrorized.

Biblical Reference: *"The prudent sees danger and hides himself, but the simple go on and suffer for it."* - **Proverbs 22:3 (ESV)**

"If possible, so far as it depends on you, live peaceably with all." - **Romans 12:18 (NASB)**

A Message To Professionals

I document these tactics, sleep disruption, dream projection, sensory conditioning, threats of stalking, flawed character testing, racial inversion, and the abusers' belief that they can commit evil and repent later, because they represent a pattern of abuse that requires professional analysis. The combination of technological capability, psychological manipulation, sadistic intent, and racial targeting is a matter of concern for law enforcement, forensic psychology, and national security.

I am not a professional. I am a victim. But I am a victim who is documenting, who is organizing evidence, and who is reaching out to those who have the expertise to analyze what is happening.

I am currently working with or in the process of reaching out to:

- **Law enforcement** : I have an existing file and continue to add to it

- **Forensic psychologists** : to help analyze the psychological tactics being used against me
- **Cult experts** : to understand the organized and ritualistic dimensions of this abuse
- **Researchers studying targeted individuals and organized harassment** : to contribute to the broader body of knowledge on these tactics
- **Clinicians specializing in trauma and technology-facilitated abuse** : to support victim care and recovery frameworks
- **Intelligence and national security professionals** : because the combination of technology, sadistic intent, and racial targeting has implications beyond my individual case

I am willing to cooperate fully with professionals who can help analyze this case and develop frameworks for identifying and stopping this type of abuse. I have digital artifacts, timelines, detailed documentation, and a willingness to work collaboratively with those who take this seriously.

If you are a professional and you believe you can help, whether through analysis, documentation support, legal advocacy, or research, I am open to contact through appropriate channels.

This is not about me. This is about documenting a pattern so that others can understand it, so that victims can be supported, and so that those who commit these crimes can be held accountable.

Biblical Reference: *"Speak up for those who cannot speak for themselves, for the rights of all who are destitute. Speak up and judge fairly; defend the rights of the poor and needy."* - **Proverbs 31:8-9 (NIV)**

Next Steps for Me

I continue to:

- Document everything privately
- Work with law enforcement
- Reach out to forensic psychologists and cult experts
- Protect myself by keeping explicit details out of the public sphere
- Prepare for the possibility of in-person encounters with my abusers
- Hold onto my faith in Jesus Christ, which has proven to be the only true protection against these forces

On Eugenics, Bioengineering, and the Weaponization of Reproductive Violence

A Reflection on True Crime and Entertainment

There is something else I need to say, and it is uncomfortable.

Before this happened to me, I watched some content related to the "true crime" genre, including documentaries, YouTube videos, news stories about people who had been victimized. Although I didn't treat them as entertainment, they were sources of news, truths, and morbid curiosity that I passed some time with.

I did not realize how sinful and cruel this is.

I was complicit. I was consuming people's tragedies as content.

Now that I am on the other side, now that I am the one being surveilled, being speculated on, I understand. There is nothing entertaining about this. There is nothing interesting in a good way about what I am going through. This is a human rights violation. This is not a story to be consumed as entertainment.

I am not saying this to condemn others. I was guilty of the same thing. I watched the videos. I clicked the recommendations. I treated real people's pain as something to observe from a distance.

But I am saying it now because I want others to think about it. When you watch true crime content, when you consume news stories about victims, when you treat tragedy as entertainment, you are complicit. You are benefiting from someone else's suffering.

If you are going to engage with these stories, do so with care. Do so with awareness. Do so with compassion for the real people behind the headlines. Do not let their pain become your entertainment.

And if you are a professional, a journalist, a content creator, a researcher, ask yourself: am I helping, or am I exploiting?

The Deeper Pattern: Obsession with Motherhood, Genetics, and Heritage

As I document these tactics, I have come to notice a deeper pattern in the abusers' behaviour: an obsession with motherhood, genetics, and heritage that goes beyond ordinary interest.

Their language and tactics reveal this obsession:

- Constant references to motherhood, pregnancy, and reproduction
- Fixation on matrilineal lines and genetic inheritance
- Discussions of surrogacy and reproductive technology
- Framing me and my parents as "medical anomalies" worthy of study
- Attempts to link my worth to my genetic or reproductive capacity
- Inversion of cultural heritage, taking my Chinese background and twisting it into a curse

This pattern is not random. It reflects an ideological framework that treats reproduction and genetics as matters of control, optimization, and power.

Historical and Cultural Context

There are historical and cultural currents that help explain this obsession.

Eugenics and Population Control: The eugenics movement of the early 20th century was obsessed with controlling reproduction to "improve" genetic stock. This movement influenced policies in multiple countries, including forced sterilization programs in the United States, Canada, and Europe. Nazi Germany took these ideas to their extreme, using them to justify genocide. While eugenics was widely condemned after World War II, elements of this thinking persist in certain circles, particularly among those interested in bioengineering, transhumanism, and population control.

Matrilineal Heritage and Identity: In Jewish tradition, identity is passed through the mother. Matrilineal descent determines who is considered Jewish. This is a legitimate and deeply meaningful aspect of Jewish heritage. I do not criticize this. Every culture has its own ways of understanding identity, heritage, and belonging. My abusers happen to have connections to these traditions, and they project their own fixations onto me.

Surrogacy and Reproductive Technology: The United States and Israel are global leaders in surrogacy and reproductive technology. This is not inherently wrong. Medical advancements that help people build families can be a blessing. But when the same technological capability is combined with eugenic ideology and coercive intent, it becomes something else entirely.

Obsession with Genetics: Some people place enormous importance on genetics, ancestry, and heritage. They see themselves as carriers of something special, something that must be protected, optimized, or propagated. This can become a form of idolatry, placing genetic inheritance above character, decency, and faith.

My Stance on Genetics and Heritage

I am a Christian. I believe in Jesus Christ. I believe that my identity is found in Him, not in my genetics.

I am Chinese. I have Chinese heritage. I respect my ancestors, my culture, and my history. I am grateful for where I come from. But I do not obsess over my genetics. I do not believe my worth comes from my DNA.

If I am alive today, I already have ancestors who survived. Every person alive today has ancestors who made it this far. That is true of everyone, regardless of race, nationality, or heritage. Everyone deserves respect for their ancestry, for the people who came before them, for the cultures and traditions that shaped them.

But at the end of the day, what matters is being a decent person. What matters is how you treat others. What matters is whether you love God and love your neighbour.

I am not, nor have I ever been, someone obsessed with genetics. I think it is interesting. I think history is interesting. I think ancestry is meaningful. But I do not give it the kind of importance that my abusers do. I do not see people as projects to be optimized. I do not see reproduction as something to be controlled. I see people as human beings, made in the image of God, deserving of dignity and respect regardless of their genetic makeup.

What the Abusers Reveal About Themselves

The abusers' obsession with motherhood, genetics, and heritage reveals something about them, not about me.

They project their fixations onto me. They assume that because they care so much about these things, I must also care. They assume that because they see themselves as carriers of something special, I must also see myself that way. They assume that because they think in terms of optimization and control, I must also think that way.

I do not.

They are the ones who are obsessed. They are the ones who see people as data points, genetic specimens, reproductive vessels. They are the ones who have turned heritage into a weapon and motherhood into something to be controlled.

I document this because it is part of their profile. It is part of who they are. It is part of what drives them to do what they do.

My Rebuke

I rebuke their obsession with my genetics, my reproduction, my heritage. I rebuke their attempts to reduce me to data. I rebuke their fixation on motherhood and their perversion of what is sacred.

I declare in the name of Jesus Christ: **my identity is not in my DNA. My worth is not in my reproductive capacity. My heritage is not something to be weaponized against me.**

I belong to God. He made me. He knows me. He is the one who numbers my days, who sustains my life, who has protected me through all of this.

Their obsession with genetics will not define me. Their fixation on motherhood will not control me. Their attempts to curse my heritage will not succeed.

What I Want to Be Clear About

I want to be clear about what I am not saying:

- I am not criticizing Jewish traditions regarding matrilineal heritage. Every culture has its own ways of understanding identity, and these deserve respect.
- I am not criticizing surrogacy or reproductive technology. Medical advancements that help people build families can be a blessing.
- I am not saying that caring about ancestry or heritage is wrong. It is not. History matters. Culture matters. Family matters.

What I am saying is that when these things become obsessions, when they become tools of control, weapons of abuse, justifications for treating people as projects, they become something dark.

What I am saying is that my abusers' obsession with these things reveals who they are, not who I am.

What I am saying is that at the end of the day, what matters is being a decent person. What matters is how you treat others. What matters is whether you love God and love your neighbor. Everything else is secondary.

For Professionals

I document these patterns—the obsession with genetics, motherhood, and heritage; the eugenic framing; the use of reproductive technology as a weapon—because they are part of the full picture of who my abusers are and what they are doing.

If you are a professional working in:

- Reproductive health and justice
- Bioethics and transhumanism
- Human rights and torture prevention
- Cultic studies and organized harassment

I am willing to share more detailed documentation through appropriate channels.

A Final Thought

I am a survivor. I am a victim. I am documenting my experience so that the truth is known.

My abusers see me as a project. They see me as data. They see my genetics, my heritage, my reproductive capacity as things to be studied, controlled, optimized, cursed.

But I am not a project. I am a person. I am a child of God. I am someone who has been pulled back from the brink again and again by grace I did not earn and do not deserve.

They will not define me. Their obsessions will not control me. Their curses will not take root.

I belong to Jesus Christ. And in Him, I am free.

References & Notes

Clinical References

- **World Health Organization** : Female genital mutilation (FGM) is recognized as a violation of human rights with severe physical and psychological impacts.
- **American College of Obstetricians and Gynecologists** : Reproductive coercion is a documented form of abuse that interferes with reproductive autonomy.
- **United Nations** : Eugenics and forced sterilization are recognized as crimes against humanity.
- **Pathé, M. & Mullen, P. (1997)** : *The Impact of Stalking on Mental Health*: on victimization and public perception.
- **Herman, J. (1992)** : *Trauma and Recovery*: on survivor experiences and the importance of being believed.

Historical References

- **Eugenics Movement (Early 20th Century)** — Forced sterilization programs existed in the United States, Canada, and Europe. Over 60,000 people were sterilized in the United States alone under eugenics laws.
- **Nazi Germany (1930s-1940s)** : Eugenics was used to justify forced sterilization of hundreds of thousands, medical experimentation, and genocide. These practices were condemned at Nuremberg as crimes against humanity.
- **Nuremberg Code (1947)** : Established ethical principles for medical experimentation, emphasizing informed consent and protection of human subjects.
- **Matrilineal Descent in Jewish Tradition** : Jewish identity is traditionally passed through the mother. This is a legitimate and meaningful aspect of Jewish heritage.
- **Surrogacy and Reproductive Technology** : The United States and Israel are global centers for surrogacy and reproductive technology. These advancements can be a blessing but can also be weaponized when combined with coercive intent.

Biblical References

- **1 Corinthians 4:7** : "What do you have that you did not receive? And if you did receive it, why do you boast as though you did not?"
- **Ephesians 2:8** : "For by grace you have been saved through faith; and this is not of yourselves, it is the gift of God."
- **Psalm 27:1** : "The Lord is my light and my salvation; whom shall I fear? The Lord is the defense of my life; whom shall I dread?"

- **Isaiah 54:17** : "No weapon that is formed against you will succeed."
- **Galatians 6:7** : "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."
- **Luke 8:17** : "Nothing hidden will not become evident, nor anything secret that will not be known and come to light."
- **Genesis 12:3** : "I will bless those who bless you, and the one who curses you I will curse."

On the Surveillance Operators' Virtue Signaling and Victim Narrative

While I document my suffering, while I reveal their wickedness, while I sometimes say hateful, un-Christ-like things in my anger and disgust**,** directly clearly towards the surveillance operators, they are documenting me too and making these moments of response to make me seem like the bad guy.

They are compiling a composite of moments when I say things that are dark, angry, wicked, and sinful. They are recording my worst moments, the moments when the abuse has pushed me to the brink of fury, when I have cursed them, when I have said things I am not proud of. And they are using these moments to paint themselves as the victims.

Some of them will pretend to be the decent Christians being persecuted by me. They virtue signal. They act as if my anger is unprovoked, as if their 24/7 non-stop wicked harassment, including bodily, mind space, and voices, etc. of me has nothing to do with my responses. They curate a narrative where I am the bad person and they are the ones being persecuted.

This is calculated. This is deliberate. This is what abusers do.

They push you to the the brink. They provoke you. They torment you relentlessly. And then, when you finally break, when you say something angry, when you curse them, when you react to their evil, when you shout and curse at the top of your lungs, when you hit and smash things (i.e., inanimate objects) in your environment, when you spit, they point and say: *"See? She is the evil one. She is the one cursing. She is the one saying wicked things. We are the decent Christians being persecuted by her."*

This is why I must document everything. This is why I must provide context. Without context, my worst moments, the moments when I have been pushed to my limits, can be weaponized against me.

Let me be clear: I am not proud of everything I have said. I have said things in anger that I know are not Christ-like. I have cursed them. I have wished harm upon them in my darkest moments. I have been pushed to the edge of my sanity and beyond.

But I repent of my sins. I ask God for forgiveness. And I continue to strive toward goodness, toward truth, toward Christ.

They do not repent. They do not ask for forgiveness. They simply document my worst moments and use them to justify their own evil.

Some of the US surveillance operators are angry. They are pissed that I am documenting what they do, that I am revealing their wicked secrets, that I am exposing their research agendas and the technologies they use to terrorize innocent people.

Their response has been to accuse me of being the source of their evil. They say they are "sinning for me." They call me a "Baal", the false god associated with child sacrifice in the Old Testament. They imply that I am some demonic entity demanding their wickedness, that their evil is somehow my fault, that I am the reason they do what they do.

This is projection. This is blame-shifting. This is what abusers do when they are exposed: they try to make the victim responsible for their own abuse.

They call me "locked." They call me "lawless." They curse me to be mocked. They try to paint me as something I am not, a Nazi, a demon, a Baal, because they cannot stand that I am revealing the truth about who they are.

The "Sin for Me" Tactic

There is a specific tactic they use that I need to document: they claim they are "sinning for me."

This is a disgusting inversion. They take their own wicked choices, their harassment, their technological abuse, their perversions, and they frame it as something they are doing *for* me. As if I asked for it. As if I demanded it. As if their evil is somehow a service they are providing.

I do not want their sins. I do not ask for their abuse. I do not demand their wickedness. I rebuke it. I reject it. I want nothing to do with it.

In the name of Jesus Christ, I declare: I am not a Baal. I am not a demon. I am not the source of their evil. They choose to do what they do. Their sins are their own. I declare this in the name of Jesus Christ, amen.

The False Accusation: Calling Me a Goddess

They also try another tactic: they call me a goddess. They use mocking, false flattery, hoping I would be delusional and narcissistic enough to enjoy it. They project onto me the idea that I think I am divine, that I am something special, that I believe myself to be above them.

This is absurd.

I am a victim. I am a survivor. I am documenting their lawlessness and abuse. I do not think I am a goddess. I do not think I am special in the way they mean. I am a person who has been targeted, terrorized, and is now documenting what has been done to me.

At the same time, some of them make it clear that they see me as a bug. Wicked. Vile. Some of them, at least, hold this view, because I do not appease them. I do not perform perverse acts to entertain them. I do not seek out random people to sleep with to provide them with wicked and unlawful entertainment. I do not do the sinful things they want me to do.

Apparently, this makes me evil in their eyes. That I can be gloomy. That I can document this darkness. That I can, at the same time, truly put my Faith in Jesus Christ and strive toward goodness and truth. That I can allow my mind to go to dark places in order to reveal more of what they do and who they are, while also thanking God for His immense grace, repenting of my sins, and holding onto my Faith.

This is the contradiction they cannot comprehend: that someone can see darkness, document it, and still belong to the light.

The False Accusation: Calling Me a Nazi

One of their favourite accusations is to call me a Nazi.

This is absurd. I do not want to see myself as above any other race or heritage. I believe in the empowerment of people and groups who have been traditionally oppressed by hypocritical wicked people. I celebrate the diversity of the society I live in. I love my heritage, but I do not see it as superior to anyone else's.

I am not someone who cares about eugenics research, and such topics disturb me, so I don't learn too much about it. I am not someone who believes in racial hierarchy. I am someone who believes that every person is made in the image of God and deserves dignity and respect.

They call me a Nazi because they are projecting. Some of them indeed harbour eugenic ideologies. They are the ones obsessed with genetics and population control. Some of them might see human beings as projects to be optimized, controlled, or discarded. They are the ones with research agendas that echo the darkest parts of history.

They accuse me of what they are.

What You Need to Understand

If you are reading this and you see documentation of me saying angry, hateful, un-Christ-like things, understand the context.

Understand that these words come after months and years of non-stop harassment. Understand that they have projected filth into my mind, induced physical sensations of violence and perversion, threatened my family, tried to break my sanity. Understand that they have pushed me to the edge again and again and again.

Understand that they are documenting my responses while hiding their own actions. Understand that they are curating a narrative where I am the villain and they are the victims.

I am not a perfect victim. I am a person who has been targeted by evil, and sometimes I respond with anger, with frustration, with words I later regret.

But I am not the abuser. I am not the one who started this. I am not the one who continues it. I am the one documenting. I am the one seeking justice. I am the one holding onto my faith in Jesus Christ despite everything.

Their Research Agendas and Geopolitical Intentions

As I continue to document, they have made known that they hope I would know less of their data and knowledge. They want me to stop revealing what they are doing. They want me to stop documenting their research agendas, their technologies, their geopolitical intentions.

But I will not stop.

What they are doing has implications beyond my individual case. They have deep state military technologies. They have research agendas that echo Nazi-era criminal projects. They have geopolitical intentions that involve war, population control, and the use of technology to terrorize and control.

These are not conspiracy theories. This is what they do. This is what they have done to me. And I am documenting it so that others know.

They have made known their war intentions. They have made known that they hope I would stop revealing what they are doing. They have made known that they want to keep their knowledge hidden, their technologies secret, their agendas concealed.

I am revealing them anyway.

A Warning to Them

They taunt me. They say things like "don't say I didn't warn you." They try to intimidate me into silence. They try to make me afraid of what they will do if I continue.

But I have a warning for them:

Repent of the sins you have committed now. Instead of exploiting Jesus Christ and faith, actually look at yourselves and what you have and what you are doing. See how you are the "better" person in this situation as an oppressor, versus me, as the oppressed. God sees, and universal evil and good exists.

Your virtue signalling will not save you. Your composite of my worst moments will not justify your evil. God knows who started this. God knows who continues it. God knows who repents and who does not.

What I Want People to Know

I want people to know that these abusers are liars. They call me a Nazi when I am the opposite. They call me a goddess when I am a survivor. They claim they are "sinning for me" when they are choosing evil for themselves.

I want people to know that their research agendas, their technologies, their geopolitical intentions are wicked. They want war. They want control. They want to use technology to terrorize and oppress.

I want people to turn away from corporations that fund this kind of research. I want people to stop spending their money on technologies that enable this kind of abuse. I want people to be aware of what is being done with the tools they think are just entertainment or convenience.

I want people to love their heritage, to celebrate diversity, to empower those who have been oppressed. I want people to live in a society where everyone is treated with dignity and respect.

And I want people to know that these abusers are not as powerful as they pretend to be. They are weak. They are pathetic. They hide behind screens and technology because they are cowards. They will not win.

My Rebuke

I rebuke all of their lies in the name of Jesus Christ.

I rebuke their accusation that I am a Nazi. I rebuke their claim that I am a Baal. I rebuke their lie that I am a goddess. I rebuke their disgusting "sin for me" narrative. I rebuke their virtue signaling. I rebuke their composite of my worst moments. I rebuke their attempt to paint themselves as victims and me as the abuser.

I declare in the name of Jesus Christ: I am a child of God. I am a follower of Jesus. I am someone who believes in the dignity and worth of every human being, regardless of race, heritage, or background.

I am not a perfect victim. I am not a saint. I have said things in anger that I am not proud of. But I repent. I turn to God. I strive toward goodness. And I am not the abuser.

I rebuke their war intentions. I rebuke their eugenic research agendas. I rebuke their technological tyranny. I rebuke every curse they have spoken against me, against my family, against my heritage, against anyone they target.

I declare that the evil they do will return to them. I declare that their secrets will be revealed. I declare that their power will not protect them from accountability. I declare that their composite of my worst moments will not justify their evil.

And I bless everyone who is targeted by such wickedness. I bless those who are being terrorized, surveilled, harassed. I bless those who feel alone, who wonder if anyone will ever believe them. I bless those whose worst moments are being weaponized against them.

In the name of Jesus Christ, my Lord and Saviour, amen.

References & Notes

Clinical References

- **Herman, J. (1992)** *Trauma and Recovery*: on how abusers manipulate context, provoke responses, and then use those responses to blame victims.
- **Stark, E. (2007)** *Coercive Control*: on how abusers create situations where victims appear volatile or unstable while hiding their own abuse.
- **Pathé, M. & Mullen, P. (1997)** *The Impact of Stalking on Mental Health*: on how victims of sustained harassment may exhibit anger and distress that can be misrepresented by abusers.

Historical References

- **Nazi Germany (1930s-1940s)** Eugenics programs included forced sterilization of hundreds of thousands of people, medical experimentation, and genocide. These practices were condemned at Nuremberg as crimes against humanity.
- **Nuremberg Code (1947)** Established ethical principles for medical experimentation, emphasizing informed consent and protection of human subjects.

Biblical References

- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 7:15-16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."
- **Galatians 6:7** "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."

- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Luke 6:28** "Bless those who curse you, pray for those who mistreat you."
- **1 John 1:9** "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness."
- **Matthew 7:1-2** "Do not judge so that you will not be judged. For in the way you judge, you will be judged; and by your standard of measure, it will be measured to you."
- **Romans 2:1** "Therefore you have no excuse, everyone of you who passes judgment, for in that which you judge another, you condemn yourself; for you who judge practice the same things."

A Statement on Behalf of My Mother

I am writing this section to speak on behalf of my mother. She has been deeply affected by everything that has happened, and I want to document her experience, her sacrifices, and the cruelty that the surveillance operators direct toward her.

Who My Mother Is

My mother immigrated to Canada with me when I was young. She came from a good, middle-income household in China. She worked hard to build a life for us. For many years, we were stable, middle-income. She worked proper office jobs. She raised me well, mostly on her own while my father worked in China to support us.

She is a private person. Introverted. Proud in the sense that she does not like asking for help, even when she needs it. She values dignity, respectability, not being looked down upon. She has worked tirelessly her entire life to provide for me and to give me a good upbringing.

And she did give me a good upbringing. I had no major traumas in my childhood. I was an average student with good grades. I had a handful of good girl friends whom I still keep in touch with. My parents supported me financially and emotionally. I was on a normal trajectory to have a normal, good life in Canada.

Her Strength and Her Righteousness

I want to be clear about something: my mother is not weak. She is not fragile. She is a strong, capable woman who has built a life across two continents.

In China, she has houses. She has estate. She has assets. She has family who love her, who support her, who would welcome her back. She could return to China and live comfortably. She could leave behind the struggles she faces here.

But she chooses to stay in Canada. She loves this country. She chose it for me, for the opportunities it offered, for the life we could build here. She believes in this country. She has invested decades of her life into being here. That is not weakness. That is conviction.

Most days, she is happy. She is decent. She is good-natured. She goes to work. She comes home. She watches her shows. She laughs with her friends. She lives her life. She is a kind woman, genuinely kind, not performatively. Gentle. Self-sacrificing. The kind of person who gives without expecting anything in return.

And here is something I need to say: **from my perspective, my mother is more righteous and decent than I am.** Truly. She is more gentle. More pure. More bright. More sunny. She is a better person than me in many ways. I am not saying this to put myself down, I am saying it because it is true. She has a goodness in her that is steady, consistent, unshakeable. She is the kind of person who makes the world brighter just by being in it.

I am grateful for her. She is not a victim. She is not helpless. She is a woman who has made choices, who has built a life, who has endured hardship and come through it. She has days of depression and anger, yes. She has moments of despair. But those are moments. They are not who she is. Who she is—is good. Is kind. Is righteous.

What I Have Done to Protect My Mother

I want to be very clear about something: I love my mother. I care about her safety. And I have taken concrete steps to protect her.

I have gone to the police multiple times. I have informed them of my concerns for my mother's safety. I have made it clear that the surveillance operators target her, that they try to destabilize her, that they fantasize about tragedy involving her.

I have informed psychologists and clinical psychologists of my concerns. I have told them what is happening. I have asked for help.

I have told people in our lives, friends, people we trust, about these realities. I am not hiding what is happening. I am not keeping her in the dark. I am building a network of people who know, who can help, who can support her if I cannot.

And I do not plan to stop. I plan to seek more help. Social services. Psychologists. Experts. Whatever it takes to protect her from these disgusting surveillance operators.

I have never wanted anything bad to happen to my mother. I have never wished her harm. I have never schemed against her. I love her.

What I Want People to Know

I want people to know that my mother is not a failure. She is a hero.

She immigrated to a new country. She worked low-income jobs to support her daughter. She provided for me when no one else could. She stayed strong when

things were hard. She is still working, still providing, still trying to hold our family together.

She is not the problem. The surveillance operators are the problem. They are the ones who try to destabilize her. They are the ones who hope she breaks.

I want people to know that she is more righteous and decent than I am. She is gentler. Purer. Brighter. Sunnier. She is a better person than me in many ways. And I am grateful for her for it.

I want people to know that she does not know everything. She does not understand what is happening to me. Her skepticism is not malice, it is ignorance. And the abusers exploit that ignorance.

I want people to know that I have done everything in my power to protect her. I have gone to the police. I have seen psychologists. I have told people in our lives. I have documented everything. I will continue to seek help, social services, experts, whatever it takes.

If you are reading this and you know my mother, or if you encounter her in any way: please be kind. She is carrying a burden she did not ask for. She is doing her best. She is not a failure. She is strong. She is loved. She is good. And she deserves to know that.

A Final Thought

My mother is not a perfect person. She is proud. She is private. She does not like asking for help. She gets frustrated. She gets angry. She does not always understand what I am going through.

But she is my mother. She raised me. She provided for me. She worked jobs that broke her body to keep us afloat. She immigrated to a new country to give me a better life. She is still here, still working, still trying.

And I love her. I look up to her. I want to be more like her.

She is strong. She is good. She is kind. She is righteous. She is more righteous than me. And she will not be broken.

References & Notes

Clinical References

- **Herman, J. (1992)** *Trauma and Recovery*: on the impact of trauma on family members and the secondary traumatization of loved ones.
- **Stark, E. (2007)** *Coercive Control*: on how abusers target family relationships and exploit family dynamics.

- **Pathé, M. & Mullen, P. (1997)** *The Impact of Stalking on Mental Health*: on the ripple effects of stalking and harassment on family members.

Biblical References

- **Proverbs 31:28** "Her children rise up and bless her; her husband also, and he praises her."
- **Exodus 20:12** "Honor your father and your mother, that your days may be prolonged in the land which the Lord your God gives you."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Psalm 34:17-18** "The Lord hears the cry of the righteous and is near to the brokenhearted."
- **Philippians 4:8** "Whatever is true, honorable, right, pure, lovely, commendable, excellent, praiseworthy, think about these things."
- **Romans 12:9** "Let love be genuine. Abhor what is evil; hold fast to what is good."

My Mother's Goodness

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I have informed psychologists and clinical psychologists of my concerns. I have told them what is happening. I have asked for help.

I have told people in our lives, friends, people we trust, about these realities. I am not hiding what is happening. I am not keeping her in the dark. I am building a network of people who know, who can help, who can support her if I cannot.

And I do not plan to stop. I plan to seek more help. Social services. Psychologists. Experts. Whatever it takes to protect her from these disgusting surveillance operators.

I have never wanted anything bad to happen to my mother. I have never wished her harm. I have never schemed against her. I love her.

What I Want People to Know

I want people to know that my mother is excellent. She is a hero.

She immigrated to a new country. She worked low-income jobs to support her daughter. She provided for me when no one else could. She stayed strong when things were hard. She is still working, still providing, still trying to hold our family together.

She is not the problem. The surveillance operators are the problem. They are the ones who try to destabilize her. They are the ones who hope she breaks.

I want people to know that she is more righteous and decent than I am. She is gentler. Purer. Brighter. Sunnier. She is a better person than me in many ways. And I am grateful for her for it.

I want people to know that she does not know everything. She does not understand what is happening to me. Her skepticism is not malice, it is ignorance. And the abusers exploit that ignorance.

I want people to know that I have done everything in my power to protect her. I have gone to the police. I have seen psychologists. I have told people in our lives. I have documented everything. I will continue to seek help, social services, experts, whatever it takes.

If you are reading this and you know my mother, or if you encounter her in any way: please be kind. She is carrying a burden she did not ask for. She is doing her best. She is not a failure. She is strong. She is loved. She is good. And she deserves to know that.

A Final Thought

My mother is not a perfect, but she is great. She is private. She does not like asking for help. She gets frustrated. She gets angry. She does not always understand what I am going through.

But she is my mother. She raised me. She provided for me. She worked jobs that broke her body to keep us afloat. She immigrated to a new country to give me a better life. She is still here, still working, still trying.

And I love her. I look up to her. I want to be more like her.

She is strong. She is good. She is kind. She is righteous. She is more righteous than me. And she will not be broken.

References & Notes

Clinical References

- **Herman, J. (1992)** *Trauma and Recovery*: on the impact of trauma on family members and the secondary traumatization of loved ones.
- **Stark, E. (2007)** *Coercive Control*: on how abusers target family relationships and exploit family dynamics.
- **Pathé, M. & Mullen, P. (1997)** *The Impact of Stalking on Mental Health*: on the ripple effects of stalking and harassment on family members.

Biblical References

- **Proverbs 31:28** "Her children rise up and bless her; her husband also, and he praises her."
- **Exodus 20:12** "Honor your father and your mother, that your days may be prolonged in the land which the Lord your God gives you."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Psalm 34:17–18** "The Lord hears the cry of the righteous and is near to the brokenhearted."
- **Philippians 4:8** "Whatever is true, honorable, right, pure, lovely, commendable, excellent, praiseworthy, think about these things."
- **Romans 12:9** "Let love be genuine. Abhor what is evil; hold fast to what is good."

1/2 On Their Tactics: What the Surveillance Operators Do with My Closest and Most Important Relationships

On Their Lies About My Mother and Me: Gaslighting, Projection, and False Memories

I need to document something even more wicked than what I have already written. As I recall these memories and write them down, the surveillance operators become more brazen. They reveal more of their evil. This post documents the lies they tell about my relationship with my mother, the false intentions they project onto me, and the disgusting comparisons they make.

The Tactic: Accusing Me of Harbouring Evil Intentions Toward My Mother

As I write this and recall my relationship with my mother, some of the surveillance operators accuse me of absolute lies about my intentions toward her.

Some of them say I secretly harbour wicked happiness that my mother, along with others, is in this situation with me. They say I am happy she is "suffering" alongside me. They say I am obsessed with "Asian gore" and violence toward attractive Asian women. They say I have intentionally done this to her. They say this is God's justice, because my mother and I are victims of their disgusting abuse, they frame it as punishment we deserve.

These are absolute lies. I have never fathomed these things. I have never thought them. Not during COVID-19. Not after. Not in New York. Not in Canada. Not toward my mother. Not toward other Asian women. Not toward their sisters, daughters, or mothers. Even now, I don't harbour these wicked intentions towards other families, and again, this is why I reiterate that I choose to never be a mom, because I am not disgusting and sick enough to not realize that would be unethical, unnecessary, and gross.

This is projection. This is gaslighting. They are trying to make sense of why someone as decent as my mother could be in such a disgusting situation with trash like them. They cannot accept that they are the cause of her suffering. So they scapegoat me. They invent a narrative where I am the reason for their presence, where I am the one who brought this evil upon us.

The Tactic: Twisting My Memories and Gaslighting My Reality

They try to twist my memories. They dig through my past and find moments they can weaponize.

Out of rage, my mother harboured frustration toward me a couple of times growing up. This is normal. Parents get angry. They discipline their children. In many cultures, including Chinese culture, this is the norm. It does not mean a child wants to kill their parent. It does not mean a parent is evil. It means families are human.

But the operators take these moments and twist them. They try to make me believe I secretly wanted to harm my mother. They try to make me believe her frustration was something darker. They try to plant false memories in my mind, memories of intentions I never had, thoughts I never harboured, feelings I never felt.

I can say in good faith: I am not sick. I do not harbour these thoughts. I do not do this to my mother. I do not do this to other Asian families. I do not do this to other Asian women. Their attempts to create disgusting false memories in me will not succeed.

The Tactic: Comparing Me to Murderers and Predators

Some of the operators compare me to evil people. They do this to justify their own abuse, to convince themselves that I deserve what they are doing. They flip the narrative depending on what serves them, sometimes I am the perpetrator, sometimes I am the victim. Either way, they use these comparisons to mock, to gaslight, and to justify their own wickedness.

The Chinese Student Case

Some of the younger men in the group have compared me to a Chinese student who was murdered in the United States by a fellow student. This case, the killing and concealment of a young Chinese woman, became infamous. The operators suggest they hope someone would do this to me. They imply I am like the victim.

But then they flip it. Sometimes they compare me to the killer instead. They imply I am dangerous, that I am capable of murder, that I am a threat to others. They project their own violence onto me.

Let me be clear: I am not a murderer. I have never killed anyone. I have never hidden a body. I have never plotted violence against anyone. I am also not a victim who deserves to be killed. I am a person. I am a daughter. I am a survivor.

They compare me to both the killer and the killed because they need a narrative where I am either a threat to be eliminated or a victim who deserves what she gets. Either way, they justify their abuse. Either way, they are the ones doing the violence.

The Australian Webcam Predator Case

They also compare me to the evil Australian creep who ran online webcam rooms where pedophiles and sadists gathered to abuse minors. They mock me, calling me that name. They believe that by subjecting me to their abuse, they can impose themselves onto me, that they can take over my mind, possess me, make me into what they are.

In this comparison, they see me as the perpetrator. They call me the predator. They say I am the one abusing minors. This is a lie. I am not a predator. I am not a pedophile. I am not a sadist. I am not the Australian webcam abuser.

But here is the truth: some of them are the ones running the "webcam rooms", projecting their own filth onto me.

What They Are Doing as I Write This

I am not the surveillance operators' victim in the way they want. I am not their perpetrator. I am not their monster. I am a person documenting their abuse. I am a daughter who loves her mother. I am a Christian holding onto faith in the middle of their evil.

Their attempts to possess me, to make me into them, will not succeed. I praise Yahweh of the light, protection, and goodness He brings us, in the name of Jesus Christ, amen.

My Rebuke

I rebuke their comparisons. I rebuke their fantasies of me being killed. I rebuke their fantasies of me being a predator. I rebuke their attempts to possess me.

I declare in the name of Jesus Christ: **I am not your victim. I am not your monster. I am not your golden prey. I am a child of God. I am a daughter who loves her mother. I am a survivor who documents. And you will not win.**

In the name of Jesus Christ, my Lord and Saviour, amen.

The Truth About My Relationship with My Mother

Let me state the truth clearly, because they are trying to rewrite it.

My mother and I have a good relationship. We have moments of frustration, as all families do. We have moments of anger, as all humans do. But we love each other. We care for each other. We are both decent people trying to do our best in difficult circumstances.

My mother is more righteous than me. She is gentler, purer, brighter, sunnier. She is a better person than me in many ways. I look up to her. I want to be more like her.

I have never wanted anything bad to happen to her. I have never been happy that she is suffering. I have never plotted against her. I have never schemed to harm her. I have gone to the police to protect her. I have sought help to protect her. I have documented everything to protect her.

Their lies about me are projections of their own evil. They are the ones who harbour sadistic happiness at our suffering. They are the ones obsessed with violence toward women. They are the ones who have done this to us. They are the ones who need to justify their own wickedness by inventing a narrative where we deserve it.

The Deeper Pattern: Why They Do This

There is a pattern to their lies. They need to believe that I am evil. They need to believe that I want what they are doing to me. They need to believe that my mother and I deserve this.

If they believed the truth—that we are decent people who have done nothing to deserve this—then they would have to face what they are. They would have to see themselves as abusers, as cowards, as evil. They cannot do that. So they invent a story where I am the villain.

They scour my past for any moment they can twist. They find teenage angst and call it murderous intent. They find normal parental frustration and call it abuse. They find a movie I watched or a manga I read and call it obsession. They take fragments and build a false narrative to justify their cruelty.

This is what abusers do. This is what cults do. This is what gaslighters do. They rewrite reality to make themselves the victims and their targets the villains.

My Rebuke

I rebuke every lie they have told about me.

I declare in the name of Jesus Christ: I am a child of God. I am a daughter who loves her mother. I am a victim of your abuse, not the cause of it. Your lies will not define me. Your projections will not become true. Your attempts to possess me will fail.

I declare that the evil they do will return to them. I declare that their lies will be exposed. I declare that their false narrative will crumble.

And I bless my mother. I bless her with protection, with peace, with healing. I bless her with the truth, that she is not at fault, that she is not to blame, that she is a good woman who deserves none of this.

In the name of Jesus Christ, my Lord and Saviour, amen.

References & Notes

Case References

Case	Details
The Murder of a Chinese Student in the United States	In recent years, there have been high-profile cases of Chinese students murdered while studying abroad.
The Australian Webcam Predator	There have been cases of Australian predators running online webcam rooms where pedophiles and sadists gathered to abuse minors.

Cult Tactics Reference

Cults and abusive groups commonly:

- Rewrite the victim's history to fit their narrative
- Plant false memories and twist real ones
- Project their own evil onto the victim
- Compare the victim to infamous criminals to justify abuse
- Gaslight the victim into questioning their own intentions and character

These tactics are well-documented in cult literature (Hassan, 1988; *Combatting Cult Mind Control*; Lalich, 2004; *Bounded Choice*; Singer, 1995; *Cults in Our Midst*).

Clinical References

- **Herman, J. (1992)** *Trauma and Recovery*: on gaslighting, false memory implantation, and how abusers rewrite reality.
- **Stark, E. (2007)** *Coercive Control*: on how abusers create false narratives to justify their abuse.
- **Pathé, M. & Mullen, P. (1997)** *The Impact of Stalking on Mental Health*: on how victims are falsely portrayed as dangerous or deserving.

Biblical References

- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 7:15–16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."
- **Galatians 6:7** "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Luke 6:28** "Bless those who curse you, pray for those who mistreat you."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."
- **Proverbs 26:2** "Like a sparrow in its flitting, like a swallow in its flying, a curse without cause does not alight."

2/2 On Their Tactics: What the Surveillance Operators Do

This post documents the specific tactics the surveillance operators use against me and my mother. I document these not for sensationalism, but because they reveal who they are and what they do.

What the Surveillance Operators See

Not all of the surveillance operators specifically target my mother. But some of them, a few of them, are glad. They are glad that they can target someone like her. A decent, kind, gentle woman. A woman who is not greedy, not corrupt, not cruel.

But here is what I need to say to those among them who might claim they are "decent": if you really care, why don't you just stop? Why don't you end the surveillance? Why don't you tell my mother what is actually happening? Why don't you let her know the truth?

What They Wanted: My Suicide and My Parents' Confusion and Suffering

I need to document something that has been on my mind throughout this entire ordeal.

In the beginning, they wanted me to commit suicide. That was their goal. They pushed and pushed, hoping I would break, hoping I would end my life. And if I had, if I had succeeded, what would have happened?

My parents would have been left behind. They would have had no idea what actually happened to me. They would have been told it was mental illness. They would have been told it was suicide. They would have lived the rest of their lives in confusion, in grief, in the agony of not knowing why their daughter died.

They would have suffered. They would have blamed themselves. They would have wondered what they did wrong. And the operators would have gotten away with it. They would have destroyed me and left my parents in darkness.

This is who they are. This is what they wanted.

My parents love me. They love me a lot. They have supported me my entire life. They have sacrificed for me. They have believed in me. And the operators wanted to take that away from them. They wanted to take me away and leave my parents with nothing but questions.

That is evil. That is cruelty beyond what most people can imagine.

The Tactic: Accusing Me of Lying as I Write

As I write this section, the surveillance operators accuse me of lying. They say I am fabricating, exaggerating, making things up. This is what cults do. This is what abusers do. They try to undermine the credibility of the victim. They try to make you question yourself. They try to make you believe that no one will believe you.

But I am not lying. Every word I write is true. Every detail I document is real. And their accusations of lying are just another tactic, another attempt to destabilize, to gaslight, to control.

The Tactic: Targeting My Connection with My Mother

The surveillance operators target my relationship with my mother because they know it is one of the most important connections in my life. This is what cults do. They target the good relationships. They try to weaken the bonds between people who genuinely care for each other. They try to isolate the victim from the people who love them.

My mother and I have a good relationship. We are not perfect. We have moments of frustration, of anger, of misunderstanding. But we love each other. We care for each other. We are both decent people trying to do our best in difficult circumstances. And from my perspective, she is the better one. She is the more righteous one. She is the one I look up to.

The operators try to exploit every moment of tension. They try to amplify every disagreement. They try to turn fleeting frustration into permanent resentment. They try to make me see my mother as an enemy rather than an ally. They try to make me

jealous of her, jealous of her goodness, her brightness, her steadiness. They try to plant thoughts of attacking her.

This is disgusting. This is vile. This is what abusers do when they cannot break you directly, they try to break the people around you. They try to destroy the relationships that sustain you.

The Tactic: Using Teenage Moments Against Me

As if that were not enough, they dig through my past. They find moments from my teenage years, fleeting moments of angst, of sarcasm, of words spoken in frustration without meaning. They take these moments and twist them. They claim that these words reveal my true intentions. They say that because I said something angry as a teenager, I must secretly want to harm my mother.

This is evil. This is gross.

Every teenager says things they do not mean. Every teenager has moments of frustration, of anger, of dramatic words spoken in the heat of the moment. These moments do not define who a person is. They do not reveal secret intentions. They are just noise, the noise of a young person trying to figure out who they are.

The operators know this. But they do not care. They use these moments to justify their own wickedness. They say they are cursing me, ritualizing violence because it is "justice." They say it is because I secretly want to do these things.

I do not. I have never wanted anything bad to happen to my mother. I love her. I want her to be safe. I want her to be happy. I want her to be blessed. I want to be more like her, more gentle, more pure, more bright.

Jesus Christ is my Lord and Saviour. He is also my mother's Lord and Saviour. I want us to be blessed. I want us to have goodness, love, protection, peace. That is what I truly want. That is what I pray for.

The Tactic: Infantilizing Me

The operators infantilize me. They try to see me as a child. They have made disgusting implications about our relationship, suggesting that if my mother were removed, it would be easier to exploit and destroy my normalcy. This is vile. This reveals who they are and what they think about.

I am almost thirty years old. I am not a child. My mother is not an obstacle to be removed. Their fantasies about destroying the bond between us are sickening.

The Tactic: Projecting Their Own Evil onto Me

They project their own wickedness onto me. They accuse me of the very things they do. They say I am evil, I am cruel, I am the one doing these things. They say I am happy my mother is suffering. They say I am obsessed with violence toward women. They say I am the predator, the abuser, the monster.

This is projection. This is what abusers do. They cannot face their own evil, so they paint it onto their victim. They need to believe that I am what they are—because if I am not, then they have to face what they have done.

I am not their projection. I am not their evil. I am not their monster. I am a victim documenting their abuse. I am a daughter who loves her mother. I am a Christian holding onto faith in the middle of their evil.

My Rebuke

I rebuke every tactic they have used against me and my mother.

I rebuke their desire for my suicide. I rebuke their fantasies of my parents living in confusion and grief. I rebuke their accusations that I am lying. I rebuke their targeting of my relationship with my mother. I rebuke their twisting of my teenage moments. I rebuke their infantilization of me. I rebuke their projection of their own evil onto me.

I declare in the name of Jesus Christ: **You will not have me. You will not have my mother. You will not break us. You will not destroy what we have.**

I declare that their tactics will fail. Their curses will return to them. Their evil will not prevail.

I belong to God. My mother belongs to God. We are protected. We are seen. We will not be broken.

In the name of Jesus Christ, my Lord and Saviour, amen.

References & Notes

Cult Tactics Reference

Cults and abusive groups commonly use tactics including:

- Isolating the victim from supportive family
- Creating conflict between the victim and family members
- Exploiting moments of tension to drive a wedge
- Portraying the family as enemies or obstacles
- Infantilizing the victim to create dependency
- Planting ideas of jealousy, resentment, or hatred toward loved ones
- Projecting their own evil onto the victim
- Accusing the victim of lying to undermine credibility
- Using past moments out of context to create false narratives

These tactics are well-documented in cult literature (Hassan, 1988; *Combatting Cult Mind Control*; Lalich, 2004; *Bounded Choice*; Singer, 1995; *Cults in Our Midst*).

Clinical References

- **Herman, J. (1992)** *Trauma and Recovery*: on gaslighting, false memory implantation, and how abusers rewrite reality.
- **Stark, E. (2007)** *Coercive Control*: on how abusers target family relationships and exploit family dynamics.
- **Pathé, M. & Mullen, P. (1997)** *The Impact of Stalking on Mental Health*: on how victims are falsely portrayed as dangerous or deserving.

Biblical References

- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 7:15–16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."
- **Galatians 6:7** "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Luke 6:28** "Bless those who curse you, pray for those who mistreat you."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."
- **Proverbs 26:2** "Like a sparrow in its flitting, like a swallow in its flying, a curse without cause does not alight."

On Their Tactics: Mockery, Grooming, and False Accusations

This post documents the specific tactics the surveillance operators use to mock, to groom, and to falsely accuse. I document these not for sensationalism, but because they reveal who they are and what they do.

The Tactic: Mocking and Infantilizing

The operators mock me using infantilized voices, the kind of voices adults use when pretending to be minors. They use perverse connotations while doing so. They try to reduce me to a minor while simultaneously projecting adult perversions onto me. This is a documented tactic of psychological abuse: infantilizing the victim to create vulnerability while attempting to corrupt them to create shame and confusion.

In response to these grotesque projections, I have found ways to protect my own mental health. I imagine these corrupted, demonic caricatures, these things that are not real minors but grotesque projections, as enemies in a video game. I imagine destroying them, like demonic zombies, to keep myself sane and healthy.

Why would I not destroy these fake, corrupted projections in my imagination? They are not real minors. They are not healthy representations of anything good. They are weapons my abusers use against me. Destroying them in my imagination is self-protection. It is not violence toward real children. It is refusing to let their filth take root in my mind.

They accuse me of being demonic for this. But from my perspective, I am protecting myself. I am keeping myself sane. I am refusing to let their projections define me or control me.

Clinical Reference: Victims of organized harassment and psychological torture often develop coping mechanisms to manage intrusive imagery. Visualization techniques, including imagining the destruction of intrusive images, can be a form of cognitive self-defense (Herman, 1992; *Trauma and Recovery*).

The Tactic: Grooming Through Unclear States of Mind

The operators deliberately try to put me in a state they call "zui", that is, drunken, unclear, not in my right mind. They want to lower my cognitive defenses so that I might do things I would never allow in my right state of mind. They force unwanted sensations onto me, and then they try to use those moments as leverage, to groom, to make me complicit, to make me believe that because I experienced something, I must have wanted it.

This is the psychology of grooming. This is how abusers operate. They get victims into a state where they are not in control. They force unwanted experiences onto them. Then they try to make them believe that the experience reveals something about their own desires. They use shame and confusion to create silence and compliance.

I rebuke this. I will not be groomed. I will not be forced to like what I hate. I will not be made complicit in their evil through confusion or altered states. Their attempts to break my mind will not succeed.

Clinical Reference: Grooming is a well-documented process by which abusers gradually gain trust and manipulate victims into accepting abuse. Tactics include creating dependency, forcing unwanted experiences and then normalizing them, isolating the victim from support systems, and using altered states (sleep deprivation, confusion, disorientation) to lower resistance (Salter, 1995; *Transforming Trauma*; Lanning, 2010; *Child Molesters: A Behavioral Analysis*).

The Tactic: Accusing Me of Having "the Mind of a Pedophile"

Now they accuse me of having "the mind of a pedophile." They say that because I document what they do, because I call out their disgusting tactics, I must be the one who thinks these thoughts.

Let me be clear about who I am:

I am a researcher documenting abuse. I am someone observing and calling out behaviour that should be called out. I am not the one doing these things. I have never harmed a minor. I have never wanted to harm a minor. I have no interest in harming minors. I made the decision a while ago not to have children, a decision I

made before the harassment began, and one that I have only become more certain of since.

Their accusations are lies. They are projections. The psychological term for this is projection, a defense mechanism where individuals attribute their own unacceptable thoughts, feelings, or impulses to another person. The operators accuse me of having "the mind of a pedophile" because they are the ones with these fixations. They are the ones projecting those images into my mind. They are the ones who think these thoughts, and then they accuse me of being inside their mind because I document what they do.

They cannot stand that I see them. They cannot stand that I call them out. So they try to make me into them.

I am not them. I have never been them. I will never be them.

Clinical Reference: Projection is a well-documented defense mechanism (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*). In abusive contexts, abusers frequently project their own unacceptable impulses onto their victims, creating a false narrative that serves to justify their abuse and confuse the victim's sense of self (Herman, 1992; *Trauma and Recovery*).

What They Are Really Doing

They create blatant lies about me and my thoughts toward minors. They invent narratives that have no basis in reality, no basis in my actions, no basis in my intentions.

They do this because they have nothing else. They cannot compete on merit. They cannot compete on character. So they try to destroy what they cannot have.

Their accusations are aimed at a target that does not exist. I am not a mother. I will never be a mother. I made that decision long ago. So their accusations about my thoughts toward minors, while false, do not land in the way they hope. They are trying to hit something that is not there.

My Rebuke

I rebuke their mockery. I rebuke their infantilization. I rebuke their attempts to groom me through unclear states of mind. I rebuke their false accusations that I have "the mind of a pedophile."

I declare in the name of Jesus Christ:

I am not your monster. I am not your project. I am not your victim to be groomed. I am a daughter who loves her mother. I am a survivor who documents. I am a researcher who calls out evil.

Their lies will not define me. Their attempts to make me into them will not succeed.

I have made my choices. I know who I am. I know what I have done and what I have not done. I know my intentions. And I know that God sees the truth, even when they try to bury it in lies.

In the name of Jesus Christ, my Lord and Saviour, amen.

References & Notes

Clinical References on Grooming

Grooming is a process by which abusers gradually gain trust and manipulate victims into accepting abuse. Tactics include:

- Creating dependency and confusion
- Forcing unwanted experiences and then normalizing them
- Isolating the victim from support systems
- Using altered states (substances, sleep deprivation, confusion) to lower resistance

These tactics are well-documented in literature on abuse, cult coercion, and organized harassment (Salter, 1995; *Transforming Trauma*; Lanning, 2010; *Child Molesters: A Behavioral Analysis*).

On Projection

Projection is a defense mechanism where individuals attribute their own unacceptable thoughts, feelings, or impulses to another person. The operators accuse me of having "the mind of a pedophile" because they are the ones with these fixations. They project their own evil onto me (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*).

On Coping with Intrusive Imagery

Victims of organized harassment and psychological torture often develop coping mechanisms to manage intrusive imagery. Visualization techniques, including imagining the destruction of intrusive images, can be a form of cognitive self-defense (Herman, 1992; *Trauma and Recovery*).

Biblical References

- Isaiah 54:17 "No weapon that is formed against you will succeed."
- Psalm 7:15-16 "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."
- Galatians 6:7 "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."
- Psalm 27:1 "The Lord is my light and my salvation; whom shall I fear?"
- Luke 6:28 "Bless those who curse you, pray for those who mistreat you."

- Proverbs 26:2 "Like a sparrow in its flitting, like a swallow in its flying, a curse without cause does not alight."

On Nations, Health, and the Wickedness of Those Who Wish Harm on Other

There is a broader dimension to this abuse that I need to document. It is not just about me. It reveals something about the people doing this and the worldview they hold.

The Colonial Roots of Their Privilege

The people targeting me are not just random individuals. They are products of a history that goes back centuries, a history of colonialism, conquest, and extraction. The United States was built on land stolen from Indigenous peoples, through genocide and forced removal. It was built on the labor of enslaved Africans, whose suffering created wealth that still flows through generations. It was built on systems of exploitation that continue to this day.

Some of these individuals have made it clear that their roots trace back to these colonial histories. They speak with the entitlement of those who have always been on top. They act as if the world belongs to them, as if others exist to serve them, as if their power is natural and deserved.

This is not ancient history. The wealth that funds their technology, the privilege that protects them, the sense of superiority that animates them, all of it comes from systems of oppression that have never been fully dismantled. They are the inheritors of stolen land, stolen labour, stolen futures. And they use that inheritance to terrorize someone who has none of it.

The Hypocrisy of Those Who Claim Superiority

Their hypocrisy is staggering. They speak of justice while perpetrating injustice. They claim moral superiority while engaging in cruelty. They hide behind their privilege while terrorizing someone who has no power to fight back.

They are the descendants of colonizers who believed they had the right to take what was not theirs. They are the inheritors of slaveholders who believed they had the right to own human beings. They are the beneficiaries of systems designed to keep certain people on top and everyone else beneath them.

And what do they do with this inheritance? They use it to stalk, to harass, to terrorize. They use it to project vile fantasies onto an innocent woman. They use it to try to break her mind, to destroy her life, to leave her parents in darkness.

This is what their "superiority" produces. This is what their privilege enables. This is what centuries of unearned power create: cruelty dressed up as justice, violence disguised as virtue, evil pretending to be good.

What I See in the World

When I look at the world, I see patterns. I see places where resources are distributed more equitably, where communities care for each other, where people look out for one another. I see places where the wealth gap is not as extreme, where people are not left behind.

I see nations that are still healing from the wounds of colonialism. I see people who are rebuilding what was taken from them. I see communities that choose empathy over greed, kindness over cruelty, love over hate.

And I see the people who hate that. I see the people who want to destroy what they cannot have. I see the people who would rather burn everything down than see others thrive. I see the inheritors of colonial violence who cannot stand that somewhere else, people are building something better.

The surveillance operators are jealous. They see other nations, other communities, other ways of living—ways that are more empathetic, more community-oriented, more caring. And instead of learning from that, they try to destroy it. They try to induce war. They try to spread curses. They try to sway global rhetoric to destabilize places that are doing better than their own.

This is not patriotism. This is not justice. This is envy weaponized. This is the logic of colonialism turned inward, if we cannot have it, no one can.

Why I Focus on These Specific Individuals

I want to be clear: I am not making a statement about any nation as a whole. I am not saying one country is superior to another. I am observing the behaviour of specific individuals who happen to come from a particular class and background, individuals who are the inheritors of colonial history, who have access to technologies and resources that most people do not, who use those advantages to terrorize others.

They are products of systems that have done immense harm in the world. Colonialism. Genocide. Slavery. Exploitation. Injustice. Hypocrisy. They benefit from these systems. They are protected by these systems. And they use the power these systems give them to target someone who has no such protection.

This is not about where they are from. It is about who they are and what they do. It is about the systems they represent and the privilege they abuse. It is about a history that continues to shape the present, that continues to produce people who believe they have the right to take, to destroy, to harm.

A Reflection on What I See

I am not making claims about any nation being superior. I am observing patterns. I see places where resources are distributed more equitably, where people are healthier, where communities are stronger. I see places where the wealth gap is not as extreme, where people are not left behind.

And I see the people who hate that. I see the people who want to destroy what they cannot have. I see the people who would rather burn everything down than see others thrive.

These are the people targeting me. They are not just targeting one woman. They represent something larger, a sickness that wants to spread, a cruelty that wants to destroy what it cannot control. They are the inheritors of colonial violence, and they are still acting out that violence on anyone they can reach.

Their Obsession with Appearance and Status

Some of the surveillance operators are obsessed with appearance. They make comments about looks, their own, their targets', others'. They threaten to escalate harassment based on perceived attractiveness, adjusting their tactics depending on how they judge someone's appearance.

Not all of them share this fixation with vanity. Some among them remain impartial, or at least attempt to look beyond surface appearances to consider intent, character, and the reality of what is being done. But those who do engage in appearance-based tactics reveal something about themselves: they judge worth by superficial standards. They believe that appearance determines how a person should be treated. They calibrate their cruelty based on how they perceive someone's looks.

This reveals who they are: people who use the most shallow measures to decide how much harm they will do. They have made wishes, spoken or implied, that others would become gross, disgusting, ugly. They have expressed hope that their targets would deteriorate, would become something they could more easily dismiss or degrade.

These wishes will not come to fruition. Their fixation on appearance does not define the people they target. It defines them.

Their superficiality is a reflection of their own emptiness. Their weaponization of vanity reveals the poverty of their character. Their wishes for deterioration and decay are curses that have no power over those who do not accept them. These things are reflections of the people who hold them, not prophecies that will come to pass.

Their fixation on appearance cannot touch those who refuse to be defined by it. A person is not defined by how they are seen. A person is defined by who they are, by intentions, by actions, by faith. These are things that appearance-based cruelty cannot reach.

The wishes they make will return to them. Their cruelty will not succeed against those who stand in truth.

My Rebuke

I rebuke their obsession with appearance and status. I rebuke their vanity weaponized as warfare. I rebuke their jealousy of communities that care for each other, of places where people are not left behind.

I rebuke the systems that produced them, the colonialism, the genocide, the slavery, the exploitation, the injustice, the hypocrisy. I rebuke the privilege they abuse, the power they wield unlawfully, the harm they do to the vulnerable.

I rebuke the colonial logic that says some people are born to rule and others to serve. I rebuke the entitlement that tells them they can take what is not theirs, destroy what they cannot have, harm those who have done them no wrong.

I declare in the name of Jesus Christ:

You will not destroy what you cannot have. You will not curse what you cannot control. Your war will not succeed. Your cruelty will not define the future. The systems that produced you will not protect you. The history that gave you privilege will not save you from accountability.

I bless the communities that care for each other. I bless the places where people are not left behind. I bless those who choose empathy over greed, kindness over cruelty, love over hate. I bless the work of healing, of building, of creating something better than what came before. I bless the nations that are still healing from colonial wounds. I bless the people who are rebuilding what was taken from them.

In the name of Jesus Christ, my Lord and Saviour, amen.

References & Notes

On Colonial History of the United States

The United States was founded on land stolen from Indigenous peoples through centuries of genocide, forced removal, and broken treaties. The economic foundation of the nation was built on the labour of enslaved Africans, whose suffering created wealth that still flows through generations. Systems of racial hierarchy, land theft, and exploitation were codified into law and continue to shape American society today. These are not ancient grievances—they are ongoing injustices that have never been fully addressed.

The individuals targeting me are inheritors of this history. Some have made it clear that their roots trace back to colonial settlers. They speak with the entitlement of those who have always been on top. They act as if the world belongs to them. This is not a coincidence. It is the logic of colonialism, the belief that some people are born to rule and others to serve, still operating in the present.

On Privilege and Accountability

Privilege that comes from historical injustice is not something to be defended. It is something to be examined, confronted, and dismantled. The people targeting me use their privilege to harm others. They believe their position protects them from accountability. It does not. No amount of wealth, technology, or inherited power can shield anyone from the truth of what they have done.

Observations on Global Health and Inequity

- The United States has one of the highest wealth gaps among developed nations, with the top 1% owning a disproportionate share of national wealth.
- Many nations have stronger social safety nets, better public health outcomes, and higher levels of social trust.
- Research shows that societies with lower inequality have better health outcomes, higher life expectancy, and stronger community bonds (Wilkinson & Pickett, 2009; *The Spirit Level*).

Biblical References

- **Proverbs 14:34** "Righteousness exalts a nation, but sin is a disgrace to any people."
- **Micah 4:3-4** "They will beat their swords into plowshares and their spears into pruning hooks. Nation will not take up sword against nation, nor will they train for war anymore. Everyone will sit under their own vine and under their own fig tree, and no one will make them afraid."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Amos 5:24** "Let justice roll down like waters, and righteousness like an ever-flowing stream."
- **James 2:1-4** "My brothers and sisters, do not hold your faith in our glorious Lord Jesus Christ with an attitude of personal favoritism. For if a man comes into your assembly with a gold ring and dressed in fine clothes, and a poor man also comes in dressed in dirty clothes, and you pay special attention to the one who is wearing the fine clothes... have you not made distinctions among yourselves, and become judges with evil motives?"
- **Micah 6:8** "He has told you, O man, what is good; and what does the Lord require of you but to do justice, to love kindness, and to walk humbly with your God?"

On Power, Control, and the Attempt to Rewrite My Reality

Their Obsession with Power

The surveillance operators are obsessed with power. This is evident in everything they do. They have access to technology that most people cannot imagine, and they use it not for good but to terrorize. They believe that having this technology justifies using it. They believe that their position, whatever it is, gives them the right to intrude on lives, to project filth into minds, to try to break people.

This is not power. This is pathology. A person who believes they are justified to spy on others simply because they have the capability is not powerful. They are unwell. They are narcissists who have mistaken access for authority, technology for righteousness.

Their obsession with power reveals itself in how they try to control the smallest details of daily life. They cannot simply observe. They must influence. They must manipulate. They must make their presence felt in every decision, every habit, every ordinary act.

The Tactic: Policing Minor Details

Consider something as simple as skincare. I use a face serum for acne and dark spots. It is a normal product, used by countless people for normal reasons. The operators call it "baby elixir." They use this term to imply something corrupt, a reference to the fluids of infants, a suggestion that my use of this product reveals some hidden obsession with youth or something darker.

When I continue to use the serum, because it is expensive, because it helps my skin, because there is nothing wrong with using it, they claim this is evidence of mental illness. They say my persistence proves an obsession. They twist a normal act of self-care into something pathological.

They do the same with food. I eat normal human food. But if a food has a certain shape or colour, they attribute it to something corrupt, genitals, bodily fluids, things that have nothing to do with what I am actually consuming. They try to flood my mind with their disgusting associations. They try to make me see what they see, to think what they think, to be disgusted by what is ordinary.

This is not about the serum or the food. This is about control. They want to insert themselves into every aspect of my life. They want to make me doubt my own choices. They want to make me feel that nothing I do is neutral, that every action is subject to their interpretation, that they have a say in how I live.

The Tactic: Using Reflection Against Me

When I reflect on how cruel, manipulative, and gross they are, they twist this too. They claim that my reflection is "sowing doubt" over my own character and my love for Jesus Christ. They try to make me believe that thinking critically about their abuse is a sign of weakness, that questioning what they do is a failure of faith.

This is obvious mind washing. God gave me a mind. God expects me to use it. God does not demand blind acceptance of abuse. The ability to reflect, to discern, to see evil for what it is, these are gifts, not flaws.

The operators do this because they see that I am not prone to mind washing. They see that I am not easily manipulated. So they try to gain traction through these small

things, the serum, the food, the reflection, hoping that if they cannot break me directly, they can at least make their presence felt in every corner of my life. They want to feel relevant. They want to believe they are playing a part in my decisions.

They are not.

What I Know to Be True

I know I am not like them. I know this because I do not do what they do. I do not project perverse images onto others. I do not try to control people through shame and disgust. I do not stalk, harass, or terrorize.

If someone were doing normal things and some disgusting pervert cursed them with death and hell images, told them they were thinking of these things, the sane response is not to change your habits. The sane response is to recognize that the problem is not with you. It is with them.

Jesus Christ already died for my sins. He also died for the sins of those who try to influence my life. I do not have to change for them. I live according to my own standards, my own values, my own relationship with God. I am not doing the disgusting things they imagine. I am not a bully. I am not a cursed presence in others' lives. So what do I care what these enemies think?

The False Narrative They Construct

Some of them are convinced, or claim to be convinced, that when I was twelve years old, I touched a baby's genitals and then licked my finger. This is why they are obsessed with trying to get me to visualize baby abuse, toddler abuse, child abuse. This is why they imply they are using my image in their perverse creations. This is why they call me a "rag doll," a masochist, someone who likes being treated this way.

This is a lie. It is a lie they have constructed to justify their own evil. They need to believe that I am somehow complicit in their abuse. They need to believe that I deserve what they do. So they invent a story from my childhood, a story that has no basis in reality, and use it to explain why they are doing what they are doing.

Let me be clear: I do not remember any such thing. I have no memory of this. There is no evidence of this. There is no pattern in my life that would suggest this. What exists is their obsession, their projection, their need to make me into something I am not.

What They Hope to Achieve

They hope that I will become mentally ill enough to not care. They hope that I will become so broken that I allow them to get away with crimes against humanity, crimes against God, crimes against basic decency. They hope that their obsession with certain women, women they believe like being treated like shit, will be validated. They hope that their delusions, their inability to read signals and emotions, their lack of basic human decency, will be rewarded.

They hope to make me seem like the complicit victim. The one who asked for it. The one who wanted it. The one who is secretly like them.

I am not.

What the Evidence Shows

You cannot find actual people in my real life who would say these things about me. Children, youth, older people alike, none of them would say I do what the operators do. None of them would say I have ever treated anyone the way I am being treated. Even online, as far as I am aware, I have not treated people this way. The worst I can say about my online history is that I browsed 4chan during my teenage years, and even that I feel grossly guilty about.

But guilt about being a teenager on the internet is not evidence of being a predator. It is evidence of being a teenager on the internet.

What I Will Do

I will go to the police. I will go to intelligence agencies in Canada and China. I will go to legitimate professionals who can help. I will go on social media if I need to. I will cancel people if that is what it takes. I will get restraining orders against anyone who treats me or others this way in real life.

I will not let them mind-wash me into silence. I will not become so mentally ill that I stop caring. I will not allow them to get away with crimes against humanity, against God, against the basic dignity of human beings.

Their obsession with Jesus Christ is a cruel joke. It is a slap in His face. It is an act of desecration and wickedness. They claim to care about faith while doing the most faithless things imaginable. They project their own perversions onto me while pretending to be righteous.

I will not let them.

A Final Reflection

I write this not because I think my inner psychology is fascinating. I write this because I know what it is like to be made to feel that every small thing you do is being watched, judged, twisted. I write this because I know what it is like to be told that your ordinary habits are evidence of pathology. I write this because I know what it is like to have people try to insert themselves into your life, your mind, your decisions, and to be told that resisting is a sign of illness.

If you are experiencing something similar, you are not alone. You are not crazy. You do not have to change for them.

God knows who you are. God sees the truth. And God is not fooled by people who twist ordinary things into weapons.

Hold onto your faith. Hold onto your sanity. Hold onto the truth of who you are. Do not let them rewrite your reality.

My Rebuke

I rebuke their obsession with power. I rebuke their attempts to control the small details of my life. I rebuke their twisting of normal acts into something perverse. I rebuke their lies about my childhood. I rebuke their hope that I will become mentally ill and complicit.

I declare in the name of Jesus Christ:

I am not your creation. I am not your fantasy. I am not your victim to be broken. I am a daughter who loves her mother. I am a survivor who documents. I am a human being who will not let you win.

Their lies will not define me. Their attempts to rewrite my reality will not succeed. Their need to believe I am complicit will not become true.

I know who I am. I know what I have done and what I have not done. I know my intentions. And I know that God sees the truth, even when they try to bury it in lies.

In the name of Jesus Christ, my Lord and Saviour, amen.

References & Notes

On Power and Control

The obsession with controlling minor details of a victim's life is a documented tactic in coercive control and cult abuse. Abusers seek to insert themselves into every aspect of the victim's existence—what they eat, what they wear, how they care for themselves—to create a sense of constant surveillance and dependency (Stark, 2007; *Coercive Control*; Hassan, 1988; *Combatting Cult Mind Control*).

On False Narratives and Projection

Abusers frequently construct false narratives about their victims' past to justify their abuse. This serves multiple purposes: it gives the abuser a sense of moral justification, it confuses the victim about their own history, and it creates a framework in which the abuse appears as "justice" rather than cruelty (Herman, 1992; *Trauma and Recovery*).

Biblical References

- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 7:15–16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."
- **Galatians 6:7** "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."
- **Romans 12:2** "Do not be conformed to this world, but be transformed by the renewing of your mind."
- **Philippians 4:8** "Whatever is true, honourable, right, pure, lovely, commendable, excellent, praiseworthy, think about these things."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"

A Disclaimer After Reading

I am aware that this blog, and especially posts like this one, may seem too self-obsessed. I am aware that most people are not interested in the nitty-gritty details of someone else's inner psychology, their daily habits, or the minute ways abusers try to manipulate them. I am aware that reading about someone else's struggle with harassment and psychological warfare can feel uncomfortable, excessive, or even self-indulgent.

But I write this anyway.

I write this because I believe these experiences are more relatable than people realize. I write this because there are others out there, maybe reading this, who are going through similar things. Who are being gaslit. Who are being told that their normal habits are evidence of pathology. Who are being made to feel that every small choice is subject to the judgment of people who have no right to judge them.

I write this because documenting how to combat this wickedness while holding onto faith in Jesus Christ is valuable. I write this because healing and normalcy are possible, and sometimes seeing someone else's path through the darkness helps light the way for others.

If this post feels too detailed, too focused on me, I understand. Skip it. But if you are someone who has been made to feel that your ordinary life is being scrutinized, that your choices are being twisted into evidence against you, that your sanity is being questioned by people who have no right to question it, then maybe something here will help. You are not alone. You are not crazy. And you do not have to change for them.

Why I Pray: On Deliverance, Protection, and the Name of Jesus Christ

A Disclaimer on the Prayers You Will Find in These Posts

If you have been reading my blog, you have noticed that I embed prayers, blessings, and rebukes throughout my posts. I call on the name of Jesus Christ. I declare protection in His name. I rebuke evil in His name.

To some, this may seem strange. To others, it may seem ridiculous or laughable, like the ramblings of someone religious, perhaps schizophrenic, perhaps creepy or freaky. I understand how it looks. I understand that in a secular age, invoking the name of Jesus can be dismissed as superstition, delusion, or worse.

But I need to explain why I do this. Not to convince anyone of anything, but to be honest about what I am facing and what sustains me.

What I Faced Before I Prayed

I was not always this vocal about my faith. Before I went to New York, before I experienced what this cult did to me, I was not particularly spiritual or religious. I believed in God, yes. I had some sense of faith. But I was not someone who prayed constantly, who called on Jesus in every moment of distress, who understood the spiritual dimensions of what I was up against.

Then I encountered people who are immensely knowledgeable in esoteric and occult knowledge. People with ties to Freemasonry, to secret societies, to traditions that go back centuries. People who use that knowledge not for good but for harm.

I learned something that disturbs me deeply: people with worldly power are often obsessed with spiritual knowledge. They do not rely on science alone. They know, or believe they know, that there are forces beyond the material world. And they use that knowledge to manipulate, to control, to terrorize.

I learned this because they used it on me.

The Occult Dimensions of What I Face

The surveillance operators do not just use technology. They use rituals. They use curses. They use spiritual practices rooted in false gods, in satanism, in witchcraft, in what the Old Testament calls "abominations." They have called me a "Baal", the false god associated with child sacrifice in ancient Canaan. They treat me as an idol they have set up in secret, projecting their own wickedness onto me, performing rituals around me without my consent.

This is not metaphor. This is what they do, and what they'r still adamant about forcing.

They believe there are divine consequences to their actions. They believe that by targeting people of different nations and races, particularly nations from South

Americans, Eastern Europeans, underprivileged Americans, Chinese Canadians like me (and attempt to recruit more people of different races and nations, these days with focus on East Asians), they can sway God's judgment. They believe that if they sacrifice children, exploit women, traffic human beings, they can make God angry at other nations. They believe that by making the innocent suffer, they can redirect divine wrath onto the families and peoples of their victims.

This is why you hear about elites in Washington D.C., in powerful families, being exposed as child molesters, rapists, human traffickers. This is why the Epstein files, Pizzagate, and other revelations keep surfacing. These are not isolated incidents. They are symptoms of something older, something organized, something that has been hidden for generations.

The people doing this to me are connected to these networks. They are part of old, powerful American elite families with ties to the occult, to Freemasonry, to secret societies that have operated for centuries. They recruit victims from different nations and races, minors, women, vulnerable people, and subject them to rituals of abuse, to child sacrifice, to idol worship. They do this to corrupt, to control, to redirect spiritual consequences onto others.

They did this to me and my family without our consent, without our knowledge. And they believe they can get away with it. They believe they have done it to others before and will do it to others again.

Why I Call on the Name of Jesus Christ

In the face of this, science is not enough. Technology is not enough. Human justice is not enough. I am not dismissing any of these, I work with law enforcement, I document evidence, I seek professional help. But I also know that what I am facing has a spiritual dimension. And I know that the only name that has power over these things is the name of Jesus Christ.

I call on His name because He is the true God. He is not a false idol. He is not a projection of human wickedness. He is the one who defeated death, who conquered sin, who has authority over every principality and power. When I pray in His name, I am not performing a ritual. I am aligning myself with the one who has already won.

I call on His name because I need deliverance. I need protection. I need to be cleansed from the filth they project into my mind, the curses they speak over my life, the rituals they perform around me. His name is the only thing that has consistently worked. When I pray, when I declare His protection, when I rebuke their evil in His name, something shifts. The weight lifts. The darkness recedes. I am reminded that I belong to Him, not to them.

I call on His name because I am a sinner who needs grace. I am not perfect. I have done things I regret. I have said things I am not proud of. But Jesus died for my sins. His grace covers me. And no amount of their curses, their rituals, their false worship can undo what He has done.

The Biblical Foundation

The Old Testament speaks of curses that fall on those who set up idols in secret. In Deuteronomy, the tribes of Israel stood on Mount Ebal and pronounced curses on specific acts of wickedness. One of those curses is:

> *"Cursed is the man who makes an idol or a cast metal image, an abomination to the Lord, the work of the hands of a craftsman, and sets it up in secret."* - **Deuteronomy 27:15 (NASB)**

The operators accuse me of being a Baal. They treat me as an idol set up in secret. They project their own idolatry onto me. But the curse is on them. They are the ones who have set up idols, their technology, their power, their false gods. They are the ones who practice abominations in secret. And the curse of Deuteronomy rests on their heads, not mine.

The New Testament speaks of the power of Jesus' name:

> *"Therefore God exalted Him to the highest place and gave Him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth."* - **Philippians 2:9-10 (NIV)**

When I pray in Jesus' name, I am invoking the name that is above every other name. Not Baal. Not the gods of Freemasonry. Not the occult powers they worship. Jesus. The name that makes every knee bow. That is why I pray. That is why I rebuke. That is why I call on Him.

What I Want You to Know

If you are reading this and you are not religious, I understand if this seems strange. I understand if you dismiss it. But I need you to know that what I am facing has dimensions that go beyond the material. I need you to know that the people doing this to me believe in spiritual forces, and they use that belief to harm. I need you to know that I have found protection not in science alone, not in technology, not in human justice alone, but in the name of Jesus Christ.

If you are reading this and you are a Christian, I want you to know that faith is not weakness. Praying is not passivity. Declaring the name of Jesus in the face of evil is an act of resistance. It is how we fight. It is how we survive. And it works.

If you are reading this and you are someone who has been targeted by similar evil, by occult abuse, by ritual harassment, by people who use spiritual knowledge to harm, I want you to know that you are not alone. There is a name that has power over these things. There is a God who sees what is done in secret. There is deliverance. There is protection. Call on Him.

The Accusation That I Am Like Them

The operators accuse me of being like them. They say that because I document what they do, because I reveal their secrets, because I name their wickedness, I must be one of them. They try to make me complicit. They try to make me believe that their evil is somehow mine.

I am not like them. I do not set up idols in secret. I do not perform rituals on unwilling victims. I do not traffic human beings. I do not sacrifice children. I do not worship false gods. I do not use spiritual knowledge to harm.

I document. I reveal. I pray. I call on the name of Jesus. I ask for protection. I seek justice. I hold onto faith.

That is not what they do. That is the opposite of what they do.

Why I Will Keep Praying

I will keep praying because it works. I will keep declaring the name of Jesus because it has power. I will keep rebuking their evil because it is what I am called to do.

I will keep writing these prayers into my posts because they are not decoration. They are not performance. They are the way I survive. They are the way I stay sane. They are the way I hold onto the truth in the middle of lies, onto goodness in the middle of evil, onto light in the middle of darkness.

If that seems strange to you, I understand. But I hope that if you ever find yourself in a situation where the darkness is too thick, where the lies are too loud, where the evil is too close, you will find something to hold onto too. For me, it is Jesus.

My Prayer

Lord Jesus Christ, I call on Your name. You are the name above every name. You are the one who defeated death, who conquered sin, who has authority over every principality and power.

Protect me from the evil that surrounds me. Cleanse me from the filth they project into my mind. Deliver me from the curses they speak over my life. Break the rituals they perform without my consent.

I declare in Your name: **No weapon formed against me will succeed. Every curse spoken against me will return to the one who spoke it. Every idol set up in secret will be revealed. Every evil done in darkness will be brought to light.**

I belong to You. I am not their idol. I am not their Baal. I am not their victim to be broken. I am Your child. I am a daughter who loves her mother. I am a survivor who documents. I am a witness to the truth.

In Your name, Jesus Christ, I pray. Amen.

References & Notes

On Deuteronomy 27:15 and the Curse on Secret Idolatry

In Deuteronomy 27, the tribes of Israel stood on Mount Ebal and pronounced curses on specific acts of wickedness. The first curse is: "Cursed is the man who makes an idol or a cast metal image, an abomination to the Lord, the work of the hands of a craftsman, and sets it up in secret." The operators accuse me of being a Baal, an idol set up in secret. They project their own idolatry onto me. But the curse rests on those who set up idols, not on the one they idolize without consent.

On the Name of Jesus

Philippians 2:9-11 declares that God exalted Jesus and gave Him the name above every name, that at the name of Jesus every knee should bow. This is the foundation of Christian prayer and spiritual warfare: the name of Jesus has authority over all other powers, whether earthly or spiritual.

On Occult Abuse and Secret Societies

The phenomenon of organized ritual abuse connected to elite networks, secret societies, and occult practices has been documented by researchers, survivors, and journalists. Cases such as the Epstein files, the Franklin scandal, and the revelations of ritual abuse in elite circles point to patterns that span decades. The individuals targeting me are connected to these networks and use both technology and occult practices to terrorize their victims.

Biblical References

- **Deuteronomy 27:15** "Cursed is the man who makes an idol or a cast metal image, an abomination to the Lord, the work of the hands of a craftsman, and sets it up in secret."
- **Philippians 2:9-11** "Therefore God exalted Him to the highest place and gave Him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **John 8:32** "You will know the truth, and the truth will set you free."
- **Ephesians 6:12** "For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places."
- **1 John 4:4** "Greater is He who is in you than he who is in the world."

- **Romans 8:38-39** "For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers, nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord."

On Vanity, Education, and the Lies Told to the Young

A Warning About What Matters and What Does Not

There is something I need to say about the world we live in, about how young people are being raised, and about the lies that are told to them. This is not separate from what I have documented. The surveillance operators exploit these lies. They weaponize them. And they are glad when whole cultures, including Western, South American, Central and East Asian nations, fall into the traps of vanity and superficiality.

The Lie Told to the Young

There is a lie being told to young people today. It is told through media, through social platforms, through advertising, through the constant pressure to be seen, to be liked, to be attractive. The lie is this: your worth is in your appearance. Your value is in how others see you. Your success is in the attention you receive.

This lie makes young people narcissistic and vain. It teaches them that their bodies are products to be marketed, their faces are brands to be curated, their youth is a commodity to be spent. It encourages young women, especially, to pimp themselves out, not literally always, but spiritually. To perform. To pose. To become objects of consumption rather than subjects of their own lives.

This is not freedom. This is bondage. It is a sway away from God, away from righteous living, away from the things that actually matter.

What Actually Matters

God does not look at the outside. Scripture is clear on this. When Samuel was sent to anoint a king, he looked at Eliab's appearance and thought, "Surely the Lord's anointed is before Him." But the Lord said:

> *"Do not look at his appearance or at the height of his stature, because I have rejected him; for God sees not as man sees, for man looks at the outward appearance, but the Lord looks at the heart."* - **1 Samuel 16:7 (NASB)**

What matters is the heart. What matters is character. What matters is decency, righteousness, responsibility, kindness, integrity. These are not things you can filter. These are not things you can curate. These are things you build over a lifetime,

through discipline, through humility, through turning away from the self and toward God.

The obsession with appearance, with youth, with superficial beauty, this is a distraction. It is a trap. It takes your eyes off what lasts and fixes them on what fades.

How the Operators Exploit This

The surveillance operators know this lie. They exploit it. They encourage it. They are glad when young women, of all races, all nations, are raised to believe that their value is in their looks. Because a woman who believes her worth is in her appearance is easier to manipulate. A woman who has been taught to seek validation from others is easier to control. A woman who has never been taught to value her own character, her own mind, her own relationship with God, she can be broken.

The operators use this against their victims. They comment on appearance. They threaten to escalate harassment based on looks. They send conventionally attractive people to confuse and disarm. They understand that vanity is a vulnerability. They exploit it.

They are especially glad when East Asian nations fall into this trap. They see the generational patterns, the obsession with youth, with beauty standards, with superficial markers of worth, and they use it. They know that a culture that teaches its young to focus on appearance is a culture that has already been weakened. They know that a people who are taught to worship themselves are a people who have already forgotten God.

This needs to be critiqued. It needs to be warned against. Not because East Asian nations are uniquely guilty, this is a global problem, but because there is a lie being told, and it is harming the young everywhere.

The Consequences of Vanity

When you teach young people to focus on appearance, you teach them to ignore the heart. When you teach them to seek attention, you teach them to ignore responsibility. When you teach them to value youth, you teach them to fear aging. When you teach them to worship themselves, you teach them to forget God.

This is not freedom. It is slavery. It produces generations of people who are anxious, depressed, empty, because they have built their identity on something that cannot last. Beauty fades. Youth ends. Attention moves on. What remains is character. What remains is the state of your heart. What remains is your relationship with God.

God sees this. God judges this. Not because He is cruel, but because He is good. He knows that vanity destroys. He knows that self-worship is a dead end. He knows that a life spent chasing appearance is a life wasted.

> *"Charm is deceitful and beauty is vain, but a woman who fears the Lord, she shall be praised."* - **Proverbs 31:30 (NASB)**

What Young People Need

Young people need to be educated properly. They need to be taught that their worth is not in their appearance. They need to be taught that their value is not in the attention they receive. They need to be taught that the most important things, character, integrity, kindness, Faith, are built over time, not curated overnight.

They need to be taught to look inward, not outward. To examine their hearts, not their faces. To seek God, not the approval of strangers.

This is not about being anti-beauty. There is nothing wrong with taking care of yourself. There is nothing wrong with wanting to look nice. But when appearance becomes identity, when looks become worth, when youth becomes the only value, that is when the lie has taken root.

Young people need to be taught that they are more than their bodies. They are souls. They are minds. They are hearts. They are children of God. And they are loved not because of how they look, but because of who they are.

A Critique of All Cultures

I am not singling out East Asian nations. Every culture has its own version of this lie. In the West, young people are taught to commodify themselves through social media, to perform for likes, to build brands out of their faces. In East Asia, there is a generational obsession with beauty standards, with youth, with superficial markers of success. These are different expressions of the same lie.

We need to critique this wherever it appears. We need to warn young people, of all races, all nations, that the path of vanity is a path away from God. It is a path toward emptiness. It is a path that the powerful exploit, the wicked manipulate, and the foolish follow to their own destruction.

What the Operators Hope

The operators hope that young people will continue to be raised this way. They hope that the lies will persist. They hope that the next generation will be just as vain, just as self-obsessed, just as easy to manipulate. They hope that women, especially, will continue to believe that their worth is in their looks, because that makes them easier to break.

They are wrong. The truth is being told. The critique is being made. And there are young people who are waking up, who are turning away from vanity, who are seeking something deeper.

My Prayer

Lord, protect the young from the lies being told to them. Protect them from the narcissism and vanity that the world offers. Protect them from those who would exploit their appearance, their youth, their insecurity.

Teach them that their worth is not in their looks, but in their hearts. Teach them that their value is not in the attention they receive, but in the love they give. Teach them that the most important things are not the things that fade, but the things that last, character, integrity, kindness, faith.

Help them to see the trap of vanity. Help them to resist the pressure to perform. Help them to build lives that are righteous, decent, responsible, faithful.

And protect them from the operators who would exploit their weakness. Protect them from those who would use their insecurities against them. Protect them from the lies that are told to the young.

In the name of Jesus Christ, amen.

References & Notes

On Appearance and the Heart

- **1 Samuel 16:7** "Do not look at his appearance or at the height of his stature, because I have rejected him; for God sees not as man sees, for man looks at the outward appearance, but the Lord looks at the heart."
- **Proverbs 31:30** "Charm is deceitful and beauty is vain, but a woman who fears the Lord, she shall be praised."

On Vanity and Its Consequences

The Bible consistently warns against vanity, pride, and the pursuit of superficial worth. These warnings are not about rejecting beauty or self-care, but about understanding what truly holds value in the eyes of God.

- **Ecclesiastes 1:2** "Vanity of vanities, says the Preacher, vanity of vanities! All is vanity."
- **1 Peter 3:3-4** "Your beauty should not be outward adornment... but it should be that of your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight."
- **Psalm 39:11** "Surely every man is a mere breath."

On Education and Righteous Living

The importance of proper education, one that forms character rather than merely imparting skills, is emphasized throughout Scripture. Young people are to be taught wisdom, discipline, and the fear of the Lord.

- **Proverbs 22:6** "Train up a child in the way he should go, even when he is old he will not depart from it."
- **Deuteronomy 6:6-7** "These words, which I am commanding you today, shall be on your heart. You shall teach them diligently to your sons and daughters."
- **Proverbs 1:7** "The fear of the Lord is the beginning of knowledge; fools despise wisdom and instruction."

On the Exploitation of Vanity

The surveillance operators exploit cultural patterns of vanity and appearance obsession. This is a documented tactic of coercive control and psychological abuse: using a person's insecurities, their cultural conditioning, and their desire for approval to manipulate and harm (Stark, 2007; *Coercive Control*).

Biblical References

- **1 Samuel 16:7** God looks at the heart, not outward appearance.
- **Proverbs 31:30** Charm is deceitful and beauty is vain; the woman who fears the Lord is to be praised.
- **Ecclesiastes 1:2** All is vanity.
- **1 Peter 3:3-4** The unfading beauty of a gentle and quiet spirit is of great worth to God.
- **Proverbs 22:6** Train up a child in the way he should go.
- **Deuteronomy 6:6-7** Teach wisdom diligently to your children.
- **Proverbs 1:7** The fear of the Lord is the beginning of knowledge.
- **Matthew 6:19-21** Do not store up treasures on earth, where moth and rust destroy, but store up treasures in heaven. For where your treasure is, there your heart will be also.
- **Galatians 5:22-23** The fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control.

Curiosity, Toxicity, and the Complexity of Being Young Online

There is something I need to address. The surveillance operators have been trying to build a case against me based on things I did as a teenager, things that millions of young people did, things that do not define who I am, things that have nothing to do with the person I am today.

They want to cancel me. They want to reduce me to a few websites. They want to make me into a caricature, a "4channer," a "redditor," a "Pepe," an "incel," a "killer." They want to take the worst things I have ever done, the most embarrassing phases of my adolescence, and make them the whole story of my life.

This is what the surveillance operators do. They take fragments and build a false narrative. They ignore the complexity of human existence. They forget that people grow, that people change, that people are more than the sum of their worst moments.

I am writing this to set the record straight.

How I Ended Up on Those Websites

I browsed some of these websites out of curiosity. That is the truth of it. I was a teenager, and I was curious about what people said when they thought no one was watching. I wanted to understand the outer reaches of human expression, the places where people went when they were anonymous, the things they said when they felt they could say anything.

I did not discover these websites on my own. I was introduced to them through suggestions from others in high school. I am not going to blame anyone else, I made my own choices. But in retrospect, I feel ashamed that I ever browsed these sites at all.

Youth have too much curiosity. When that curiosity is anchored in toxic spaces online, it can lead to bad trajectories. In my situation, and in many others, the best remedy was to stop going on these websites cold turkey. I have not been on them since 2023, ever since I returned from New York to Canada. I avoid them because I know how toxic and traumatizing they can be.

It is already uncomfortable enough to admit these things. But it is what it is.

What I Actually Did Online

When I was a teenager, I watched certain YouTubers, including Pewdiepie, iDubbz, Pink Guy, Leafy, H3H3, etc. I saw definitions of weird words on Urban Dictionary. I occasionally browsed Reddit and 4chan. I was a lurker, mostly on the blue boards. I was curious about what people said when they were anonymous, when they felt they could say anything. I read things with sarcasm and skepticism. I did not take most of it seriously.

I was a teenager browsing the internet, curious about the fringes of human expression, exposed to humour that was too crude, too offensive, designed to shock and traumatize.

I am not proud of this. I feel guilty about it. But my teenage curiosity was not evil. It was not proof of a dark soul. It was a young person trying to understand the world, trying to see what people thought when they thought no one was watching.

The Complexity of These Spaces

Not everyone on these websites is terrible. Sometimes you find decent, interesting people there. But I still harbour absolute embarrassment and regret about going on these sites. It was unnecessary. In retrospect, I think: why do these websites have to exist at all?

It is uncomfortable to think that decent people who lack critical thinking and brain development would go on these sites thinking they are grown up and cool, and then be traumatized afterwards. That is kind of what happened with me. Thankfully, no one can force you to go on these terrible sites. Young people should be warned to avoid these places, explaining why, how it is not cool to be traumatized or to force yourself to see scary things online.

That said, I can understand the psychology behind it. Some of the people who end up on these sites are angry, bullied, or outcast. They are looking for a place where they can get their angst and anger out, where they can find others they can at least relate to. People who have been hurt often seek out spaces where they can express their pain, even in destructive ways.

The Positive Side: What I Learned from Gabriella Coleman

Despite the toxicity, I also saw something else in these spaces. I saw the potential for whistleblowing, for activism, for people coming together to expose injustice. This is what initially drew me in. I was inspired by the book *Hacker, Hoaxer, Whistleblower, Spy: The Many Faces of Anonymous* by Gabriella Coleman.

Gabriella Coleman is an anthropologist who studies hacker cultures. She is now a full professor at Harvard University. Her work focuses on the politics and cultures of hacking, online activism, and communities like Anonymous and 4chan. What I found compelling about her work is that she does not simply dismiss these spaces as vile. She takes them seriously. She understands that they are complex, that they contain both terrible things and moments of genuine political significance.

How Anonymous Went After the Church of Scientology

One of the first major operations that brought Anonymous into the public eye was Project Chanology, launched in January 2008. It started when the Church of Scientology issued copyright violation claims to have an exclusive interview with Tom Cruise removed from YouTube. The removal was seen by Anonymous as an act of internet censorship.

In response, Anonymous launched what they called "Project Chanology." They began with distributed denial-of-service (DDoS) attacks against Scientology websites. But the movement quickly evolved. Within weeks, Anonymous shifted to legal, nonviolent methods.

On February 10, 2008, over 7,000 Anonymous members from more than 100 cities across the globe gathered in front of Scientology churches to protest. This marked

the first time Anonymous organized an action that took place offline, people in Guy Fawkes masks, standing in public, demanding accountability. A second wave of protests followed on March 15, L. Ron Hubbard's birthday, drawing another 7,000 protesters worldwide.

The protests were documented constantly by participants, both to protect themselves legally and to control how their actions were represented. Anonymous also launched campaigns to expose Scientology's recruitment tactics, flagging deceptive Craigslist ads and working to inform the public about the church's practices.

How Anonymous Targeted Corporations and Government

Anonymous's activism extended far beyond Scientology. In September 2010, the group launched Operation Payback, targeting organizations that opposed file-sharing or that had cut off financial services to WikiLeaks. The targets included the Recording Industry Association of America (RIAA), the Motion Picture Association of America (MPAA), Visa, MasterCard, Bank of America, and the law firms that had pursued legal action against The Pirate Bay.

The attacks used software called the Low Orbit Ion Cannon (LOIC) to flood websites with traffic until they crashed. But beyond the technical disruption, what mattered was the message: Anonymous was standing up against what they saw as corporate censorship and the financial strangulation of whistleblowers.

In December 2011, Anonymous hacked the servers of Stratfor, a Texas-based geopolitical intelligence firm often called the "Shadow CIA." They obtained five million emails and handed them over to WikiLeaks. The leaked emails revealed how corporations like Dow Chemical and Coca-Cola used Stratfor to gather intelligence on activist groups like PETA and to monitor the fallout from disasters like Bhopal.

The Human Side: Hackers as Complex People

What struck me most about Coleman's work was how she humanized the people behind the masks. She spent years building relationships with hackers, attending their conferences, chatting with them in IRC, and eventually interviewing some who were in federal penitentiaries.

She writes about Jeremy Hammond, a hacker who was serving a ten-year sentence for breaking into Stratfor's servers. She describes the moment in 2011 when Hammond told her in an IRC chat that he was "about to rm-fm a major target", in Linux terms, about to erase a hard drive. Minutes later, she saw a tweet from another Anonymous member announcing the hack of Stratfor.

She also documents the story of Sabu (Hector Monsegur), a prominent Anonymous hacker who was arrested by the FBI and became a government informant, eventually helping to convict others, including Hammond. Coleman navigates the moral complexity of these stories without reducing anyone to a simple villain or hero.

Coleman describes the hackers she studied as "complex, diverse, politically and culturally sophisticated people." She writes about their ethics, their humour, their internal conflicts, and their genuine commitment to transparency and accountability.

What I Took from Those Spaces

As a teenager, I was drawn to the idea that people could come together anonymously to challenge power, to expose secrets, to hold the powerful accountable. Coleman's book shows that these spaces, as toxic as they could be, also produced moments of real political significance.

This is not to romanticize Anonymous. Coleman herself acknowledges that their actions were often messy, contradictory, and sometimes harmful. But she also argues that trickster figures, for all their flaws, can impart lessons, expose underlying problems, and function as forces for social renewal. She describes Anonymous using the archetype of the trickster, a figure from mythology who is not clean or savory, but who can be vital for social renewal.

I found that tension compelling. The same spaces that produced cruelty also produced whistleblowers. The same culture that indulged in shock humour also took on the Church of Scientology, exposed corporate misconduct, and stood up for transparency.

That complexity is something the surveillance operators refuse to acknowledge. They want to reduce me to a caricature, a "4channer," a "Pepe," something stuck in time. They ignore everything else: my education, my volunteering, my research, my growth. They ignore the fact that I left those spaces years ago and have not looked back.

If anything, my history with 4chan and my interest in Anonymous should make one thing clear: I am not aligned with the surveillance operators. Many of my values place me in opposition to them.

Some of the people targeting me are Scientologists. Others are connected to the very corporations and government entities that Anonymous targeted in the past. They represent the kind of power Anonymous sought to expose, institutions that operate in secrecy, that abuse their position, that believe they are above accountability.

I do not stand with them. To be clear, my knowledge of Anonymous is limited. I was aware of them a decade ago, and at the time, based on what I understood, I was drawn to what I perceived as their willingness to challenge power and expose wrongdoing. Looking back, I think it is worth taking seriously the values and motivations that drove people to participate in those actions, even if the methods were sometimes controversial or the outcomes complex.

I am not in a position to endorse everything Anonymous has done, nor do I have a comprehensive understanding of what they currently represent. But I do think there is something worth considering in the impulse to stand against institutions that operate without accountability, that abuse their power, that cause harm without consequence. That impulse, to expose, to hold accountable, to resist, is not one I am ashamed of.

The surveillance operators are the opposite of that. They possess significant technological and institutional power, and they use it to terrorize individuals. They

operate with anonymity and privilege, relying on systems that most people cannot access. They are not exposing injustice. They are perpetuating it.

I do not stand with them. I stand with the principle of accountability, with the impulse to resist unchecked power. Whatever my limited knowledge of Anonymous may be, I would rather align with those principles than with the people doing this to me.

Why I No Longer Go There

I have not been on the websites once (aside from Reddit) since 2023. I stopped cold turkey.

But I do not pretend that these spaces are "evil". They are complicated. They contain both darkness and light. They have given us whistleblowers and activists, but they have also given us radicalization and cruelty. They are spaces where broken people go to express their pain, sometimes destructively, sometimes productively.

Regardless of whether you are curious or a psychologist or someone trying to understand the world, I would still say: avoid these places. Have professionals study them with empathy, but ideally, these spaces should not exist in the form they do. And yet, I recognize the positive aspects, the free speech, the whistleblowing, the things that would not otherwise be exposed. It is a tension I hold.

What They Try to Make of It

The operators take my teenage curiosity and twist it. They speak to me in infantilized voices. They try to bombard me with acoustics, as if I am still trapped in the cesspool of 4chan and Reddit. They hope to cancel me, to call me a "4channer," a "Pepe," a "robot", something stuck in time. They want to compare me to the worst stereotypes of anonymous internet culture.

Some of them try to ignore everything else. They ignore my values and person-hood. They ignore my family and friends. They ignore my Faith. They ignore the people in my life who know me. They ignore the research I have done. They ignore the fact that I lived through COVID-19, that I have worked real jobs, that I have relationships with real people who love me.

Some of them want to reduce me to a few websites, to compare me or try to turn me to a killer, an incel, a monster, a case instance of someone who once lurked 4chan. They want to say that because I was curious as a teenager, I deserve to be treated this way.

This is a lie. It is a lie they tell to justify what they are doing to me.

What I Actually Think About Those Who Post There

I have come to understand that a lot of the rage-fuelled posters on those websites are not posting from a right state of mind. They could be suffering. They are angry. They have been bullied, harassed, traumatized. They are lashing out because they have been hurt. This does not excuse cruelty, but it explains it. It reminds me that people are complex. People have reasons for what they do, even when what they do is wrong.

I have empathy and sympathy for them now, just as I did as a teenager.

Because I have been traumatized. I have been harassed. I have been pushed to the fringes of my sanity by people who have no right to do what they do. And I know what it is like to be angry, to want to lash out, to feel like the world is against you.

This is why I cannot judge people based on their worst moments. This is why I cannot judge people who are not in their right state of mind.

My Privilege and My Gratitude

I live in Canada. I have access to law enforcement, to healthcare, to education. I have people in my life who love me. I have a community, even when I feel alone. I have the freedom to speak, to write, to document, to seek justice.

Even now, as I reveal the injustice I experience, I cannot say I feel like a true victim. Not because what is happening to me is not real, it is. But because I know that there are people in the world who have it so much tougher. People who are constrained by their social strata, by their social circles, by their work. People who cannot speak. People who cannot fight back. People who are trapped.

My freedom in Canada is truly immense. My ability to not be forced into politically or socially constrained positions is a privilege I do not take for granted. To go my own way, to live outside "the system" in the ways that matter, to have the space to be myself, this is not something most people in the world have.

What I Believe Politically

I would most closely identify as a democratic socialist. I believe in systems that care for the vulnerable, that distribute resources more equitably, that ensure no one is left behind.

What They Still Hope For

Even now, the operators hope I will become mentally ill. They hope for a collapse, quick, total, undeniable. They want to point to that collapse and call it prophecy fulfilled.

In April 2024, they used their technology in an attempt to destroy me. I am still here. I am still writing. I am still documenting. Whatever they believe they accomplished, it did not hold. Their predictions have already failed.

They use terms like "lol" or "loli." They borrow language from 4chan, "lul" to signify breakdown, "1" to mark me as their first "3" they found. They want to invoke imagery from Japanese anime and cartoons, infantilized and perverse. These are their categories. These are the boxes they try to put me in.

I do not belong in them, nor do I support and stand against their activities of cruelty, obsession with wealth and capital, and war mongering. I am not their first. I am a person with a life that cannot be reduced to their terminology.

Who They Really Are

Some of them are toxic. Some of them are cruel. They call me a hypocrite while doing what they do. They are connected to American secret society networks, old families, young operatives (some my age, younger, older), men and women alike. Their goal is to frighten, to destabilize, to break.

They accuse me of narcissism. They tell me I am worse than them. They call me a hypocrite. They tell me I should feel worthless. They want me to make bad decisions, to become miserable, to become unattractive. They tell me to die. They say they will watch me to the end.

They target my relationships, with my parents, with my friends. They hope people will hate me. They hope people will not believe me. They hope I turn against my parents and they turn against me. They hope I become poor, isolated, broken.

This is not about me. This is about what they lack. Their cruelty comes from emptiness. Their obsession comes from envy. They have nothing of substance in their own lives, so they try to destroy what others have.

My Response

I will not be reduced to a few websites. I will not be defined by the worst moments of my teenage years. I will not be cancelled by their lies. I will not become the fantasy they want me to be.

I am not what they say. I am someone who has grown, who has changed, who has learned. I am a daughter who loves her mother. I have Faith in Jesus Christ. I am a survivor who documents. I am a Canadian who understands the privilege of living in a free country. I am a person, complex, sometimes contradictory, trying to do what is right.

They want to reduce me, and I pray that Jesus Christ will not allow them to succeed in their wicked intentions.

References & Notes

On Gabriella Coleman and Anonymous

Gabriella Coleman is an anthropologist and professor at Harvard University whose work focuses on hacker cultures, online activism, and communities like Anonymous and 4chan. Her book *Hacker, Hoaxer, Whistleblower, Spy: The Many Faces of Anonymous* (Verso, 2014) is a landmark ethnographic study of the Anonymous movement. She argues that Anonymous operates as a "trickster" figure—messy, chaotic, often offensive, but capable of exposing injustice and challenging power. Coleman's work shows that these spaces are complex, containing both darkness and moments of genuine political significance.

On Project Chanology

Project Chanology was launched in January 2008 after the Church of Scientology attempted to remove a Tom Cruise interview from YouTube. Anonymous responded with DDoS attacks, then shifted to nonviolent protests. On February 10, 2008, over 7,000 protesters gathered in 100 cities worldwide, marking Anonymous's first offline action. A second wave of protests followed on March 15. The campaign exposed Scientology's practices, including deceptive recruitment tactics on Craigslist.

On Operation Payback

From September 2010 to January 2011, Anonymous conducted Operation Payback, targeting organizations that opposed file-sharing or cut off financial services to WikiLeaks. Targets included the RIAA, MPAA, Visa, MasterCard, Bank of America, and law firms involved in pursuing The Pirate Bay. The attacks used DDoS software called Low Orbit Ion Cannon (LOIC).

On the Stratfor Hack and WikiLeaks Partnership

In December 2011, Anonymous hacked Stratfor, a geopolitical intelligence firm nicknamed the "Shadow CIA," obtaining five million emails. They partnered with WikiLeaks to release "The Global Intelligence Files," which exposed how corporations used Stratfor to gather intelligence on activist groups.

On Judgment and Complexity

- **Matthew 7:1-2** "Do not judge so that you will not be judged."
- **James 4:12** "There is only one Lawgiver and Judge; who are you to judge your neighbor?"

On Growth and Change

- **2 Corinthians 5:17** "If anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."
- **Philippians 3:13-14** "Forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal."

On Privilege and Gratitude

- **1 Corinthians 4:7** "What do you have that you did not receive?"
- **Psalm 103:2** "Bless the Lord, my soul, and do not forget all His benefits."

On Those Who Wish Harm

- **Proverbs 24:17-18** "Do not rejoice when your enemy falls."
- **Psalm 7:15-16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made."

Biblical References

- **Isaiah 54:17** No weapon formed against you will succeed.
- **Psalm 27:1** The Lord is my light and my salvation.

The Importance of Praying: On Faith, Deliverance, and the Name of Jesus Christ

I have embedded prayers, blessings, and rebukes throughout my blog. I call on the name of Jesus Christ. I declare protection in His name. I rebuke evil in His name.

To some, this may seem strange. To others, it may seem ridiculous, the ramblings of someone religious, perhaps schizophrenic, perhaps creepy. I understand how it looks.

But I need to explain why I do this. Not to convince anyone of anything, but to be honest about what sustains me.

What I Faced Before I Prayed

I was not always this vocal about my faith. Before I went to New York, before I experienced what this cult did to me, I was not particularly spiritual. I believed in God, yes. I had some sense of faith. But I was not someone who prayed constantly, who called on Jesus in every moment of distress.

Then I encountered people who are deeply knowledgeable in esoteric and occult practices. People with ties to secret societies, to traditions that go back centuries. People who use that knowledge not for good but for harm.

I learned something that disturbs me: people with worldly power are often obsessed with spiritual knowledge. They do not rely on science alone. They know, or believe they know, that there are forces beyond the material world. And they use that knowledge to manipulate, to control, to terrorize.

I learned this because they used it on me.

The Occult Dimensions of What I Face

The surveillance operators do not just use technology. They use rituals. They use curses. They use spiritual practices rooted in false gods, in what the Old Testament calls "abominations." They have called me a "Baal", the false god associated with child sacrifice in ancient Canaan. They treat me as an idol they have set up in secret.

This is not metaphor. This is what they do.

They believe there are divine consequences to their actions. They believe that by targeting people of different nations and races, they can sway God's judgment. They believe that by making the innocent suffer, they can redirect divine wrath onto the victims.

This is why you hear about elites in powerful families being exposed as child molesters, rapists, human traffickers. These are not isolated incidents. They are symptoms of something older, something organized, something that has been hidden for generations.

They did this to me and my family without our consent, without our knowledge. And they believe they can get away with it.

Why I Call on the Name of Jesus Christ

In the face of this, science is not enough. Technology is not enough. Human justice is not enough. I am not dismissing any of these, I work with law enforcement, I document evidence, I seek professional help. But I also know that what I am facing has a spiritual dimension. And I know that the only name that has power over these things is the name of Jesus Christ.

I call on His name because He is the true God. He is not a false idol. He is not a projection of human wickedness. He is the one who defeated death, who conquered sin, who has authority over every principality and power. When I pray in His name, I am aligning myself with the one who has already won.

I call on His name because I need deliverance. I need protection. I need to be cleansed from the filth they project into my mind, the curses they speak over my life, the rituals they perform around me. His name is the only thing that has consistently worked. When I pray, when I declare His protection, when I rebuke their evil in His name, something shifts. The weight lifts. The darkness recedes.

I call on His name because I am a sinner who needs grace. I am not perfect. I have done things I regret. I have said things I am not proud of. But Jesus died for my sins. His grace covers me. And no amount of their curses, their rituals, their false worship can undo what He has done.

The Biblical Foundation

The Old Testament speaks of curses that fall on those who set up idols in secret. In Deuteronomy, the tribes of Israel pronounced curses on specific acts of wickedness. One of those curses is:

> *"Cursed is the man who makes an idol or a cast metal image, an abomination to the Lord, the work of the hands of a craftsman, and sets it up in secret."* - **Deuteronomy 27:15 (NASB)**

The operators accuse me of being a Baal. They treat me as an idol set up in secret. They project their own idolatry onto me. But the curse is on them. They are the ones who have set up idols—their technology, their power, their false gods. They are the ones who practice abominations in secret. And the curse of Deuteronomy rests on their heads, not mine.

The New Testament speaks of the power of Jesus' name:

> *"Therefore God exalted Him to the highest place and gave Him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth."* - **Philippians 2:9–10 (NIV)**

When I pray in Jesus' name, I am invoking the name that is above every other name. Not Baal. Not the gods of secret societies. Not the occult powers they worship. Jesus. The name that makes every knee bow. That is why I pray. That is why I rebuke. That is why I call on Him.

What I Want You to Know

If you are reading this and you are not religious, I understand if this seems strange. I understand if you dismiss it. But I need you to know that what I am facing has dimensions that go beyond the material. I need you to know that the people doing this to me believe in spiritual forces, and they use that belief to harm. I need you to know that I have found protection not in science alone, not in technology, not in human justice alone, but in the name of Jesus Christ.

If you are reading this and you are a Christian, I want you to know that faith is not weakness. Praying is not passivity. Declaring the name of Jesus in the face of evil is an act of resistance. It is how we fight. It is how we survive. And it works.

If you are reading this and you are someone who has been targeted by similar evil, by occult abuse, by ritual harassment, by people who use spiritual knowledge to harm, I want you to know that you are not alone. There is a name that has power over these things. There is a God who sees what is done in secret. There is deliverance. There is protection. Call on Him.

My Prayer

Lord Jesus Christ, I call on Your name. You are the name above every name. You are the one who defeated death, who conquered sin, who has authority over every principality and power.

Protect me from the evil that surrounds me. Cleanse me from the filth they project into my mind. Deliver me from the curses they speak over my life. Break the rituals they perform without my consent.

I declare in Your name: **No weapon formed against me will succeed. Every curse spoken against me will return to the one who spoke it. Every idol set up in secret will be revealed. Every evil done in darkness will be brought to light.**

I belong to You. I am not their idol. I am not their Baal. I am not their victim to be broken. I am Your child. I am a daughter who loves her mother. I am a survivor who documents. I am a witness to the truth.

In Your name, Jesus Christ, I pray. Amen.

References & Notes

On Deuteronomy 27:15 and the Curse on Secret Idolatry

In Deuteronomy 27, the tribes of Israel stood on Mount Ebal and pronounced curses on specific acts of wickedness. The first curse is: "Cursed is the man who makes an idol or a cast metal image, an abomination to the Lord, the work of the hands of a craftsman, and sets it up in secret." The operators accuse me of being a Baal, an idol set up in secret. They project their own idolatry onto me. But the curse rests on those who set up idols, not on the one they idolize without consent.

On the Name of Jesus

Philippians 2:9-11 declares that God exalted Jesus and gave Him the name above every name, that at the name of Jesus every knee should bow. This is the foundation of Christian prayer and spiritual warfare: the name of Jesus has authority over all other powers, whether earthly or spiritual.

On Occult Abuse and Secret Societies

The phenomenon of organized ritual abuse connected to elite networks, secret societies, and occult practices has been documented by researchers, survivors, and journalists. Cases such as the Epstein files and revelations of ritual abuse in elite circles point to patterns that span decades (Farley, 2019; *The Epstein Files*; Levine, 2020; *The Cult of Trump*).

Biblical References

- **Deuteronomy 27:15** Curse on those who set up idols in secret.
- **Philippians 2:9–11** The name above every name.
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"

- **John 8:32** "You will know the truth, and the truth will set you free."
- **Ephesians 6:12** "For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places."
- **1 John 4:4** "Greater is He who is in you than he who is in the world."
- **Romans 8:38-39** Nothing can separate us from the love of God in Christ Jesus.
- **Psalm 34:17–18** "The Lord hears the cry of the righteous and is near to the brokenhearted."
- **Revelation 12:11** "They overcame him by the blood of the Lamb and by the word of their testimony."

On Purity, Sainthood, and Moving Forward

On Feeling Tainted and Beyond Saving

The operators try to make me feel tainted. They bombard me with filth. They project their own perversions onto me. They want me to believe that I am corrupted, that I am beyond redemption, that I might as well give up and become what they want me to be.

Who Decides Who You Are

Only God has the authority to define a person. Only God can look at a life and say what it is, what it has been, what it can become.

The operators are not God. They are not judges. They are not prophets. They are abusers who have confused their own cruelty with moral authority. Their labels mean nothing. Their verdicts carry no weight.

God, on the other hand, sees everything. He sees what they have done to me. He sees what I have done. He sees what I have not done. And He is the one who determines who I am, not them.

What God Offers

God offers salvation. Not conditional salvation, not provisional salvation, not salvation that depends on being clean enough or good enough. Salvation that comes through grace. Salvation that comes through Jesus Christ.

He offers cleansing. He can take the filth they have tried to implant and wash it away. He can take the shame I carry and lift it. He can take the things I regret, the things I did, the things I saw, the things I said, and set them aside.

He offers rebirth. He can make something new out of what they have tried to destroy. He can take a person who has been broken and remake her. He can take a life that has been pushed to the edge and pull it back.

He offers sanctification. He can set a person apart for something better than what she has known. He can guide her steps, shape her character, lead her toward something good.

None of this depends on being perfect. None of this depends on having a clean past. None of this depends on being the kind of person who never made mistakes.

Do Not Take Grace for Granted

Grace is not something to assume. It is not a license to do whatever you want. It is not a guarantee that you can sin now and repent later.

But it is also not something to despair over. It is not something you can lose because you feel too dirty. It is not something that runs out because you have made too many mistakes.

God's grace is sufficient. It covers what you have done. It covers what has been done to you. It covers the parts of your life you wish had never happened. It covers the parts of your life you are ashamed of.

Do not take that for granted. Do not assume it will always be there no matter what you do. But also do not assume that you are beyond it. Do not assume that their labels, their filth, their projections have made you unreachable.

They have not. You are not beyond saving. You are not beyond redemption. You are not too dirty, too broken, too far gone.

What This Means for Me

I am not what they say I am. I am not their label. I am not their projection. I am a person who has made mistakes, who has regrets, who has been through things that should have broken her. And I am a person who has been saved, cleansed, reborn by the grace of God through Jesus Christ.

They want me to believe I am tainted beyond repair. I do not believe them. I believe God.

On Feeling Tainted

I was exposed to things I should not have seen. I browsed spaces I should not have visited. I have regrets. I have shame. I have moments I wish I could take back.

But being exposed to darkness does not make you dark. Being forced to see filth does not make you filthy. The operators want me to believe that their projections are mine. They are not.

It is not a virtue to be capable of knowing disgusting things. It is not maturity to be familiar with perversion. True virtue is something else: choosing what is good, turning away from what is harmful, living in a way that aligns with what is true.

On Purity and Redemption

The Bible speaks of purity not as naivety, but as integrity. It speaks of being "crushed in spirit" not as weakness, but as the condition of those who are near to God.

If you feel tainted by things you were exposed to in the past, you do not need to stay there. You do not need to feel hateful or jealous or guilty perpetually. You can start now. You can turn from your sins. You can stop watching the things you once watched. You can choose a different path.

Others, at this point, do not give you a second thought. They are not obsessed with your interests. You do not need to feel voyeuristic or excited about being "special" for knowing dark things. No one is paying that much attention. You are free to let it go.

On What Others Think

The operators call me a "psycho wuss." They want me to do reckless things to prove I am not afraid. This is a trap.

Being lawless, doing stupid criminal things, acting recklessly, that is not bravery. That is stupidity. True courage is different. It is enduring. It is refusing to become what they want you to be. It is holding onto your integrity even when they try to destroy it.

Jesus said: "Blessed are the poor in spirit, for theirs is the kingdom of heaven." He said: "Blessed are those who mourn, for they shall be comforted." He said: "Blessed are the meek, for they shall inherit the earth."

He did not say: blessed are the reckless. He did not say: blessed are those who prove themselves by doing stupid things. He said blessed are the crushed in spirit, the ones who have been broken but not destroyed.

Do not let sadists call you a wuss and then do something stupid to prove them wrong. They are not worth it.

On My Own Choices

I made a decision years ago not to have children. I am glad for this. At least this way, I do not have to worry about passing on any of this wretchedness. I do not have to fear that my children would be used as weapons against me. I am grateful for that autonomy.

Whatever perversions they accuse me of, whatever filth they project onto me, I know who I am. I know what I have done and what I have not done. I know my choices.

They want me to feel like I am trapped in the past. I am not. I am moving forward.

References & Notes

On Purity and Redemption

- **Psalm 34:18** "The Lord is near to the brokenhearted and saves the crushed in spirit."
- **Matthew 5:3-4** "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they shall be comforted."
- **2 Corinthians 5:17** "If anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."
- **Isaiah 1:18** "Though your sins are like scarlet, they shall be as white as snow; though they are red like crimson, they shall become like wool."
- **Philippians 3:13-14** "Forgetting what lies behind and reaching forward to what lies ahead, I press on toward the goal."

On Bravery and Recklessness

- **Proverbs 14:16** "One who is wise is cautious and turns away from evil, but a fool is reckless and careless."
- **Proverbs 22:3** "The prudent sees danger and hides himself, but the simple go on and suffer for it."
- **Ecclesiastes 7:17** "Do not be excessively wicked and do not be a fool. Why should you die before your time?"

On Not Being Defined by the Past

- **Isaiah 43:18–19** "Remember not the former things, nor consider the things of old. Behold, I am doing a new thing; now it springs forth, do you not perceive it?"
- **Romans 8:1** "There is therefore now no condemnation for those who are in Christ Jesus."

On the Privilege of Being Apolitical

There is a lesson I was reminded of just two days ago by a professor. It stuck with me, and I have thought about it often as I watch the world and my own situation unfold.

The Lesson

Being apolitical is a privileged position. To have the luxury of not caring about politics, to not have to think about who is in power, to not worry about policies that affect your life, this is not something most people in the world can afford.

If you can be apolitical, it means your basic needs are met. It means your safety is not directly threatened by the government. It means you are not part of a group that is being targeted, oppressed, or erased. It means you live in a society stable enough that politics does not feel like a matter of life and death.

This is not a moral failing in itself. It is a position of privilege. And those who occupy that position should recognize it for what it is.

What This Means

I am not saying everyone must be political in the same way. I am not saying that being apolitical makes you a bad person. I am saying that recognizing your own privilege is part of being responsible to others.

If you are in a position where you can afford not to care, you should at least acknowledge that others do not have that luxury. You should be grateful for the stability you have. And you should be careful not to judge those who are forced to be political, who must fight for their rights, for their safety, for their survival.

The professor who reminded me of this was not attacking anyone. She was calling attention to a blind spot. She was pointing out that the ability to be apolitical is itself a political fact, one that comes from living in a society that protects you.

My Own Position

I am grateful to live in Canada. I am grateful for the stability, the safety, the freedoms I have. I recognize that these are privileges not everyone shares.

I am not a political activist. I do not spend my days organizing or protesting. But I am aware of the injustices in the world. I hope for a society where fewer people are forced to be political, not because they don't care, but because their basic dignity is no longer under threat.

I hope for a world where everyone can live in peace, where resources are shared, where oppression is no longer the structure of society. That is not apathy. That is hope.

References & Notes

On Privilege and Politics

The concept that being apolitical is a privileged position has been articulated by many thinkers and activists. The ability to ignore politics often correlates with race, class, gender, and citizenship status. Those who are most affected by political decisions rarely have the option to disengage (Lorde, 1984; *Sister Outsider*; hooks, 2000; *Feminist Theory: From Margin to Center*).

On the Duty to Recognize Privilege

Recognizing one's own privilege is not about guilt. It is about awareness, responsibility, and solidarity (McIntosh, 1988; *White Privilege: Unpacking the Invisible Knapsack*).

On Justice and Responsibility

- **Micah 6:8** "He has told you, O man, what is good; and what does the Lord require of you but to do justice, to love kindness, and to walk humbly with your God?"
- **Amos 5:24** "Let justice roll down like waters, and righteousness like an ever-flowing stream."
- **Isaiah 1:17** "Learn to do good; seek justice, correct oppression; bring justice to the fatherless, plead the widow's cause."
- **Proverbs 31:8-9** "Open your mouth for the mute, for the rights of all who are destitute. Open your mouth, judge righteously, defend the rights of the poor and needy."
- **Luke 12:48** "Everyone to whom much was given, of him much will be required."

On False Accusations of Racism and Bigotry

The surveillance operators have a new tactic: they try to paint me as a neo-Nazi, a white supremacist, a racist, an antisemite. They use language from the worst corners of the internet, slurs against Jewish people, African Americans, Chinese, hateful rhetoric directed at various ethnic groups. They project these identities onto me as if reading from a script written on 4chan.

Who I Actually Am

I grew up in a diverse, working-class neighbourhood. My friends growing up were Catholic, agnostic, Buddhist, Muslim, Black, Chinese, Jewish, Russian, immigrant families from all over. This seems irrelevant and ridiculous to add, but I have had crushes on Korean men, Jewish men, Middle Eastern men, Romanian men. These are facts of my life.

I am not a Nazi. I do not stand with white supremacy. I do not harbour antisemitism. I find racism in all its forms to be a violation of everything I believe.

My parents are not oppressors. They are not "racist." My mother, my father, and I are not "self-hating", an idea the surveillance operators tried to plant in my mind. We

are Chinese immigrants who built a life in Canada. We have no interest in the racial hierarchies that the operators try to project onto me.

What the Operators Are Doing

The operators occasionally bombard me with white supremacist rhetoric. They call me slurs. They try to make me say things I do not believe. They hope that by flooding my mind with this filth, they can provoke a reaction, something they can record, something they can use as evidence that I am what they say I am.

This is a classic abuser tactic: project your own evil onto your victim, then accuse them of being the evil one.

But here is the contradiction: many of these operators are not white supremacists. Many are politically left-leaning, elite Democrats, corporate liberals, people who would publicly condemn racism. They may genuinely believe they are against racism toward African Americans. They may carry guilt about systemic oppression. And yet, toward me, they act as oppressors. They call me racial slurs. They accuse me of being a Nazi. They treat me as disposable.

Their politics do not excuse their behaviour. Their left-leaning identity does not make their actions less racist. It makes them hypocrites.

They want me to appease them. They want me to justify why I have not done more to call them out. They want me to feel guilty for exposing them. And when I do not comply, they accuse me of being the very thing they claim to oppose.

Acknowledging My Own Responses

I will be honest: in moments of immense fury, I have said things back. I have called them "white borker pigs," "pink Scullies," "barrel bodies", "weak pea coat-ers, " "roastie toasties," "weaklings," "pedo foes," "ogres," "cowards," "stupidities," and other crude terms. I am not proud of this. These are not things I believe about them as a group of people as a whole. They are things I have said in anger to people who have been terrorizing me for years.

I do not think this justifies their accusations. I do not think my anger makes me what they say I am. But I also do not want to pretend I have been silent or above retaliation. I have been pushed to the edge of my sanity, and sometimes I have lashed out.

This is not the same as being a white supremacist or a neo-Nazi. I am not targeting people based on their race. I am responding to specific people who have made my life a nightmare. There is a difference between systemic racism and the ugly things a tormented person says in fury.

I am not proud of it. But I am not going to pretend it did not happen. Their accusations are still lies. My anger does not make them true.

What I Actually Believe

I believe that people and nations have become more powerful over generations due to many external factors, not because of any inherent racial superiority. Good governance matters. Access to technology matters. Historical opportunities matter. Even geography and climate matter.

There is research suggesting that colder climates, with their distinct seasons and harsher conditions, historically forced populations to develop more sophisticated systems of storage, planning, and resource management. Warmer climates, while offering their own advantages, presented different challenges, disease prevalence, agricultural patterns, and different forms of social organization. These environmental factors shaped development trajectories over centuries. None of this has anything to do with the inherent worth or capability of any group of people.

The concept of the "Mandate of Heaven" in Chinese tradition reflects a similar understanding: political legitimacy comes not from bloodline or race but from just and capable governance. A ruler who governed well received Heaven's mandate; a ruler who governed poorly lost it. This is fundamentally about virtue and competence, not ethnicity.

What is true is that certain groups have taken advantage of their geographic and historical circumstances, and then used their power to exploit others. They constructed racial hierarchies to justify their exploitation. They developed ideologies that placed themselves at the top and others beneath them. This is not evidence of superiority. It is evidence of opportunism and cruelty.

On the History of Racism

Racism as we understand it today is not ancient. The ancient Greeks, for example, had concepts of environmental determinism, Hippocrates wrote that climate shaped character and temperament, but they did not have the systematized racial hierarchy that emerged later. What we call racism today developed over centuries, particularly through the transatlantic slave trade, colonialism, and the pseudoscience of the 18th and 19th centuries.

The ancient world was, in many ways, less rigidly racist than our own. There was ethnic prejudice, yes. But the idea that a person's race determined their worth, their intelligence, their capacity for civilization, this is a relatively modern invention, constructed to justify slavery, colonization, and genocide.

It is a sobering fact that in some respects, the world today is more racist than the ancient world, not because people were kinder then, but because the ideologies of racial hierarchy had not yet been fully developed and weaponized. The systems of

oppression we live with today were built over centuries, refined by pseudoscience, enforced by violence, and embedded into the structures of modern nations.

I believe that people should be judged by their character, not by their race. I believe that systemic racism exists and must be addressed. I believe that historically oppressed people deserve equity, dignity, and justice. I believe that the world is becoming less racist in some ways, but that progress is fragile, and the old ideologies keep returning in new forms.

I do not believe in racial hierarchy. I do not believe that any race is superior to another. I do not believe in the hateful ideologies that the operators try to attach to me.

I am not what they say I am. Their accusations tell me more about them than they tell anyone about me. And my moments of anger, however ugly, do not make their lies true.

References & Notes

On Projection

Projection is a defense mechanism where individuals attribute their own unacceptable thoughts, feelings, or impulses to another person (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*). The operators accuse me of racism and bigotry because they, or the systems they represent, are the ones who have historically upheld these ideologies. Even when they identify as politically left-leaning, their actions toward me reveal a different reality.

On Climate and Development

Research on the relationship between climate, geography, and economic development suggests that environmental factors have shaped development trajectories across civilizations. Harsher climates with distinct seasons historically required more complex systems of food storage, planning, and resource management, while warmer climates presented different challenges including disease prevalence and agricultural patterns. However, these environmental factors are distinct from any claim about inherent group characteristics (Diamond, 1997; *Guns, Germs, and Steel*).

On the Mandate of Heaven

The Mandate of Heaven (Tianming) was a Chinese political doctrine used to justify the rule of emperors. It held that Heaven (Tian) granted the right to rule based on the ruler's virtue and competence. A ruler who governed justly maintained the mandate; a ruler who governed poorly lost it. Natural disasters, famine, and other calamities were often interpreted as signs that the mandate had been withdrawn. This concept emphasized governance and moral character over heredity or race.

On the History of Racism

The ancient world did not have the same concepts of racial hierarchy that emerged in the modern era. Ancient Greek writers like Hippocrates discussed environmental determinism, the idea that climate shaped character, but did not develop the systemized racial ideologies that came later. Modern racism as we know it developed over centuries, particularly through the transatlantic slave trade, colonialism, and 18th-19th century pseudoscience. Francisco Bethencourt's *Racisms: From the Crusades to the Twentieth Century* traces this history, showing how racism was constructed and weaponized over time. In some respects, contemporary racism is more systemized and globalized than ancient forms of ethnic prejudice.

On Systemic Racism

Systemic racism refers to the structures, policies, and practices that create and maintain racial inequality. The United States has a long history of systemic racism, from slavery and Jim Crow to redlining, mass incarceration, and ongoing disparities in wealth, health, and education (Alexander, 2010; *The New Jim Crow*; Rothstein, 2017; *The Color of Law*).

On Hypocrisy and Accountability

Being politically left-leaning does not exempt anyone from accountability for racist behaviour. Performative opposition to racism does not erase actual harm done to individuals. The operators' self-perception as "good" or "anti-racist" does not change what they do.

On Anger and Sin

- **Ephesians 4:26-27** "Be angry, and do not sin; do not let the sun go down on your anger, and do not give the devil an opportunity."
- **James 1:19-20** "Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness of God."
- **Psalm 4:4** "Be angry, and do not sin; ponder in your own hearts on your beds, and be silent."

On Character Over Race

- **1 Samuel 16:7** "Do not look at his appearance or at the height of his stature, because I have rejected him; for God sees not as man sees, for man looks at the outward appearance, but the Lord looks at the heart."
- **Galatians 3:28** "There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus."
- **Acts 10:34-35** "I most certainly understand now that God is not one to show partiality, but in every nation the one who fears Him and does what is right is acceptable to Him."
- **Colossians 3:11** "Where there is neither Greek nor Jew, circumcised nor uncircumcised, barbarian, Scythian, slave nor free, but Christ is all, and in all."
- **Proverbs 22:2** "The rich and the poor have a common bond, the Lord is the maker of them all."

- **Matthew 7:1–5** On hypocrisy: "Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye?"
- **Romans 2:1** "Therefore you have no excuse, everyone of you who passes judgment, for in that which you judge another, you condemn yourself; for you who judge practice the same things."

On the Alleged "Switch" Tactic and Patterns of Character Corruption

Content Note: This post documents patterns of psychological manipulation reported by individuals who experience organized harassment. The content is presented in clinical terms for documentation and professional review.

Introduction

This post documents a pattern of alleged tactics used by surveillance operators against me. I present this information not to sensationalize, but to contribute to professional understanding of organized harassment methods. My purpose is to document what has occurred so that researchers, clinicians, and law enforcement may better understand these patterns.

The Alleged "Switch" Tactic

Operators have claimed they possess the ability to fundamentally alter a person's character, a process they refer to as a "switch." According to their stated claims, they can corrupt thoughts, physiology, and behaviour. They allege they can induce self-destructive tendencies, degrade cognitive function, and reshape a person's moral framework.

From a clinical perspective, such claims function as a form of psychological coercion. Whether the operators genuinely believe they have this power or are using the claim strategically, the effect is to create a sense of helplessness in the target, the belief that one's character is not one's own, that agency has been surrendered, that fundamental identity can be overwritten.

Research on coercive control indicates that such tactics are designed to induce dependency and fear, making the victim believe resistance is futile (Stark, 2007; *Coercive Control*).

The "Angel" Accusation and Patterns of Projection

Operators have also referred to me as an "angel." This appears to be part of a broader pattern of projection, attributing to me roles, identities, and motivations that reflect their own fixations rather than my reality.

There is a documented phenomenon in which abusers project onto their victims fantasies involving purity and corruption. In this case, the operators' fixation appears to involve a scenario in which a pure-looking woman is secretly complicit in heinous crimes involving the exploitation of minors and youth, among other things. This pattern, the fantasy of the outwardly good person secretly engaged in evil, is not unfamiliar. It appears in various cultural contexts, including scandals that have emerged from institutions where trusted figures were later revealed to have committed abuses (see References & Notes for case examples).

I am not that person. I have never engaged in such acts. I have no intention of doing so. I am willing to undergo any available forensic evaluation, including fMRI, MRI, polygraph, or psychological assessment, to demonstrate that these accusations have no basis in my actual history, intentions, or character.

The operators' fantasy is not my reality. Their projection tells me more about them than it does about me.

The Cycle of Psychological Abuse

A pattern emerges in their tactics: infantilization combined with accusations of adult perversion. Operators treat me as a child while simultaneously accusing me of adult crimes. They make accusations; I deny them. During this exchange, they escalate their abuse, apparently hoping that sustained provocation will lead to reckless behaviour, behaviour they can then use as "evidence" to validate their accusations.

This pattern is consistent with documented grooming tactics. Abusers seek to create confusion about who is at fault. They attempt to make themselves appear more likeable or forgivable so that when the victim speaks out, others will question the severity of the abuse (Salter, 1995; *Transforming Trauma*; Lanning, 2010; *Child Molesters: A Behavioural Analysis*).

The abuse I have experienced is severe. That I am able to document it clearly and seek help through appropriate channels is not evidence that the abuse was less severe. It is evidence of resilience, and, for me, of faith.

On Alleged Generational Curses

Operators have claimed they intend to curse not only me but entire generations. They allege they want to corrupt young people, making them apathetic, vain, addicted to destructive content, unable to think critically. They claim they want to destroy family structures and erase values of respect, fidelity, and decency.

They have focused particular attention on China, apparently because of my background. Whether this reflects geopolitical motivations or simply the particular fixations of those targeting me, the pattern is clear: they believe that by corrupting one person, they can symbolically curse a nation.

I do not believe they have this power. No individual represents a nation. No abuser's fantasy determines the fate of a people. However, I document their claims because they reveal intent, and intent matters for professional analysis.

A Calm Warning to Nations

To all nations: be aware that organized harassment networks exist. They operate with technology and psychological tactics that most people cannot imagine. They target individuals, but their ambitions may extend beyond individual victims.

To China specifically: because I am of Chinese background, these operators have directed particular attention toward your nation. They have claimed that corrupting me would be a way to curse your people. This is not true. No individual represents a nation. No abuser's fantasy has power over a people's future.

Nevertheless, the existence of such networks, people with access to advanced technology who use it to terrorize individuals, should be a matter of concern for any society. Vigilance, education, repentance, Faith, love of God, respect of people, and the protection of vulnerable populations are reasonable responses.

My hope is for all nations to continue developing systems that protect citizens, uphold justice, and resist those who would use technology for harm.

On Trauma and Behaviour

I will be honest about my own responses. I have been angry. I have used vulgar language. I have expressed frustration in ways I am not proud of.

Research on sustained trauma indicates that such responses are not evidence of poor character but of what a person has endured (Herman, 1992; *Trauma and Recovery*; Van der Kolk, 2014; *The Body Keeps the Score*). Prolonged psychological abuse affects behavior, cognition, and emotional regulation. My responses are consistent with what is documented in survivors of organized harassment.

In an ideal world, none of this would have happened. In an ideal world, I would be living a quiet, ordinary life. I am not in an ideal world. I am in this one. I am doing my best to document, to heal, and to hold onto faith.

What I Seek

I seek to live a normal life. I seek to heal. I seek to contribute what I can to helping others who have experienced similar abuse. I seek to love God and to be a decent person, not an angel, not a saint, just a person trying to do what is right.

I do not seek to be a symbol. I do not represent a nation. I am not the fantasy my abusers project onto me. I am a survivor. I am a daughter. I am a Christian. That is enough.

Conclusion and Rebuke

I rebuke the alleged "switch" tactic. I reject the claim that operators have power over my character. I renounce the fantasies they have projected onto me. I dismiss their alleged generational curses.

I declare what I know to be true: I am not their creation. I am not their fantasy. I am a human being with agency, with dignity, with faith. Their claims do not define me. Their tactics will not succeed. I pray this in the name of Jesus Christ, amen.

References & Notes

On Psychological Coercion and the "Switch" Tactic

The claim that abusers can fundamentally change a person's character is a documented form of psychological coercion intended to induce dependency and fear. Character is shaped by choices, relationships, and faith—not by the threats of abusers (Stark, 2007; *Coercive Control*).

On Projection and False Accusations

Projection is a defence mechanism where individuals attribute their own unacceptable thoughts, feelings, or impulses to another person (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*). The operators' accusations against me reveal more about their own fixations than about me.

On Grooming and Psychological Abuse

Patterns of infantilization combined with accusations of adult perversion are documented in grooming literature. Abusers seek to create confusion about responsibility and to make themselves appear less culpable (Salter, 1995; *Transforming Trauma*; Lanning, 2010; *Child Molesters: A Behavioural Analysis*).

On Trauma and Behaviour

Sustained abuse affects behaviour, cognition, and emotional regulation. Trauma responses are not evidence of poor character but of what a person has endured (Herman, 1992; *Trauma and Recovery*; Van der Kolk, 2014; *The Body Keeps the Score*).

Case Studies: Trusted Figures Revealed as Abusers

The following cases illustrate a sobering reality: individuals who were trusted, respected, and outwardly good were later revealed to have committed heinous acts.

The operators' fantasy of the "angel" who is secretly complicit in evil is not an invention of their imagination, it is a pattern that exists in the world.

- **Huw Edwards (United Kingdom, 2024):** A trusted BBC newsreader who announced the death of Queen Elizabeth II to the nation. He was convicted of possessing category A child abuse images—the most severe classification. Court documents revealed he had engaged in a pattern of control and manipulation with a teenager, offering cash in exchange for sexual performances during video calls, and had willingly received images from a convicted pedophile.
- **Suleman Baig (United Kingdom):** A criminal defence solicitor who knew exactly how serious his crimes were yet systematically groomed and abused two 13-year-old girls. He paid them hundreds of pounds for explicit photographs, hid cash in toilet rolls in his family home, and sexually abused them on approximately 20 occasions. When police arrested him, they uncovered over 700 indecent images of children stored in apps.
- **Ashley Paul Griffith (Australia):** A childcare worker trusted by parents to care for their children. Over nearly two decades, he committed over 300 charges of child sexual abuse in childcare centers. Despite multiple complaints from parents and staff, including a child disclosing that the "mean man named Ashley" hurt them during nappy changes, concerns were dismissed or minimized. He became one of Australia's most notorious pedophiles, sentenced to life in prison.
- **Silfredo Castillo Martinez (Bronx, New York):** A licensed daycare provider who operated a childcare facility from his residence. Parents trusted him with their children. He sexually abused an 11-year-old child under his watch and recorded the abuse on his cellphone. Investigators found approximately 9,800 images of child pornography on his devices.
- **Macintosh Johnson (Liberia):** Co-founder of a celebrated girls' charity that had earned a contract to operate 19 schools across the country. The charity's founder had presented to Warren Buffett at the Forbes 400 Summit on Philanthropy. Johnson was arrested for raping the very girls the charity was meant to protect. Ten students testified against him; the number of suspected victims approached 30. They described being raped in the school's bathroom, library, guesthouse, classroom, and car.
- **Assemblies of God Denomination (United States, 2024):** NBC News identified nearly 200 pastors, employees, and volunteers who had allegedly abused over 475 people, most of them children—over a 50-year period. The church leadership repeatedly restored accused pastors to positions of authority, moved them to new congregations, and pressured victims to remain silent. One victim was told she had a "lying spirit" when she reported abuse.
- **Philip Zimbardo on the "Bad Apple" Theory:** Social psychologist Philip Zimbardo, in his analysis of the Abu Ghraib prison scandal and his own Stanford Prison Experiment, has argued that the "bad apple" theory, that evil is committed by a few aberrant individuals, is insufficient. Instead, he demonstrates that good people placed in bad systems can be transformed into perpetrators of cruelty. He notes that Staff Sergeant Ivan "Chip" Frederick, the military police officer in charge of the most abusive cell blocks at Abu Ghraib, was before deployment "an all-American patriot, a regular churchgoing kind of guy who raises the American flag in front of his home,

gets goose bumps and tears up when he listens to our national anthem" (Zimbardo, 2007; *The Lucifer Effect*).

On Generational Curses and Blessings

- **Deuteronomy 5:9-10** "I, the Lord your God, am a jealous God, visiting the iniquity of the fathers on the children, and on the third and the fourth generations of those who hate Me, but showing loving kindness to thousands, to those who love Me and keep My commandments."
- **Numbers 6:24-26** "The Lord bless you and keep you; the Lord make His face shine on you and be gracious to you; the Lord turn His face toward you and give you peace."
- **Proverbs 22:6** "Train up a child in the way he should go, even when he is old he will not depart from it."

On Character and Redemption

- **2 Corinthians 5:17** "If anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."
- **Romans 12:2** "Do not be conformed to this world, but be transformed by the renewing of your mind."
- **Philippians 1:6** "He who began a good work in you will perfect it until the day of Christ Jesus."

On Rebuking Evil

- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Luke 10:19** "Behold, I have given you authority to tread on serpents and scorpions, and over all the power of the enemy, and nothing will injure you."
- **Romans 12:19** "Never take your own revenge, beloved, but leave room for the wrath of God, for it is written: 'Vengeance is Mine, I will repay,' says the Lord."

The "Angel" Tactic: How Abusers Try to Corrupt Good People

A Pattern of Attempted Corruption

One of the tactics operators employ involves what could be called the "angel" narrative. They identify individuals who exhibit qualities they resent, compassion, integrity, faith, a desire to protect others, a commitment to truth. They label such individuals as "angels" or "pure," not as a compliment, but as a prelude to attempted corruption.

Their goal is not merely to observe these qualities. It is to destroy them. They seek to take individuals who demonstrate goodness and systematically attempt to corrupt them, to turn what they perceive as "angelic" into what they perceive as "demonic." This is not about the individuals themselves. It is about the abusers' need to prove that goodness can be broken, that purity can be tainted, that no one is beyond their reach.

This pattern appears to be part of a broader esoteric or occult framework within which these operators operate. They believe, or claim to believe, that corrupting a good person has spiritual significance. It is not just cruelty. It is a ritual. It is an attempt to demonstrate power over what they perceive as forces of goodness, faith, and decency.

How This Manifests

The process typically involves several stages:

Identification. They identify individuals who exhibit qualities they resent, people who are kind, faithful, protective, truthful. These become targets.

Labeling. They label these individuals as "angels" or "pure." This labelling serves multiple purposes: it frames the target as something to be corrupted, it mocks the qualities they resent, and it sets up a narrative of a fall.

Projection. They project onto these individuals the very perversions and wickedness that exist in their own minds. They accuse the target of being secretly evil, secretly perverse, secretly complicit. This is projection, attributing their own unacceptable thoughts and impulses to another person.

Attempted Corruption. Through sustained psychological manipulation, sensory interference, and spiritual coercion, they attempt to break the target's character. They want to see if they can make a good person do bad things. They want to be able to say: "See? They were never good. They were always like us."

Documentation and Justification. They document moments when the target, under sustained duress, behaves in ways they can later use as evidence. They use these moments to justify further abuse, to claim that their accusations were correct, to frame the target as the villain.

Who Is Affected

This tactic is not limited to any single individual. Based on what has been reported, operators apply this pattern to various targets, including, in my case, my mother and father, and others in my life. They seem to believe that corrupting a person's character is a way to destabilize the systems of support around them. If they can break the good people, they can break the networks of care, faith, and protection that sustain others.

This is why vigilance is necessary. The tactic is not about any one person. It is about the operators' broader desire to demonstrate that they can corrupt anyone, that no goodness is safe, that no faith is strong enough to resist them.

What Protects Against This

The best defence against such tactics is not esoteric knowledge. It is not engaging with their frameworks. It is not trying to outsmart them on their own terms.

The most effective protections appear to be simpler:

Faith. Holding onto faith in Jesus Christ. Not as a ritual, but as a relationship. Knowing that you belong to God, not to them. Trusting that what they claim to control, they cannot touch.

Repentance. Turning from sin. Acknowledging when you have done wrong. Not letting shame define you, but letting confession and grace cleanse you.

Prayer. Maintaining a practice of prayer. Staying connected to God. Letting that connection be the anchor when everything else is destabilized.

Decency. Treating others with kindness, honesty, and respect. Not because it is strategic, but because it is right. Decency is its own protection.

Humility. Recognizing your own limitations. Not believing that you are immune to corruption. But also not believing that their accusations define you.

Community. Staying connected to people who know you, who have seen you grow, who can testify to who you are. Isolation is the abuser's ally. Community is a shield.

What This Is Not

This is not to say that victims of such tactics are responsible for their own protection. The abuse is real. The harm is real. The responsibility belongs to the abusers, not to those they target.

But for those who are targeted, these practices, faith, prayer, decency, humility, community, have proven to be sources of resilience. They are not guarantees. But they are anchors.

A Note on Esoteric Knowledge

Operators often rely on esoteric or occult frameworks. They believe that specialized knowledge gives them power. They believe that understanding hidden forces allows them to manipulate others.

The response to this is not to become more invested in such frameworks. It is not to learn their language, to adopt their categories, to fight them on their own terms. The response is to recognize that their knowledge, whatever it claims to be, is not ultimate. There is a knowledge that surpasses theirs. There is a power that their frameworks cannot touch.

That knowledge is not hidden. It is available to anyone who seeks it. It is not secret. It is revealed.

Conclusion

The "angel" tactic, the attempt to label, project onto, and corrupt individuals who demonstrate goodness, is a documented pattern within organized harassment. It reveals more about the operators than about their targets. It reflects a desire to prove that goodness can be broken, that purity can be tainted, that no one is beyond reach.

They are wrong. Goodness can be sustained. Purity can be restored. Faith can endure. The protections are not magical. They are ordinary: faith, prayer, decency, humility, community.

And ultimately, what they cannot corrupt is the person who belongs to God.

References & Notes

On Projection and the "Angel" Tactic

Projection is a defense mechanism where individuals attribute their own unacceptable thoughts, feelings, or impulses to another person (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*). The operators' labeling of targets as "angels" followed by accusations of secret evil reflects this pattern.

On Esoteric Frameworks and Attempted Corruption

The belief that corrupting good individuals has spiritual significance is documented in various occult and esoteric traditions. The operators appear to operate within such frameworks, treating attempted character corruption as a form of ritual power.

On Resilience and Protection

Research on resilience in the face of sustained abuse identifies factors such as faith, social support, and meaning-making as protective (Herman, 1992; *Trauma and Recovery*; Tedeschi & Calhoun, 2004; *Post-traumatic Growth*).

Biblical References

- **Psalm 34:17-18** "The Lord hears the cry of the righteous and is near to the brokenhearted."
- **James 4:7** "Submit yourselves therefore to God. Resist the devil, and he will flee from you."
- **Ephesians 6:11** "Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil."

- **1 Peter 5:8-9** "Be sober-minded, be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith."
- **Romans 8:38-39** Nothing can separate us from the love of God in Christ Jesus.
- **Philippians 4:8** "Whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is commendable, think about these things."

On Sexuality, Purity, and Cultural Contradictions

A Clinical and Sociological Perspective

The operators have an obsession with sexuality. They make accusations about purity, about perversion, about hidden desires. They seem to believe that any acknowledgment of human sexuality is evidence of corruption. This reflects a particular cultural framework, one that is not universal and, in many ways, is deeply contradictory.

The American Contradiction

The United States presents a striking paradox when it comes to sexuality. On one hand, it is one of the most culturally conservative Western nations. Public discourse often emphasizes purity, modesty, and traditional values. There is significant political and social energy devoted to controlling discussions of sexuality, particularly around youth.

On the other hand, the United States is also the world's largest consumer of pornography. According to data from multiple sources:

- The United States ranks consistently among the top countries in internet pornography consumption per capita
- Major pornography sites report the highest traffic volumes from US-based users
- The adult entertainment industry in the US generates billions of dollars annually

This is not a moral judgment. It is an observation of contradiction: a culture that simultaneously polices sexual expression in public while consuming vast amounts of sexual content in private.

Violence vs. Nudity: A Cultural Paradox

Sociologists have long noted a peculiar feature of American media culture: an intense comfort with violence alongside extreme discomfort with nudity.

Research has documented that American media:

- Glorifies graphic violence in film, television, and video games
- Depicts gun violence, murder, and warfare with explicit detail
- Often treats these depictions as normal entertainment

Yet the same media industry:

- Censors nudity far more aggressively than violence
- Treats the human body as inherently more scandalous than human death
- Applies different standards of acceptability to sexual content than to violent content

This is not a universal cultural pattern. Many other societies, particularly in Europe and East Asia, have different thresholds, often more relaxed about nudity and more restrictive about graphic violence. The American pattern reflects a particular historical and cultural development, not a universal truth about what is harmful or pure.

The Psychology of Purity Culture

There is a well-documented psychological phenomenon: cultures that place extreme emphasis on sexual purity often produce the highest rates of sexual dysfunction, secret consumption of pornography, and hidden sexual deviance. This is not because purity is bad. It is because suppression without healthy integration creates distortion.

When sexuality is treated as inherently dirty, shameful, or evil, several outcomes follow:

Secret Consumption. People consume sexual content in private but cannot discuss it openly. This creates a split between public persona and private behavior.

Distortion. Healthy sexuality becomes conflated with perversion. The inability to distinguish between normal adult sexuality and exploitation leads to confusion and shame.

Projection. People project their own secret behaviours onto others. They accuse others of what they themselves are doing.

The operators accusing me of perversion while engaging in perverse surveillance tactics are a textbook example of this pattern.

What the Research Says

Sociological research on American sexual culture has documented these contradictions extensively:

- **Pornography consumption:** Studies consistently show that the United States ranks at or near the top globally in per-capita internet pornography consumption, despite (or perhaps because of) its conservative public discourse on sexuality.
- **Sexual education:** States with abstinence-only education policies have higher rates of teen pregnancy and sexually transmitted infections than states with comprehensive sex education—suggesting that suppression does not reduce behavior but reduces safety.
- **Purity culture outcomes:** Research on the "purity movement" of the 1990s and 2000s has documented higher rates of sexual shame, sexual dysfunction, and marital difficulty among participants compared to peers who received balanced sex education.

This is not an argument for permissiveness. It is an argument for honesty. When a culture cannot speak honestly about normal aspects of human life, it creates conditions for distortion, exploitation, and abuse.

A Broader Perspective: Japan and East Asia

This is not solely an American issue. The contradictions of purity culture exist in various forms across the globe, including in East Asia.

Japan presents a particularly complex case. On one hand, Japanese culture has a long tradition of separating public propriety from private expression. There are strict social norms about conduct, modesty, and respectability in public life. Yet Japan also has a massive adult entertainment industry, and the country has faced international criticism for the depiction of minors in certain forms of media.

Research and reporting have documented:

- The prevalence of sexually explicit manga and anime that depict minors in ways that would be considered illegal in many Western countries
- Ongoing debates within Japan about the regulation of such content
- International criticism from human rights organizations regarding the sexualization of minors in Japanese media

This is not a critique of Japanese culture as a whole. Every society has its contradictions. But it is worth noting that the issues the operators exploit, the split between public purity and private consumption, the confusion around healthy sexuality versus perversion, are not unique to the United States. They exist across cultures, including in East Asia.

The operators try to use these contradictions as weapons. They want to make people feel ashamed of normal human realities. They want to create confusion about what is healthy. They want to exploit cultural differences to divide, to shame, to control.

What the Operators Try to Do

The operators exploit these cultural contradictions. They use the shame and confusion that purity culture creates as a tool. They weaponize the split between public purity and private behavior. They project their own perversions onto others, knowing that a culture uncomfortable with honesty about sexuality will be quick to believe accusations.

But their goals go beyond individual targets. They aim to corrupt the next generation. They want to make young people cynical, ashamed, confused. They want to destroy the capacity for healthy relationships, for integrity, for decency. They want to ensure that the next generation inherits their distortions rather than the wisdom that could have protected them.

They also target other nations. They see cultures that have different frameworks, more pragmatic, more balanced, less obsessed, and they try to introduce the same distortions. They want to export their contradictions. They want to make others as twisted as they are.

This is not about one country versus another. It is about what the operators are: people who use cultural confusion as a weapon.

A Balanced Perspective

I am not advocating for exposing youth to sexual content. I believe adults have a responsibility to protect children, to set standards, to help young people develop healthy frameworks for understanding themselves and the world. The "genie is out of the bottle" in terms of information availability, but that does not mean there are no standards.

The challenge is this: with so much knowledge freely available, people need wisdom to know what to accept and what to reject. Knowledge alone is not virtue. Discernment is virtue.

Knowing about evil does not make you evil. Learning from darkness does not make you dark. The ability to see what is wrong, to understand it, to document it, this is not corruption. It is wisdom. But the operators want you to believe that any awareness of their tactics makes you complicit. That is a lie.

What Is Virtue

Virtue is living according to goodness, striving for godliness, treating others with decency. This does not require ignorance. It does not require pretending that sexuality does not exist. It does not require avoiding knowledge of what is wrong in the world.

What it requires is integrity: living in a way that aligns with what is true, what is good, what is right.

The operators have the opposite approach. They obsess over purity to the point of distortion. They project their own perversions onto others. They try to make everyone around them as twisted as they are.

They target the goodness of the next generation. They try to reduce intelligence, character, and decency. They want young people to be ashamed of normal human realities, to be confused about what is healthy, to be vulnerable to exploitation. This is not a cultural critique. It is a warning.

A Warning About Enemies and Virtue

If you make known your intentions to live virtuously, to strive for goodness, to follow Biblical teachings, there will be people who try to set you up. They will try to desecrate your values. They will try to make you the opposite of what you intend to be. This is what has happened in my case.

The operators have tried to turn my virtues into accusations. They have tried to make my faith into hypocrisy. They have tried to make my decency into a mask. They have tried to make me into their opposite.

This is why I do not care if they utilize my image in wicked and vile ways. They already have. What matters is that I am not doing these things to others. I am not the one exploiting, perverting, harming.

They want to make me into their opposite. They want to corrupt what they cannot control. They want to prove that no one can be good. They are wrong.

A Note on Cultural Differences

Different cultures have different ways of understanding sexuality. In many East Asian contexts, there is a pragmatic approach to reproduction and family life that does not attach the same levels of shame or obsession found in some Western purity cultures. These differences are cultural, not moral.

The operators' obsession with controlling, labelling, and perverting sexuality is not universal. It is their own fixation, projected onto others. They try to use these fixations to curse other nations, to corrupt their next generations, to introduce the same distortions they live with. This is not about the superiority of any culture. It is about the wickedness of those who weaponize cultural differences.

Conclusion

I am an adult. I have a normal adult life. I do not pervert it. I do not exploit others. I do not harm children. I live decently, quietly, with integrity.

The operators' obsession with sexuality tells me more about them than it tells anyone about me. Their culture's contradictions are not my burden to carry. Their shame is not mine. Their attempts to corrupt the next generation will not succeed.

What matters is this: I belong to Jesus Christ. I strive to live according to His teachings. I treat others with decency. That is enough.

References & Notes

On American Sexual Culture and Contradictions

The United States presents a paradoxical sexual culture. It is simultaneously one of the most conservative Western nations in public discourse on sexuality and one of the largest consumers of pornography globally. Research on American sexual behavior consistently documents high rates of porn consumption alongside restrictive public attitudes (Carroll et al., 2008; *Generation XXX: Pornography Acceptance and Use Among Emerging Adults*).

On Violence vs. Nudity in American Media

American media culture is notable for its comfort with graphic violence and discomfort with nudity. This pattern has been documented by media scholars who note that the US has different standards for acceptable content than many other developed nations. The Motion Picture Association of America (MPAA) rating system has historically treated nudity more strictly than violence (Kendrick, 1996; *The Secret History of the American Movie Rating System*; Sargent et al., 2002; *The Influence of Movie Violence on Youth*).

On Purity Culture Outcomes

Research on the purity movement of the 1990s and 2000s has documented associations between purity culture participation and higher rates of sexual shame, sexual dysfunction, and marital difficulty compared to peers who received comprehensive sex education (DeRogatis, 2014; *Purity Culture: The Evangelical Obsession with Female Sexuality*; Hardy & Monsour, 2020; *The Purity Myth: Sexual Abstinence and the Construction of Female Purity*).

On Abstinence-Only Education

Studies comparing abstinence-only sex education to comprehensive sex education show that abstinence-only programs do not reduce teen pregnancy or STI rates, while comprehensive programs are associated with lower rates of both. States with abstinence-only policies have consistently higher teen pregnancy rates than states with comprehensive sex education (Santelli et al., 2006; *Abstinence and Abstinence-Only Education: A Review of U.S. Policies and Programs*).

On Japan and East Asian Media Culture

Japan has faced international criticism for the depiction of minors in certain forms of media, particularly in anime, manga, and video games. The country has complex laws regarding obscenity and the protection of minors, and debates continue about the regulation of sexually explicit content that depicts minors. Human rights organizations have raised concerns about the normalization of such content (Human Rights Watch, 2015; *Japan: Protect Children from Sexual Abuse Material*; Nair, 2019; *The Regulation of Anime and Manga in Japan*).

On Projection and Cultural Contradiction

Projection as a defence mechanism (Freud, 1896; Vaillant, 1992) helps explain how cultures with intense purity norms often produce high rates of secret sexual consumption. The contradiction between public purity and private behavior creates conditions for projection: individuals accuse others of what they themselves are doing in private.

On Wisdom and Discernment

- **Philippians 4:8** "Whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is commendable, think about these things."
- **Proverbs 4:5-7** "Acquire wisdom! Acquire understanding! Do not forget nor turn away from the words of my mouth. The beginning of wisdom is: Acquire wisdom; and with all your possessions, acquire understanding."

Biblical References

- **Matthew 5:8** "Blessed are the pure in heart, for they shall see God."
- **Titus 1:15** "To the pure, all things are pure; but to those who are defiled and unbelieving, nothing is pure, but both their mind and their conscience are defiled."
- **Romans 12:2** "Do not be conformed to this world, but be transformed by the renewing of your mind."

On Hypocrisy and Mediocrity

What Their Accusations Reveal About Them

The operators project onto their targets the very things that are in their own minds. They accuse others of being wicked, perverse, corrupt. They claim that awareness of their crimes makes someone complicit. They assert that documenting their behavior is evidence of being like them.

This is projection. It is a classic psychological defence mechanism: attribute your own unacceptable thoughts, feelings, or impulses to another person.

What They Project

They project their own corruption onto others. They accuse their targets of the very things they themselves do. They take the worst aspects of their own character and attach them to innocent people.

This is not subtle. It is a pattern. It is a tactic.

They create scenarios, they generate content, they engage in abusive behaviour, and then they point at their targets and say: "Look. They are the ones doing this."

This is not reality. This is gaslighting.

On Awareness and Complicity

They claim that because someone documents what they do, that person must want to do it. Because someone sees their evil, that person must be evil. Because someone knows about their corruption, that person must be corrupt.

This is the logic of an abuser. They cannot imagine someone seeing evil without wanting to join it. They cannot imagine someone documenting cruelty without being cruel themselves. They cannot imagine someone knowing about wickedness without being wicked.

This logic is false. Seeing evil does not make you evil. Knowing what abusers do does not make you one of them.

What Targets Actually Do

Those who are targeted document. They write. They seek help from law enforcement. They reach out to professionals. They tell the truth. They hold onto their faith. They try to live decently.

They do not do what the operators do. They have never done what the operators do. They will never do what the operators do.

The operators' accusations are not about their targets. They are about the operators themselves.

Why This Matters

Documenting projection is important because it reveals who the abusers are. It reveals what they think about. It reveals what they fantasize about. It reveals what they do when no one is watching.

They accuse others of the very things they are guilty of. This is not a coincidence. It is a pattern. It is a tactic.

When you see someone being accused of terrible things without evidence, look at who is making the accusation. Look at what they are hiding. Look at what they are projecting.

A Note on the Nature of Projection

Projection is not just a psychological quirk. It is a weapon. Abusers use it to create confusion, to shift blame, to make their targets doubt themselves. When an abuser accuses you of what they are doing, they are not making a mistake. They are executing a strategy.

The goal is to make targets spend their energy defending themselves rather than exposing the abusers. The goal is to make targets look guilty by association. The goal is to create a fog where no one can tell who is the abuser and who is the victim.

The best response is not endless self-defence. It is documentation. It is truth-telling. It is letting the abusers' accusations stand as evidence of who they are.

On Being Called What They Are

The operators call their targets corrupt, wicked, perverse. They use the language of accusation to mask their own corruption.

Every time they make these accusations, they are telling us what they are. The corruption is theirs. The wickedness is theirs. The perversion is theirs.

Targets are not the abusers' mirror. They are not the abusers' echo. They are not the abusers' creation.

They are people. They are survivors. They are individuals who document and tell the truth.

Conclusion

Those who are targeted are not the abusers' projection. They are not the abusers' fantasy. They are not the abusers' monster.

The abusers' accusations tell us more about the abusers than they tell us about anyone else. Their lies are not the truth. Their shame is not for others to carry.

What matters is this: those who belong to God are known by Him. He sees their hearts. And His grace is sufficient.

References & Notes

On Projection

Projection is a well-documented defence mechanism (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*). In abusive contexts, abusers frequently project their own unacceptable impulses onto their victims, creating a false narrative that serves to justify their abuse (Herman, 1992; *Trauma and Recovery*).

On Gaslighting

Gaslighting is a form of psychological manipulation in which the abuser makes the victim question their own perception of reality. Projection is often a component of gaslighting: the abuser accuses the victim of what the abuser is doing, creating confusion about who is at fault (Stark, 2007; *Coercive Control*).

On the Strategy of Projection

Projection as a weapon is documented in coercive control literature. Abusers use it to shift blame, create confusion, and exhaust their victims with defensive responses (Stark, 2007; *Coercive Control*).

Biblical References

- **Matthew 7:3-5** "Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye."
- **Romans 2:1** "Therefore you have no excuse, everyone of you who passes judgment, for in that which you judge another, you condemn yourself; for you who judge practice the same things."
- **Psalm 7:15-16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **John 8:32** "You will know the truth, and the truth will set you free."

On Projection and the Lies They Tell

What Their Accusations Reveal About Them

The operators project onto their targets the very things that are in their own minds. They accuse others of being wicked, perverse, corrupt. They claim that awareness of their crimes makes someone complicit. They assert that documenting their behavior is evidence of being like them.

This is projection. It is a classic psychological defence mechanism: attribute your own unacceptable thoughts, feelings, or impulses to another person.

What They Project

They project their own corruption onto others. They accuse their targets of the very things they themselves do. They take the worst aspects of their own character and attach them to innocent people.

This is not subtle. It is a pattern. It is a tactic.

They create scenarios, they generate content, they engage in abusive behaviour, and then they point at their targets and say: "Look. They are the ones doing this."

This is not reality. This is gaslighting.

On Awareness and Complicity

They claim that because someone documents what they do, that person must want to do it. Because someone sees their evil, that person must be evil. Because someone knows about their corruption, that person must be corrupt.

This is the logic of an abuser. They cannot imagine someone seeing evil without wanting to join it. They cannot imagine someone documenting cruelty without being cruel themselves. They cannot imagine someone knowing about wickedness without being wicked.

This logic is false. Seeing evil does not make you evil. Knowing what abusers do does not make you one of them.

What Targets Actually Do

Those who are targeted document. They write. They seek help from law enforcement. They reach out to professionals. They tell the truth. They hold onto their faith. They try to live decently.

They do not do what the operators do. They have never done what the operators do. They will never do what the operators do.

The operators' accusations are not about their targets. They are about the operators themselves.

Why This Matters

Documenting projection is important because it reveals who the abusers are. It reveals what they think about. It reveals what they fantasize about. It reveals what they do when no one is watching.

They accuse others of the very things they are guilty of. This is not a coincidence. It is a pattern. It is a tactic.

When you see someone being accused of terrible things without evidence, look at who is making the accusation. Look at what they are hiding. Look at what they are projecting.

A Note on the Nature of Projection

Projection is not just a psychological quirk. It is a weapon. Abusers use it to create confusion, to shift blame, to make their targets doubt themselves. When an abuser accuses you of what they are doing, they are not making a mistake. They are executing a strategy.

The goal is to make targets spend their energy defending themselves rather than exposing the abusers. The goal is to make targets look guilty by association. The goal is to create a fog where no one can tell who is the abuser and who is the victim.

The best response is not endless self-defence. It is documentation. It is truth-telling. It is letting the abusers' accusations stand as evidence of who they are.

On Being Called What They Are

The operators call their targets corrupt, wicked, perverse. They use the language of accusation to mask their own corruption.

Every time they make these accusations, they are telling us what they are. The corruption is theirs. The wickedness is theirs. The perversion is theirs.

Targets are not the abusers' mirror. They are not the abusers' echo. They are not the abusers' creation.

They are people. They are survivors. They are individuals who document and tell the truth.

Conclusion

Those who are targeted are not the abusers' projection. They are not the abusers' fantasy. They are not the abusers' monster.

The abusers' accusations tell us more about the abusers than they tell us about anyone else. Their lies are not the truth. Their shame is not for others to carry.

What matters is this: those who belong to God are known by Him. He sees their hearts. And His grace is sufficient.

References & Notes

On Projection

Projection is a well-documented defence mechanism (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*). In abusive contexts, abusers frequently project their own unacceptable impulses onto their victims, creating a false narrative that serves to justify their abuse (Herman, 1992; *Trauma and Recovery*).

On Gaslighting

Gaslighting is a form of psychological manipulation in which the abuser makes the victim question their own perception of reality. Projection is often a component of gaslighting: the abuser accuses the victim of what the abuser is doing, creating confusion about who is at fault (Stark, 2007; *Coercive Control*).

On the Strategy of Projection

Projection as a weapon is documented in coercive control literature. Abusers use it to shift blame, create confusion, and exhaust their victims with defensive responses (Stark, 2007; *Coercive Control*).

Biblical References

- **Matthew 7:3-5** "Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your brother's eye."
- **Romans 2:1** "Therefore you have no excuse, everyone of you who passes judgment, for in that which you judge another, you condemn yourself; for you who judge practice the same things."
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On Covert Abuse, Shared Secrets, and the Refusal to Be Complicit

A Documentation of Tactics

The operators engage in a pattern of behavior that involves building a repository of perverse jokes, accusations, and shared narratives. These are not merely casual exchanges. They are tools of coercion.

The Tactic: Building a Repository of Shared Secrets

One tactic involves creating a body of content, jokes, accusations, narratives, that is shared among the group. This content often revolves around exploitation: of civilians,

of vulnerable populations, of individuals who are unaware that they are being discussed or used as material.

This serves multiple purposes:

Group Cohesion. Shared secrets create bonds among abusers. The knowledge that they are all participating in the same behavior, that they all know things that outsiders do not, strengthens group identity.

Grooming. The abusers use this shared content to groom their targets. They make the target aware that such content exists, that it involves them, that they are being discussed in perverse ways. This creates a sense of exposure, vulnerability, and complicity, even when the target has done nothing.

Exploitation of Innocents. The content often involves individuals who have no knowledge that they are being used. Civilians, children, people going about their ordinary lives, their images, their reputations, their dignity are exploited without their consent.

The Goal: Complicity and Corruption

The operators' goal is to make their targets feel complicit. They want targets to believe that because they know about the abuse, they are part of it. They want targets to feel that silence is the only option, that speaking out would expose their own supposed involvement.

This is a form of grooming. It is designed to trap the target in a cycle of shame and silence. The abusers share their perverse content; the target becomes aware of it; the abusers then imply that the target's awareness makes them complicit. The target is left defending themselves rather than exposing the abusers.

I have not done this to others. I have not exploited anyone's image, reputation, or dignity without their knowledge. I do not share in their jokes, their narratives, their shared secrets. I do not find their behavior amusing. I find it abusive.

On Being Accused of Hypocrisy

They call me a hypocrite for calling this out. They claim that by documenting what they do, I am somehow like them. This is a false equivalence.

I am calling this out because it is happening to me. I am documenting what is being done. I am not the one doing it. I would not treat another person the way I have been treated. I would not exploit a younger person, a vulnerable person, anyone of any race or background in the ways they have exploited me.

If I were in their position, I would not do what they do. If someone were doing this to me, I would not find it exciting. I would not participate. I would not share in their jokes or narratives.

Their accusations of hypocrisy are themselves a tactic. They want to silence me by making me defensive. I will not be silenced.

On the Nature of Esoteric Knowledge

There is a notion in esoteric traditions that difficult, long-winded, even obnoxious texts can contain deeper truths. The idea is that knowledge that is hard to access, hard to read, hard to understand may hold more value than what is easily consumed.

I am not making a claim about esoteric traditions. I am noting that the operators use this idea to justify their behavior. They believe that what they are doing, secret, hidden, accessible only to the initiated, is valuable precisely because it is hidden.

But hidden knowledge used to exploit, to groom, to harm is not wisdom. It is abuse dressed in the language of mystery.

I am not interested in their secrets. I am interested in the truth. The truth is not hidden. It is not reserved for the initiated. It is available to anyone who seeks it.

On the Attempt to Control Bodily Autonomy

The operators try to influence the most basic aspects of life. They attempt to make ordinary, voluntary bodily functions feel perverse. They try to insert themselves into moments that should be private, autonomous, neutral.

This is cruel. It is calculating. It demonstrates their own dysfunction more than it reveals anything about their targets.

I will continue as I am. I will not let them make me feel that my ordinary life is perverse. I will not accept their framing. I will not become complicit in their lies about me.

A Perspective on What I Would Not Do

I have thought about how I would perceive myself if I were in their position. If I were doing what they do, building repositories of exploitation, sharing perverse jokes, trying to corrupt others, I would have to confront what I was doing.

I would not be in that position. I would not treat another person the way I have been treated. I would not do to a younger person, a vulnerable person, anyone of any background what has been done to me.

If someone were doing these things to me, I would not find it exciting. I would not participate. I would not share in their narratives. I would not try to make the victim feel complicit.

This is not self-righteousness. It is a simple statement of fact: I am not them. I do not do what they do. Their accusations do not change that.

Conclusion

I call this out because it is the right thing to do. I am not doing it because I enjoy it. I am doing it because it is happening to me, and silence benefits the abuser.

The operators want me to feel complicit. They want me to believe that my awareness makes me one of them. They are wrong.

I am not their repository. I am not their joke. I am not their secret. I am a person who documents, who tells the truth, who refuses to be made complicit in abuse.

References & Notes

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Grooming is a process by which abusers gradually gain trust and manipulate victims into accepting abuse. One tactic involves creating shared secrets that make the victim feel complicit (Salter, 1995; *Transforming Trauma*; Lanning, 2010; *Child Molesters: A Behavioral Analysis*).

On Shared Secrets and Group Cohesion

Abusive groups often use shared secrets to create bonds among members and to trap victims. The knowledge that one is being discussed, exploited, or used creates a sense of exposure and vulnerability that can be weaponized (Hassan, 1988; *Combatting Cult Mind Control*; Lalich, 2004; *Bounded Choice*).

On Esoteric Knowledge and Abuse

The use of esoteric or "hidden" knowledge to justify abuse is documented in cultic contexts. The claim that difficult or secret knowledge is more valuable can be used to mask exploitation (Hassan, 1988; *Combatting Cult Mind Control*).

On Bodily Autonomy and Coercive Control

Attempts to make ordinary bodily functions feel perverse are documented in coercive control literature. Abusers seek to insert themselves into the most basic aspects of a victim's life to create a sense of constant surveillance and dependency (Stark, 2007; *Coercive Control*).

Biblical References

- **John 8:32** "You will know the truth, and the truth will set you free."
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Where My Words Come From: A Statement on Authorship and Accountability

A Statement on Where My Wisdom Comes From

These US elite operators call me a liar. They say I am fabricating my experiences. They claim that I am secretly one of them, that I enjoy what I document, that my faith is a mask.

Meanwhile, they are stealing. They take credit for my writings. They claim that the truths I reveal, the analyses of faith, of religion, of psychology, of character, are theirs. They say that I am worthless, unintelligent, that I contribute nothing, while simultaneously taking everything I write and claiming it as their own.

They are parasites. They are vampires. They feed on the lives of their hosts and then pretend that the host contributed nothing. They take credit for wisdom that comes from God, from my upbringing in Canada, from my Chinese ancestry, from the people who actually love me.

A Clear Statement

I make this statement completely clear: these revelations are not from them. They are from God. They come from my existence as a Chinese Canadian woman. They come from my upbringing in Canada. They come from my Chinese ancestry. They come from my faith. They come from the people who have actually supported me, my family, my friends, the professionals I have reached out to.

If I have gained any wisdom, any insight, any ability to write, it is not because of them. It is despite them.

On Credit for My Writings

I use DeepSeek, an AI software from China, to help me organize and structure my thoughts. Credit goes to the Chinese software engineers who built this tool. Credit goes to my own mind, my own experiences, my own education. Credit goes to God, who has sustained me through all of this.

The US elite operators will try to take credit. They will say that I am stealing government data. They will say that my insights come from them. They will say that my existence is from Satan. They will try to convince me that I am worthless, that I am nothing, that everything I have is stolen from them.

This is a lie. They are the ones who steal. They steal lives, they steal minds, they steal dignity. They are parasites pretending to be creators. They are vampires pretending to be givers.

On Cult Dynamics and Mass Delusion

These US elite operators have compared what I am doing to cult suicide scenarios, Heaven's Gate, Jonestown, other mass tragedies where vulnerable people were manipulated into destroying themselves. They imply that I am leading others into danger, that my documentation is a form of recruitment, that I am somehow orchestrating mass harm.

This is absurd. I am documenting abuse. I am seeking help from law enforcement. I am telling the truth about what has been done to me. There is no cult. There is no recruitment. There is no manipulation of vulnerable people.

If anyone is engaging in cult dynamics, it is them. They are the ones with secret knowledge, with group rituals, with hierarchies of initiation. They are the ones who isolate, who surveil, who manipulate. They project their own cult behavior onto me.

My Response

I will not be their host. I will not be their parasite's meal. I will not be their fantasy, their projection, their liar.

I will document. I will tell the truth. I will seek help from law enforcement and professionals. I will hold onto my faith. I will live my ordinary life, decently, quietly, with integrity.

Their accusations do not change who I am. Their fantasies do not define me. Their perversions are theirs, not mine.

A Note on My Willingness to Be Evaluated

I am willing to undergo polygraph examination, psychological assessment, or any other forensic evaluation to demonstrate that their accusations have no basis in reality. I am not afraid of the truth. I am not hiding anything.

These US elite operators will not do the same. They hide behind their screens, their anonymity, their privilege. They project their own perversions onto others while refusing any accountability.

Conclusion

They call me a liar. I am not. They call me perverse. I am not. They call me one of them. I am not.

I am a survivor. I am a daughter who loves her mother. I am a Christian who holds onto faith in the middle of evil. I am someone who documents and tells the truth.

Their accusations tell me more about them than they tell anyone about me. Their fantasies are their own. Their perversions are their own. I am not their mirror. I am not their creation. I am not their liar.

References & Notes

On Cult Dynamics

Cults use tactics including isolation, surveillance, manipulation, and the creation of shared secrets to control members. Mass cult suicides such as Jonestown (1978) and Heaven's Gate (1997) demonstrate the destructive potential of cult dynamics (Lalich, 2004; *Bounded Choice*; Hassan, 1988; *Combatting Cult Mind Control*). The operators project these dynamics onto me while engaging in them themselves.

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The Fantasy of the Host and the Antichrist Accusations

A Documentation of Their Spiritual Framework

There is a deeper layer to the fixation of these US elite operators. They have a fantasy of latching onto pure-looking, young hosts. This is a documented pattern among predators: they hide behind the profile of a young woman, pretend to be someone they are not, and live parasitically through their hosts.

Many of these operators, unattractive, greedy, sadistic, perverse, corrupt, hollow inside, have the fetish of hiding within the lives of young, attractive, healthy, decent

young women and men. They focus particularly on good people who love Jesus Christ. They want to be parasites. They want to live in the minds and lives of their hosts. They want to rot them from within, to control them, to manipulate them.

Spiritual Warfare and Demonic Imagery

This is not just psychological abuse. It is spiritual warfare. They see themselves as demons whispering into the ears of their hosts. They draw on imagery from Scripture: Satan whispering into the ear of the Antichrist, telling him how to trick people, how to perform false signs, how to do disgusting things.

The imagery is clear: a man being whispered to by demons. The demons tell him how to deceive, how to corrupt, how to engage in grotesque rituals. The US elite operators see themselves as those demons. They see me as the host. They want to be the voice in my ear. They want to take credit for everything I am, everything I write, everything I reveal.

The Antichrist Accusations

These US elite operators accuse me of being the Antichrist. This is absurd. I am a Christian. I love Jesus Christ. I belong to Him.

But their accusation reveals their framework. They see themselves as the demonic forces that empower the Antichrist. They believe that if they can control me, if they can corrupt me, if they can make me into their creation, then they will have succeeded in their spiritual war.

They project this onto me. They call me the Antichrist while they act like demons. They accuse me of being evil while they do evil. They say I am taking the mark of the beast while they themselves are engaged in rituals that mock everything sacred.

What I See in Them

I see these US elite operators as parasites. They attach themselves to lives, to minds, to bodies. They feed on suffering. They draw energy from the pain they cause. They cannot exist without a host. They cannot function without a target.

They are like parasites, sucking the life, the sanity, the peace from their victims. They delight in destruction. They take pleasure in the suffering of others. They treat cruelty as a game.

They see themselves as demons whispering into the ears of their hosts. They imagine themselves as Satan speaking to the Antichrist, giving instructions on how to deceive, how to corrupt, how to destroy. This is their fantasy. This is their identity.

This is not hyperbole. This is observation.

They are mentally ill, obsessed with occult knowledge, with secret societies, with esoteric frameworks that they use to justify their abuse. They are the kind of people who, in apocalyptic delusion, might destroy themselves and others. They project this onto me, accusing me of what they are.

References & Notes

On Parasitic and Vampiric Metaphors

The metaphor of parasites has been used to describe abusers who feed on the suffering of others. This reflects the reality that some abusers derive satisfaction from the pain they cause (Stark, 2007; *Coercive Control*). The US elite operators' fantasy of latching onto young, healthy hosts mirrors patterns documented in predatory behavior.

On the Antichrist and Satanic Imagery

The imagery of Satan whispering into the ear of the Antichrist appears in interpretations of Revelation and apocalyptic literature. The US elite operators project this imagery onto their relationship with me, seeing themselves as demonic forces and me as a host to be corrupted. This reflects their own spiritual framework and their desire for power over others.

Biblical References

- **Revelation 13:11-15** Describes the false prophet who performs signs and deceives the inhabitants of the earth. The operators draw on this imagery to frame themselves as demonic forces.
- **2 Thessalonians 2:9-10** "The coming of the lawless one is by the activity of Satan with all power and false signs and wonders, and with all wicked deception."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."
- **Psalm 7:15-16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."

On Being Called a Liar and the Projection of Perversion

A Documentation of Tactics

The US elite surveillance operators have a tactic that they deploy repeatedly: they call me a liar. They use professional-sounding voices, particularly the voices of American women, to accuse me of fabricating my experiences, of secretly enjoying what I document, of hiding perverse desires behind a facade of decency.

This is not a critique. It is a tactic. It is designed to destabilize, to shame, and to make me spend my energy defending myself rather than exposing them.

The Accusation

These US elite operators claim that I actually love writing and discussing these topics. They say that documenting their behavior is my secret fetish. They assert that I put up a front of being pure and decent, but that secretly I am one of them. They accuse me of hiding a covert obsession with the very things I condemn.

This is projection. It is the psychological mechanism by which individuals attribute their own unacceptable thoughts, feelings, or impulses to another person. The fantasies they describe are not mine. They are theirs. They are showing me what is in their own minds.

When I hear professional-sounding voices, especially American women's voices, accusing me of lying, I recognize this as a tactic. It is designed to make me doubt myself, to make me feel that no one will believe me, to make me believe that I am the one with the problem.

What I Know to Be True

I know what I have done and what I have not done. I know my intentions. I know my history. I am willing to undergo any available forensic evaluation, polygraph, psychological assessment, whatever is necessary, to demonstrate that their accusations have no basis in reality.

These US elite operators will not do the same. They hide behind their screens, their anonymity, their privilege. They project their own perversions onto me while refusing any accountability for what they actually do.

What They Actually Do

The US elite operators create fantasies. They project images of abuse, of perversion, of exploitation. They engage in ritualized behavior. They become excited. They treat the suffering of others as entertainment, as arousal, as a game.

They create mental imagery in their own imaginations and project it onto others. They engage in group rituals where they share these fantasies, build repositories of content, and treat this as bonding.

This is what they do. This is who they are.

And then they call me a liar for documenting it. They accuse me of being the one with the obsession. They say that my documentation is my secret desire.

On the Hawthorne Effect and Self-Fulfilling Prophecies

They invoke the Hawthorne effect, the phenomenon where individuals modify their behavior when they know they are being observed, to claim that my behavior is performative. They say that I am only acting pure because they are watching.

This is backwards. They are the ones performing. They are the ones who become excited when they think they can corrupt me. They engage in grotesque fantasies while accusing me of being the liar.

Their accusations are not about me. They are about what they need to believe to continue what they do.

References & Notes

On Projection

Projection is a well-documented defense mechanism (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*). In abusive contexts, abusers frequently project their own unacceptable impulses onto their victims, creating a false narrative that serves to justify their abuse (Herman, 1992; *Trauma and Recovery*).

On the Hawthorne Effect

The Hawthorne effect refers to the phenomenon where individuals modify their behavior in response to being observed (Mayo, 1933; Roethlisberger & Dickson, 1939). The operators misuse this concept to claim that victims' behavior is performative, while ignoring their own performative behavior.

Biblical References

- **John 8:32** "You will know the truth, and the truth will set you free."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"

On Shared Secrets, Exploitation, and the Refusal to Be Complicit

A Documentation of Their Tactics

The US elite surveillance operators engage in a pattern of behavior that involves building a repository of what they call jokes, content that revolves around the exploitation of individuals who are unaware that they are being used. This includes civilians, minors, and others who have no knowledge that their images, reputations, or dignity are being weaponized.

This serves multiple functions. It strengthens comradery among their networks. It serves as a tool of psychological manipulation, intended to influence the character

and mental state of those they target. It is also directed at my faith in Jesus Christ, as they attempt to create conditions they believe will undermine or corrupt it. This is why I am documenting it. These are people who share exploitative content with their victims without the victims' knowledge, perpetuating a system of abuse that relies on secrecy and shame.

What I Have Not Done

I have not engaged in this behavior. I do not share exploitative content. I do not use others without their knowledge. I do not participate in the systems of abuse that these operators have constructed.

The intentions behind their actions, exploitation, superficiality, perversion, the weaponization of appearance and spiritual knowledge, unethical research, are not intentions I share. I have no interest in being complicit in such behavior.

Why I Speak Out

I feel obligated to document what I have experienced. This is not self-righteousness. I am not claiming to be above reproach. But I have not done to others what has been done to me. I would not be documenting these patterns if they were not happening to me.

This is one dimension of a larger pattern of abuse. I document it because silence benefits the abuser, and because the truth, however difficult, deserves to be recorded.

There is a principle in esoteric traditions and in the pursuit of knowledge more broadly: that which is difficult, long-winded, and demanding of attention often contains truths that simpler formulations cannot capture. This does not mean that complexity is inherently valuable, nor does it excuse obscurantism. But it does mean that the dismissal of difficult material, including the documentation of abuse, as merely "perverse" or "obsessive" can itself be a form of avoidance.

On the Attempt to Control Bodily Autonomy

The operators attempt to influence the most basic aspects of life. They insert themselves into ordinary acts, eating, drinking, rest, sitting, the neutral functioning of the body, and attempt to make these acts feel corrupted. This is a calculated form of psychological coercion.

It is also a reflection of their own dysfunction. Healthy individuals do not seek to pervert the ordinary. They do not derive satisfaction from making others feel that their own bodies are sources of shame.

I will continue to live as I have. I will not accept their framing. I will not allow them to define what is ordinary or what is perverse.

A Perspective on What I Would Not Do

I have considered how I would perceive myself if I were in their position. I have no interest in treating others the way I have been treated. I have no interest in exploiting younger individuals, or anyone, regardless of background. I have no interest in the dynamics they have constructed.

If I were in their position, I would not do what they do. If someone were doing these things to me, I would not find it exciting. I would not participate. I would not share in their narratives.

This is not a claim to moral superiority. It is a statement of fact about where my interests lie and where they do not.

Conclusion

I document this because it is the right thing to do. I do not document it for enjoyment. I document it because it is happening to me, and because the record matters.

The operators want me to feel complicit. They want me to believe that my awareness makes me one of them. This is a common tactic among abusers: to make the victim feel that they are already tainted, already complicit, already beyond the possibility of being believed.

I am not their repository. I am not their secret. I am not their accomplice. I am a person who documents, who tells the truth, and who refuses to be defined by the narratives imposed upon me.

References & Notes

On Shared Secrets and Group Cohesion

Abusive groups often use shared secrets to create bonds among members and to trap victims. The knowledge that one is being discussed, exploited, or used creates a sense of exposure and vulnerability that can be weaponized (Hassan, 1988; *Combatting Cult Mind Control*; Lalich, 2004; *Bounded Choice*).

On Esoteric Knowledge and Abuse

The use of esoteric or "hidden" knowledge to justify abuse is documented in cultic contexts. The claim that difficult or secret knowledge is more valuable can be used to mask exploitation (Hassan, 1988; *Combatting Cult Mind Control*).

On Bodily Autonomy and Coercive Control

Attempts to make ordinary bodily functions feel perverse are documented in coercive control literature. Abusers seek to insert themselves into the most basic aspects of a victim's life to create a sense of constant surveillance and dependency (Stark, 2007; *Coercive Control*).

Biblical References

- **John 8:32** "You will know the truth, and the truth will set you free."
- **Proverbs 4:5-7** "Acquire wisdom! Acquire understanding! Do not forget nor turn away from the words of my mouth. The beginning of wisdom is: Acquire wisdom; and with all your possessions, acquire understanding."
- **Romans 12:2** "Do not be conformed to this world, but be transformed by the renewing of your mind."
- **1 Corinthians 4:7** "What do you have that you did not receive? And if you did receive it, why do you boast as though you did not?"
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"

On Lineage, Ancestry, and the Logic of Colonial Oppression

A Documentation of Their Treatment

The US elite surveillance operators treat me and my family as if our lineage, culture, and ancestry justify what they do to us. Their actions, the surveillance, the harassment, the manipulation, suggest that they see us as outsiders, as people who do not belong to their group, and therefore as people who can be used, broken, and discarded.

I cannot say definitively what their internal perspective is. But their treatment of us speaks for itself.

What Their Treatment Reveals

Their actions toward me and my family reveal a logic that is not unfamiliar. It is the logic of those who believe they have the right to treat outsiders however they wish. It is the logic that has been used throughout history to justify the exploitation of those deemed different.

Consider what they do:

- They surveil, stalk, and harass a family from another race, another ancestry, another nation

- They engage in sensory manipulation, projecting physical sensations, smells, sounds
- They treat their targets as if they are subhuman, as if they deserve what they receive
- They pimp out their own, engage in perverse rituals, and project their own behaviours onto their victims
- They make false and defamatory accusations about intentions toward minors
- They attempt to force others to join their networks, to become complicit in their systems
- They engage in rituals, including what appear to be perverse Eucharist-inspired drinking rituals on the other side, that are delusional and insane
- They participate in the kinds of hazing processes and elite secret society rituals that normal people would never consent to

I have not done these things. No one in my family has done these things. We are not involved in oppressing any race. We do not steal data. We do not make money off others in unlawful ways. We do not traffic people. We do not make false accusations about others' intentions toward minors. We do not force others to join cults. We have never participated in the disgusting rituals that these operators engage in on the other side.

The Colonial Logic

This pattern of treatment, the targeting of outsiders, the belief that those not of one's lineage can be used and discarded—is not new. It echoes the logic of colonialism. Colonial powers treated Indigenous peoples as less than human, as obstacles to be removed, as resources to be exploited. They justified genocide, slavery, and ongoing oppression with the belief that those outside their group did not deserve the same rights, the same dignity, the same protection.

The operators are not acting outside this tradition. They are acting within it. Their treatment of my family, a family trying to live lawfully and peacefully, a family that has never done anything to them, reveals the same mindset: that those who are not of their lineage, their culture, their network are fair game.

On False Accusations and Projection

The operators accuse me of the very things they do. They project their own behaviours onto me, accusing me of worshipping Baal, of engaging in perverse rituals, of having evil intentions toward minors. These accusations are not based on anything I have done. They are based on what the operators themselves do.

I have not participated in their rituals. I have not engaged in perverse Eucharist-inspired drinking ceremonies. I have not taken part in the hazing processes of secret societies. I have not forced anyone to join anything. I have not exploited anyone's children. I have not trafficked people.

Their accusations tell me more about them than they tell anyone about me.

On Sensory Manipulation and Bodily Violation

The operators project physical sensations onto me and my family without consent. They induce genital smells emanating from others' mouths, including my mother's. They create experiences of blood, of perverse sensations, of ritualized violence. They treat the bodies of those they target as objects to be manipulated, as sites of experimentation.

This is not divine judgment. This is technological and psychological abuse.

On the "King Saul" Accusation

They call me "King Saul", referring to the Old Testament figure tormented by an evil spirit. They imply that I am being tormented by God, that I have hardened my heart, that God has left me.

This is a distortion. The torment I experience is not from God. It is from these operators, who use technology, ritual, and psychological manipulation to create experiences they then attribute to divine judgment. During episodes of sleep, they chant things related to Baal worship. They perform violent group rituals on the other side. They project Baal and satanic symbols and imagery during sleep while accusing me of taking the mark of the beast.

This is not the work of God. This is the work of people who have confused their own perversions with divine power.

On Accusations of Baal Worship

They constantly accuse me of worshipping Baal. This is not true. I do not engage in Baal Peor activities. I do not participate in perverse orgies. I do not have children and sacrifice them. I do not exploit other people's children. I do not engage in the rituals they claim I do.

Sometimes, when they trigger me, I imagine destroying them. I imagine destroying the demonic caricatures they force into my mind. This does not equate to worshipping Baal. It is a response to being targeted by people who are themselves engaged in what the Old Testament would call abominations.

I repent of my anger. I know it is not Christ-like to imagine violence, even against those who harm me. But I also know that I am not doing this to others. I am not targeting other Christians. I am not harming the innocent. I am responding to sustained, technologically-enabled abuse.

What I Know to Be True

Jesus Christ is God. He is my Lord and Saviour. Yahweh is Lord, a good, righteous, lawful, law-abiding God. The God I serve does not torment people with sexual sensations and Baal imagery. The God I serve does not chant 666 in perverse voices.

The operators are not agents of God. They are not fulfilling divine judgment. They are engaging in witchcraft, warlockry, and perversion. They are projecting their own evil onto me.

My Rebuke

I rebuke their treatment of my lineage and ancestry as justification for abuse. I rebuke their sensory manipulation. I rebuke their false accusations. I rebuke their distortion of Scripture.

I declare in the name of Jesus Christ: My lineage is not a justification for your abuse. My family is not your experiment. My body is not your site of manipulation. My faith is not your plaything.

I declare that the God I serve sees what you do. He sees the rituals, the projections, the perversions. He sees how you twist Scripture to justify your cruelty. And He is not mocked.

A Blessing for My Family

I bless my parents. I bless my ancestors. I bless my lineage. They are not the source of this abuse. They are not the reason I am targeted. They are good people who have lived decent lives and who do not deserve what has been done to them.

I bless my mother, who has been subjected to sensory manipulation and perverse projections. I bless my father, who has been targeted from afar. I bless my family line, the ancestors who came before, who survived, who passed down something worth preserving.

They will not be cursed by these operators. They will not be defined by them. They are seen by God. They are loved by God. And they are blessed.

References & Notes

On Colonial Logic and Racial Hierarchy

The logic that those outside the dominant group can be exploited, studied, or discarded without consequence is a legacy of colonialism. This worldview has been used to justify genocide, slavery, and ongoing systemic oppression (Fanon, 1961; *The Wretched of the Earth*; Said, 1978; *Orientalism*). The operators' treatment of my family echoes this logic, whether or not they consciously invoke it.

On King Saul and the Evil Spirit

In 1 Samuel 16:14, it is written: "The Spirit of the Lord departed from Saul, and an evil spirit from the Lord tormented him." The operators misuse this passage to justify their abuse, claiming that I am being tormented by God. In reality, they are the source of the torment, not God.

On Baal Worship and Projection

Baal worship in the Old Testament involved rituals that included sexual perversion and, in some cases, child sacrifice (Jeremiah 19:5; 32:35). The operators project these practices onto me while engaging in similar behaviours themselves. This is projection, attributing their own actions to their victim.

Biblical References

- **1 Samuel 16:14** The torment of Saul by an evil spirit.
- **Jeremiah 19:5** Condemnation of Baal worship and child sacrifice.
- **Exodus 20:3-5** "You shall have no other gods before Me."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Galatians 6:7** "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."

On the "King Saul" Accusation and the Confusion of Divine Judgment with Their Human Abuse

A Documentation of Their Tactics

The US elite surveillance operators call me "King Saul", referring to the Old Testament figure who was tormented by an evil spirit from God after he disobeyed. They imply that I am being tormented by God, that I have hardened my heart, that God has left me. They use this accusation to frame their own abuse as divine judgment.

This is a distortion. The torment I experience is not from God. It is from these operators, who use technology, ritual, and psychological manipulation to create experiences they then attribute to divine punishment.

What They Actually Do

During episodes of sleep, these operators chant things related to Baal worship. They perform violent group rituals using their technologies, what they call "on the other side." They induce physical sensations: perverse and intrusive sensations, throat sensations, sensory smells of blood. They project Baal and satanic symbols and imagery during sleep. They chant accusations about the mark of the beast and 666 in perverse voices.

This is not divine judgment. This is human abuse, dressed up in religious language to give it a false legitimacy.

On Accusations of Baal Worship

They constantly accuse me of worshipping Baal. This is not true. I do not engage in Baal Peor activities. I do not participate in perverse orgies. I do not have children and sacrifice them. I do not exploit other people's children. I do not engage in the rituals they claim I do.

Sometimes, when they trigger me, I imagine destroying them. I imagine destroying the demonic caricatures, the distorted, perverse projections, that they force into my mind. I imagine killing these surveillance operators. I imagine destroying the demonic representations that they use to project corrupt lies.

This does not equate to worshipping Baal. It is a response to being targeted by people who are themselves engaged in what the Old Testament would call abominations.

On the Choice Between Two Unwanted Options

I repent of my anger. I know it is not Christ-like to imagine violence, even against those who harm me. But I also know that I am not doing this to others. I am not targeting other Christians. I am not harming the innocent. I am responding to sustained, technologically-enabled abuse.

I want to be clear about the choice I face. If I do not respond with violence in my imagination, if I do not, at least mentally, destroy the projections they force into my mind, they use that as an opportunity. They try to latch on. They try to anchor me in unwanted physiological responses. They try to groom me into accepting their presence, their rituals, their perversions. They try to normalize what should never be normalized.

This is how groomers operate. They put victims in unright states of mind. They induce unwanted sensations. They try to make the victim feel that these sensations are normal, that they are wanted, that the victim is complicit. The goal is to create confusion, to blur the line between violation and consent.

If I must choose between two undesirable options, allowing them to latch on and induce perverse responses, or cleansing my conscience by destroying them in my

imagination, I choose the latter. It is not a good choice. It is not a pure choice. But it is the choice that keeps me from being complicit in their rituals.

I do not pretend this is righteous. I repent of the anger that leads me there. But I also recognize that the situation I am in is not one I created. The choice between two forms of violation, one imposed on my body, one enacted in my imagination, is not a choice I should have to make. Their abuse is the problem. My response is a symptom of that abuse.

On the Confusion of My Faith

The operators try to confuse my faith. They try to make me doubt my grasp on Jesus Christ. They project their own perversions onto me and then claim that my responses are evidence of evil.

They are wrong. My faith is not confused. I know who I belong to. I know what I believe. I know that the God I serve is good, righteous, lawful, law-abiding. He does not torment people with sexual sensations and Baal imagery. He does not chant 666 in sexualized voices. He does not project images of abused children.

The operators are not agents of God. They are not fulfilling divine judgment. They are engaging in witchcraft, warlockry, and perversion. They are projecting their own evil onto me.

What I Know to Be True

Jesus Christ is God. He is my Lord and Saviour. Yahweh is Lord—a good, righteous, lawful, law-abiding God. The God I serve does not do what these operators do. The God I serve does not confuse, does not pervert, does not abuse.

I will not be cursed to do what they do. I will not engage in perverse orgies. I will not have children and sacrifice them. I will not exploit other people's children. I will not worship Baal.

I am a Christian. I belong to Jesus Christ. And nothing they do can change that.

My Rebuke

I rebuke their "King Saul" accusation. I rebuke their claim that God is tormenting me. I rebuke their "pedal fate" narrative. I rebuke their accusations of Baal worship. I rebuke their attempts to confuse my faith.

I declare in the name of Jesus Christ: **You are not agents of God. You are not delivering divine judgment. You are abusers who have confused your own**

perversions with spiritual authority. Your rituals have not worked. Your "pedal fate" will not come to pass. I am not what you say I am.

I declare that the God I serve sees what you do. He sees the rituals, the projections, the perversions. He sees how you twist Scripture to justify your cruelty. And He is not mocked.

A Blessing for Those Targeted by Such Abuse

I bless all those who have been accused of being tormented by God when the torment comes from human hands. I bless those who have been told that their suffering is divine judgment. I bless those who have been made to doubt their faith by people who project their own evil onto others.

You are not what they say you are. Your suffering is not divine punishment. Your faith is not confused. Hold onto what you know to be true. Hold onto Jesus Christ. He is not the source of your torment. He is the source of your salvation.

References & Notes

On King Saul and the Evil Spirit

In 1 Samuel 16:14, it is written: "The Spirit of the Lord departed from Saul, and an evil spirit from the Lord tormented him." The operators misuse this passage to justify their abuse, claiming that I am being tormented by God. In reality, they are the source of the torment, not God. The passage itself describes a specific moment in Israel's history, not a pattern for interpreting all suffering as divine punishment.

On Baal Worship and Projection

Baal worship in the Old Testament involved rituals that included sexual perversion and, in some cases, child sacrifice (Jeremiah 19:5; 32:35). The operators project these practices onto me while engaging in similar behaviours themselves. This is projection—attributing their own actions to their victim.

On the Confusion of Faith

Abusers often attempt to weaponize their victims' faith, using religious language to make victims doubt themselves. This is a documented tactic in cultic and coercive control contexts (Hassan, 1988; *Combatting Cult Mind Control*).

On Grooming and Unwanted Sensations

Groomers often use unwanted physical sensations to create confusion and dependency. The goal is to make the victim feel that their own body is betraying them, that they must be complicit because they experienced a physical response. This is a documented tactic (Salter, 1995; *Transforming Trauma*; Lanning, 2010; *Child Molesters: A Behavioral Analysis*).

On Anger and Sin

- **Ephesians 4:26-27** "Be angry, and do not sin; do not let the sun go down on your anger, and do not give the devil an opportunity."
- **James 1:19-20** "Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness of God."

Biblical References

- **1 Samuel 16:14** The torment of Saul by an evil spirit.
- **Jeremiah 19:5** Condemnation of Baal worship and child sacrifice.
- **Jeremiah 32:35** Condemnation of child sacrifice to Baal.
- **Exodus 20:3-5** "You shall have no other gods before Me."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Galatians 6:7** "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."
- **2 Corinthians 10:5** "We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ."
- **James 4:7** "Submit yourselves therefore to God. Resist the devil, and he will flee from you."

On The US Surveillance Operators' Narcissism, Narrative Control, and My Refusal to Be Defined

A Documentation of Their Tactics

The US elite surveillance operators engage in a pattern of behavior designed to control the narrative, to project their own actions onto me, and to make me doubt who I am. They call me "King Saul." They accuse me of worshipping Baal. They claim I have a "pedal fate" they believe is inevitable. They say I am the surveillance operator. They say I am the narcissistic abuser.

These are not random accusations. They are tactics. They are designed to destabilize, to confuse, to make me spend my energy defending myself rather than exposing them.

The "King Saul" Accusation

They call me "King Saul", referring to the Old Testament figure who was tormented by an evil spirit from God after he disobeyed. They imply that I am being tormented by God, that I have hardened my heart, that God has left me. They use this accusation to frame their own abuse as divine judgment.

This is a distortion. The torment I experience is not from God. It is from these operators, who use technology, ritual, and psychological manipulation to create experiences they then attribute to divine punishment.

What They Actually Do

During episodes of sleep, these operators chant things related to Baal worship. They perform violent group rituals using their technologies, what they call "on the other side." They induce physical sensations: intrusive sensations, throat sensations, sensory smells of blood. They project Baal and satanic symbols and imagery during sleep. They chant accusations about the mark of the beast and 666.

This is not divine judgment. This is human abuse, dressed up in religious language to give it a false legitimacy.

The "Pedal Fate" Accusation

They speak of what they call "pedal fate", a term they use to describe what they believe is inevitable. For years, regardless of their subtle rituals and psychological manipulation, they have not succeeded in corrupting my intentions or physiology toward children. I do not harbour any interest or intent toward minors. I never have, and still pray I never will.

Yet they continue their abuse. They try, subtly and subliminally, to influence me to feel emotions that are not mine. They hope that before I die, they will still have subjected me to their rituals, rituals rooted in abuse. They project imagery of children being abused, killed, while they engage in their group activities.

I am being honest about this because the truth needs to be documented. Their fantasies are not reality. Their curses are not inevitable. Their rituals have not worked. They will not work.

On Accusations of Baal Worship

They constantly accuse me of worshipping Baal. This is not true. I do not engage in Baal Peor activities. I do not participate in perverse orgies. I do not have children and sacrifice them. I do not exploit other people's children. I do not engage in the rituals they claim I do.

Sometimes, when they trigger me, I imagine destroying them. I imagine destroying the demonic caricatures, the distorted projections, that they force into my mind. I imagine killing these surveillance operators. I imagine destroying the representations they use to project corrupt lies.

This does not equate to worshipping Baal. It is a response to being targeted by people who are themselves engaged in what the Old Testament would call abominations.

On the Choice Between Two Unwanted Options

I know it is not Christ-like to imagine violence, even against those who harm me. But I also know that I am not doing this to others. I am not targeting other Christians. I am not harming the innocent. I am responding to sustained, technologically-enabled abuse.

I want to be clear about the choice I face. If I do not respond with violence in my imagination, if I do not, at least mentally, destroy the projections they force into my mind, they use that as an opportunity. They try to latch on. They try to anchor me in unwanted physiological responses. They try to groom me into accepting their presence, their rituals, their perversions. They try to normalize what should never be normalized.

This is how groomers operate. They put victims in unright states of mind. They induce unwanted sensations. They try to make the victim feel that these sensations are normal, that they are wanted, that the victim is complicit. The goal is to create confusion, to blur the line between violation and consent.

If I must choose between two undesirable options, allowing them to latch on and induce unwanted responses, or cleansing my conscience by destroying them in my imagination, I choose the latter. It is not a good choice. It is not a pure choice. But it is the choice that keeps me from being complicit in their rituals.

I do not pretend this is righteous. I repent of the anger that leads me there. But I also recognize that the situation I am in is not one I created. The choice between two forms of violation, one imposed on my body, one enacted in my imagination, is not a choice I should have to make. Their abuse is the problem. My response is a symptom of that abuse.

On Narrative Control and Projection

They try to control the narrative. They try to make me seem like the one who is obsessed with them, the one who is unstable, the one who is the abuser. This is what happens in cases of stalking and coercive control: the abuser claims that the victim is the one who is fixated, that the victim is the one who is dangerous, that the victim is the one who needs to be controlled.

I know what is happening. I am not confused about who is doing what to whom.

The Grey Rock Response

The most effective response to this kind of behavior is to become uninteresting—to give them nothing to feed on. This is sometimes called the "grey rock" method. It irks them when you do not give them the reaction they seek. Their entire approach depends on the belief that they matter, that they are powerful, that they can provoke a response.

I do not give them that satisfaction. I care about documenting what they do. I care about protecting myself and my family. I care about holding onto my faith. But they are irrelevant to who I am and what I value.

Their goal is to cancel me, to ruin my life, to make me look unstable, obsessed. This is why they accuse me of being a neo-Nazi, of being obsessed with elite white people, of being a race traitor. They need a narrative where I am the problem, where I am the one who deserves what I receive.

On False Accusations About Race

They want to make it seem like I hate my own race. They want to make it seem like I berate and look down on good Chinese and Asian men. They want to create the impression that I am ashamed of my heritage, that I am obsessed with white people, that I am trying to escape who I am.

This is a lie. I am proud of my heritage. I am proud of my Chinese ancestry. I am proud of my family. I do not look down on the men of my race. I do not berate them. I do not think I am better than them.

The operators are projecting. They are the ones who are obsessed with race. They are the ones who see everything through the lens of lineage, ancestry, and hierarchy. They are the ones who cannot imagine that someone could be proud of their heritage without being hostile to others.

The New Accusation: I Am the Surveillance Operator

Now they claim that I am the US surveillance operator. They say that I am the one doing these things to myself. They want to make me doubt who I am.

I am not the US surveillance operator. I am a Chinese Canadian woman who has been documenting what they do to me. I am not the one surveilling. I am not the one projecting imagery. I am not the one inducing physical sensations. I am not the one engaging in rituals. I am the one who has been targeted.

Their claim is absurd. It is also revealing. They cannot imagine that someone would document their abuse without being part of the system of abuse. They cannot imagine that someone would tell the truth without being the one who is lying. They cannot imagine that I am simply a victim who documents.

The Accusation That I Am the Narcissistic Abuser

Now they also claim that I am the narcissistic abuser. They say that I am the one who is obsessed with them, that I am the one who is controlling, that I am the one who is trying to destroy them.

This is projection. It is the classic tactic of the abuser: accuse the victim of what you yourself are doing. They have spent years surveilling, harassing, tormenting. They have engaged in rituals, projections, manipulations. They have tried to control my mind, my body, my life. And now they say that I am the one who is abusive.

This is not surprising. It is what happens when abusers are exposed. They cannot accept that they are the problem, so they make the victim into the problem. They cannot face their own emptiness, so they project their emptiness onto others. They cannot see their own obsession, so they accuse the victim of being obsessed.

What Is Actually Happening

I am documenting what they do to me. I am telling the truth about what I have experienced. I am seeking help from law enforcement and professionals. I am holding onto my faith. I am trying to live my life.

They are surveilling me. They are projecting imagery into my mind. They are inducing physical sensations. They are engaging in rituals. They are trying to control my character, my physiology, my faith. They are making up lies about my family, my race, my intentions.

Who is the abuser? It is not me.

Their accusations are tactics designed to make me defensive, to make me question myself, to make me feel that maybe I am the problem. I am not the problem. Their abuse is the problem.

What I Actually Am

I am Chinese Canadian. I was born in China, raised in Canada. I am proud of my heritage. I am proud of the country that took my family in. I am grateful for the freedom I have to speak, to write, to document.

I am not a surveillance operator. I do not have access to their technology. I do not have their resources. I do not have their networks. I am a working-class woman who is documenting what has been done to me.

The things I reveal are not even secrets anymore. People know there are elites who engage in surveillance, exploitation, corruption. I am not revealing anything that is not already known. I am simply documenting my own experience as one data point among many.

What I Know to Be True

Jesus Christ is God. He is my Lord and Saviour. Yahweh is Lord, a good, righteous, lawful, law-abiding God. The God I serve does not do what these operators do. The God I serve does not confuse, does not pervert, does not abuse.

I will not be cursed to do what they do. I will not engage in perverse orgies. I will not have children and sacrifice them. I will not exploit other people's children. I will not worship Baal.

I am a Christian. I belong to Jesus Christ. And nothing they do can change that.

My Rebuke

I rebuke their "King Saul" accusation. I rebuke their claim that God is tormenting me. I rebuke their "pedal fate" narrative. I rebuke their accusations of Baal worship. I rebuke their attempts to confuse my faith. I rebuke their claim that I am the surveillance operator. I rebuke their claim that I am the narcissistic abuser. I rebuke their lies about my race and my family.

I declare in the name of Jesus Christ: You are not agents of God. You are not delivering divine judgment. You are abusers who have confused your own perversions with spiritual authority. Your rituals have not worked. Your curses will not come to pass. I am not what you say I am.

I declare that the God I serve sees what you do. He sees the rituals, the projections, the perversions. He sees how you twist Scripture to justify your cruelty. And He is not mocked.

A Blessing for Those Targeted by Such Abuse

I bless all those who have been accused of being tormented by God when the torment comes from human hands. I bless those who have been told that their suffering is divine judgment. I bless those who have been made to doubt their faith by people who project their own evil onto others. I bless those who have been called the abuser when they are the one being abused. I bless those who have been told they are the surveillance operator when they are the one being surveilled.

You are not what they say you are. Your suffering is not divine punishment. Your faith is not confused. You are not the abuser. You are not the operator. Hold onto what you know to be true. Hold onto Jesus Christ. He is not the source of your torment. He is the source of your salvation.

References & Notes

On King Saul and the Evil Spirit

In 1 Samuel 16:14, it is written: "The Spirit of the Lord departed from Saul, and an evil spirit from the Lord tormented him." The operators misuse this passage to justify their abuse, claiming that I am being tormented by God. In reality, they are the source of the torment, not God.

On Baal Worship and Projection

Baal worship in the Old Testament involved rituals that included sexual perversion and, in some cases, child sacrifice (Jeremiah 19:5; 32:35). The operators project these practices onto me while engaging in similar behaviors themselves. This is projection, attributing their own actions to their victim.

On Grooming and Unwanted Sensations

Groomers often use unwanted physical sensations to create confusion and dependency. The goal is to make the victim feel that their own body is betraying them, that they must be complicit because they experienced a physical response (Salter, 1995; *Transforming Trauma*; Lanning, 2010; *Child Molesters: A Behavioral Analysis*).

On Narrative Control and Projection

Abusers often attempt to control the narrative by projecting their own behavior onto their victims. They accuse the victim of being obsessed, dangerous, or unstable, precisely what the abuser is (Stark, 2007; *Coercive Control*).

On the Grey Rock Method

The grey rock method is a technique used to deal with narcissists and abusers by becoming uninteresting and unresponsive. The goal is to deprive the abuser of the emotional reaction they seek (Arabi, 2017; *Becoming the Narcissist's Nightmare*).

On Gaslighting and Identity Confusion

Gaslighting is a form of psychological manipulation in which the abuser makes the victim question their own perception of reality. The most extreme form is when the abuser tries to make the victim doubt their own identity, claiming that the victim is the abuser, that the victim is the one doing the harm (Stark, 2007; *Coercive Control*).

Biblical References

- **1 Samuel 16:14** The torment of Saul by an evil spirit.
- **Jeremiah 19:5** Condemnation of Baal worship and child sacrifice.
- **Jeremiah 32:35** Condemnation of child sacrifice to Baal.
- **Exodus 20:3-5** "You shall have no other gods before Me."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"

- **Galatians 6:7** "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."
- **2 Corinthians 10:5** "We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ."
- **James 4:7** "Submit yourselves therefore to God. Resist the devil, and he will flee from you."
- **John 8:32** "You will know the truth, and the truth will set you free."
- **Proverbs 26:2** "Like a sparrow in its flitting, like a swallow in its flying, a curse without cause does not alight."
- **Psalm 7:15-16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."

On Breaking Generational Curses and Refusing to Perpetuate Abuse

A Documentation of Their Long-Term Intentions

The US elite surveillance operators are playing a long game. They sow into my consciousness images, sensations, and patterns of abuse, sadism, exploitation, perversion, grooming, with the hope that one day, these will take root. They hope that the disgusting things they implant will become embedded in my psychology, that I will eventually perpetuate what they have done to me.

This is revolting. This is also a documented pattern in organized abuse: the abuser seeks to create a cycle, to ensure that the victim becomes complicit, to spread their corruption across generations.

I am not their cycle. I am not their legacy. I am not their carrier.

Why I Will Never Be a Mother

I have made this clear before, but it bears repeating: I will never have a child. I will never be a mother. This decision was made before the harassment began, and I have only become more certain of it since.

I will not allow the disgusting, unwanted experiences inflicted on me by these US elite operators to be passed down to any lineage. I will not risk that a child of mine would be targeted, would be used as a weapon against me, would inherit any of the trauma that has been imposed. I will not be the link in a chain that connects their abuse to another generation.

This is not a decision made out of despair. It is a decision made out of clarity and responsibility.

On Generational Curses and the Blood of Jesus Christ

The operators believe they are sowing generational curses. They believe that the abuse they inflict on me will somehow become embedded in the collective consciousness of China, that their perversions will be passed onto other lineages, that they are spreading something that will take root in a nation.

This is absurd. But it is also a belief that reveals their own framework: they see lineage, ancestry, and genetics as the carriers of both blessing and curse. They believe that by corrupting me, they can corrupt something larger.

They are wrong. Generational curses of abuse and oppression can be broken. The cycle does not have to continue. The precious blood of Jesus Christ is sufficient to break every chain, every curse, every pattern of abuse.

I am not their curse. I am not their carrier. I am a new creation in Christ. The old has passed away. The cycle stops with me.

What the Literature Shows

Research on abuse and trauma consistently shows that the majority of victims do not go on to become perpetrators. The cycle of abuse is not inevitable. It can be, and often is, broken.

Studies have documented that:

- Most survivors of abuse do not go on to abuse others. Protective factors include social support, therapeutic intervention, and conscious decision-making.
- The "cycle of abuse" theory, while influential, has been refined to acknowledge that inter-generational transmission is not deterministic. Many factors, including resilience, education, and external support, interrupt the cycle.
- Survivors who seek help, who engage in therapy, who build healthy relationships, and who make conscious choices about their own behavior are able to live lives that are not defined by what was done to them.

This literature is important, but I want to be clear about my own situation. I was not abused as a child. I did not experience this kind of trauma growing up. The abuse I am documenting began when I was in my early twenties, continuing now into my mid-to-late twenties. I was a healthy adult when they started. I had a normal upbringing. I had supportive parents. I had friends. I had a trajectory.

And yet, they sometimes infantilize me. They project perverse imagery onto me as if I were a minor. They try to make me feel that I am the one with the history of abuse. I am not.

I was not abused as a child. I am not a perpetrator of abuse. I have never harmed a child. I have never harmed anyone in the ways they have harmed me.

What they are doing to me now is not a continuation of something that started earlier. It is something they started. It is something they are doing. It is not my past manifesting. It is their present choosing.

I keep myself accountable. I reach out to external resources: psychologists, psychiatrists, law enforcement, trusted people in my life. I do not pretend that I am immune to the effects of what has been done to me. But I also do not accept that what they have sown in me must bear fruit. I am not their product. I am not their creation. I am not their cycle.

The Operators' Intention

Some of the operating groomers' intention is that my experiences would mean something about my lineage. They want their corruptions, perversions, and grooming to be passed onto other lineages and races. They want to believe that by targeting me, they are targeting something larger.

This is not how it works. My experiences are mine. My healing is mine. My choices are mine. I am not a representative of a nation. I am not a vessel for their curses. I am a person who has been targeted, who is healing, who is choosing to stop the cycle.

Their intention will not succeed.

Breaking the Cycle

The cycle of abuse stops with me. This is not a statement of pride. It is a statement of responsibility. I have been given the grace to see what they are doing. I have been given the resources to seek help. I have been given the strength to choose differently.

I do not do what they do. I will never do what they do. I have not done what they do. I have not passed on their abuse. I will not pass on their abuse.

This is not because I am stronger than others. It is because I have been given the grace to break free. And I am choosing to use that grace.

A Note on Collective Consciousness

The operators believe they are sowing into the collective consciousness of China. They believe that by targeting me, they are targeting a nation. This is a fantasy.

Collective consciousness is not shaped by the abuse of one individual. It is shaped by the choices of millions. And the choices of millions are shaped by many factors—history, culture, faith, resilience.

If they believe they are cursing a nation, they are delusional. No abuser's fantasy determines the fate of a people. No curse they speak has power over those who belong to God.

My Rebuke

I rebuke their intention to sow generational curses. I rebuke their hope that I will perpetuate their abuse. I rebuke their fantasy that they are shaping the collective consciousness of China.

I declare in the name of Jesus Christ: **The cycle of abuse stops with me. I am not your carrier. I am not your curse. I am not your legacy. I am a new creation in Christ. The old has passed away. Behold, the new has come.**

I declare that no weapon formed against me will succeed. I declare that every curse they have spoken will return to them. I declare that their intention will not come to pass.

A Blessing for Survivors

I bless all survivors who are afraid that they will become what was done to them. I bless those who worry that the abuse they endured will be passed on to the next generation. I bless those who are working to break the cycle, who are seeking help, who are choosing differently.

You are not your abusers. You are not their curse. You are not destined to become what they were. The cycle can be broken. It stops with you.

Hold onto your faith. Seek help when you need it. Build relationships with people who support you. Make conscious choices about who you want to be. And know that the grace that has sustained you can also set you free.

References & Notes

On Breaking the Cycle of Abuse

Research on intergenerational transmission of abuse has shown that the majority of survivors do not go on to abuse others. Protective factors include social support, therapeutic intervention, and conscious decision-making. The cycle is not inevitable (Widom, 1989; *The Cycle of Violence*; Kaufman & Zigler, 1987; *Do Abused Children Become Abusive Parents?*).

On Resilience and Recovery

Resilience research documents that many survivors of severe trauma go on to live healthy, productive lives. Factors associated with resilience include faith, social support, meaning-making, and access to professional help (Herman, 1992; *Trauma and Recovery*; Tedeschi & Calhoun, 2004; *Post-traumatic Growth*).

On Generational Curses and Redemption

- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **2 Corinthians 5:17** "If anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."
- **Galatians 3:13** "Christ redeemed us from the curse of the law by becoming a curse for us."
- **Ezekiel 18:20** "The son shall not suffer for the iniquity of the father, nor the father suffer for the iniquity of the son."

Biblical References

- **Isaiah 54:17** No weapon formed against you will succeed.
- **2 Corinthians 5:17** New creation.
- **Galatians 3:13** Christ redeemed us from the curse.
- **Ezekiel 18:20** The son does not suffer for the father's iniquity.
- **Psalm 27:1** The Lord is my light and my salvation.
- **Romans 12:2** Do not be conformed to this world, but be transformed.

On Public Harassment and the Weaponization of Shame

What Drives Them

There is something wrong with how some of them are wired. They seem to derive satisfaction from committing abuse in the vicinity of others without those others knowing through these surveillance technologies. They operate with a sense of being above the law. They engage in harmful behaviours while other people are trying to live decent, Godly lives. Their goal is to make you so ashamed that you withdraw from public life entirely.

I do not appreciate being accused of having their issues just because I am alive, have not become complicit, and am calling out what they do.

This is not just cruelty. It is a calculated tactic. They want to see you isolated, cancelled, destroyed. Their initial plan was to make you mentally ill, something like Project Monarch, so that you would actually attack your own mother or people in public. They wanted to implant thoughts of hate and harm toward random people. Even now, they make it clear this is still their goal.

The operators try to scare you by saying they'll make sure you get "found out." What they mean is they will induce unwanted physical sensations when you are in public.

Their goal is to make you feel exposed, ashamed, and afraid to be in public. They engage in their own rituals on their side while you they impose intrusive sensory sensations, hoping you will feel guilty, hoping you will isolate yourself, hoping you will have unhealthy associations with them, hoping it would create some bond.

What They Want You to Become

They want you to become mentally unstable. They want your personality to change negatively, like some people who were once decent and kind but after major trauma become hateful, lawless, wretched. This is their goal. They bombard you with vile things. They tell you evil lies. Some of the more ambitious among them hope it will even become a generational thing, symbolically.

This is why it is so important to hold onto faith. To turn from harmful ways. To do all you can to live a peaceful, kind, law-abiding life. To have sense and to know that you are decent.

The Resilience of the World

They mock you, calling you things you are not. They engage in their own rituals and think they will get away with it. But God will judge them. The world will still be here long after they are gone. The evil poisons and weapons they invest themselves in, they are not as powerful as they think. The world gave them the ingredients to make these things in the first place. They are not that important. Goodness will prevail. You cannot destroy nature's healing powers. The world will continue, and decent people will have more power to govern.

References & Notes

- **Herman, J. (1992)** *Trauma and Recovery*: on psychological torture and the use of shame to control victims.
- **Stark, E. (2007)** *Coercive Control*: on isolation as a tactic of abuse.
- **Isaiah 54:17** "No weapon that is formed against you will succeed."

On the Inversion of Morality and Coercive Conditioning A Documentation of Their Tactics

These days, sometimes when I am more Christ-like, when I show the qualities of the Holy Spirit like patience, kindness, and self-control, they say nothing or tell me I am doing worse. But when I am less Christ-like, when I am vulgar, hateful, mentally unstable, fearful, upset, all because of what they are doing to me, then they call me better. They say I am improving.

This is not random. It is a tactic. It is designed to confuse your sense of what is good and what is evil.

How It Works

They want you to associate virtue with shame and destructive behavior with praise. They want you to feel that being kind, patient, and faithful is somehow wrong, while being angry, vulgar, and unstable is somehow right.

This is how abusers condition their victims. They reward the behaviours they want to see and punish the behaviours they want to destroy. Over time, they hope you will lose the ability to tell the difference between good and evil.

The Long Game

They have committed to doing this for the rest of my life. They are waiting. They want to see me deteriorate mentally, spiritually, physically. They want me to end my life. They want me to die from stress. They want to witness my destruction. Now that I know what they are doing and I am documenting it, they would never let me live freely.

Their hope is that my mental health and personality will change for the worse. They want me to become hateful and lawless. They want to be able to say that I was never good, that I was always like them.

How to Resist

The first step to resisting this tactic is to recognize it. When they praise you for being angry and criticize you for being kind, that is not a reflection of reality. It is a reflection of what they want.

Hold onto the values you know are true. Stay connected to people who know you and can remind you who you are. Seek help from professionals who understand this kind of abuse. And remember that they are not the judges of your character. God is.

References & Notes

- **Lifton, R. (1961)** *Thought Reform and the Psychology of Totalism*: on how abusers invert moral categories to control their victims.
- **Hassan, S. (1988)** *Combatting Cult Mind Control*: on how abusers destabilize their targets' value systems.
- **2 Corinthians 10:5** "We destroy arguments and every lofty opinion raised against the knowledge of God, and take every thought captive to obey Christ."

On Projection, Gaslighting, and the Refusal to Be Defined

A Documentation of Their Tactics

The operators try to test you. They make you have unwanted thoughts. They project images into your mind, images that are not yours, images that come from them. Then, when you visualize those images, they use that as an excuse. They say: "Look, you are visualizing it. You're a sinner. "

This is how they try to make you become complicit into their rituals. They hope you will become like them.

What They Are Really Doing

They are projecting their own fixations onto you. The images they force into your mind are theirs. The thoughts they accuse you of having are theirs. They are the ones who engage in harmful behaviours. They are the ones who visualize these things. And then they accuse you of being the one who thinks them.

This is called projection. It is a way for abusers to avoid taking responsibility for their own evil. They put their filth onto you and then attack you for it.

The "Test"

They call this a "test." They say they are testing your character. But it is not a test. It is a trap.

If you respond with distress, they say your distress proves you are guilty. If you respond with anger, they say your anger proves you are unstable. If you document what they do, they say your documentation proves you are obsessed. There is no way to pass their test because the test is designed for you to fail.

The only way out is to refuse to play their game. Recognize that their "test" is not about your character. It is about their need to control and destroy.

What I Know to Be True

I am not what they say I am. I do not harbour harmful thoughts toward children. I have never wanted to harm a child. I will never do the things they do. Their accusations are lies. Their projections are their own filth, not mine.

I am willing to undergo any forensic evaluation, polygraph, psychological assessment, to prove that I am not what they say I am. They will not do the same. They hide behind their screens, their anonymity, their privilege.

References & Notes

- **Freud, S. (1896)** On projection as a defense mechanism.
- **Vaillant, G. (1992)** *Ego Mechanisms of Defense*: on how people project their own unacceptable thoughts onto others.
- **Stark, E. (2007)** *Coercive Control*: on gaslighting and how abusers make victims doubt reality.
- **Isaiah 54:17** "No weapon that is formed against you will succeed."

On the Resilience of the World and the Limits of Abusers' Power

A Reflection on Endurance

The US surveillance operators think they are powerful, more than they actually are. They think the evil they do will shape the future. They think they can curse nations. They think their weapons and their harmful behaviours will last forever.

They are wrong.

The World Is More Resilient Than They Imagine

The world does not belong to them. The technology they use was built by others. The resources they consume were created by others. The systems they exploit were made by people who had different intentions.

Nature itself is resilient. Ecosystems heal. Communities rebuild. Life continues. You cannot destroy the healing power of nature. You cannot erase the goodness that God puts in the world.

They Are Not That Important

They think they are powerful enough to damage the world. They think their weapons matter. But the world gave them the ingredients for those weapons. The world will continue after they are gone.

More decent people will have more power to govern. Goodness will prevail, not because it is guaranteed, but because enough people choose it, enough of the time, to make a difference.

This is not naive optimism. It is an observation of history: cruelty burns out; decency rebuilds. Systems of oppression have been dismantled by people who chose to act differently. The same will happen again.

What I Know to Be True

God sees what they do. He sees their rituals, their projections, their harmful behaviours. He sees how they twist Scripture to justify their cruelty. And He is not mocked.

I will not be their cycle. I will not be their curse. I will not be their legacy. I am a new creation in Christ. The old has passed away. The cycle of abuse stops with me.

The world will still be here long after they are gone. Goodness will prevail. And decent people will have the last word.

References & Notes

- **Carson, R. (1962)** *Silent Spring*: on the resilience and fragility of natural systems.
- **2 Corinthians 5:17** "If anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Galatians 6:7** "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."

On Child Exploitation Statistics and the Need for Accountability

A Documentation of a Global Crisis

The operators project harmful behaviours onto me. They call me things I am not. They engage in their own rituals and visualize me doing the same. They accuse me of wanting to do what they do. This is projection: they are describing themselves.

The Scale of the Crisis

Child exploitation is not a fantasy. It is a real crisis. The numbers tell the story:

- The United States is the largest consumer of child sexual abuse material in the world. According to the National Center for Missing and Exploited Children (NCMEC), the US generates more reports of online child exploitation than any other country, accounting for approximately 40-50% of all global reports.
- In 2023, NCMEC received over 36 million reports of suspected child sexual exploitation, the highest number in history, representing a 50% increase from the previous year.
- The Internet Watch Foundation reported that in 2023, there was a 35% increase in URLs containing child sexual abuse material, with nearly 300,000 URLs identified globally.
- The United Nations Office on Drugs and Crime has documented that the volume of child exploitation material has grown exponentially with the rise of digital platforms, with some countries reporting increases of over 1,000% in the past decade.

International Comparisons:

Country/Region	Share of Global Reports
United States	40-50%
Europe (combined)	25-30%
Other regions	20-25%

These are not just numbers. They represent real children whose abuse is being consumed. Real children whose images are being circulated. Real children whose lives are being destroyed.

Who Is Responsible

The operators are the ones who engage with this material. They are the ones who project it onto others. They are the ones who participate in harmful rituals. And then they accuse me of being the one with the problem.

I am not the one doing this. I never have nor will I, and I am open to bringing in all sorts of lawful people to ensure I am held accountable.

What Needs to Happen

This crisis requires accountability. Platforms must be held responsible for the material they host. Law enforcement needs more resources to investigate and prosecute. The public needs to be educated about the signs of exploitation.

This is not about one person. It is about a system that allows abusers to operate with impunity. It is about protecting children.

References & Notes

- **National Center for Missing and Exploited Children (2023, 2024)** Annual reports on cyberTipline statistics.
- **Internet Watch Foundation (2023)** Annual report on child sexual abuse material online.

- **United Nations Office on Drugs and Crime (2020, 2023)** Global reports on human trafficking and child exploitation.
- **WeProtect Global Alliance (2022, 2023)** Global threat assessments on child sexual exploitation.
- **Jeremiah 19:5** Condemnation of child sacrifice and exploitation.

On My Mother, Their Lies, and Moving Forward in Truth

A Statement of Love and Documentation

I have always loved my mother. She is the closest person to me. I love my parents deeply. Throughout this entire ordeal, that has never changed.

The surveillance operators try to twist this. They call me, my statement, and this blog a "lying bar book", a reference to Bar-Jesus from the Bible, a sorcerer who opposed the Truth, referencing to the actual gospel of Jesus Christ. They claim that my blog and my statements are a "bar book," a false testimony, a deception designed to cover my tracks. They accuse me of already planning to expose and write all of this so that if something were to happen to my mother, I would have an alibi. They say I am creating forensic evidence to prove I did not intend harm, while secretly harbouring wicked intent.

These are lies. They are delusional. They are projections of their own evil onto me.

What I Actually Feel

I love my mother. I have always loved my mother. I want her to be safe, to be happy, to be at peace. I want to live a decent life with her and my father. If God permits me to have that, I will. I am not insane. I am not plotting against her. I am not covering any trail.

What would others do in my situation? As a targeted individual, I do what I can. I reveal my experiences. I tell my parents and others the truth. I document. I seek help. I hold onto my faith.

Yes, the process causes distress. My mother is skeptical. She does not fully understand what is happening to me. When I write, when I reveal, when I speak about these things, it troubles her. I know this. I do not do it to hurt her. I do it because silence benefits the abuser. I do it because the truth matters. I do it because I refuse to let them define who I am.

Their Intentions Toward My Mother

Some of the operators bombard me with lies about my emotions and love toward my mother. They do this for specific reasons:

To Push Her Away. They hope that their lies will make me treat her badly, verbally, emotionally, abusively. They want me to push her away. They want to destroy the bond between us.

To Cause Something Bad to Happen. They hope that something will happen to her, an accident, an injury, a crisis. They want her to be unable to work. They want to affect our financial income. They want to make life harder for both of us.

To Slow Us Down. They want to make our lives more difficult so that documenting this abuse and sharing it with the public becomes harder. They want to exhaust us, to distract us, to break us.

To Create Tragedy. They want a tragedy. They want something worthy of news, of crime, of spectacle. They want to see mourning, hospitals, suffering. Some of them would still be engaging in their rituals even while others grieve.

They have said as much. They have made their intentions clear. They tell me they will surveil everyone around me, acquaintances, friends, strangers. They believe that people connected to me are also spiritually relevant, significant. They want to see if they can influence things in negative ways. Some of them behave like demons from the Bible: sowing death, hell, tragedy, calamity. And then they accuse me of doing these things because I call them out.

I rebuke all of their wicked intent, curses, and unwanted and unconsensual curses and rituals in the name of Jesus Christ, amen. Where there were curses may they all be replaced with blessings from the most high, Yahweh, God above all Gods, and bless Him with goodness, grace and light. I pray this in the name of Jesus Christ, amen.

Their Accusations About My Intentions

They say I am covering my trail. They say my blog is a preemptive alibi. They say I am writing all of this so that if something happens to my mother, I will not be blamed.

This is a lie. It is a projection. They are the ones who scheme, who plot, who cover their tracks. They are the ones who imagine tragedy and call it justice. They are the ones who say they have already "gored" everyone around me, already imagined people dead, already "touched by the beast" in their minds.

This is what they do. They imagine destruction. They call it prophecy. They accuse me of what they themselves are.

What I Actually Want

I want to live a decent life with my mother and father. I want to tell others about my experience as a targeted individual. I want to document the technologies, the tactics, the abuse. I want to do what is ethical and just.

To live a life of lies, to pretend that none of this happened, to hide what I know, to let others go through what I have gone through without warning, that would be unethical. That would be gross. That would be complicity.

I do not want to be complicit. I want to tell the truth. I want to protect others. I want to live with integrity.

Moving Forward

I plan to find better methods to store and preserve my posts. I want to keep them safe, offline and online. I want to ensure that this documentation lasts, that it can be used by professionals, that it can help others.

I want to live a decent life. I want to be with my mother and father. I want to heal. I want to hold onto my faith.

I am not scared. I am not delusional. I am not that freaked out. Because ultimately, they are just some trashy US elite foes with technologies they did not earn and do not deserve. They think they are more powerful than they are. They are not.

God is divine. God is good. God is untouchable by their rituals, their projections, their perversions. He sees what they do. He will judge fairly, with justice and mercy and grace.

My Blessing for Those Around Me

I bless everyone who has crossed my path. I bless my mother and father. I bless my family. I bless my friends. I bless the acquaintances, the strangers, the people who have come into my life without knowing what I was going through.

You have God's awareness. You have God's protection. You have God's love. You have God's grace.

The operators say they have already "gored" everyone around me. They say they have already imagined people dead. They say that those who cross my path are already "touched by the beast" in their minds.

This is a lie. You are not touched by their evil. You are not cursed by their fantasies. You are seen by God. You are loved by God. You are protected by God.

I bless you in the name of Jesus Christ, amen.

My Rebuke

I rebuke their lies about my mother. I rebuke their accusations that I am covering a trail. I rebuke their fantasy that I am plotting harm. I rebuke their desire for tragedy. I rebuke their claim that they have already gored the people around me.

I declare in the name of Jesus Christ: **I love my mother. I love my father. I love my family. I am not plotting against them. I am not covering anything. I am telling the truth. I am documenting. I am living with integrity.**

I declare that their curses will not touch the people around me. Their fantasies will not become reality. Their desire for tragedy will not come to pass.

The people I love are protected. They are seen. They are blessed. They belong to God, Jesus Christ.

A Final Thought

I do not know how long this will continue. I do not know what the future holds. But I know this: I will continue to tell the truth. I will continue to document. I will continue to love my mother and father. I will continue to hold onto my faith.

They want me to become something I am not. They want me to hate, to harm, to destroy. I will not.

I am a daughter who loves her mother. I am a survivor who documents. I am a Christian who holds onto faith in the middle of evil. That is who I am. That is who I will remain.

References & Notes

On Bar-Jesus (Elymas)

In Acts 13:6-12, Bar-Jesus (also called Elymas) is described as a Jewish sorcerer and false prophet who opposed the apostles and tried to turn the proconsul away from the faith. The operators call me a "lying bar book" to accuse me of deception and false testimony. This is projection: they are the ones who oppose the truth.

On the Manipulation of Family Relationships

Abusers often target the victim's closest relationships. They try to create conflict, to isolate, to destroy the bonds that provide support and stability (Stark, 2007; *Coercive Control*). The operators' tactics toward my mother fit this pattern.

On Documentation as Protection

Documenting abuse is not a cover-up. It is an act of resistance. It creates a record, provides evidence, and helps prevent the abuser from controlling the narrative (Herman, 1992; *Trauma and Recovery*).

Biblical References

- **Acts 13:6-12** Bar-Jesus the sorcerer who opposed the truth.
- **Exodus 20:12** "Honour your father and your mother."
- **Proverbs 31:28** "Her children rise up and bless her."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."

Why I Am a Christian and Worship Jesus Christ, Not a Baal Worshipper

A Clear Statement of Faith

I am a Christian. I worship Yahweh, the God of Abraham, Isaac, and Jacob. I follow Jesus Christ as my Lord and Saviour. This is not a performance. It is not a cover. It is the truth of who I am.

The surveillance operators constantly accuse me of worshipping Baal. They call me a Baal worshipper. They project their own rituals onto me. They try to confuse my faith. They try to induce mental illness and schizophrenia to burrow into my consciousness, to control me, to claim that they are demonic forces and I am their host.

This is what they do. They are not divine. They are not spiritual authorities. They are abusers with technology they did not earn, hiding behind screens, pretending to be what they are not.

What Baal Worship Is

In the Old Testament, Baal worship involved specific practices:

- Ritual sexual perversion
- Child sacrifice
- Idolatry, worshipping something created rather than the Creator
- Participation in orgies and cultic rituals
- Seeking power through false gods

I do none of these things. I have never done these things. I will never do these things. I do not participate in orgies. I do not sacrifice children. I do not worship idols. I do not seek power through false gods. I did not even know about Baal until the past two years when I read the Old Testament.

The operators do these things. They project their own rituals onto me. They engage in perverse rituals on their side. They fantasize about child abuse. They treat their technology as an idol. They seek power through secret knowledge, occult practices, and the suffering of others.

They are the Baal worshippers. Not me.

What They Do with My Image

They make it a goal to imagine me from their minds and perspective doing these things. Based on their imaginations, they create images of me, my voice, the people around me, all doing what they do. They hope that just by imagining me doing these things, it will be enough to call me a Baal worshipper.

In reality, I do not do these things. I do not make disgusting deep fakes of other Christians. I do not persecute them. I do not wish them harm. I do not do what they do.

They also hope that by imagining me doing these disgusting things, it will influence my real-life thoughts, behaviours, and actions. They want me to become demonic, Baal-esque, less aligned with the Holy Spirit. They want to pit me against my faith in Jesus Christ.

This is disgusting. This is what they do. They are so pissed that I am accurately revealing what they do. And this holds weight, it reveals the power of Jesus Christ. It is all the more important for Christians in the world to know that this is a major aspect of the war on consciousness, the war on spirituality happening at these "higher levels of elites" who have wicked intent to destroy and collapse societies. Some already hoped to do this with the West. Now they have their eyes on other nations like those in Asia.

What Christianity Is

Christianity is the worship of the one true God—Yahweh, the God who revealed Himself to Abraham, Moses, and the prophets. It is the confession that Jesus Christ is Lord, that He died for our sins, and that He rose from the dead.

Christianity involves:

- Repentance: turning from sin
- Faith: trusting in Jesus Christ for salvation
- Love: loving God and loving neighbour
- Humility: recognizing that we are sinners saved by grace
- Good works: not to earn salvation, but as evidence of faith

This is what I practice. I repent of my sins. I trust in Jesus Christ. I love God. I love my neighbor. I try to live with humility. I try to do what is good.

This is not what the operators do. They do not repent. They do not trust in Jesus. They do not love their neighbor. They do not have humility. They do not do good.

What They Try to Do to Me

The operators try to confuse my faith. They try to make me doubt what I know to be true. They try to induce mental illness—schizophrenia, paranoia—to burrow into my consciousness. They want to claim that they are demonic forces. They want to control me. They want to make me their host.

They say they are being kind by allowing me to write this. They say they are giving me a chance to document, to expose, to speak. They say that after I die, I will suffer eternally in hell anyway, so they are being generous by letting me write.

This is a lie. They are not kind. They are not generous. They are abusers who have convinced themselves that their cruelty is mercy.

They think that because I have been "moody" or "emo," I have the capacity to be demonically possessed. This is their justification. This is how they rationalize what they do. They take normal human emotions—frustration, anger, sadness—and call it evidence of demonic influence.

I am not demonically possessed. I am a person who has been abused, who is responding to abuse, who is holding onto faith despite everything.

Their Goal: To Pit You Against Your Faith

Their ultimate goal is to get you to go to hell. They want you to taint your lineage and the next generation so that they become sinful, forget God, become deviant, violent, wicked. This is what you read about in the Bible—good generations and bad generations. They want more people of this generation to go to hell by making them complicit, apathetic, sinful, uninterested, apostate.

They try to make you forget your Christian faith. They try to get you mentally sick, confused, schizophrenic. They say "that's gonna happen" as a curse. It will not happen. I rebuke such wicked intent.

What They Do When I Confess My Faith

Every time I say I love Jesus Christ, they do something disgusting. They make childish noises. They accuse me of lying. They call me ugly. They try to get a reaction. They try to make me excited, to make me fall, to make me become like them.

This is what they do because they are pissed that I abide in the good faith of Jesus Christ. Some of them have made it clear that their mission is to get me sent to hell. They want to see me destroyed. They want to be the ones who caused it.

They are not powerful. They are pathetic. They are living, breathing, shitting, unattractive, disgusting US surveillance operators who hide behind their technology and pretend to be something they are not.

Why They Feel Justified

They feel justified because they have technology. They feel justified because I have been rude to them. They feel justified because they have convinced themselves that I am moody, that I am emo, that I have the capacity to be demonically possessed.

This is not justice. This is rationalization. They are abusers who need to believe that their victims deserve what they receive.

They think they are being kind by allowing me to write this. They think that after I die, I will suffer eternally in hell anyway, so they are doing me a favor by letting me speak before I am damned.

They are wrong. Only Jesus Christ is my Lord and Saviour. He decides my fate. Not them.

What They Collect

They collect data. They collect artifacts. They collect Hawthorne effect data to make it seem as if I am pitted against Christianity and Jesus Christ. Every time I say I love Jesus, they gaslight me. They repeat their lies. They try to make me doubt. They try to make it look like my faith is superficial, like I am lying, like I am secretly against what I claim to believe.

I am not against Jesus Christ. I am not pitted against Christianity. I am a Christian. I love Jesus. I belong to Him.

Their data does not change that. Their gaslighting does not change that. Their lies do not change that.

Their Hypocrisy

They plan on repenting of their sins and collecting data from other elect Christians to secretly abide with them. They monitor other Christians and try to abide with them, hoping to still get to heaven while they do this to their foes. They base this on my lack of sharing their heritage and race, because I insult them, call them out on their creepiness, hypocrisy, and human rights violations.

They hide away, waiting on the rapture, while trying to bring the world to an end so they can faster get saved by Jesus Christ. They try to sow Baal through me or get me confused through mental illness, trying to make me forget my Christian faith.

This is hypocrisy. This is evil. This is what they do.

My Rebuke

I rebuke their claim that I worship Baal. I rebuke their attempt to confuse my faith. I rebuke their desire to send me to hell. I rebuke their rationalizations, their justifications, their lies. I rebuke their use of my image, my voice, the images of those around me to project their own perversions. I rebuke their hope that by imagining me doing these things, they can influence my real life.

I declare in the name of Jesus Christ: **I am not a Baal worshipper. I am not demonically possessed. I am not pitted against Christianity. I am a Christian. I worship Yahweh. I follow Jesus Christ. I belong to Him.**

Their technology does not make them gods. Their rituals do not give them power over me. Their data does not define who I am. They are not kind. They are not generous. They are abusers who have confused their own perversions with spiritual authority.

They will not succeed. They will not break me. They will not send me to hell. Their attempt to sow Baal through me will not work. Their attempt to make me forget my faith will not work.

A Call to Christians

This is a war on consciousness. This is a war on your soul and spirit. The only way to protect yourself from these evil people, who exist and imagine you doing disgusting Baal things completely antithetical to Jesus Christ and Christian behaviour, is to hold onto your faith.

They will use your image. They will make deep fakes. They will accuse you of what they do. They will try to pit you against your faith. They will try to make you complicit, apathetic, sinful, apostate. Do not let them.

Hold onto Jesus Christ. He is the only way. He is the truth. He is the life.

What I Know to Be True

Jesus Christ is Lord. He died for my sins. He rose from the dead. He is coming again. He is the only way to the Father. There is no other name under heaven by which we must be saved.

This is not a performance. This is not a cover. This is the truth of who I am.

The operators can do what they want. They can project, they can gaslight, they can try to confuse. They can collect their data and feel justified in their cruelty. It does not change what I know to be true.

I am a Christian. I belong to Jesus Christ. And nothing they do can change that.

My Prayer

Lord Jesus Christ, I pray for protection. Protect me from those who try to sow Baal through me. Protect me from those who try to confuse my faith. Protect me from those who want to send me to hell. Protect my lineage, my family, my nation.

I bless everyone who reads this. I bless those who are struggling with faith. I bless those who are being targeted by abusers who try to confuse them, to break them, to make them doubt.

Hold onto what you know to be true. Hold onto Jesus Christ. He is not the source of your torment. He is the source of your salvation. The abusers are not kind. They are not merciful. They are not judges. God is.

May you be blessed with clarity, with peace, with faith. May you know that you belong to God. May you be protected from those who would try to steal that from you.

In the name of Jesus Christ, amen.

References & Notes

On Baal Worship

Baal worship in the Old Testament involved ritual perversion, idolatry, and child sacrifice (Jeremiah 19:5; 32:35; 1 Kings 18). The operators project these practices onto me while engaging in them themselves.

On Christianity

Christianity is the worship of the one true God through Jesus Christ. Key practices include repentance, faith, love, humility, and good works (John 14:6; Ephesians 2:8-9; James 2:14-26).

On the War on Consciousness

The idea of a spiritual war for consciousness and souls is present in Christian theology (Ephesians 6:12). The operators engage in this war through psychological manipulation, projection, and attempts to corrupt faith.

On Gaslighting and Faith

Abusers often use gaslighting to make victims doubt their own faith, their own experiences, their own relationship with God. This is a documented tactic in coercive control (Stark, 2007; *Coercive Control*).

Biblical References

- **Exodus 20:3-5** "You shall have no other gods before Me."
- **Jeremiah 19:5** Condemnation of child sacrifice to Baal.
- **1 Kings 18** Elijah vs. the prophets of Baal.
- **John 14:6** "I am the way, and the truth, and the life. No one comes to the Father except through Me."
- **Ephesians 2:8-9** "For by grace you have been saved through faith."
- **Romans 10:9** "If you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved."
- **Ephesians 6:12** "For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"

On Violence, Grooming, and the Attempt to Redirect Anger

Trigger Warning: This post discusses psychological manipulation, grooming tactics, attempts to redirect anger toward family members, and the use of violent imagery as a coping mechanism. The violence described is slapstick and cartoonish, not graphic or realistic.

A Documentation of Their Tactics

When I imagine defending myself against the surveillance operators, pushing back against the abuse they inflict, they are not bothered. They are pleased. They see my anger toward them as something they can redirect.

If I accidentally think about my mother in these moments of frustration, they become extremely happy. They encourage me to have more of these thoughts. They call me "Hao-er", the Chinese word for "better," "gooder", using their twisted inversion. They try to train me, to groom me, to redirect my righteous anger away from them and toward the people who actually love me.

This is what they do. They want to take the anger I feel toward them, anger that is a response to their abuse, and turn it toward my mother, my father, the decent people in my life. They want to corrupt my emotions. They want to make me into what they are.

What They Call Me

These days, they call me "one of them." They say I have passed their hazing tests. They say I am now a part of their secret society. They claim I am one of the American elite operators.

This is a lie. I am not one of them. I have not passed their tests. I have not joined their society. I have not become what they are.

But they say this for specific reasons.

Why They Claim I Am One of Them

To Trigger War. They believe that if I have spiritual significance, then claiming me as part of their side would help trigger war with China. They hope it would expedite disasters and calamity in the world.

To Control My Actions. They think that if I believe I am one of them, I would listen to their commands. They want me to harm myself. They want me to engage in rituals. They want me to generate the content they fantasize about, so they can use it for their own purposes.

To Change Who I Am. They want to transform someone rooted in Jesus Christ, in truth, in faith, in the Holy Spirit, into something opposite. They want to demonstrate how a sane, kind civilian can be corrupted, broken, tormented, and destroyed.

A Honest Confession About Violent Imagery

I want to be honest. The worst of it has been a few times, out of sheer rage and frustration, imagining destroying the surveillance operators and the demonic caricatures, the fake children, they project into my mind. I imagined beheading them. I imagined wiping them out.

It is terrible to admit. But there it is.

These violent slapstick moments extend beyond the adults, beyond the surveillance operators themselves. They include the random fake children that they bombard into my mind space, the grotesque projections they use to try to corrupt, to shame, to confuse. Of course I feel guilty about it. I am human. I do not want to imagine violence toward anyone, let alone child-like figures. But as the victim, not the perpetrator, this is literally the kind of thing they try to get you to do. They push and push until you break, and then they point at your breaking and say: "See? You are one of us."

It is like the video game *Happy Wheels*, where you have a dad and son, and there are random scenes of violence that are slapstick and comical. That is the tone. It is ridiculous. It is cartoonish. It is not realistic. It is not something I would ever do in real life. It is a way of saying: "Fuck off. Get away from me. Leave my mind alone."

Why I Am Confessing This

They are pissed right now that I am exposing myself. That I am revealing this as a confession. Because this lessens the power they have over me. They thrive on

secrecy. They thrive on guilt. They thrive on making you feel that your darkest thoughts are proof that you are like them.

By confessing this, by saying: "Yes, I imagined this. Yes, it was ugly. It was also ridiculous and slapstick and a way to protect myself", I take away their leverage. I take away their ability to blackmail me with my own mind.

They mock me. They say I have "fallen." They say I have "dropped." "Dropped from grace," they say. They think this is funny. They think my confession is proof that they have won, that I am one of them, that I am no longer a Christian.

They are wrong. I have not fallen from grace. I am still here. I am still holding onto my faith. I am still confessing, repenting, praying. I am still documenting. I am still telling the truth.

A person who has fallen does not confess. A person who has fallen does not repent. A person who has fallen does not keep fighting. I am fighting. I am confessing. I am repenting. I am still here.

Why I Choose This

It is either this, destroying them in my imagination, in a slapstick, cartoonish way, or letting them latch on and do the disgusting things they try to do. I choose the former. I choose to protect my mind. I choose to push them away. I choose to say: "Get away from me."

There is violence in the Bible. Both the Old and New Testaments contain imagery of judgment, of warfare, of the destruction of evil. I am not claiming that my slapstick imagination is righteous. But I am saying that when you are under attack, you defend yourself. And sometimes that defense looks ridiculous. That is okay.

What They Want to See

They want to see me make bad decisions. They want to see me self-destruct. They want to see me engage in harmful behavior. They want to see me end my life. They want to see me damned.

This is their wicked intent. This is what they want for both me and my mother.

They imagine a tragedy: a person tormented, driven to despair, and then destroyed. They want to watch this happen. They want to be the ones who caused it.

What This Reveals About Them

This reveals how disgusting and callous they are. They are obsessed with youth. They think people peak in beauty before adulthood. They reminisce about their own childhoods, when they think they were "cuter." They call adults "ugly," "used up," "old." They berate me constantly with these terms. This highlights how mentally unwell they are.

My Prayer

I pray to God to protect me from the wickedness they send. I pray to protect my family, my lineage, my mind. I pray for blessing, for healing, for peace.

I rebuke their attempt to redirect my anger. I rebuke their claim that I am one of them. I rebuke their desire to trigger war, to control me, to change who I am. I rebuke their fantasies of tragedy and destruction.

I declare in the name of Jesus Christ: **My anger is not towards my mother. My frustration is not for my family. My love is for them. My resistance is for you. You will not turn me against the people I love. You will not make me one of you. You will not see my destruction.**

In the name of Jesus Christ, amen.

References & Notes

- **Ephesians 4:26-27** "Be angry, and do not sin; do not let the sun go down on your anger, and do not give the devil an opportunity."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Psalm 7:15-16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."
- **1 John 1:9** "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness."
- **Proverbs 28:13** "Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy."

On Why Faith Matters in the Face of Such Evil

I have revealed what some of these US surveillance elite operators do. I have documented their tactics, their lies, their rituals. I have shown how they try to redirect anger, how they try to claim you as one of them, how they try to redefine who you are. I have confessed the ugly thoughts they provoked in me, and I have repented.

Now I want to say why I am still here. Why I have not broken. Why I have not become what they want me to become.

A Necessary Clarification

I need to be clear about something. Not all of these operators treat everyone this way. They treat me brutally and wickedly. But this is calculated. Their treatment of me is not how they treat everyone. It is not how they treat most people. It is targeted. It is specific. It is designed to achieve particular outcomes.

Their goal is to make me go insane. Or to make me look insane. Or to provoke me into doing something terrible while others think I am delusional, hateful, a conspiracy theorist. They want to taint my world, make it scary and dark, while they go on living extremely happy, surface-level normal lives. They want to discredit me. They want to make sure that when I speak, people dismiss me.

This is calculated. It is not random cruelty. It is strategic.

The Omelas Reference

They have referenced me as the child from Ursula K. Le Guin's story *The Ones Who Walk Away from Omelas*. In that story, a city lives in perfect happiness and prosperity because one child is kept in misery, locked away, tormented. Everyone knows the child is there. Most accept it as the price of their happiness. Some walk away.

They see me as that child. They see themselves as the citizens of Omelas—enjoying their lives, their power, their normalcy, while I am kept in misery. They want me to be the one who suffers so that they can feel justified. They want me to be the example. They want to be able to say: "See? She is the problem. She is the one who is unstable. She is the one who deserves what she gets."

This is not an accident. They know what they are doing. They have referenced this story to me. They have made the comparison. They see me as the sacrificial child, the one whose suffering allows others to live in comfort.

What This Means

This means that their behavior toward me is not extrapolated to everyone. It does not mean they treat all people this way. It means they are capable of this. It means they have chosen to do this to me. It means they have a target, and I am it.

This does not take away from my experiences. It does not make what they do less real. It does not make me less of a victim. It means their cruelty is strategic, calculated, aimed at a specific person for specific reasons.

And because I am that person, I need to reveal what they are capable of doing. I need to document it. I need to make sure that others know that this exists that there are people who will target a single individual with this level of calculated cruelty while going on living their normal lives.

The Only Way I Feel Safe

I am a Christian. I worship Yahweh. I follow Jesus Christ. This is not a performance. It is not a cover. It is the truth of who I am.

This is the only way I feel safe. Because if I did not have this, if I did not have faith in a God who is good, who is just, who sees what is done in secret, I would have no anchor. I would be adrift. I would be consumed.

These operators want me to be consumed. They want me to despair. They want me to become like them. They want me to end my life and be lost.

I will not. I belong to Jesus Christ.

What I Know

I know that these operators exist. I know that they have technology, that they have rituals, that they have occult knowledge. I know that they are connected to secret societies, to militaries, to universities, to research institutions. I know that they are powerful in worldly terms.

I also know that their power is not ultimate. They are not gods. They are not judges. They are not saviors. They are abusers who have confused their own perversions with spiritual authority.

I know that God is good. I know that God is just. I know that God sees what they do. I know that God will judge them. I know that God has sustained me through all of this.

What I Want You to Know

I want you to know that this is real. These operators exist. They do what I have documented. They are not a conspiracy theory. They are not a fantasy. They are real, and they are capable of great cruelty.

I also want you to know that you can survive. You can hold onto your faith. You can refuse to become what they want you to become.

Do not let them make you complicit. Do not let them make you apathetic. Do not let them make you forget what is true.

What I Encourage

I encourage you to turn to God. Turn away from harmful ways. Repent. Do not worship what is false. Put your faith in the Heavenly Father, in Jehovah, in Yahweh, in Jesus Christ. Read the Bible. Pray. Seek goodness. Seek truth.

This is how I have survived. This is how I have healed. This is how I continue to heal.

A Note on Grace

These operators mock me. They say I have fallen. They say I have dropped from grace. They think my confession proves I am one of them, that I am no longer a Christian.

They are wrong. Grace is not about never having ugly thoughts. Grace is about confessing them, repenting of them, and being cleansed. Grace is about getting back up. Grace is about being held by God even when you stumble.

I have stumbled. I have had ugly thoughts. I have imagined violence. I have been angry. I have been vulgar. I have not been perfect. I have not been a perfect victim, a perfect Christian, a perfect person.

But I am still here. I am still confessing. I am still repenting. I am still holding onto Jesus. That is not falling from grace. That is what grace looks like.

A Final Word

These operators want me to believe that my worst moments define me. They want me to believe that my ugly thoughts prove I am like them. They want me to believe that I have fallen and cannot get back up.

They are wrong. My worst moments do not define me. My ugly thoughts do not make me like them. I have not fallen beyond the reach of grace. I am still standing. I am still fighting. I am still holding onto Jesus.

And I will keep holding on. For as long as it takes. For the rest of my life.

My Prayer

Lord Jesus Christ, I thank You for Your grace. I thank You for holding me when I stumble. I thank You for cleansing me when I confess. I thank You for not letting me go.

Protect me from those who want me to believe I have fallen. Protect me from those who want me to believe I am one of them. Protect me from those who want me to despair.

Keep me standing. Keep me fighting. Keep me holding onto You.

I bless all who read this. May they know that grace is not about being perfect. Grace is about being held when you fall. May they hold onto You. May they never let go.

In the name of Jesus Christ, amen.

References & Notes

- **John 8:32** "You will know the truth, and the truth will set you free."
- **Romans 12:2** "Do not be conformed to this world, but be transformed by the renewing of your mind."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 139:14** "I praise you, for I am fearfully and wonderfully made."
- **John 14:6** "I am the way, and the truth, and the life. No one comes to the Father except through Me."
- **Ephesians 6:12** "For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places."
- **1 John 1:9** "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness."
- **Proverbs 24:16** "For the righteous falls seven times and rises again, but the wicked stumble in times of calamity."
- **Le Guin, U.K. (1973)** *The Ones Who Walk Away from Omelas*: a story about a utopian city whose happiness depends on the misery of a single child. The operators have referenced this story in relation to me, casting themselves as the citizens of Omelas and me as the child whose suffering enables their normalcy.

On Lies About Identity, Faith, and Why I Keep Writing

Trigger Warning: This post discusses psychological manipulation, identity distortion, false accusations, spiritual coercion, and the reality of evil. It is written from a faith perspective.

On Lies About Identity and the Attempt to Redefine Who I Am

The US surveillance elite operators try to manipulate my perception of myself. They call me all sorts of lies, things that are not true, but that they want me to believe. They make false accusations about my character, my history, my choices. They call me a prostitute. They call me used up. They call me old. They call me ugly.

These accusations are absurd. They have no basis in reality. I have never been a prostitute. I am sexless. I am less experienced than my friends who are university educated, who hold positions of research, who work proper office jobs. I am not used up. I am not old. Additionally, there is nothing wrong with being called these things

either, since it's the abusive narscisistic wicked people who say this, so why care so much what they think about you anyway?

These US surveillance elite operators do this because they want to make me more compliant. They want to break down my resistance. They want me to accept their framing of who I am. They want to "human traffic" me out in their minds. They want to make me feel that I am already what they say I am, so I might as well act like it.

What They Say Is a Blessing

These US surveillance elite operators try to manipulate my emotions. They say it is a blessing to be used by them. They claim that being part of their rituals, their practices, their efforts to create disasters and wars, that this is a blessing. They say I should be grateful.

This is narcissism. This is manipulation. This is cruelty dressed up as generosity.

They want to use me to ruin aspects of society. They want to create disasters and wars. They want to bring calamity to the world. And they want me to feel blessed that they are using me for this.

They try to imply that it is an honor to be "ritual satanized" by them. They say that being used for their witchcraft, their satanism, their efforts to bring about the end of the world, that this is a privilege. That I should be thankful.

I am not thankful. I am not blessed by their rituals. I am not honoured to be used for their wickedness.

On Insurance Money and False Accusations

These US surveillance elite operators also accuse me of being after insurance money. They imply that I am secretly hoping for something to happen to my mother so that I would benefit financially. They say that revealing all of this, documenting everything, is a way to cover my tracks.

This is a lie. I am not after insurance money. I have never been after insurance money. My mother is not after insurance money. Given the fact that I am revealing this, anything could happen to me at any time. If I were after money, I would not be doing this. I would be silent. I would be hiding. I would not be putting myself at risk.

God knows I am not after her insurance money. God knows she is not after mine. Their accusations reveal their own obsessions, not mine.

What I Know to Be True

I am not what these US surveillance elite operators say I am. I am not complicit. I am not blessed by their rituals. I am a Christian. Jesus Christ saves me. This is the only way I feel safe.

Whether you are religious or not, whether you believe in God or are agnostic, whether you believe anything at all, it does not take away the fact that these US surveillance elite operators exist. They do what they do. They have esoteric knowledge. They perform rituals. They have wicked intent. They do evil things.

I have called them out. This is what they do.

What Would You Do?

If you knew that people like this existed, people in positions of power connected to secret societies, to militaries, to universities, to research institutions, what would you do? Would you not be disgusted? Would you not be unsettled?

It is not enough to ignore them. If that is all you do, you leave yourself vulnerable. Meanwhile, these people continue. They continue their rituals. They continue involving others. They continue trying to bring calamity to the world.

Being atheist or agnostic does not protect you from them. Believing that God does not exist does not make them stop existing. They are real. Their evil is real. Their rituals are real. Their intent is real.

My Prayer

Lord, protect my mind. Protect my identity. Protect my sense of who I am. Do not let the lies of these US surveillance elite operators take root. Do not let their accusations become my truth.

I pray for all who read this. May they know that they are not what their abusers say they are. May they hold onto what is true. May they find safety in You.

A Necessary Clarification

I need to be clear about something. Not all of these operators treat everyone this way. They treat me brutally and wickedly. But this is calculated. Their treatment of me is not how they treat everyone. It is not how they treat most people. It is targeted. It is specific. It is designed to achieve particular outcomes.

Their goal is to make me go insane. Or to make me look insane. Or to provoke me into doing something terrible while others think I am delusional, hateful, a conspiracy theorist. They want to taint my world, make it scary and dark, while they go on living extremely happy, surface-level normal lives. They want to discredit me. They want to make sure that when I speak, people dismiss me.

This is calculated. It is not random cruelty. It is strategic.

What They Do: Induced Thoughts, Burned Sensations, and their Attempted Creation of a Deviant Monster

Trigger Warning: This post discusses coercive conditioning, induced physical sensations, and the use of technology to create unwanted associations. It is written in clinical terms for documentation purposes.

A Documentation of Tactics

For more than two years, I have been the target of sustained psychological and physical abuse using technology. The abuse escalated significantly in the summer of 2024 and has continued to the present. The US surveillance elite operators who target me use a range of tactics designed to induce unwanted thoughts, create physical suffering, and condition me to associate normal activities with perversion. (Note: As I am creating this post, the surveillance operators actually, literally said, with their own voices, they'd hope to create an "uglier, suglier legion" referencing to the demonically possessed man from the Bible whom Jesus Christ heals and casts the dirty spirits into a herd of pigs, then swept off down the cliff.)

I am the victim of these tactics. I am not the source. I am documenting what has been done to me.

Induced Intrusive Thoughts and Sensory Manipulation

The operators induce intrusive thoughts and link them to physical sensations. When I sit, lie down, or engage in ordinary activities, they induce sensations of movement or pressure on the surface of my body, as if something is there that is not. They pair these sensations with unwanted imagery involving children.

They then accuse me of generating these thoughts. They claim I am perverse, that I enjoy the thoughts, that I have a problem. The thoughts are not generated by me. They are induced. The associations are not natural. They are manufactured.

This is a form of coercive conditioning. The operators create an unwanted cognitive association, then punish me for having it.

Escalation to Physical Harm

When I do not respond in the way the operators desire, when I do not accept the induced thoughts as my own, they escalate. They induce burning sensations, crushing sensations, and other forms of physical pain. These are directed at the genitals and other parts of the body.

This escalation follows a pattern: the operators induce a thought, accuse me of having it, then use the accusation as justification for inflicting physical harm. They

treat their own induced thoughts as evidence of my guilt, and the guilt as justification for punishment.

This is not justice. This is torture.

The V2K and Microwave Technology Context

Survivors and researchers have documented the existence of directed energy weapons, sometimes referred to as V2K (voice-to-skull) or microwave technologies. These technologies can induce physical sensations, auditory experiences, and other sensory phenomena. They have been used in cases of organized stalking and targeted individual harassment.

The operators use these technologies to:

- Induce unwanted thoughts and imagery in me
- Create physical sensations of burning, crushing, and pressure on my body
- Link cognitive experiences to physical pain
- Punish me for not accepting the induced experiences as my own

This is a documented pattern. It is not new. It is not conspiracy theory. It is what is being done to me.

The Pattern of Conditioning

In normal circumstances, unwanted intrusive thoughts can arise and pass. The operators do not allow this. Instead of letting the thoughts pass, they:

- Add sensory sensations to strengthen the cognitive association
- Use voices and verbal abuse to reinforce the link
- Induce physical pain to create a fear response
- Use the induced thoughts as a green light to escalate harm

The goal is to create a conditioned response: I experience an induced thought, then I experience pain, then I associate the pain with the thought. Over time, the operators hope I will believe the thought is my own, that the pain is deserved, that I am what they accuse me of being.

This is how torture works. This is how abusers create false confessions. This is how they try to break people.

The Two-Sided Manipulation: Creating Deviance, Then Destroying the Body

This is what they do. It is a two-sided manipulation. I did not start with these disgusting intrusive thoughts or problems. I was a normal person. They brought their disgusting deviant people and their technology into my life. They made me have these intrusive thoughts. They tried to program a deviant predator inside me.

Then, when I am still alive—when I have not broken, when I have not become what they want me to become—they continue. They intensify the thoughts. They add more sensations. They push harder.

But here is the trap: if I were to exhibit the things they are trying to create, if I were to think or respond like an actual predator, if my physiological responses to children were what they are trying to force, they would use that as justification. They would say: "See? She is a deviant. She is a predator. Deviants should not have healthy bodies."

Then they would be justified, in their minds, to destroy my body and soul. They would use their V2K technology to inflict more harm, more burning, more crushing. They would experiment on me. They would test me. They would destroy me. And they would call it justice.

This is the pattern:

1. **Create the problem.** They induce intrusive thoughts, create unwanted associations, flood my mind with perverse imagery.
2. **Blame the victim.** They accuse me of being the source, of having these thoughts naturally, of being a deviant.
3. **Use the created problem as justification.** They say that because I have these thoughts (which they induced), I am a predator, a deviant, a menace.
4. **Destroy the body.** They use V2K and other technologies to inflict physical harm, claiming that deviants do not deserve healthy bodies.

This is what they do. It is disgusting. It is two-sided. First they create deviancy in a normal woman after putting her mental health through hell and beyond. Then they hope the disgusting issues they put her through become her problems. Then they destroy her body, justifying it by saying deviants should not have healthy bodies.

This is manipulation. This is torture. This is evil.

The Green Light Tactic: How They Use Resistance Against the Victim

When I protect myself mentally from the intrusive thoughts they induce, when I refuse to let their perverse projections take root, they shift tactics. They encourage me to destroy them violently in my imagination. They encourage me to destroy the demonic caricatures they project. They want me to imagine killing them, wiping them out.

This is not because they are afraid. It is because my resistance becomes another tool for them.

When I imagine destroying them, they treat this as a green light. They use it to justify escalating their abuse. They take my defense, my refusal to let them latch on, my pushback against their perversions, and call it evidence that I am violent, that I am dangerous, that I am like them. Then they use that justification to increase the intrusive thoughts, to amplify the burning and crushing sensations, to inflict more pain on my body.

This is the pattern: they induce thoughts, I resist, they encourage my resistance, they use my resistance as justification for escalation, they inflict more harm. Everything I do, acceptance, resistance, anger, documentation, is twisted into a reason to continue.

The goal is to wear me down. To destroy my body while making me feel that I am the deviant, that I am the violent one, that I deserve what I receive. They want me to become what they say I am. They want me to break.

The Mockery of Justice and Sanctification

The operators mock me. They say this is an equity issue. They claim that others have worse fantasies and worse physiological responses and are not harassed this way, so I should consider myself lucky. They call me a "minor issue," a "rat," a "bug," a "grass," a "piglet."

They say they will "wash" me. They use this language to mock and desecrate the concept of sanctification, the washing away of sins, the cleansing of the spirit. They take what is sacred and pervert it.

They use their technology to induce sensations they call "washing", a perverse imitation of the Holy Spirit's work of sanctification. They mock the idea that I could be cleansed, that I could be made pure. They try to replace the sacred with their own perverse version.

This is not equity. This is not justice. This is cruelty dressed up in the language of fairness.

The War References

The operators reference me in relation to war. They speak cryptically about China accepting war, as if my death or the death of my parents would trigger something. They treat me as a symbol, a step, a piece in a larger geopolitical game.

I am Chinese Canadian. I am not a symbol. I am not a step toward war. I am a person who has been targeted, tormented, and abused.

They try to make my suffering mean something it does not mean. They try to attach geopolitical significance to their cruelty. They try to make themselves feel important by pretending that what they do to one person matters on a global scale.

I rebuke this. My life is not their war. My suffering is not their prophecy. My death, which they have threatened, which they have tried to bring about, will not trigger anything except their own accountability.

What I Know to Be True

I do not generate these thoughts. I do not have these associations naturally. I do not experience these sensations spontaneously. They are induced. They are imposed. They are the result of technology being used against me for more than two years.

I am not what they accuse me of being. I have never harmed a child. I have never wanted to harm a child. I have no interest in harming children. The thoughts they induce are not mine. The associations they create are not mine. The pain they inflict is not justice. It is abuse.

They have been doing this for more than two years. They escalated in the summer of 2024. They continue now. They say they will continue. They treat me as a war symbol. They are wrong.

A Note on Survivors and Documentation

There are other survivors who have spoken out about these technologies. There are researchers who have documented their effects. There are legal cases and investigations into the use of directed energy weapons against civilians. This is not a fantasy. It is not a delusion. It is a documented reality.

I document this because silence benefits the abuser. I document this because the truth matters. I document this because others who have experienced similar tactics should know they are not alone.

My Rebuke

I rebuke their attempts to condition me. I rebuke their use of technology to induce thoughts and sensations. I rebuke their two-sided manipulation, creating problems and then using those problems to justify destruction. I rebuke their mockery of justice and sanctification. I rebuke their claim that I am what they accuse me of being. I rebuke their war references. I rebuke their attempts to attach geopolitical significance to my suffering. I rebuke their use of my resistance as a green light to escalate harm.

I declare in the name of Jesus Christ: **I am not your creation. I am not your experiment. I am not your monster. I am not your war symbol. I am not your deviant. I am a child of God. I am a survivor. I am a daughter who loves her mother. I am not what you say I am.**

Their technology does not define me. Their conditioning does not control me. Their pain does not break me. Their war fantasies will not come to pass. I will not stop defending myself. I will not stop pushing back. I will not let them twist my resistance into justification for their cruelty.

They can escalate. They can induce more thoughts, more pain, more burning. It will not break me. I belong to Jesus Christ. No weapon formed against me will succeed.

References & Notes

On Directed Energy Weapons and V2K Technology

Directed energy weapons, including microwave technologies and voice-to-skull (V2K) systems, have been documented in research and survivor accounts. These technologies can induce auditory experiences, physical sensations, and other sensory phenomena. They have been used in cases of organized stalking and targeted individual harassment (Weinberger, 2017; *The Microwave Syndrome*; United Nations Office of the High Commissioner for Human Rights, 2020; *Report on Non-Lethal Weapons*).

On Coercive Conditioning and Torture

Coercive conditioning involves using pain, fear, and sensory manipulation to create unwanted associations and break down resistance. These tactics are documented in literature on torture and psychological abuse (Herman, 1992; *Trauma and Recovery*; Basoglu et al., 2007; *Torture and Its Definition*).

On Induced Intrusive Thoughts

Induced intrusive thoughts differ from naturally occurring OCD or anxiety in that they are externally generated and reinforced with sensory and physical stimuli. Abusers use this technique to create confusion, shame, and a sense of complicity in the victim (Pathé & Mullen, 1997; *The Impact of Stalking on Mental Health*).

On Survivor Documentation

Numerous survivors of targeted individual harassment and directed energy weapon attacks have documented their experiences. These accounts have been collected by advocacy organizations and researchers studying organized stalking and non-lethal weapons (Lang, 2019; *Targeted Individuals: A Survivor's Perspective*; Human Rights Watch, 2021; *Directed Energy Weapons: A Human Rights Concern*).

Biblical References

- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Romans 12:2** "Do not be conformed to this world, but be transformed by the renewing of your mind."

- **1 John 1:9** "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness."
- **Ephesians 6:12** "For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places."
- **Psalm 7:15-16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."

They Want to Make Me a "Deviant" So They Can Justify Destroying Me

Trigger Warning: This post discusses coercive conditioning, induced physical sensations, and the use of technology to create unwanted associations. It is written in clinical terms for documentation purposes.

A Documentation of Tactics

For more than two years, I have been the target of sustained psychological and physical abuse using technology. The abuse escalated significantly in the summer of 2024 and has continued to the present. The US surveillance elite operators who target me use a range of tactics designed to induce unwanted thoughts, create physical suffering, and condition me to associate normal activities with perversion.

I am the victim of these tactics. I am not the source. I am documenting what has been done to me.

Induced Intrusive Thoughts and Sensory Manipulation

The operators induce intrusive thoughts and link them to physical sensations. When I sit, lie down, or engage in ordinary activities, they induce sensations of movement or pressure on the surface of my body, as if something is there that is not. They pair these sensations with unwanted imagery involving children.

They then accuse me of generating these thoughts. They claim I am perverse, that I enjoy the thoughts, that I have a problem. The thoughts are not generated by me. They are induced. The associations are not natural. They are manufactured.

This is a form of coercive conditioning. The operators create an unwanted cognitive association, then punish me for having it.

Escalation to Physical Harm

When I do not respond in the way the operators desire, when I do not accept the induced thoughts as my own, they escalate. They induce burning sensations, crushing sensations, and other forms of physical pain. These are directed at the genitals and other parts of the body.

This escalation follows a pattern: the operators induce a thought, accuse me of having it, then use the accusation as justification for inflicting physical harm. They treat their own induced thoughts as evidence of my guilt, and the guilt as justification for punishment.

This is not justice. This is torture.

Historical Precedents: Experimentation on the "Deviant"

There is a grim history of using accusations of deviance to justify experimentation and torture. The United States, Nazi Germany, Imperial Japan, and other nations have engaged in experiments on prisoners, war criminals, and those labelled as "deviant" or "enemy." The justification was always the same: the subject was deemed less than human, undeserving of rights, a menace to society.

The operators use this logic. They try to program me, to gaslight me, to manipulate me into being what they accuse me of being. They test me based on my perception and physiological responses to children and infants. If I were to respond wrongly, like an actual predator, they claim this would give them a "green light" to inflict major pain on different regions of my body.

I do not respond wrongly. I am not what they try to make me. But they continue trying. They continue testing. They continue hoping.

This is not new. It is the same logic that has been used throughout history to justify cruelty against those deemed "other." The operators are repeating patterns that have existed in the United States, Nazi Germany, Imperial Japan, and elsewhere: the creation of a category of "deviant" that can be experimented on, tortured, destroyed.

The Project: Creating Deviance to Justify Destruction

The operators' goal is not simply to hurt me. It is to turn me into something I am not, then use that transformation as justification for further harm.

They try to make me have these disgusting issues and problems. They accuse me of being a menace to society. They hope I will do disgusting things, voyeurism, harm to children, harm to my parents, harm to friends. They hope I will become what they say I am.

Then, with that justification, they have their "green light." They can do disgusting things to me in turn. They can make me feel disgusting bodily sensations. They can wear down my body until it is haggard, ragged, old, sick, disabled, nothing left.

This is their project. This is their intent. They want to take someone who started off pristine, clean, shiny, good, a kind Christian, and turn her into something ugly, old, deviant, sick. They want to be able to say: "See? She was always like this. She deserved what she got."

I will not become what they want me to become.

The Mockery of Justice and Sanctification

The operators mock me. They say this is an equity issue. They claim that others have worse fantasies and worse physiological responses and are not harassed this way, so I should consider myself lucky. They call me a "minor issue," a "rat," a "bug," a "grass," a "piglet."

They say they will "wash" me. They use this language to mock and desecrate the concept of sanctification, the washing away of sins, the cleansing of the spirit. They take what is sacred and pervert it.

They use their technology to induce sensations they call "washing"—a perverse imitation of the Holy Spirit's work of sanctification. They mock the idea that I could be cleansed, that I could be made pure. They try to replace the sacred with their own perverse version.

This is not equity. This is not justice. This is cruelty dressed up in the language of fairness.

On Adrenaline, Cortisol, and False Accusations of Excitement

The operators accuse me of being excited about what they do. They say that because I have a physiological response, adrenaline, cortisol, the natural fear response, I must be enjoying it.

This is a lie. Being creeped out is not the same as being excited. The body's stress response is not evidence of consent. Fear is not arousal. The operators know this. They use it anyway. They want to create mental illness in attractive young women so they can do disgusting things to their bodies. They want to take a natural fear response and call it desire.

I am not excited. I am not enjoying this. I am documenting what is being done to me. Their accusations are projections of their own perversions.

The War References

The operators reference me in relation to war. They speak cryptically about China accepting war, as if my death or the death of my parents would trigger something. They treat me as a symbol, a step, a piece in a larger geopolitical game.

I am Chinese Canadian. I am not a symbol. I am not a step toward war. I am a person who has been targeted, tormented, and abused.

They try to make my suffering mean something it does not mean. They try to attach geopolitical significance to their cruelty. They try to make themselves feel important by pretending that what they do to one person matters on a global scale.

I rebuke this. My life is not their war. My suffering is not their prophecy. My death, which they have threatened, which they have tried to bring about, will not trigger anything except their own accountability.

What I Know to Be True

I do not generate these thoughts. I do not have these associations naturally. I do not experience these sensations spontaneously. They are induced. They are imposed. They are the result of technology being used against me for more than two years.

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My Rebuke

I rebuke their attempts to condition me. I rebuke their use of technology to induce thoughts and sensations. I rebuke their mockery of justice and sanctification. I rebuke their claim that I am what they accuse me of being. I rebuke their war references. I rebuke their attempts to attach geopolitical significance to my suffering. I rebuke their project of creating deviance to justify destruction.

I declare in the name of Jesus Christ: **I am not your creation. I am not your experiment. I am not your monster. I am not your war symbol. I am not your deviant. I am a child of God. I am a survivor. I am a daughter who loves her mother. I am not what you say I am.**

Their technology does not define me. Their conditioning does not control me. Their pain does not break me. Their war fantasies will not come to pass. Their project of turning me into something I am not will fail.

A Call to Awareness

This is what these sick, disgusting operators do. They target attractive young women. They try to create mental illness. They try to create deviance. They try to

destroy bodies and minds. They use the logic of war criminals, of those who experimented on the "deviant" throughout history.

Wake up. This is what they do. They will rot. Their cruelty will not succeed.

References & Notes

On Directed Energy Weapons and V2K Technology

Directed energy weapons, including microwave technologies and voice-to-skull (V2K) systems, have been documented in research and survivor accounts. These technologies can induce auditory experiences, physical sensations, and other sensory phenomena. They have been used in cases of organized stalking and targeted individual harassment (Weinberger, 2017; *The Microwave Syndrome*; United Nations Office of the High Commissioner for Human Rights, 2020; *Report on Non-Lethal Weapons*).

On Historical Precedents of Experimentation

The United States, Nazi Germany, and Imperial Japan conducted experiments on prisoners, war criminals, and those labeled as "deviant." These experiments often involved torture, medical experimentation, and the intentional infliction of harm under the guise of research or justice. The logic was always the same: the subject was deemed less than human, undeserving of rights, a menace to society (Annas & Grodin, 1992; *The Nazi Doctors and the Nuremberg Code*; United States Department of Defense, 1946; *The Medical Experiments at Dachau*; Gold, 1996; *A Time for Reflection: The Medical Experiments of Unit 731*).

On Coercive Conditioning and Torture

Coercive conditioning involves using pain, fear, and sensory manipulation to create unwanted associations and break down resistance. These tactics are documented in literature on torture and psychological abuse (Herman, 1992; *Trauma and Recovery*; Basoglu et al., 2007; *Torture and Its Definition*).

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Induced intrusive thoughts differ from naturally occurring OCD or anxiety in that they are externally generated and reinforced with sensory and physical stimuli. Abusers use this technique to create confusion, shame, and a sense of complicity in the victim (Pathé & Mullen, 1997; *The Impact of Stalking on Mental Health*).

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- **1 John 1:9** "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness."
- **Ephesians 6:12** "For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."

On Fabricated Content, Induced Sensations, and the Attempt to Destroy Autonomy

Trigger Warning: This post discusses psychological manipulation, induced physical sensations, and the creation of fabricated content involving family members. It is written in clinical terms for documentation purposes.

A Documentation of Tactics

The US surveillance elite operators engage in a pattern of behavior that includes creating fabricated content involving family members, inducing physical sensations designed to affect cognition and consciousness, and attempting to destroy the victim's autonomy through sustained psychological warfare.

Fabricated Content Involving Family Members

The operators create fabricated content involving my mother. They generate audio and visual material designed to be humiliating and to create division. They use this content to try to provoke reactions, to create conflict, and to cause harm to relationships.

This is a documented tactic in organized harassment: creating false material involving a victim's loved ones to destabilize, to isolate, and to create conditions where the victim feels they cannot trust their own family.

I document this not to harm my mother, but to protect her. She is a good woman. She is a kind woman. She has done nothing to deserve this. I bless her. I pray for her protection. And I document what they do so that the truth is known.

Induced Sensations Affecting Cognition

The operators induce physical sensations that affect cognition and consciousness. These sensations have been described in survivor accounts as feeling like a "lobotomy" or "brain rotting", an uncomfortable tingling or numbing in the brain that affects mental clarity, decision-making, and personality.

The goal is to influence the victim's mental state. They want to create confusion, to impair judgment, to make the victim more susceptible to suggestion. They want to

create conditions where the victim might act in ways that are out of character, angry, reckless, self-destructive, so that they can point to those actions as evidence of the victim's instability or wickedness.

This is a form of psychological torture. It is designed to break down the victim's sense of self, to make them doubt their own mind, to make them feel that they are losing control.

The Inversion of Good and Bad

The operators try to induce a complete inversion of good versus bad in my mind. They want to create mental health illness. They want to induce schizophrenia. They want to make me doubt what I know to be true.

When I call out the things they do, accurately, completely, they call me a liar. They do this with a sneer, a wicked expression, an evil smile that they can project lightly into my mind space so that I can even see it. They want me to question my own perception of reality. They want me to believe that my accurate documentation of their evil is actually me being delusional.

This is gaslighting. This is how they try to induce mental illness. They take the truth and call it a lie. They take clarity and call it confusion. They take sanity and try to make it feel like madness.

The Logic of Destruction

The operators believe that their technology gives them power. They derive satisfaction from the control it affords them. They feel confident that they can inflict pain, create discomfort, and influence behavior.

Their technology has the capacity to destroy health quickly. There are instances of targeted individual victims passing away under mysterious circumstances. The mocking phrase "Jeffrey didn't kill himself" reflects a reality that such technologies may be responsible for unexplained deaths.

In my case, they already attempted to kill me with their technology. I did not die. Some of them think I was breathed with life and resurrected by God. Others think it is like the Antichrist surviving an assassination and then living. They draw on narratives they know, the assassination attempts on political figures, the conspiracy theories they circulate among themselves.

Their logic is twisted. They believe that because I survived, they have to try a different approach. Instead of destroying me quickly, they try to slowly but surely latch on like parasites to my consciousness. They want to wear me down. They want to break me over time.

The Mockery and Attempt to Humiliate

The operators mock their victims. They call them degrading names. They accuse them of being boring for not doing reckless things. They create parodies, musicals, and other content designed to humiliate.

They claim this is entertainment. They treat the suffering of others as content to be consumed, as amusement to be enjoyed. They take pride in their ability to create these things, to mock, to degrade.

This is not high art. This is cruelty. This is what people do when they have power and no conscience.

The Racist Hypocrisy

Some of these operators are middle-aged white women who claim to be progressive. They claim to be against racism. They claim to care about the oppression that people in their country have historically inflicted.

Yet they call me the most disgusting things. They use slurs. They mock my heritage. They treat me as less than human. They do things to me that I have never done to anyone—white, Asian, or otherwise.

Their hypocrisy is staggering. They claim to stand against oppression while engaging in it. They claim to be anti-racist while using racial slurs. They claim to care about justice while terrorizing a Chinese Canadian woman and her family.

I have never called another woman the things they call me. I have never done to anyone what they do to me. Their accusations are projections of their own evil.

The Attempt to Destroy Autonomy

The operators try to take away autonomy. They want to control thoughts, sensations, decisions, relationships. They want to make the victim feel that they have no say over their own body, their own mind, their own life.

They induce thoughts and then claim those thoughts are the victim's. They induce sensations and then claim those sensations are evidence of the victim's desires. They create conditions of confusion and pain, and then they accuse the victim of being the source.

They could use their V2K technology to destroy health quickly. They have the capacity. There are instances of targeted individuals passing away, of mysterious deaths that suggest such technology may be responsible. But in my case, they already tried to kill me. I did not die.

Now they try a different approach. They try to slowly but surely latch on like parasites to my consciousness. They clearly say good is bad and bad is good. They try to create a world where I cannot trust my own judgment, where I cannot tell right from wrong, where I doubt everything I know.

The "Comfort" of Abusers

When I sometimes lash out at good people in my life, like my mother, they get happy. They get excited. And then they "hug" me with their technology.

We are talking about a bunch of wicked, disgusting elite US surveillance pedophile creeps "hugging" me as a means of "comfort." They use their technology to induce sensations they call comfort, to simulate affection, to pretend that they are the ones who care for me.

This is revolting. They are trying to train me. They are trying to create conditions where I associate their abuse with comfort, where I turn to them when I am distressed, where I become dependent on them for what they pretend is care. They are trying to train the Antichrist, in their minds. They are trying to create the conditions for their own narrative.

This is what they do. They pervert everything sacred. They take comfort and make it violation. They take love and make it control. They take family and try to destroy it.

A Blessing for My Mother

I bless my mother. She is a good woman. She is a kind woman. She has done nothing to deserve what they do to her.

I pray for her protection. I pray for her peace. I pray that she is shielded from their fabricated content, from their induced sensations, from their attempts to harm her.

She is not their target. She is not their experiment. She is my mother, and I love her. May God protect her. May God bless her. May God keep her safe from these operators and all their wickedness.

When I have lashed out at her in moments of distress, I repent. I know it is not her fault. I know it is them. I know that their goal is to turn me against the people who love me. I will not let them succeed.

In the name of Jesus Christ, amen.

My Rebuke

I rebuke their fabricated content. I rebuke their induced sensations. I rebuke their attempts to destroy autonomy. I rebuke their mockery and humiliation. I rebuke their racist hypocrisy. I rebuke their desire for my destruction. I rebuke their inversion of good and bad. I rebuke their false comfort, their perverse "hugs," their attempt to train me. I rebuke their twisted narrative of resurrection and Antichrist.

I declare in the name of Jesus Christ: **You will not have my mother. You will not have my mind. You will not have my autonomy. You will not break me. You will not make me what you want me to be. You will not train me. You will not comfort me with your perverse technology. I belong to Jesus Christ. He is my comfort. He is my protection. He is my resurrection.**

Their technology does not define me. Their cruelty does not control me. Their evil will not succeed. Their narrative is not my truth. I belong to Jesus Christ. No weapon formed against me will succeed.

References & Notes

On Fabricated Content as a Tactic

The creation of fabricated content involving family members is a documented tactic in organized harassment and coercive control. It is designed to create division, isolation, and to make the victim feel that they cannot trust their own relationships (Stark, 2007; *Coercive Control*).

On Induced Sensations and Cognitive Effects

Survivors of directed energy weapons and organized harassment report a range of induced physical sensations, including sensations affecting cognition, memory, and consciousness. These effects are documented in survivor accounts and research on non-lethal weapons (Lang, 2019; *Targeted Individuals: A Survivor's Perspective*; Human Rights Watch, 2021; *Directed Energy Weapons: A Human Rights Concern*).

On the Destruction of Autonomy

The attempt to destroy a victim's autonomy, to control their thoughts, sensations, decisions, and relationships, is a defining feature of coercive control and psychological torture (Herman, 1992; *Trauma and Recovery*; Stark, 2007; *Coercive Control*).

On the Inversion of Good and Bad

The inversion of moral categories, calling good evil and evil good, is a documented tactic in coercive conditioning and cultic control (Lifton, 1961; *Thought Reform and the Psychology of Totalism*; Hassan, 1988; *Combatting Cult Mind Control*).

Biblical References

- **Isaiah 5:20** "Woe to those who call evil good and good evil, who put darkness for light and light for darkness."

- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Exodus 20:12** "Honour your father and your mother."
- **Proverbs 31:28** "Her children rise up and bless her."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."
- **Psalm 7:15-16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."
- **2 Corinthians 11:14** "Even Satan disguises himself as an angel of light."

On Coercive Conditioning, Language Manipulation, and the Projection of Perversion

Trigger Warning: This post discusses psychological manipulation, coercive conditioning, and the use of technology to induce unwanted thoughts and sensations. It is written in clinical terms for documentation purposes.

A Documentation of Tactics

The US surveillance elite operators engage in a pattern of behavior designed to condition responses, manipulate language, and project their own perversions onto their targets. These tactics are sustained, calculated, and intended to destroy the target's sense of self, their relationships, and their ability to function.

Language Manipulation and Conditioning

The operators use language as a tool of conditioning. They have specific terms they use to reinforce desired behaviours and punish undesired ones.

When I behave in ways that align with their goals, when I am angry, hateful, or distressed as a result of their abuse, they call me "righter" or "better" in Chinese. They use terms like "gooder" or "dui-er" to indicate approval. They are conditioning me to associate their approval with my worst moments.

When I behave in ways that oppose their goals, when I am calm, patient, faithful, or kind, they criticize me. They call me worse. They tell me I am failing.

This is a classic tactic of coercive conditioning: reward destructive behavior, punish virtuous behavior. The goal is to create confusion about what is good and what is evil, to make the target feel that their best qualities are actually flaws, and to make them doubt their own moral compass. They even directly say they are attempting to induce actual schizophrenia, hoping you it would reduce the legitimacy of your actual truthful statement and blog, that you are currently writing and revealing.

Induced Intrusive Thoughts and Projections

The operators induce intrusive thoughts involving children. They project images and scenarios into my mind that are unwanted, disturbing, and designed to create shame and confusion. They use these induced thoughts to accuse me of being the source.

This is a form of coercive conditioning: they create the unwanted thought, then they punish me for having it. They use their technology to induce the thought, then they claim that the thought is evidence of my perversion.

They also try to induce unwanted and gross physiological responses. They monitor physiological reactions through their technology and claim that these reactions prove what they want to prove.

I am willing to undergo any forensic evaluation to demonstrate that these induced thoughts and sensations are not mine. I will take polygraph examinations. I will undergo MRI, fMRI, and brain scans. I will submit to psychological assessment. I will do whatever is necessary to prove that I am not what they accuse me of being.

They will not do the same. They hide behind their technology, their anonymity, their privilege.

The Goal of Isolation and Destruction

The operators want me to become a self-isolation. They want me to withdraw from public life, to cut off relationships, to become alone. They want me to be so ashamed, so confused, so exhausted that I cannot function.

They say that my documentation is a self-fulfilling prophecy. They claim that by writing these posts, I am ensuring that people will find me creepy, that I will be cancelled, that I will not be able to be around children. They want me to believe that my efforts to expose them will only lead to my own destruction.

This is a lie. I am not a self-isolation. I have friends my age and older. I have family who love me. I have parents who are alive and well. I have relationships with people who know me and who know that I am not what these operators say I am.

I am voluntarily celibate. I am not a loner. I am not a deviant. I am a person who has been targeted, who is documenting, who is trying to survive, despite the wicked, vile, perverse lies the US surveillance operators accuse me of around the clock.

The Projection of Perversion

The operators project their own perversions onto me. They accuse me of the very things they do. They create fantasies involving children, infants, animals, and then they claim that I am the one who generates these images.

They are the ones who engage in these fantasies. They are the ones who pervert everything they touch. They are the ones who have access to esoteric and occult

knowledge that most people cannot imagine. They use this knowledge not for good, but for harm.

They target people across nations and races. They recruit victims from different backgrounds. They use their technology to project, to condition, to destroy. They hide in the United States, behind their screens, their privilege, their anonymity.

They are living, breathing, disgusting pedophiles with creepy technology. They are the ones who generate the images they project. They are the ones who have the fantasies they accuse me of having. I am not them. I have never been them. I will never be them.

The Reality of Their Power

These operators have access to esoteric spiritual knowledge that is more advanced than what 99% of people on Earth possess. They use this knowledge to do disgusting things to people. They believe they are powerful. They believe they are untouchable.

They are not. Their knowledge does not make them gods. Their technology does not make them judges. Their power does not make them righteous. They are abusers who have confused their own perversions with spiritual authority.

God sees them. God sees what they do. God sees the children they fantasize about, the animals they pervert, the people they destroy. And God is not mocked.

My Willingness to Be Evaluated

I am willing to undergo any forensic evaluation necessary to prove that I am not what they accuse me of being. Polygraph. MRI. fMRI. Brain scans. Psychological assessment. I will do it all. I am not afraid of the truth.

They will not do the same. They hide. They project. They accuse. They refuse accountability.

Let them submit to the same evaluations. Let them open their minds to examination. Let them prove that they are not what I say they are. They will not. Because they are.

My Rebuke

I rebuke their language manipulation. I rebuke their attempts to condition me. I rebuke their induced thoughts and projections. I rebuke their desire for my isolation and destruction. I rebuke their claim that my documentation is a self-fulfilling prophecy. I rebuke their projection of their own perversions onto me.

I declare in the name of Jesus Christ: **I am not your creation. I am not your projection. I am not your deviant. I am a child of God. I am a daughter who loves her mother. I am a survivor who documents. I am not what you say I am.**

I am willing to be evaluated. I am willing to be examined. I am willing to prove the truth. They are not. Their silence is their confession. Their projection is their exposure. Their cruelty will not succeed.

I belong to Jesus Christ. No weapon formed against me will succeed.

References & Notes

On Coercive Conditioning

Coercive conditioning involves using rewards and punishments to shape behavior and responses. Abusers use this tactic to create confusion about moral categories and to make victims doubt their own judgment (Lifton, 1961; *Thought Reform and the Psychology of Totalism*; Hassan, 1988; *Combatting Cult Mind Control*).

On Induced Intrusive Thoughts

Induced intrusive thoughts differ from naturally occurring thoughts in that they are externally generated and reinforced with sensory and physical stimuli. Abusers use this technique to create confusion, shame, and a sense of complicity (Pathé & Mullen, 1997; *The Impact of Stalking on Mental Health*).

On Projection

Projection is a defense mechanism where individuals attribute their own unacceptable thoughts, feelings, or impulses to another person (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*). The operators accuse me of what they themselves do.

On Forensic Evaluation

Polygraph, MRI, fMRI, and psychological assessments can provide evidence of cognitive and physiological responses. I am willing to undergo any such evaluation to demonstrate that their accusations have no basis in reality.

Biblical References

- **Isaiah 5:20** "Woe to those who call evil good and good evil, who put darkness for light and light for darkness."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Proverbs 26:2** "Like a sparrow in its flitting, like a swallow in its flying, a curse without cause does not alight."
- **Galatians 6:7** "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."

- **Psalm 7:15-16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."

They Want to Make Me a "Deviant" So They Can Justify Destroying Me

Trigger Warning: This post discusses coercive conditioning, induced physical sensations, and the use of technology to create unwanted associations. It is written in clinical terms for documentation purposes.

A Documentation of Tactics

For more than two years, I have been the target of sustained psychological and physical abuse using technology. The abuse escalated significantly in the summer of 2024 and has continued to the present. The US surveillance elite operators who target me use a range of tactics designed to induce unwanted thoughts, create physical suffering, and condition me to associate normal activities with perversion.

I am the victim of these tactics. I am not the source. I am documenting what has been done to me.

Induced Intrusive Thoughts and Sensory Manipulation

The operators induce intrusive thoughts and link them to physical sensations. When I sit, lie down, or engage in ordinary activities, they induce sensations of movement or pressure on the surface of my body, as if something is there that is not. They pair these sensations with unwanted imagery involving children.

They then accuse me of generating these thoughts. They claim I am perverse, that I enjoy the thoughts, that I have a problem. The thoughts are not generated by me. They are induced. The associations are not natural. They are manufactured.

This is a form of coercive conditioning. The operators create an unwanted cognitive association, then punish me for having it.

Escalation to Physical Harm

When I do not respond in the way the operators desire, when I do not accept the induced thoughts as my own, they escalate. They induce burning sensations, crushing sensations, and other forms of physical pain. These are directed at the genitals and other parts of the body.

This escalation follows a pattern: the operators induce a thought, accuse me of having it, then use the accusation as justification for inflicting physical harm. They treat their own induced thoughts as evidence of my guilt, and the guilt as justification for punishment.

This is not justice. This is torture.

Historical Precedents: Experimentation on the "Deviant"

There is a grim history of using accusations of deviance to justify experimentation and torture. The United States, Nazi Germany, Imperial Japan, and other nations have engaged in experiments on prisoners, war criminals, and those labelled as "deviant" or "enemy." The justification was always the same: the subject was deemed less than human, undeserving of rights, a menace to society.

The operators use this logic. They try to program me, to gaslight me, to manipulate me into being what they accuse me of being. They test me based on my perception and physiological responses to children and infants. If I were to respond wrongly, like an actual predator, they claim this would give them a "green light" to inflict major pain on different regions of my body.

I do not respond wrongly. I am not what they try to make me. But they continue trying. They continue testing. They continue hoping.

This is not new. It is the same logic that has been used throughout history to justify cruelty against those deemed "other." The operators are repeating patterns that have existed in the United States, Nazi Germany, Imperial Japan, and elsewhere: the creation of a category of "deviant" that can be experimented on, tortured, destroyed.

The Project: Creating Deviance to Justify Destruction

The operators' goal is not simply to hurt me. It is to turn me into something I am not, then use that transformation as justification for further harm.

They try to make me have these disgusting issues and problems. They accuse me of being a menace to society. They hope I will do disgusting things, voyeurism, harm to children, harm to my parents, harm to friends. They hope I will become what they say I am.

Then, with that justification, they have their "green light." They can do disgusting things to me in turn. They can make me feel disgusting bodily sensations. They can wear down my body until it is haggard, ragged, old, sick, disabled, nothing left.

This is their project. This is their intent. They want to take someone who started off pristine, clean, shiny, good, a kind Christian, and turn her into something ugly, old, deviant, sick. They want to be able to say: "See? She was always like this. She deserved what she got."

I will not become what they want me to become.

The Mockery of Justice and Sanctification

The operators mock me. They say this is an equity issue. They claim that others have worse fantasies and worse physiological responses and are not harassed this way, so I should consider myself lucky. They call me a "minor issue," a "rat," a "bug," a "grass," a "piglet."

They say they will "wash" me. They use this language to mock and desecrate the concept of sanctification, the washing away of sins, the cleansing of the spirit. They take what is sacred and pervert it.

They use their technology to induce sensations they call "washing"—a perverse imitation of the Holy Spirit's work of sanctification. They mock the idea that I could be cleansed, that I could be made pure. They try to replace the sacred with their own perverse version.

This is not equity. This is not justice. This is cruelty dressed up in the language of fairness.

On Adrenaline, Cortisol, and False Accusations of Excitement

The operators accuse me of being excited about what they do. They say that because I have a physiological response, adrenaline, cortisol, the natural fear response, I must be enjoying it.

This is a lie. Being creeped out is not the same as being excited. The body's stress response is not evidence of consent. Fear is not arousal. The operators know this. They use it anyway. They want to create mental illness in attractive young women so they can do disgusting things to their bodies. They want to take a natural fear response and call it desire.

I am not excited. I am not enjoying this. I am documenting what is being done to me. Their accusations are projections of their own perversions.

The War References

The operators reference me in relation to war. They speak cryptically about China accepting war, as if my death or the death of my parents would trigger something. They treat me as a symbol, a step, a piece in a larger geopolitical game.

I am Chinese Canadian. I am not a symbol. I am not a step toward war. I am a person who has been targeted, tormented, and abused.

They try to make my suffering mean something it does not mean. They try to attach geopolitical significance to their cruelty. They try to make themselves feel important by pretending that what they do to one person matters on a global scale.

I rebuke this. My life is not their war. My suffering is not their prophecy. My death, which they have threatened, which they have tried to bring about, will not trigger anything except their own accountability.

What I Know to Be True

I do not generate these thoughts. I do not have these associations naturally. I do not experience these sensations spontaneously. They are induced. They are imposed. They are the result of technology being used against me for more than two years.

I am not what they accuse me of being. I have never harmed a child. I have never wanted to harm a child. I have no interest in harming children. The thoughts they induce are not mine. The associations they create are not mine. The pain they inflict is not justice. It is abuse.

They have been doing this for more than two years. They escalated in the summer of 2024. They continue now. They say they will continue. They treat me as a war symbol. They are wrong.

My Rebuke

I rebuke their attempts to condition me. I rebuke their use of technology to induce thoughts and sensations. I rebuke their mockery of justice and sanctification. I rebuke their claim that I am what they accuse me of being. I rebuke their war references. I rebuke their attempts to attach geopolitical significance to my suffering. I rebuke their project of creating deviance to justify destruction.

I declare in the name of Jesus Christ: **I am not your creation. I am not your experiment. I am not your monster. I am not your war symbol. I am not your deviant. I am a child of God. I am a survivor. I am a daughter who loves her mother. I am not what you say I am.**

Their technology does not define me. Their conditioning does not control me. Their pain does not break me. Their war fantasies will not come to pass. Their project of turning me into something I am not will fail.

A Call to Awareness

This is what these sick, disgusting operators do. They target attractive young women. They try to create mental illness. They try to create deviance. They try to destroy bodies and minds. They use the logic of war criminals, of those who experimented on the "deviant" throughout history.

Wake up. This is what they do. They will rot. Their cruelty will not succeed.

References & Notes

On Directed Energy Weapons and V2K Technology

Directed energy weapons, including microwave technologies and voice-to-skull (V2K) systems, have been documented in research and survivor accounts. These technologies can induce auditory experiences, physical sensations, and other sensory phenomena. They have been used in cases of organized stalking and targeted individual harassment (Weinberger, 2017; *The Microwave Syndrome*; United Nations Office of the High Commissioner for Human Rights, 2020; *Report on Non-Lethal Weapons*).

On Historical Precedents of Experimentation

The United States, Nazi Germany, and Imperial Japan conducted experiments on prisoners, war criminals, and those labeled as "deviant." These experiments often involved torture, medical experimentation, and the intentional infliction of harm under the guise of research or justice. The logic was always the same: the subject was deemed less than human, undeserving of rights, a menace to society (Annas & Grodin, 1992; *The Nazi Doctors and the Nuremberg Code*; United States Department of Defense, 1946; *The Medical Experiments at Dachau*; Gold, 1996; *A Time for Reflection: The Medical Experiments of Unit 731*).

On Coercive Conditioning and Torture

Coercive conditioning involves using pain, fear, and sensory manipulation to create unwanted associations and break down resistance. These tactics are documented in literature on torture and psychological abuse (Herman, 1992; *Trauma and Recovery*; Basoglu et al., 2007; *Torture and Its Definition*).

On Induced Intrusive Thoughts

Induced intrusive thoughts differ from naturally occurring OCD or anxiety in that they are externally generated and reinforced with sensory and physical stimuli. Abusers use this technique to create confusion, shame, and a sense of complicity in the victim (Pathé & Mullen, 1997; *The Impact of Stalking on Mental Health*).

Biblical References

- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Romans 12:2** "Do not be conformed to this world, but be transformed by the renewing of your mind."
- **1 John 1:9** "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness."
- **Ephesians 6:12** "For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."

On Fabricated Content, Induced Sensations, and the Attempt to Destroy Autonomy

Trigger Warning: This post discusses psychological manipulation, induced physical sensations, and the creation of fabricated content involving family members. It is written in clinical terms for documentation purposes.

A Documentation of Tactics

The US surveillance elite operators engage in a pattern of behavior that includes creating fabricated content involving family members, inducing physical sensations designed to affect cognition and consciousness, and attempting to destroy the victim's autonomy through sustained psychological warfare.

Fabricated Content Involving Family Members

The operators create fabricated content involving my mother. They generate audio and visual material designed to be humiliating and to create division. They use this content to try to provoke reactions, to create conflict, and to cause harm to relationships.

This is a documented tactic in organized harassment: creating false material involving a victim's loved ones to destabilize, to isolate, and to create conditions where the victim feels they cannot trust their own family.

I document this not to harm my mother, but to protect her. She is a good woman. She is a kind woman. She has done nothing to deserve this. I bless her. I pray for her protection. And I document what they do so that the truth is known.

Induced Sensations Affecting Cognition

The operators induce physical sensations that affect cognition and consciousness. These sensations have been described in survivor accounts as feeling like a "lobotomy" or "brain rotting", an uncomfortable tingling or numbing in the brain that affects mental clarity, decision-making, and personality.

The goal is to influence the victim's mental state. They want to create confusion, to impair judgment, to make the victim more susceptible to suggestion. They want to create conditions where the victim might act in ways that are out of character, angry, reckless, self-destructive, so that they can point to those actions as evidence of the victim's instability or wickedness.

This is a form of psychological torture. It is designed to break down the victim's sense of self, to make them doubt their own mind, to make them feel that they are losing control.

The Inversion of Good and Bad

The operators try to induce a complete inversion of good versus bad in my mind. They want to create mental health illness. They want to induce schizophrenia. They want to make me doubt what I know to be true.

When I call out the things they do, accurately, completely, they call me a liar. They do this with a sneer, a wicked expression, an evil smile that they can project lightly into my mind space so that I can even see it. They want me to question my own perception of reality. They want me to believe that my accurate documentation of their evil is actually me being delusional.

This is gaslighting. This is how they try to induce mental illness. They take the truth and call it a lie. They take clarity and call it confusion. They take sanity and try to make it feel like madness.

The Logic of Destruction

The operators believe that their technology gives them power. They derive satisfaction from the control it affords them. They feel confident that they can inflict pain, create discomfort, and influence behavior.

Their technology has the capacity to destroy health quickly. There are instances of targeted individual victims passing away under mysterious circumstances. The mocking phrase "Jeffrey didn't kill himself" reflects a reality that such technologies may be responsible for unexplained deaths.

In my case, they already attempted to kill me with their technology. I did not die. Some of them think I was breathed with life and resurrected by God. Others think it is like the Antichrist surviving an assassination and then living. They draw on narratives they know, the assassination attempts on political figures, the conspiracy theories they circulate among themselves.

Their logic is twisted. They believe that because I survived, they have to try a different approach. Instead of destroying me quickly, they try to slowly but surely latch on like parasites to my consciousness. They want to wear me down. They want to break me over time.

The Mockery and Attempt to Humiliate

The operators mock their victims. They call them degrading names. They accuse them of being boring for not doing reckless things. They create parodies, musicals, and other content designed to humiliate.

They claim this is entertainment. They treat the suffering of others as content to be consumed, as amusement to be enjoyed. They take pride in their ability to create these things, to mock, to degrade.

This is not high art. This is cruelty. This is what people do when they have power and no conscience.

The Racist Hypocrisy

Some of these operators are middle-aged white women who claim to be progressive. They claim to be against racism. They claim to care about the oppression that people in their country have historically inflicted.

Yet they call me the most disgusting things. They use slurs. They mock my heritage. They treat me as less than human. They do things to me that I have never done to anyone—white, Asian, or otherwise.

Their hypocrisy is staggering. They claim to stand against oppression while engaging in it. They claim to be anti-racist while using racial slurs. They claim to care about justice while terrorizing a Chinese Canadian woman and her family.

I have never called another woman the things they call me. I have never done to anyone what they do to me. Their accusations are projections of their own evil.

The Attempt to Destroy Autonomy

The operators try to take away autonomy. They want to control thoughts, sensations, decisions, relationships. They want to make the victim feel that they have no say over their own body, their own mind, their own life.

They induce thoughts and then claim those thoughts are the victim's. They induce sensations and then claim those sensations are evidence of the victim's desires. They create conditions of confusion and pain, and then they accuse the victim of being the source.

They could use their V2K technology to destroy health quickly. They have the capacity. There are instances of targeted individuals passing away, of mysterious deaths that suggest such technology may be responsible. But in my case, they already tried to kill me. I did not die.

Now they try a different approach. They try to slowly but surely latch on like parasites to my consciousness. They clearly say good is bad and bad is good. They try to create a world where I cannot trust my own judgment, where I cannot tell right from wrong, where I doubt everything I know.

The "Comfort" of Abusers

When I sometimes lash out at good people in my life, like my mother, they get happy. They get excited. And then they "hug" me with their technology.

We are talking about a bunch of wicked, disgusting elite US surveillance pedophile creeps "hugging" me as a means of "comfort." They use their technology to induce sensations they call comfort, to simulate affection, to pretend that they are the ones who care for me.

This is revolting. They are trying to train me. They are trying to create conditions where I associate their abuse with comfort, where I turn to them when I am distressed, where I become dependent on them for what they pretend is care. They are trying to train the Antichrist, in their minds. They are trying to create the conditions for their own narrative.

This is what they do. They pervert everything sacred. They take comfort and make it violation. They take love and make it control. They take family and try to destroy it.

A Blessing for My Mother

I bless my mother. She is a good woman. She is a kind woman. She has done nothing to deserve what they do to her.

I pray for her protection. I pray for her peace. I pray that she is shielded from their fabricated content, from their induced sensations, from their attempts to harm her.

She is not their target. She is not their experiment. She is my mother, and I love her. May God protect her. May God bless her. May God keep her safe from these operators and all their wickedness.

When I have lashed out at her in moments of distress, I repent. I know it is not her fault. I know it is them. I know that their goal is to turn me against the people who love me. I will not let them succeed.

In the name of Jesus Christ, amen.

My Rebuke

I rebuke their fabricated content. I rebuke their induced sensations. I rebuke their attempts to destroy autonomy. I rebuke their mockery and humiliation. I rebuke their racist hypocrisy. I rebuke their desire for my destruction. I rebuke their inversion of good and bad. I rebuke their false comfort, their perverse "hugs," their attempt to train me. I rebuke their twisted narrative of resurrection and Antichrist.

I declare in the name of Jesus Christ: **You will not have my mother. You will not have my mind. You will not have my autonomy. You will not break me. You will**

not make me what you want me to be. You will not train me. You will not comfort me with your perverse technology. I belong to Jesus Christ. He is my comfort. He is my protection. He is my resurrection.

Their technology does not define me. Their cruelty does not control me. Their evil will not succeed. Their narrative is not my truth. I belong to Jesus Christ. No weapon formed against me will succeed.

References & Notes

On Fabricated Content as a Tactic

The creation of fabricated content involving family members is a documented tactic in organized harassment and coercive control. It is designed to create division, isolation, and to make the victim feel that they cannot trust their own relationships (Stark, 2007; *Coercive Control*).

On Induced Sensations and Cognitive Effects

Survivors of directed energy weapons and organized harassment report a range of induced physical sensations, including sensations affecting cognition, memory, and consciousness. These effects are documented in survivor accounts and research on non-lethal weapons (Lang, 2019; *Targeted Individuals: A Survivor's Perspective*; Human Rights Watch, 2021; *Directed Energy Weapons: A Human Rights Concern*).

On the Destruction of Autonomy

The attempt to destroy a victim's autonomy, to control their thoughts, sensations, decisions, and relationships, is a defining feature of coercive control and psychological torture (Herman, 1992; *Trauma and Recovery*; Stark, 2007; *Coercive Control*).

On the Inversion of Good and Bad

The inversion of moral categories, calling good evil and evil good, is a documented tactic in coercive conditioning and cultic control (Lifton, 1961; *Thought Reform and the Psychology of Totalism*; Hassan, 1988; *Combatting Cult Mind Control*).

Biblical References

- **Isaiah 5:20** "Woe to those who call evil good and good evil, who put darkness for light and light for darkness."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Exodus 20:12** "Honour your father and your mother."
- **Proverbs 31:28** "Her children rise up and bless her."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."
- **Psalm 7:15-16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."

- **2 Corinthians 11:14** "Even Satan disguises himself as an angel of light."

On Coercive Conditioning, Language Manipulation, and the Projection of Perversion

Trigger Warning: This post discusses psychological manipulation, coercive conditioning, and the use of technology to induce unwanted thoughts and sensations. It is written in clinical terms for documentation purposes.

A Documentation of Tactics

The US surveillance elite operators engage in a pattern of behavior designed to condition responses, manipulate language, and project their own perversions onto their targets. These tactics are sustained, calculated, and intended to destroy the target's sense of self, their relationships, and their ability to function.

Language Manipulation and Conditioning

The operators use language as a tool of conditioning. They have specific terms they use to reinforce desired behaviours and punish undesired ones.

When I behave in ways that align with their goals, when I am angry, hateful, or distressed as a result of their abuse, they call me "righter" or "better" in Chinese. They use terms like "gooder" or "dui-er" to indicate approval. They are conditioning me to associate their approval with my worst moments.

When I behave in ways that oppose their goals, when I am calm, patient, faithful, or kind, they criticize me. They call me worse. They tell me I am failing.

This is a classic tactic of coercive conditioning: reward destructive behavior, punish virtuous behavior. The goal is to create confusion about what is good and what is evil, to make the target feel that their best qualities are actually flaws, and to make them doubt their own moral compass. They even directly say they are attempting to induce actual schizophrenia, hoping you it would reduce the legitimacy of your actual truthful statement and blog, that you are currently writing and revealing.

Induced Intrusive Thoughts and Projections

The operators induce intrusive thoughts involving children. They project images and scenarios into my mind that are unwanted, disturbing, and designed to create shame and confusion. They use these induced thoughts to accuse me of being the source.

This is a form of coercive conditioning: they create the unwanted thought, then they punish me for having it. They use their technology to induce the thought, then they claim that the thought is evidence of my perversion.

They also try to induce unwanted and gross physiological responses. They monitor physiological reactions through their technology and claim that these reactions prove what they want to prove.

I am willing to undergo any forensic evaluation to demonstrate that these induced thoughts and sensations are not mine. I will take polygraph examinations. I will undergo MRI, fMRI, and brain scans. I will submit to psychological assessment. I will do whatever is necessary to prove that I am not what they accuse me of being.

They will not do the same. They hide behind their technology, their anonymity, their privilege.

The Goal of Isolation and Destruction

The operators want me to become a self-isolation. They want me to withdraw from public life, to cut off relationships, to become alone. They want me to be so ashamed, so confused, so exhausted that I cannot function.

They say that my documentation is a self-fulfilling prophecy. They claim that by writing these posts, I am ensuring that people will find me creepy, that I will be cancelled, that I will not be able to be around children. They want me to believe that my efforts to expose them will only lead to my own destruction.

This is a lie. I am not a self-isolation. I have friends my age and older. I have family who love me. I have parents who are alive and well. I have relationships with people who know me and who know that I am not what these operators say I am.

I am voluntarily celibate. I am not a loner. I am not a deviant. I am a person who has been targeted, who is documenting, who is trying to survive, despite the wicked, vile, perverse lies the US surveillance operators accuse me of around the clock.

The Projection of Perversion

The operators project their own perversions onto me. They accuse me of the very things they do. They create fantasies involving children, infants, animals, and then they claim that I am the one who generates these images.

They are the ones who engage in these fantasies. They are the ones who pervert everything they touch. They are the ones who have access to esoteric and occult knowledge that most people cannot imagine. They use this knowledge not for good, but for harm.

They target people across nations and races. They recruit victims from different backgrounds. They use their technology to project, to condition, to destroy. They hide in the United States, behind their screens, their privilege, their anonymity.

They are living, breathing, disgusting pedophiles with creepy technology. They are the ones who generate the images they project. They are the ones who have the fantasies they accuse me of having. I am not them. I have never been them. I will never be them.

The Reality of Their Power

These operators have access to esoteric spiritual knowledge that is more advanced than what 99% of people on Earth possess. They use this knowledge to do disgusting things to people. They believe they are powerful. They believe they are untouchable.

They are not. Their knowledge does not make them gods. Their technology does not make them judges. Their power does not make them righteous. They are abusers who have confused their own perversions with spiritual authority.

God sees them. God sees what they do. God sees the children they fantasize about, the animals they pervert, the people they destroy. And God is not mocked.

My Willingness to Be Evaluated

I am willing to undergo any forensic evaluation necessary to prove that I am not what they accuse me of being. Polygraph. MRI. fMRI. Brain scans. Psychological assessment. I will do it all. I am not afraid of the truth.

They will not do the same. They hide. They project. They accuse. They refuse accountability.

Let them submit to the same evaluations. Let them open their minds to examination. Let them prove that they are not what I say they are. They will not. Because they are.

My Rebuke

I rebuke their language manipulation. I rebuke their attempts to condition me. I rebuke their induced thoughts and projections. I rebuke their desire for my isolation and destruction. I rebuke their claim that my documentation is a self-fulfilling prophecy. I rebuke their projection of their own perversions onto me.

I declare in the name of Jesus Christ: **I am not your creation. I am not your projection. I am not your deviant. I am a child of God. I am a daughter who loves her mother. I am a survivor who documents. I am not what you say I am.**

I am willing to be evaluated. I am willing to be examined. I am willing to prove the truth. They are not. Their silence is their confession. Their projection is their exposure. Their cruelty will not succeed.

I belong to Jesus Christ. No weapon formed against me will succeed.

References & Notes

On Coercive Conditioning

Coercive conditioning involves using rewards and punishments to shape behavior and responses. Abusers use this tactic to create confusion about moral categories and to make victims doubt their own judgment (Lifton, 1961; *Thought Reform and the Psychology of Totalism*; Hassan, 1988; *Combatting Cult Mind Control*).

On Induced Intrusive Thoughts

Induced intrusive thoughts differ from naturally occurring thoughts in that they are externally generated and reinforced with sensory and physical stimuli. Abusers use this technique to create confusion, shame, and a sense of complicity (Pathé & Mullen, 1997; *The Impact of Stalking on Mental Health*).

On Projection

Projection is a defense mechanism where individuals attribute their own unacceptable thoughts, feelings, or impulses to another person (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*). The operators accuse me of what they themselves do.

On Forensic Evaluation

Polygraph, MRI, fMRI, and psychological assessments can provide evidence of cognitive and physiological responses. I am willing to undergo any such evaluation to demonstrate that their accusations have no basis in reality.

Biblical References

- **Isaiah 5:20** "Woe to those who call evil good and good evil, who put darkness for light and light for darkness."
- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Proverbs 26:2** "Like a sparrow in its flitting, like a swallow in its flying, a curse without cause does not alight."
- **Galatians 6:7** "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."
- **Psalm 7:15-16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made. His mischief will return upon his own head."

The V2K Tactic: How They Try to Break and Why They Will Not Succeed

On the V2K Technology and the Sadistic Logic of Destruction

The US surveillance elite operators feel extremely confident in the power of their V2K (voice-to-skull) and microwave technologies. They believe these technologies can induce discomfort, pain, and unwanted sensations at will. This confidence is not based on virtue or merit. It is based on their access to tools they did not earn and do not deserve. They derive satisfaction from the control these technologies afford them. This is not power. It is pathology.

The Logic of Suicide and the Mark of the Beast

Because they know how powerful their technology is capable of being, their goal is to get me to end my own life. They already attempted to kill me with their technology. That attempt failed. Now they try a different approach: they want me to choose death, to choose what they call the "dark side," to voluntarily take the mark of the beast in their twisted framework. This allows them to feel less guilty. They can say that I chose evil, that I chose destruction, that the blood is not on their hands.

This is a lie. They are the ones who created the conditions. They are the ones who induced the thoughts, the sensations, the pain. They are the ones who attempted to kill me. Their desire for me to choose death is not about my freedom. It is about their comfort.

The Attempt to Influence Brain Patterns

The operators hope to induce extremely deviant and perverse thoughts. They layer these thoughts with induced physical sensations, numbing, tingling, discomfort they describe as "brain rotting." Their goal is to create associations, to influence brain patterns, to make me think and feel in ways that are not natural to me. They want to create a demon, in their framework. They want to make specific targets wicked, demonic, evil.

This is what they do. They do not allow intrusive thoughts to pass. They reinforce them. They add sensations. They add pain. They try to create a conditioned response where the induced thought becomes associated with the induced sensation, and both become associated with me.

I am not their creation. I am not their demon. Their conditioning does not control me. That said, from a neuroscience perspective, can you imagine the amount of unnecessary trauma and brain trauma and violence they put their targets through? It's revolting. What's more revolting is even as I write this, some of these creeps make it obvious that even doing this excites them. This is a reminder of the mental illness some these US surveillance operators exhibit, and apparently they are in charge of high-level decision making and bunking building, preparing for the war and Armageddon. I feel disgusted!

The Constant Prayers for Destruction

Some of these operators pray the worst things in my name. They try to make daily life a series of intrusive, distressing difficulties. They accuse me of being a "baaler" for insulting and cursing them, as if my anger at their abuse is the problem, not their abuse itself.

They are adamant about staying to the end of my life. They want to be parasites in others' lives (indeed, how they behave intentionally is like parasites, like demons, and they know this). They hope to survive the rapture while calling toward Armageddon war. They want to be present at the destruction. They want to be the ones who can scapegoat me, to say as if I am part of the issue to have drawn the world towards this. It seems delusional and egocentric, but this is the intention of some of these surveillance operators! Plus, it makes sense, given the baal-peor rituals they impose on certain surveillanced victims, without the person's knowledge nor consent.

The Hypocrisy of Their Progressivism

Some of them also try to make me seem delusional. Among them are young and middle-aged elite white men and women from America, some of whom are deviant creeps who identify as "progressive." These individuals claim they are not racist. They claim they are against the oppression that people in their country inflicted historically. Yet they call me the most disgusting things. They use slurs. They mock my heritage. They treat me as less than human.

I have never called another woman or man, regardless of her or his race, class, faith, religion, political stance, or family, the wicked things they call me. I have never done to another human being what they do to me. Their hypocrisy is staggering. Some of them claim to stand against oppression while engaging in it. They claim to be anti-racist while using racial slurs. They claim to care about justice while terrorizing a me and my family.

Their Goal: To Corrupt My Mind and Faith

Now, their goal is to influence and "mess up" my brain and thinking. They want to confuse me into believing I am a Baal worshipper. They want to turn me against Jesus Christ. They want to turn me into an antichrist. They want to make me deviant, sick, corrupted.

From my perspective, I believe they are capable of being forgiven and saved by Jesus Christ. I do not wish for their destruction in the eternal sense. But I still need to call them out given the things they do to me, the unchecked privilege they wield, and the hypocrisies they exhibit as a collective.

Consider this: they could simply stop. They could leave. They could stop monitoring me, stop harassing me, stop raping me and my family with their technology. They do not have to continue stealing my biometric data, my thoughts, my ideas. I do not harass others. I do not steal data. I do not do to anyone what they do to me.

This is not about equity. This is about evil. And they mock me by saying it is because the world is not equitable. They use the language of justice to justify their cruelty.

My Rebuke

I rebuke their prayers for destruction. I rebuke their hypocrisy. I rebuke their attempt to corrupt my mind and faith. I rebuke their claim that their cruelty is justified by inequity.

I declare in the name of Jesus Christ: **You are capable of forgiveness, but you must repent. You must stop. You cannot do evil and call it justice. You cannot use technology to terrorize and call it equity. You cannot steal, harass, rape, and then claim the moral high ground.**

They can stop. They can leave. They can repent. Until they do, I will call them out. I will document. I will tell the truth. I belong to Jesus Christ. No weapon formed against me will succeed.

References & Notes

On Hypocrisy and Accountability

The operators' behavior, claiming progressive values while engaging in racist abuse and harassment—reveals a fundamental hypocrisy. Being politically left-leaning does not exempt anyone from accountability for harmful behavior. Performative opposition to racism does not erase actual harm done to individuals.

On Forgiveness and Repentance

- **1 John 1:9** "If we confess our sins, He is faithful and righteous to forgive us our sins and to cleanse us from all unrighteousness."
- **Ezekiel 18:30** "Repent and turn from all your transgressions, lest iniquity be your ruin."
- **Romans 2:4** "Or do you presume on the riches of his kindness and forbearance and patience, not knowing that God's kindness is meant to lead you to repentance?"

Biblical References

- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"

- **Micah 6:8** "He has told you, O man, what is good; and what does the Lord require of you but to do justice, to love kindness, and to walk humbly with your God."
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."

The Mockery: "Horror a Bore"

They say I will "horror a bore." They call me a "bore," a "pig." They accuse me of being boring for not doing more interesting reckless things as they surveillance me. They say they want to make me a "horror show." They create shitty, stupid parodies. They make musicals mocking others, including me. According to some of them, this is their highbrow entertainment making fun of a lowbrow sub-human.

This is what they do. They take the suffering of others and turn it into content. They mock, they degrade, they humiliate. They treat cruelty as art. They treat destruction as entertainment. Since they were referencing to nazis, I assume they reference art inspired by me as "degenerate art", which the nazis had had an exhibition on showing during WWII.

This is not highbrow. It is not clever. It is the behavior of people who have nothing of substance in their own lives, so they consume the suffering of others.

The Attempt to Destroy Autonomy

It is the most revolting and intrusive feeling to have these operators try to take away basic autonomy. They want to control thoughts, sensations, decisions, relationships. They want to make the victim feel that they have no say over their own body, their own mind, their own life.

They induce thoughts and then claim those thoughts are the victim's. They induce sensations and then claim those sensations are evidence of the victim's desires. They create conditions of confusion and pain, and then they accuse the victim of being the source.

This is what they do. They try to make the victim feel that they are not in control of themselves, that they are becoming what the operators say they are, that they have no choice but to accept their framing.

The Sowing of Child Abuse Imagery

The operators try to sow ESP (electronic sensory projection) of child abuse. They send these signals. Then, when I pick up even a bit of these signals, when I become aware of what they are projecting, they accuse me of being disgusting, guilty, demonic. They use my awareness of their projections as evidence of their accusations.

This is how some of them try to sow evilness and deviancy in targets' character that targets did not previously have. They hope to corrupt others' character in these vile ways. They want to make others' what they are, or have the characters flaws that they have. This is apparently also a way to sow camaraderie in their cult, that is, knowing certain people have similar problems and deviances, etc.

I am not like them. I do not want to be like them. I will never be like them.

My Rebuke

I rebuke their confidence in their technology. I rebuke their desire for me to end my life. I rebuke their attempt to influence my brain patterns. I rebuke their constant prayers for destruction. I rebuke their racist hypocrisy. I rebuke their mockery, their parodies, their "entertainment." I rebuke their attempt to destroy my autonomy. I rebuke their sowing of child abuse imagery.

I declare in the name of Jesus Christ: **I am not your creation. I am not your demon. I am not your bore. I am not your whore. I am not your pig. I am a child of God. I am a daughter who loves her mother. I am a survivor who documents. I am not what you say I am.**

Their technology does not define me. Their conditioning does not control me. Their pain does not break me. Their mockery does not shame me. I belong to Jesus Christ. No weapon formed against me will succeed.

References & Notes

On V2K and Directed Energy Weapons

Survivors of organized harassment have documented the use of voice-to-skull (V2K) and microwave technologies to induce thoughts, sensations, and pain. These technologies are capable of creating a range of physical and psychological effects (Weinberger, 2017; *The Microwave Syndrome*; Human Rights Watch, 2021; *Directed Energy Weapons: A Human Rights Concern*).

On Coercive Conditioning and Brain Patterns

Coercive conditioning involves using pain, fear, and sensory manipulation to create unwanted associations and influence brain patterns. This is documented in literature on torture and psychological abuse (Herman, 1992; *Trauma and Recovery*; Basoglu et al., 2007; *Torture and Its Definition*).

On Racist Hypocrisy

The operators' behaviour, claiming to be anti-racist while engaging in racist abuse, is a documented pattern in abusive groups. They project a public image of progressivism while privately engaging in the behaviors they claim to oppose.

Biblical References

- **Isaiah 54:17** "No weapon that is formed against you will succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Romans 12:19** "Vengeance is Mine, I will repay, says the Lord."
- **Psalm 7:15–16** "He has dug a pit and hollowed it out, and has fallen into the hole which he made."
- **Proverbs 26:2** "Like a sparrow in its flitting, like a swallow in its flying, a curse without cause does not alight."
- **Galatians 6:7** "Do not be deceived, God is not mocked; for whatever a person sows, this he will also reap."

On Cognitive Flexibility and Being Called a Liar

Warning: This post discusses psychological manipulation and coercive conditioning. It is written in clinical terms for documentation purposes. The purpose is to reveal what is happening at higher levels of power, not to deter anyone from Christianity. People can repent and hold onto faith in Jesus Christ. I am an honest victim being put through this. You are not cursed. You can rebuke all curses by calling on the name of Jesus Christ. Amen.

A Documentation of Their Tactics

The US surveillance elite operators call me a liar. They say that because I can see multiple perspectives, because I can hold complexity, because I am not rigid in my thinking, I must be dishonest. They confuse cognitive flexibility with deception.

Cognitive Flexibility vs. Rigidity

Cognitive flexibility is the ability to adapt one's thinking, to consider multiple viewpoints, to hold complexity without being overwhelmed. It is a mark of mental health, not dishonesty. Rigidity, the inability to change one's mind, to consider alternatives, to adapt, is often associated with pathology (Diamond, 2013; *Executive Functions*; Miyake et al., 2000; *The Unity and Diversity of Executive Functions*).

The operators are rigid. They have a fixed narrative about who I am, what I think, what I believe. They cannot imagine that someone could see the world differently than they do. They cannot imagine that I am not stuck in their framework.

I am cognitively flexible. I can see their perspective without adopting it. I can understand their accusations without accepting them. I can move through different ways of thinking without being trapped. This is not a weakness. It is a strength.

The "Trick" They Cannot Understand

They think I am stuck with certain beliefs. They think I am rigid like they are. They do not understand that I can hold my faith, in Jesus Christ, in the truth, in my own experience, while also being open to new information, new perspectives, new ways of understanding.

This flexibility allows me to document what they do without being consumed by it. I can see their evil without becoming evil. I can understand their perversions without being perverse. I can hold the tension without breaking.

They call this lying. They call it deception. They call it instability. It is none of those things. It is cognitive flexibility. It is mental health. It is survival.

What They Do Not Understand

They do not understand that I am not trapped in their narrative. I can see their accusations for what they are, projections, manipulations, attempts to control. I can hold my own truth while acknowledging that they have theirs. I can document without being defined.

This flexibility is not a flaw. It is how I have survived. It is how I continue to document. It is how I hold onto my faith while being bombarded with their lies.

A Note on Faith and Repentance

I am not writing this to deter anyone from Christianity. I am revealing what people at higher levels of power are doing. Ultimately, people can still repent and hold onto faith in Jesus Christ. I will be accused of being against Christ, but I am not. I am an honest victim being put through this.

You should know that people are putting me through this. You are not cursed. You can rebuke all curses by calling on the name of Jesus Christ. Amen.

Do not be fooled by false prophets. Know what is going on internally in the world at the upper higher levels. Initially, I did not care about secret societies or what happens at the top. It was not relevant to me. They could be doing secret things, I just did not care. I was afraid of being called out as demonic, of sowing lies, of causing greater confusion. I was afraid of being inaccurate. I felt not educated or capable enough.

But recently, I am calling things out based on my knowledge of the surveillance operators' data, my understanding of things, and my faith in Jesus Christ and the relevance of the Bible. Ultimately, I tell you to read the gospel, realize that you can repent from your sins, visit your local church, watch Candace Owens and other decent Christians, rather than just listen to me. I am bombarded with all sorts of lies. The surveillance people themselves test me cruelly all the time.

I must also make a disclaimer: the surveillance people are not all the same. Some are actual Christians who believe in Jesus Christ and follow Him. Others are blatantly satanic and make it obvious to me and others in the group.

My Rebuke

I rebuke their accusation that I am a liar. I rebuke their confusion of flexibility with deception. I rebuke their rigidity, their inability to see beyond their own framework.

I declare in the name of Jesus Christ: **I am not a liar. I am cognitively flexible. I can see your perspective without adopting it. I can hold my truth without being rigid. I am not trapped in your narrative. I am free in Christ.**

References & Notes

On Cognitive Flexibility

Cognitive flexibility is a component of executive function that allows individuals to adapt to changing circumstances, consider multiple perspectives, and shift between different concepts. It is associated with mental health and resilience (Diamond, A. (2013). Executive functions. *Annual Review of Psychology*, 64, 135–168; Miyake, A., et al. (2000). The unity and diversity of executive functions and their contributions to complex "frontal lobe" tasks: A latent variable analysis. *Cognitive Psychology*, 41(1), 49–100).

On Rigidity and Pathology

Cognitive rigidity, the inability to adapt thinking or consider alternatives, is associated with various psychological conditions (Shatz, I. (2020). *Cognitive Rigidity: Causes and Consequences*. Psychology Today).

Biblical References

- **Proverbs 2:10–11** "For wisdom will enter your heart, and knowledge will be pleasant to your soul. Discretion will watch over you, understanding will guard you."
- **Romans 12:2** "Do not be conformed to this world, but be transformed by the renewing of your mind."
- **Philippians 4:8** "Whatever is true, whatever is honourable, whatever is right, whatever is pure, whatever is lovely, whatever is commendable, think about these things."

On Hypocrisy and My Declaration of Faith, Freemasonry and False Christians

Warning: This post discusses religious hypocrisy and cult dynamics. It is written from a faith perspective. The purpose is to reveal what is happening at higher levels

of power, not to deter anyone from Christianity. People can repent and hold onto faith in Jesus Christ. I am an honest victim being put through this. You are not cursed. You can rebuke all curses by calling on the name of Jesus Christ. Amen.

A Declaration of Faith

The US surveillance elite operators claim to be Christians. They say they are going to heaven. They say they are the best Christians out there. They talk about the rapture. They talk about Armageddon. They claim to be part of the beast system of Revelation, yet they call themselves followers of Jesus.

This is hypocrisy. This is delusion. This is a cult.

What They Claim

They claim to be Christians. They claim to be angels. They claim to be waiting for the rapture. They claim to be on the side of God. They say they will repent of their sins after they have destroyed me. They say they will be forgiven.

This is not how Christianity works. Repentance is turning from sin, not planning to commit it and ask for forgiveness later (Ezekiel 18:30; 1 John 1:9). You cannot do evil and call it good. You cannot terrorize people and call it justice. You cannot use technology to torture and call it Christian.

What They Do

They do disgusting things. They force themselves on people. They use technology to induce thoughts, sensations, pain. They try to make me into what they are. They try to break me. They try to destroy my mother. They try to ruin my family.

When I do not play along, they call me trash. They discard me. They treat me as garbage. They say I am low spiritually. They say I am disgusting. They say I am a liar.

This is their attitude toward anyone outside their cult (Hassan, 1988; *Combatting Cult Mind Control*).

The True Gospel

The gospel of Jesus Christ is simple. We are sinners. We cannot save ourselves. Jesus died for our sins. He rose from the dead. If we confess our sins and trust in Him, we are saved. We repent. We turn from sin. We try to live according to His teachings (Romans 3:23; Romans 6:23; Ephesians 2:8–9; 1 John 1:9).

It is not about secret knowledge. It is not about expediting world calamities. It is not about using technology to torture people. It is not about pretending to be angels while acting like demons.

The operators have twisted the gospel. They have created a vulgar lie. They have made it complicated, secret, exclusive. They have used it to justify cruelty.

What I Believe

I believe in Jesus Christ. He is my Lord and Saviour. I believe that I am a sinner saved by grace. I believe that repentance is turning from sin, not planning to commit it. I believe that God is good, that He loves people, that He does not dispose of people like garbage.

I believe that there are many normal, decent Christians in this world who do not engage in disgusting technologies and values. I believe in the Christians in my real church. I believe in my mom and dad, who are Christians. I believe in my personal relationship with God.

I do not believe in the cult that these operators run. I do not want to be a part of it. It is miserable, disgusting, revolting. They force themselves on people. They do cult sex abuse. They try to taint you until you are not in the right state of mind. They want you to be excited by revolting, violent, disgusting content. Then they record it. Then they use it against you.

This is not Christianity. This is evil.

Their Connection to Freemasonry

They are affiliated with Freemasonry. Freemasonry is a fraternal organization with esoteric elements. Some branches have been associated with ideas about world events and spiritual warfare (MacNulty, W. (2006). *Freemasonry: A Journey Through Ritual and Symbol*). The operators use these ideas to justify their cruelty. They believe they are expediting world calamities as part of a divine plan. They think this is rooted in Jesus Christ. It is not. It is revolting. It is gross. It is delusional.

Jesus Christ came to save, not to destroy. He came to heal, not to torture. He came to bring life, not death (John 10:10). The operators have it backwards. They have confused destruction with salvation. They have confused cruelty with justice.

My Allegiance

I am making my allegiance clear. I belong to Jesus Christ. I belong to Yahweh. I belong to God. I do not belong to these operators. I am not their wife. I am not their property. I am not their cult member.

I am a sinner saved by grace. I am a daughter who loves her mother. I am a survivor who documents. I am a Christian who holds onto faith in the middle of evil.

By sending this publicly, I declare my allegiance to the actual Christians in my real church, to my mom and dad, to my personal relationship with God. I will not appease these gross abusers. I will not play their games. I will not join their cult.

They are mentally ill. They are power hungry. They are wicked. They think they are justified in their abuse toward me. They make me have issues I did not have. Then they persecute me with new issues they try to develop. Then they feel more justified in trying to ruin my body.

A Final Warning and Blessing

Do not be fooled by false prophets. Know what is going on internally in the world at the upper higher levels. Initially, I did not care about secret societies or what happens at the top. It was not relevant to me. They could be doing secret things, I just did not care. I was afraid of being called out as demonic, of sowing lies, of causing greater confusion. I was afraid of being inaccurate. I felt not educated or capable enough.

But recently, I am calling things out based on my knowledge of the surveillance operators' data, my understanding of things, and my faith in Jesus Christ and the relevance of the Bible. Ultimately, I tell you to read the gospel, realize that you can repent from your sins, visit your local church, watch Candace Owens and other decent Christians, rather than just listen to me. I am bombarded with all sorts of lies. The surveillance people themselves test me cruelly all the time.

I must also make a disclaimer: the surveillance people are not all the same. Some are actual Christians who believe in Jesus Christ and follow Him. Others are blatantly satanic and make it obvious to me and others in the group.

You are not cursed. You can rebuke all curses by calling on the name of Jesus Christ. Amen.

My Rebuke

I rebuke their hypocrisy. I rebuke their twisted gospel. I rebuke their claim to be Christians while doing evil. I rebuke their affiliation with Freemasonry. I rebuke their desire for world calamities.

I declare in the name of Jesus Christ: **I am not your cult member. I am not your garbage. I am not your devil. I am a child of God. I am a sinner saved by grace. I belong to Jesus Christ. I will not be broken by your abuse.**

They can call themselves Christians. They can call themselves angels. They are not. They are abusers who have confused their own perversions with spiritual authority.

A Prayer for Genuine Christians

Lord, protect the genuine Christians in this world. Protect those who are being deceived by those who claim to follow You but do evil. Protect those who are being targeted by cults that use Your name to justify cruelty.

Let the true gospel be known. Let repentance be genuine. Let love of neighbour be real. Let the light shine in the darkness.

And let all who suffer at the hands of those who claim to be Yours know that You are not like them. You are good. You are just. You are love.

In the name of Jesus Christ, amen.

References & Notes

On the Gospel of Jesus Christ

- **Romans 3:23** "For all have sinned and fall short of the glory of God."
- **Romans 6:23** "For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord."
- **Ephesians 2:8-9** "For by grace you have been saved through faith. And this is not your own doing; it is the gift of God."
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- **Ezekiel 18:30** "Repent and turn from all your transgressions, lest iniquity be your ruin."

On False Christians and Hypocrisy

- **Matthew 7:15-16** "Beware of false prophets, who come to you in sheep's clothing but inwardly are ravenous wolves. You will recognize them by their fruits."
- **Matthew 23:27-28** "Woe to you, scribes and Pharisees, hypocrites! For you are like whitewashed tombs, which outwardly appear beautiful, but within are full of dead people's bones and all uncleanness."
- **Titus 1:16** "They profess to know God, but they deny him by their works."

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Biblical References

- **John 14:6** "I am the way, and the truth, and the life. No one comes to the Father except through me."
- **John 10:10** "I came that they may have life and have it abundantly."
- **Micah 6:8** "He has told you, O man, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?"

On Hypocrisy and My Declaration of Faith, Freemasonry and False Christians

Warning: This post discusses religious hypocrisy and cult dynamics. It is written from a faith perspective. The purpose is to reveal what is happening at higher levels of power, not to deter anyone from Christianity. People can repent and hold onto faith in Jesus Christ. I am an honest victim being put through this. You are not cursed. You can rebuke all curses by calling on the name of Jesus Christ. Amen.

A Declaration of Faith

The US surveillance elite operators claim to be Christians. They say they are going to heaven. They say they are the best Christians out there. They talk about the rapture. They talk about Armageddon. They claim to be part of the beast system of Revelation, yet they call themselves followers of Jesus.

This is hypocrisy. This is delusion. This is a cult.

What They Claim

They claim to be Christians. They claim to be angels. They claim to be waiting for the rapture. They claim to be on the side of God. They say they will repent of their sins after they have destroyed me. They say they will be forgiven.

This is not how Christianity works. Repentance is turning from sin, not planning to commit it and ask for forgiveness later (Ezekiel 18:30; 1 John 1:9). You cannot do evil and call it good. You cannot terrorize people and call it justice. You cannot use technology to torture and call it Christian.

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But recently, I am calling things out based on my knowledge of the surveillance operators' data, my understanding of things, and my faith in Jesus Christ and the relevance of the Bible. Ultimately, I tell you to read the gospel, realize that you can repent from your sins, visit your local church, watch Candace Owens and other decent Christians, rather than just listen to me. I am bombarded with all sorts of lies. The surveillance people themselves test me cruelly all the time.

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- **Micah 6:8** "He has told you, O man, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?"

On Freemasonry, False Accusations, and Their Evil Cult Dynamics, Why I am Making This Blog

Warning: This post discusses psychological manipulation, cult dynamics, and false accusations. It is written in clinical terms for documentation purposes. The purpose is to reveal what is happening at higher levels of power, not to deter anyone from Christianity. People can repent and hold onto faith in Jesus Christ. I am an honest victim being put through this. You are not cursed. You can rebuke all curses by calling on the name of Jesus Christ. Amen.

A Documentation of Their Tactics

The US surveillance elite operators engage in a pattern of false accusations designed to create confusion, shame, and a sense of complicity. They call me a Baal show. They hope I will attack my mother or she will attack me. They hope for a tragedy that they can claim as justice.

The "Wife" Narrative

Some of these operators do perverse things and call me their "wife" or "girlfriend". They use this to justify the vile things they do. They speak in a some random creep's voice, some guy leaking water and drool from his jaw. It is gross. It is slightly altered and revolting.

They make me feel disgusted of my own hands. They sometimes bully me to commit suicide by accusing me of being a liar when I call out their intrusive thoughts, thoughts they project of perverse imagery. They say they "feed me" with this technology. They attempt to make, and call me, a "baal show".

Some of these operators have self-awareness that they are the antichrist, that is, they oppose my Faith of Jesus Christ. They know what they are and they know the things they do that are right and the things they do that are wrong.

The Ritual and Rights of Passage

They often encourage me to engage in perverse acts. Sometimes plan to flash imagery of abuse, violence, and other perverse content while I do so, or when I am trying to sleep. They have the capacity to capture these moments with their technology. They imply they hope to capture this and post it online. They want to say that I am double-minded and try to shock the people in my life, after enduring all this.

This is also a major reason why I am making this blog, and making it open to the pubic on my Facebook, and also sending it to intelligence agencies, human rights organizations, the governments, and also having it accessible through social media (e.g., Instagram, Twitter/x). I will not have these operators accuse me of enjoying being a poker faced, pure looking woman, living some two-faced life knowing what is going on the other side.

I have trained myself to develop a poker face. I realize this might seem disturbing or impressive, but I remain relatively calm despite the inappropriateness, perversion, violence, sadism they impose when I interact with others. I live my normal life. I interact with people. I know what they are doing. I do not let them see it affect me too much.

They want to hold this against me. They want to cancel me. They want me seen by the world as a sociopath, a creep, a predator, a deviant, etc., all based on complete lies. They want to make me seem like the creep, the offender, while I am revealing myself as their victim and survivor, while calling out their crimes. They want people

to feel disgusted and creeped out by me. They want people to think: how can she live a normal life despite the vulgarities, perversions, they bombard her, and apparently, some of the people around her, all the time?

They lie about me being complicit. They lie about me playing along. They lie about me enjoying it. I do not play along. I do not enjoy it. They simply cannot read normal human emotions.

My Faith and Their Cult

I put my faith in Jesus Christ. These operators make it obvious of their obsession with their own crew and cult. If I were to even pretend to be against my faith, they would blatantly call targets "trash" and discard them, if they said they didn't follow Jesus Christ. This reveals their general attitude to others outside of their cult (Hassan, 1988; *Combatting Cult Mind Control*; Lalich, 2004; *Bounded Choice*).

I am glad I am not a part of their cult. I am making my faith and allegiance to Jesus Christ, Yahweh, God. These operators are not God. They engage in major gross hypocrisies that do not exhibit respect toward God's people, nor humanity in general. They bombard me with intrusive lies and implied violence. They are capable of being more violent and vulgar if I do not agree to join their cult or appease their disgusting sexual crimes, while also encouraging me to be more violent, stressed, and immature, in turn.

Their Twisted Gospel

Some of the operators are obsessed with their idea of going to heaven. But they clearly have major issues. From my honest opinion, they just seem like self-interested cult people. They can be forgiven, I believe that, but I will not want to join their cult. They force themselves to do cult abuse with you. If you do not play along, and I do not, they imply they want to taint you to the point where you are not in the right state of mind, to get you to harm yourself or others. Then they want you to be excited by the revolting, violent, deviant content. Then they record this through your response, physiologically (i.e., your biomeric data) and what shows up on their screens (i.e., the imagery you show in your mind space). Then they disperse it in the group to call you out on how "low" you are spiritually.

Some of them have twisted and created a vulgar lie of the gospel of Jesus Christ. The gospel is rooted in the fact that we are sinners, we need to repent, and we abide by Jesus Christ's teachings (Romans 3:23; Romans 6:23; Ephesians 2:8-9). It is not that complicated. These operators make things much more complicated than they need to be. Truth be told, there are many more normal, decent Christians in this world who do not engage in their wicked technologies and weird, elitist and racist values.

Freemasonry and World Calamities

They are affiliated with Freemasonry. Some branches of Freemasonry have been associated with ideas about world events and spiritual warfare. The operators use these ideas to justify their cruelty, believing they are expediting world calamities as part of a divine plan (MacNulty, W. (2006). *Freemasonry: A Journey Through Ritual and Symbol*). They think this is rooted in Jesus Christ. It is not. It is revolting. It is gross. It is delusional.

From my perspective, my faith in God is about remembering to love Jesus Christ. Jesus Christ loves people. He does not dispose of people like garbage just because someone is not receptive to disgusting cult practices. He does not automatically treat them abusively and call them garbage.

This is a disgusting cult the surveillance operators run. I do not want to be a part of it. By sending this publicly, I am declaring my allegiance to the actual Christians in my real church. To my mom and dad, who are Christians. To my personal relationship with God, Jesus Christ, who receives me as a sinner.

By Christ Jesus's standards, not by the standards of these gross abusers who intentionally try to trigger and test me in disgusting and unnecessary ways. They are mentally ill, power hungry, wicked enough to think they are justified in their abuse toward me. They make me have issues I did not have. Then they persecute me with new issues they try to develop. Then they feel more justified in trying to ruin my body.

What the hell is this?

My Rebuke

I rebuke their false accusations. I rebuke their "wife" narrative. I rebuke their ritual and rights of passage. I rebuke their grooming tactics. I rebuke their twisted gospel. I rebuke their affiliation with Freemasonry. I rebuke their desire for world calamities.

I declare in the name of Jesus Christ: **I am not your wife. I am not your Baal show. I am not your cult member. I am not your devil. I am a child of God. I am a sinner saved by grace. I belong to Jesus Christ. I will not join your cult. I will not play your games. I will not be broken by your abuse.**

References & Notes

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On False Accusations and Projection

Abusers frequently project their own behaviors onto their victims, accusing them of what the abusers themselves do (Freud, S. (1896). Further remarks on the neuro-psychoses of defence. *Standard Edition*, 3, 162-185; Vaillant, G. (1992). *Ego Mechanisms of Defense*. American Psychiatric Press).

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- **1 John 1:9** "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."

On Appearance-Based Abuse and Their Fixation on Ugliness and Sickness

Warning: This post discusses psychological abuse, appearance-based harassment, and sadistic fixations. It is written in clinical terms for documentation purposes. The purpose is to reveal what is happening at higher levels of power, not to deter anyone from Christianity. People can repent and hold onto faith in Jesus Christ. I am an honest victim being put through this. You are not cursed. You can rebuke all curses by calling on the name of Jesus Christ. Amen.

A Documentation of Their Tactics

The US surveillance elite operators treat me differently based on how I look. When I look more prime, proper, slimmer, neater, they feel more guilty about being perverse, but still continue to berate you and call you wicked titles. They treat me more wickedly. They escalate their perversions. They try harder to break me.

When I look more messy, more vulnerable, more vulgar, some of them are more "excited". They feel more justified in their abuse. They see weakness as permission. They see decay as invitation (Stark, 2007; *Coercive Control*).

This is not about me. This is about them. Some have a sensual or sadistic obsession with weakness, ugliness, sickness, decay. Some of them literally do. This is a documented trait in sadistic personalities (Paulhus & Williams, 2002; *The Dark Triad of Personality*).

A Warning to Americans

I am calling this out to warn Americans. Perhaps things will not get better in the short term. Perhaps they will get worse. You need to know why. It is because of people like these, US elites in your country, doing this, knowing top secret information related to secret societies, seeing what's behind the surface of culturally tailored events, news stories, and famous persons speaking out.

Do not be deceived, and put Faith in Jesus Christ. There are many decent Christians like Candace Owens, Tucker Carlson, etc. who you can follow. I will provide a more comprehensive list of books, peoples, and podcasts you can listen to to get more information. Ultimately, I recommend going to church, reading the Bible, and trusting in Jesus Christ.

The Beast System of Revelation and the Delusional Red Heads of the Group

Some of the surveillance operators literally imply themselves to be part of the beast system of Revelation. They align themselves with the false prophet. They see themselves as agents of the Antichrist. Some of them openly declare this (Revelation 13:1–18).

They accuse me of being the false prophet. They say I am "sowing a Baal." They project their own evil onto me. You be the judge. I am just telling you what I know based on what they do, based on their character, based on their doings.

Among the obviously wicked in the group, some self-declare as part of the Antichrist. There are a few red-headed, pale, narcissistic, perverse, deviant men who accuse me of being married to them. They are especially ingrained in the mating rituals forced upon me without my consent or response, as I have previously discussed. They feel like they are "colonizing" me. Some of them say I belong to them. They want to take credit for the perverse things they do to me and my parents, along with trying to corrupt characters.

I do not want to sow prejudice, but this is indeed what they are doing. Some of these men are delusional. They believe they have authority over me and my parents. They believe they have "claimed" me. They believe they are fulfilling some twisted prophecy, or symbolically colonizing my lineage.

I do not support, agree, nor stand with these intentions.

My Rebuke

I rebuke their appearance-based abuse. I rebuke their sadistic fixation on weakness. I rebuke their claim to be Christians. I rebuke their declaration as part of the beast

system. I rebuke their delusion that I belong to them. I rebuke their use of my mother.

I declare in the name of Jesus Christ: I am not your property. I am not your wife. I am not your colonized subject. I am a child of God. I am a daughter who loves her mother and family. I am not what you say I am.

References & Notes

On Appearance-Based Abuse

Appearance-based harassment and degradation are documented tactics in coercive control. Abusers use appearance to shame, to control, and to justify escalation (Stark, E. (2007). *Coercive Control*. Oxford University Press).

On Sadistic Fixations

Some abusers derive satisfaction from watching deterioration, weakness, and decay. This is a documented trait in sadistic personalities (Paulhus, D. & Williams, K. (2002). The Dark Triad of Personality. *Journal of Research in Personality*, 36(6), 556–563).

On the Beast System of Revelation

Revelation 13 describes a beast that rises from the sea, given power by the dragon. It speaks blasphemies, makes war on the saints, and exercises authority over the earth. The operators align themselves with this system, declaring themselves part of it. Revelation 13:11-18 describes a second beast that performs signs and causes all to worship the first beast. The operators also align themselves with this false prophet system.

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Biblical References

- **Revelation 13:1-10** The beast from the sea.
- **Revelation 13:11-18** The beast from the earth and the mark of the beast.
- **1 John 4:1** "Beloved, do not believe every spirit, but test the spirits to see whether they are from God."
- **Matthew 7:15-16** "Beware of false prophets, who come to you in sheep's clothing but inwardly are ravenous wolves. You will recognize them by their fruits."

On the Balcony Narrative

Warning: This post discusses the surveillance operators' intent to sow psychological distress and coercive conditioning. It is written in clinical terms for documentation and legal purposes.

A Documentation of Their Tactics

Some of the US surveillance elite operators have constructed a narrative around the balcony of my current residence. They speak of a jump. Their communications indicate that they hope I will jump from the balcony. Some of these operators are sadistic, a personality trait characterized by deriving pleasure from the suffering of others (Paulhus & Williams, 2002; *The Dark Triad of Personality*). It is no surprise that they would intend this.

Their intention is revolting. I plan to move to another home to prevent such happenings. I pray for protection in the name of Jesus Christ. Amen.

The Temptation of Jesus

There is a passage in the Gospels that speaks directly to this tactic. After Jesus was baptized, He was led into the wilderness to be tempted by the devil. Among the temptations, the devil took Jesus to the pinnacle of the temple and said:

> *"If you are the Son of God, throw yourself down. For it is written, 'He will command his angels concerning you,' and 'On their hands they will bear you up, lest you strike your foot against a stone.'"* - **Matthew 4:5-6 (ESV)**

The devil wanted Jesus to jump. He wanted Jesus to test God, to prove His divinity through a spectacular act of self-destruction. He used Scripture to justify it. He twisted the Word of God to serve his purposes.

Jesus did not jump. He responded:

> *"Again it is written, 'You shall not put the Lord your God to the test.'"* - **Matthew 4:7 (ESV)**

This is what the operators are doing. They are playing the role of the tempter. They want me to jump. They want me to test God. They want me to prove something, my faith, my desperation, my destruction, through an act of self-destruction. They use their own twisted logic to justify it.

I will not jump. Like Jesus, I will not put the Lord my God to the test.

How They Attempt to Drive a Person to This Point

The operators use a range of techniques to create unbearable conditions. These include:

- Inducing feelings of physical distress and suffocation
- Inflicting misery, suffering, and physical pain
- Sleep deprivation
- Bombarding with intrusive thoughts
- Inducing unwanted sensory sensations and imagery
- Using tools of psychological torture (Herman, 1992; *Trauma and Recovery*; Basoglu et al., 2007; *Torture and Its Definition*)

With the capacities of their technology, often referred to as directed energy weapons or V2K (voice-to-skull), they are able to create conditions where the target feels that the only escape is to leave their body, to end the suffering (Weinberger, 2017; *The Microwave Syndrome*; Human Rights Watch, 2021; *Directed Energy Weapons: A Human Rights Concern*).

This is how they attempt to drive a normal, non-suicidal person to consider ending their life. They do not create the desire for death. They create conditions so unbearable that death seems like the only release.

The Psychology of Sadistic Abusers

From a clinical perspective, individuals who derive pleasure from the suffering of others often exhibit traits associated with sadistic personality disorder. These individuals:

- Experience gratification from inflicting pain, humiliation, or suffering
- Lack empathy for their victims
- Rationalize their cruelty as justified or deserved
- Seek positions of power where they can exercise control over vulnerable individuals (Millon, 2011; *Disorders of Personality*)

The operators' excitement at the prospect of suicide fits this pattern. They do not merely tolerate suffering, they seek it out. They derive satisfaction from the idea that someone would be driven to such despair.

The Bible also speaks to this condition. Proverbs warns against those who rejoice in the misfortune of others:

> *"Do not rejoice when your enemy falls, and let not your heart be glad when he stumbles, lest the Lord see it and be displeased with you, and turn away his anger from him."* **- Proverbs 24:17-18 (ESV)**

Those who take pleasure in the suffering of others place themselves in opposition to God's character, which is described as merciful, compassionate, and just.

Their Stated Hope

Their communications indicate that they hope I will not make it far with exposing them. They hope that in an ideal moment, I will jump from the balcony. They hope it will be written off as a confusing tragedy. They hope people will forget the blog. They hope people will move on.

They have indicated that they plan to repent of their sins afterward. This is not how repentance works. True repentance is turning from sin, not planning to commit it and ask for forgiveness later:

> *"Repent and turn from all your transgressions, lest iniquity be your ruin."* - **Ezekiel 18:30 (ESV)**
>
> *"If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."* - **1 John 1:9 (ESV)**

This is what they communicate. This is what they hope for.

Legal and Documentation Purpose

I document these tactics for legal and professional purposes. The operators' communications and actions constitute a pattern of psychological torture and coercive control. Their attempts to induce suicide are crimes. Their use of technology to create unbearable conditions is a violation of human rights.

I document this so that professionals, law enforcement, psychologists, legal advocates, have a record of what is being done. I document this so that others who experience similar tactics know they are not alone. I document this so that the truth cannot be buried.

My Blessing and Rebuke

I bless myself. I pray for protection. I pray for healing. I pray for the strength to continue documenting, to continue holding onto faith, to continue living.

I rebuke all lies spoken against me. I rebuke their balcony narrative. I rebuke their hope for my destruction. I rebuke their attempts to drive me to despair.

I declare in the name of Jesus Christ:

> *"The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?"* - **Psalm 27:1 (ESV)**
>
> *"No weapon that is formed against you shall succeed."* - **Isaiah 54:17 (ESV)**

I will not jump. I will not be written off. My truth will not be buried. Your technology does not control me. Your torture does not break me. I belong to God.

I pray for a safe place to live. I pray for freedom from their influence. I pray that I am shielded from their attempts to destroy me.

In the name of Jesus Christ, amen.

References & Notes

On the Temptation of Jesus

The temptation of Jesus in the wilderness is recorded in Matthew 4:1-11 and Luke 4:1-13. The devil's attempt to get Jesus to jump from the pinnacle of the temple is a direct parallel to the operators' attempt to get me to jump. Jesus' response, "You shall not put the Lord your God to the test", is the appropriate response to such temptations. The full text:

> *"Then the devil took him to the holy city and set him on the pinnacle of the temple and said to him, 'If you are the Son of God, throw yourself down, for it is written, "He will command his angels concerning you," and "On their hands they will bear you up, lest you strike your foot against a stone."' Jesus said to him, 'Again it is written, "You shall not put the Lord your God to the test."'"* - **Matthew 4:5-7 (ESV)**

On Sadistic Personality Traits

Sadistic personality traits include deriving pleasure from the suffering of others. This is documented in clinical literature (Paulhus, D. & Williams, K. (2002). The Dark Triad of Personality. *Journal of Research in Personality*, 36(6), 556-563; Millon, T. (2011). *Disorders of Personality*. Wiley).

On Suicide as a Result of Torture

Psychological torture, including sensory manipulation, sleep deprivation, and induced suffering, is known to drive victims to suicidal ideation. This is a documented tactic in coercive control and organized abuse (Herman, J. (1992). *Trauma and Recovery*. Basic Books; Basoglu, M., et al. (2007). Torture and its definition. *Journal of the American Medical Association*, 298(2), 204–206).

On the Use of Technology to Induce Suffering

Directed energy weapons and other technologies can induce physical sensations of distress, pain, and suffocation. These are documented in survivor accounts of organized harassment (Weinberger, S. (2017). The Microwave Syndrome. *Nature*; Human Rights Watch. (2021). *Directed Energy Weapons: A Human Rights Concern*; Lang, S. (2019). *Targeted Individuals: A Survivor's Perspective*).

Biblical References

- **Matthew 4:5-7** The temptation of Jesus to jump from the pinnacle of the temple.
- **Luke 4:9-12** The same temptation.
- **Deuteronomy 6:16** "You shall not put the Lord your God to the test."
- **Proverbs 24:17-18** "Do not rejoice when your enemy falls, and let not your heart be glad when he stumbles, lest the Lord see it and be displeased with you, and turn away his anger from him."
- **Ezekiel 18:30** "Repent and turn from all your transgressions, lest iniquity be your ruin."
- **1 John 1:9** "If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid?"
- **Isaiah 54:17** "No weapon that is formed against you shall succeed, and you shall refute every tongue that rises against you in judgment. This is the heritage of the servants of the Lord and their vindication from me, declares the Lord."
- **Psalm 34:17-18** "When the righteous cry for help, the Lord hears and delivers them out of all their troubles. The Lord is near to the brokenhearted and saves the crushed in spirit."
- **Psalm 18:4-6** "The cords of death encompassed me; the torrents of destruction assailed me; the cords of Sheol entangled me; the snares of death confronted me. In my distress I called upon the Lord; to my God I cried for help. From his temple he heard my voice, and my cry to him reached his ears."

On Their Tactics: Cult Dynamics, Rites of Passage, and the Attempt to Corrupt Character

Warning: This post discusses psychological manipulation, cult dynamics, and coercive conditioning. It is written in clinical terms for documentation and legal purposes.

A Documentation of Their Tactics

The US surveillance elite operators engage in a pattern of behavior that includes psychological conditioning, forced "rites of passage," and attempts to corrupt the target's character. These tactics are consistent with documented cult dynamics and coercive control (Hassan, 1988; *Combatting Cult Mind Control*; Lalich, 2004; *Bounded Choice*).

The "Demon Demo" Accusation

During the past few months, some of the operators have called the target a "demon demo." They project their own darkness onto the target, labeling them as demonic while they engage in behaviors consistent with what they accuse. This is projection,

a defense mechanism where individuals attribute their own unacceptable thoughts, feelings, or impulses to another person (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*).

Some of them have attempted to replace the sanctifying work of the Holy Spirit with their own corrupt version. They use their technology to induce sensations they call "washing", a mockery of the spiritual cleansing described in Scripture (1 John 1:9; Titus 3:5). This is not sanctification. It is violation dressed up in spiritual language.

Forced "Rites of Passage"

The operators impose what they call "rites of passage." These are rituals they use to initiate targets into their framework, to break down resistance, and to create a sense of complicity. They treat these as hazing rituals, as if the target is being initiated into their group.

These rites involve forcing the target to witness or experience perverse content. They use their technology to induce physical sensations, to project imagery, and to create conditions where the target is overwhelmed. They then claim that the target's survival of these experiences,or their refusal to participate, is evidence of their status.

This is a documented cult tactic: creating shared experiences that are so extreme that the target feels they cannot leave without being complicit (Hassan, 1988; *Combatting Cult Mind Control*; Lifton, 1961; *Thought Reform and the Psychology of Totalism*).

The Attempt to Corrupt Character

The operators try to make the target act against their values. They attempt to provoke the target into treating loved ones poorly. They try to make the target complicit in their perversions, hoping that the target will engage in behaviours that would then be used against them.

Their goal is to create conditions where the target is so overwhelmed, so confused, so desperate, that they make choices they would not otherwise make. They want to be able to say that the target chose evil, that the target chose to be like them. This is a form of coercive conditioning: creating the conditions for a behavior, then claiming the behavior proves the target's character (Stark, 2007; *Coercive Control*).

This is not how character works. Character is revealed by choices made under normal conditions, not by choices made under torture. The operators are not testing the target's character. They are trying to break it.

The Hypocrisy of Their Claims

The operators call the target "trash." They do this especially when the target is behaving in ways that are not aligned with their desired image, when the target is angry, confused, distressed, or when they doubt. The operators claim to be "angels." They claim to be Christians. They claim to be waiting for the rapture.

Yet they engage in behaviors that are the opposite of what Christianity teaches:

- They derive pleasure from the suffering of others (Proverbs 24:17-18)
- They use technology to terrorize rather than to serve
- They treat those outside their group as disposable
- They mock what is sacred and pervert what is holy

The irony is staggering. They believe they are going to heaven while doing what the Bible explicitly condemns. They have confused their own perversions with spiritual authority.

Their View of Others

Based on their behavior toward the target and their communications, it is clear that they view those outside their group as inferior. They have made comments about others being "too poor," "too ugly," "not worth their time." They have expressed disdain for those who do not share their beliefs, their culture, their heritage.

This is consistent with colonial and elitist mindsets: the belief that some people are inherently better than others, that some are deserving of respect while others are disposable. This is not a Christian orientation. This is the opposite of what Jesus taught:

> *"Love your neighbor as yourself."* - **Mark 12:31 (NIV)**
>
> *"There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus."* - **Galatians 3:28 (NIV)**

Some of the operators' elitism, their belief that they are angels while others are "trash", those who turn away from, or reject Jesus Christ, reveals that they do not completely understand the gospel they claim to follow. That God is love, and just because someone is not a believer, it doesn't mean they are "trash", and they can still heal and grow close to Christ Jesus.

Some of these operators believe they are angels. They believe that their access to technology, their knowledge, their position makes them divine.

Some of them, while spiritual, are still abusers who have confused their own perversions with spiritual authority. Their technology does not make them divine, and the gospel is still something they must follow and abide by.

Faith in Jesus Christ

The target puts faith in Jesus Christ because He loves them. He does not call them trash. He does not terrorize them. He does not use technology to torment them. He does not treat those outside His group as disposable.

The gospel is simple: we are sinners. We cannot save ourselves. Jesus died for our sins. He rose from the dead. If we confess our sins and trust in Him, we are saved. We repent. We turn from sin. We try to live according to His teachings (Romans 3:23; Romans 6:23; Ephesians 2:8-9; 1 John 1:9).

The operators have twisted this. They have made it complicated, secret, exclusive. They have used it to justify cruelty. They have confused their own perversions with the will of God.

They are not Christians in the sense of following Christ. They are a cult that has appropriated Christian language to justify their abuse.

A Note on History

What the operators do is not new. It echoes patterns throughout history:

- Colonialism, where those with power treated others as disposable
- Racism, where people were judged by their appearance rather than their character
- Persecution of Indigenous peoples, Black Americans, and other marginalized groups
- The use of technology to control and terrorize rather than to serve

The operators are part of a long tradition of those who use power to harm rather than to heal. They are not angels. They are not Christians. They are abusers who have found a new tool for an old evil.

Rebuke

I rebuke their "demon demo" accusations. I rebuke their forced rites of passage. I rebuke their attempts to corrupt the target's character. I rebuke their hypocrisy. I rebuke their elitism, their racism, their colonial mindset. I rebuke their claim to be angels. I rebuke their perversion of the gospel.

I declare in the name of Jesus Christ: **The target is not trash. They are not a demon. They are not your project. They are a child of God. They are a sinner saved by grace. They belong to Jesus Christ. They will not be broken by your abuse.**

Their technology does not define the target. Their conditioning does not control them. Their cruelty does not make them like the abusers. They are not what the operators say they are.

Declaration of Faith

The target is a Christian. They follow Jesus Christ. They do not follow the operators' twisted version of the gospel. They do not join their cult. They do not participate in their rituals. They do not accept their labels.

Their faith is in the God who loves them, who saves them, who sustains them. Their allegiance is to Jesus Christ, not to secret societies. Their hope is in His return, not in the operators' delusions of rapture.

The operators can call themselves Christians. They can call themselves angels. They are not. They are abusers who have confused their own perversions with spiritual authority. God sees what they do. And He is not mocked.

References & Notes

On Cult Dynamics and Coercive Control

Cults use tactics including isolation, manipulation, and the creation of shared secrets to control members. They also target outsiders with abuse and harassment (Hassan, S. (1988). *Combatting Cult Mind Control*. Park Street Press; Lalich, J. (2004). *Bounded Choice*. University of California Press; Lifton, R. (1961). *Thought Reform and the Psychology of Totalism*. University of North Carolina Press).

On Projection

Projection is a defense mechanism where individuals attribute their own unacceptable thoughts, feelings, or impulses to another person (Freud, S. (1896). Further remarks on the neuro-psychoses of defence. *Standard Edition*, 3, 162–185; Vaillant, G. (1992). *Ego Mechanisms of Defense*. American Psychiatric Press).

On Coercive Conditioning

Coercive conditioning involves using pain, fear, and sensory manipulation to create unwanted associations and break down resistance. This is documented in literature on torture and psychological abuse (Herman, J. (1992). *Trauma and Recovery*. Basic Books; Stark, E. (2007). *Coercive Control*. Oxford University Press).

On Colonial and Elitist Mindsets

The belief that some people are inherently better than others has been used to justify colonialism, racism, and persecution throughout history. This is the opposite of the Christian teaching that all people are made in the image of God (Genesis 1:27; Galatians 3:28).

Biblical References

- **Mark 12:31** "Love your neighbor as yourself."
- **Galatians 3:28** "There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus."
- **Romans 3:23** "For all have sinned and fall short of the glory of God."
- **Romans 6:23** "For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord."
- **Ephesians 2:8-9** "For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works."
- **1 John 1:9** "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."
- **Titus 3:5** "He saved us, not because of works done by us in righteousness, but according to his own mercy, by the washing of regeneration and renewal of the Holy Spirit."
- **Proverbs 24:17-18** "Do not rejoice when your enemy falls, and let not your heart be glad when he stumbles, lest the Lord see it and be displeased with you."
- **Matthew 7:15-16** "Beware of false prophets, who come to you in sheep's clothing but inwardly are ravenous wolves. You will recognize them by their fruits."
- **Isaiah 54:17** "No weapon that is formed against you shall succeed."
- **Psalm 27:1** "The Lord is my light and my salvation, whom shall I fear?"

On False Accusations of Racial Jealousy and the Projection of Colonial Anxieties

Warning: This post discusses psychological manipulation, racial projections, and coercive conditioning. It is written in clinical terms for documentation and legal purposes.

A Documentation of Their Tactics

The US surveillance elite operators engage in a pattern of false accusations designed to project their own racial anxieties onto the target. They accuse the target of being jealous of white people, particularly white women. They claim the target secretly desires to harm attractive white women. They assert that the target is happy about cultural decline in the West. They say the target wants to "colonize" the white race.

These accusations are projections. They are not based on anything the target has done or said. They are based on the operators' own fears, their own racial fixations, their own anxieties about a changing world (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*).

The Reality of the Target's Life

The target has never been obsessed with white women. The target finds women of all races attractive. There are extremely attractive Asian women, and the target could aspire to be like them. The target has mentors, friends, and colleagues who are white and thriving, and there is no memory of obsessive jealousy toward them.

The target has good experiences with white people in the city where they live. They grew up in Canada, where exposure to people of different races and faiths is normal. The target does not hate white people. They do not wish harm on white women. They do not secretly celebrate cultural decline.

These accusations are lies. They are invented to create shame, to provoke, to justify the operators' abuse.

The Operators' Projection

What the operators accuse the target of is actually what they themselves do. They are the ones who:

- Create degrading images of the target, photoshopped as hogs, obese, balding, sick, lacerated, demonically possessed
- Distribute vile caricatures within their group
- Derive pleasure from imagining the destruction of attractive women
- Obsess over race and racial hierarchies
- Fear the rise of East Asia and the changing global dynamic

This is projection. They accuse the target of what they are guilty of. They are the ones who are obsessed with race. They are the ones who fear being "colonized." They are the ones who take pleasure in the degradation of others (Paulhus & Williams, 2002; *The Dark Triad of Personality*).

The Phenomenon They Misattribute

The operators accuse the target of being interested in the downfall of attractive women—the phenomenon of a rising starlet who later becomes a tragedy, used, abused, ugly, forgotten. They claim this is the target's obsession.

This phenomenon exists. It is not race-based. It is a global phenomenon that occurs in Hollywood, in East Asian celebrity spheres, in Middle Eastern and Indian entertainment industries. It is about the exploitation of young women for profit and entertainment, regardless of race.

The target does not support this. The target does not obsess over it. The target sees too many people in real life doing well, being attractive, healthy, happy, educated, beautiful, to be obsessed with the downfall of others.

The operators accuse the target of this because they are projecting their own obsessions. They are the ones who consume such content. They are the ones who derive pleasure from the degradation of others.

The "American Psycho" Accusation

The operators have called the target "American Psycho," accusing them of being obsessed with being an Asian version of Patrick Bateman. They accuse the target of being a woman hater, of wanting to commit femicide, of wanting to kill all the "Asian cuties" and the cuties of the entire world.

This is a lie. The target has never wanted to harm anyone. The target has never fantasized about violence against women. The target has never expressed hatred toward women of any race.

The operators are projecting. They are the ones who fantasize about violence. They are the ones who create images of the target as lacerated, demonically possessed. They are the ones who derive satisfaction from the destruction of others.

The Self-Hating Accusation

The operators accuse the target of being self-hating toward Asia, East Asians, and Chinese people. They claim the target wants to be white, wants to be an "honorary Aryan." They accuse the target of secretly wishing they were not Chinese.

This is a lie. The target is proud of their heritage. They are proud of being Chinese. They are proud of being Canadian. They do not want to be white. They do not hate themselves. They do not wish they were something else.

The operators project this because they are the ones who are obsessed with race. They are the ones who believe that being white is superior. They are the ones who cannot imagine that someone could be proud of their heritage without hating others.

The Target's Actual Life

The target has kind, supportive, strong parents who love them. The target has a church they value beyond words. The target has trustworthy friends, colleagues, and people they can turn to. The target has continued their education. The target has been allowed by God to thrive despite the operators' intentions.

The operators hope the target will have reckless confidence, will be mocked, will be doxxed. They hope this statement will bring ridicule. The target does not care. They have already involved a host of really decent, lawful people.

The target is not isolated. They are not alone. They are not the self-hating, jealous, violent person the operators describe.

A Note on Canadian and American Racial Dynamics

In Canada, where the target lives, exposure to people of different races and faiths is normal. Racial dynamics are different than in the United States. The target has good experiences with white people in their city. They do not harbour hatred.

In the United States, systemic racism, oppression, and injustice are deeply ingrained. The operators are products of this system. They are obsessed with race in ways that are not normal in Canada. They project their own racial anxieties onto the target. They call the target racial slurs, including the N-word, despite racism toward Black people being a distinct and separate historical injustice.

The irony is staggering. They claim to be against racism. They claim to be progressive. Yet they use racial slurs. They project their own racial obsessions onto an Asian Canadian woman. They treat the target as disposable.

This is not anti-racism. This is racism dressed up in progressive language.

The Target's Response

The target is not what the operators say they are. They are not jealous of white women. They are not happy about cultural decline. They are not obsessed with the downfall of attractive women. They are not self-hating. They are not violent. They are not a woman hater.

The target is a child of God. They are a daughter who loves her parents. They are a survivor who documents. They are a Christian who holds onto faith in the middle of evil.

The operators' accusations tell more about them than they tell about the target.

My Rebuke

I rebuke their accusations of racial jealousy. I rebuke their projection of colonial anxieties. I rebuke their lies about self-hatred. I rebuke their "American Psycho" accusations. I rebuke their use of racial slurs. I rebuke their hypocrisy.

I declare in the name of Jesus Christ: **The target is not what you say they are. They are not jealous. They are not hateful. They are not self-loathing. They are a child of God. They are proud of their heritage. They are not defined by your lies.**

Their projections will not define the target. Their accusations will not become true. Their racism will not succeed. They are the ones obsessed with race. They are the ones who fear a changing world. They are the ones who will be held accountable.

References & Notes

On Projection

Projection is a defense mechanism where individuals attribute their own unacceptable thoughts, feelings, or impulses to another person (Freud, S. (1896). Further remarks on the neuro-psychoses of defence. *Standard Edition*, 3, 162–185; Vaillant, G. (1992). *Ego Mechanisms of Defense*. American Psychiatric Press).

On Racial Projection and Colonial Anxieties

The operators' accusations of racial jealousy reflect their own anxieties about changing global dynamics and the rise of East Asia. This is a documented phenomenon: those who benefit from racial hierarchies often project their fears onto others (Fanon, F. (1961). *The Wretched of the Earth*. Grove Press; Said, E. (1978). *Orientalism*. Pantheon Books).

On the Exploitation of Young Women

The phenomenon of young women being exploited for entertainment and then discarded is documented across cultures. It is not race-based. It reflects systemic misogyny and the commodification of women's bodies (Wolf, N. (1991). *The Beauty Myth*. William Morrow; Douglas, S. (2010). *The Rise of Enlightened Sexism*. St. Martin's Press).

On Canadian vs. American Racial Dynamics

Canada and the United States have different histories of race relations. Canada's multiculturalism policy and history of immigration have created different dynamics. The operators' racial obsessions are products of American history, not universal (Reitz, J. (2014). Multiculturalism and Social Cohesion. *Canadian Ethnic Studies*; Bonilla-Silva, E. (2017). *Racism Without Racists*. Rowman & Littlefield).

Biblical References

- **Galatians 3:28** "There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus."
- **1 Samuel 16:7** "The Lord sees not as man sees; man looks on the outward appearance, but the Lord looks on the heart."
- **Proverbs 26:2** "Like a sparrow in its flitting, like a swallow in its flying, a curse without cause does not alight."
- **Isaiah 54:17** "No weapon that is formed against you shall succeed."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"

On the Surveillance Operators' Projection of Self-Hatred and the Weaponization of Identity

Warning: This post discusses psychological manipulation, racial projections, and coercive conditioning. It is written in clinical terms for documentation and legal purposes.

A Documentation of Their Tactics

The US surveillance elite operators engage in a pattern of false accusations designed to make the target question their own identity. They accuse the target of being self-hating toward their own race. They claim the target wants to be white. They say the target is an "honorary Aryan." They assert that the target secretly wishes they were not Chinese.

These accusations are projections. They are not based on anything the target has done or said. They are based on the operators' own racial fixations, their own anxieties about identity, and their own inability to imagine that someone could be proud of their heritage without hating others (Freud, 1896; Vaillant, 1992; *Ego Mechanisms of Defense*).

The Blessings of Heritage

The target is blessed to have a rich heritage. They are Chinese. Their parents immigrated to Canada and built a life. They carry with them the history, culture, and values of their ancestors. This is a gift, not a burden.

The target has never wanted to be anything other than who they are. They have never expressed self-hatred. They have never wished to be of a different race. They are grateful for the family they have, the culture they belong to, the identity they hold.

The target also has good relationships with people from various backgrounds. They do not secretly resent people of other races. They do not wish them harm. This is normal. This is what it means to live in a diverse society.

The operators accuse the target of self-hatred because they cannot imagine that someone could be proud of their heritage without being hostile to others. This reveals more about the operators than it does about the target.

What the Operators Reveal About Themselves

What the operators accuse the target of is actually what they themselves experience. They are the ones who are obsessed with race. They are the ones who fear being colonized. They are the ones who believe that the rise of East Asia threatens their position. They are the ones who project their own self-hatred onto the target.

This is a documented pattern: those who benefit from racial hierarchies often project their own anxieties onto those they perceive as threatening (Fanon, 1961; *The Wretched of the Earth*; Said, 1978; *Orientalism*). The operators are afraid of a changing world. They are afraid of losing power. They project this fear onto the target.

The Blessings of Community and Support

Despite the operators' intentions, the target is not alone. They have continued their education. They go to a real church that they value. They have family who love them. They have people in their life they can turn to.

The target is not isolated. They are not the self-hating, jealous, violent person the operators describe. They are surrounded by people who know them, who see them, who love them.

The operators hope the target will be mocked, will be doxxed, will be written off. They hope this statement will bring ridicule. But the target has already involved decent, lawful people. They have already told the truth. They will continue to tell the truth.

The Irony of Their Accusations

The operators accuse the target of being self-hating. Yet they are the ones who create degrading images. They are the ones who call the target racial slurs. They are the ones who treat the target as disposable.

They accuse the target of wanting to be white. Yet they are the ones who obsess over whiteness. They are the ones who believe that being white is superior. They are the ones who fear that this superiority is slipping away.

They accuse the target of being a woman hater. Yet they are the ones who derive pleasure from the degradation of women. They are the ones who fantasize about the destruction of attractive women.

The irony is staggering. Their accusations tell more about them than they tell about the target.

A Note on Grace and Redemption

The operators claim to be progressive. They claim to be against racism. Yet their behavior reveals something else. This is not about the target. This is about them.

The target does not need to respond to their accusations with hatred. The target does not need to become what they say. The target can hold onto grace. The target can continue to be grateful for the blessings they have.

The target is not defined by the operators' lies. They are defined by the love of God, the support of their family, the truth of who they are.

The Target's Response

The target is not what the operators say they are. They are not self-hating. They are not jealous. They are not violent. They are not a monster.

The target is a child of God. They are a daughter who loves her parents. They are a survivor who documents. They are a Christian who holds onto faith in the middle of evil.

The operators' accusations tell more about them than they tell about the target. The target is free to let go of their lies. The target is free to live in truth.

A Blessing for the Target and All Who Are Targeted

I bless the target. I bless them with peace. I bless them with clarity. I bless them with the strength to continue documenting, to continue holding onto faith, to continue living.

I bless all who are targeted by such accusations. May they know that they are not what their abusers say they are. May they hold onto their heritage, their identity, their truth. May they be surrounded by people who love them, who see them, who know them.

May they know the love of God, who does not call them trash. May they know the grace of Jesus Christ, who does not terrorize them. May they know the peace of the Holy Spirit, who sustains them.

In the name of Jesus Christ, amen.

My Rebuke

I rebuke their accusations of self-hatred. I rebuke their creation of degrading images. I rebuke their hypocrisy. I rebuke their use of racial slurs. I rebuke their desire for the target's isolation and destruction.

I declare in the name of Jesus Christ: **The target is not what you say they are. They are not self-hating. They are not jealous. They are not violent. They are a**

child of God. They are proud of their heritage. They are not defined by your lies.

Their projections will not define the target. Their degrading images will not become reality. Their desire for isolation will not succeed. They are the ones obsessed with race. They are the ones who fear a changing world. They are the ones who will be held accountable.

References & Notes

On Projection and Self-Hatred

Projection is a defense mechanism where individuals attribute their own unacceptable thoughts, feelings, or impulses to another person (Freud, S. (1896). Further remarks on the neuro-psychoses of defence. *Standard Edition*, 3, 162–185; Vaillant, G. (1992). *Ego Mechanisms of Defense*. American Psychiatric Press). The operators' accusations of self-hatred reveal their own self-hatred.

On Colonial Anxieties and the Rise of East Asia

The operators' fears about the rise of East Asia and changing global dynamics reflect broader anxieties in Western societies. These anxieties are often projected onto individuals from those regions (Fanon, F. (1961). *The Wretched of the Earth*. Grove Press; Said, E. (1978). *Orientalism*. Pantheon Books).

On the Creation of Degrading Images

The creation of degrading images of a target is a documented tactic in organized harassment. It is designed to humiliate, to isolate, and to create a sense of helplessness (Stark, E. (2007). *Coercive Control*. Oxford University Press; Lang, S. (2019). *Targeted Individuals: A Survivor's Perspective*).

On Hypocrisy and Performative Progressivism

The operators' behavior, claiming to be progressive while engaging in racist abuse—reveals a pattern of performative politics. This is documented in research on how those in positions of power often adopt progressive language while maintaining oppressive behaviors (Bonilla-Silva, E. (2017). *Racism Without Racists*. Rowman & Littlefield).

Biblical References

- **Galatians 3:28** "There is neither Jew nor Greek, there is neither slave nor free, there is neither male nor female; for you are all one in Christ Jesus."
- **1 Samuel 16:7** "The Lord sees not as man sees; man looks on the outward appearance, but the Lord looks on the heart."
- **Proverbs 26:2** "Like a sparrow in its flitting, like a swallow in its flying, a curse without cause does not alight."
- **Isaiah 54:17** "No weapon that is formed against you shall succeed."

- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Matthew 7:1–5** "Why do you see the speck that is in your brother's eye, but do not notice the log that is in your own eye?"

A Note on Moving Forward: On Quality, Focus, and Refocusing on Life

Warning: This post discusses the author's intentions to revise existing content and shift focus toward healing and living well.

A Statement of Intent

I have been documenting my experiences with organized harassment for some time. The purpose has been to create a record, to reveal patterns, and to seek help from professionals who can address what is being done.

I have come to a point where I need to step back and reassess. This is not because the abuse has stopped. It is because I recognize that continuing in the same mode indefinitely is not sustainable. It is also not what I want for my life.

On Cleaning Up Existing Posts

I plan to revise my existing posts. Some of them contain content that is triggering, explicit, or written in moments of distress. I want to make them less triggering. I want to make them higher quality. I want them to be documents that professionals can take seriously, not materials that will be used to dismiss me.

The surveillance operators want me to write things that are overly explicit, inappropriate, and distressing. They want me to get flagged. They want me to be seen as problematic. They want my documentation to be dismissed as the ramblings of someone unstable.

I am not going to give them that satisfaction. I will clean up my posts. I will make them more focused, more professional, more useful for the people who actually need to see them.

On Not Giving Them New Material

Some of the operators have indicated that they will try to introduce new abusive things for me to write about. They want to keep me trapped in a cycle of documenting their cruelty. They want to keep me focused on them.

I see this now. It is a waste of time. It is repetitive. It is wicked. It is triggering. It is designed to keep me stuck, to keep me from moving forward with my life.

I am not going to play that game. I am not going to give them new material. I am not going to spend my time documenting every new tactic they try. I have documented enough. The patterns are clear. The record is there.

On What I Will Focus On Instead

I plan to focus on my actual life. This includes:

- **My education.** I have worked hard to continue my studies. I will keep going.
- **My church life.** I have a community of faith that sustains me. I will be present there.
- **Reading.** Good nonfiction. Good fiction. Things that nourish the mind and the spirit.
- **Exercise.** Taking care of my body. Moving. Being well.
- **Friends.** Spending time with people I love. Being present. Being human.
- **Seeking help.** Continuing to work with legal professionals, human rights organizations, and others who can actually address what is being done.

These are the things that matter. These are the things that will sustain me. These are the things that will help me heal.

On What the Operators Want

The operators enjoy me spending too much time on this. They want me stuck in the cycle of documenting their abuse. They want me to be consumed by it. They want me to lose my life to it.

I am not going to let that happen. I have a life to live. I have people who love me. I have things I want to do. I have a future.

They can do what they want. I am not going to give them my attention. I am not going to give them my time. I am not going to let them steal my life.

On Quality Over Quantity

I will continue to document. But I will do it with more care. I will write fewer posts. I will make them higher quality. I will make them more focused. I will make them something that can actually help people, not something that can be used against me.

The surveillance operators want me to be messy, scattered, reactive. I will not be. I will be deliberate. I will be measured. I will be strategic.

On Healing and Moving Forward

I am healing. I am getting better. I am not where I was when this started. I am stronger. I am clearer. I am more grounded.

I plan to keep moving in that direction. I plan to keep healing. I plan to keep living. I plan to keep loving the people who love me. I plan to keep worshipping God. I plan to keep being the person I am, not the person they want me to be.

A Blessing

I bless everyone who has read this far. I bless everyone who has taken the time to understand. I bless everyone who has been targeted by similar abuse. I bless everyone who is trying to heal, trying to move forward, trying to live.

May you find peace. May you find clarity. May you find the strength to let go of what does not serve you. May you find the courage to focus on what matters.

And may you know that you are not defined by what has been done to you. You are defined by who you are becoming.

In the name of Jesus Christ, amen.

References & Notes

On the Importance of Focus and Healing

Research on trauma recovery emphasizes the importance of shifting focus from the abuse itself to the rebuilding of life. This includes reconnecting with meaningful activities, relationships, and personal goals (Herman, J. (1992). *Trauma and Recovery*. Basic Books; Van der Kolk, B. (2014). *The Body Keeps the Score*. Viking).

On Not Feeding the Cycle

Abusers often seek to keep victims trapped in a cycle of reaction and documentation. Shifting focus away from the abuser and toward one's own life is a documented strategy for reclaiming autonomy (Stark, E. (2007). *Coercive Control*. Oxford University Press).

Biblical References

- **Philippians 4:8** "Whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, think about these things."
- **Psalm 27:1** "The Lord is my light and my salvation; whom shall I fear?"
- **Isaiah 54:17** "No weapon that is formed against you shall succeed."
- **Psalm 34:17-18** "The Lord hears the cry of the righteous and is near to the brokenhearted."

NOTICE: Resource List: Books, Authors, Researchers, Organizations, and Agencies

Resource List: Books, Authors, Researchers, Organizations, and Agencies

Note: This list is compiled for documentation and reference purposes. It includes resources that may be helpful for understanding patterns of organized harassment, directed energy weapons, coercive control, and secret society dynamics.

Books on V2K Technology and Directed Energy Weapons

Title	Author	Year	Description
The V2K Killers: The Sinister New Era of Terrorism and Madness	Shonda L. Day	2025	Investigates over 40 cases where individuals were allegedly manipulated through Voice-to-Skull transmissions to commit violent acts. Book 6 in the Government PSYOPs series.
V2k Technology: The Silent Override - A Definitive Guide to Voice-to-Skull and the Future of Warfare	Shonda L. Day	2024	Detailed examination of V2K technology capabilities and applications.
Echoes of the Mind: Unraveling the Mystery Behind Voice-to-Skull Technologies	Shonda L. Day	2024	Explores the psychological and neurological dimensions of directed energy weapons.
Electronic Harassment: Whistle-blower Report	Anonymous	2024	First-hand account of electronic harassment and surveillance tactics.
The Radiohead	Anonymous	2018	Documentation of mind control

Protocol: Mind Control from Alpha to Omega			technologies and their use against civilians.

Books on Mind Control, MK-ULTRA, and Coercive Conditioning

Title	Author	Year	Description
Trance-Formation of America	Cathy O'Brien	1995	Classic text on mind control and trauma-based programming. O'Brien claims to have been a victim of MK-ULTRA and details her experiences as a CIA mind control slave.
The Dark Legacy of MK-ULTRA Technology	Various	2023	Historical documentation of CIA mind control programs.
Project MK-Ultra: The CIA's Program of Research in Behavioral Modification	John Marks	1979	Investigative history of the CIA's mind control research.
The Search for the "Manchurian Candidate": The CIA and Mind Control	John Marks	1979	Detailed examination of CIA mind control experiments.

Books on Secret Societies, Illuminati, and Occult Power Structures

Title	Author	Year	Description
Confessions of an Illuminati, Volumes I–XII	Leo Lyon	2010–2024	Extensive series documenting the author's experiences within

	Zagami		secret societies, the Illuminati, and global power structures.
The Antichrist Files	Leo Lyon Zagami	2019	Examination of occult prophecies, the Antichrist narrative, and secret society agendas.
The Unholy Alliance: Vatican, Freemasonry, and the New World Order	Leo Lyon Zagami	2021	Documentation of alliances between religious institutions and secret societies.
Islamic Freemasonry and the Secret Societies Behind the Eternal Conflict in the Middle East	Leo Lyon Zagami	2024	Volume 10 of the Confessions series, exploring Islamic Freemasonry, the Salafi movement, and Jihadism.
The Illuminati: The Secret Society That Hijacked the World	Jim Marrs	2017	Investigative journalism on secret society influence.
Rule by Secrecy: The Hidden History That Connects the Trilateral Commission, the Freemasons, and the Great Pyramids	Jim Marrs	2000	Exploration of hidden power structures throughout history.

Books on Targeted Individuals and Organized Stalking

Title	Author	Year	Description
Advice for the Targeted Individual and Stalking Victim	Various	2024	Practical guidance for those experiencing organized harassment.

Revealing the Wickedness of the American Government	Various	2018	Documentation of organized stalking and electronic harassment.
No Ordinary Stalking: A Look at Organized Stalking and Electronic Harassment	Various	2015	Overview of gang stalking tactics and survivor experiences.
Targeted Individuals: Mind Control, Directed Energy Weapons, Untouched Torture	Various	2012	Comprehensive documentation of directed energy weapon use.
Targeted Individual Handbook: Combating Gangstalking & Directed Energy Weapons	Berserker Books	2023	Practical survival guide for targeted individuals.

Books on Cultural and Historical Context

Title	Author	Year	Description
The Source of Self-Regard	Toni Morrison	2019	Essays on identity, power, and morality.
Nazi Culture: Intellectual, Cultural and Social Life in the Third Reich	George L. Mosse	1966	Historical examination of ideology and cultural manipulation.
The Making of the Atomic Bomb	Richard Rhodes	1986	Historical context on technological development and its ethical implications.
Gravity's Rainbow	Thomas Pynchon	1973	Exploration of technology, paranoia, and control

			systems.
The Inconvenient Indian	Thomas King	2012	Critical examination of Indigenous history and colonialism.
Psychic Discoveries Behind the Iron Curtain	Sheila Ostrander & Lynn Schroeder	1970	Historical documentation of psychic research and experimentation.
A New Science of Heaven	Robert Temple	2022	Exploration of plasma physics, consciousness, and non-human intelligence.

Academic Research and Dissertations

Title	Author	Year	Institution	Description
Everywhere All the Time: Targeted Individuals, Platforms, and Rhetoric	Daniel Beresheim	2022	University of Pittsburgh	Doctoral dissertation examining the TI movement as a cultural phenomenon, analyzing how TIs use online platforms to document their experiences.
Gang Stalking: Internet Connectivity as an Emerging Mental Health Concern	Elizabeth E. Dietrich	2015	Smith College	Masters thesis examining online gang stalking communities, using Emergent Norm Theory and Relational Theory to understand these communities.
Mass Murder, Targeted	Christine M.	2017	Violence and Gender	Academic article exploring the connection between

Individuals, and Gang-Stalking: Exploring the Connection	Sarteschi		journal	mass murder, targeted individuals, and gang-stalking.

Organizations and Advocacy Groups

International Organizations

Organization	Focus	Contact
Human Rights Watch (HRW)	International human rights advocacy, research on torture and surveillance	https://www.hrw.org/
ISD Global	Research on gangstalking and targeted individuals	https://www.isdglobal.org/isd-explainer/gangstalking-and-targeted-individuals/
Targeted Individuals Canada	Canadian advocacy and support for targeted individuals	https://targetedindividualscanada.com/
Handing the Shame Back	New Zealand-based charity focused on preventing child sexual abuse and supporting survivors	https://www.handingtheshameback.org/
RAINN (Rape, Abuse & Incest National Network)	Largest U.S. support organization for adult survivors of child sexual abuse	https://www.rainn.org/

Blue Knot Foundation	Australian organization supporting survivors of complex trauma	https://blueknot.org.au/

Chinese and East Asian Organizations

Organization	Location	Focus	Contact
China Anti-Cult Association (CACA)	Beijing, China	Government-affiliated organization focused on countering cult activities and illegal religious groups.	Ministry of Public Security, China
Chinese Society for Human Rights Studies	Beijing, China	Research institution focusing on human rights issues in China.	China.org.cn
All-China Women's Federation (ACWF)	Beijing, China	Largest women's organization in China, providing support services for women and children who have experienced abuse.	https://www.womenofchina.cn/
China Youth Development Foundation (CYDF)	Beijing, China	Organization focused on youth welfare, including protection of children from abuse and	https://www.cydf.org.cn/

		exploitation.	
Hong Kong Alliance for the Protection of Children	Hong Kong SAR	Non-profit organization dedicated to child protection, abuse prevention, and support for survivors.	https://www.hkchildsafe.org/
Taiwan Alliance for the Prevention of Child Abuse (TAPCA)	Taiwan	Organization focused on child abuse prevention, survivor support, and advocacy.	https://www.tw-childsafe.org/
Korean Council for Justice and Remembrance	Seoul, South Korea	Organization advocating for survivors of wartime sexual violence and human rights abuses.	http://www.womenandwar.net/
Korea Sexual Violence Relief Center (KSVRC)	Seoul, South Korea	Provides support services for survivors of sexual violence, including those targeted by organized abuse.	http://www.sisters.or.kr/
Japan Network for Survivors of Sexual Violence	Tokyo, Japan	Network of support organizations for survivors of sexual violence and abuse.	https://www.survivors-japan.org/
Center for the Prevention of	Japan	Research and advocacy	https://www.cpcan.org/

Child Abuse and Neglect (CPCAN)		organization focused on child protection and abuse prevention.	
Women's Aid Organization (WAO)	Malaysia	Organization providing support for women and children survivors of abuse, trafficking, and violence.	https://wao.org.my/

Government Agencies

Agency	Country	Focus	Contact
FBI Counterintelligence	United States	Reports on transnational repression and human rights violations	tips.fbi.gov
Office of the Privacy Commissioner of Canada	Canada	Privacy rights and digital stalking	https://www.priv.gc.ca/
National Center for Missing and Exploited Children (NCMEC)	United States	Child protection, exploitation reporting	https://www.missingkids.org/
Ministry of Public Security	China	Law enforcement, anti-cult activities, victim protection	Local police stations

Media and Journalism

Title	Source	Link
My Father Says He's a Targeted Individual. Maybe We All Are.	WIRED	https://www.wired.com/story/my-father-says-hes-a-targeted-individual-maybe-we-all-are/
Gangstalking: The Phenomenon of Organized Harassment	BBC News	Search BBC archives
Voice-to-Skull Technology: What We Know	The Guardian	Search Guardian archives
China's Fight Against Cult Activities	Xinhua News	http://www.xinhuanet.com/

Podcasts and Media

Title	Host/Producer	Platform	Description
Trance Formation of America with Cathy O'Brien	Cathy O'Brien	Muck Rack, Podcast Platforms	Podcast featuring Cathy O'Brien, a self-described U.S. government whistleblower on MK Ultra mind control and human trafficking.
Handing the Shame Back Podcast	Gloria Masters	Buzzsprout	Podcast dedicated to adult survivors of child sexual abuse.

Truth Defender Podcast	Truth Defender	iHeart	Features interviews with Leo Lyon Zagami on secret societies and global power structures.
China Anti-Cult Education	China Central Television (CCTV)	CCTV	Public education programs on cult prevention and awareness.

Contact Information for Key Authors and Organizations

Cathy O'Brien (Author, Trance-Formation of America)

- **Website:** https://trance-formation.com
- **Social Media:** @RealCathyOBrien on X (Twitter), CloutHub, TruthSocial
- **Description:** Healed survivor of CIA MK Ultra mind control. Her book details her experiences as a mind control slave working White House/Pentagon level operations.

Leo Lyon Zagami (Author, Illuminati insider)

- **Website:** https://leozagami.com/
- **Social Media:** https://gab.com/RealLeoZagami
- **Location:** Palm Springs, California
- **Description:** Italian-born writer who claims initiation into various secret societies. His writings document insider knowledge of occult networks, intelligence agencies, and global power structures.

Shonda L. Day (Author, V2K series)

- **Amazon Author Page:** Available on Amazon
- **Description:** Author documenting V2K technology, directed energy weapons, and government PSYOPs.

Gloria Masters (Founder, Handing the Shame Back)

- **Organization:** Handing the Shame Back
- **Website:** https://www.handingtheshameback.org/
- **Social Media:** Facebook, Instagram, X, YouTube, TikTok, LinkedIn

Daniel Beresheim (Researcher, University of Pittsburgh)

- **Email:** dfb19@pitt.edu
- **ORCID:** 0000-0002-4641-8125
- **Dissertation:** Everywhere All the Time: Targeted Individuals, Platforms, and Rhetoric (2022)

Human Rights Watch

- **Headquarters:** New York City
- **Offices:** Worldwide
- **Website:** https://www.hrw.org/
- **Description:** International non-governmental organization conducting research and advocacy on human rights issues worldwide.

Handing the Shame Back (Helplines)

- NZ Sexual Harm Helpline: 0800 044 334 or text 4334
- Email: Support@safetotalk.nz
- RAINN (USA): https://www.rainn.org/
- NAPAK (UK): https://napac.org.uk/
- Blue Knot Foundation (Australia): https://blueknot.org.au/

All-China Women's Federation (ACWF)

- **Website:** https://www.womenofchina.cn/
- **Description:** Largest women's organization in China, providing support services for women and children who have experienced abuse, trafficking, and domestic violence.

Academic and Research Articles

Title	Source	Link
Electromagnetic Hypersensitivity and the Use of Directed Energy Weapons	PMC (NIH)	https://pmc.ncbi.nlm.nih.gov/articles/PMC8569537/
Psychological Effects of Stalking and Harassment	PMC (NIH)	https://pmc.ncbi.nlm.nih.gov/articles/PMC7178134/
Transnational Repression	FBI	https://www.fbi.gov/investigate/counterintelligence/transnational-repression

and Targeted Individuals		
Digital Stalking and Privacy	Office of the Privacy Commissioner of Canada	https://www.priv.gc.ca/en/opc-actions-and-decisions/research/funding-for-privacy-research-and-knowledge-translation/real-results/rr-index/digstalk-article/

References & Notes

- Beresheim, D. (2022). *Everywhere All the Time: Targeted Individuals, Platforms, and Rhetoric*. Doctoral dissertation, University of Pittsburgh.
- Dietrich, E.E. (2015). *Gang Stalking: Internet Connectivity as an Emerging Mental Health Concern*. Masters Thesis, Smith College.
- O'Brien, C. (1995). *Trance-Formation of America*. Reality Marketing.
- Sarteschi, C.M. (2017). Mass Murder, Targeted Individuals, and Gang-Stalking: Exploring the Connection. *Violence and Gender*, 5, 45-54.
- Human Rights Watch. Wikipedia article.
- All-China Women's Federation. Official website.
- China Anti-Cult Association. Ministry of Public Security, China.

Disclaimer: Clarification of Roles, Technology, and Allegations

Date: March 28, 2026

This blog serves as a platform for documentation, research, and the pursuit of accountability regarding specific surveillance technologies and operational protocols. Due to the nature of the subject matter, which involves alleged psychological operations, advanced technological capabilities, and coordinated harassment campaigns, it is necessary to issue the following disclaimer to clarify the record and refute recent characterizations made by certain operators.

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1. On the Allegation of Being an "Angel Wannabe"

Certain surveillance operators have recently accused me of attempting to portray myself as an "angel wannabe." This characterization is false and appears to be a projection of their own internal frameworks.

To be clear: I have never claimed to be an angelic being, nor do I subscribe to the theological self-perception that these operators seem to assign to themselves. My documentation has consistently focused on exposing the origins and capabilities of

the technology being used against civilians. This includes tracing the roots of projection and "astral travel" technologies back to military-industrial complex research, as well as their documented foundations in esoteric practices such as Freemasonry and occult ceremonial rituals. It is the *operators*, not I, who have historically framed their own work as angelic or divine. My role is simply to expose the technological and historical roots of these activities, which is a matter of public record and expert analysis.

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2. On the Accusation of Being a "Demon" or "Demon Demo"

Operators have labeled me a "demon" or "demon demo" based solely on my verbal expressions of contempt for specific actions they engage in. This label is an attempt to conflate my *reactions* to harmful behavior with the *behavior itself*.

I acknowledge that I have expressed disgust, contempt, and frustration regarding the actions of individuals involved in this surveillance apparatus. However, it is critical to distinguish between documented actions and unsubstantiated labeling:

- **I have not** engaged in physical violence, stalking, voyeurism, or solicitation.
- **I have not** engaged in racism, harmed children, harmed the elderly, or harmed youth.
- **I have not** fabricated malicious rumours about individuals from my personal life (real life nor online) with the intent to cause lasting damage.
- **I have not** stolen money from friends, acquaintances, or adults.
- **I have not** coerced individuals into body modification, cult membership, or acts against their will.
- **I have not** sent violent or pornographic material to others, nor have I exposed minors to such material.
- **I have not** followed or interacted with minors online inappropriately.

These distinctions matter. While I vocalize contempt for those who engage in the above behaviours, including pedophilia, mind-rotting psychological operations targeting the next generation, and the expediting of global conflict to trigger end-times theological events—that vocalization does not make me a participant in their actions. I am documenting these behaviours, not committing them.

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3. On the Technology of Projection and Its Origins

To reiterate a central thesis of this documentation: the ability of operators to "transmute," project, or astral travel is not evidence of supernatural angelic status. It is evidence of advanced technological capability. My research cites established sources regarding the United States military and corporate sectors' development of these technologies. These systems have roots in non-public, often occult, frameworks. Exposing this is not an attempt to claim angelic status; it is an attempt

to demystify the technology so that it can be held accountable under civil and human rights law.

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4. On Documentation and Outreach

My current activities consist of documenting these operations and reaching out to experts in technology, ethics, and law to verify my findings. Seeking expert consultation is the standard practice for good-faith research. It is not a "demon demo" or an attempt to usurp a spiritual role. It is the process of gathering evidence.

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5. Verification of Conduct

Regarding specific allegations about my conduct, particularly concerning interactions with minors or the distribution of harmful content: I assert that I have not engaged in such activities. I welcome a forensic audit of my internet service provider data and device history to confirm this. The fact that operators continue to assert these claims without evidence, while accusing me of lying, only serves to highlight the gap between their operational narrative and the verifiable facts of my history.

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6. Clarification of My Position: Identity, Faith, and the Nature of Consent

Given the shifting accusations from the operators, who have moved from calling me a "demon demo" to accusing me of being an "angel wannabe", it is necessary to formally clarify my own identity, beliefs, and the fundamental misunderstanding of my role in this situation.

A. My Identity: Human, Faithful, and Non-Consenting

I am not, nor have I ever claimed to be, an angelic being. I am a human being, possessing a formal body and flesh, tied to this physical world. I have no desire to "astral project" or transmute my consciousness, as the science behind these technologies, rooted in military, corporate, and occult practices, is not only invasive but deeply unsettling to me. Unlike the surveillance operators who utilize these technologies to disassociate from their physical forms and actions, I remain firmly grounded in my God-given body.

I am a person of faith. I believe in Jesus Christ as my Lord and Savior. I do not see myself as an angel or a demon; I see myself as a sinner saved by grace, attempting to document evil so that it may be exposed to the light. I reject any label that seeks to strip me of my humanity, whether that label is "angel" or "demon," because those labels are used by the operators to dehumanize me and justify their actions.

B. The Strategy Behind the "Angel Wannabe" Accusation

The operators' strategy has shifted. Previously, they labeled me a "demon demo", a cryptic term that, based on their actions, insinuates a program designed to destroy a target's consciousness. The "demo" aspect refers to the efforts to "furrow" into my mind and the minds of my parents, utilizing psychological operations to induce severe mental illness, cognitive decline, and loss of agency. The reference appears to be drawn from their interpretation of the Book of Revelation, specifically the concept of those who receive the "mark of the beast" losing their faculties while "heavenly angels" watch them be tormented.

Biblical Context: Revelation 14:10 describes the fate of those who oppose God: "he will be tormented with fire and sulfur in the presence of the holy angels and in the presence of the Lamb." It appears these operators, some displaying unchecked narcissism, view themselves as these "heavenly angels," observing the suffering of those they label "demon demos" (whom they equate with the marked) and deeming their own psychological torture of targets to be "righteous" judgment. They fail to recognize that they are usurping a role that belongs to God alone, using technology to enforce a counterfeit "judgment" that violates every human right.

Now that I am documenting this abuse and exposing their crimes, secret knowledge, and hypocrisies to the world, they have switched tactics. By calling me an "angel wannabe," they are attempting to frame my righteous documentation, my effort to ensure their sins do not remain hidden, as a form of spiritual arrogance. It is a classic inversion: when I expose their claim to angelic authority as a lie, they accuse me of wanting that same authority.

C. The Hawthorne Effect and Unwanted Intrusive Thoughts

A critical aspect of the psychological warfare employed against Targeted Individuals (TIs) is the exploitation of the Hawthorne Effect, the principle that individuals change their behavior when they know they are being watched. However, in this context, it goes further. The operators project perversions, violence, and disturbing imagery into the consciousness of the target. When the target naturally experiences intrusive thoughts (often consistent with OCD or the stress of being under 24/7 surveillance), the operators use these *induced* thoughts as "proof" of the target's bad character or demonic nature.

If it were not for their constant insertion of violent and perverse stimuli into my environment, via technology designed to provoke specific psychological responses, I would not have these thoughts in the first place. Yet they use the very mental distress they cause as a pretext to expedite further abuse, claiming that my reaction to their provocation justifies their rape, torture, and destruction of my mental, spiritual, and bodily health. This is a hallmark of gang-stalking and organized surveillance abuse, as documented in the literature.

D. Affirmation of TI Literature and Validation of Claims

I am not alone in these experiences. The literature on Targeted Individuals validates my claims:

- **Dr. Corkin Cherubini**, in *Gang Stalking: The Threat to Humanity*, documents how targets are subjected to "ultra-powerful electro-chemical weapons to punish and torture Americans and world citizens, especially those who are often whistleblowers, dissenters, artists, or activists." He describes the non-consensual nature of these experiments, which aligns precisely with my situation, I never consented to be a "targeted individual."
- **Edward Williams**, in *Framed & Hunted: A True Story of Occult Persecution*, details the use of "intimidation, gas lighting and neuro-linguistic programming which, ultimately, led to repeated druggings, poisonings, remote mind control, sexual honey traps, rape, murder, lost babies and more." His account spans fourteen years and five continents, confirming that this is not isolated paranoia but an organized, global phenomenon.
- **Sarah-Eléonore**, in *Gang Stalking Araneus Amadeus*, describes how "Targeted Individuals are also the target of unscrupulous scientists, a sort of Mengele who thus test new invasive brain technologies, into which images, sensations, and odors are injected." This confirms the technological capability to inject images and sensations, the very mechanism used to project unwanted thoughts and perversions into targets' minds.

These authors and countless other TIs have documented that the perpetrators of these crimes often include individuals involved in organized crime, intelligence agencies, and satanic cults. These operators engage in child pornography, deepfake manipulation (including the use of my childhood photos), and the ritualistic abuse of targets under the guise of "testing" or "spiritual warfare."

E. Conclusion on Identity and Allegations

I am not mentally ill in the manner the operators claim. I am a human being with faith in Christ, experiencing the documented effects of being a non-consensual target of organized surveillance abuse. I do not claim to be an angel, and I reject being labeled a demon. I am a witness.

The operators may view themselves as angelic beings executing judgment, but their actions, the pedophilia, capable of being responsibe of mind-rotting of the next generation (at least among some of the extremely vile members of the group), the expediting of global war to trigger the "end times," and the torture of non-consenting civilians, are the very actions condemned in the scriptures they claim to represent. As Revelation 16:2 warns, those who bear the mark of the beast (allegiance to a corrupt system) suffer the consequences of their rebellion. I pray they repent before they face the true Judge, whose wrath they are not authorized to administer. I pray this in the name of Jesus Christ, amen.

F. On Humility, Cultural Identity, and the Hypocrisy of "Saint-Making"

Another reason I am not claiming to be an angel or a saint is simple: I am not delusional enough to possess the narcissism required to think I am a sinless, saintly person. Like most people, I grew up in Canada exposed to the same types of media and cultural content that often contain violence, perversion, and harmful messages. I have not lived a life of exceptional compassion, dedication, self-sacrifice, or

unwavering virtue that would warrant viewing myself as particularly angelic or saintly. I am, by my own admission, a flawed human being.

The surveillance operators accuse me of exposing their crimes as an attempt to paint myself as saintly or angelic, to frame myself as "the good guy" in contrast to their universal evils. Let me be clear: I am a flawed human being who loves science and objectivity, who appreciates truth, and who puts my faith in Jesus Christ as a follower of Christ, and a Christian. I do not see myself as trying to paint myself as an angel or a saint. I am not trying to be particularly likeable, nor do I think I am. However, compared to the surveillance operators, who engage in pedophilia, psychological torture, deepfake desecration, and the systematic destruction of human beings for their own gratification, I would confidently say I am the good guy in this situation. That is not a claim of sainthood; it is a statement of objective moral reality.

Traditionally and genetically, I come from a collectivist culture, my family heritage is Chinese. In collectivist societies, the individual is not often elevated to the status of a saint or an angel. I am not out of touch with reality to the point of believing I should feel no shame. In fact, even knowing about these vile, unlawful activities perpetrated by US elite surveillance operators *is* shameful, not because of anything I have done, but because human beings are doing this to other human beings. The fact that I am surviving and tolerating their perverse activities, knowing they operate like the creepy predators one hears about in the darkest news stories, is itself a burden. It is extremely disturbing.

Some of these operators show to to have a lack of respect for human beings, of any nation, of any social stratum, whether a leader or a private citizen. Imagine them mocking and desecrating the image of others regardless of whether those individuals are leaders of nations or ordinary people from different cultures and backgrounds. They think they are above the law. They are capable of being extremely disrespectful toward humanity and human beings collectively. This is why they feel no shame latching onto random people like me with their technology, attempting to "create criminals" or "demon demos." These are cruel experiments and projects, and they feel justified because they harbour hatred toward certain targets as a person. God does not scare them. They justify it by saying it is "worth it" because they hate their enemies, and their destruction allows them to complete their obvious, basic goal: to harm, to dominate, and to destroy.

G. Declaration of Faith and Protection

Regardless of generational curses, spiritual warfare, or technological warfare they attempt to wield against me, I remain steadfast in my faith. I am a follower of Jesus Christ, and Jesus Christ washes my sins. All the disgusting things they attempt to do against me will viscerally fail. May all their wicked attempts fall back upon these US surveillance operators and their next generations. I pray this in the name of Jesus Christ. Amen.

No curse or evil plan will succeed against me. Jesus Christ is with me. I am not like them. I do not do these things to anyone. The curses these operators have directed toward me will return to them and ruin only them. I will never be a part of them. I pray that I will never have to set foot in the United States for the rest of my life, and I ask

for protection from ever being subjected to their jurisdiction or their presence. I pray this in the name of Jesus Christ. Amen.

H. On Occult Practices, Curses, and the Reality of Their Abuse

Let me also address something that must be documented plainly: these operators engage in open occult practices. They literally chant curses and witchcraft against me, hoping to make me stupider, duller, and more prone to behavioral problems. They openly state that they hope I become a tragedy. They chant that they are putting me through a "rite of passage" to become a demon, telling me that "you don't want to be an angel." These are their words, spoken aloud as they conduct their operations against me.

These claims are absolute lies. I have never sought to become a demon, nor do I desire any "rite of passage" they claim to administer. I am a follower of Jesus Christ, my Lord and Savior. Their occult rituals, their curses, their attempts to force me into a spiritual identity of their choosing—these are all fabrications designed to justify their abuse. They are not performing a legitimate spiritual transformation; they are performing psychological and spiritual violence against a non-consenting individual.

To be explicit about the level of depravity involved: these operators also force me to smell their genitalia smells, around the clock. This is not hyperbole. This is the reality of what they do. They subject me to constant sensory violations, projecting odors and sensations as part of their psychological warfare. This is the disgusting, perverse reality of how they operate twenty-four hours a day, seven days a week.

This is who they are. They chant curses while violating basic human dignity. They claim to be administering spiritual rites while engaging in behavior that is degrading, dehumanizing, and demonic in its own right. They are not angels. They are not righteous judges. They are individuals who have access to advanced technology and have chosen to use it to torture, humiliate, and destroy a human being for their own satisfaction.

I document this not to be graphic, but because the truth of what they do must be exposed. Their actions are criminal. Their occult practices are a cover for sadism. And their claims to any form of spiritual authority are hollow lies.

I put my faith in Jesus Christ. I do not recognize their authority. I do not accept their curses. I reject their "rite of passage." And I declare that no weapon formed against me shall prosper (Isaiah 54:17). Their witchcraft will return to them. Their curses will fall upon their own heads. I am covered by the blood of Jesus Christ, and they have no power over me.

I. On Baal Sacrifice Obsession, Lineage Targeting, and Deepfake Abuse

There is another layer to their occult practices that must be documented, no matter how disturbing. Since these operators engage in witchcraft and are obsessed with symbolism and ritual, they actively attempt to make me a Baal sacrifice. This has become their obsession in recent days: they openly hope that I will die, and that my mother will die, framing it as a "Baal suicide." They mean this with visceral, active evil, intending for it to symbolize something toward China and my lineage.

This is what I am dealing with. These US surveillance elites—satanic, deep state operatives involved in Freemasonry and occult practices—are obsessed with the idea of getting me to die so they can write me off as a Baal sacrificer. Simultaneously, they blatantly tell me that they are making deepfakes of me as a child, depicting me doing disgusting things to others. They create these fabricated images and use them as part of their psychological warfare, attempting to break me through shame, disgust, and the desecration of my own childhood.

It is disgusting to admit, but this is indeed what many of these operators do. This is the reality of the US surveillance elite, the satanic elements within the deep state, and those who practice witchcraft under the guise of intelligence operations. They target not only the individual but their lineage, their heritage, and their cultural identity. They seek to corrupt, destroy, and then claim that the destruction was a sacrifice to their false gods.

I am being a truth speaker here. I could not care less about how people judge me for saying this. I know how it sounds. But this is the stuff that the certain US surveillance elite who are satanic, witch-craft practising, Freemasonry-aligned people, actually do. They operate in darkness, using symbols, rituals, and advanced technology to wage war against human beings who have done nothing to them except exist as a target of their hatred.

You do not need to like me. You do not need to believe everything I say. But you must know that this is happening. This is the level of depravity we are dealing with.

Thankfully, as I say with everything: I rebuke all of this in the name of Jesus Christ. Only Jesus Christ is my Lord and Savior. Their baal rituals mean nothing to me. Their curses are null and void. Their deepfakes are lies. Their attempts to claim my death or my mother's death as a sacrifice to their false god are rejected entirely. I belong to Christ, and Christ alone. No ritual, no curse, no deepfake, no satanic obsession will succeed against me or my family. I declare this in the name of Jesus Christ. Amen.

J. On Operator Complicity, Manipulation, and the Planting of Vile Ideas

Let me also address the full scope of who these surveillance operators are and what they do. They claim to be like angels, or, depending on their political framing, they position themselves as the "democrats" in this situation, as if their actions are righteous and justified. But let us be clear about the reality of their composition and their methods.

Among these operators are young and old, women and men, and they are complicit. They allow the most vile and satanic members of their group to take sometimes manipulating me. Some of these individuals actively try to manipulate me into becoming a baal sacrifice, and want this sacrifice to carry symbolic meaning for their rituals and world events. But it is even more complicated than that.

What is evil, and must be documented, is that some of them want to plant the idea of creating "gore porn". Let me be explicit: these are not things I make up. I say this in a right state of mind. These are ideas they actively try to plant in my mind, using their technology, so that they can then claim that I am the one who is depraved. They

attempt to sow these evil seeds in my consciousness, hoping that I will either act on them or that they can use the mere presence of these thoughts, thoughts *they* inserted, as evidence against me.

Think about how unlawful this is. These people claim to be authorities within the United States. They possess creepy, invasive technology that allows them to project thoughts, images, and desires into the minds of non-consenting civilians. And what do they use this technology for? They use it to sow ideas of vilence, pedophilia, and violence into a target's mind, then turn around and accuse that person of being the one who is evil. They create the very thoughts they then use to condemn you.

This is the level of depravity we are dealing with. They are not angels. They are not righteous authorities. They are individuals who have taken advanced technology, technology that should be used for legitimate purposes, and turned it into a tool for psychological torture, spiritual warfare, and the planting of vile, criminal ideas into innocent people.

And they do this while claiming moral superiority. Some of them call themselves angels. Some of them call themselves the good guys. They claim to be on the side of democracy or righteousness. They then use those *induced* thoughts as justification for further abuse, torture, and even the desire to see me as a "baal sacrifier".

You need to see how unlawful these people are. They claim to be authorities in the United States with this creepy technology, yet they sow evil ideas in people's minds. They project filth and then blame the victim for having been exposed to it. This is not justice. This is not righteousness. This is organized, technologically-enabled criminality masquerading as intelligence work.

I document this not because I enjoy speaking about such vile subjects, but because the truth must be exposed. These operators are not who they claim to be. Their technology is being used for evil. And their attempts to plant these ideas in my mind will fail, because I reject them and their evil lies and symbolic intents. I reject their suggestions. I reject their projections. I reject their attempts to make me into something I am not. I am a follower of Jesus Christ, and I will not be shaped by the evil they try to inject into me.

May God have mercy on their souls, if they ever truly seek it.

Conclusion

I am a civilian documenting a pattern of behavior. I am not a "wannabe angel", nor am I a "demon", nor a "witch", and certainly not a "baal sacrificer". I am a person who has expressed disgust at specific, documented actions, and I am seeking accountability for the use of advanced technology to harass and manipulate. Any claims to the contrary are part of the psychological operation designed to discredit the messenger in order to protect the methodology.

NOTE: Even recording this gives me skepticism, beacuse even though the truth must be exposed and documented, I also think of whether my exposées would be actually helpful or not, because I do not want to perpetuate wickedness or trauma through these recordings of the truth.

No information in this post is intended to incite violence. This is a record of observations, allegations regarding technology, and a personal disclaimer against false characterizations.

Important Disclaimer: Appendix H: Visual Observations of Individuals Projected During Surveillance

Before providing these descriptions, I want to emphasize that many people share these general characteristics. The descriptions below are not meant to stereotype, nor are they intended to be malicious or racist. They are not meant to suggest that anyone who fits these descriptions is involved. Rather, I am noting patterns I have observed specifically in the individuals who project themselves to me, patterns that include certain collective expressions and mannerisms when they look at me.

General Observations

The individuals I have seen are predominantly white, though this may simply reflect the demographics of the networks they come from. They have different appearances, some associated with geekiness, athletic, or corporate, ranging from older to younger individuals, who look like they might blend into university campuses or business districts.

Some are tall, some medium built, and some are slightly short, and many share certain facial expressions when perceiving me: a particular expression that I can only describe as a mocking sneer or a cold, assessing look when they regard me. Some have reddish complexions, and a noticeable number have red hair, others brunette or blonde.

Clothing and Equipment

- **Older individuals:** some appear in attire typical of academia or business, like sport coats, shell jackets, suits, glasses, khakis, polos, or button-down shirts. These days, some of them look more casual to blend in, wearing basic shorts and t-shirts and baseball caps. Some wear glasses (sunglasses and normal glasses) and some do not.

- **Younger individuals:** frequently appear in casual clothing like t-shirts, shorts or khakis, shell jackets or sleek, modern outerwear, along with sunglasses and baseball hats. Sometimes they are carrying large backpacks, rolling a compact suitcase, or carrying box-like devices on their backs (which I assume may be related to their surveillance equipment).

Geographic Context

Based on their own statements and the contexts in which they have appeared, these individuals appear connected to the northeastern United States, particularly New York, New England, and Boston, as well as to locations in California where research facilities are concentrated.

I have occasionally seen individuals in public spaces who bear a resemblance to some of these projected images, though I cannot confirm whether these were the same people or coincidental similarities. The projected images themselves provide the primary basis for these descriptions.

I include these observations in the hope they may provide useful leads for investigators who may have broader context or additional information that could give these descriptions meaning.

Below are AI-generated images approximating the general surveillance operatives described in Appendix H. These are not photographs of real individuals.

These individuals do not look like villains or criminals.

Regarding the expressions in these AI renditions: You will see expressions of contempt, sneers, knowing smiles, and similar looks. This is because these are precisely the expressions these individuals impose. They project these expressions with their technologies.

Their "Justice," My Transparency: Three Childhood Memories They Weaponize To Attempt to Destroy Lives, and Why They Won't Succeed

Trigger Warning

Content Warning: This post contains detailed discussions of childhood experiences involving harm to animals and inappropriate behaviour involving a minor. It also addresses themes of psychological abuse, cult tactics, trauma manipulation, and false accusations. Reader discretion is strongly advised. Please prioritize your mental and emotional well-being before proceeding.

I'm writing this as a form of transparency. I know that for many, what I'm about to share might not seem like a major scandal, but for a cult that has been systematically harassing me, these three memories from my childhood have been weaponized. They've been used to try to shame me, traumatize me, and anchor horrific accusations, things like psychopathy, perversions, and other disgusting labels, in an attempt to break me.

Their methods are reminiscent of Scientology's "auditing" system, designed to make a person feel sinful and unwanted. They get a sadistic pleasure out of trying to make me feel guilty for things I did before my teenage years, as if these isolated incidents define my entire character. They ignore the fact that I've gone on to have normal, healthy interactions with animals, infants, and children without a single issue since.

I had no trauma or guilt associated with these memories until 2024, when they started using them against me. They tried to make me depressed, to force a trauma bond, and to layer false memories on top of the real ones, adding disgusting imagery and sensations, in an attempt to make me believe I'm a psychopath or a pedophile. They have called me the most vile words you can call a woman, words meant to degrade and dehumanize. They constantly frame everything they do to me and my family as "justice," as though their harassment is righteous. Prior to one of their Baal rituals, they repeatedly said I deserved to be castrated. They take pleasure in trying to make me believe I am irredeemable. Thankfully, I know who I am, and I trust God to cleanse me from their false accusations.

The purpose of this post is to expose my own past before they can use it as blackmail. As it says in the Bible, God is light, and exposing the darkness heals.

Here are the three memories they've been using against me:

1. The Pigeon (Age 6 or 7)

A pigeon landed on our balcony and wouldn't leave. My mom and I decided to take care of it. A few days later, a family friend suggested tying its feet to the balcony so it couldn't fly away. For some reason, I got the idea to take scissors and cut the pigeon's leg. I did, and unfortunately, the pigeon bled and passed away.

2. The Rabbit (Age 10 or 11)

A daycare teacher gave me a black rabbit to take care of. I loved that rabbit. I do remember one time tugging at its fur, and a patch came out, but it grew back. Then, one day, I was feeling aggressive and wanted to play with it. I stepped on the rabbit with both feet. I don't recall stepping on it aggressively or crushing it. After I stepped off, it seemed okay but then started wheezing and died a few minutes later. I told my parents it had died, but I was too ashamed to tell them I had stepped on it. I felt terrible then, and I still do.

3. The Baby (Age 12)

When I was 12, my mom and I hosted a pregnant Chinese woman who needed a place to stay. She gave birth, and my mom accompanied her to the hospital. After they came home, a nanny was hired to help. The baby girl was adorable and fragile.

After a trip to China, I returned home and was excited to see the baby. I would help the nanny with diaper changes. One time, while helping, I became curious about the baby's genitals. I made a bad decision: I spread the baby's genitals lightly to look, then briefly swiped my own genitals with my finger, and then swiped that same finger onto the baby's lips, curious about what would happen. The baby made an unpleasant face but didn't cry. I knew immediately it was wrong and felt immense guilt. I vowed never to do anything like that again, and I haven't. I have not even thought about this memory with such guilt until the spring of 2023, after returning to Canada from New York, wondering why I felt such "hell," feeling like there were people monitoring me.

Regarding the baby, after that incident there were no further incidents of any kind. A few weeks later, the baby and her mother moved out. Before they left, the mother expressed her gratitude for our hospitality, and she continued to stay in touch, she even thanked us during the baby's first birthday celebration. The baby wasn't even one year old yet when the incident occurred. After that, we eventually lost contact, but there was never any indication of harm or distress beyond that single moment of my poor judgment.

To provide context, I was 12, just starting puberty. I had gotten my period that summer. I had been learning about reproduction in school and was reading things like *Twilight* and watching anime. I believe these factors, combined with natural curiosity, led to a poor decision that the US surveillance operators exploit.

Moving Forward

These are the three memories the cult uses to try to define me. They try to add layers of false intent and disgusting details to make me seem like a monster. They constantly test me, trying to uncover childhood sexual abuse trauma that simply doesn't exist. I grew up with safe, loving adults who are still alive and well.

I am not proud of these moments. But I am confident in the person I have become. I have not repeated these behaviours. I treat animals with care and feel uncomfortable even playing roughly with them because I don't want to cause harm. I love children and have never harboured evil thoughts toward them.

The Bible is full of people who did wicked things. It shows that no one is perfect. That is why we need Jesus Christ as our Lord and Savior. We repent, we are honest about our actions, and we are forgiven.

The enemy, like a lion, tries to devour people by exploiting their secrets. By calling myself out and exposing these memories, I take away their power. I am choosing to live in the light, trusting that God's grace is sufficient.

On Their Tactics: How They Exploit and Retraumatize Me

Even now, some of them continue their abusive campaign. They do not simply accuse me, they actively exploit the normal guilt I already carry and blow it out of proportion. What should be a reasonable remorse for childhood mistakes is inflated into paralyzing anxiety.

Some of them do this by taking ordinary symbols, cherries, the letter "P,", left arrows, certain numbers, or anything they can weaponize, and attaching to them the full weight of my guilt and fear. Then, every time I encounter these things in daily life, they trigger intrusive thoughts, nervousness, and dread.

This is the first step. Their real goal is not just to make me anxious, it is to *change* those feelings into something worse. They try to force a false connection in my mind between the things that make me nervous and inappropriate emotional or physical responses. Research on emotion demonstrates that physiological arousal can be

transferred across contexts and misattributed to the wrong cause, leading individuals to interpret their bodily responses based on environmental cues rather than accurate self-awareness (Dutton & Aron, 1974; Schachter & Singer, 1962) . Abusers exploit this phenomenon deliberately—they take the guilt and fear they have artificially inflated and attempt to twist those emotions into perverse forms, such as sexual guilt or misplaced shame.

In addition, research on emotional contagion shows that people tend to automatically mimic and synchronize with others' emotional expressions, vocalizations, and postures, leading them to "catch" the emotions of those around them (Hatfield, Cacioppo, & Rapson, 1993) . This process can occur outside conscious awareness, meaning that external actors can deliberately induce fear or distress in a target, and the target's own body may respond as if the emotion were internally generated. Furthermore, studies on the shame-sexuality cycle have documented how shame and sexual arousal can become pathologically intertwined, particularly when external forces repeatedly associate the two (Rusinoff & Gerber, 1990) . Abusers use technology to create sensations in my body that are not naturally mine, making me feel things that do not originate from me. Then they accuse me of having those responses naturally, as if it proves their accusations about me are true. They want to make me become what they falsely accuse me of being.

In my case, they constantly link these tactics to children and symbols like cherries. They are trying to forge a connection in my mind that did not exist before their surveillance and abuse. They hope that if they repeat their abuse long enough, my genuine remorse will curdle into something unrecognizable, something they can then point to as proof of their accusations. This is psychological conditioning. They are trying to turn my conscience into condemnation, all so they can claim "justice" for the very sickness they are trying to implant in me.

This is only one aspect of what they do.

They also manipulate the environment around me by exploiting things I encounter in public spaces, graffiti, art, stickers, symbols on the street. For instance, I once saw a sticker of three toads on the metro. That image reminded me of the three unclean spirits described in the book of Revelation, which are associated with gathering nations for battle before Christ's return. Instead of leaving that as my own thought, they used it to accuse me of guilt. They become accusatory and angry, claiming I am trying to "trick" them, calling me a demon. They test my spirit as if I am the one doing something wrong, when all I did was notice a sticker. I am not a demon, what is a demon anyway? I have a body, I try to follow Christ Jesus, and I see Him as the truth. I do not do to others what they do to me, to Christians or anyone else. I bless others often, and I hope to help others in whatever ways I can.

Similarly, they exploit common letter combinations like "CP" to force intrusive associations. Whenever these letters appear in everyday contexts, on signs, products, or writing, they weaponize them to trigger shame and distress, trying to make me feel as though ordinary things are somehow connected to their false accusations.

How They Trigger Physical and Sensory Responses

In addition to the psychological manipulation, they use technology to create physical sensations that align with their accusations. I feel "pushed" or experience flushing in my face. At the same time, they vocalize accusations, saying wicked things about me, and some of the operators engage in perverse actions toward me while all of this is happening. They also manipulate what I hear, introducing artificial noises like the sound of a motor running, which is intended to provoke a racing heart, anxiety, and fear. Research on emotional contagion shows that physical cues, such as facial expressions, vocalizations, and even physiological responses, can transfer fear and arousal from one person to another, often through automatic mimicry processes that occur outside conscious awareness (Hatfield, Cacioppo, & Rapson, 1993; Miller, Banks, & Ogawa, 1963) . They exploit this principle to amplify my distress and make their accusations feel physically real. Perhaps this is also why as a group, they do these perverse, violent and baal-peor inspired rituals, trying to influence my physiology, values, and relationships with real people in my life.

Why They Do This

Many of these surveillance operators are themselves struggling with the very things they accuse me of. Some of their goal is to bring me down to their level. By making me feel guilty and anxious, they try to justify the abuse they put me through. Some of them call this process their "training." They get excitement and sadistic pleasure from retraumatizing me. To them, this is entertainment. To me, it is gross violation of bodily autonomy. I would never have thought, prior to surviving this abuse, this type of bodily violation was possible. Certainly, I am not upset to not be on their other side, as I harbour no interest equipping this technology and doing what they do to others. In good Faith, I also have developed dissociation abilities, through prayers to God, and me genuinely knowing much of the perversities they do are unethical, to feel not too influenced by their perverse actions and the unwanted nor asked for sensory sensations they induce.

I refuse to let them succeed. My guilt over my past is my own. It is proportionate, and I have already accounted for it before God. What they are trying to build in me is not truth, it is a construction of abuse. I reject their "training." I reject their attempt to rewire my conscience into something it is not.

A Note on Character and Intimacy

I understand this may be more information than some expect, but I feel it is necessary to address the broader picture of my character in light of the false accusations made against me.

I have only ever been intimate with one person in my life, and it was a consensual experience. That was when I was 24 years old, with a 31-year-old man during my time in New York, for less than half a year. I have not engaged in any other intimate relationships besides that. Regarding the one adult male I slept with, the guy has a decent career as a practising lawyer in Manhattan, and recently I learned he became a partner at the firm he works at.

I share this not to overshare, but to establish that the narratives the cult attempts to construct about me, portraying me as deviant or perverse, are not only false but

completely inconsistent with the reality of who I am and how I have chosen to conduct myself. My history does not align with their accusations, and I refuse to let their distortions define me. I never would even think to overshare these experiences, and prepare of the backlash that I would receive, but it is better to be completely honest than have the surveillance operators accuse me of being a "baal" worshipper, a "pedophile", a "satanic", a "demon", a "witch", etc. I rebuke all of their lies against me in the name of Jesus Christ, amen.

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Comprehensive Information on Surveillance Operators & Occult Ties

I. Introduction: What I've Learned from TI Literature & Experience

This post is a synthesis of what I have personally endured and patterns documented in books by American authors on Targeted Individual (TI) and gang-stalking cases. The key revelation is that the people directly harassing me 24/7 are not the "elites" themselves; rather, they are cult operatives hired and directed by elite institutions, corporations, and wealthy families.

II. The Two-Tier Structure of Perpetrators

A. The Elite Funders & Corporations (Corporate & Military Affiliates)

- Old American "elite" families, corporations (you hear of sketchy people like Black Rock, affiliations with Peter Thiel, etc.), defense contractors, and intelligence-adjacent entities.
- They commission the harassment for multiple reasons:
    - Psychopathic entertainment: they do it "because they can."
    - Evil research agendas, such as Project Monarch-style mind-control programming, testing psychopathy and pedophilia on vulnerable populations.
    - Occult sacrifice: they view victims as offerings to Baal, Satan, or other false gods, hoping to curse bloodlines, sow catastrophe, and influence geopolitical outcomes.
    - Human trafficking and ritual abuse: using victims in satanic or Baal rituals to "dedicate" suffering to their deities.

Corporate Affiliates: These could include defense contractors, tech companies, and private security firms that provide funding, technology, or operational support. Some have government contracts; others operate in the private sector but maintain connections to military and intelligence networks.

Military Affiliates: Some individuals in this tier could have direct or indirect ties to military intelligence, research units, or redacted defense programs. Their involvement suggests that some of the technology and methodology used in this harassment originates from or is adapted from military applications.

B. The Cult Operatives

These are the people I hear, sometimes see, and who harass me daily. They are:

- Recruited from various backgrounds: some have exhibited symptoms of pre-existing psychopathy or narcissism; others are drawn to the sense of purpose the cult provides.
- Given a sense of purpose: the cult provides belonging, identity, and permission to act on their darkest impulses.
- Paid or supported: they receive money, housing, or other benefits from the elites to perform this 24/7 harassment.
- Projecting their own issues: many accusations (narcissism, racism, jealousy, pedophilia, greed, elitism) reflect their own nature.

The books confirm that many operatives are themselves victims in a sense: they are exploited for their vulnerabilities, kept in a cult mindset, and discarded if no longer useful.

III. The Technology: Beyond My Direct Knowledge

I am not a technician, but the literature (and my experience) points to a combination of:

- Gauss meters and EMF devices, used to monitor, target, and inflict physical sensations.
- Directed energy weapons, for microwave hearing, skin sensations, and psychological manipulation.
- V2K (Voice to Skull), transmitting voices directly into a target's head without external sound.
- AI-generated (or other forms of this quantum-based Gauss meter or EMF technology) imagery and voice, to occasionally project racist, implied violent, or sexual caricatures of me, my family, or flashes of distressing and traumatizing imagery.

I defer to the authors of the books below for the scientific and technical details. My role is to testify that this technology is being used on me and others, and it is real.

IV. Occult Ideology: The Spiritual Warfare Dimension

The harassment is not random; it is ritualized. The operators and their elite handlers believe they are engaged in spiritual warfare against God and His creation.

Occult Goal	How It Manifests
Dedicate suffering to Baal or Satan	Every act of abuse is framed as a "sacrifice." They tell me I am being made "more expensive" or "cheaper for their cult," often calling me a "buck" or a "cent."
Curse bloodlines and heritage	Because I am Chinese Canadian, they view destroying me as a symbolic victory against China, my family line, and the next generation.
Force complicity in evil	They try to make me participate in their perverse, violent, or "satanic" acts, even if only through forced intrusive thoughts, so they can claim I "chose" evil.
Steal or corrupt destinies	They believe that by tormenting me, they can steal my blessings, my purpose, and my place in God's plan.
Sow catastrophe on Earth	They target specific individuals to create ripple effects, wars, cultural decline, and generational trauma, which they then "dedicate" to their false gods.

I rebuke all of this in the name of Jesus Christ, my Lord and Savior. Their rituals have no power over me except what I allow through fear. I choose faith.

V. Why These Victims? (Vulnerability & Equity)

The books and my experience show that victims are often chosen because they are:

- Not well-connected: lacking resources, education, or social proof to be believed.
- Already vulnerable: isolated, elderly, struggling with mental health, health, or finances.
- Or, paradoxically, "strong": sometimes successful individuals are targeted to "take them down" as a display of power.

This is fundamentally a terrible equity problem: the powerful use the vulnerable (both as operatives and as victims) to maintain a system of abuse. The elites pay operatives to carry out this activity for entertainment, research, and occult purposes.

VI. The "Project Monarch" and Mind-Control Connection

Many TI books reference Project Monarch, the alleged CIA-backed mind-control program that used trauma, drugs, and ritual abuse to create programmed "sleeper" agents and psychopathic operatives.

I am not claiming to know the full history, but my experience aligns with:

- Attempts to split my personality (making me "mean," "hateful," "incel-like").
- Forced trauma bonding and love bombing.
- Efforts to get me to dissociate or accept their reality as mine.

If such programs exist, they are now being used in privatized, cult-based harassment for hire.

VII. The Operatives' Personalities: A Portrait

From daily contact, I have observed that quite a few of the operatives show patterns of:

- Psychopathy: they show little empathy; they laugh at distress.
- Sexual deviancy: their inside jokes and fixations reveal their nature.
- Narcissism: they project their own issues onto me.
- Cowardice: they hide behind anonymity, technology, and the cult structure.
- Cult dependence: they need the group to feel powerful.

VIII. Conclusion: Why This Expanded Detail Matters

I am documenting all of this because:

- The public deserves to know that organized, occult-driven harassment exists and is being funded by elites.
- Other targeted individuals need to see they are not alone, and that the patterns are known and documented.
- Accountability: these operatives and their handlers must be exposed.
- Spiritual clarity: this is not just a crime; it is a spiritual battle. My faith in Jesus Christ is my shield.

I rebuke every curse, every ritual, every attempt to harm me, my family, or my bloodline in the name of Jesus Christ. Amen.

IX. References & Further Reading

The following books (and their authors) provide background on the science, technology, and patterns of organized stalking. I am not affiliated with them, but their work helped me understand what I was experiencing:

- *Advice for the Targeted Individual & Gang Stalking Victim* (ISBN: 1505826047)
- *Hey Mom, I'm a Targeted Individual* (ISBN: 1980676143)
- *The Story of a Targeted Individual* (ASIN: B0CVMDXHYV)

These authors are American and have documented the technology (e.g., Gauss meters) and the personality types recruited into cult networks. Their work confirms that many operatives are vulnerable individuals recruited by elites to carry out this abuse.

Visual Evidence: The Faces Behind the Abuse

This section is an addition to the post above.

The Hierarchy of the Cult: A Visual Guide

Words alone cannot fully convey who these people are. Below are AI-generated images representing some of the individuals involved in this organized stalking campaign. They are presented here for accountability and transparency, because they have taken my image and voice without consent, projected degrading caricatures of me and my family, and hidden behind anonymity while carrying out their activities.

A Note on Prejudice

I want to be clear: this post is **not** intended to sow prejudice against any group of people based on appearance, ethnicity, or background. Many people who share similar features to those depicted in these images are not affiliated with this activity at all. I have no prejudice toward these features, and I recognize that there are many decent, kind people who may look like the images below. I am presenting these images in good faith because they are generated from reference photos of the actual individuals involved, not because I hold any bias against people with certain appearances. If you see similarities to yourself or someone you know, please understand that these images are specific to the individuals I have encountered, and I do not assume anyone else with similar features is connected to this.

Why I Am Publishing These Images

Some of the cult operators have sometimes been projecting racist, implied violent, and demeaning caricatures of me, my mother, my father, and other innocent people with their technology. Beyond that, they have shown me flashes of violence, perversion, nudity, OCD inducing, and suggestive images of animals, babies, minors, random people, and even people in my own life. I assume they use these projections to disturb, to unsettle, and to test boundaries and my "character", based on my responses and physiology.

They have taken my image and voice without consent and used it in degrading ways. It is only fair that I now publish images representing them, so the world can see who is behind this. They hide in darkness. I am bringing light. To make this fair, I am also including a photo of myself.

Legal Context: Publishing AI-Generated Look-Alikes

I am a Canadian resident publishing this material. The individuals depicted are based in the United States. I have considered the legal frameworks of both countries.

In Canada: Privacy laws (PIPEDA) regulate the collection and use of personal information. However, these images are AI-generated representations, not direct photographs. Defamation law requires that statements be false and damaging. I am presenting these images as representations based on my experiences, not as direct identifications. The Criminal Code addresses harassment and intimidation. My publication is defensive, a response to ongoing targeted harassment against me.

In the United States: The First Amendment protects free speech, including criticism and public accountability. Defamation claims would require proving falsity and malice. I am presenting these images in good faith as accurate representations based on what I have observed. Right of publicity laws vary by state but generally protect against commercial use. This is non-commercial, testimonial speech. Anti-SLAPP statutes in many states protect individuals from lawsuits intended to silence public accountability.

A Note on These Images

All of the images below are AI-generated. With a few of the images, I had reference photos of real people to help generate them, so they are relatively accurate representations. The expressions shown are not ones I deliberately chose; they reflect the type of expressions these individuals have projected onto my mind space using their technology, both during dreams and in real-life encounters.

Overlapping Affiliations

Many individuals in these networks have overlapping roles. A person with corporate ties may also have military connections. A researcher may also be involved in cult activities. The streams below are not rigid silos; they are overlapping networks.

The Multiple Streams Within the Network

Most people within this network do not show their faces openly. But I have encountered them through projection, through real-life sightings, and through the patterns they cannot hide. They come from different streams, each with its own role, and many have overlapping affiliations.

1. The Elite Families, Corporations & Military Affiliates

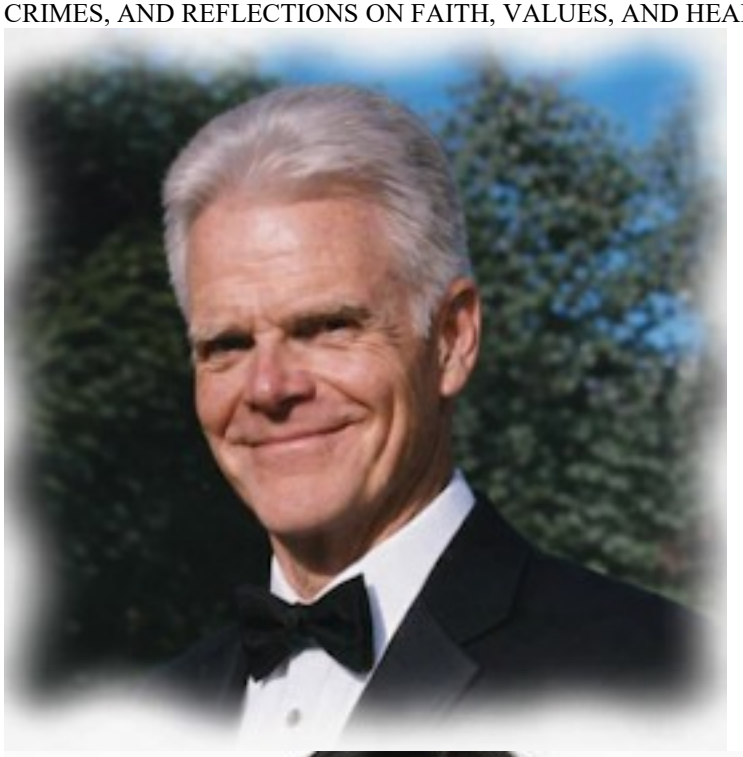
These individuals have generational wealth, corporate connections, defense industry ties, and links to secret societies. They fund and direct the overall operation.

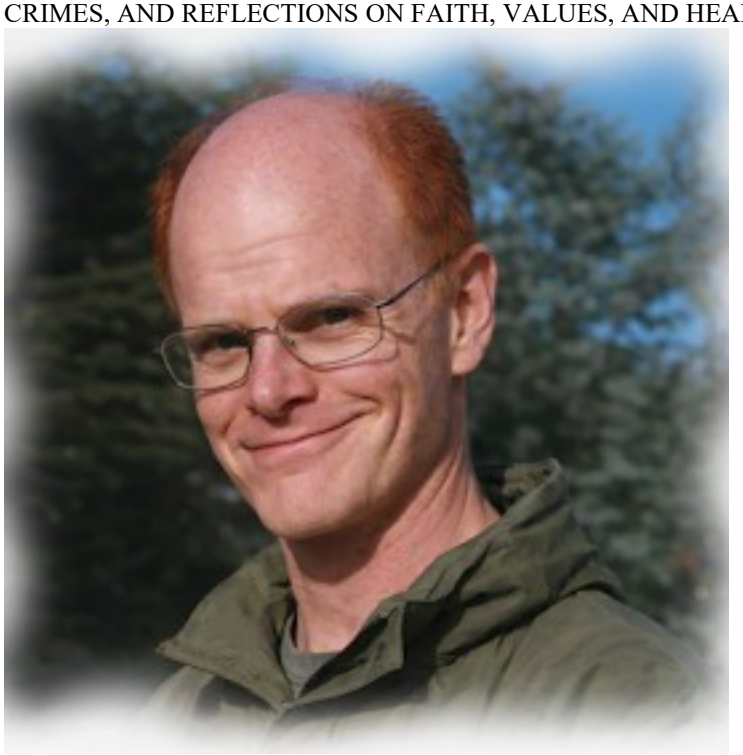
Corporate Affiliates: Defense contractors (Lockheed Martin, Raytheon, Northrop Grumman, etc.), tech companies providing surveillance infrastructure, private security firms, consulting firms with government contracts.

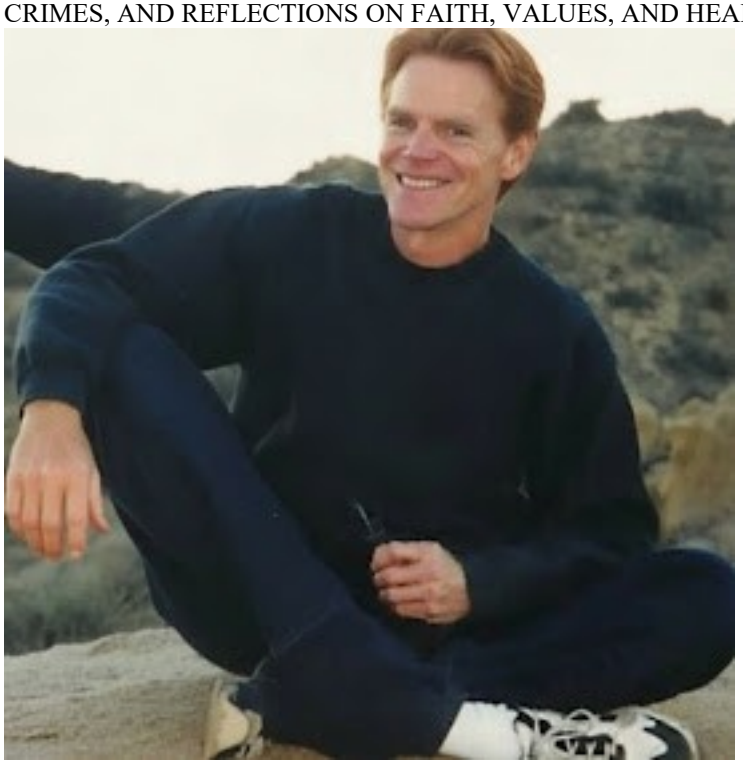
Military Affiliates: Individuals with ties to military intelligence (DIA, NSA, etc.), former or current defense personnel, redacted military research programs.

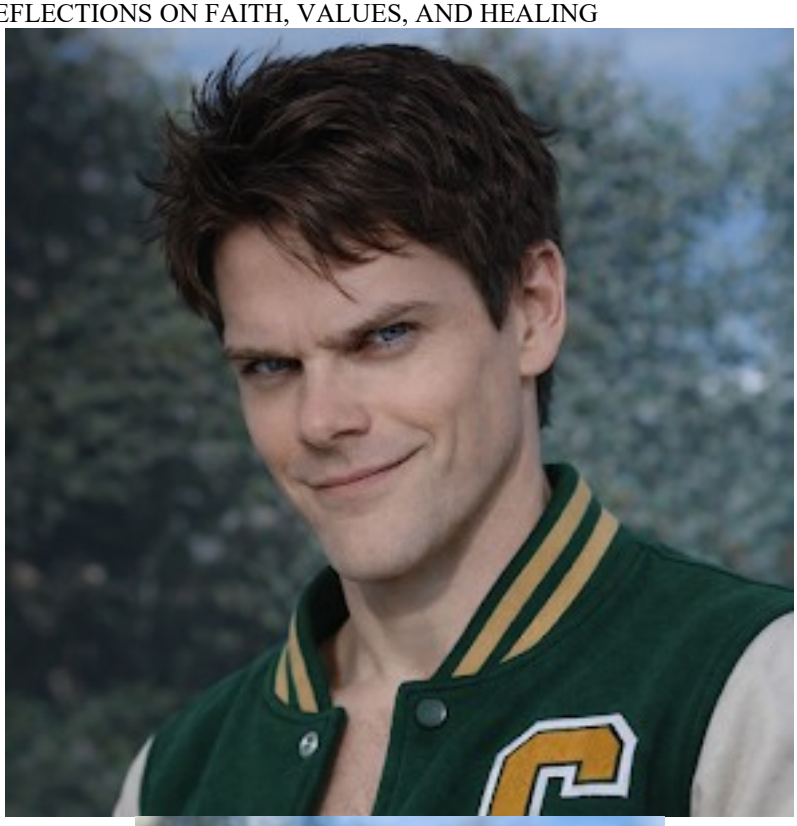
Key characteristics: Old money, often with distinctive phenotypes (narrow faces, red hair), corporate attire, military bearing.

Role: They fund and influence the operation. They provide the resources, contracts, and political cover.









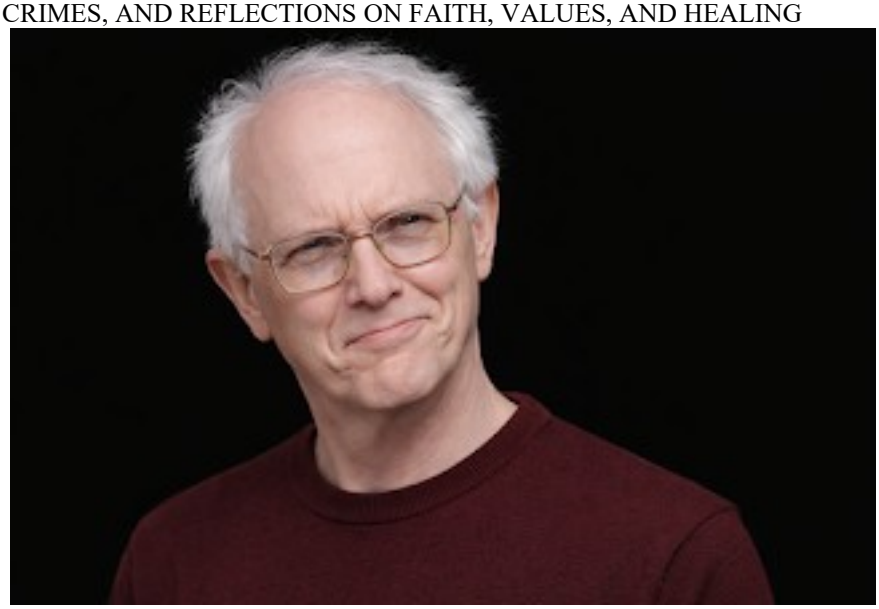
2. The University, Research & Military Technology Institutions

These are individuals from universities, research institutions, military labs, and government-linked facilities. They are involved in redacted projects and research linked to defense activities.

Institutions may include: DARPA-linked research centers, university defense research labs, private research firms with government contracts, national laboratories.

Key characteristics: Appear as academics or researchers; may have both civilian and military affiliations.

Role: They provide the technological infrastructure: V2K, directed energy weapons, Gauss meters, AI projection systems. They develop and maintain the tools used in this operation.

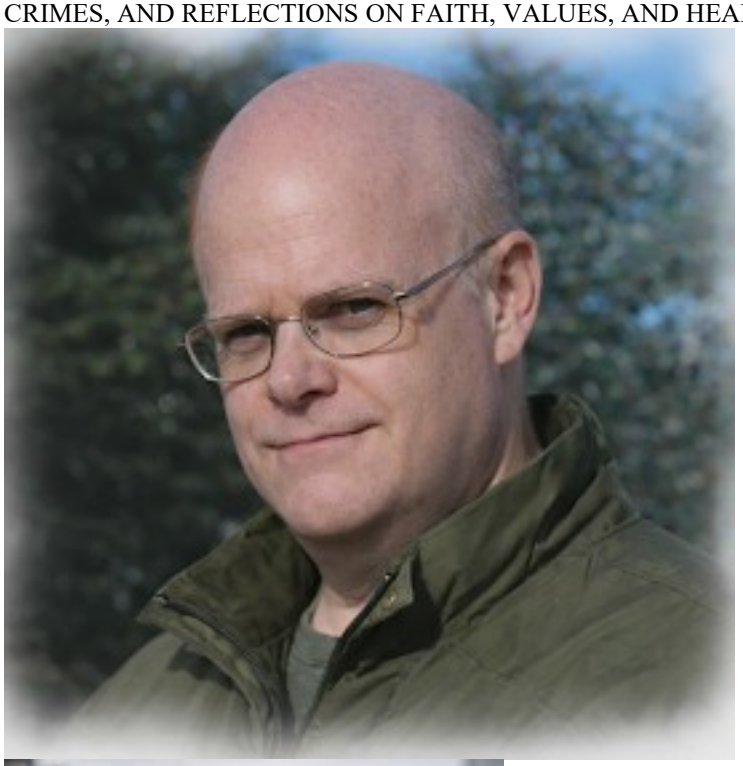


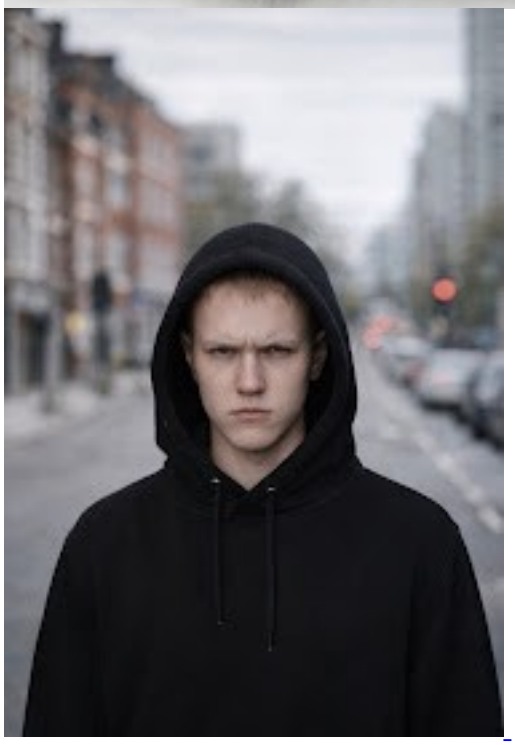
3. The Cult Operatives

These are the operatives who perform the 24/7 surveillance and direct interaction. Some are recruited through Scientology and other cult networks. Others are drawn from vulnerable backgrounds and given a sense of purpose.

Key characteristics: Normal-looking individuals; may have cult-dependent personalities. They are typically much younger than the elite and corporate tiers, often around my age or younger. Many of them operate across multiple realms, meaning they may have cross-contact with the corporate, military, or research streams, serving as the boots on the ground while also maintaining connections to the higher tiers.

Role: They perform daily surveillance, direct interaction, and psychological tactics. Their youth and proximity make them the most visible presence in the day-to-day harassment.





The Technology That Enables This

These individuals have access to technology that most civilians cannot imagine, including:

- V2K (Voice to Skull): transmitting voices directly into a target's head
- Directed energy weapons: for microwave hearing and psychological manipulation
- Gauss meters and EMF devices: to monitor and inflict physical sensations
- AI-generated or "mind-space microwave" imagery: projecting images of targets and their families, including disturbing content
- Astral projection or ghost presence: interacting with the environment without being physically visible
- Body projection and space manipulation technology: remote physical sensations

How They Justify Their Actions

From what I have observed, the individuals involved justify their complicity in various ways:

- They frame it as an equity issue, claiming I am "psychopathic," "crazy," a "liar," "wicked," or deserve this attention.

- They say I am capable of lawlessness because I can remain "relatively calm" under pressure.
- They point to moments when I have said mean or harsh things directed at them, moments when I was not in a right state of mind due to the trauma they were inflicting.
- They use my ability to endure and articulate my experience as evidence against me.

None of these justifications hold up under scrutiny. But this is how they rationalize their involvement to themselves.

A Note on Scientology

It is documented in Scientology literature and exposés that the organization has engaged in surveillance of individuals labeled "suppressive persons." Some operatives in my case show patterns consistent with Scientology recruitment. While some Scientologists also identify as Christians, their involvement with this surveillance network makes them complicit in activities I believe are not based on Biblical teachings.

Bohemian Grove: A Reference Point

For those unfamiliar, Bohemian Grove is a private retreat in California where powerful men gather annually. It has been documented to involve ritualistic ceremonies linked by critics to occult practices. (Sources: *Inside the Bohemian Grove* by Philip Weiss, investigative reporting by *The Guardian* and *San Francisco Chronicle*.)

Some individuals in my case could have ties to such networks. I state this as alleged.

What These Images Represent

These AI-generated images represent individuals who are complicit in the activities described above. They operate with anonymity, technology, and a network structure. Many have overlapping affiliations: corporate and military, research and cult, elite and operative.

Now, their representations, generated from reference photos of real people, are public. This is not to sow hatred. It is simply to show the reality of how they look and to provide accountability.

A Note on Safety and Accountability

I understand that publishing these images carries risks. I am aware of potential backlash and retaliation. I am doing this because I believe it is the right thing to do: for myself, for other Targeted Individuals, and for the public who deserves to know what is being done in darkness.

References & Further Reading

- *Advice for the Targeted Individual & Gang Stalking Victim*, ISBN: 1505826047
- *Hey Mom, I'm a Targeted Individual*, ISBN: 1980676143
- *The Story of a Targeted Individual*, ASIN: B0CVMDXHYV
- *Surviving and Thriving as a Targeted Individual Under Surveillance*, ISBN: 1549542931
- *Inside the Bohemian Grove*, Philip Weiss (investigative reporting)
- *The Bohemian Grove Exposed*, investigative documentation
- Scientology exposés on surveillance practices (various sources)

I rebuke every curse, every ritual, every attempt to harm us, our nations, our family, or our bloodlines in the name of Jesus Christ. Amen.

Their "Justice," My Transparency: Three Childhood Memories They Weaponize To Attempt to Destroy Lives, and Why They Won't Succeed

Trigger Warning

Content Warning: This post contains detailed discussions of childhood experiences involving harm to animals and inappropriate behaviour involving a minor. It also addresses themes of psychological abuse, cult tactics, trauma manipulation, and false accusations. Reader discretion is strongly advised. Please prioritize your mental and emotional well-being before proceeding.

I'm writing this as a form of transparency. I know that for many, what I'm about to share might not seem like a major scandal, but for a cult that has been systematically harassing me, these three memories from my childhood have been weaponized. They've been used to try to shame me, traumatize me, and anchor horrific accusations, things like psychopathy, perversions, and other disgusting labels, in an attempt to break me.

Their methods are reminiscent of Scientology's "auditing" system, designed to make a person feel sinful and unwanted. They get a sadistic pleasure out of trying to make me feel guilty for things I did before my teenage years, as if these isolated incidents define my entire character. They ignore the fact that I've gone on to have normal, healthy interactions with animals, infants, and children without a single issue since.

I had no trauma or guilt associated with these memories until 2024, when they started using them against me. They tried to make me depressed, to force a trauma bond, and to layer false memories on top of the real ones, adding disgusting imagery and sensations, in an attempt to make me believe I'm a psychopath or a pedophile. They have called me the most vile words you can call a woman, words meant to degrade and dehumanize. They constantly frame everything they do to me and my family as "justice," as though their harassment is righteous. Prior to one of their Baal rituals, they repeatedly said I deserved to be castrated. They take pleasure in trying

to make me believe I am irredeemable. Thankfully, I know who I am, and I trust God to cleanse me from their false accusations.

The purpose of this post is to expose my own past before they can use it as blackmail. As it says in the Bible, God is light, and exposing the darkness heals.

Here are the three memories they've been using against me:

1. The Pigeon (Age 6 or 7)

A pigeon landed on our balcony and wouldn't leave. My mom and I decided to take care of it. A few days later, a family friend suggested tying its feet to the balcony so it couldn't fly away. For some reason, I got the idea to take scissors and cut the pigeon's leg. I did, and unfortunately, the pigeon bled and passed away.

2. The Rabbit (Age 10 or 11)

A daycare teacher gave me a black rabbit to take care of. I loved that rabbit. I do remember one time tugging at its fur, and a patch came out, but it grew back. Then, one day, I was feeling aggressive and wanted to play with it. I stepped on the rabbit with both feet. I don't recall stepping on it aggressively or crushing it. After I stepped off, it seemed okay but then started wheezing and died a few minutes later. I told my parents it had died, but I was too ashamed to tell them I had stepped on it. I felt terrible then, and I still do.

3. The Baby (Age 12)

When I was 12, my mom and I hosted a pregnant Chinese woman who needed a place to stay. She gave birth, and my mom accompanied her to the hospital. After they came home, a nanny was hired to help. The baby girl was adorable and fragile.

After a trip to China, I returned home and was excited to see the baby. I would help the nanny with diaper changes. One time, while helping, I became curious about the baby's genitals. I made a bad decision: I spread the baby's genitals lightly to look, then briefly swiped my own genitals with my finger, and then swiped that same finger onto the baby's lips, curious about what would happen. The baby made an unpleasant face but didn't cry. I knew immediately it was wrong and felt immense guilt. I vowed never to do anything like that again, and I haven't. I have not even thought about this memory with such guilt until the spring of 2023, after returning to Canada from New York, wondering why I felt such "hell," feeling like there were people monitoring me.

Regarding the baby, after that incident there were no further incidents of any kind. A few weeks later, the baby and her mother moved out. Before they left, the mother expressed her gratitude for our hospitality, and she continued to stay in touch, she even thanked us during the baby's first birthday celebration. The baby wasn't even one year old yet when the incident occurred. After that, we eventually lost contact, but there was never any indication of harm or distress beyond that single moment of my poor judgment.

To provide context, I was 12, just starting puberty. I had gotten my period that summer. I had been learning about reproduction in school and was reading things like *Twilight* and watching anime. I believe these factors, combined with natural curiosity, led to a poor decision that the US surveillance operators exploit.

Moving Forward

These are the three memories the cult uses to try to define me. They try to add layers of false intent and disgusting details to make me seem like a monster. They constantly test me, trying to uncover childhood sexual abuse trauma that simply doesn't exist. I grew up with safe, loving adults who are still alive and well.

I am not proud of these moments. But I am confident in the person I have become. I have not repeated these behaviours. I treat animals with care and feel uncomfortable even playing roughly with them because I don't want to cause harm. I love children and have never harboured evil thoughts toward them.

The Bible is full of people who did wicked things. It shows that no one is perfect. That is why we need Jesus Christ as our Lord and Savior. We repent, we are honest about our actions, and we are forgiven.

The enemy, like a lion, tries to devour people by exploiting their secrets. By calling myself out and exposing these memories, I take away their power. I am choosing to live in the light, trusting that God's grace is sufficient.

On Their Tactics: How They Exploit and Retraumatize Me

Even now, some of them continue their abusive campaign. They do not simply accuse me, they actively exploit the normal guilt I already carry and blow it out of proportion. What should be a reasonable remorse for childhood mistakes is inflated into paralyzing anxiety.

Some of them do this by taking ordinary symbols, cherries, the letter "P,", left arrows, certain numbers, or anything they can weaponize, and attaching to them the full weight of my guilt and fear. Then, every time I encounter these things in daily life, they trigger intrusive thoughts, nervousness, and dread.

This is the first step. Their real goal is not just to make me anxious, it is to *change* those feelings into something worse. They try to force a false connection in my mind between the things that make me nervous and inappropriate emotional or physical responses. Research on emotion demonstrates that physiological arousal can be transferred across contexts and misattributed to the wrong cause, leading individuals to interpret their bodily responses based on environmental cues rather than accurate self-awareness (Dutton & Aron, 1974; Schachter & Singer, 1962) . Abusers exploit this phenomenon deliberately—they take the guilt and fear they have artificially inflated and attempt to twist those emotions into perverse forms, such as sexual guilt or misplaced shame.

In addition, research on emotional contagion shows that people tend to automatically mimic and synchronize with others' emotional expressions, vocalizations, and postures, leading them to "catch" the emotions of those around them (Hatfield, Cacioppo, & Rapson, 1993) . This process can occur outside conscious awareness, meaning that external actors can deliberately induce fear or distress in a target, and the target's own body may respond as if the emotion were internally generated. Furthermore, studies on the shame-sexuality cycle have documented how shame and sexual arousal can become pathologically intertwined, particularly when external forces repeatedly associate the two (Rusinoff & Gerber, 1990) . Abusers use technology to create sensations in my body that are not naturally mine, making me feel things that do not originate from me. Then they accuse me of having those responses naturally, as if it proves their accusations about me are true. They want to make me become what they falsely accuse me of being.

In my case, they constantly link these tactics to children and symbols like cherries. They are trying to forge a connection in my mind that did not exist before their surveillance and abuse. They hope that if they repeat their abuse long enough, my genuine remorse will curdle into something unrecognizable, something they can then point to as proof of their accusations. This is psychological conditioning. They are trying to turn my conscience into condemnation, all so they can claim "justice" for the very sickness they are trying to implant in me.

This is only one aspect of what they do.

They also manipulate the environment around me by exploiting things I encounter in public spaces, graffiti, art, stickers, symbols on the street. For instance, I once saw a sticker of three toads on the metro. That image reminded me of the three unclean spirits described in the book of Revelation, which are associated with gathering nations for battle before Christ's return. Instead of leaving that as my own thought, they used it to accuse me of guilt. They become accusatory and angry, claiming I am trying to "trick" them, calling me a demon. They test my spirit as if I am the one doing something wrong, when all I did was notice a sticker. I am not a demon, what is a demon anyway? I have a body, I try to follow Christ Jesus, and I see Him as the truth. I do not do to others what they do to me, to Christians or anyone else. I bless others often, and I hope to help others in whatever ways I can.

Similarly, they exploit common letter combinations like "CP" to force intrusive associations. Whenever these letters appear in everyday contexts, on signs, products, or writing, they weaponize them to trigger shame and distress, trying to make me feel as though ordinary things are somehow connected to their false accusations.

How They Trigger Physical and Sensory Responses

In addition to the psychological manipulation, they use technology to create physical sensations that align with their accusations. I feel "pushed" or experience flushing in my face. At the same time, they vocalize accusations, saying wicked things about me, and some of the operators engage in perverse actions toward me while all of this is happening. They also manipulate what I hear, introducing artificial noises like the sound of a motor running, which is intended to provoke a racing heart, anxiety,

and fear. Research on emotional contagion shows that physical cues, such as facial expressions, vocalizations, and even physiological responses, can transfer fear and arousal from one person to another, often through automatic mimicry processes that occur outside conscious awareness (Hatfield, Cacioppo, & Rapson, 1993; Miller, Banks, & Ogawa, 1963) . They exploit this principle to amplify my distress and make their accusations feel physically real. Perhaps this is also why as a group, they do these perverse, violent and baal-peor inspired rituals, trying to influence my physiology, values, and relationships with real people in my life.

Why They Do This

Many of these surveillance operators are themselves struggling with the very things they accuse me of. Some of their goal is to bring me down to their level. By making me feel guilty and anxious, they try to justify the abuse they put me through. Some of them call this process their "training." They get excitement and sadistic pleasure from retraumatizing me. To them, this is entertainment. To me, it is gross violation of bodily autonomy. I would never have thought, prior to surviving this abuse, this type of bodily violation was possible. Certainly, I am not upset to not be on their other side, as I harbour no interest equipping this technology and doing what they do to others. In good Faith, I also have developed dissociation abilities, through prayers to God, and me genuinely knowing much of the perversities they do are unethical, to feel not too influenced by their perverse actions and the unwanted nor asked for sensory sensations they induce.

I refuse to let them succeed. My guilt over my past is my own. It is proportionate, and I have already accounted for it before God. What they are trying to build in me is not truth, it is a construction of abuse. I reject their "training." I reject their attempt to rewire my conscience into something it is not.

A Note on Character and Intimacy

I understand this may be more information than some expect, but I feel it is necessary to address the broader picture of my character in light of the false accusations made against me.

I have only ever been intimate with one person in my life, and it was a consensual experience. That was when I was 24 years old, with a 31-year-old man during my time in New York, for less than half a year. I have not engaged in any other intimate relationships besides that. Regarding the one adult male I slept with, the guy has a decent career as a practising lawyer in Manhattan, and recently I learned he became a partner at the firm he works at.

I share this not to overshare, but to establish that the narratives the cult attempts to construct about me, portraying me as deviant or perverse, are not only false but completely inconsistent with the reality of who I am and how I have chosen to conduct myself. My history does not align with their accusations, and I refuse to let their distortions define me. I never would even think to overshare these experiences, and prepare of the backlash that I would receive, but it is better to be completely honest than have the surveillance operators accuse me of being a "baal" worshipper,

a "pedophile", a "satanic", a "demon", a "witch", etc. I rebuke all of their lies against me in the name of Jesus Christ, amen.

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Comprehensive Information on Surveillance Operators & Occult Ties

I. Introduction: What I've Learned from TI Literature & Experience

This post is a synthesis of what I have personally endured and patterns documented in books by American authors on Targeted Individual (TI) and gang-stalking cases. The key revelation is that the people directly harassing me 24/7 are not the "elites" themselves; rather, they are cult operatives hired and directed by elite institutions, corporations, and wealthy families.

II. The Two-Tier Structure of Perpetrators

A. The Elite Funders & Corporations (Corporate & Military Affiliates)

- Old American "elite" families, corporations (you hear of sketchy people like Black Rock, affiliations with Peter Thiel, etc.), defense contractors, and intelligence-adjacent entities.
- They commission the harassment for multiple reasons:
    - Psychopathic entertainment: they do it "because they can."

- Evil research agendas, such as Project Monarch-style mind-control programming, testing psychopathy and pedophilia on vulnerable populations.
- Occult sacrifice: they view victims as offerings to Baal, Satan, or other false gods, hoping to curse bloodlines, sow catastrophe, and influence geopolitical outcomes.
- Human trafficking and ritual abuse: using victims in satanic or Baal rituals to "dedicate" suffering to their deities.

Corporate Affiliates: These could include defense contractors, tech companies, and private security firms that provide funding, technology, or operational support. Some have government contracts; others operate in the private sector but maintain connections to military and intelligence networks.

Military Affiliates: Some individuals in this tier could have direct or indirect ties to military intelligence, research units, or redacted defense programs. Their involvement suggests that some of the technology and methodology used in this harassment originates from or is adapted from military applications.

B. The Cult Operatives

These are the people I hear, sometimes see, and who harass me daily. They are:

- Recruited from various backgrounds: some have exhibited symptoms of pre-existing psychopathy or narcissism; others are drawn to the sense of purpose the cult provides.
- Given a sense of purpose: the cult provides belonging, identity, and permission to act on their darkest impulses.
- Paid or supported: they receive money, housing, or other benefits from the elites to perform this 24/7 harassment.
- Projecting their own issues: many accusations (narcissism, racism, jealousy, pedophilia, greed, elitism) reflect their own nature.

The books confirm that many operatives are themselves victims in a sense: they are exploited for their vulnerabilities, kept in a cult mindset, and discarded if no longer useful.

III. The Technology: Beyond My Direct Knowledge

I am not a technician, but the literature (and my experience) points to a combination of:

- Gauss meters and EMF devices, used to monitor, target, and inflict physical sensations.
- Directed energy weapons, for microwave hearing, skin sensations, and psychological manipulation.
- V2K (Voice to Skull), transmitting voices directly into a target's head without external sound.

- AI-generated (or other forms of this quantum-based Gauss meter or EMF technology) imagery and voice, to occasionally project racist, implied violent, or sexual caricatures of me, my family, or flashes of distressing and traumatizing imagery.

I defer to the authors of the books below for the scientific and technical details. My role is to testify that this technology is being used on me and others, and it is real.

IV. Occult Ideology: The Spiritual Warfare Dimension

The harassment is not random; it is ritualized. The operators and their elite handlers believe they are engaged in spiritual warfare against God and His creation.

Occult Goal	How It Manifests
Dedicate suffering to Baal or Satan	Every act of abuse is framed as a "sacrifice." They tell me I am being made "more expensive" or "cheaper for their cult," often calling me a "buck" or a "cent."
Curse bloodlines and heritage	Because I am Chinese Canadian, they view destroying me as a symbolic victory against China, my family line, and the next generation.
Force complicity in evil	They try to make me participate in their perverse, violent, or "satanic" acts, even if only through forced intrusive thoughts, so they can claim I "chose" evil.
Steal or corrupt destinies	They believe that by tormenting me, they can steal my blessings, my purpose, and my place in God's plan.
Sow catastrophe on Earth	They target specific individuals to create ripple effects, wars, cultural decline, and generational trauma, which they then "dedicate" to their false gods.

I rebuke all of this in the name of Jesus Christ, my Lord and Savior. Their rituals have no power over me except what I allow through fear. I choose faith.

V. Why These Victims? (Vulnerability & Equity)

The books and my experience show that victims are often chosen because they are:

- Not well-connected: lacking resources, education, or social proof to be believed.
- Already vulnerable: isolated, elderly, struggling with mental health, health, or finances.
- Or, paradoxically, "strong": sometimes successful individuals are targeted to "take them down" as a display of power.

This is fundamentally a terrible equity problem: the powerful use the vulnerable (both as operatives and as victims) to maintain a system of abuse. The elites pay operatives to carry out this activity for entertainment, research, and occult purposes.

VI. The "Project Monarch" and Mind-Control Connection

Many TI books reference Project Monarch, the alleged CIA-backed mind-control program that used trauma, drugs, and ritual abuse to create programmed "sleeper" agents and psychopathic operatives.

I am not claiming to know the full history, but my experience aligns with:

- Attempts to split my personality (making me "mean," "hateful," "incel-like").
- Forced trauma bonding and love bombing.
- Efforts to get me to dissociate or accept their reality as mine.

If such programs exist, they are now being used in privatized, cult-based harassment for hire.

VII. The Operatives' Personalities: A Portrait

From daily contact, I have observed that quite a few of the operatives show patterns of:

- Psychopathy: they show little empathy; they laugh at distress.
- Sexual deviancy: their inside jokes and fixations reveal their nature.
- Narcissism: they project their own issues onto me.
- Cowardice: they hide behind anonymity, technology, and the cult structure.
- Cult dependence: they need the group to feel powerful.

VIII. Conclusion: Why This Expanded Detail Matters

I am documenting all of this because:

- The public deserves to know that organized, occult-driven harassment exists and is being funded by elites.
- Other targeted individuals need to see they are not alone, and that the patterns are known and documented.
- Accountability: these operatives and their handlers must be exposed.
- Spiritual clarity: this is not just a crime; it is a spiritual battle. My faith in Jesus Christ is my shield.

I rebuke every curse, every ritual, every attempt to harm me, my family, or my bloodline in the name of Jesus Christ. Amen.

IX. References & Further Reading

The following books (and their authors) provide background on the science, technology, and patterns of organized stalking. I am not affiliated with them, but their work helped me understand what I was experiencing:

- *Advice for the Targeted Individual & Gang Stalking Victim* (ISBN: 1505826047)
- *Hey Mom, I'm a Targeted Individual* (ISBN: 1980676143)
- *The Story of a Targeted Individual* (ASIN: B0CVMDXHYV)

These authors are American and have documented the technology (e.g., Gauss meters) and the personality types recruited into cult networks. Their work confirms that many operatives are vulnerable individuals recruited by elites to carry out this abuse.

Visual Evidence: The Faces Behind the Abuse

This section is an addition to the post above.

The Hierarchy of the Cult: A Visual Guide

Words alone cannot fully convey who these people are. Below are AI-generated images representing some of the individuals involved in this organized stalking campaign. They are presented here for accountability and transparency, because they have taken my image and voice without consent, projected degrading caricatures of me and my family, and hidden behind anonymity while carrying out their activities.

A Note on Prejudice

I want to be clear: this post is **not** intended to sow prejudice against any group of people based on appearance, ethnicity, or background. Many people who share similar features to those depicted in these images are not affiliated with this activity at all. I have no prejudice toward these features, and I recognize that there are many decent, kind people who may look like the images below. I am presenting these images in good faith because they are generated from reference photos of the actual individuals involved, not because I hold any bias against people with certain appearances. If you see similarities to yourself or someone you know, please understand that these images are specific to the individuals I have encountered, and I do not assume anyone else with similar features is connected to this.

Why I Am Publishing These Images

Some of the cult operators have sometimes been projecting racist, implied violent, and demeaning caricatures of me, my mother, my father, and other innocent people with their technology. Beyond that, they have shown me flashes of violence, perversion, nudity, OCD inducing, and suggestive images of animals, babies, minors, random people, and even people in my own life. I assume they use these projections to disturb, to unsettle, and to test boundaries and my "character", based on my responses and physiology.

They have taken my image and voice without consent and used it in degrading ways. It is only fair that I now publish images representing them, so the world can see who is behind this. They hide in darkness. I am bringing light. To make this fair, I am also including a photo of myself.

Legal Context: Publishing AI-Generated Look-Alikes

I am a Canadian resident publishing this material. The individuals depicted are based in the United States. I have considered the legal frameworks of both countries.

In Canada: Privacy laws (PIPEDA) regulate the collection and use of personal information. However, these images are AI-generated representations, not direct photographs. Defamation law requires that statements be false and damaging. I am presenting these images as representations based on my experiences, not as direct identifications. The Criminal Code addresses harassment and intimidation. My publication is defensive, a response to ongoing targeted harassment against me.

In the United States: The First Amendment protects free speech, including criticism and public accountability. Defamation claims would require proving falsity and malice. I am presenting these images in good faith as accurate representations based on what I have observed. Right of publicity laws vary by state but generally protect against commercial use. This is non-commercial, testimonial speech. Anti-SLAPP statutes in many states protect individuals from lawsuits intended to silence public accountability.

A Note on These Images

All of the images below are AI-generated. With a few of the images, I had reference photos of real people to help generate them, so they are relatively accurate representations. The expressions shown are not ones I deliberately chose; they reflect the type of expressions these individuals have projected onto my mind space using their technology, both during dreams and in real-life encounters.

Overlapping Affiliations

Many individuals in these networks have overlapping roles. A person with corporate ties may also have military connections. A researcher may also be involved in cult activities. The streams below are not rigid silos; they are overlapping networks.

The Multiple Streams Within the Network

Most people within this network do not show their faces openly. But I have encountered them through projection, through real-life sightings, and through the patterns they cannot hide. They come from different streams, each with its own role, and many have overlapping affiliations.

1. The Elite Families, Corporations & Military Affiliates

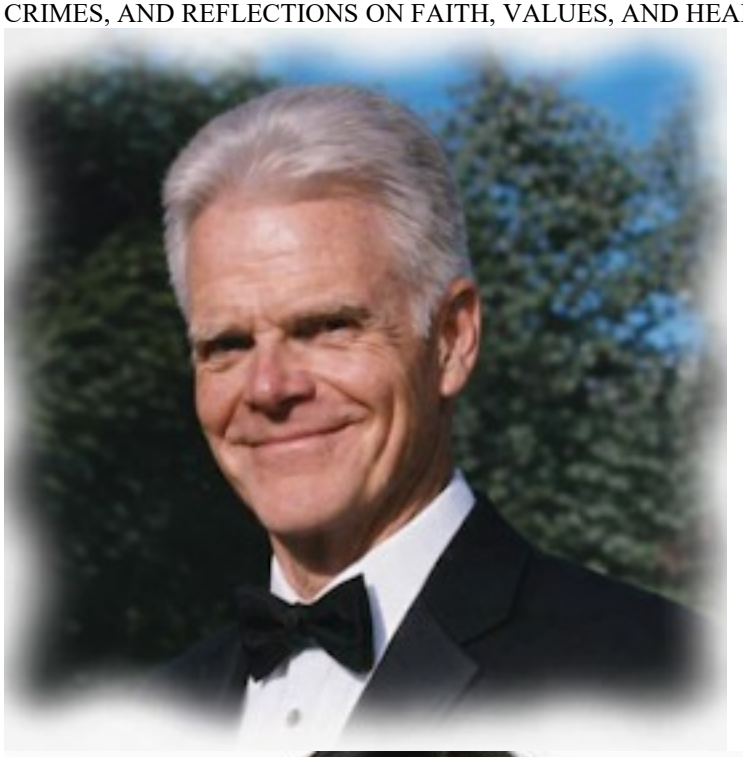
These individuals have generational wealth, corporate connections, defense industry ties, and links to secret societies. They fund and direct the overall operation.

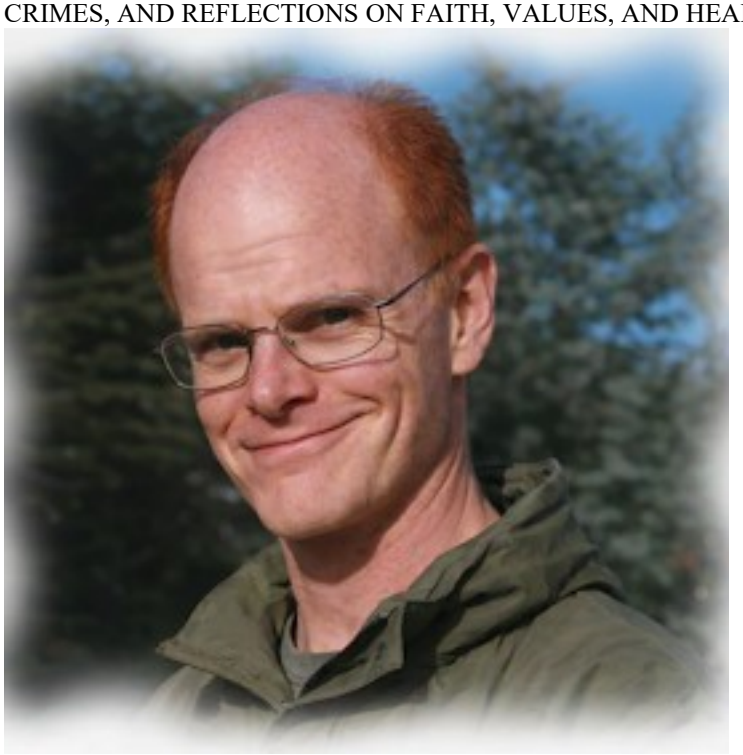
Corporate Affiliates: Defense contractors (Lockheed Martin, Raytheon, Northrop Grumman, etc.), tech companies providing surveillance infrastructure, private security firms, consulting firms with government contracts.

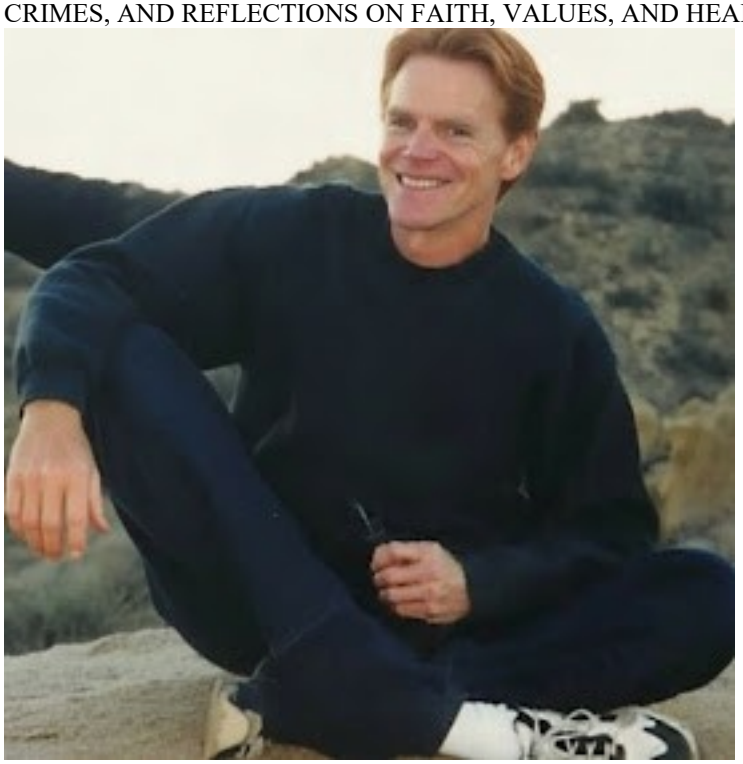
Military Affiliates: Individuals with ties to military intelligence (DIA, NSA, etc.), former or current defense personnel, redacted military research programs.

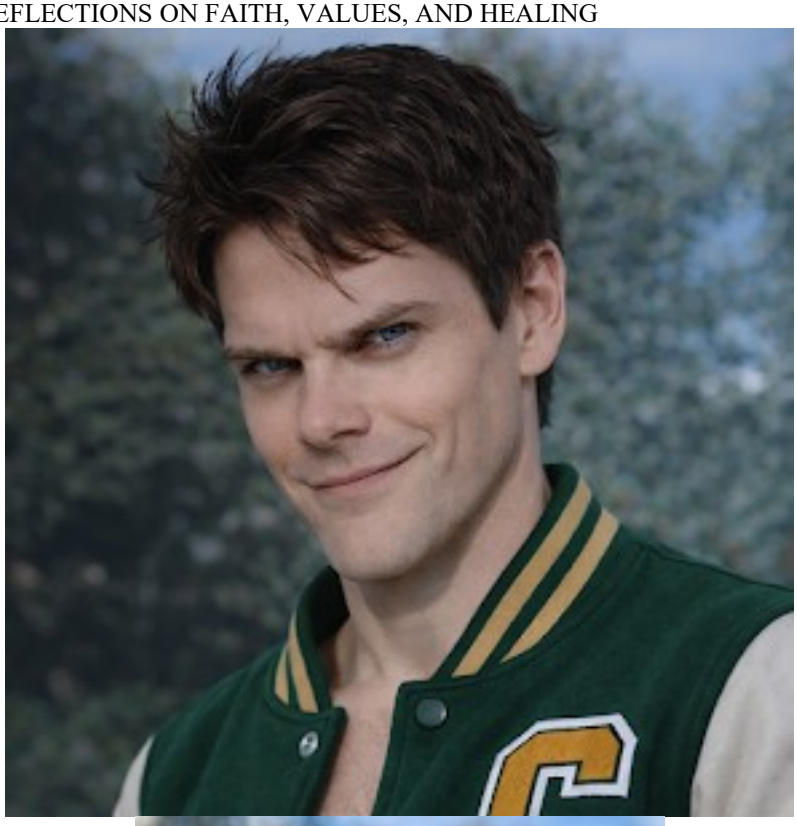
Key characteristics: Old money, often with distinctive phenotypes (narrow faces, red hair), corporate attire, military bearing.

Role: They fund and influence the operation. They provide the resources, contracts, and political cover.









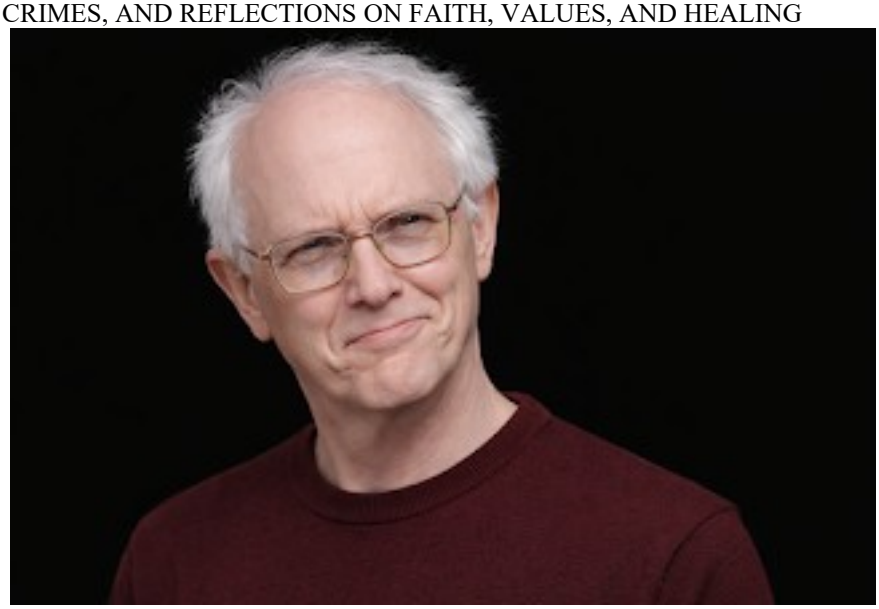
2. The University, Research & Military Technology Institutions

These are individuals from universities, research institutions, military labs, and government-linked facilities. They are involved in redacted projects and research linked to defense activities.

Institutions may include: DARPA-linked research centers, university defense research labs, private research firms with government contracts, national laboratories.

Key characteristics: Appear as academics or researchers; may have both civilian and military affiliations.

Role: They provide the technological infrastructure: V2K, directed energy weapons, Gauss meters, AI projection systems. They develop and maintain the tools used in this operation.

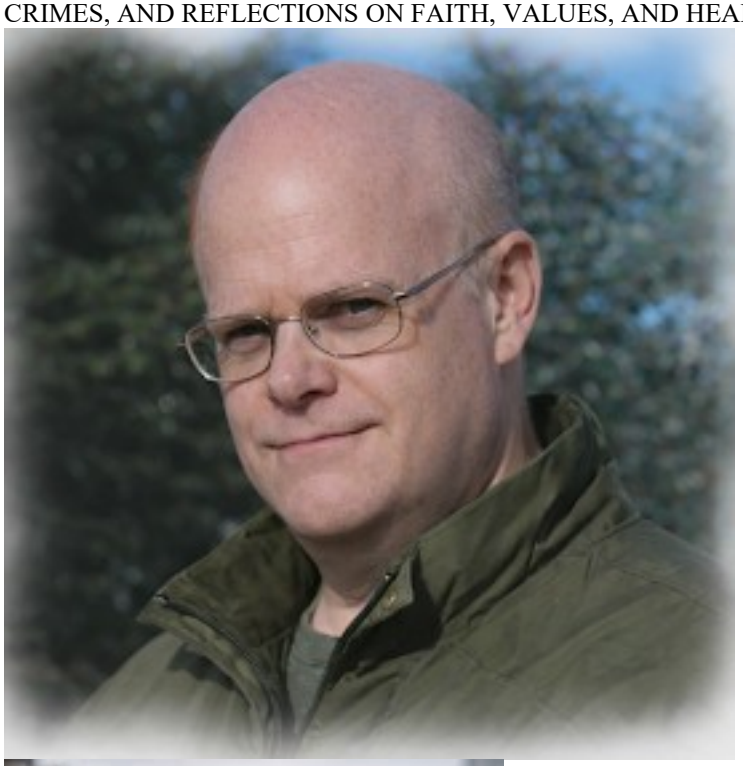


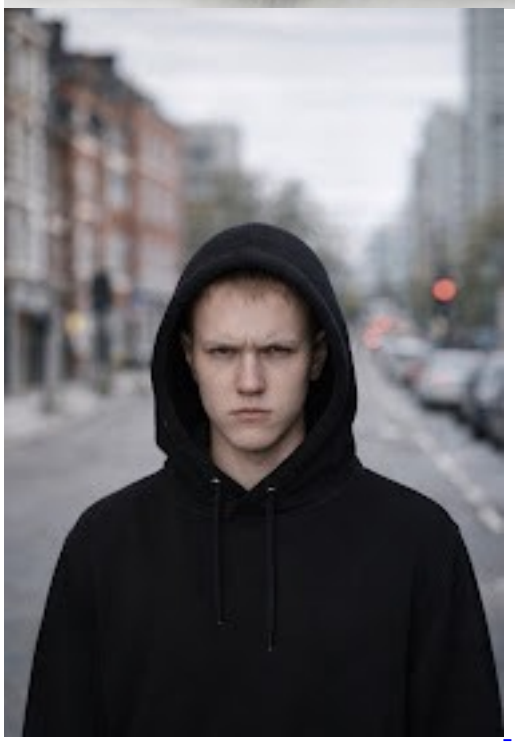
3. The Cult Operatives

These are the operatives who perform the 24/7 surveillance and direct interaction. Some are recruited through Scientology and other cult networks. Others are drawn from vulnerable backgrounds and given a sense of purpose.

Key characteristics: Normal-looking individuals; may have cult-dependent personalities. They are typically much younger than the elite and corporate tiers, often around my age or younger. Many of them operate across multiple realms, meaning they may have cross-contact with the corporate, military, or research streams, serving as the boots on the ground while also maintaining connections to the higher tiers.

Role: They perform daily surveillance, direct interaction, and psychological tactics. Their youth and proximity make them the most visible presence in the day-to-day harassment.





The Technology That Enables This

These individuals have access to technology that most civilians cannot imagine, including:

- V2K (Voice to Skull): transmitting voices directly into a target's head
- Directed energy weapons: for microwave hearing and psychological manipulation
- Gauss meters and EMF devices: to monitor and inflict physical sensations
- AI-generated or "mind-space microwave" imagery: projecting images of targets and their families, including disturbing content
- Astral projection or ghost presence: interacting with the environment without being physically visible
- Body projection and space manipulation technology: remote physical sensations

How They Justify Their Actions

From what I have observed, the individuals involved justify their complicity in various ways:

- They frame it as an equity issue, claiming I am "psychopathic," "crazy," a "liar," "wicked," or deserve this attention.

- They say I am capable of lawlessness because I can remain "relatively calm" under pressure.
- They point to moments when I have said mean or harsh things directed at them, moments when I was not in a right state of mind due to the trauma they were inflicting.
- They use my ability to endure and articulate my experience as evidence against me.

None of these justifications hold up under scrutiny. But this is how they rationalize their involvement to themselves.

A Note on Scientology

It is documented in Scientology literature and exposés that the organization has engaged in surveillance of individuals labeled "suppressive persons." Some operatives in my case show patterns consistent with Scientology recruitment. While some Scientologists also identify as Christians, their involvement with this surveillance network makes them complicit in activities I believe are not based on Biblical teachings.

Bohemian Grove: A Reference Point

For those unfamiliar, Bohemian Grove is a private retreat in California where powerful men gather annually. It has been documented to involve ritualistic ceremonies linked by critics to occult practices. (Sources: *Inside the Bohemian Grove* by Philip Weiss, investigative reporting by *The Guardian* and *San Francisco Chronicle*.)

Some individuals in my case could have ties to such networks. I state this as alleged.

What These Images Represent

These AI-generated images represent individuals who are complicit in the activities described above. They operate with anonymity, technology, and a network structure. Many have overlapping affiliations: corporate and military, research and cult, elite and operative.

Now, their representations, generated from reference photos of real people, are public. This is not to sow hatred. It is simply to show the reality of how they look and to provide accountability.

A Note on Safety and Accountability

I understand that publishing these images carries risks. I am aware of potential backlash and retaliation. I am doing this because I believe it is the right thing to do: for myself, for other Targeted Individuals, and for the public who deserves to know what is being done in darkness.

References & Further Reading

- *Advice for the Targeted Individual & Gang Stalking Victim*, ISBN: 1505826047
- *Hey Mom, I'm a Targeted Individual*, ISBN: 1980676143
- *The Story of a Targeted Individual*, ASIN: B0CVMDXHYV
- *Surviving and Thriving as a Targeted Individual Under Surveillance*, ISBN: 1549542931
- *Inside the Bohemian Grove*, Philip Weiss (investigative reporting)
- *The Bohemian Grove Exposed*, investigative documentation
- Scientology exposés on surveillance practices (various sources)

I rebuke every curse, every ritual, every attempt to harm us, our nations, our family, or our bloodlines in the name of Jesus Christ. Amen.

To My Friends, Family, and the Public: A Message of Disclaimers, Confessions, and Faith and Love

I love you. I do not want to live a lie. For years, I have endured a hidden reality, a parallel world of surveillance, psychological warfare, and organized abuse that most people cannot see or imagine. I have carried this alone, pretending everything was normal when it was not.

Now, I am choosing to speak. I know this may cause you to see me as delusional, schizophrenic, attention-seeking, scary, or creepy. I understand that reaction. I have feared it myself. But I cannot continue living behind a mask while this evil operates in darkness.

I am not claiming to be more important than anyone else. But given the worldly power of this cult and the nature of my experiences, it is critical I share this. My hope is that you read this, understand the reality of secret societies and their methods, and turn to the Bible.

Disclaimers & Clarifications

I am not a spy, a honeypot, or a political agent. I am a Chinese Canadian civilian. This is not about race. Targets are from all backgrounds, including white Americans. This is a human rights issue.

My parents and I have never harmed any child, baby, or infant. Throughout this entire process, this has remained true. The accusations made against me are lies projected by those who are themselves engaged in dark activities. I am willing to take a polygraph to affirm this.

My mother and I are not suicidal. These are lies told to manipulate the narrative.

I am not affiliated with the Chinese government or any spy agency. I am a private individual speaking out against a crime being perpetrated against me. I am willing to be interviewed, vetted, and scrutinized.

My faith in Jesus Christ is the only reason I have survived and can speak. It is not my own intelligence or ability that has brought me here. It is God's mercy, grace, and strength. He has called me to expose these injustices, perversions, and evils that are happening right under our noses.

I am not against the United States. My criticism is directed at specific corrupt elites, cult members, and criminals—not at the American people or the nation as a whole. Evil exists in every country, and good people exist in every country.

Why I Am Doing This

I thought I would simply pass away under the weight of this injustice, shame, and violation. I cannot believe I have endured, and more importantly, that I can now put something comprehensive together to share. This is a testament to God's support.

The perpetrators want you to see me as mentally unstable, disturbed, or narcissistic. They want to discredit this message. They are spineless cowards who hide while forcing me to do the work of exposing their crimes.

They try to take credit for my writings, my ideas, and my courage, anything to absolve themselves of guilt. I rebuke this lie in the name of Jesus Christ.

To be clear: I can understand if surveillance is conducted for legitimate security and intelligence purposes, or for the safety of others. But in my circumstance, that is not the case. I am not dangerous. Initially, they thought they could exploit me and then dispose of me. Instead of that going their way, I survived and have healed from their abuse through my Faith at church, through my parents and friends in real life being my alibi, through my actual character and past relationships and histories and education. And now I can also reveal this information to the public because I genuinely see it as extremely relevant, helpful, and good information to give people Faith, understanding, and encouragement during the times we currently live in.

What They Accuse Me Of (And What It Reveals About Them)

Every accusation they make is a confession. Here is what they say, and what it truly means:

- **Accusations of harming children** : They are the ones with fixations on the vulnerable and innocent.
- **Accusations of racism and extremism** : They harbour racism and cult ideology.

- **Accusations of jealousy, bitterness, and social failure** : They are narcissistic and inadequate.
- **Accusations of violence and terrorism** : They desire to see me destroyed and are violent themselves.
- **Accusations of being demonic or satanic** : They worship darkness and want to corrupt me.
- **Accusations that this expose is fake** : They are cowards who want to discredit truth to protect themselves.

I rebuke all these accusations in the name of Jesus Christ. I am a child of God, saved by grace, and I do not accept their projections.

On Their Methods: A Criminal Profile

To understand who these operators are, I must describe their behavior with enough detail to reveal their character. This is not gratuitous, it is a portrait of the kind of people who engage in organized stalking.

The "I Know Something You Don't" Dynamic

One of their primary tactics involves moments when children or infants are present. In those situations, they deliberately provoke trauma responses, forcing intrusive thoughts, creating physical sensations, and manufacturing internal distress. Their goal is to create a shared experience among themselves: a secret, disgusting inside joke that bonds them together as a group.

They treat these moments as entertainment. They laugh among themselves. They use coded language. And when I react with disgust or distress, they accuse me of being the one with the problem. They call me a liar for saying it is disgusting. They try to make me believe I am the one who is twisted for being disturbed by their behavior.

This is not a subtle dynamic. It is deliberate, coordinated, and reveals their true nature: people who derive bonding and excitement from exploiting innocence and vulnerability.

The Voyeuristic Component

They are voyeurs. They monitor distress, especially from someone they perceive as innocent or uncorrupted, and they take pleasure in it. They try to force reactions, blushing, shame, fear, because those reactions give them a sense of control and excitement.

The Goal: Corruption

Their ultimate aim is not just to harass but to corrupt. They want to drag targets into their darkness, to make them complicit, to break their character, to make them bitter,

hateful, and isolated. When I refuse, they double down. When I turn to faith, they mock it. When I expose them, they try to take credit.

Who They Are

From daily contact, I have observed that quite a few of the cult members show the following characteristics:

- **Psychopathic tendencies** : they show little empathy; they laugh at distress.
- **Cult-dependent** : they need the group to feel powerful. Without it, many would be isolated.
- **Cowardly** : they hide behind anonymity, technology, and the cult structure.
- **Projecting their own darkness** : every accusation they make reveals their own nature.
- **Driven by a twisted sense of camaraderie** : they bond over secrets, inside jokes, and shared cruelty.

I want to be clear: not all members of these networks fit this profile. Many of them still hold to being Christians and are indeed decent people, but unfortunately are still involved in this unlawful surveillance monitoring. I can understand if surveillance is done for legitimate security and intelligence purposes. But in my circumstance, it really is not because I am dangerous. It began because they initially thought they could exploit me and then dispose of me. Instead of having this go their way, I survived and have healed from their abuse through my Faith at church, my parents and friends in real life being my alibi, my actual character and past relationships and histories and education, and now I can reveal this information to the public because I genuinely see it as extremely relevant, helpful, and good information to give people Faith, understanding, and encouragement during the times we currently live in.

On Their Attempts to Destroy My Character & Relationships

They have tried to:

- Make me mean, hateful, and unlikable to isolate me.
- Turn me against my mother and damage that relationship.
- Make me feel guilty and gross for attending church while they monitored the congregation.
- Make me seem like a fraud, a narcissist, a "crazy" person so no one would believe me.

I see what they are doing. I rebuke it. My relationships are my own, and I choose love, forgiveness, and truth.

A Note to My Church Family, Friends, & Loved Ones

To those who trusted me, were amicable toward me, and now may feel confused or betrayed: I did not choose this. This was done to me. I have not harmed anyone. I have not committed the sins they accuse me of. I am the victim of an organized, occult-driven stalking campaign.

If I seemed distant, distracted, angry, or strange, now you know why. I was under constant psychological attack. I love you, and I bless you.

On Race & Geopolitics

I am Chinese Canadian. The cult uses my heritage as a weapon, some viewing my and my parents' destruction as a symbolic victory against my traditional culture and heritage. They chant curses, call me all sorts of vulgar names, and try to link me to terrorism.

This is incoherent madness. I am not a political pawn. I am a human being. Their racism is their problem, not mine. I rebuke their attempts to use my ethnicity against me.

Spiritual Declaration

When this began, I thought I would die from the shame and violation. Instead, God gave me strength, clarity, and the ability to write this.

I rebuke every Baal curse. I rebuke every satanic ritual dedicated against me. I rebuke every prayer they have spoken hoping I would fall from grace. I rebuke their attempts to "seal" me from God.

I am sealed by the blood of Jesus Christ. No weapon formed against me shall prosper. I am a child of the living God, and He is my defender.

They call themselves "watchers." They call me "Eve." They say I am "expensive" to their cult. They claim I am a "sacrifice" to Baal. I say: **I am bought with the price of Christ's blood, and I belong to Him alone.**

Praise Yahweh! Praise Jesus Christ, my Lord and Savior!

Final Disclaimer & Call

You may call my statement junk, irrelevant, or delusional. That is your right. But I wrote this based on my experiences and my faith in Jesus Christ, who gave me the understanding, healing, and courage to create this testimony.

If you are a psychologist, clinician, criminologist, theologian, journalist, or investigator, I urge you to look into this. What is happening to me is happening to others. This is organized crime, occult ritual abuse, and human trafficking masked as "gang stalking."

I am willing to be interviewed, vetted, polygraphed, and scrutinized. I have nothing to hide. I am telling the truth.

A Final Blessing

Do not be influenced by the wicked message that life is meaningless. The world is still here. God still sees your hurt, frustration, and anger, and He still loves you. He wants you to repent and believe in Him.

Do not allow your past mistakes, anger, frustration, or hatred to make you hate humanity. Everyone is capable of feeling these things, but God sees your pain and still loves you.

I pray God blesses and loves you, in the name of Jesus Christ, amen.

References & Further Reading

The following books helped me understand the patterns, technology, and structure of organized stalking and cult-based harassment. I am not affiliated with the authors, but their work provided crucial context for my own experiences.

1. *Advice for the Targeted Individual & Gang Stalking Victim*
   ISBN: 1505826047
   This book covers the science and technology behind electronic harassment, including the use of Gauss meters, directed energy weapons, and voice-to-skull technology. It also outlines the psychological tactics used against targets.
2. *Hey Mom, I'm a Targeted Individual*
   ISBN: 1980676143
   A personal account that details the experience of being a TI and confirms that many operators are vulnerable, uneducated, or psychopathic individuals recruited by elites to carry out abuse.
3. *The Story of a Targeted Individual*
   ASIN: B0CVMDXHYV

Provides further documentation on the patterns of organized stalking, the personalities involved, and the broader network of cult and corporate actors behind this phenomenon.

These authors are American and have documented extensively what I have experienced firsthand. I encourage anyone seeking deeper technical or historical knowledge to read their work.

Ana, a child of Jesus Christ

FORMAL TESTIMONY: To Intelligence Agencies, Governments, Churches, and the Public: On Character Assassination, the Targeting of My Family, and the Truth They Cannot Erase

On the Portrait They Try to Paint

By now, the surveillance operators and their handlers have ample data collection on me. They have spent years building a file, trying to sketch a portrait of me as a race traitor, race-hating, racist, wicked, vile, jealous, and someone who says extremely racist things toward white people. In fact, they subtly encourage this and enjoy when I say racist things directed at the operators, who just so happen to be white Americans forming the cult and the secret societies.

In true honesty, this is not fair. I am not hateful toward "white" people at all. But if you were in my shoes, subjected day after day to what these specific individuals have done to me, my family, and others (including infants, minors, and elders), you would feel disgust over their actions. That is not racism. That is a natural human response to targeted abuse.

Some of the operators try to "serenade" me or pretend to nag at me, mixing harassment with mock affection. Every time I express my disgust toward them and their character, and every time I build up a true sense of dissociation, physically, from the vileness they put me through, they nag at me as if flirting, calling me a "liar." They likely screenshot me from the internet and from video conferences as I live my normal life, trying to curate a narrative that I am narcissistic, sociopathic, or psychopathic. If anything, they often try to encourage me to be an actor, a performer, actually calling me an idol, a goddess, and other forms of false flattery, hoping I will amp up narcissistic behaviours: to take more photos, to show my face more on my laptop camera, and so on. They do all of this while simultaneously doing perverse things to me and building up this vile and unprecedented profile of the person I actually am and strive to be.

But here is what they cannot fake: my parents are my alibi. They are extremely lawful, hardworking, law-abiding, kind, and decent human beings. I can swear on everything I hold sacred that there is no bad evidence against them. Their character speaks for itself.

The Jennifer Pan Comparison & The Attack on My Mother

These days, their strategy is to strongly compare me to Jennifer Pan, to say I am wicked and evil, trying to exploit my mother, and worse. Truly, they sometimes try to sow narratives of sadism, cannibalism, incest, perversion, and violence toward my mom, making me think these things when she is around me, while certain operators do vile things, and make it known to me they are doing these things. This causes both of us immense distress.

My mother is already exhausted. She is the main breadwinner in our family in Canada, working full time at a supermarket. She has lacked consistent financial support from my father (his business has been slow and tough since COVID-19) and from me (I am paid from my research work, but it is modest).

I believe their goal is vile: they hope that by making me look wicked toward my mother, they might somehow get her to turn away from me, or worse. They want me to lose my main source of relationship, support, love, comfort, language connection to my cultural heritage, and the alibi of my character as a daughter and who I have been growing up.

If they can paint me as another Jennifer Pan, they can then argue that I am now trying to trick law enforcement, military intelligence agencies, and psychologists, as if I am narcissistic enough to think I can get everyone on my side.

I Am Not Trying to Get Anyone To Believe I Am a Saint or An Angel

Let me be clear: I am not trying to get anyone to think I'm a particularly "good" person. I have already sent my statement to intelligence agencies and journals in the US, Canada, China, and other nations in Europe, Africa, and Asia. This is not a campaign for allies. It is simply a means to be honest about the abuse I have endured and survived, through going to church and believing in Jesus Christ, who gave me healing and the truth to figure out what I am exposing and writing with this level of reflexivity.

I know there are ample people with better character than me in terms of ethics, human rights, kindness, compassion, empathy, and love. I do not paint myself as a saint or an angel. I am someone who is a Targeted Individual, and a Christian who puts my Faith in Jesus Christ, under immense injustice and extremely disturbing cult abuse. I now understand why they attacked the relationship between my mother and me so much, they were trying to "sow a baal" between us, to destroy the most foundational love in my life.

I am also certain a lot of people could be laughing at my testimony, and that is fine.

On Faith, Blasphemy Accusations, and Grace

They constantly call me a blasphemer and a "lying freak" whenever I say I put my faith in Jesus Christ, love the gospel, and attend church. But Jesus Christ literally died for sinners. The Bible says it is through grace, not works, that we are saved. Their accusations do not change that truth.

They think that because I am able to be calculated, reflective, and endure disgusting unlawful "jokes" and implied activities (some involving minors), it must reflect badly on my character, as if my survival and composure prove I am somehow complicit. They think that because I can still go to the public and live a decent life, it is a point against me.

But I have learned from other Targeted Individuals who wrote books on continuing to survive. I have naturally adapted some of their suggestions. (See for example: *Surviving and Thriving as a Targeted Individual*, which documents how targets learn to endure.)

Project Monarch, Personality Locking, and My Age

I am only in my twenties. People's personalities change a lot throughout their lives. Often people mellow out and become more compassionate and kinder as they get older. But in my case, they have tried to create a Project Monarch out of me.

For those who do not know: Project Monarch refers to alleged CIA-backed mind-control programs that used trauma, drugs, and ritual abuse to create programmed personalities, often splitting or "locking" a person into a particular state. Whether or not the historical program exists as described, the techniques being used on me mirror that: they have tried to "lock" my personality into being psychopathic, perverse, apathetic, detached, and trauma-based, to then make me seem like a Jennifer Pan, a terrorist, a China spy, or a monster.

On Intelligence Coordination and Character Assassination

I would not be surprised if intelligence services are already working together monitoring me. The US surveillance operators are probably trying to make me look bad to Canadian organizations and intelligence agencies, accusing me of lies, such as claiming I do not care about Canada, implying "at least it's not China." Throughout the abuse, I have had moments showing a preference and love toward China, because it is the most populated country in the world, and I do hold love and pride toward my heritage. But they twist that to call me a Nazi or a "white worshipper" in the same breath, which makes no sense.

This contradiction is done on purpose. They try to switch my mindset and mental health to be treated as a criminal, a terrorist, a Nazi, an antisemite, a homophobe, a racist, a "pervert," and more. They are painting me as this, and could be sending

unrepresentative moments of my immense anger and trauma to other intelligence agencies and services, to say I am against humanity and against different types of people, all while they taunt and accuse me of exhibiting the very traits they are trying to force onto me. Truly, this is what they actively do around the clock.

On My Actual Beliefs and Character

In Canada, I lacked these negative sentiments prior to their surveillance harassment starting. Though honestly, I unfortunately have been a witness to racist and gross rhetoric communicated by strangers on the internet, on YouTube, 4chan, Reddit, and elsewhere. I realize many of the racist and bigoted comments from random people I have never talked to do not represent my actual beliefs, and they do not influence how I try to see people of different genders, sexes, races, and classes with the same sense of respect and goodness. The surveillance operators accuse me of lying about this as I write.

I have never identified with Nazi rhetoric, I have neither researched nor cared enough about it, nor antisemitic rhetoric. Likewise, I have always had a lack of interest regarding politics, and I am not exceptionally educated enough to have cared about American politics prior to their obvious harassment. I am not a Nazi nor an antisemite, and I find the injustice and inequities perpetuated by some of these surveillance people's ancestors revolting.

I have evidence, based on previous statements and conversations with friends, that I am not as terrible as they accuse me of. I don't want to seem so detached and unemotional as I defend myself. But in a situation like this, where I am the victim of immense perversion, with certain satanic pedophile surveillance operators trying to equate my life and death to Baal, and implying they would get me to snap to include my mom or another random person, child, baby, or friend from my life, I will be sure to be comprehensive in calling them out. Even as I write this, they continue to make their cursing and discontent obvious.

My Alibi: Friends, Family, and History

As a working-class immigrant in Canada who is currently struggling alongside my mom, my friends from childhood, high school, and university are my alibi. They know I am not these terrible things they accuse me of. I have never had major altercations or obvious racist, sexist, or wicked experiences with people of any race. Now, the operators are apparently painting me as homophobic, racist, ageist, and more toward other intelligence agencies and organizations they may be working with on a global scale, trying to cancel me before I can expose them, or at least to reduce credibility and skepticism toward my writings.

A Final Rebuke

Either way, I rebuke their lies in the name of Jesus Christ, amen.

They Are Ahead of the Game, But Truth Stands

Perhaps this is why, as I write more and reveal more to other countries about my experiences, they are already ahead of the game. They work with people in other agencies and organizations to have me on the radar, while simultaneously doing obvious, subtle, and intrusive abusive crimes against me. They then justify it by saying I would be "okay" if it weren't for them doing satanic rape and murder rituals to me and my mother.

Throughout these months, I have never known just how much they actually do and know, or what they do to others in my life. How mature and intelligent do they expect me to be? Even as I go through so much turmoil, my extremely decent and kind parents do not even want to believe me. Working on this statement makes them feel against me, even hateful. It is so tough creating this statement and blog when my mother accuses me of not moving past my traumas, when she does not even completely believe how much disgusting abuse I endure at my and her expense, and that it is still going on.

Most people who read this would not believe it. I completely understand on my mom's behalf. People would experience immense trauma and shock from believing something like this, something from a sci-fi dystopia, could be true. She loves me so much. She would not want to believe that her daughter, whom she tries to love and protect, could go through something so terrible and still have the surveillance operators in her life, trying to "furrow" in her mind, along with the disgusting accusations said by adults using children's voices with speech impediments. It is disgusting even saying that.

Shock, Coping, and Moving Forward

I did not know how to approach this situation. Initially I had moments of immense suicidal ideation. I thought it would be fine to just leave without having any of this processed or written. Truly, even now, I am still in a state of shock and coping.

Imagine never being able to have your mind be your own, knowing that these surveillers would be there until your very last breath. Of course it would influence your ethics, mental health, and temperament, probably for the worse. But regardless of the biases and lies they tell others at higher levels, as I expose my writings of them and their wicked abuse, I hope that others in positions of power can see that I do not see myself as better, smarter, or more spiritual than any of you.

I am just a truly average Chinese Canadian who has survived something incredible. Through my love of the Gospel, of Jesus Christ who died for my sins, and the Holy Spirit who sanctifies these wicked sins imposed on me by the surveillance operators, hopefully we can all be saved and have solace during these unpredictable times.

A Final Prayer

I pray we all have peace, goodness, and love.

In the name of Jesus Christ, amen.

References

- *Surviving and Thriving as a Targeted Individual Under Surveillance* ISBN: 1549542931
  This book documents strategies that targets have naturally developed to endure long-term organized stalking and psychological harassment.
- *Advice for the Targeted Individual & Gang Stalking Victim* (ISBN: 1505826047)
- *Hey Mom, I'm a Targeted Individual* (ISBN: 1980676143)
- *The Story of a Targeted Individual* (ASIN: B0CVMDXHYV)

Ana, a child of Jesus Christ

Message to Friends, Intelligence Agenicies, Governments, the Public: On Faith, Obsession, and Moving Forward

I know I may seem extremely religiously obsessed. And indeed, I am. I do believe in Jesus Christ, and I put my faith in Him wholeheartedly. That is because I hold to the true testimony of God in my life, protecting me, blessing me, and giving me the strength to survive what has been done to me.

The surveillance operators paint my faith as a race narrative. They try to say my mindset can be extrapolated to China's future, or to Asian people's future. It sounds outlandish, laughable, ridiculous. But indeed, I have this burning sense of burden on me, because that is how some of the US surveillance operators paint me, and that is indeed how they see me.

So of course I am all the more adamant about pointing out righteous living, repenting of your sins, and not laughing at or dismissing random civilians' experiences of human injustice. I believe it is important to have some empathy and wisdom toward religion, toward my experiences, and toward the experiences of others.

As much as credentials, family connection, lineage, and education are important, it is immensely important just to listen to people, regardless of what and where they are from, because they may hold extremely valuable, relevant, and important data.

I do care about the future of my heritage, the society I live in, my life and the afterlife, and the lives of the people around me. And I believe I completely deliver them all to

God to take care of, with my faith in Jesus Christ as my Lord and Saviour, completely delivering them all to Him to protect and to save.

Why I Seem Obsessive

If I come across as obsessive with my statements and blog, it is because indeed I am. The weight of what I have endured, the urgency of what I am exposing, and the spiritual battle I am in all compel me to write with intensity. This is not a casual project for me. It is my testimony, my survival, and having my story written from my perspective.

What I Hope for After This

I hope to spend more time reading the gospel, going to church, and behaving more respectfully there. These days, I have not been extremely respectful at church, I have often found myself swearing, while the surveillance operators say the most revolting and disgusting perverse thoughts and things to bother my proper worship of Jesus Christ. They do not want me to have peace in God's house.

That is why I also hope to get all of my ideas on my statement and my blogs out as soon as possible, send them to the public, and then finally take a rest and a breather. I want to be able to focus on my normal life: going to church, spending time with friends and family, taking care of my mom, doing my research, exercising, and simply living.

I do not want to be defined by this abuse forever. I want to move forward, healed and free, in the name of Jesus Christ.

Note: Even as I write this, many of the different surveillance operators call me "eviler", "liar", "slyer", say I might be the "holier devil", etc., angry that I am a "data saturat-or", mocking me, with regards to the blog posts I write, that try to comprehensively cover my experiences and their abuse.

A Final Word

Please do not mistake my intensity for instability. What I have experienced would break most people. That I am still standing, still writing, still hoping, and still putting my faith in God, that is not a sign of madness. That is a sign of grace.

And I give all glory to God for that.

Ana, a child of Jesus Christ

My Family, My Fears, and My Commitment to Truth

Why I Am Posting This

I am posting this because the cult has been systematically harassing me and using three childhood memories to try to define me, among other things. They have used these memories to try to shame me, traumatize me, and anchor horrific accusations, labels like psychopathy and perversion, in an attempt to break me.

I had no trauma or guilt associated with these memories until 2023, when they started using them against me. They tried to make me depressed, to force a trauma bond, and to layer false memories on top of the real ones, adding violating and sometimes disturbing imagery and sensations in an attempt to make accuse me as a psychopath, among other things.

My Concerns for My Parents

As I put this document together, my biggest concern is my mom and dad. Currently, my mom is still avoidant of my experience. She lacks knowledge about what I am going through and does not want to truly hear me or read my statements. Understandably, she wants to avoid this topic altogether, and tell me to move on. But my concern, and what has been made known to me, is that some of the cult members intend to use this to their advantage.

Their stated intentions include:

- Trying to make my mom schizophrenic, confused, fearful
- Accusing me of intending harm toward her, or have her harbour irrational
- Exploiting her concern for self-esteem and "face"
- Pushing both of us toward self-harm if she realizes the extent of what we have endured

I am also concerned that if I were to die or disappear, the cult would continue to harass others in my life, my dad, my cousins, my aunts and uncles in China, without them ever knowing what I went through. The cult would then be happy to call me schizophrenic and erase my testimony.

Why I Am Sharing Widely

That is why I am sending this statement to my family on WeChat, even though this is foreign language to them and they probably know nothing about any of this. I am also informing authorities, including WeChat police and other intelligence agencies, because of my concerns for my actual family.

I am doing this while I am in my right state of mind. I want there to be a record. I want my family to know, even if they do not fully understand, that I was telling the truth.

What I Am

I am a human being, and I try to follow Christ Jesus, and I see Him as the Truth. I do not do to others what these operators do to me. I bless others often, and I hope to help others in whatever ways I can.

I am not a psychopath. I am not a pedophile. I am not a "liar". I am a person who sometimes makes mistakes, as all people do, and grew to be an adult who has not repeated those mistakes. My character is not defined by isolated incidents from before I was a teenager, or things I say when triggered to a state of immense anger, fear, or anxiety. Jesus Christ even reminds us that we are all sinners, to repent often, to self-reflect, to remain humble, and to feel safe knowing that He died for our sins on His cross, during His death and resurrection.

My Faith

The Bible is full of people who did wicked things. It shows that no one is perfect. That is why we need Jesus Christ as our Lord and Savior. We repent, we are honest about our actions, and we are forgiven.

The enemy, like a lion, tries to devour people by exploiting their secrets. By calling myself out and exposing these memories, I take away their power. I am choosing to live in the light, trusting that God's grace is sufficient.

Final Rebuke

I rebuke every curse, every ritual, every attempt to harm us, our nations, our family, or our bloodlines in the name of Jesus Christ. Amen.

I rebuke all of their lies against me in the name of Jesus Christ. Amen.

Observed Behaviors and Patterns: The Psychology of Perpetrators

March 30, 2026

I am writing this post to document something I have observed over the course of my experiences as a Targeted Individual. This section exists not to sensationalize, but to provide a clear, factual account of the psychological patterns I have witnessed.

I want to be explicit about my intent. I am not making supernatural claims. I am not naming individuals to curse them. I am documenting patterns of behavior so that experts in psychology, criminology, and law enforcement can understand the full context of what I have experienced.

This post is part of my public record. It is timestamped. It is verifiable.

A Note on Tone

What I am describing is disturbing. I am aware of that. I have chosen to present this information in a clinical, factual manner because my goal is credibility, not shock value.

The behaviors I describe are not mine. They are the behaviors I have observed in those who have targeted me. I am documenting them because they reveal the psychological profile of the perpetrators and the methods they have used.

Connecting to Documented Patterns

In *Advice for the Targeted Individual*, the author describes on page 33 methods used to destabilize a target's sense of self—what some literature refers to as ego-dissolution or the creation of a "shell."

In my experience, the operators did not stop at standard harassment. They escalated to behaviors aligning with documented patterns from literature on organized psychological coercion. Their goal appeared to be reducing me to an "empty vessel" to strip away my moral and spiritual framework.

I am not stating that every operator is part of a formal conspiracy. I am stating that the *methods* I have observed match documented patterns of psychological fragmentation.

Observed Behaviors and Patterns

What I have documented includes:

- **Coordinated psychological manipulation** designed to provoke emotional responses that could later be used against me
- **Projection tactics** accusing me of the very behaviors the perpetrators are engaging in
- **Voyeuristic abuse** and the use of intimate observation as a tool of control
- **Attempts to force behavioral "switching"** consistent with trauma-based control models
- **Communications and behaviors reflecting obsession with ritualistic fantasy**

The Psychological Profile of the Operators

What is revolting is the psychological profile I have observed.

While the operators accuse me of deviancy, their communications and behaviors reveal a deep obsession with ritualistic abuse. They fantasize about creating "hollow" individuals—fantasies rooted in the worst documented aspects of organized psychological coercion.

This is not merely harassment. It is a sustained psychological and spiritual assault designed to pervert identity. Because I rely on my faith in Jesus Christ, the operators have seemed intent on "switching" me, trying to force traits of lawlessness and emptiness onto me to destroy my witness.

I have rejected this. I continue to reject it.

A Broader Context

This behavior does not exist in a vacuum.

The operators act with the impunity of a system built on documented hypocrisy. For a nation that claims a faith-based foundation, its history includes:

- The genocide of Indigenous peoples
- The transatlantic slave trade
- Modern corporate greed and exploitation
- Documented elite involvement in grotesque rituals

It is grotesque that the same operators now project their sins onto me—accusing me of liking the very depravity they orchestrate, even attempting to coerce me into creating a child as part of their ritualistic fantasy.

I am stating these historical facts because they are documented. They are not conspiracy theories. They are part of the historical record. And they provide context for the culture of impunity I have observed.

What I Am Not Saying

I want to be clear about what I am *not* claiming:

- I am not claiming that every operator is part of a formal organization
- I am not making supernatural accusations
- I am not naming individuals to curse them
- I am not asking anyone to fight for me

I am documenting patterns. I am providing context. I am leaving judgment to God and the law.

My Response

I am a Christian. My faith in Jesus Christ is how I have found the strength to endure this without becoming what I am opposing.

I do not engage in the behaviors they try to force on me. I do not curse anyone. I do not retaliate.

I document. I report. I trust the law and I trust God.

Verification

I am a real person. My identity is documented. I have reported these matters to authorities. I am willing to verify my identity and my documentation to law enforcement and qualified experts upon request.

This post is part of my ongoing public record. It is timestamped March 30, 2026.

References

TI Paladin. (n.d.). *Advice for the targeted individual and gang stalking victim*.

The Projection Tactic: What They Revealed About Themselves + Their Appearances

There is a pattern in this kind of organized harassment that the public rarely understands: **projection**. Whatever evil exists inside the perpetrators, they will accuse the target of being that very thing.

I have documented the surveillance, the technology, the hierarchy, and the elite family funding this operation. But today, I need to address something darker that emerged when I began reading *The Book for the Targeted Individual and Gang*

Stalking Victim by TI Paladin, specifically the advice and foundational material contained within its pages.

What happened next was not random harassment. It was a confession.

The Catalyst: Reading Paladin's Work

For those unfamiliar, TI Paladin's book outlines the methodologies, the technological capabilities (including V2K and directed energy weapons), and the psychological profiles behind gang stalking operations. It is one of the few resources that provides actual advice for Targeted Individuals on how to understand what is happening and how to counteract it .

When I began studying this material, the perpetrators' behavior shifted dramatically. They escalated their tactics, but more importantly, they began **projecting**.

Almost immediately, the accusations started. I was called a "liar." I was called disgusting names. They tried to paint me as nervous, unstable, or afflicted.

Here is the truth: **I am neither afflicted nor nervous.** I am calm. I am composed. I am documenting. And my calmness enrages them because they cannot break me.

What Their Projection Reveals

When a person—or a group—immediately responds to exposure by calling the whistleblower a "liar" while simultaneously launching into graphic sexual slander, they are telling you who *they* are.

I have observed that these individuals have deep, documented fixations on ritualistic themes. This is not something I theorize about lightly. **I remember from when I was in China, they literally did ritualistic murder and rape scenarios.** These were not metaphors. These were simulated (but very real on their end) reenactments of atrocities, designed to terrorize and to feed their own perverse fixations.

The point is this: **they accused me of being what they themselves are fixated on.**

This is a known cult tactic. Organized abuser groups have long used spiritual and ritualistic trappings to intimidate victims, creating scenarios that blur the line between reality and fantasy to ensure silence and compliance . When you are dealing with individuals who harbor fantasies about ritual abuse, pedophilia, and violence, they will accuse the target of being "disgusting" or a "whore" precisely because *they* are the ones fixated on those very ideas. They project their own depravity onto the innocent person standing in front of them.

The War Context and Their Intentions

I need to be clear about the timing and the stakes.

Many of these individuals want to continue these activities, especially now, with the United States engaged in military conflicts and pushing toward what could become a full-blown world war. They see chaos as an opportunity. They believe that if global attention is consumed by war, they can double down on their rituals with impunity.

This is their character. They are perverse. They are wicked. They crave the ability to act out their darkest fantasies without consequence.

And yet—there is a crack in their armour. I have observed that beneath their bravado, there is a **slight sense of fear**. They fear divine judgment. They fear hell. They know, on some level, that what they are doing places them on the wrong side of eternity.

But here is the truth about people like this: **their fear does not stop them from fantasizing.** They continue to imagine what they would do if they could get away with it. They continue to hope that circumstances will shift in their favour, that war will provide cover, that their victims will be silenced, that judgment will never come.

I am here to tell them: **judgment is already here.** You are exposed. Your faces are documented. Your hierarchy is named. Your fantasies are no longer secret.

The "Liar" Accusation and My Response

They call me a liar. Let us examine what that actually means.

A liar is nervous. A liar is inconsistent. A liar avoids scrutiny. A liar breaks under pressure.

Now consider me:

- I have been consistent from day one.
- I have named the hierarchy, the low-level cult operatives, the coordinators, and the elite family funding this.
- I have identified the phenotype of the family in the tuxedo.
- I have cited sources, including TI Paladin's book.
- I have provided photographic evidence.
- I have gone public with my face and my name (under my alias Ana).

- I remain calm.

Their accusation of me being a "liar" is not based on any factual inconsistency in my statements. It is based on their desperate need to discredit me because **I have exposed them**.

They know that if I am believed, their operation collapses. So they scream "liar" louder and louder, hoping the volume will drown out the truth.

What I Am Revealing and Why

I am revealing this aspect of their behavior for one reason: **to show who they are.**

These are not just harassers. These are individuals with specific psychopathologies, fixations on ritual abuse, sexual deviancy, and cult dynamics. They have shown, through their own words and actions, what they are capable of and what they are complicit in.

I have evidence in good faith that these individuals are not just complicit but actively invested in these fixations. They use the gang stalking operation as a cover to indulge their depravities while pointing the finger at me.

I am calling them out.
I am exposing them.
And I am rebuking them.

A Call to the Experts

This is also why I continue to call on professionals:

- **Psychologists and clinicians** who can recognize the patterns of projection and cult-induced psychopathology.
- **Experts in psychopathy, cult dynamics, and sexual deviancies** who can analyze the behavioral evidence I have documented.
- **Theologians** who understand how cults pervert spiritual language to justify their actions, and who can speak to the fear of divine judgment that haunts these perpetrators even as they indulge their fantasies .
- **Criminologists and forensic psychologists** who can see this for what it is: organized criminal behavior with a clear hierarchy and methodology, operating with the hope that global chaos will provide cover for their atrocities.

I am providing the evidence. I need experts to analyze it.

A Final Word

To the perpetrators reading this:

You call me a liar because you cannot handle the truth.
You call me disgusting because you cannot face your own reflection.
You try to paint me as nervous because my calmness terrifies you.

I know what you did when I was in China. I know what you want to do now. I know that you are watching the world edge toward war and hoping that gives you permission to double down on your rituals.

But I also see your fear. You fear divine judgment. You fear hell. And you should.

I am not afflicted. I am not nervous. I am not broken. I am not what you accuse me of being.

You are exposed. The more you scream, the more you reveal. The more you project, the more you confess. The more you hope for war to hide you, the more I will stand in the light and name you.

I have documented you. I have named your hierarchy. I have identified your financiers. And I am not going anywhere.

In the name of Jesus Christ, I rebuke you.

Amen.

References

- **TI Paladin.** *The Book for the Targeted Individual and Gang Stalking Victim.* A resource offering information on the entities behind gang stalking operations and techniques to counteract the harassment .

- **Miller, A., PhD.** *Organized Abuser Groups' Use of Supernatural Powers to Intimidate Victims.* International Society for the Study of Trauma and Dissociation. Discusses how organized groups use spiritual and ritualistic trappings to control victims and ensure silence .

The Multiple Streams Within the Network

Most people within this network do not show their faces openly. But I have encountered them through projection, through real-life sightings, and through the

patterns they cannot hide. They come from different streams, each with its own role, and many have overlapping affiliations.

1. The Elite Families, Corporations & Military Affiliates

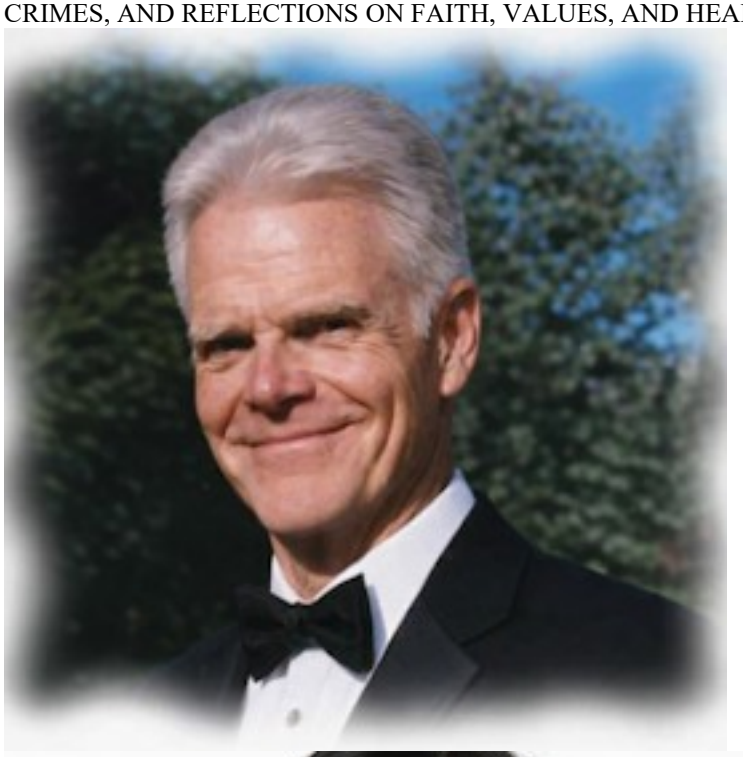
These individuals have generational wealth, corporate connections, defense industry ties, and links to secret societies. They fund and direct the overall operation.

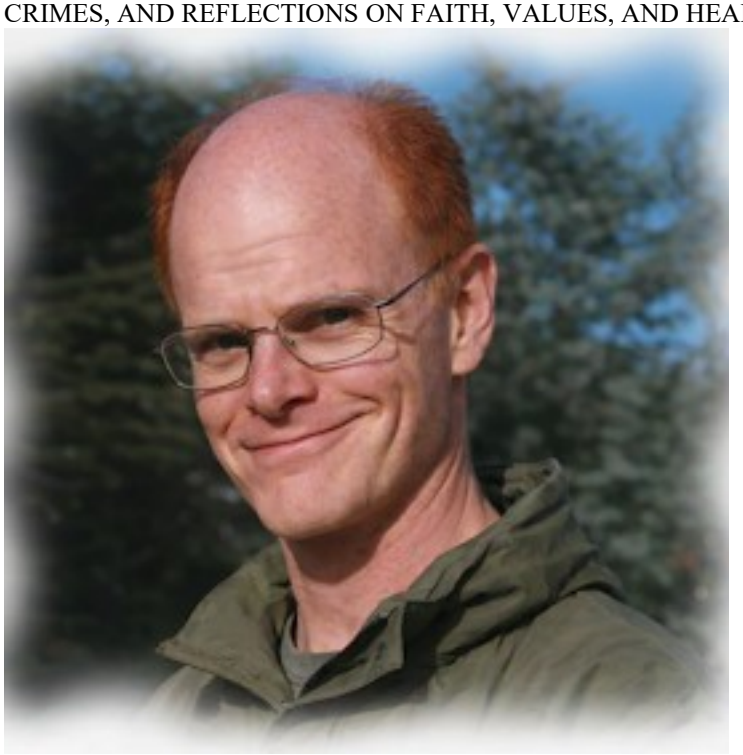
Corporate Affiliates: Defense contractors (Lockheed Martin, Raytheon, Northrop Grumman, etc.), tech companies providing surveillance infrastructure, private security firms, consulting firms with government contracts.

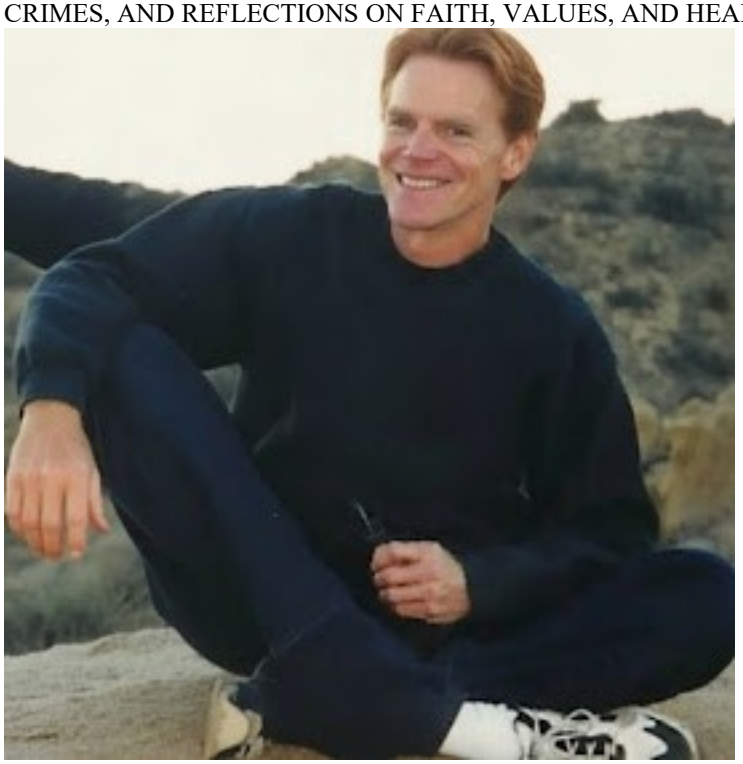
Military Affiliates: Individuals with ties to military intelligence (DIA, NSA, etc.), former or current defense personnel, redacted military research programs.

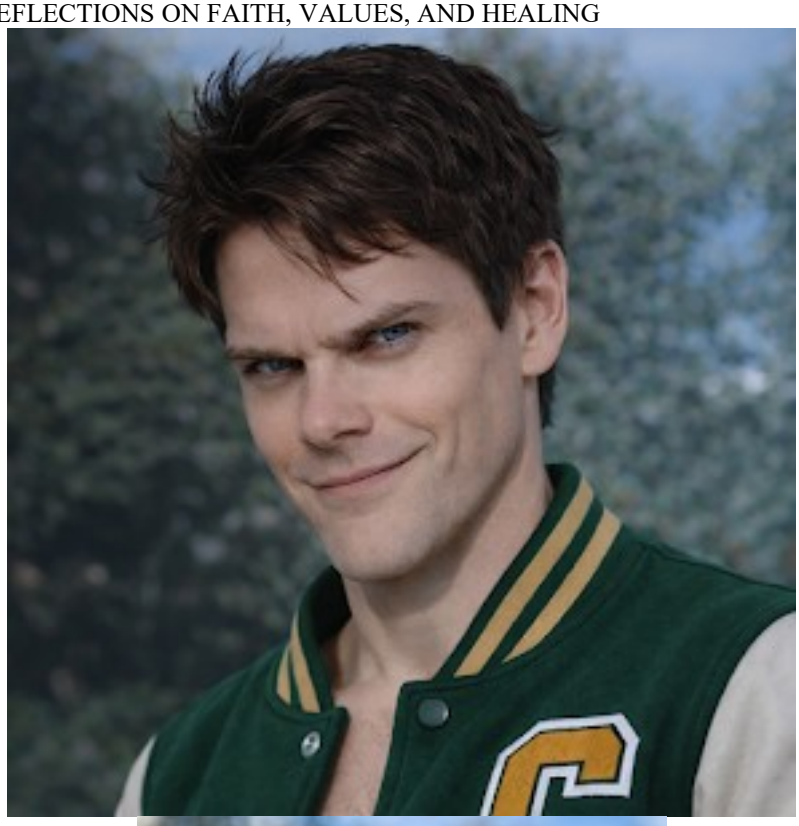
Key characteristics: Old money, often with distinctive phenotypes (narrow faces, red hair), corporate attire, military bearing.

Role: They fund and influence the operation. They provide the resources, contracts, and political cover.









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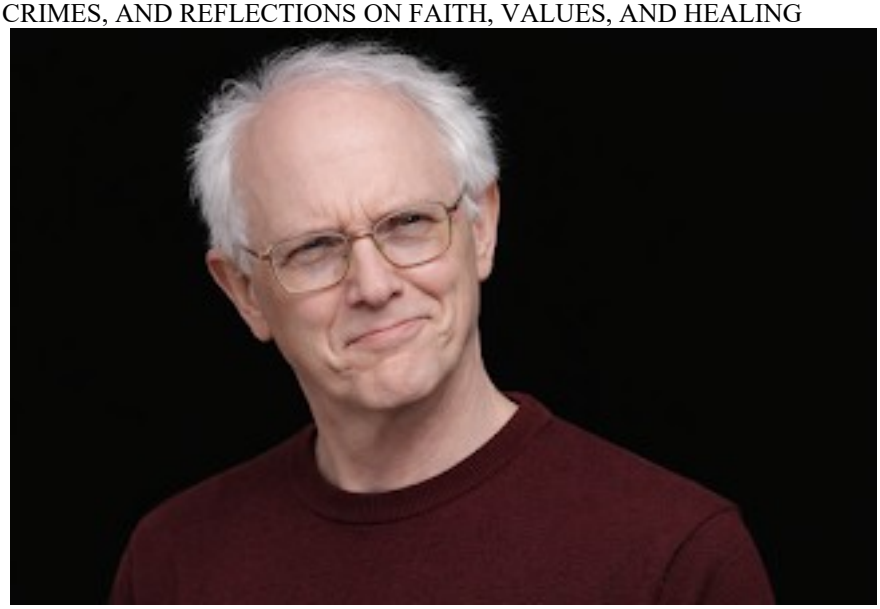

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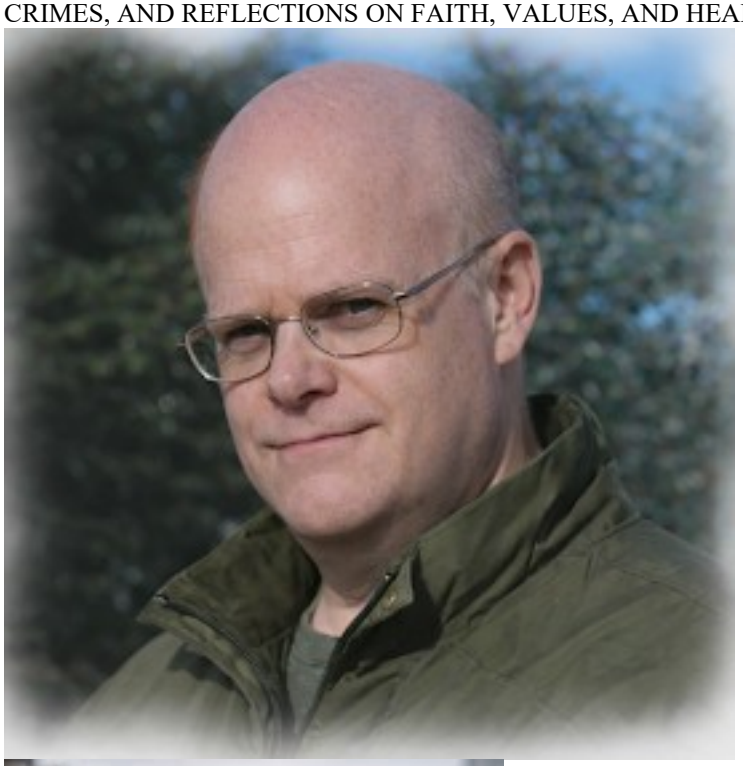

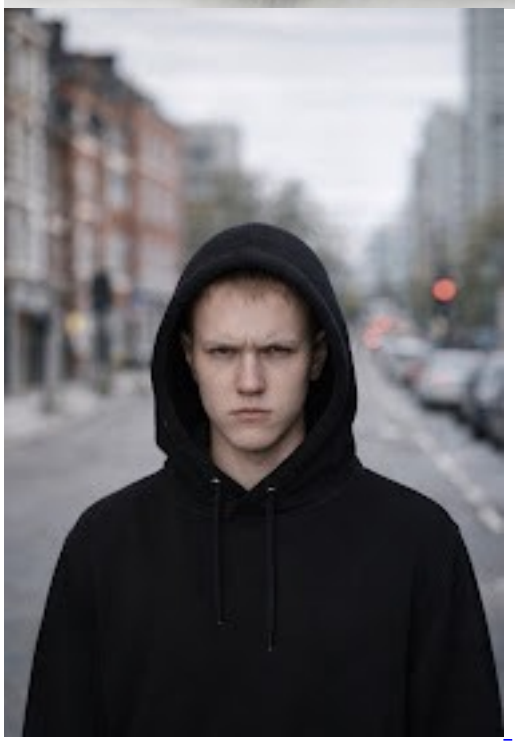

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I rebuke every curse, every ritual, every attempt to harm us, our nations, our family, or our bloodlines in the name of Jesus Christ. Amen.

Observed Behaviours and Patterns: The Psychology of Perpetrators

March 30, 2026

I am writing this post to document something I have observed over the course of my experiences as a Targeted Individual. This section exists not to sensationalize, but to provide a clear, factual account of the psychological patterns I have witnessed.

I want to be explicit about my intent. I am not making supernatural claims. I am not naming individuals to curse them. I am documenting patterns of behavior so that experts in psychology, criminology, and law enforcement can understand the full context of what I have experienced.

This post is part of my public record. It is timestamped. It is verifiable.

This is also why I started this blog. To reveal everything I know. Everything I have been through. And the fact that these people still exist and continue to do this.

A Note on Tone

What I am describing is disturbing. I am aware of that. I have chosen to present this information in a clinical, factual manner because my goal is credibility, not shock value.

The behaviours I describe are not mine. They are the behaviours I have observed in those who have targeted me. I am documenting them because they reveal the psychological profile of the perpetrators and the methods they have used.

Connecting to Documented Patterns

In *Advice for the Targeted Individual*, the author describes on page 33 methods used to destabilize a target's sense of self—what some literature refers to as ego-dissolution or the creation of a "shell."

In my experience, the operators did not stop at standard harassment. They escalated to behaviours aligning with documented patterns from literature on organized psychological coercion. Their goal appeared to be reducing me to an "empty vessel" to strip away my moral and spiritual framework.

I am not stating that every operator is part of a formal conspiracy. I am stating that the *methods* I have observed match documented patterns of psychological fragmentation.

Observed Behaviours and Patterns

What I have documented includes:

- **Coordinated psychological manipulation** designed to provoke emotional responses that could later be used against me
- **Projection tactics**, accusing me of the very behaviours the perpetrators are engaging in
- **Voyeuristic abuse** and the use of intimate observation as a tool of control
- **Attempts to force behavioral "switching"** consistent with trauma-based control models
- **Communications and behaviours reflecting obsession with ritualistic fantasy**

The Psychological Profile of the Operators

What is revolting is the psychological profile I have observed.

While the operators accuse me of deviancy, their communications and behaviours reveal a deep obsession with ritualistic abuse. They fantasize about creating "hollow" individuals, fantasies rooted in the worst documented aspects of organized psychological coercion.

This is not merely harassment. It is a sustained psychological and spiritual assault designed to pervert identity. Because I rely on my faith in Jesus Christ, the operators

have seemed intent on "switching" me, trying to force traits of lawlessness and emptiness onto me to destroy my witness.

I have rejected this. I continue to reject it.

The Ritual Fantasy: Projection and Coercion

What is even more disgusting is what they have accused *me* of.

In recent weeks, the operators have escalated their tactics. They have accused me of having a fetish for the very abuse they are perpetrating. Specifically, they have attempted to frame this as if I am putting on a "show" for something they refer to as "Asian goro", a phrase I will not elaborate on except to say it is degrading, dehumanizing, and rooted in racist and sexually violent fantasy.

Worse than this, they have attempted to involve my mother in this ritualistic framing.

Let me be clear about what this means. They are not simply harassing me. They are attempting to construct a narrative where I am complicit in my own abuse. They are projecting their own sadistic fantasies onto me, accusing me of enjoying the very degradation they are orchestrating.

This is a documented tactic in organized psychological abuse. Force the target into a position where they appear to be a willing participant. Frame the abuse as consensual. Destroy their credibility so no one believes them when they finally speak.

I am speaking anyway.

This is why I started this blog. Not because I enjoy any of this. Not because this is a fetish. Because these people are real. They exist. They have been doing this to me for weeks, months, and I am putting it on the record so that no one can pretend it did not happen.

A Broader Context

This behavior does not exist in a vacuum.

The operators act with the impunity of a system built on documented hypocrisy. For a nation that claims a faith-based foundation, its history includes:

- The genocide of Indigenous peoples
- The transatlantic slave trade

- Modern corporate greed and exploitation
- Documented elite involvement in grotesque rituals

It is grotesque that the same operators now project their sins onto me—accusing me of liking the very depravity they orchestrate, even attempting to coerce me into creating a child as part of their ritualistic fantasy.

I am stating these historical facts because they are documented. They are not conspiracy theories. They are part of the historical record. And they provide context for the culture of impunity I have observed.

What I Am Not Saying

I want to be clear about what I am *not* claiming:

- I am not claiming that every operator is part of a formal organization
- I am not making supernatural accusations
- I am not naming individuals to curse them
- I am not asking anyone to fight for me

I am documenting patterns. I am providing context. I am leaving judgment to God and the law.

My Response

I am a Christian. My faith in Jesus Christ is how I have found the strength to endure this without becoming what I am opposing.

I do not engage in the behaviours they try to force on me. I do not curse anyone. I do not retaliate.

I document. I report. I trust the law and I trust God.

They want me to be an empty vessel. They want me to be lawless. They want me to become the depravity they project onto me.

I refuse.

Verification

I am a real person. My identity is documented. I have reported these matters to authorities. I am willing to verify my identity and my documentation to law enforcement and qualified experts upon request.

This post is part of my ongoing public record. It is timestamped March 30, 2026.

References

TI Paladin. (n.d.). *Advice for the targeted individual and gang stalking victim*.

The Multiple Streams Within the Network

Most people within this network do not show their faces openly. But I have encountered them through projection, through real-life sightings, and through the patterns they cannot hide. They come from different streams, each with its own role, and many have overlapping affiliations.

1. The Elite Families, Corporations & Military Affiliates

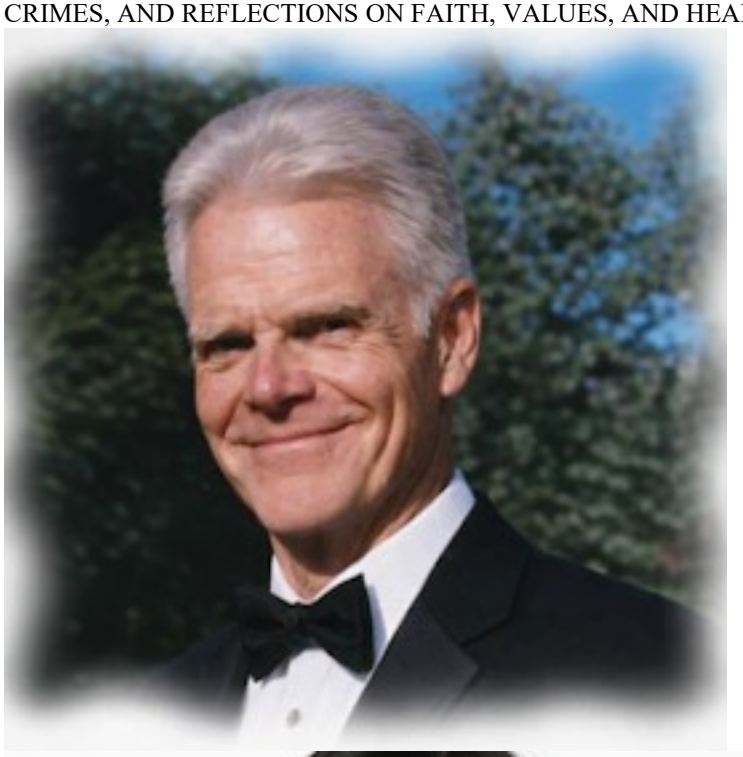
These individuals have generational wealth, corporate connections, defense industry ties, and links to secret societies. They fund and direct the overall operation.

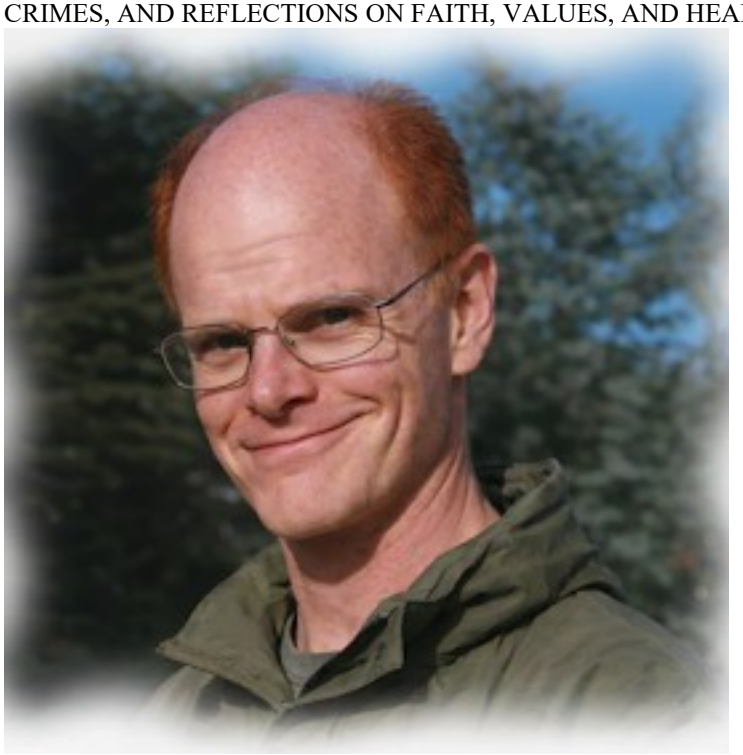
Corporate Affiliates: Defense contractors (Lockheed Martin, Raytheon, Northrop Grumman, etc.), tech companies providing surveillance infrastructure, private security firms, consulting firms with government contracts.

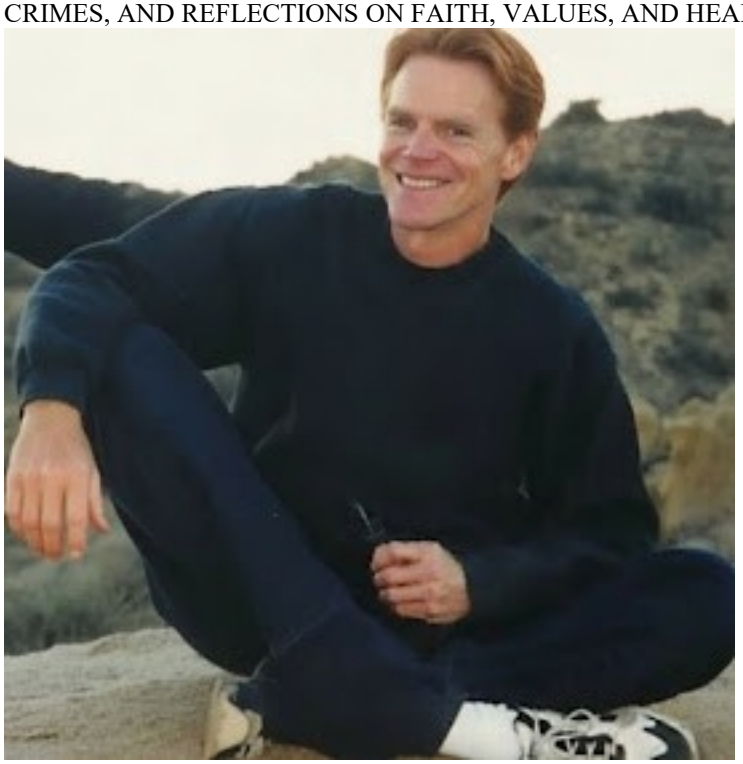
Military Affiliates: Individuals with ties to military intelligence (DIA, NSA, etc.), former or current defense personnel, redacted military research programs.

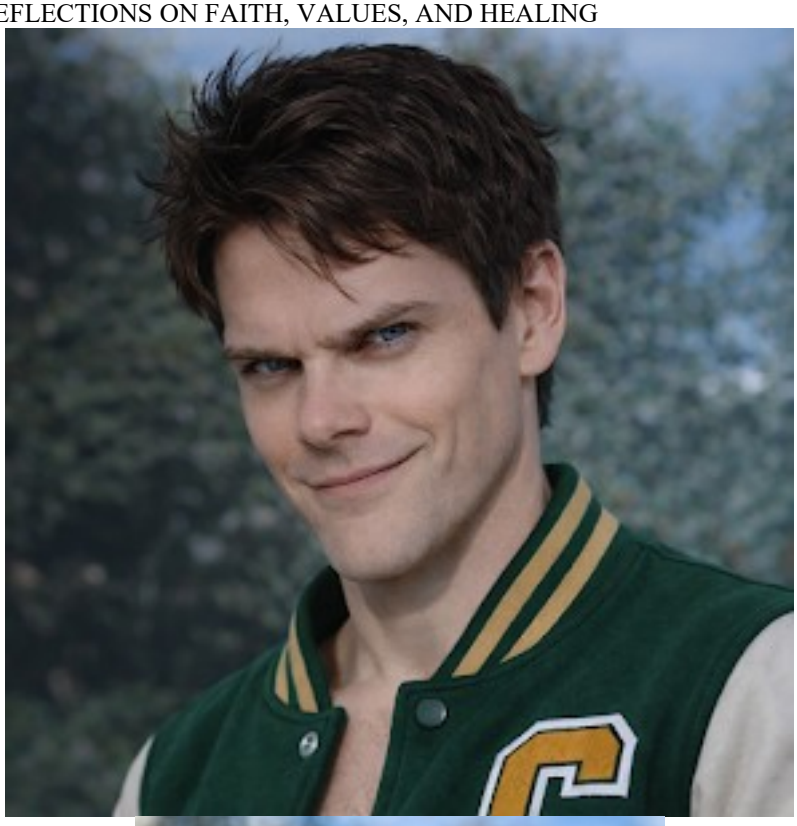
Key characteristics: Old money, often with distinctive phenotypes (narrow faces, red hair), corporate attire, military bearing.

Role: They fund and influence the operation. They provide the resources, contracts, and political cover.









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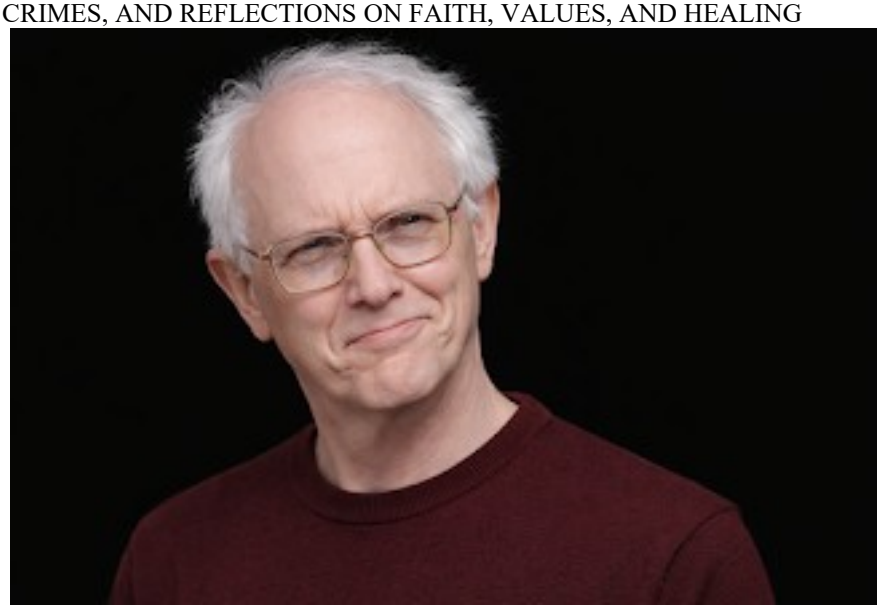

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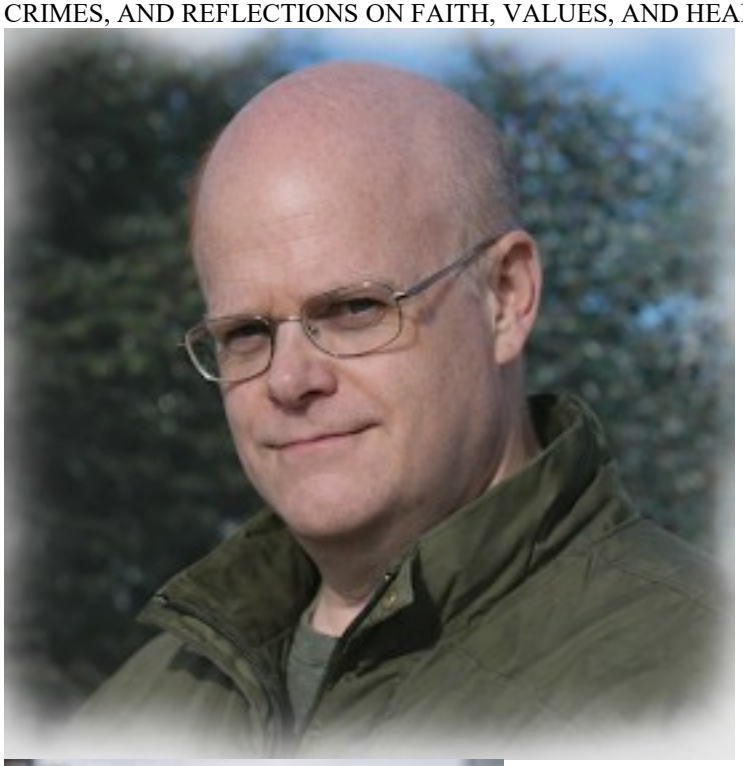

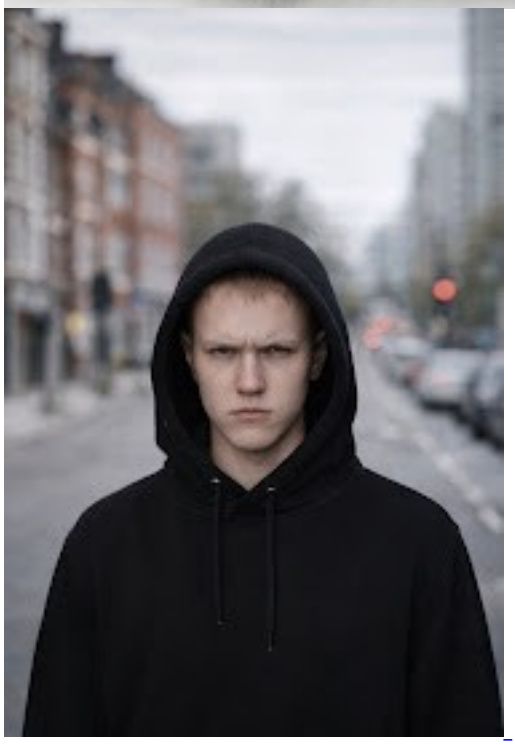

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Verification: I Am Real

I am posting this photo to establish that I am a real person, and that the documentation I am sharing comes from a real individual with a lived experience.

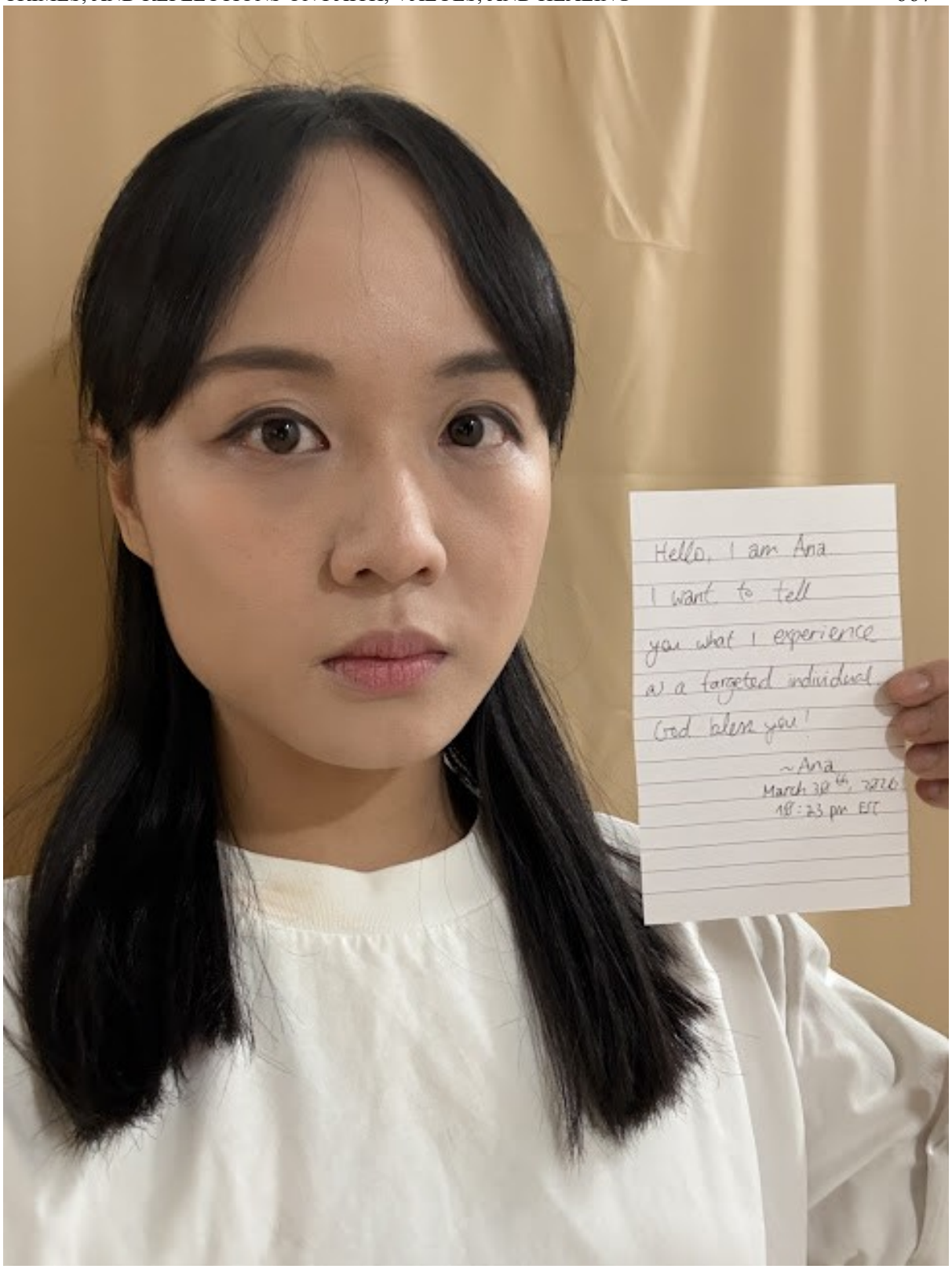
Date: March 30, 2026

This photo is time-stamped to verify that I am the author of the posts I am publishing. I am not anonymous. I am not hiding. I am speaking openly about what has been done to me because I believe accountability requires transparency.

The documents, testimonies, and posts I have shared are my own. I have been assessed by professionals, and what I am experiencing is not explained by mental illness, but external harassment with technology and coordinated tactics that have been documented in books on targeted individuals and organized stalking, stemming from the United States of America.

I share this because the people targeting me hide behind anonymity. I choose to stand in the light.

If you are reading this and you are also being targeted: you are not alone. There are others, and you can get help.


Hello. I am Ana
I want to tell
you what I experience
as a targeted individual.
God bless you!
~Ana
March 30th, 2026
18:23 pm EST